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We are Celebrating the 17th Anniversary of Plainville's Own All Volunteer Monthly Newspaper. We wish to Thank all our sponsors, contributors of stories, all the Churches/Organizations for notice of their events, our readers and last but not least for the constructive criticism that helps us improve the paper for everyone's reading pleasure!

Sincerely, The Entire All Volunteer Staff, "We enjoy helping to keep you informed."

===== 2001~2014 =====



September 11, 2001

A  
Tear  
Shed  
For  
America



Another successful Firemen's Balloon Festival. We were told that about 25% more people attended and they came from all over the State.

More pictures on Page 32.

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**UBI Federal Credit Union  
Awards Scholarships**

UBI Federal Credit Union held the 17th Annual Peter F. Smith Memorial Scholarship Awards dinner on July 14th, 2014. The ceremony took place at Pagliacci's Restaurant in Plainville Connecticut. This year's proud scholarship recipients are Lauren Benson, Aaron Vontell and Karly Picard. Each of the recipients expressed deep, genuine gratitude when accepting the award. These scholars are fully dedicated to their studies, receiving honors through all four years of high school and ranking at the top in their class. The chosen students were prime candidates for this award as their superior work ethic resembles that of Mr. Smiths.

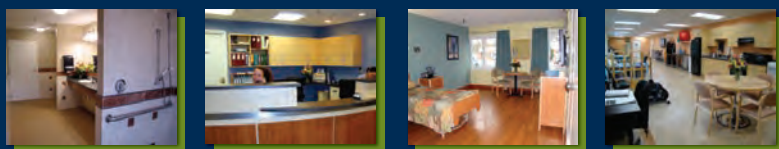
Peter F. Smith was a hardworking man who was dedicated to encouraging the growth and prosperity of UBI Federal Credit Union. Not only did he have an efficacious career but he was also successful in all other aspects of his life. Smith was a devoted family man who was deeply committed to making his wife, children, grandchildren, and Credit Union family!

The positive memory of Peter F. Smith will live on; not only through this award, but through the countless hearts he has touched. We commend each of the recipients on their achievements thus far and we wish them much continued success in all future endeavors.

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 All contributions, news items and advertisements may be dropped off in the box at 27 Sherman Street or sent to the above email address.

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This paper is published monthly as a service to the citizens of Plainville, Connecticut by Plainville Community News, Inc. It is a non-profit, 501C, all volunteer group of residents who are interested in informing our citizens of community activities and local news. All positive contributions are welcome and will be printed subject to the approval of the staff on a space available basis.

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Deadline for submission is the 15th of every month. Call us for a quote on your special advertisements. Tabloid Size Paper (11 x 17). Printed ten times a year. Each issue is mailed FREE to every Plainville household & business. Circulation is 9,500.

**NEXT ISSUE WILL BE**  
**OCTOBER**

**DEADLINE IS:**  
**SEPTEMBER 15th**

**"HAVE A SAFE LABOR DAY"**  
**From Our Entire Staff!**

**Notice from the Town Clerk:**

All Plainville residents 17 years and older are invited to become voters. Come to the Town Clerks office during Town business hours to register. If you turn 18 years old by November you will be eligible to vote.

**Dates to Remember**

September 1st~Labor Day

2nd~VJ Day

7th~ Grandparent's Day

Never Forget 9-11 & Patriot Day

22nd~First Day of Autumn



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**f a v e s a n d r a v e s**

Here are some of your favorite places, people or things around town to rave about this month!

{Joanne raves}

**"Hat's off" to Nancy (owner of Pinnacle Physical Therapy), who has the right "hands on" knowledge and methods for relieving and curing aches and pains. You will also learn ways to expedite your healing from injuries and surgeries. A definite "rave", located at 103 East Main Street/860-793-0033.**

{Kristin raves & faves}

**I have both Faves and Raves about the Bolo Bakery & Café on Whiting Street. It is the most accommodating business in Plainville I had special requests for customized cakes and they over did it to please me.**

*See pictures of both cakes on page 33*

*Email your "fave or rave" in today to be in the October issue. Praise your contractor for doing a good job or tell us about your favorite restaurant, store, or service you received by a professional. Phone 860-747-4119 ~ Thank you.*

**Email your faves and raves to share it with everyone!**  
**Let's hear what you have to say, we need your comments!**  
**plainvillefavesandraves@gmail.com**

Sponsored by the Plainville Hometown Connection

# Robert E. Lee, Town Manager's Report to Town Council

## Town Council Meeting

July 21, 2014

(Excerpts of the report)

### Economic Development Trust Fund – Request for Appropriation

- Val Dumais, Chairman of the Economic Development Agency and Mark DeVoe are here this evening to discuss the Economic Development Trust Fund and to request the Town Council to consider an appropriation to same.

### Old Linden Street School Demolition

- The estimated cost to demolish Old Linden Street School is \$2,385,813. In May, the Town was notified that the State Education Department has reopened the Linden Street School Construction Grant allowing for the demolition to be eligible for 64.29% reimbursement from the state. This grant lowers the Towns' cost by \$1.534M resulting in a net cost to Plainville of \$851,974.
- The appropriation of monies for this project requires referendum approval. Should the Town Council want to have this on the November ballot, an Ordinance regarding the project must be in place before early September.

### Standard & Poor Financial Rating Update

- Last week the Town was notified by the Standard & Poor's Rating Service that they have raised our long-term rating on our general obligation bonds to AA+ from A+ based upon their local General Obligation criteria and the towns' improved financial profile. This rating is one step under a AAA rating, which is the highest rating available.
- Several comments from the report are as follows: "We (S&P) view Plainville's local economy as very strong with per capita market value at approximately \$108,200 and projected per capita effective buying income at 113% of the national average" "We feel Plainville's budgetary performance is strong overall". "Given the Town's available reserves at 11.4% (\$6.6million) of operating expenditures in FY13, we view Plainville's budgetary flexibility as strong".
- "Plainville's debt and contingent liabilities profile is, in our opinion, strong. Total government fund debt service to total government fund expenditures and net direct debt to total government funds revenue are 8.6% and 81.6% respectively. Approximately 74% of the debt is repaid over ten years, which we consider a credit strength." A full copy of the Standard & Poor Summary has been posted on the Town website.
- This upgrade to Plainville's credit rating will allow the Town to borrow monies at lower interest rates than under the old rating. Barry Bernabe is here this evening to say a few words about the upgrade as well and the potential impact it may have on future Town bonding.

### Financial Advisor

- For quite some time now – Webster Bank has been Plainville's Financial Advisor with regards to the issuance of notes and bonds. Barry Bernabe has been the lead person for Webster Bank. A new Federal securities law mandated by the Dodd-Frank Act requires that a person who provides advice to a municipal entity with respect to municipal securities to register with the S.E.C. as a "municipal advisor". This regulation went into effect on July 1st.
- Because of the significant impact imposed by these new regulations and the uncertainty of any additional impact that may be imposed, Webster Bank has decided not to provide financial advisor services going forward. Webster Bank will no longer provide the services relating to the public sale and distribution of municipal securities.
- Town staff is recommending that Phoenix Advisors LLC with an office in Milford, be appointed the Towns' Financial Advisor. Barry Bernabe now works for Phoenix Advisors so the transition would be minimal. There is an item under New Business regarding this recommendation for Phoenix to be the Financial Advisor for the Old Linden Street Demolition Project.

- The Town Council should decide whether to retain Phoenix Advisors on a long-term basis or issue a Request for Qualifications as we anticipate that the Town may be considering issuing municipal securities over the next several years.

### Probate Court

- The Town of Plainville is a member of Probate Court Region 19 which includes the City of Bristol and the Town of Plymouth. The Probate Court offices are currently located in Bristol City Hall.
- I recently attended a meeting in Bristol concerning the relocation of the Probate Court from the Bristol City Hall to the Beals Senior Community Center. This meeting was a follow-up to a letter from Bristol Mayor Ken Cockayne where he notified both Plainville and Plymouth that the City of Bristol was seeking to relocate the Probate Court Region 19 Offices..
- During the meeting Town and City officials toured the Probate Court offices and it became clear that the space they currently occupy is overcrowded and inadequate based upon State of CT Probate Court recommendations. The Court currently has 9 employees and in approximately 2,000 sq. ft. of space.
- Bristol has looked at several options for the relocation including renting of space and relocation to other Bristol Municipal Facilities. After looking at these options, they are pursuing the Beals Senior Community Center option located at 240 Stafford Avenue.
- The preliminary estimate to convert approximately 4,000 sq. ft. of space is \$350,000 to \$360,000. Costs would be split based upon a percentage of the total grand list of the three communities. Plainville's share, based upon the October 2013 list would be 22.5% or \$81,000 (based upon \$360,000 renovation costs)
- The City would like to proceed with the relocation in the current fiscal year. Any relocation would have to be approved by the Chief State Probate Official.
- No action is required at this time. I will keep the Town Council informed as this moves forward.

### BRRFOC Resolution regarding legal services

- The Bristol Resource Recovery Facility Operating Committee recently issued a Request for Proposals for the processing of recyclables. Only one proposal was received – this from Murphy Road Recycling, LLC – the current vendor. Murphy Road has proposed a rebate of \$9.05 per ton delivered. The contract term is for five years beginning on July 1st with a mutually agreeable 5-year extension.
- Covanta Bristol, Inc. had a Right-Of-First-Refusal that would allow them to process the recyclables if they matched the Murphy Road proposal. Covanta did make a proposal; however, the BRRFOC determined that it did not match the Murphy Road proposal primarily because it would require that the recyclables be brought to Hartford. This would require more travel time and expense as the Murphy Road facility is located in Berlin.
- Covanta has notified the individual BRRFOC members that they may bring a lawsuit challenging the decision that their offer did, indeed, match the Murphy Road proposal.
- The BRRFOC has hired as Special Counsel Hinkley, Allen & Snyder LLP represented by Attorney Tim Corey to provide legal advice regarding this issue. The BRRFOC also uses Attorney Robert Michalik as General Counsel for legal services. The BRRFOC is offering to have Attorney Corey and Attorney Michalik provide legal services to all of the participating communities should a legal challenge be filed by Covanta. The BRRFOC would cover all of the legal fees associated with both Law Firms.
- here is an item under New Business that would authorize Hinkley, Allen & Snyder LLP and Michalik, Bauer, Silva and Ciccarillo LLP to represent the Town of Plainville should Covanta bring a lawsuit regarding the Recycling Contract.

### Library Clock Tower Restoration

- The FY15 Capital Improvement Plan includes an appropriation of \$46,000 to repair the clock tower and paint the exterior wood trim at the Library. Town

staff has secured a bid through the Capital Region Council of Governments program entitled EZIOC. This program offered by CRCOG is a system to competitively bid on-call construction services.

- Millennium Builders of Rocky Hill is the regional contractor that was assigned to Plainville under the EZIOC program. Millennium Contractors has quoted a price of \$28,717.50 to perform the work. This includes \$17,491.33 to repair the clock tower and \$11,226.17 to paint the exterior wood trim. The quote is approximately \$17,000 less than what was anticipated.
- John Bossi is here this evening to answer any questions that you may have regarding the project and/or the EZIOC program sponsored by CRCOG. There is an item under New Business that would award the contract to Millennium Builders, Inc. of Rocky Hill in the amount of \$28,717.50.

### Board of Education Negotiations with Administrators

- The Board of Education is beginning negotiations with the school administrators. In accordance with state statutes, a member of the Town Council, acting in their capacity as the fiscal authority, can attend the negotiations and serve as an observer and a resource to the Board.

### Addendum to Memorandum of Understanding – CT Tool & Manufacturing, LLC

- There is currently a Tax Fixing Agreement in place for the Phase II expansion with CT Tool & Manufacturing located on Corporate Drive. The Agreement had a completion date for construction of January 2014.
- Due to various reasons including the recent sequestration policy and reduction in defense spending, the expansion had been delayed. CT Tool & Manufacturing is anticipating that there may be some new opportunities that would allow them to move forward with the expansion over the next several years. Both Val Dumais and Mark DeVoe are here this evening to answer any questions that you may have regarding this recommendation.

### Bid #2015-02, Ford F-350 Dump Truck

- The FY15 Capital Improvement Plan includes an appropriation of \$36,000 to replace a 1-ton pick-up truck that includes a truck body and a lift gate for the Buildings & Grounds Department.
- Crowley Ford of Plainville is the State low bid for this truck. The proposed purchase price is \$35,731.20. There is an item under New Business that would award the bid to purchase the truck to Crowley Ford in the amount of \$35,731.20.

### Bid #2015-03, Lawn Maintenance Equipment

- The FY15 Capital Improvement Plan includes an appropriation of \$42,000 to replace a 4WD Diesel Tractor with seasonal attachments that is used year round for grass cutting and snow plow operations by the Buildings & Grounds Department.
- Turf Products Corporation is the State low bid for this tractor. The proposed purchase price is \$40,782.90. There is an item under New Business that would award the bid to purchase the tractor to Turf Products Corporation of Enfield, CT in The amount of \$40,782.90

### Happenings (S. Osle) See Page 5



# ATTENTION PLAINVILLE RESIDENTS

## Valley Water Systems Hydrant Flushing

Flushing will continue in September 2014 on the following streets:

**Woodford Avenue, Arcadia Avenue, Tomlinson Avenue and East Street**

Please note that adjacent streets will also be affected by the flushing. Low pressure and discolored water is to be expected during flushing and for a short period afterwards. For weekly updates go to our website [www.valleywatersystems.com](http://www.valleywatersystems.com), or you can contact one of our customer representatives

**Monday – Friday 8:00 A.M.-4:30 P.M. at (860)747-8000.**

### Robert E Lee's Town Council Report August 4, 2014

#### Trumbull Park Baseball Field Funding Request

- In February, the Parks & Recreation Advisory Board passed a motion to approve the Little League request to construct a new little league field on all purpose field at Trumbull Park. Since that time, the Advisory Board and Little League have been working together to refine the plan.
- Bill Bulger, a member of the Advisory Board and a Little League Director, is here this evening to go over the proposed plan and to make a request for partial funding for the project.

#### Bid #2015-04, Muffin Monster

- The Shuttle Meadow Road pump station has been experiencing more frequent clogging of the pump. It is recommended by the manufacturer of the pump that the cutters be refurbished in order to improve its performance. They recommend that the cutters be refurbished every 5 years.
- The last time the cutters were refurbished at this pump station was about nine years ago. The cost to refurbish the cutters is \$17,616 from JWC of Perry Township in Pennsylvania. JWC is a sole source vendor for this pump. Funds for this repair would come from the sewer account capital fund.
- There is an item under New Business that would waive the bid process and award the contract to replace the cutter at the Shuttle Meadow pump station to JWC of Pennsylvania in the amount of \$17,616.

#### Health Fund Discussion

- At a work session held before the last Town Council meeting, the status of the Health Insurance Fund was discussed at length. The self-insurance fund finished FY14 with a balance of approximately \$91,000. If claims come in as budgeted, the fund could run a deficit in FY15 of almost \$270,000. Plainville's Agent of Record, H.D. Segur of Cheshire has recommended that the Town have a reserve in the Health Insurance Account of three months of expected claims. For FY 15, the expected monthly claims are \$492,732. Three months of expected medical claims would equate to approximately \$1.5M.
- There are funds available in the Towns' Unassigned Fund Balance that could be directed into the self-insurance fund at this time. It is recommended that the Town Council consider an appropriate amount to be transferred into the account.

#### Reschedule public hearing for Old Linden Street School Demolition

- Due to the finalizing of some construction estimates, the public hearing for the Old Linden Street School Demolition Bond Ordinance has been postponed until the August 18th Town Council meeting. There is an item under New Business regarding the changing of the public hearing date.

### HAPPENINGS TOWN COUNCIL MEETING July 21, 2014

*By Shirley Osle, Assistant Town Manager*

- The Tax and Assessing Office** report that they were open until 4:00 P.M. on Friday, August 1, 2014 for the convenience of taxpayers wanting to pay their taxes on the last day without interest.
- Dental Clinic:** There will be a Dental Clinic offered at Plainville Senior Center provided by Community Health Center, Inc. The clinic will be run on September 3rd & September 4th. A registered dental hygienist will provide a dental exam, dental cleaning, and xrays if needed. The cost is \$30.00 for those without insurance. Call the Senior Center to Sign-up and for more information.
- Foot care and APRN Services:** The Senior Center continues to offer foot care for both diabetics and non-diabetics. An APRN does both a foot inspection and nail cutting. Please call the Senior Center for information and appointments. The APRN also provides ear wax removal, cholesterol screenings, blood pressure and blood sugar screenings.
- Intergenerational Trash to Treasure Art Project:** were held Fridays, August 15 & 22, the Senior Center along with instructor Evelyn Morin will be holding a workshop on how to make floral wall arrangements from household recyclables like paper towel and toilet paper tubes. The kids were invited to this being green event.
- Journey to Africa:** The Senior Center welcomed back Rita Wagner and her show "A Journey to Africa" in August. Rita is a native from Uganda, a country located on the east side of Africa. This interactive show took us through the fabrics and dances of Africa. Open to the public.
- AARP Driver Safety:** This course covered the effects of aging on driving, local hazards, accident prevention measures and more. Upon completion of this course, your insurance company must give you a discount of at least 5% on your auto insurance.
- Volunteers for IPAD class:** The Senior center is looking for a volunteer to teach an IPAD beginners class in the fall. We are also looking for an old IPAD that someone would be willing to donate to our computer learning center so that one of our current teachers could also learn the IPAD. Call Shawn at the Senior Center.
- Outdoor Adventure Club:** The Plainville Senior Center's Outdoor Adventure Club is hosted a fantastic Horseback Riding experience

**Downtown Block Party**  
**Saturday, September 13th**  
**4 p.m. to 9 p.m.**  
**Music, Food, Crafts, Raffles,**  
**Bountiful Baskets Contest &**  
**Children's Games**

on Friday, July 25, at B&R Stables in Prospect, CT. This trip included a combination lesson and trail ride. This Adventure was open to the public,

- Bowling League:** The Plainville Senior Citizen's Bowling League is looking for new members to join their league at Laurel Lanes that began August 25th at 1:00 p.m. Both experienced and beginner bowlers are welcome. The league is open to Plainville residents as well as out of town residents 60 years or older and runs consecutively for 33-weeks. Call Frank Robinson at 860-747-2918 or 860-803-7389 or call the Plainville Senior Center, 860-747-5728 to sign-up.

### TOWN OF PLAINVILLE HAPPENINGS TOWN COUNCIL MEETING August 4, 2014

*By Shirley Osle, Assistant Town Manager*

- The Town Clerk's Office would like to remind eligible residents that there will be a Republican Primary, Tuesday August 12 to vote for the position of Republican Governor, Lieutenant Governor and Comptroller. All registered Republicans may cast their ballots at their normal polling locations between the hours of 6am and 8pm.
- The Senior Center will hold a Keeping it Cool, An Anger Management Workshop on Tuesday, August 12th. Journey to Africa is another program on Monday August 18th at 3:30 with Rita Wagener, a native of Uganda, who will show fashions, dances, and artifacts from Uganda. Intergenerational Trash to Treasure Art Project will be held on August 15 and 22, at 10:00 am All programs are free but sign up is required at 860-747-5728.
- The Recreation Department reports that the Berner Pool will be open August 15th 1-8:00 p.m. and Sat. Aug. 16th to Aug. 23 1:00 – 7:00 p.m.
- The Historical Society continues to have an exhibit on the Civil Rights Movement in Plainville.
- The Farmers' Market is still open until September 12, 2014 at Plainville High School.

### Transfer Station

*Dominick Moschini,  
Superintendent of Roadways*

The Transfer Station on Granger Lane is open for the season.  
Hours of operation 8:00 AM to 3:00 PM  
~ **SATURDAY'S ONLY** ~  
Plainville residents must show identification.  
There is a fee for disposal.

If you have any questions, please call Public Works at 860-793-0221 ext 208 from 8:00AM to 4:00 PM Monday thru Wednesday, Thursday, 8:00 AM to 7:00 PM and Friday, 8:00 AM to 12:00 PM.

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6 | Tuesday, August 19, 2014

LOCAL

New Britain Herald | NewBritainHerald.com

# Pugliese touts support for businesses

*Editor's Note: This is part of an ongoing series of the area candidates running for state representative and state senate. Today, 22nd House District candidate Kathy Pugliese gives her views on economic development.*

By **ROBERT STORAGE**  
STAFF WRITER



Kathy Pugliese.

PLAINVILLE — Citing her support for enterprise zones, bioscience zones and a revolving loan program for small businesses, Republican Kathy Pugliese outlined her views on economic development and business growth.

Pugliese is challenging Democratic state Rep. Betty Boukus in the 22nd District House race. The district consists of all of Plainville and about 1,000 voters in New Britain, mostly in the Slater Road area.

Pugliese, a 63-year-old New Britain native and Plainville resident, said she has been a strong supporter of the business community while serving on the Town Council. She has served on the

the remainder is in Southington.

The zone provides tax incentives of up to 80 percent of a business's assessed property value for up to five years.

The zone has primarily helped the approximate dozen businesses in the Strawberry Fields development, Pugliese said.

They include Connecticut Motor Cars, which recently relocated to the site. The company, which outfits and customizes specialty motor homes, "moved because they need a large parcel of land, but also because of the enterprise zone attraction."

Pugliese said "when the plan [for an enterprise zone] came to the council, we thought it was a great incentive to entice new businesses."

The bioscience zone, which was approved three years ago and is located near North Mountain Road past the New Britain Department of Motor Vehicles, is a designation for businesses specializing in the research and medical field.

The businesses receive tax incentives of 80 percent of a business's

assessed property value for up to five years. The costs are shared by the state, municipality and developer.

"This can be for any kind of research," Pugliese said. She said the bioscience zone, which straddles the New Britain/Plainville line,

**"Small businesses are the lifeblood of any community."**

**KATHY PUGLIESE**  
State House of Representatives candidate

is a win-win for both communities. In New Britain, she said, there will be a cancer treatment center run by the Hospital of Central Connecticut, while on the Plainville line there will be medical office buildings "and there could be hundreds of doctors."

The state's revolving loan program is 15 years old. It makes low-interest loans available to small businesses through the Economic Development Agency, with council approval.

"Whatever the going rate of banks are, we charge 1 percent above," Pugliese said. "Small businesses are the lifeblood of any community. It's so crucial that we help them with either expansion, start-ups or relocation costs."

In addition, Pugliese said she supports "tax abatements and tax incentives to give business start-ups help and to keep thriving." There are about 200 businesses in Plainville, she noted.

If elected, Pugliese said there are "hundreds of licensing fees that are dumped onto businesses" and said a top priority would be to "try to eliminate any and all that are unreasonable and uncollectable."

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## What is Mental Illness: Mental Illness Facts

Mental illnesses are medical conditions that disrupt a person's thinking, feeling, mood, ability to relate to others and daily functioning. Just as diabetes is a disorder of the pancreas, mental illnesses are medical conditions that often result in a diminished capacity for coping with the ordinary demands of life.

Serious mental illnesses include major depression, schizophrenia, bipolar disorder, obsessive compulsive disorder (OCD), panic disorder, post traumatic stress disorder (PTSD) and borderline personality disorder. The good news about mental illness is that recovery is possible.

Mental illnesses can affect persons of any age, race, religion, or income. Mental illnesses are not the result of personal weakness, lack of character or poor upbringing. Mental illnesses are treatable. Most people diagnosed with a serious mental illness can experience relief from their symptoms by actively participating in an individual treatment plan.

In addition to medication treatment, psychosocial treatment such as cognitive behavioral therapy, interpersonal therapy, peer support groups and other community services can also be components of a treatment plan and that assist with recovery. The availability of transportation, diet, exercise, sleep, friends and meaningful paid or volunteer activities contribute to overall health and wellness, including mental illness recovery.

### Here are some important facts about mental illness and recovery:

- Mental illnesses are serious medical illnesses. They cannot be overcome through "will power" and are not related to a person's "character" or intelligence. Mental illness falls along a continuum of severity. Even though mental illness is widespread in the population, the main burden of illness is concentrated in a much smaller proportion—about 6 percent, or 1 in 17 Americans—who live with a serious mental illness. The National Institute of Mental Health reports that One in four adults—approximately 57.7 million Americans—experience a mental health disorder in a given year.
- The U.S. Surgeon General reports that 10 percent of children and adolescents in the United States suffer from serious emotional and mental disorders that cause significant functional impairment in their day-to-day lives at home, in school and with peers.
- The World Health Organization has reported that four of the 10 leading causes of disability in the US and other developed countries are mental disorders. By 2020, Major Depressive illness will be the leading cause of disability in the world for women and children.
- Mental illness usually strike individuals in the prime of their lives, often during adolescence and young adulthood. All ages are susceptible, but the young and the old are especially vulnerable.
- Without treatment the consequences of mental illness for the individual and society are staggering: unnecessary disability, unemployment, substance abuse, homelessness, inappropriate incarceration, suicide and wasted lives; The economic cost of untreated mental illness is more than 100 billion dollars each year in the United States.
- The best treatments for serious mental illnesses today are highly effective; between 70 and 90 percent of individuals have significant reduction of symptoms and improved quality of life with a combination of pharmacological and psychosocial treatments and supports.
- With appropriate effective medication and a wide range of services tailored to their needs, most people who live with serious mental illnesses can significantly reduce the impact of their illness and find a satisfying measure of achievement and independence. A key concept is to develop expertise in developing strategies to manage the illness process.
- Early identification and treatment is of vital importance; By ensuring access to the treatment and recovery supports that are proven effective, recovery is accelerated and the further harm related to the course of illness is minimized.
- Stigma erodes confidence that mental disorders are real, treatable health conditions. We have allowed stigma and a now unwarranted sense of hopelessness to erect attitudinal, structural and financial barriers to effective treatment and recovery. It is time to take these barriers down.

To find out more about specific illnesses visit the "By Illness" page.

## From My Balcony

By Jeannette Hinkson

The voters of our town and state have been fed so much B.S. by persons they have put in office, I don't think they can tell facts from fiction. Everyone that runs for office doesn't have a clue to what the people need or can afford. They run on the same old promise to cut taxes, and as soon as they get in office they vote to raise taxes and to hell with the people. Their term has years to go, and they are going to get a pension no matter what, so there. They all have that Hillary attitude, "What difference does it make?"

One person I have in mind, and I don't have to mention any names, ran on the promise to cut taxes and now wants to dump a twelve cent per gallon tax on gas on us. How is this guy, you voted into office, working out for you now? If you go on the internet there is an article which asks, "How did rich Connecticut morph into one of America's worst performing economies? It is well worth reading, and it will show just how much waste of taxpayers' money there is in Connecticut under the present leadership.

Many politicians go along year after year doing little, but just when it is time to get reelected they come before the voters promising large sums of money for some improvements to your town and proclaim what a great job they are doing and you should run and vote for them again.

The state is in a bind, and the taxpayers will be paying for a "BUSWAY" from New Britain to Hartford at a tune of over \$700 million dollars. That doesn't cover all the new busses, drivers and maintenance. Did we need it? Is there such a mass exodus from New Britain to Hartford each day to warrant \$700 million taxpayer dollars?

Now, it is my understanding we have gotten the go ahead to tear up the fields at the high school, which are in excellent condition by the way, and replace the grass with AstroTurf. We are "eligible" to get this work done under a "bond" in the amount of \$950,000. This \$950,000 is not a gift from the Gods, it is a "LOAN", and we, the taxpayers, have to pay it back. We can get this loan for a period of twenty years, but the AstroTurf has a life expectancy of ten years. QUESTION: If it wears out in ten years, where are we going to get the money to replace it with a still outstanding balance of ten years to go on the first loan, and by the way, players have to wear a different type of shoe when playing on the AstroTurf. No one has said what the cost to maintain AstroTurf is, but I am sure we will find out if we fall for this one. After twenty years of paying this loan and the interest, what will be the true cost of the AstroTurf?

This is another example of the B.S. the people are handed under the guise of what a great job our elected officials are doing for us. Are they really on our side, or are they just trying to make you think they are doing something for you, with your money, so as to get reelected and a free ride for another term?

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*If you want a thing well done, get a couple of old  
Broads to do it. -----Bette Davis*



## Caring Spirit Yoga Offers Grand Opening Classes

Wendy Procko Irving, a Plainville native, is celebrating the opening of a new yoga studio. *Caring Spirit Yoga* is dedicated to provide a safe and caring environment to enrich and nurture you with a compassionate practice of yoga. Guiding you in development of an awareness of your mind, body and spirit, you will increase your knowledge and ability to find your personal edge. We encourage you to develop your own journey to meet your individual needs supporting your personality, hopes, and goals.

Wendy has been practicing varied styles of yoga for over 12 years. She is an 11/11/11 (at 11:11:11 AM) graduate of Kripalu's 200 hour extensive teacher training.

After her IT job was outsourced, she retired from her corporate career and is now pursuing her passion of sharing the benefits of a yoga practice. Leading both breath work (prana) and postures (asana), Wendy strives to create a safe and positive environment for her students to develop a compassionate awareness for the whole person, mind, body and spirit. She encourages students to listen to their body's inner wisdom and gently let that be the guide to their practice.

"Our goal is to encourage everyone regardless of limitations, to discover a mind/body/spirit practice to support and nourish them"

The studio is located at 333 Scott Swamp Road (Route 6), Farmington, just .3 miles past Tunxis Community College. We offer a quaint space, allowing personal discussion and hands on assistance to for you to develop, deepen and enrich your yoga practice. Class size is limited to 6-7 people. There is a large area outside which facilitates an outside yoga class when weather permits.

Caring Spirit Yoga offers a variety of classes which includes: Beginner's Mind, Mixed Style, Chair Yoga, Restorative Yoga and Private Sessions. On the 1st Saturday of each month, a free introduction of the practice of yoga. Utilizing yogic props, this class focuses on a safe and energizing practice of core poses (asana), breath work (prana) and life practices.

An open house will be held on September 21, 2014 from 10:00 - 2:00. You can contact Wendy Procko Irving at Caring Spirit yoga by cell or text 860-620-7794 or email CaringSpiritYoga@aol.com. To find out more about us checkout our website at [www.caringspirityyoga.com](http://www.caringspirityyoga.com), and our Facebook Page, Caring Spirit Yoga. Advance registration for all classes is required due to our intimate space.

**Namaste!**

## The Woman's Connexion

Bi-Monthly Newsletter

Sept./Oct. 2014 Issue



### 2014-2016 Officers:

Laura Perun, President

Suz Marinelli, Vice President

Linda Roehz, Treasurer

Mary Ann Truskowski, Secretary



### Monthly Meetings

Held at 7 p.m. on the First Tuesday of the Month, Faith Bible Chapel

September 2, 2014

October 7, 2014



### Executive Board Meetings

Held at 7 p.m., downstairs at the Plainville Public Library

September 23, 2014

October 21, 2014



### Mark Your Calendars

October: Apple Pie Festival

Call Joan Macri or Edna Pires for more info

October: Mum Sale

Call Lynn Szach for more info



## GFWC/The Woman's Club of Plainville, Inc.

"Great Oaks from Little Acorns Grow"

Celebrating Our 66th Anniversary With the GFWC

Organized in 1913 and a Proud Member of the GFWC Since 1948



### President's Corner

Welcome everyone to the 2014 -2015 membership year. I hope everyone had a relaxing summer. Now it is time to get back to business. We have the Hot Air Balloon Festival, Mum Sale and the Plainville Block Party to look forward to, along with our board and regular meetings. This year our first initiative is moving from a social club to a volunteer group. I want to remind our members that the GFWC Motto is "We are not known so much by what we keep, but by what we share." We are going to extend our Olive Tree (my symbol) and share as much as we can with our community.



### Ways & Means Update

This coming season we are looking at partnering up with other Plainville volunteers and charitable donation centers to give back to the community. In addition to the Tea Party, we are targeting to hold 2-3 events in hopes to fund raise for our club and needy charities. Currently, we are in talks with the Rotary Club and during August, we had volunteers that helped out at the Plainville Fire Fighter Balloon Festival.

### Program Preview

**September:** No potluck dinner; Meeting will begin at 7 p.m.; please bring a non-perishable food item to donate to the Food Pantry; Guest speaker will be from the Rotary Club of Plainville; and we will be taking a membership photo to be posted on our Facebook Page. Come dressed to impress!

**October:** Our guest speaker will be Jessica Pizano, who is the owner of Fit to You, LLC and she will be talking about "Aging Gracefully". There will be a \$5 charge for non-members so feel free to bring a friend. All monies raised will help us support our community outreach activities.

### Signature Fundraiser—Tea & Fashion Show

Now that another year has begun, it is time to start the planning for the 2015 Tea & Fashion Show. A sign up sheet will be passed around at the September meeting. Please sign your name if you are planning to chip in and make OUR fundraiser a success.



### Lucky's Famous Fudge Sale in November

This is an early reminder that Lucky will be collecting items that will help her create that delicious fudge. She will be collecting items at the October meeting or if you just want to donate a few dollars, that works just as well. Items needed include: marshmallow fluff, chocolate chips, peanut butter, butter, vanilla, etc. Lucky will also need some assistance at the craft fair. Please give her a call.

## A-Moment-in-History

As I pieced together the location of homes along Farmington Ave., I could see right away the nucleus that created the formation of members who set the foundation for our club. Starting at 5 Farmington Ave., Frank and Bertha Wheeler built their first home in 1903. The next home, at 7 Farmington Ave. was the first home of John and Maude Trumbull. Both of these couples were married in 1903. At 11 Farmington Ave. was the home of Charles and Jessie Clark built in 1899. Jessie was the sister of Maude Trumbull. Across the street at the corner of Farmington and New Britain Ave., Henry and Nettie Trumbull built their new home in 1912. So it was that in 1913, the women within this circle became the nucleus for the formation of the Woman's Club of Plainville. The sad part is that all of these lovely old homes were taken down when the plans for Rt. 72 were developed during the 60's and 70's.

Gert LaCombe, Club Historian



The Woman's Connexion: Bi-Monthly Newsletter

Phyllis Roehz, Editor

Page 1



## SHERWOOD'S 51st YEAR CELEBRATION

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Saturday - 8:00 a.m. to 2:00 p.m.

### HOURS (for BRISTOL)

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# Plainville Entrepreneur Darren Prozzo Honored and Named Premier Agency for 2014

## ALLSTATE AGENCY OWNER EARNS PRESTIGIOUS SERVICE DESIGNATION

(July 1, 2014) – As a business leader and involved citizen in the Plainville area, Allstate exclusive agency owner Darren Prozzo, of Darren Prozzo Agency, has been designated an Allstate Premier Agency for 2014.

The Allstate Premier Agency designation is bestowed on less than 48 percent of Allstate's nearly 10,000 agency owners across the country. This designation is being presented to Allstate agent Darren Prozzo for his outstanding business performance and commitment to putting customers at the center of his agency's work.

The Darren Prozzo Agency also achieved the distinctive Honor Ring award in 2013. The honor is Allstate's symbol of outstanding business achievement and honorees have proven to be champions in growing their agencies and serving Allstate customers. The Darren Prozzo Agency's dedication to serving customers, consumers and their community has allowed them to achieve this high honor.

"The Premier Agency designation is not just about Darren's successful business results," said Julia Reusch, an Allstate spokesperson. "The honor also demonstrates Darren's commitment to being accessible to customers and using his knowledge to help ensure customers have the insurance products they need to protect themselves and their family."

The Darren Prozzo Agency is located at 92 East Street in Plainville and can be reached at (860) 747-6829.

The Allstate Corporation (NYSE: ALL) is the nation's largest publicly held personal lines insurer. Widely known through the "You're In Good Hands With Allstate®" slogan, Allstate is reinventing protection and retirement to help more than 17 million households insure what they have today and better prepare for tomorrow. Consumers access Allstate insurance products and services through Allstate agencies, independent agencies, and Allstate exclusive financial representatives in the U.S. and Canada, as well as via [www.allstate.com](http://www.allstate.com) and 1-800 Allstate®.

# Life With Wanda



School starts this month so we should all watch out for children, and of course, those school busses and their sudden stops. If there is anything I love is being behind a school bus as they stop to pick up the children. I hate when the bus has to wait for the kid to come out of the house, or the mother comes running to tell the driver the kid is on the way and he or she is just putting their shoes on, or is still in the bathroom and they will be right out. I don't mind the bus stopping, but when each mother has to give instructions to the driver and ask the driver half dozen questions as the line of cars behind the bus grows longer and longer, it gets a little frustrating. I asked a driver one day about these holdups and learned most mothers want to know what time they will be getting out of school, getting to the bus stop, where their child will sit, and even who their teacher will be, and some don't even know what school their child will be attending. Don't these people read or prepare for their kids going to school? Now, if you are right behind the bus, you will notice the older kids sit in the back and make faces at you. If there is anything that makes you mad is if you are in a hurry to get to work and you are stuck behind a school bus with some kid making faces at you. Of course, it is better than being behind a bus of older kids that are giving you the one finger wave and mouthing some four letter words. This year, I am going to have my camera ready and get some videos so I can send them to the schools. Have a great day and try not going out until after the kids are in school, if you can help it.

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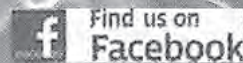
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*Financial Security: Humans must breathe, but Corporations must make money!---Alice Embee*

## Independent Voter for Kathy

Dear Editor,

I am an Unaffiliated/Independent voter and we need a change in Hartford.. My husband and myself are fortunate to both have full time employment. We are not any better off today than we were four years ago.

Here in Connecticut we pay the highest taxes in the Country, no wonder businesses and people are leaving as soon as they can make the move.

Young adults when they complete college have to look for employment outside of our State. What a shame.

We cannot afford to send the same politicians to Hartford they voted for higher taxes, and also borrow money (Bonds) to run the State. I believe all the grants that are given to the Towns are also on the Credit Card. Someone told me that we pay about 65% of our income each year in taxes. I never had the time to figure it out myself. An ad on TV says it all "Connecticut can do better"

I am encouraging all Independent voters to come together to support "Kathy Pugliese for the 22 District" We can't change anything in Connecticut if we don't make a change in Hartford now.

A group of Independent voters got together and I joined them to work to save Connecticut. We have lawn signs "Independent Voter for Kathy".

To get your sign, call 860-747-3905 it is an answer machine. Sorry, about an answer machine but we all work (to pay our taxes), leave your name, phone and address. Signs will be ready on or about September 15th.

Working together we can do it. ~ Nancy Guimond

Subject: The 2500 Page Obama Care Condensed To 4 Sentences...

### Obama Care Condensed To 4 Sentences...

Here is the 2500 page Obama Care condensed to 4 sentences.....

And it seems to be working, this is according to plan!

1. In order to insure the uninsured, we first have to un-insure the insured.
2. Next, we require the newly un-insured to be re-insured.
3. To re-insure the newly un-insured, they are required to pay extra charges to be re-insured.
4. The extra charges are required so that the original insured, who became un-insured, and then became re-insured, can pay enough extra so that the original un-insured can be insured, free of charge to them.

## PARC: Adult Basic Education

Family Centered Services for People with Developmental Disabilities has provided a safety curriculum, at no cost to Plainville Community Schools. A portion of each Adult Basic Education: PARC 101 class will be devoted to teaching components of the safety curriculum, applicable to life situations promoting safety.

Linda Garcia, Executive Director of PARC: Family Centered Services for People with Developmental Disabilities, commented, "this safety first program is design to educate and raised an awareness for our community members regarding their personal safety while being out in the community. "

This program will provide educational services to PARC clients and others, in need of developing academic skills for independent living. The course will aim to improve students': communication skills (conversation and telephone skills), basic consumer skills, (money, time, information) and functional reading skills. Jill O'Brien, Adult and Continuing Education Coordinator, said, "Students will also benefit from classroom visits from community representatives, promoting safety."

Adult Basic Education: PARC 101 is open to those ages 17 and older, without a certified high school diploma, no longer enrolled in school. The program begins at Plainville High School on September 23. Please call the Plainville Adult and Continuing Education for registration information: (860) 793-3209

## AAA Speaks Out:

### Auto Technology Makes it Easier Being 'Green'

Your inner ecologist wants to drive an eco-friendly vehicle, but the car enthusiast in you balks at small, "powerless" commuter cars. What's the most effective solution?

Automakers are working on a wide range of technology that will help achieve new governmental regulations to improve fuel efficiency. The U.S. Environmental Protection Agency and the National Highway Traffic Safety Administration have set standards to increase the Corporate Average Fuel Economy levels to 54.5 (approximately 40 window sticker) miles per gallon by 2025, giving automakers further incentive to escalate fuel-saving technologies. Vehicles equipped with automatic stop-start systems are rolling off the assembly line, and AAA's research found these systems deliver up to seven percent improvement in fuel savings and reduced carbon dioxide emissions.

Repurposed technology  
Automatic stop-start systems turn off the engine when the vehicle is at a complete stop – such as in traffic or at a stoplight. When the driver releases the brake or clutch, the engine starts. While the engine is stopped, systems and gadgets run on power from the vehicle's battery.

Automatic stop-start systems on hybrid vehicles are old news. The innovation is in the application of this system to cars powered only by an internal combustion engine. This adaptation gives you the vehicle you love, better fuel usage and lower emissions at a modest cost increase of about \$300.

Benefits for motorists  
AAA tested three vehicles equipped with automatic stop-start systems using the EPA's "urban" driving cycle. With the automatic start-stop system engaged, the vehicles delivered improved fuel economy and reduced carbon dioxide emissions of up to seven percent over tests with the automatic stop-start technology disengaged.

The improved fuel economy found with automatic stop-start systems could save motorists \$179 annually, based upon driving 15,000 miles a year in a vehicle that gets 20 mpg and with fuel prices at \$3.65 per gallon.

Is this the 'green' for you?  
Motorists in Europe and Japan have made the leap to automatic stop-start vehicles, and 40 percent of new-car sales in those markets feature the technology. Adoption has been slower in North America, but automakers now predict that more than seven million of these vehicles will be on the road by 2022.

There could be a couple of potholes: The feature most often deploys in city driving scenarios – versus highway operation – and may feel slightly different to motorists until they become accustomed to the automatic stop-start sensation. In some vehicles, the system operates so seamlessly you may not notice it at all. In others, the lag between starting and stopping is more pronounced. The benefits, however, will not be realized if the feature is turned off. More inconvenient may be reduced heating and air conditioning performance when relying solely on battery power.

It's hard to argue with the successful compromise of the vehicle you love coupled with improved fuel efficiency and reduced emissions.

AAA provides travel, insurance, financial, and automotive-related services to 54 million people nationwide and is located locally at 17 Farmington Avenue in Plainville. For more information about AAA, members and non-members can go online to AAA.com or call 860-236-3261.

## Plainville Adult and Continuing Education It's never too late to return to school!

Plainville Adult and Continuing Education will offer programming, free of cost, this fall in the following areas: Adult Basic Education (Math and Reading/Writing), Adult High School Credit Diploma Program, Citizenship Preparation, English as a Second Language, GED Preparation, and PARC Adult Basic Education.

Plainville Adult and Continuing Education's fall enrichment course offerings (see class list) are held evenings and moderately priced. Pre-registration is required for all classes. The Fall 2014 Program Guide were mailed to all Plainville residents, late July. For further information, please call Plainville Adult and Continuing Education: (860)793-3209.

Enrichment Class List: Aerobic Toning, Afternoon Drawing, Beautiful Skin 101, Chinese Yoga, Clinical Medical Assistant Training, Computer Skills for Beginners, English: The Fast Track to Success, Floral Design: Flowers & Foliage, Foundations of Excel, Intermediate PowerPoint, Introduction to Creative Writing, Introduction to PowerPoint, Jewelry Design: Make It & Take It, Life Planning for Children with Special Needs, Math: The Fast Track to Success, Medical Billing and Coding Training  
Pharmacy Technician Training, Snowshoeing, Tai Chi for Health, Veterinary Assistant Training, Vintage 101: Clothing and Accessories, Zumba



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# Plainville's Helen Bergenty still at it

By Erica Schmitt

Good living and generous giving never stop for Helen Bergenty. The town native, now 84, is president of Plainville's monthly and non-profit "good news" newspaper The Hometown Connection, but she's carried many more titles over the years. "I have found it to be true the older I've become the better my life has become," she'll tell you with a smile.

A 1947 graduate of Plainville High School, Bergenty played for the very first girls' basketball team in town. Now called the Blue Devils like the boys' team - they were known then as "The Blue Angels."

**"I have found it to be true the older I've become the better my life has become."**

**HELEN BERGENTY**

After graduating then working for more than a decade, she went on to attend the University of Connecticut and become proprietor of the Starline Real Estate Agency. She and Bill Bergenty, her husband of 63 years, have one son, two grandsons and one great grandson, Zeke, who is just 18 months old. Longtime town residents might remember when she ran for the Office of High Sheriff of Hartford County back in 1970. Although she lost, Bergenty is still proud to say she was the first-ever woman candidate in the running for such a position.

"The one thing I can take from Helen is never give up," says Kathy Pughese, chairwoman of Plainville Town Council and also the volunteer in charge of design and layout of The Hometown Connection.

The reason Bergenty started the all-volunteer "hometown" paper was because she felt Plainville

needed an outlet for feel-good news - her grandson hitting a home run in his baseball game or the seniors putting on a dance at a local church.

Seventeen years later it's still going strong, sent to every home and business in town and supported by all local advertising. Bergenty calls it her "biggest accomplishment."

"I just love people," she says. "My mother taught me years ago the golden rule - treat people the way you'd like to be treated - and that's what I do. Believe me, it works."

That philosophy has taken her from serving on the town council for 14 years to twelve terms as Justice of the Peace and former president of the Junior Woman's Club of Plainville. She was also a hospice volunteer, one of the founding members of the Plainville Chapter of AARP, past district director of the General Federation of Women's Clubs

and recipient of the 2006 St. Joseph Archdiocesan Medal of Appreciation.

At present Bergenty serves as a committee member with Our Lady of Mercy Church, on the Board of Directors with ARC of Plainville and the Plainville Community Fund and as vice chairman of the town's Republic Committee, among many other volunteer roles.



Helen Bergenty, 84, reminisces about the old days in her office at The Hometown Connection.



The only thing she set out to accomplish that she hasn't - at least in recent memory - is piloting a plane.

"I took flying lessons when I was about 50 years old," Bergenty remembers, adding with a chuckle, "I had more nerve than brains in those days."

She and the instructor were headed out towards Waterbury one day and the wind was so strong Bergenty call recall the plane going backwards.

"The next day I was supposed to fly solo but I chickened out. That's the only thing I can think of. Everything else I've taken on."



Top, Helen Bergenty, the furthest right on the bottom row, was one of Plainville High School's "Blue Angels" back in 1947. Lower left, she was crowned "Wonder Woman" on her 80th Birthday.



Helen Bergenty poses for a picture with former governor and senator Lowell P. Weicker.



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## THANK YOU THANK YOU THANK YOU!!

As the **Plainville High School Class of 2014** move on to the next chapter of their lives, we would like to thank the following for their donations, time and effort on yet another successful **YMCA Project Graduation**, a drug & alcohol-free party that was held on graduation night June 20<sup>th</sup>, 2014.

**A Special "THANK YOU" to the Wheeler YMCA** for donating their facility every year, and especially to Sally Miller and her staff for their tireless support and dedication to this Special Event. We couldn't have done it without you!!

**"THANK YOU"** to the following restaurants for food donations throughout the night: Applebees, Asian Bistro, Bagels Plus, Big Steve's Grill, Big Y, Bolo Bakery & Cafe, Capri's Restaurant, Catanzaro Quality Meats, Confetti's Restaurant, The Cottage, D'Amico Ristorante & Lounge, Dairy Queen, Dunkin Donuts-East Main St., El Paso, First & Last Tavern, Friendly's-Plainville & Waterbury, Gnazzos, J. Timothy's, Jim's Deli, Mangiafico's Bakery, McDonalds, Moe's Southwest Grill, Pagliacci's Restaurant, Parma Pizza, Pralines Ice Cream, Saints, Sergio's, Stop & Shop, Sliders, Plainville Subway, YMCA Subway, Tong Sing, Stadium Burger, Uncle Bob's, Vero's Pizza, Village Pizza, and West Main Pizza.

**"THANK YOU"** to the many parents, PHS faculty, businesses, and organizations/clubs who made cash donations including: The Class of 2014, The Plainville Police Union, Rotary Club, Norton Trust Fund, the Woman's Club of Plainville, American Eagle Credit Union, Betty Boukus, Costello Landscaping, Dr. Gary Maglio, Dr. Gary Santa Maria, Dr. Michael Schneider, Holcomb Tree Inc., Interstate Aviation, Mizzy Construction, Parson's Buick, Plainville Optical, TLC, and 99 Restaurant. Cariann at Custom Tees, Michele at Liberty Mutual, Chris Kuzia, Mr. David Gagnard, Mr. Thomas Riccardo, John at Modern Formals, Kohl's, Crystal Rock Water Co., DJ Eric Wells, PODS of Hartford, IBM, Aetna, Sweet Frog, and the Rock Cats. Special THANKS to ZUMBA instructors Cindy, Diane, Anna, Donna and Jen who donated her time and high energy to raise funds for us!!

**"THANK YOU"** to the local newspapers, Plainville's Hometown Connection, Plainville Citizen, Plainville Observer, and the New Britain Herald who were instrumental in getting information out to the public about the fundraisers, meetings and the graduation party.

And last but not least, **"THANK YOU"** to the many AARP members, parents, grandparents, aunts, uncles, friends and all the volunteers from the community who made it such an unforgettable night for this year's Grads!!!

*Sincerely,*  
*The 2014 Plainville High School Project Graduation Committee*



**Jeremy Cukrowski was the lucky graduate whose name was chosen to receive the \$1,000 Grand Prize! This year we raised above and beyond the money needed for the event so another lucky senior, Alec Maisonet also received \$500!!**

**\$\$\$ CONGRATULATIONS \$\$\$ Jeremy & Alec!**

## 2014 PHS/YMCA PROJECT GRADUATION MEETING ANNOUNCEMENT!



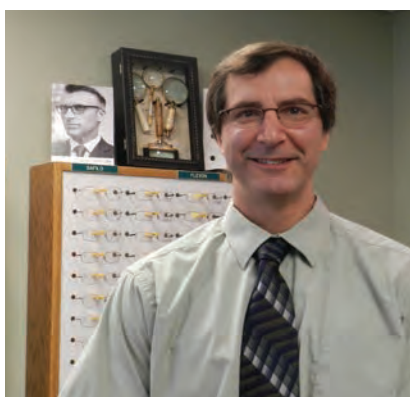
Project Graduation is an All-Night drug and alcohol-free graduation party held in partnership with the Plainville YMCA to provide a safe, fun-filled night for the Senior Class. The Party is full of activities, prizes and tons of food held every year as a way to congratulate the Seniors for their years of hard work!

**We would like to invite everyone to the 1st meeting held at the Plainville YMCA on**  
**Wednesday, September 10th, 2014 at 7:00 pm**

**\*\*\*\*\*Future meetings\*\*\*\*\***

**October 1st, November 5th, December 3rd, 2014 at 7:00 pm**

Our meetings will be held the first Wednesday of the month until it gets closer to graduation at which time we will meet more frequently. Anyone interested in volunteering, especially Senior parents, should plan to attend this meeting. Junior parents are also very welcome as they will be Senior parents next year and this is a great way to see how the whole process works. It takes a lot of organization and planning to make the night a success like in past years so any time you can give is very much appreciated! We promise you, there's something for everyone to do so please consider joining us to help plan this year's exciting event! **For more information contact: Anne @ 860.461.6936**



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*I Pledge Allegiance to the Flag...*

# WOW! What a Summer ~ All this Happened in Plainville

## Tomasso Nature Park 25th Anniversary



Town Council Chair Kathy Pugliese, Angelo Tomasso and Ruth Hummel (Nature Park Director) attend celebration of 25th Anniversary of Tomasso Nature Park this past June.

## Plainville Historical Society At the Tomasso Park



Members of the Plainville Historical Society displayed historic photos and material at the Tomasso Nature Park 25th Anniversary

## Summer Concert Series Popular Attraction at Norton Park



Norton Park is a popular destination during the summer for those to enjoy the concert program sponsored by the Park & Recreation Department. Locals bring lawn chairs and enjoy the outdoor entertainment.

## Annual Farmer's Market at Plainville High School



Shown above, Confetti's "Big Red Truck" is a weekly visitor at the Farmer's Market. The market will be open Fridays 3-6 pm through September 12th.

## Splash Pad Opens at Paderewski Park



Dedication ceremonies took place in July at the newly installed Splash Pad at Paderewski Park. Families helped with the ribbon cutting ceremony.

## Berner Pool Summer Fun



The Berner Pool in Norton Park is a popular destination for families during the hot summer days.

## Marine Corps Reserves



The Navy & Marine Corps Reserve has been Plainville's neighbor since February 10th, 1985. The Marines are pictured above as they wait to board the buses for the annual 2 week training at Fort AP Hill, Virginia

## Community Fund In The Park



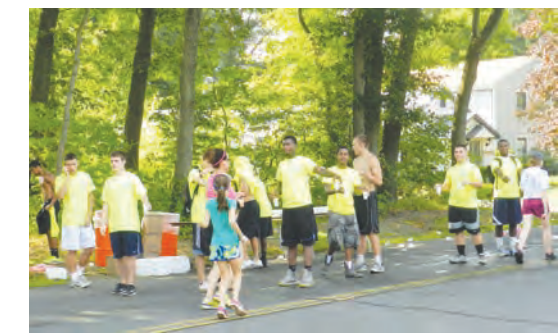
Volunteers Robyn Poulous and her friend represent the Plainville Community Fund selling popcorn, lemonade and water at the concerts in Norton Park.....Robyn Poulos & her friend

## CORE Studio Workout



CORE members workout on the wall behind their studio in Plainville.

## PHS Football Team Volunteers at Petit Road Race



Several members of the PHS Football Team hand out water to the racers at the Petit Road Race

## AARP Bingo at Paderewski Park



Helen Marinelli and Frank Macri perform bingo duties at the AARP picnic in Paderewski Park

## Bingo In The Park



Bingo players enjoy the day at Paderewski Park

*of The United States of America.*

# JOHN AND HENRY TRUMBULL FAMILY REUNION

## The PLAINVILLE HISTORICAL SOCIETY Welcomes the Family Members



Hugh Trumbull contacted all the relatives of the John and Henry Trumbull to a family reunion in Plainville and Simsbury the week of July 25th.

The Historic Center welcomed the Trumbull Family who arrived from all over the country.

Treasures that belonged to members of the Trumbull family and donated to the Center were on display for some relatives that never ever met their ancestors.

On display the wedding gown and a piece of the cake (but only in a picture) from a newspaper article. The Society is looking for a picture of the cake from the Trumbull/Coolidge wedding.

In the **Reference Room/Office** pictures and items on the Trumbull Electric Mfg. Co. Pictures and genealogy of the seven Trumbull Brothers and their families.

The display was created by Rose Stanley, Vice President of the Society (pictured lower right ) Also Governor John Trumbull's Personal Papers were displayed.

In **The Barn Room** displays of The Pinnacle Rock Farm. Pinnacle Rock (Pinnacle Rock) Farm was started by Henry Trumbull. The farm grew to 284 acres with over 200 acres were cleared for pasture and tilling. The "Farm" sold in 1956.

In the **Hallway** there is a display on the "Flying Governor" (John Trumbull).

In the Hepworth Gallery/Court Room there was a DVD set up of the seven brothers.

In the **Parlor** the carpet was donated by Florence Trumbull Coolidge and was from the John Trumbull Mansion. Governor Trumbull's portrait is also in the Parlor.

After the families toured the Center they made a visit to the West Cemetery on North Washington Street to the graves of John and Henry Trumbull. To pay their respect. It was very touching to see the Uncles, Cousins, Brother-in-laws, Nieces, Nephews, Grandparents, in-laws and all the relatives together.

They planned to lunch at J. Timothy's.. I told them it is the oldest restaurant in Town and it used to be Cooke's Tavern. One of the gentleman said he remembered when visiting the mansion having lunch at the Tavern with the Governor.

It was a wonderful day for the Society and the Trumbull relatives

**An Open Invitation to Come Visit Plainville, Again"**



**The Plainville United Methodist Church**  
**Annual Peach Shortcake Festival**  
**Friday, September 5th**  
**10 am to 4 pm.**

The shortcakes will be served at the church, as well as take out. We will also be providing free delivery for orders of 10 or more. If you have any questions or would like your orders delivered, please contact the church office at **860-747-2328** or **Greg Michaud** at **860-793-9590**

**Lobster/Bar-B-Q Chicken Fest**

The Faith Bible Church will host its 6th annual Lobster Dinner Fund Raiser Saturday, September 13, from 4-8 pm. There will be a Bar-B-Q Chicken dinner for non-lobster lovers.

The menu consists of main course, plus salad, baked potato, corn on the cob, corn bread, blueberry bread, plus drinks and dessert.

The blueberries are freshly picked from Maine. Children's menu consists of a choice of hot dog/hamburger/cheeseburger, with chips, dessert, and a drink for \$5.00.

Kids 5 and under eat free.

Choices include:

- Twin lobster dinner
- Bar-B-Q Chicken (BREAST)/Lobster combo dinner
- Single lobster dinner
- Bar-B-Q Chicken Dinner (HALF CHICKEN)

Rev. Jim Caron commented, "We travel to Friendship Maine on Friday. On Saturday morning we take the lobsters out of the ocean and return to cook them to order for you. You won't taste fresher anywhere else. There's nothing like a Maine Lobster, So, please join us for a wonderful time and bring the whole Family."

**Tickets must be purchased prior to the event to insure ample supply. Please call the church office at 860-747-5209 for questions, and to reserve your chicken/lobster dinner by Sept. 10th, 2014. You can also email us at fbc@snet.net**

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**Downtown Block Party**

**Saturday September 13th**

**IT'S THAT TIME AGAIN AT OUR LADY OF MERCY CHURCH**

Hard to believe,, but our **Fall Tag Sale** is coming up soon-

**September 26th & 27th, 9 am to 6 pm.**

You may begin to drop off your donations inside the small garage behind the rectory until September 24th.

Please hold ALL furniture donations until the week of the tag sale, beginning Monday, September 22nd .

We accept all gently used clothing and accessories but are not able to accept magazines, computers or TV's.

**Local Sisters donate their hair to Locks of Love in honor of the Grandmother they never got a chance to meet.**

Davia and Lexi of Plainville donated 10" of their hair to Locks of Love on July 12th 2014 at Hair on the Square in Newington, CT., in honor of their Grandmother they never got a chance to meet.

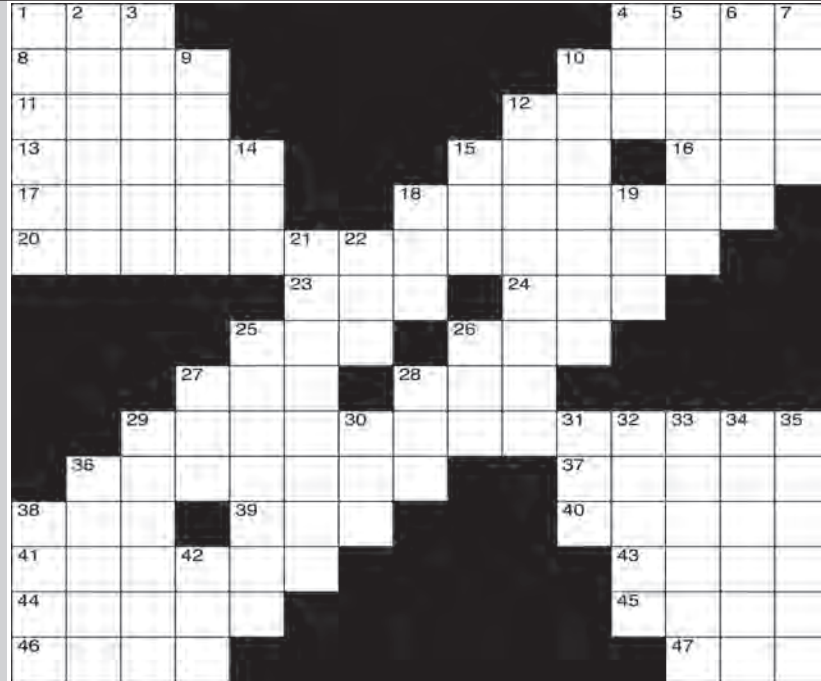
The girls started and planned this tribute down to the nitty gritty even choosing the date being the 17th year of their grandmother's death to cancer. Both girls know Naunie Dawn fought and fought until she could no longer fight and they both know that their grandmother wasn't alone in the fight.

When they found out about Locks of Love and who would benefit from their donation, they were determined to see it through to the end and were excited about being a part of providing hairpieces to financially disadvantaged children in the United States and Canada under age 21 suffering from long-term medical hair loss from any diagnosis.

Both girls understand that their donation will provide to help restore a child's self-esteem and confidence, which would enable them to face the world and their peers.

Davia and Lexi know they have the ability to grow their hair back, so it's not a big deal to them. But, they know it will matter to a lot of other kids because they will finally get to look like other kids, and not feel like an outsider.

CROSSWORD



**CLUES ACROSS**

- 1. SANFORD, FL SCHOOL
- 4. INDICATES OUTER
- 8. CONTAINER COUNTER BALANCE
- 10. DOMESTIC CAT GENUS
- 11. COOLS DOWN
- 12. INTOLERANT PEOPLE
- 13. TAKE HOLD OF
- 15. CORNER BAR
- 16. BY WAY OF
- 17. MICROWAVE AMPLIFIER
- 18. TAKE UP AGAIN
- 20. "HAWAII FIVE-O" STAR
- 23. A SPHERE
- 24. 007'S CREATOR
- 25. DOWNTON ABBEY NETWORK
- 26. RAPPER \_\_\_ LO
- 27. TAXI
- 28. ROMAINE
- 29. MUM OF CHINA
- 36. FROM HAITI
- 37. FATUOUS

**CLUES DOWN**

- 1. MARK OF INFAMY
- 2. OF THE LOWER BACK
- 3. CRIMP
- 4. BRAIN WAVE TEST
- 5. PULLED APART
- 6. LEATHERWOODS
- 7. THESSALY MOUNTAIN
- 9. R. DEVEREUX, 1ST EARL OF
- 10. LEG BONES
- 12. MOST BRANCHY

**CLUES ACROSS**

- 14. FAVORABLE ARGUMENT
- 15. WOODEN PLUG
- 18. STROKE
- 19. FUKIEN DIALECT
- 21. SPECIAL INTEREST INFLUENCER
- 22. MANY NOT ANDS
- 25. POLITICAL ORGANIZATIONS
- 26. BUNCO GAME
- 27. 22ND GREEK LETTER
- 28. METAL CONTAINER
- 29. BEACH SHELTER
- 30. DETECTIVE SPADE
- 31. STRIKE
- 32. ESTABLISH BY LAW
- 33. MASSIVE COMPACT HALO OBJECTS
- 34. UNWIND
- 35. IN A BASE MANNER
- 36. \_\_\_ MASS: ABNORMAL GROWTH
- 38. CANADIAN LAW ENFORCERS
- 42. SCRAP OF CLOTH

**Answer on page 29**

## What's Going On...

### .....60th Birthday Party

Plainville High School  
Class of 1972

Saturday, September 27th  
4:00pm – 11:00pm

So many years have passed. And it seems like just yesterday we were teenagers. We all turn 60 this year and we'd like to celebrate our milestone. Please join your classmates for pizza, appetizers, salad.

Cash Bar Available  
\$25.00 per person

### George's Pizza

9 School Street  
Unionville, CT  
860-673-0421

We hope to see you there

Send your baby photo to enter the contest.

Please forward your photo to  
Leslie (Christensen) Blanchette

222 Tomlinson Ave Plainville Ct 06062

Please RSVP by 9/15/2014

To: Debbie (LeClair) Carello  
(860-747-3486)

LadySlipper53@yahoo.com

### Plainville Chamber of Commerce Golf Outing

Tuesday, Sept. 9th  
Chippanee Country Club  
For information & Sign up  
Call 860-747-6867  
FAX 860-793-1832  
Email: plvchamber@snet.net

### Benefit Holistic Fair at The LOOP

161-B Woodford Ave. on

Sept 28—Sunday, 12–4pm

30 Vendors, Demo's, Speakers  
Books, Readers, Massage, Jewelry, Reiki,  
Essential Oils, Dream Catchers, Natural  
Wellness Supplements, Tarot Cards, Sage,  
Jewelry, Natural Dog & Cat treats, Physi-  
cal Therapist, Dream work, Health evalu-  
ations, Natural Soaps & Candles, Organic  
Skin care, Angelic Stones, Astrology, &  
\*\*\*\*FREE Group Healing Ceremony,  
\*\*\*FREE Food & Tea tastings\*\*\*  
over 40 items valued at over \$500.00  
2 FREE RAFFLES\*

The event is a fundraiser for the  
Plainville Food Pantry &  
The CT Humane Society  
(Pet Food Pantry)

Shirley Bloethe 860-989-0033 or  
ShirleyBloethe@sbcglobal.net  
VENDOR SPACE IS AVAILABLE  
Vendor space please call Shirley Bloethe

**“All You Can Eat”  
BREAKFAST**  
O.L.M. PARISH CENTER  
19 S. CANAL STREET  
Sunday, September 14th  
8 am to 10:30 am  
Donation \$4.00 adults  
Children \$1.00  
Under 6 FREE

Kids Corner~ Surprise

“There are no strangers in Plainville,  
only friends you have yet to meet”

~ Open to the Public ~

Plainville Friends of the Library

## Book Sale

Semi-Annual

Friday, October 3rd  
6 to 8 PM

Admission \$3.00

On Saturday, October 4th  
10 AM to 3 PM

No Admission Fee

Bag Book Sale

2-3 PM on Saturday

There is a large selection of  
books on many subjects, both in  
paperback and hardcover. You  
will find a good selection at good  
prices.

Mark your calendar

### 2014 Sweden Day

Come join us on

Saturday September 13, 2014 for the 109th  
Anniversary of SVEA Social Club!!

Starts at 1 p.m.

Location

999 Kensington Rd  
Kensington, CT 06037  
(860) 828-9447

Swedish Music by Ed Hendela (1-5pm)

Swedish Meatball Dinner

Hamburgers, Hot Dogs, and Sides

Domestic Keg Beer

\$15.00 for Adults

8 and under free!

Swedish Crafts will also be available for sale!

For any questions,

Please contact Kay at (860) 223-7233

or

tkalw@aol.com and sveaberlin@yahoo.com

### Community Foundation Invites Nonprofits “Back to School”

It's back to school for kids, colleges...and nonprofits. Main Street Community Foundation has announced a seminar and a webconference as part of its Nonprofit Education Series. Topics will be liability of directors and officers and fundraising through storytelling.

The seminar will be presented by Susan E. Roberts, counsel at Robinson & Cole LLP in Hartford who specializes in matters of nonprofit organizations. The September 9, 2014 workshop is titled Liability of Officers and Directors and will be held from 9 – 10:30 a.m. at Tunxis@Bristol, 430 North Main Street in Bristol.

The web/audioconference will be held on October 8, 2014 and hosted by the Connecticut Chapter of Association of Fundraising Professionals (AFP). The web/audioconference is titled Incorporating Stories Into Your Fundraising Program and will be held from 1 – 2:30 p.m. at Tunxis@Bristol, 430 North Main Street in Bristol.

Nonprofit professionals, Board members and volunteers serving Bristol, Burlington, Plainville, Plymouth, Southington and Wolcott wishing to attend Seating is limited. Contact Samantha Rajotte, Communications Manager, at samantha@mainstreetfoundation.org or via phone at 860.583.6363 for more information or to register.



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hmtnn@comcast.net Thank You!

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# The Three Rocks

*By Mary Ziccardi*

Growing up, I lived near the mountain before it was Tomasso. My brother Alex and I often walked to the spring at White Oak to drink from the long pipe that came out of the ground.

The water rushed through the pipe constantly and we had to get on our knees and carefully put our mouths near the water to drink.

A kind benefactor built a beautiful stone foundation so we could drink only bending slightly. It didn't last long. We had vandals then as well and soon the fountain was destroyed and we again had to drink from a shorter pipe.

We walked into the woods and followed the path up the mountain. One quarter the way up was a little flat area with a small pond about 20 feet in diameter with Lily Pads on one side and silent, dark murky water. We couldn't see through the water. It wasn't very pleasant and we didn't stay long.

The trail lead up and over to Boy Rock. The view is breath taking. The rock is also known as Stone Face because it has the configuration of a face. Actually an Indian face.

We made our way down to the other side of the rock to View Street and up Ledge Road to Sunset Rock. It was a much different view from Sunset Rock. But still, very beautiful.

Several people have fallen from Sunset Rock with injuries. It was a popular Lover's Lane and cars would go over the edge. There were several suicide attempts and finally the State fenced it off.

For old time's sake, I drove up Ledge Road to find Sunset Rock. Everything was over grown and a forest of trees covered that side of the road. I tried to imagine the scene but to no avail.

For some reason, I was destined to live near mountains and in 1977 my late husband and I built our new home near Pinnacle Rock. People flocked to Pinnacle Rock. I could see groups of people up on the rock most of the time. Easter Vigil Services were held on Pinnacle Rock. We hiked there several times. The view from another direction is also very beautiful.

### The Three Rocks are State Parks.

These beautiful sentinels are constantly watching over Plainville. They can be seen from any direction.

Lately I have noticed the Rocks are empty of people. Bushes and small trees are growing up on them and soon we will not be able to see them at all.

**Take a look now.....**

### St. John the Evangelist Ladies Guild

is accepting applications for their craft fair to be held on Saturday, November 8th, 9AM-3PM.

Reserve your table now!

Tables are \$15 each; space is limited so please call for an application today!

For more information or to obtain an application please call

Marlene 860-223-8668 or

Helen 860-827-0433 or

Pat 860-225-3057.

Thank you, we appreciate your support

# What's Going On...

**FOXWOOD CASINO TRIP  
TUESDAY, SEPTEMBER 9**

**AND MOHEGAN SUN CASINO  
TUESDAY OCTOBER 14**

**\$21 per person**

**Leaving Our Lady of Mercy  
parking lot at 8:00**

**Leaving Casino at 4:15**

**Bonus package included**

**For reservation, contact**

**Sally at 860-747-1732**

**(seats must be paid for prior to trip)**

**Trip associated with AARP Chapter 4146**

**We meet the 3rd Wednesday of every  
month Sept - June @ 1:00**

**at the Plainville Public Library lower level.**

**We invite you to visit us.**

### Plainville United Methodist Church

**56 Red Stone Hill  
is having their annual**

**Roast Pork Dinner**

**Saturday, October 4 th**

**The dinner will be served**

**4:30 to 6:30 pm**

**and will feature glazed roast pork  
with fresh potatoes and vegetables,  
assorted breads and apple crisp  
for dessert.**

**There will be a silent gift basket auction  
Tickets are \$12 for adults, \$6 for  
children,**

**4 and under are free.**

**Reservations are strongly suggested by  
calling the church office at 860-747-2328.**

### TAG SALE

**Sat. Sept. 13th**

**Rain Date**

**Sun. Sept. 14th**

**9AM**

**96 Trumbull Ave**

### CPOA of Plainville

*(Citizens & Property Owners Association)*

**CPOA is a local voice on all town issues.**

We strongly urge voter turnout on all voting issues, including election of town officials and voting on any issues concerning our tax dollar\$\$\$\$\$'s!

We meet the first tuesday of every month at the Plainville Public Library downstairs, at 7 P.M..

**The next meeting will be September 2nd.**

*Newcomers are always welcome.*

### Adult Chess Club Forming

A chess club for adults will be forming at the Plainville Public Library. The "royal" game of chess has been played for centuries. The new club will welcome players of all levels. The monthly meetings will include studies of tactics, strategy, theory and various chess problems. The club will network chess players within Plainville and surrounding towns to exchange ideas of the game, challenge members on the board and improve their playing skills.

The first meeting will be scheduled at the library in the near future. Call the library at 860-793-1446 to add your name to the club contact list.

### Plainville High School Class of 1954

### 60th Class Reunion

**Friday**

**September 12th**

**11:30 am to 3:00 pm**

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## SCRATCH and PECK

By: LEESHA

As a reminder, the following is more or less the last in the series on Plainville churches. Unless we hear from you, the last church in this series to be included here next month will be the Faith Bible Church, located at 168 Unionville Avenue:



**OLM (Our Lady of Mercy):** OLM was established in 1881. Services were first held in John Limbert's Hall, later known as Morgan's Hall (see Methodist Church). the first church laid its cornerstone in 1881 and the first Mass was celebrated in 1882. Prior to that time, Catholics of Plainville were part of a larger Parish centered in New Britain and including towns of Berlin, Bristol, Farmington, Simsbury, Collinsville, and Tarriffville.

The present church was built in 1957. The alter is on the side of the church with pews surrounding it in a semi-circle so that no parishioner is too far away to see the miracle of our liturgy.

An elementary school was built in 1966, which now serves as a community center, church offices, and day-care center. We give space to an AA men's group, and an NA Group by donation.

Local elections are also held in the auditorium, as well as Parish monthly pancake breakfasts; Lions Club breakfasts twice a year.

We have a monthly collection for the Food Pantry, and a yearly collection for the Archdiocese of Hartford to provide the poor with housing, food, clothing, education, and other ministries

In the wider world we send money to the Heifer Foundation in Haiti and to Vietnam for a larger church to be built for a population of 10,000 parishioners. Also, we take up collections for third world countries around the Globe.

We all belong to the body of Christ and honor, praise, and worship our Lord and our God.

**The Church of the Bible** at 160 West Main Street was first established in Plainville in 1948 at the home of Charlotte Turner on Route 177. It started as a small bible study group.

After 1948 to 1969, the Church met at Pastor Johannson's house on this property. At the time it was know as "The White House".

The present Church was built in 1969, and was designed after the pattern of Church of the Open Bible in Burlington, MA. It features a lovely sanctuary, plus library, classrooms, and a meeting room.

Our mission is to reach Plainville with the gospel of Jesus Christ that all might believe in the Lord Jesus Christ as their personal savior and be saved.

As is true to many congregations, our membership has had its ups and downs. We are at a low point now of about 30 members, but trust in God that we will attract many more.

## TEA PARTY PATRIOTS

By Gene

The Patriot Group Tea Party meets every Tuesday from 5:00 - 6:00 on Queen Street in front of Starbucks, Rte. 10, Southington, CT **Please join us!**

### “WAKE UP AMERICA”

“Caliphate” is coming, take off the blindfolds, conspiracy or not?

The Islamic state warned us that it plans to attack America and raise the flag of Allah over the White House. (Remember 9/11?) It will come in different ways. The following are four possibilities, and there are many more or they are already here in disguise:

**1) Pandemic:** Ebola or the plague - spreads quickly? (No antidote)  
**2) Water:** Toxic poisoning of our wells and reservoirs in large areas of the country? (No showers) **3) Food:** The food supply gets held up for a long period of time? (Empty store shelves) **4) Electric:** The Power Grid shut off for two days, or two months or longer? (No TV)

Would you go on vacation when your house is burning, or has been burnt to the ground?

Quotes from the Qur'an (Koran) "As we have seen, the Qur'an's surest guarantee of Paradise is given to those who slay and are slain for Allah: "For theirs in return is the guarantee of Paradise...a binding on him in truth" (Qur'an 9:111)

Western leaders who think non- Muslims can "win hearts and minds" among Islamic Jihad are similarly naive and shortsighted.

Our battle to expose and stop Agenda 21 has grown more intense over the past few months.

More countries and states across the nation are taking action against the dictates of self-proclaimed Stakeholder groups to reject stainability policies. From Virginia to California, citizens are demanding protection of their property rights and more state legislatures are addressing their desmands.

More than 150 American cities have ended membership in the International Council for Local Environmental Initiative (ICLEI), and several communities have now rejected membership in regional councils.

Now is the time to intensify our efforts by educating and training activists to use more effective tools and tactics as they take on the Goliaths that have ruled in the back rooms of state and county governments for too long.

(Excerpts from the Grass Roots Newspaper, August 2014, Volume 5, Edition 10)

(thepatriot@tweny.JR.com) "Quotes from A Michael Reagan column, New Britain Herald, 2010: "This year is critical to our political efforts. The 2014 mid-term elections

will give Conservatives an opportunity to reconnect with voters across the nation and set the stage for an even stronger 2016 cycle".

"What it does mean is that once a Conservative candidate is victorious in the primary, all Conservatives should give them their full support. Moreover, this support must not stop after the ballot has been cast".

"I ask that my fellow Conservatives join together to have a respectful debate during our upcoming primary process and elections".

**Hope many people voted in the Primaries and plan to vote "right" in the fall elections.**

I'll leave you with one thought" "A great civilization cannot be conquered from without, until it has destroyed itself from within." (W.Durant)

## Open Letter to : All Conservatives of America

I've never seen anything like it before.

47 Inspectors General, the official non-partisan watchdogs of the federal government, signed a letter to Congress last week pleading for help.

In their letter, the Inspectors General reported that the Obama Administration has been restricting, blocking or delaying access to important information — making it virtually impossible for them to do their job to investigate possible fraud, waste or abuse inside federal government agencies.

According to these official watchdogs, the Obama Administration has been blocking access to information and it's leaving the agencies "vulnerable to mismanagement and misconduct."

That's why all we've seen coming out of Obama's Administration is a laundry list of scandals and transparency failures, such as: Operation Fast and Furious gunrunning into Mexico, the false narratives on Benghazi, the "lost" IRS emails concerning the targeting of conservatives, and the potentially deleted HHS emails about the botched rollout of ObamaCare.

But to Obama, these are just "phony scandals," and he and his liberal allies go to great lengths to distract, deny or shift the blame.

These events aren't isolated incidents — or even just coincidences. They are indicative of a systemic, fundamental problem with transparency at all levels and throughout agencies in Obama's Administration.

It's unacceptable and I won't stand for it! Will you?

As Americans, we deserve a government that is accountable to us and that spends our tax dollars responsibly. We have a right to know how they are spending our money and who benefits.

The fight for transparency from this Imperial President and his liberal allies in the bureaucracy isn't over. It's just getting started — and we need you in the fight.

Stand with conservatives across the country and vote to elect Republicans to the House and Senate.

Thanks for your support, Congressman Darrell Issa

"What is a madcap heiress? One with millions of dollars and no sense"

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# Living Healthy Chemical Free If You Had A Headache.... Would You Drink Antifreeze???

**Donna Ziccardi Gross**



Fall certainly came early this year and with it my Fall allergies. A couple weeks ago I was suffering from a Sinus Headache that would not go away no matter how many aspirins I took. So, of course, I blamed the aspirins.....they are not strong enough; they are generic and I need one of those fancy brand name aspirins. So Jeff drove me to Walgreens where we found ourselves in Aspirin Heaven.

There were so many brands to choose from.... Bayer, Excedrin, Aleve, Advil just to name a few. I saw a box of Excedrin Extra Strength and thought that is just what I need. Extra Strength. I was on day 4 of my headache and extra strength sounded comforting. So I automatically looked at the ingredients list and in amazement I saw listed "propylene glycol". Propylene Glycol? Why, that is antifreeze! Isn't antifreeze poisonous if ingested? And I soon discovered Propylene Glycol is a common ingredient in most aspirins....along with shellac, Titanium Dioxide, SLS and many other toxic and carcinogenic ingredients. I was amazed. How does a company get away with putting antifreeze in aspirins? I soon discovered that it is even FDA approved. What exactly does "FDA approved" mean anyway? If you pay me enough money I will let you get away with murder?

So I decided not to purchase any aspirins laced with antifreeze and went home to check the ingredients on my cheap, generic aspirins. The brand is TopCare, 325mg of Aspirin/tablet. It did not contain antifreeze, or shellac, or any of the other ingredients that were listed on the "brand name" aspirins which are known to be toxic and to cause a number of adverse side effects. But what my brand of aspirins DID NOT have was caffeine, which the other brands did have. So, I placed 3 more tablets of my cheap, generic aspirins in my hand and drank them down with a cup of "organic" coffee. In about 10 minutes I could feel my headache start to go away. Coffee is "key". The caffeine in coffee acts like a high powered delivery system to get the aspirins into your system.

But being the little Sherlock Holmes that I am, I went to my computer to see how antifreeze got into the production of aspirins. And much to my amazement, I found that Propylene Glycol (PG as we will call it here) is in practically EVERYTHING! It is in candy, gum, breads, baked goods, make up,

skin care products, DOG FOOD?!, medications, salad dressing, baby wipes, deodorant.....it was even in the Table Talk Pie my mother was eating. I grabbed the box and there on the back....next to the words "Baked with Pride by Table Talk Pie"...was the ingredients list and PG was listed. Miralax, given to people with IBS, is made entirely of Propylene Glycol. So many people have ended up in the hospital after taking Miralax that the FDA has put it on a "list" of products that can have severe side effects. How special. Why not "ban" the product as being hazardous to your health?

The people at the FDA decided that tiny amounts of PG was not really going to hurt you. Oh, it is toxic, but in teeny-tiny amounts things should be fine. The fact remains, it is still toxic. It is still a poison. And it accumulates in your body. And the fact remains that it is in practically EVERYTHING... even in your hand sanitizers, e-cigarettes, laundry detergents. It is fed to cows and sprayed on produce. So by the end of the day, your body has consumed, absorbed and accumulated a large amount of PG, enough to become toxic and harmful to your health. And that is why people are now having allergic reactions to anything with Propylene Glycol in it. People are starting to get sick. A lot of them are not connecting the dots and do not realize that the bread they eat, the make up they use, the e-cigarettes they suck on, etc. are the reasons why they are developing skin problems, allergies, breathing problems, kidney disorders, joint pain, headaches and the list goes on and on. But, there are many people who do make the connection between products with PG and adverse side effects. Cynthia Albertson writes, "I have found that my severe migraines and weird body aches have almost disappeared since I figured this out and started avoiding PG. To add, watch coffee...it is used (PG) for extracting flavor, especially in blends and flavored. Also anything that sprays, such as Febreze, Lysol, hairspray."

As in the case of Aspirins, the popular brands that are advertised on television may not be your safest choice. If one really wants to go back to basics, try taking the herb White Willow Bark as an alternative to aspirin. It has pain relieving and anti inflammatory properties. Actually, salicylic acid (aspirin) is derived from white willow bark. It comes in a tea or in a capsule form and can be purchased at your local health food store or on line. I order my organic herbs from Oregon's Wild Harvest at [www.oregonwildharvest.com](http://www.oregonwildharvest.com).

I hope I have lighted a fire in your mind. Please be careful when making your purchases. Always read the ingredients and educate yourself as to what these ingredients actually are. And always remember, it is safer to live healthy chemical free....

*Please visit my blog at [www.livechemicalfree.blogspot.com](http://www.livechemicalfree.blogspot.com). All comments are welcome.*

# AARP, CONSUMER ADVOCATES OPPOSE CL&P RATE HIKE REQUEST Organizations Urging Residents to "Make your voice heard before CL&P raises your rates!"

- AARP Connecticut and Connecticut Consumer Action Group (CCAG) are urging residents to contact the state's Public Utilities Regulatory Authority (PURA) and tell them to reject what they call an "unfair and unreasonable" rate request by the Connecticut Light and Power Company (CL&P) that would increase an individual customer's bill by an average of \$150 a year.

Right now, PURA is considering CL&P's request for a \$231.5 million rate hike that would increase each customer's bill by an average of \$150 a year by:

- 1) Raising a customer's fixed monthly charge by \$114 a year. This means customers will pay \$114 more for electricity, regardless of how much electricity they use, or how much energy they conserve to try to keep their bills low.
- 2) Increasing the cost of kWh/month so that, on average, customers will pay an extra \$35.76 a year. Kilowatt hours per month are based on the amount of electricity a customer uses.

CCAG Director Tom Swan said, "Connecticut residents already pay some of the highest electric rates in the country. Now they are being asked to pay more whether they use any electricity or not. If you've had enough of high electric rates, now is the time to speak up and make your voice heard."

"AARP is fighting hard against unfair rate hikes, but we need residents who will be impacted by this increase to raise their voices before CL&P raises their rates," said Erlingheuser.

**AARP and CCAG are urging residents to take action by sending an email to PURA to oppose the rate hike. AARP has set up a special "Action Page" where residents can submit an electronic letter directly to PURA. The URL or call the AARP, Hartford Office**



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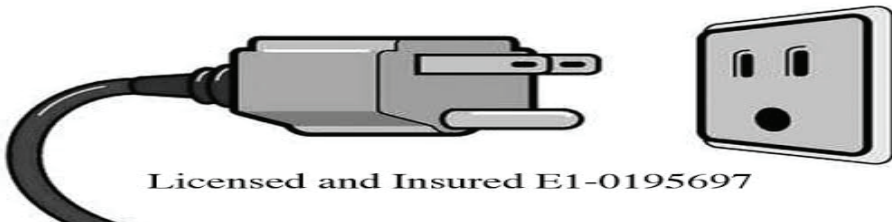
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# Healthy-Behaviors

By: Linda Coveney, Certified Health Coach, AADP

## Back to School!

September signifies the end of summer and the beginning of the academic year. Time to buckle down to focus on the many tasks on hand.

While you are putting away those summer clothes, take a moment to reflect on the gems you learned about yourself while soaking up the sun. During summer vacations, we become child-like in our experiences. We tend to laugh more, move more, and spend more time with family and friends. It's a carefree time. We wake up, put on shorts and tee shirts and head out the door, anxiously awaiting the freedom of the new day.

"Man is most nearly himself when he achieves the seriousness of a child at play." Heraclitus, Ancient Greece – 500BC

Summer is a time of play and reflection. When we play, we open ourselves up to experience joy and increased creativity. During quiet moments, we have a chance to listen to what really motivates and inspires us. Both play and reflection, unburdened by a strict schedule, can open our eyes to what is in our heart. We think about the path we are on, are grateful for what we have, and consider the possibilities that await us. Should these dreams and feelings get packed away only to emerge again for 2 short weeks next summer?

If we put so much emphasis on getting back to work or school, I wonder if we miss the lessons of summer.

- What did you learn about yourself this summer? Were you surprised at the ease you could engage in physical activities or did you feel like you were held back by extra weight or lack of exercise?
- Did you find it easy to explore new foods? Did you take advantage of all the Farmer's Markets and try new fruits and vegetables? Did you have more energy from these healthy foods?
- Did you build your self-confidence by doing more things that might be outside your comfort zone?
- What decisions did you make about how you want to feel and what habits you want to let go of and which ones to continue?

As you move forward to a new season, decide what healthy habits and experiences you want to enjoy all year long. Find a way to blend them into your lifestyle each day. Don't save healthy eating and exercise for when you want to lose a few pounds. It might be only a short term victory and counterproductive in the long term. It's best to decide to enjoy a balanced diet of colorful, nutrient rich, primarily whole foods each day.

### Here are some suggestions:

- Apples are great this time of year. While fruit does have natural sugar, it also includes fiber that aids digestion.
- Walnuts, a great fruit of the forest! They are a high density source of nutrients, particularly proteins and essential fatty acids. We'd have to be a little nuts not to eat them. Just because something is good for you, of course, doesn't mean you can overdo it. Limit your quantities.
- Learn to love brown rice. Brown rice is high in fiber, extremely low in sodium, and is composed of 80% complex carbohydrates. Because brown rice is a whole food, it takes longer to digest than white rice, providing the body with sustained energy throughout the day.
- If you're hungry, drink more water. Cravings for food are the same as cravings for water.

### Fall Recipe: Maple Fruit Compote with Honey-Ginger Toasted Nuts

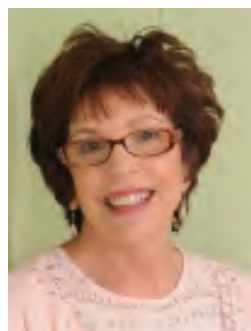
Serves: 4

#### Ingredients:

2-3 apples, 2-3 peaches or pears, 2 tablespoons maple syrup  
 1/2 cup raisins, Juice of 1 lemon, 1 teaspoon ground cinnamon, 1 cup walnuts or nuts of your choice, 1/2 teaspoon fresh ginger, minced, 2 tablespoons honey

#### Directions:

1. Wash, core and chop fruit into slices or chunks.
2. Place in a large saucepan with 1/3 cup of water. Add the maple syrup and raisins.
3. Cook over medium heat, stirring occasionally, for 10 minutes.
4. Add lemon juice and cinnamon. Cook for another 10 minutes, until soft.
5. While fruit is cooking, place chopped nuts in a skillet over medium heat and toast, stirring often, for 5 minutes.
6. Drizzle honey over the nuts and add ginger, but keep stirring since the honey can easily burn.
7. Top warm fruit with toasted nuts and enjoy!



Linda Coveney is an AADP Certified Health Coach who provides one-one coaching and group wellness programs.

Her advice and articles are not meant to replace a one-on-one relationship with a qualified health care professional, and they are not intended as medical advice. You can reach her through [www.healthy-behaviors.com](http://www.healthy-behaviors.com) or [lindacoveney@healthy-behaviors.com](mailto:lindacoveney@healthy-behaviors.com).

Loneliness and the feeling of being unwanted is the most terrible poverty-----Mother Teresa



# "I.T. Jim's" .... Back to School Smartphone Apps & Programs

It is that time of year once again when students head back to school for another year of education. Here are some helpful apps and programs that might be useful.

**Microsoft OneNote:** Free for Windows, Windows Phone, Mac, iPad, iPhone, Android, Amazon, Web

Onenote is one amazingly feature packed piece of software. It has been a part of Microsoft Office for several versions. It was a hidden gem that few knew about. However with tablets and smartphone popularity skyrocketing, Onenote has become a versatile tool that anyone can find value in.

In its basic form Onenote is note taking software and a planner. You can type notes, hand write notes (on tablets or smartphones), copy and paste text, take photo, video, and audio notes. All of the information you add to it is searchable. Even text in photos and documents.

**Here are some features that stand out.....**

- To Do Lists – Insert checklists
- Create tables and charts
- Add links to websites, take clippings of websites.
- Print from any program to OneNote using a OneNote printer
- Do ‘napkin’ math right in the notebook

The best feature of all is the ability to sync all of your notes between your home computer, laptop, tablet, and smartphone. Having all of your notes available on any device is tremendously helpful.

OneNote is free and available on any smartphone, tablet, Windows or Mac computer.

**Student planners:**

- iStudiez Pro for iPhone & iPad: \$2.99, Mac: \$9.99 (istudentpro.com)
- myHomework Student Planner for Android: Free app with in App purchases (myhomeworkapp.com)

Both of these apps offer tools for students to plan and schedule classes, homework and report due dates, and study time.

**Simple Mind:** Android, iPad, iPhone, and Desktop. Free and Pro versions available. (simpleapps.eu)

Simple Mind is a great tool for brainstorming, collecting ideas and thoughts. It can be used to put together ideas for reports and term papers.

**Circle of 6: Free for iPhone and Android**

Circle of 6 is a tool you can use to connect with trusted friends when a potentially dangerous or violent situation arises. Designed for college students, a couple of taps can send a message to your friends requesting a ride home, an interruption. Pre-set icons are added to your phone that send automated messages to pre-determined individuals. For instance, a car icon can be set with a pre-set text message reading “Come and get me, need help getting home safely”. It will send the message along with your location on a map to your pre-determined circle of friends.

**Interactive Periodic Table of Elements**

- The Chemical Touch for iPhone and iPad: \$0.99 (openscience.org)
- Periodic Table for Android: Free with in app purchase (bit.ly/1cEd5Yq)

Fully interactive table with detailed element properties including atomic mass, density, melting point, boiling point, atomic radius, and electronegativity for all elements in the table.

**Shakespeare Complete Works** for iPhone, iPad and Android (playshakespeare.com)

The complete works of Shakespeare (41 Plays, 154 Sonnets and 6 poems) is completely searchable.

**Dictionary.com App** for iPhone, iPad, Android, Amazon, Windows PhoFree (dictionary.reference.com/apps)

A full dictionary that includes 300,000 synonyms and antonyms, Word of the Day, and voice activated search.

**Microsoft Office 365 University** for Windows 7, 8, 8.1 and Mac OS 10.6 or later: \$79.99 for FOUR years! (bit.ly/1f4i9Su)

Perhaps one of the biggest no-brainers for college students and staff is Microsoft Office 365 University. For \$79.99 you get full versions of Microsoft Word, Excel, PowerPoint, OneNote, Outlook, Publisher, and Access for up to 2 devices. Also included is 1 Terabyte of storage on Microsoft OneDrive, a cloud storage and file sharing tool, 60 Skype minutes per month to call mobile phones in 8 countries and landlines in over 60 countries. It also comes with free updates, new versions, and support all for four years.

Yes, that is a four year subscription to Office 365 for only \$79.99. Full and part-time students, faculty, and staff of qualified accredited higher education institutions are eligible.

This is just a small sampling of thousands of helpful apps and programs available to help students through the school year. Or, just use these apps to improve and expand your knowledge.

**If you have any questions about this article or have suggestions for future articles please email me at jim.phc@gmail.com**

**PLAINVILLE**

394 Cooke St.: Ian M. and Jill S. Dunn of Plainville to Romelieta A. Arroyo, \$222,000 on 06/16/2014

17 Farmington Ave., Unit 6: Linda A. Holian of Plainville to Diamond Development Corp, \$45,000 on 06/17/2014

55 Homestead Ave.: Melissa V. Tentoni of Plainville to Stacia Cardillo, \$173,000 on 06/19/2014

Route 72: Connecticut State Of of Plainville to Joseph Myszkowski and Acton Tsonga, \$24,000 on 06/20/2014

13 Ashford Road: Stacy A. Dappollonio of Plainville to Lisa J. Fayer, \$135,500 on 07/03/2014

24 Beechwood Road: David E. and Deborah A. Quinlan of Plainville to Mariusz G. Kucharski and Maria K. Kucharska, \$229,000 on 07/03/2014

41 Cody Ave.: James G. and Susan Bradanini of Plainville to Craig Fiske, \$185,000 on 07/01/2014

63 Franklin Ave.: Bruce A. Charette of Plainville to Roger L. Call, \$260,000 on 07/02/2014

24 Ivy Road: Jeffrey L. and Daphne Adams of Plainville to Henry G. Slapski, \$250,000 on 06/30/2014

3 James Place: F 1 Ventures LLC of Plainville to Shawn M. and Lindsay B. Griffin, \$389,600 on 07/03/2014

Lena Avenue (rear): Manafort Family LLC of Plainville to Corriveau Custom Homes, \$90,000 on 07/01/2014

28 Lincoln St.: William T. and Michele A. Dunn of Plainville to Cherie Whitford, \$144,000 on 07/01/2014

66 Maria Road: John W. Nilson of Plainville to Mark J. Poppel, \$276,900 on 07/01/2014

131 Milford St., Ext Unit 6b: Midfirst Bank of Plainville to Hilary E. Crane, \$56,089 on 07/01/2014

30 Rockwell Ave.: Lindsay B. Griffin of Plainville to Joe R. and Danielle Afonso, \$191,000 on 07/01/2014

172 Rockwell Ave.: FNMA of Plainville to House Ventures LLC, \$102,000 on 06/30/2014

6 Testa Drive: Genevieve Rondini and Marion S. Marino of Plainville to Christopher T. Baran, \$205,000 on 06/30/2014

1 Town Line Road, Unit 3: Stephen S. Hill of Plainville to Paul Bogdanski and William Costello, \$85,000 on 07/01/2014

19 E. Maple St.: Agustin P. and Lilia Gomez of Plainville to James M. and Pamela J. Lenois, \$150,000 on 07/21/2014

86 Ledge Road: Helen Sesenko and Paul Mansion of Plainville to Suzanne Spagna, \$239,500 on 07/21/2014

35 Macarthur Road: L E Properties&Investment of Plainville to Steven A. Beaulieu, \$161,000 on 07/25/2014

80 Orrin Ave.: Matthew R. and Nora A. Ainsworth of Plainville to Steven K. and William J. Wells, \$285,000 on 07/24/2014

15 Summer St.: James M. and Pamela J. Lenois of Plainville to Amber L. Lenois, \$140,000 on 07/21/2014

## Plainville Real Estate Transfers

## BOUNTIFUL BASKET COMPETITION

The Plainville Community Fund is holding the Bountiful Basket Competition again this year at the Downtown Block Party being held on Saturday, September 13th . organizations, groups and individuals are invited to participate by putting together a “THEME BASKET”. Some thoughts on a theme are Travel, Game Night, Cooking, Reading, Boys, Girls, Pets, etc. Last year’s 1st place winner was Grace Lutheran Church “Party time again and again and again”

The 2nd place winner was Faith Bible Church “The Lobster Claw”. Attendees judge the baskets, so join in the fun and show your talent by coming up with a “THEME BASKET” All proceeds from the Bountiful Basket Competition go towards local charities and organizations in the Plainville Community.. For more information contact Robyn Poulos at 860-747-2386

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## ANOTHER LANDMARK GONE

by Roberta Lalama



Sadly, another piece of Plainville's history has succumbed to the ravages of Father Time and Mother Nature. The town's second oldest and/or second largest Elm (*it depends on who you ask*) has come down. The first is said to still stand in Norton Park.

It has been a landmark on Bohemia Street for longer than any resident can remember. The tree rings put it at about 106 years old. It was well over 100 feet with a broad and sheltering canopy. At the base it was about 4-1/2 in diameter with a circumference of 13.1/2 feet.

You may ask if it was necessary to take it down. Yes! The previous and present owners have had it pruned and trimmed to try to preserve it. However, due to high winds, snow, and ice, the branches have continued to fall from the upper reaches. One hangs over power lines and several cars have been slightly damaged. The death knell sounded when a seven year old girl on her bicycle (*wearing a helmet*) was nearly hit by a falling branch.

Have a safe Labor Day



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## GROWING UP IN PLAINVILLE

and reminiscing...By Bob Doolittle

I was born and grew up in Plainville. Now, closing in on 70 years old, you now and then look back at how things were in the 40's and over the years, 'til today.

Children today, if told of the "good old days" would wonder how did we survive. There were no TV's until the 50's, and they were black and white and you had a test pattern in the morning and at night when no signal was broadcast and you needed an antenna to get the signal. Phones were plugged into a box on the wall, and you stayed there to talk on the phone. Most people had a party line, and all long distance calls went through the operator. Most houses had a radio and a record player to listen to.

We, as most people, had milk, bread, delivered to our house. The insurance man came and picked up the premium. The produce man and the rag man came up and down the street selling their wares. The coal man came and delivered coal for heat, and some houses still had an "ice box", not electric, so the iceman delivered ice to them.

The Police Department was in the now Historic building with City Hall there also. The police moved to Stillwell Drive to what is now the Senior Citizens gathering place and a small court room was attached with the Police Station through a breezeway. In those days, the police actually had an officer walk the beat downtown.

Plainville Center was thriving back then. There were two drug stores, Roger's Bakery, Yale Cleaners and Tailoring, a small grocery store, Margonelli's Paint, a bar, a package store, Garfield Jones Men's Shop, (they added a ladies shop when the corner drugstore moved to West Main Street), James's Hobby Shop, Deluxe Restaurant, a shoe repair shop, Marion's Corset Shop, a barber shop, Palace of Sweets, Charles 5 & 10, and Mundy's Shoes.

For entertainment, Plainville had one drive-in, one movie theater, two duckpin and 1-10 pin bowling alleys. We had Tinty's Stock Car racing. Tinty also hosted the circus on his property when they came.

On most of the residential roads in town, the town, in the Spring, would spread sand and oil on the roads, which filled in the pot holes and made the roads smooth again. You burned your paper trash in a 55-gallon burn barrel in your back yard. Fall leaves were usually burned in the road gutter, or on your garden.

There were a lot of empty building lots on most of the streets, and as kids, we played ball in some of the bigger ones.

Before my time, I was told Plainville also had a Sulky Track. I do remember seeing some of the remnants of it; parts of the track could be seen on some of the vacant lots.

Plainville and the world has changed, and mostly for the better. Today, without cell phones, computers, color TV's with 24-hour broadcasting, I-pads and all, a lot of people would be lost. We have become a fast-paced society, but it is still nice to look back to see where you came from.

## Law Offices of Bruce Morris

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email: lobm1@comcast.net

**"When you're drowning, you don't say 'I would be incredibly pleased if someone would have the foresight to notice me drowning and come and help me,' you just scream."**

**-John Lennon**

I'm pleased to announce that the Petition in the Park held in July, has helped secure a spot in this upcoming election, for the 22nd District house seat. I can't say thank you enough to those that signed the petition, and shared their views. The cross section of residents that signed the petition was vast and fills me with confidence that the 22nd District can send the message to Hartford that government should run in a more efficient, responsible manner. Regardless of party affiliation everyone shares the common goals of seeing our government run better than the last 20 years have seen.

I don't want to sound like an alarmist when I point out the unfunded liabilities we keep pushing down the road, to be paid another day (with interest). Or pointing to our transportation system that is badly in need of repair, and we have one of the most unfriendly business environment in the country. I'm not talking about the fact that we are one of the worst places to retire because I'm trying to paint our leaders as these evil people, trying to make life as tough as can be in Connecticut. I'm just pointing out what the last 20 years of government has led us to.

It has been made very clear the mountain I chose to climb, is one most wouldn't challenge. The relationships my 2 opponents have with the community span back before I was even born. I'm just hoping that the community involvement I've had the last 7 years, through coaching soccer and basketball, will at least give me a foot in the door to have my ideas and information heard.

This November you'll have a simple choice; keep things the same in hopes of a different outcome or send the message to the rest of the leaders in Hartford, to get the act together for the future of this state, or they'll find themselves out of office.

I'll also be continuing my trek around town in the weeks following the Balloon Fest, as well as some Meet the Candidate events in September and October. Visit rickbroderick22ct.com to see when I'll be in your neighborhood and where you'll be able to find me over the next few months, along with articles presenting my views on the issues facing our State. I don't have \$27,000 of the taxpayers money to run my campaign and rent a campaign headquarters. My campaign office is my website, email address, book-bag and dining room table. I have confidence in the citizens of the 22nd District, that we can send a message to Hartford this November. I look forward to meeting and listening to more of you as the weeks progress.

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**Ken Crowley Honored by  
Central Connecticut Chambers of Commerce**

**2014 Ford F150 Regular**



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The Central Connecticut Chambers of Commerce honored local businesses and organizations at it's 125th Annual Awards Dinner Tuesday, June 17th at The Aqua Turf Club. Ken Crowley was awarded the 2014 E. Bartlett Barnes Distinguished Service Award by the Central CT Chamber of Commerce. The E. Bartlett Barnes Distinguished Service Award is given to an individual that is seen by their peers and the community as having provided a never ending contribution to the economic success of the community and the region. The list of past winners reads like a history book of the community and Ken Crowley was honored with a much deserved place in that long line of Bristol's business leaders.

"Wow, you people really know how to get somebody's attention," said Crowley as he received the chamber's highest honor. "I was blown away when I found out this was happening to me and I certainly did not see it coming. You're honoring me for a lot of things we, meaning my employees, have done. They do all the heavy lifting and are always ready, willing and able to help."

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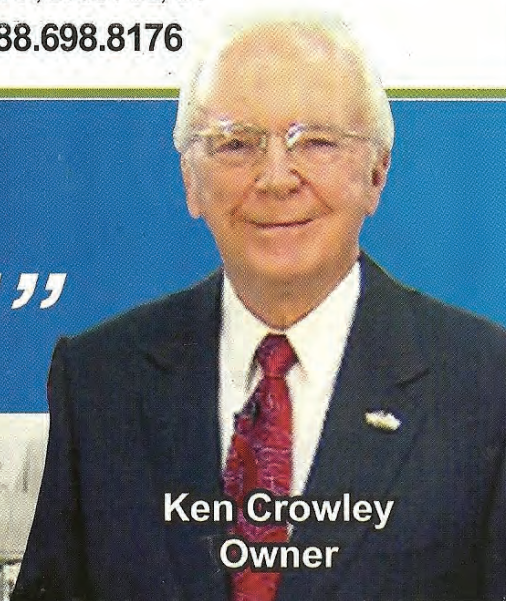
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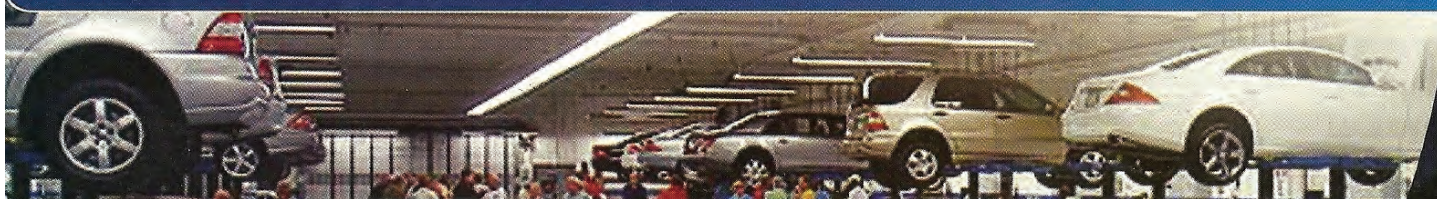
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Top photo Elizabeth Sastri, owner; bottom left Iwona Wider, Care Coordinator and Dee Babkirk bottom right Marketing & Sales.

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For more information on the Plainville Chamber of Commerce, please contact the Chamber office at 1 Central Square or Phone 860-747-6867.

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# Dental Health

by: David R. Edelson, D.M.D.



If there's one thing that all dentists have in common, it's that they regularly see young patients with tooth decay. Roughly 42 percent of children ages 2 to 11 have had decay in their primary teeth, while approximately 32 percent of children ages 9 to 11 have decay in their permanent teeth. Although it's vital for all patients to brush and floss every day, children in particular can improve their oral health by adding xylitol to their daily oral hygiene routine, according to an article published in the July 2010 issue of AGD Impact, the monthly newsmagazine of the Academy of General Dentistry (AGD).

Sugary foods and sticky candies can be difficult for children to resist, but they are a serious source of tooth decay, particularly when they get stuck in the crevices between teeth. Additionally, many children consume large **amounts of soft drinks and sports drinks, which are** known to have a high acidic pH and sugar content—a recipe for disaster in terms of tooth decay. These dietary factors—combined with the possibility that children are drinking more unfluoridated tap or bottled water—might explain why the

rates of tooth decay are rising.

However xylitol gives dentists another weapon in the battle against tooth decay. Xylitol provides a simple solution for tooth decay in children. It's a natural sugar that doesn't cause cavities and can actually help to prevent them.

Xylitol is a sugar alcohol found naturally in trees, fruits, and vegetables. It's also found naturally in the human liver, which is why it is safe for humans to consume. Unlike table sugar, which breaks down in the mouth and creates an acidic, cavity-promoting pH, xylitol does not break down and therefore does not create any harmful acids.

Xylitol can be found in an array of products—including candies, mints, lemonade mixes, all-purpose sweeteners, and certain brands of chewing gum—which can help patients fight cavities without forcing them to drastically change their daily oral hygiene regimen.

Research suggests that patients should consume between six and 10 grams, or three to five servings, of xylitol per day. It's also important for patients to

consume xylitol throughout the day and not all at once. The more often that xylitol interacts with the bacteria in your mouth, the better—that way, it's always fighting cavities.

While there is no quick fix for eliminating tooth decay, xylitol may offer a realistic way to counteract the problem, especially among the most vulnerable populations.

Parents may wonder why a dentist would recommend that their young patients consume a sugar-like substance but with more education, they will realize that xylitol is a natural product that can help to prevent cavities.

Although xylitol is safe for humans, it is important to note that there is one population—a furry one—that cannot tolerate the sweetener. An article published in the February 2010 issue of AGD Impact reports that, even in small amounts, xylitol can be deadly to dogs.

For this reason, it's important to keep xylitol-containing products out of your canine's reach.

## THE JEFFERSON CORNER



“And to preserve their independence, we must not let our rulers load us with perpetual debt. We must make our election between economy and liberty, or profusion and servitude. If we run into such debts, as that we must be taxed in our meat and in our drink, in our necessities and our comforts, in our labors and our amusements, for our callings and our creeds, as the people of England are, our people, like them, must come to labor sixteen hours in the twenty-four, give the earnings of fifteen of these to the government for their debts and daily expenses; and the sixteenth being insufficient to afford us bread, we must live, as they now do, on oatmeal and potatoes; have no time to think, no means of calling the mismanagers to account; but be glad to obtain subsistence by hiring ourselves to rivet their chains on the necks of our fellow-sufferers.”

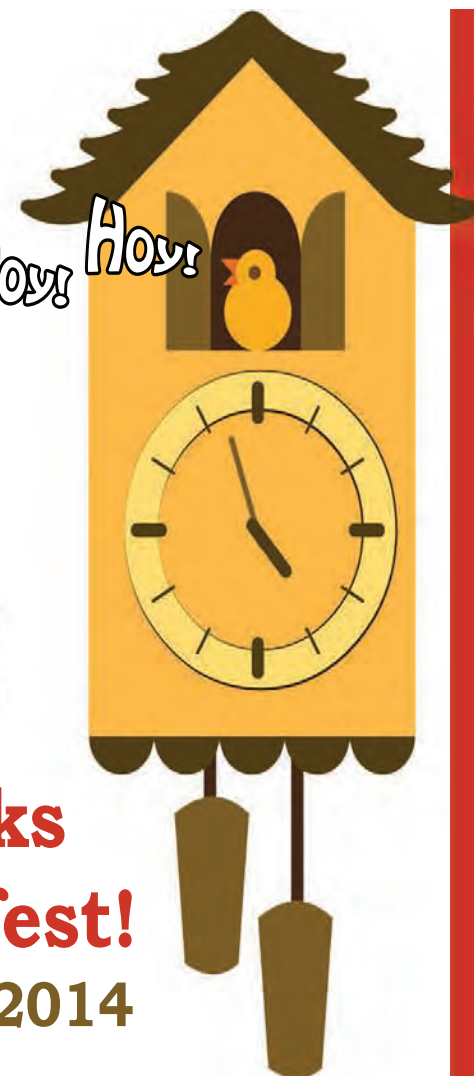
— Thomas Jefferson, Letters of Thomas Jefferson

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*This offer of FREE ads by PALS POWERWASHING are just for you!* So, this is an opportunity to sell items you no longer need and/or an opportunity to buy items that you wanted but didn't think you could afford. All other newspaper's Classified Ads are mostly for out-of-town ads. Now, you can advertise your excess items and/or shop right here in Plainville. Deadline for the ads is by the 15th of each month. Call Janice at 860-747-8126 or 860-747-4119 or email: hmtnn@comcast.net. Ads must be 25 words or less.

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## MICHALIK OFFICIALLY QUALIFIES FOR PUBLIC FINANCING

State Senate Candidate Rob Michalik announce he's received a grant from the Connecticut Citizens' Election Program

After having received more than 400 small donations from residents in Bristol, Harwinton, Plainville, Plymouth, and Thomaston, Democratic State Senate candidate Rob Michalik announced today that his campaign was awarded a grant through the state's Citizens' Election Program. The State Elections Enforcement Commission approved Michalik's grant application, which he submitted in late July.

"I am humbled by the outpouring support from local residents" said Michalik. "I promise to work tirelessly every day to ensure a better future for our community. This will be a campaign about the issues that are most important to the people of the 31st district."

The Citizens' Election Program is a voluntary system of public campaign financing that is designed to encourage citizen participation and limit the role of private money in politics. To participate in the program, candidates must raise small qualifying contributions and agree to adhere to spending limits and disclosure requirements. In order to qualify, the candidate had to raise \$15,000 with donations ranging from \$5-\$100. The grant awarded is \$94,690 resulting in a total of \$109,690 available for campaign expenditures.

In state senate races, candidates must receive at least 300 in-district donations to qualify. With more than 400 contributions, Michalik far exceeded the necessary threshold.

## SEPTEMBER BIRTHDAYS

"HAPPY & HEALTHY BIRTHDAY TO ALL!"

- 1ST MARY ZICCARDI  
MARILYN MAY  
DONNA GERVAIS
- 3RD JOHN BERGENTY, JR.
- 4TH MARYLOU FERNANDEZ  
JEAN BUZANOSKI
- 6TH KAREL ZETTERGREN  
WENDELL COPELAND
- 8TH STEVE MARTINO  
MALCOM SOUCIE
- 9TH RITA BOLTON
- 10TH EVAN GUIMOND  
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- 12TH DANE ZETTERGREN
- 13TH LYNETTE HIDAY  
JIMMY TUFTS
- 14TH JOAN BERGENTY  
RENE ZARRELLA
- 16TH JOE PASSARETTI
- 17TH TRUDY KIJANKA
- 21ST ROBERT FRAZEE
- 23RD CAROL DAVENPORT
- 22ND MADELINE BOUGHTON
- 24TH BILL CASSIDY  
BRIANNE BERGENTY  
NANCY O'TOOLE
- 25TH JACK CASSIDY  
BOB ANDERSON  
JOANNE EDMAN
- 27TH RINO LEVESQUE  
JEAN LOMBARDO
- 28TH MICHAEL GIULIANO
- 29TH MARC MILO
- 30TH ALEX EDMAN  
ADAM PETERS



## TASTE BUZZ..... CHOCOLATE CAKE

2 SQUARES UNSWEETENED CHOCOLATE (2 oz.)  
1/4 cup boiling water  
1/2 cup butter  
1-1/2 cups sugar  
4 egg yolks, beaten  
4 egg whites, stiffly beaten  
2 cups sifted flour  
2 teaspoons baking powder  
1/2 cup milk  
1 teaspoon peppermint extract  
Two 8-inch pans. Preheat oven to 350 degrees.  
Melt the chocolate and water over hot (not boiling) water. Set aside to cool. Cream butter and add sugar gradually. Beat until light and fluffy. Add egg yolks quickly. Add chocolate. Resift flour and baking powder. Add flour and milk alternately beginning and ending with flour. Fold in egg whites gently. Bake in well-buttered pans 20-25 minutes.  
Submitted by Avis Flanders

## Wheeler to Host Informational Session for Prospective Foster Parents September 9, 3-5 p.m., 88 East Street

Wheeler Clinic will offer an informational session for prospective foster parents on September 9 at 88 East Street, Plainville, CT from 3:00 p.m. to 5:00 p.m. This no-obligation event provides information about Wheeler's foster care program. Mature adults who are single or married, working or at home, are encouraged to become foster parents. Those who are interested can stop by the session to learn about foster care without making a commitment of any kind. Wheeler's team of experts coordinates services for youth from diverse backgrounds with the goal of providing a nurturing home and a structured environment. Families are part of a team of professionals and are provided with financial support and training to ensure they are well-equipped to meet the needs of youth in their care.

### About Wheeler Clinic's Foster Care Program

Wheeler Clinic's Foster Care program, funded by the Department of Children and Families, provides 24-hour support to families and youth. The lives of these youth have been disrupted for reasons including neglect, abuse and abandonment. Wheeler Clinic's program provides a higher level of care and resources, including supports to meet their needs and help them heal from trauma.

For information, call 860.793.7277, or email FosterCarePrograms@Wheelerclinic.org.

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West Main Street

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### Residents Celebrate 60th Anniversary



Longtime Plainville residents Al and Jet Racine celebrate 60 Years of marriage and 5 Generations. Al and Jet Racine moved to Plainville in 1961 after being born and raised in Brunswick, Maine. Al worked for Pratt and Whitney Machine Tool in West Hartford and Jet worked at the UCONN Bookstore in West Hartford. Both are now sharing and enjoying retirement while still residing in their Plainville home. They raised three children Sue Cyr, Debra Vazquez and Rick Racine (picture attached) and are blessed with 3 grandchildren Jennifer Ruot, JJ Cyr and Nikka Vazquez; 10 great grandchildren; 1 great great grandchild; family pets and friends. On July 24th 2014 they celebrated their 60th Wedding Anniversary at a small private gathering at the Stonewell Restaurant in Farmington, CT (picture attached). The 5 Generations are (from rear left), Sue Cyr (daughter), Jennifer Ruot (granddaughter), Joelle Gingras (great granddaughter), and Lilliana Gingras (great great granddaughter).

### Kathy Pugliese Talks Economic Development



Shown above, Kathy Pugliese, candidate for the 22nd District State House of Representatives, was interviewed by Robert Storace of The Herald. They were joined by Tim Stewart, President of the New Britain Chamber of Commerce.

See complete story on page six.

### Lions Club Plants Tree in Memory of Joann Foohey



Members of the Plainville Lions Club at Tomasso Nature Park. The Club members planted a tree to honor Joann Foohey, former President of Plainville Lions Club



### Splash Pad Grand Opening Celebration

Kathy Pugliese Town Council Chair and Robert E. Lee, Town Manager at Padrewski Park for the Ribbon Cutting of newly constructed splash pad.

**Open House**  
**Plainville Republican**  
**Town Committee**  
**Headquarters**  
**Saturday, September 13th**  
**4:00 to 9:00 P.M.**

**All Registered Voters are ~Invited~**

If you are not a voter and want to have a say about your future~ Join Us and Pick-up a Mail-in Voter Registration Form

### “Meet the Candidates”

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# Annual Hot Air Balloon Festival at Norton Park Attracts Thousands of Visitors



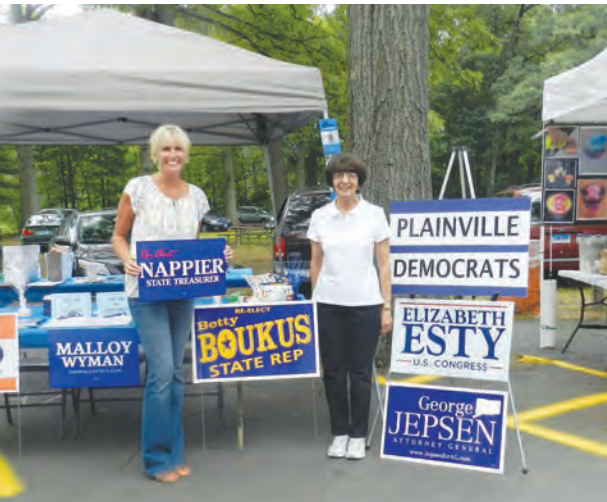
Resident Shawn Paul shown with his 1977 Mercury Cougar featured in the film "Life of Crime" opening August 29th.



Nikolas Dalhstrom is helping collect donations to build a new playscape at Paderweski Park



Campaign season in full swing - GOP candidates Mark Greenberg, Kathy Pugliese and Henri Martin



More campaigning for candidates in November election - Quinn Christopher and Rosemary Morante represent Democrat slate.



Marie Cassidy of Plainville Recycling Comm. shown with "Rosie the Robot" donated by Nikolas Dalhstrom made from recycled material



Plainville Republicans spent the weekend meeting visitors who stopped by to collect information for the upcoming election.

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**Our Lady of Mercy Parish, United Action Connecticut and Manos Unidas Information Session**



*Pictured from L to R Mark Kosnoff, Host from the United Action CT, Patricia Rosas, Guest Speaker, Michael Verrett, Host from O.L.M. and Speaker Jose E. Diaz*

The session, conducted in Spanish and English, was held at Our Lady of Mercy Parish Center on Thursday, July 31st. Jose shared his immigrant story which included his trek across the desert with his family when he was only eleven years old. Patricia shared about her recent trip to Washington, DC to try to encourage the Congress and the President to move forward on immigration reform. Other information shared was the upcoming renewals for Deferred Action for Childhood Arrivals (DACA). DACA allo

Children of undocumented immigrants who have been here for five years prior to 2007 to get authorizations to remain here legally. The renewal fee is \$465. Immigrants will be able to get drivers licenses in Connecticut beginning Jan. 1, 2015. The Archdiocese of Hartford Office of Catholic Ministry has a video presentation in Spanish which outlines important things to remember about being a responsible driver. Also discussed was the issue of children arriving at the US border. It was pointed out that children have been coming across the border for several years. There are many factors driving this most recent escalated migration of refugee children, including violence and poverty in the countries from which these children are coming. Information was available at the meeting in Spanish expressing the views of the Catholic church here in the United States. The US Conference of Catholic Bishops (USCCB) is against "enforcement only" policies and supports comprehensive immigration reform, including an eventual path to citizenship for undocumented immigrants. Future workshops are planned in Spanish and English at Our Lady of Mercy which will further address DACA renewals, the Ct. Driver's License and more information in general about immigration and migration.

**Our Lady of Mercy Pastor Hosts Visitor**



Bishop Joseph Nguyen Chi Linh of the Diocese of Thanh Hoa, Vietnam paid a visit to Our Lady of Mercy Church on Friday, June 27. He and about twenty priests, sisters and seminarians came to enjoy dinner in the

back yard of the parish house. Bishop Linh was in Connecticut as part of his pastoral visit to the many people from his diocese who are living and studying in the United States. Since 2011, Fr. John Brinsmade, pastor of Our Lady of Mercy, has developed a close relationship with the Thanh Hoa diocese since he began hosting seminarians at the parish for summers and Christmas breaks. Last summer Fr. John traveled to Thanh Hoa to be present at the priestly ordination of two of those former seminarians. During his two week stay there he was hosted by Bishop Linh. Pictured above are Bishop Linh (right) and Fr. John (left) enjoying friendship and a cup of Vietnamese Oolong tea after dinner.

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**Main Street Diner-Betty Mulcey**

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**Downtown Block Party Sept 13th**

**Grand Opening at Studio Nails & Day Spa**



See story about the Birthday Cakes above on page 3- Faves & Raves. The cake on the left is in the shape of a Wine Barrel and the one on the right is a John Deere tractor. ( you guessed it for a special little boy)



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## A Wonderful Memory

By Sally Miller



She stood proud and wonderful. Age had set in and it showed. She membered the children and how they had played in the yard. She had protected those children when it rained, snowed, and was windy. I knew that she had protected generations from bad weather and been a harbor in the storm of life. She was a welcome site for

the neighborhood children and they loved being there. She was always there for me from the time I was born until two years ago when I moved.

I stopped by to see her and I cried out in anguish. It appeared as if she had two black eyes. You see, this house had been sold and the windows were broken out in preparation for demolition. I was so sad. I went home and said, "stop it, it is only a house". But I knew in my heart it was my home. It had contained everything and everybody that I loved and now it was going to be demolished. I could not drive by the street without feeling like I did when I saw a car accident. Knees, shaky and heart slightly broken I would drive on.

About a week later, an old friend of mine who had been a childhood friend, called and was practically crying as she spoke. "They are tearing down the house," she said. I knew that I could not watch. I did not leave my house that day. When I finally drove by and saw the empty lot it was more than I could bear. Each day, the hurt became less and less. The memories live on for me. My granddad had very little education but bought that land in a time when it was difficult for a person of color to do so. He built the house room by room. I am so proud of him and his accomplishment and the memories linger on. I smile now as I Look at my photo album of old pictures taken in and around the house and I am so thankful that I have that history and have had that time in the house that was filled with love.

### SCHOOL DISTRICT NAMES KEN FUSCO AS TEACHER OF THE YEAR

Plainville Community Schools has named Plainville High School science teacher Ken Fusco as the 2014-2015 Teacher of the Year. Fusco was nominated by fellow Plainville High School faculty members.

Fusco has been an educator at Plainville High School for 13 years, teaching Biology, Marine Biology, and Oceanography through the UCONN Early College Expe contagious to students. Little bits of learning

add up to lots." As Teacher of the Year in Plainville, Fusco will attend an awards ceremony later this year hosted by the Connecticut Department of Education and also participate as a candidate for Connecticut's 2015 Teacher of the Year Program.



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From the Desk of ...

Thomas A. Wurz, Esquire

### REFINANCING YOUR HOME

In light of the historic low interest rates, everywhere you look there are different mortgage brokers and banks advertising their refinance rates. However, qualifying for a refinance may not be in the cards for everyone as home prices have also steadily declined over the recent past. Therefore, knowing what options are available to you may be the difference between getting a great deal and wasting your time, money and energy.

The reality for many people today is that they have no equity in their home. This is sometimes referred as being "underwater" on your mortgage. Equity is the difference between what a person owes on their property, which includes all mortgages, liens, equity lines, etc., and the appraisal value. When underwater on a mortgage you will be faced with more difficulty getting a refinance. Lenders want to have their loans protected by a security instrument and if the property you are offering as that instrument is already encumbered the lender does not have much assurance that their loan is protected. Currently, the government is combating this problem with a couple of different programs that help assure lenders who provide refinancing to individuals with property that is underwater or close to it.

The Home Affordable Modification Program (HAMP) seeks to help individuals lower their monthly mortgage payments so that they may afford to keep their property. While this is not a traditional refinance, it is a means for changing the terms of a current mortgage. There are numerous requirements for this program but the two most essential for an applicant require that the existing loan originated on or before January 1, 2009 and that the current principal, interest, property taxes and homeowner's insurance payments are costing the borrower(s) over 31% of their gross monthly household income. This program is certainly appealing to many, but like most government programs, it comes with its own set of unique hurdles.

The Home Affordable Refinance Program (HARP) is a government program that actually helps people refinance their homes. Unlike HAMP, which aims to assist homeowners who are in danger of foreclosure, HARP targets homeowners who are current on their monthly mortgage payments but are unable to refinance due to lenders unwillingness to refinance with property owners who do not have enough equity in their property. Typically, lenders require at least 20% equity in a property before they are willing to refinance. Again, this program comes with its own set of requirements by both the government as well as the lender. However, the up-side to this program is that the individual ends up with an entirely new set of terms and not just a modification of the old loan.

The other end of this mortgage spectrum is when you have a lot of equity in your home and you simply wish to obtain a refinance to take advantage of the low interest rates offered. While loan terms and duration options are too lengthy to address in this format, individuals contemplating a refinance should never forget to factor in closing costs. These costs primarily pertain to appraisal fees, title fees, and attorney fees. However, there may be additional fees depending on the circumstances and what is required by the lender. As always, I would recommend anyone seeking a refinance to consult with a licensed attorney.

*Have a nice month and enjoy the warm weather while it's here!*



Attorney Thomas A. Wurz

is an associate of his father Attorney Theodore J. Wurz, LLC in the law office of Attorney Richard Witt at 132 East Street. Attorney Wurz is a graduate of Avon Old Farms School in 2001, Providence College in May 2005 on the Dean's list and Juris Doctor Program at Western New England College School of Law in May 2009. He was admitted to the Connecticut Bar and U.S. Federal Court in 2010. His activities and interests are Secretary of Sports Entertainment Law Club at WNEC and is a Special Olympics Volunteer.

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# OBITUARIES

~ Patte Alma Basile ~



60, of Plainville, passed away surrounded by her family, on Thursday, July 10, 2014.

Born in Bristol, she was the daughter of the late Dr. Andrew and Grace (Platt) Basile. A lifelong resident, she was a 1971 graduate of Plainville High School, and went on to receive her Master's Degree from Elmira College in New York. Patte worked

for more than twenty years for Concentra Managed Care, Inc., from where she retired as a Manager in 2005, and was a member of the Business and Professional Women's Club. A ten-year season ticket holder, Patte enjoyed going to Connecticut Sun and UCONN women's basketball games, taking trips to the casino, playing golf in her earlier years, and shared thirty years of bridge games with the same partner, her dear friend Karen Camp. She had a love for the outdoors, spending time in her yard gardening or bird watching, and was talented at crafting just about anything, as well as scrapbooking. Patte's greatest joys were her daughter and her grandchildren, around whom she centered her life. She will be greatly missed by her family and many friends, leaving a legacy of great strength and love for life.

Patte is survived by her daughter, Krystle Buchiere and her boyfriend, Alan Dziob; her grandchildren, Dylan Andrew, Devyn Scott, and Karlie Grace Buchiere, along with their father, Michael Buchiere and his family, Roslyn, Scott, Bella and Heather Hardy; her uncle, Dan Platt and his wife, Rose; cousins Jeanne and Larry Adkins and Dale and Becky Adkins; and many dear friends including her best friend, Crystal Bogosian and her husband, Robert; Joe Arpin, and Stephen Piotrowski.

Funeral services in celebration of Patte's life were held at Bailey Funeral Home, 48 Broad St, Plainville. Committal services followed at St. Joseph Cemetery. For online expressions of sympathy, please visit: [www.baileyfuneralhome.com](http://www.baileyfuneralhome.com).

~ Pauline A. (Gaumont) Brousseau ~



82, of Plainville passed away on Saturday, July 12, 2014, at Apple Rehab of Farmington Valley in Plainville. She was the wife of Robert Brousseau with whom she shared 62 years of marriage.

Pauline was born August 7, 1931 in Southbridge, MA a daughter of the late Leo and Marianna (Yvonne) Gaumont and was a longtime Plainville resident. She was a graduate of Plainville

High School and was employed as the Supervisor of Housekeeping at the Plainville Convalescent Home retiring after 18 years of service. Pauline enjoyed crocheting and knitting mittens for her grandchildren and church bazaars and also enjoyed spending many winters in Florida. She was a Communicant of Our Lady of Mercy Church where she was also a member of the Ladies Guild.

Besides her husband, she leaves her eight children, Raymond Brousseau and his wife Kathleen of Forestville, Roger Brousseau and his wife Kathleen of Plainville, George Brousseau and his wife Elaine of Berlin, Karen Casey and her husband Bill of Plainville, Claire Lembo and her husband Timothy of Southington, Denise Ayotte and her husband Dan of Plantsville, Mary Ann Maroney and her husband Tom of Bristol and Phillip Brousseau of Plainville, her sisters, Annette Murphy and her husband Francis of Bristol and Lucille Boilard and her husband Norman of Plainville as well as 14 grandchildren, 1 great grandson and many nieces and nephews. She was predeceased by her brother Jean Paul Gaumont and her sister Rita Russell.

Funeral services for Pauline were celebrated from the Bailey Funeral Home 48 Broad Street in Plainville to Our Lady Mercy Church for a Mass of Christian Burial. Committal services followed in Saint Joseph Cemetery in Plainville. If desired memorial contributions may be made to the Our Lady Mercy Church, 19 South Canal Street Plainville, CT 06062.

For additional information or to leave words of condolence please visit [www.baileyfuneralhome.com](http://www.baileyfuneralhome.com).

~ Sherry Hart Thomas ~

54 of Plainville passed away peacefully at home on Monday July 21, 2014 after a long illness. Sherry is survived by her husband Neal Thomas, her parents Morris (Bob) and Joanne (Blanchette) Hart, her brothers Robert and his wife Linda, Kris and his wife, Michelle and her faithful, loving dog, Kelly. Funeral services will be at the convenience of the family.

~ Jean Rosalie (Kulmacz) Buzanoski ~

of Plainville, passed away on August 3, 2014 at the Connecticut Hospice in Branford after a brief illness with her family by her side.

Born in New Britain, she attended Sacred Heart School and New Britain High School. She was predeceased by her beloved husband of 71 years, Edmund L. Buzanoski, Sr. She is survived by two sons: Edmund L. Buzanoski, Jr. and his wife, Ellen of Boynton Beach, FL and V. William Buzanoski and his companion, Karen Sanford of Plainville; two granddaughters: Jennifer Pehmoeller and her husband, Frazer of Poughquag, NY, Jody Klenk and her husband, Peter of Chelmsford, MA; two great-granddaughters: Lindsay Pehmoeller of Alexandria, VA and Alyssa Pehmoeller of Philadelphia, PA. Jean retired from Family Services of New Britain. She was a lifelong parishioner of Sacred Heart Church, New Britain and a communicant of Our Lady of Mercy Church, Plainville. Jean was a member and past officer of many other clubs and organizations including: St. Paul Catholic Church Knights of Columbus Ladies Council 3675, Sacred Heart Parish Council and the Ladies' Guilds of both Sacred Heart Church and OLM Church. Jean's dedication to helping others was evident in her 25 years of volunteering at the Monsignor Bojnowski Manor and 36 years at the Plainville Senior Center. She will be forever missed by her family and friends.

A Mass of Christian Burial was celebrated at Sacred Heart Church, 158 Broad St., New Britain. She was then be laid to rest beside Ed, her cherished husband in Sacred Heart Cemetery. Burritt Hill Funeral Home, 332 Burritt St., New Britain assisted the family with arrangements. In lieu of flowers, Jean's family asks you to remember her by making a memorial donation in her name to either: The Connecticut Hospice, 100 Double Beach Rd., Branford, CT 06405 or Monsignor Bojnowski Manor, 50 Pulaski St., New Britain, CT 06053. To share a memory with her family, please visit us at [www.burritthill.com](http://www.burritthill.com)

~ Jean F. (Studniarz) Cullis ~



82, of Plainville, passed away with her family by her side on Saturday, July 12, 2014. She was the beloved wife of Paul Cullis, with whom she shared 61 wonderful years of marriage.

Born in Windber, PA on June 4, 1932, Jean was one of ten children to the late Jan and Mary (Tkac) Studniarz. She met and married the love of her life, Paul, and raised a loving family of four. Jean and Paul enjoyed close to 20 years wintering in Florida, and were longtime communicants of Our Lady of Mercy Church. Jean centered her life around her family, with hosting holidays being one of her favorite pastimes. A devoted wife, mother, and fun-loving adored grandmother, she will be greatly missed, leaving many cherished memories.

In addition to her husband, Paul, she leaves her children, Mitchell Cullis and his wife, Patricia of Wallingford; Diane Kemp and her husband, Rodger of Minneapolis; Terri Segarra and her husband, Paul of Berlin; and Lori Lenkeit and her husband, Paul of S. Windsor; her nine grandchildren, who were her pride and joy; her brother, Jacob Studniarz of MA; and many nieces and nephews.

A Mass of Christian Burial in celebration of Jean's life was held at Our Lady of Mercy Church, 94 Broad St, Plainville. Committal services followed at St. Joseph Cemetery. Those who wish, may remember Jean with contributions to the Plainville Community Food Pantry, PO Box 233, Plainville, CT 06062. Bailey Funeral Home is assisting the family with arrangements. For online expressions of sympathy, please visit [www.baileyfuneralhome.com](http://www.baileyfuneralhome.com).



*Death leaves a heartache  
no one can heal,  
love leaves a memory  
no one can steal.*

~ Jane Ursula (Snyder) Dickman ~

89, of Southington, formerly of Plainville, passed away on Tuesday, July 15, 2014, one day before her 90th birthday. She is now reunited with her beloved husband, Robert L. Dickman, who predeceased her 25 years ago.

Born in Bristol on July 16, 1924, she was one of four children to the late Losee and Ursula (Lawrence) Snyder. A resident of Plainville since the age of five, she attended local schools, graduating from Plainville High School in 1943. She married Robert in 1950, and remained in Plainville where they raised their daughter, Jane and shared a wonderful life together. Jane enjoyed working for the public in the administrative field right out of high school. During her career she was employed for New Britain Machine Company, Plainville Civil Defense, and the Plainville Water Company. She retired in 1986, moving to Southington two years later where she currently resided. Jane was a lady in every sense, with a quick wit and spirited personality that everyone knew and loved, and never left the house without looking her best.

She will be greatly missed by her devoted daughter and son-in-law, Jane and William Buden of Southington; several nieces and nephews; and two sisters-in-law, Bertha Dickman of Bristol and Florence Dickman of Southington. She was predeceased by her twin sister, Jean Flora Snyder as an infant, and her brothers, Edward Snyder and Earl "Tickey" Snyder.

A special thank you is extended to Jane's caregivers at Countryside Manor for the care shown to her during her brief illness, and for the many years of compassion and kindness from Dr. Shanmugan and his staff.

Funeral services in celebration of Jane's life was held at Bailey Funeral Home, 48 Broad St. Plainville. Committal services followed at West Cemetery. Those who wish may remember Jane with contributions to the Plainville Rotary Club, PO Box 484, Plainville or the Plainville United Methodist Church, 56 Redstone Hill, Plainville, CT 06062. For online expressions of sympathy, please visit: [www.baileyfuneralhome.com](http://www.baileyfuneralhome.com).

~ Laurie Holcomb ~

67 of Plainville passed away Thursday July 24, 2014 at her home.

Laurie was born July 30, 1946 in Bristol a daughter of the late William George and Katherine (Koch) Holcomb and was a longtime Plainville resident. She was employed by the City of Bristol as the Administrative Assistant to the Fire Chief, retiring after many years of service. Her grandchildren were the joy of her life and Laurie loved attending their various activities.

She leaves her grandchildren, Tyler, Jordan and Kayleigh Barber of Berlin and Amanda, Caleb, Janique and Ellie Bulawa of Arizona, her daughter, Kim Barber and her husband Todd of Berlin, her sisters, Kathy DiBenedetto and her husband Tito of Middletown, Tricia Rice and her husband Dewey of Nevada, Mary Vachon of Rocky Hill and Betty Balthazard and her husband Roy of Massachusetts, her sister-in-law Valerie Holcomb of Plainville and her son, Tony Bulawa of Arizona. Laurie was predeceased by her brothers, Plainville Police Officer Robert Holcomb and William Holcomb.

Funeral services in celebration of Laurie's life were held on Saturday August 2, 2014 at 4:00 p.m. at Gloria Dei Lutheran Church 355 Camp Street in Bristol. Burial will be held privately. There were no calling hours. The Bailey Funeral Home 48 Broad Street in Plainville has care of arrangements. For additional information or to leave words of condolence please visit [www.baileyfuneralhome.com](http://www.baileyfuneralhome.com).

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# OBITUARIES

## ~ James R. Pavano, Jr. ~



72, of Plainville, passed away peacefully at his home with his family by his side on August 8, 2014, after a brief illness. He was the devoted husband of Bernadette (Rund) Pavano, with whom he shared 42 years of marriage.

Born in New Britain on March 4, 1942, he was the only son of the late James and Jane (Roskofski) Pavano. At the age of ten, Jim's family moved to Plainville, where he attended local schools, and graduated from Plainville High School in 1960. After graduating, Jim enlisted in the U.S. Marine Corps and embarked on a four year journey that took him throughout Southeast Asia. He was honorably discharged in 1964, proudly receiving his Good Conduct Medal. Jim always held true to his Marine Corps roots as an active member of the Hardware City Marine Corps League, the VFW Post #574, and American Legion Post #33, and was a member of the Bristol Elks Lodge #1010. Jim capitalized on his military training, holding a professional career as an HVAC technician for 37 years with Mechanical Maintenance Corporation, from where he retired in 2008. A sports enthusiast, he was an avid fan of the New York Yankees, the New York Giants, and the UCONN men and women's basketball teams.

Along with his wife, Bernadette, he leaves his sister, Janice Gonsalves and her husband, Al of Bristol; as well as his sisters-in-law, brothers-in-law, nieces, nephews, his beloved dog, Bellarose, and many lifelong friends.

Funeral services in celebration of Jim's life were held on at Bailey Funeral Home, 48 Broad St, Plainville, followed by committal services with Military Honors at St. Mary Cemetery, New Britain. In lieu of flowers, Jim proud service to his country may be remembered with contributions to the Vietnam Veterans of America, 96 Harrison St, 1st Floor, New Britain, CT 06052 or at [www.VVA.org](http://www.VVA.org). For online expressions of sympathy, please visit [www.baileyfuneralhome.com](http://www.baileyfuneralhome.com).

## ~ Clarence "Fat" Hemingway ~



nearly 88 years, left on his final voyage Saturday, August 9th, at his home in Plainville, CT with his family by his bedside.

He was born August 27, 1926 in Unionville, CT son of the late Clarence and Lila (Griswold) Hemingway. Clarence joined the U.S. Navy on November 1942, when he was only 16 years old. He was a veteran of WWII. He served as a crew member on the USS Lexington CV-16, The Blue Ghost, for 38 months in the Asian Pacific Campaign. He was cited for "Meritorious Performance of Duty in Action". He continually operated a heavy AA Twin Mounted Gun. With outstanding degree of proficiency he successfully repelled numerous enemy air attacks. He was awarded the Presidential Unit Citation, 25 Battle Stars and the Philippine Liberation 2-B-S along with an Honorable Discharge on December 39th, 1945. After his tour of duty, he had some odd jobs. He then got a job at E. Ingraham Co. where he worked for 10 years. He was then hired by the Farmington Police Dept. as a Supernumerary from March 1952 to 1960. He was a volunteer fireman at the Tunxis Hose Fire Dept from 1956 to 1965. During 1958 to 1987 he was hired by Pratt Whitney Fire Dept. He retired as a Lieutenant.

Throughout the years, 1942-1965, he was a very busy man. He married a wonderful woman named Edith "Eadie" (DeParolis) Hemingway. Clarence and Edith were married Sept 13, 1947, nearly 67 years. He was a two time cancer survivor of melanoma and colon cancer but succumbed to a very progressive pulmonary cancer.

Besides his wife, he is also survived by his son David Hemingway of Plainville; daughters: Joan Crowe of Canton and her husband Donald; Betty Bergstrom of Bristol; Terry Nakatani of Colchester and her partner Ed Dzikiewicz; granddaughters: Thea Griffin and her husband Ken; Teresa Nakatani; Edie Hanson and her husband Dillon; grandson: Jeff Hemingway and his wife Nancy; and Addison Crowe; great-granddaughters: Abigail and Natalie Griffin; Great-grandsons: Brett and Ryan Hemingway; his sister-in-law; Barbara DeParolis and many nieces and nephews. Clarence was predeceased by his sister Catherine (Hemingway) Manyak, granddaughter Sabrina Crowe; and his son-in-law John "Tiny" Bergstrom; and TyCody Dzikiewicz.

The Ahern Funeral Home, 111 Main St., Rte.4, Unionville, CT assisted the family with arrangements. A prayer service was held in the Ahern Funeral Home followed by burial in the family plot with full military honors in St Mary Cemetery, Avon. In lieu of flowers, memorial donations may be made to St. Mary Church, Bidwell Square, Unionville, CT 06085 or to Hospice VNA Healthcare in Southington.

To send online condolences to the family please visit [www.ahernfuneralhome.com](http://www.ahernfuneralhome.com).

## ~ Anilda (Beaulieu) Ouellette ~

79, of Plainville, passed away on Saturday, July 19, 2014 at Connecticut Hospice in Branford. She was the beloved wife of Maurice Ouellette, with whom she shared 59 years of marriage.

Born in Fort Kent, Maine on July 15, 1935, she was one of thirteen children to the late Clovis and Azilda (Pelletier) Beaulieu. She moved to Connecticut as a teenager, and settled in Plainville shortly after her marriage to Maurice in 1955, where they raised their two children. Anilda had a longtime career as a bookkeeper for St. Jeans Welding in East Hartford, and retired from Johnson & Johnson in Southington at the age of 65. She was a woman of strong faith and longtime member of Our Lady of Mercy Church, and lived a life of generosity towards others, supporting various organizations. Anilda enjoyed cooking, baking and tending to her flower gardens, and was talented at crocheting, especially blankets for her family and friends. A loving wife, mother, and grandmother, she will be greatly missed, leaving her adored family with many cherished memories.

In addition to her husband, she leaves her children, Jeffrey and Linda; her grandsons, Zachary and Ryan; her brothers, Roger, Richard, and Gordon Beaulieu; her sisters, Nora Guerrette, Theresa Boains, Gloria Ouellette and Iva; her sister-in-law Bernice Dumais and many nieces and nephews.

Funeral services in celebration of Anilda's life was held from Bailey Funeral Home, 48 Broad St, Plainville, followed by a Mass of Christian Burial at Our Lady of Mercy Church. Committal services followed at the State Veterans Cemetery, Middletown. Anilda's love for children can be remembered with contributions to the Make A Wish Foundation, 4742 N. 24th Street, Suite 400 Phoenix, AZ 85016-4862 or to Connecticut Hospice, 100 Double Beach Rd., Branford, CT 06405, in appreciation for their care during Anilda's final days. For online expressions of sympathy, please visit [www.baileyfuneralhome.com](http://www.baileyfuneralhome.com).

## ~ Rita M. (Ross) Wilson ~



of Enfield and formerly of Plainville, entered into eternal life on Tuesday (July 29, 2014) at Kindred - Parkway Healthcare in Enfield. Rita was born on May 27, 1933 in Hartford, CT to the late Louis and Kathleen (Lucey) Ross. She was a graduate of Simsbury High School and then in her later years continued her education at Tunxis Community College. Rita resided in Enfield for the past 5 years and in

Plainville for 25 years prior to that. She was a Real Estate Agent for many years and retired from Prudential CT Realty, in Farmington. Rita was a member of the Red Hat Society, also enjoyed writing stories and volunteered numerous hours for many organizations. Rita is survived by her beloved children, Karen Coolong of Enfield, Brian Wilson of Westminster West, VT and Julie D'Ascanio and husband Michael of Plainville, her six loving grandchildren, Amy Conde, Beth Vignone, Michael Vignone, Kelly Wilson, Cody Wilson and Jacob D'Ascanio, her cherished great-grandchildren, Collin Atwood, Ava Suazo and Emma Conde. She is also survived by a brother Daniel Ross of Granby, along with several nieces and nephews. Besides her parents she was predeceased by a sister, Noreen Dagata. The family would especially like to thank the staff at Kindred - Parkway Pavilion for the exceptional care and compassion given to Rita. There were no calling hours. A Mass of Christian Burial was celebrated in St. Bernard Church 7 Maple St. Tariffville, CT. Interment will follow in St. Bernard Cemetery, Tariffville. In lieu of flowers memorial donations may be made to the Alzheimer's Association CT Chapter, Silas Deane Hwy. Ste. 100 Rocky Hill, CT 06067. Browne Memorial Funeral Chapels, Enfield, CT is assisting her family with arrangements. To leave an online condolence message go to: [www.brownefuneralchapels.com](http://www.brownefuneralchapels.com).

## ~ Janet Elliott Freeman ~



85, passed away on Aug. 6, at New Haven Hospital. Janet was born in New Britain Hospital in 1928, the daughter of Mabel and Roger Freeman, residents of Plainville. She graduated from Plainville High School (1947, valedictorian) and from Connecticut College (1951, summa cum laude).

Janet held several corporate executive positions during her career in the field of personnel development for the retailing industry in New York City for over 25 years. She subsequently accepted a position in Boston where she continued her work in Human Resources and Organization Development until her retirement.

Janet remained active throughout her life, enjoying musicals and theatrical events in Boston, as well as spending time with friends, and occasionally presenting her collection of doorstops at collectible shows.

In addition to her companion, June Olson, she leaves her sister-in-law, Sylvia Freeman, of Plainville; her niece, Donna Aldrich, in Maine; her Hedman cousins, of Plainville; her cousins, Ruth Williams, in Waterford, and Barbara Presch, in Chelsea, Vt.; her grand-niece and nephew, Giavanna and Joshua Brunelle, in Plainville; as well as other relatives in Connecticut and Vermont.

Interment will be at Plainville Cemetery at 12:30 p.m. on Sept. 20, 2014. A luncheon to remember Janet will follow at the Church of Our Savior, 115 Main St., Plainville.

## ~ Terrie Priscilla Wilmore ~



was born to Clarence and Lorraine (Halsted) Wilmore in Plainville, Connecticut on March 5, 1949. She graduated from Plainville High School on June 23, 1967, with honors. During her years at Plainville High School, Terrie was well known for and received state recognition for her vocal and piano talents.

Terrie received a B.A. Degree from Boston University with a major in Psychology on May 23, 1971. Upon graduation from Boston University, Terrie married Stanley Maddox Goldsboro, Jr. and began a career at United Airlines. Shortly thereafter, she gave birth to her first child, Dawne Elise Goldsboro, on December 31, 1971.

Terrie traveled extensively during her tenure with United Airlines, both for business and leisure, and particularly enjoyed sharing her journeys with her mother, Lorraine, and daughter Dawne.

After residing briefly in Boston, MA, Los Angeles, CA, and again in Plainville, CT, Terrie settled with Dawne in Atlanta, GA, allowing her to live in close proximity to her then husband Stanley's parents, Stanley Maddox Goldsboro, Sr. and Pearlina Lindsay Goldsboro.

Terrie was truly devoted to family. After her first marriage ended, she married Alan Torrance Tubbs, and through that union a daughter, Jessica Lorraine Tubbs, was born on December 16, 1981.

Terrie continued her career with SATO Travel/United Airlines in Reservations, and truly cherished her time with beloved friends she made at work over the years. She continued to share her love of travel, both domestic and abroad, with her youngest daughter, Jessica, eldest daughter Dawne, and her mother, Lorraine.

To preserve her precious memory, Terrie is survived by two daughters, Dawne Goldsboro-Dawson and Jessica Lorraine Tubbs; one brother, Thomas Wilmore; one sister, Donna Coston; one granddaughter, Tyler Monet Dawson; and many other loving relatives and friends.

Terrie was a rare, gentle beauty and loving spirit who deeply touched the lives of all who were blessed to have known her. She will remain dearly loved and missed by many.

Bailey Funeral Home 48 Broad Street, Plainville assisted the family with arrangements. Committal services followed in Plainville West Cemetery.

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For more information about the church visit our website @ [cobplainville.org](http://cobplainville.org)

## More Than One Way?

We have an important account in the book of Genesis chapter 4 where two of Adam and Eve's sons are in the picture. We are told in verses 3 and 5 that Cain brought an offering to God made up of the fruit of the ground. This offering God rejected. Abel on the other hand offered a blood sacrifice and God accepted that offering. What happened here? It is not stated but I believe we can assume that God had revealed to Cain and Abel what the required sacrifice was in order to obtain forgiveness of sins. Abel offered the required sacrifice in faith as stated in Hebrews 11:4 and thus God accepted it and Abel's sins were forgiven. Cain refused to offer the proper sacrifice and thus God rejected his offering and his sin remained with him (Genesis. 4:7).

I believe Cain and Abel is a picture of two groups of people today. Abel pictures those who come to God through the person of Jesus Christ by faith because Jesus stated in John 14:6 "I am the way, the truth, and the life; no man cometh to the Father but by me." When we come to God through the person of Jesus Christ by faith He gives us forgiveness of sins. Cain on the other hand is a picture of those who try to come to God in their own way on their terms. But this will never work for Jesus said Himself that He is the only way to heaven. The point of all this is; don't be like Cain. Be like Abel who believed what God had said by faith and acted upon it. Receive Jesus Christ as your Savior today. It is the only way.

## PLAINVILLE UNITED METHODIST CHURCH

56 Red Stone Hill  
 Plainville, Connecticut 06062  
 REV. RUSSELL G. WALDMANN,  
 PASTOR

Church (860)747-2328  
 Parsonage (860)747-2592  
 Email: [plainvillunited@sbcglobal.net](mailto:plainvillunited@sbcglobal.net)

### SEPTEMBER SCHEDULE

**SUNDAY SERVICES**  
**CHURCH SCHOOL Pre-K to High School: 9:00 AM**  
**Classes Resume 9/7**  
**WORSHIP TIME 10:00AM**

**REGULAR EVENTS**  
**Tuesday Ladies.....Tuesdays, 9:30 AM**  
**Boy Scouts.....Tuesdays, 7 PM**  
**AA.....Sun., Mon. & Wed., 7 PM**  
**Al-Anon.....Mondays, 7 PM**

### SPECIAL EVENTS

**PUMC PEACH SHORTCAKE FESTIVAL:**  
**Friday, September 5 th 10 AM to 4 PM**

**SUNDAY SCHOOL RALLY DAY:**  
**Sunday, September 7 th 9 AM**

**WORSHIP WITH HOLY COMMUNION:**  
**Sunday, September 7 th 10 AM**

**ADULT BIBLE STUDY:**  
**Wednesdays, September 3, 10 & 24 7 PM**

**CHOIR REHEARSAL:**  
**Sundays, September 7, 14, 21, 28, Following Worship**



## FAITH BIBLE CHURCH

168 Unionville Avenue  
 Plainville, CT 06062  
**860-747-5209**

Rev. Dr. Jim Caron, Pastor  
 Web: [www.faithbiblect.com](http://www.faithbiblect.com)

### An Evangelical Church For Your Spiritual Growth

**Sunday Worship: 11:00 a.m.**  
 (Junior Church for ages 4-12 & Nursery Available for 1 month to 4 years)

**Tuesday Morning Bible Study 10:00 a.m.**  
 "The Gospel of John"

**Every 2nd Tuesday of the Month 6:00 p.m.**  
 Ladies Group

**Wednesday Night Bible Study 7:00 p.m.**

New Study: "Angels and Demons"

**Thursday Night Youth Bible Study 7:00 p.m.**

New Study: Maturing in the Christian Faith: A Look at Doctrine

**860-747-5209**

Call the church for info/questions and church prayer line/ FAX (747-5011)

Call us for your requests (confidential)



## THE EPISCOPAL CHURCH CHURCH OF OUR SAVIOUR

115 West Main Street  
 Plainville, CT 06062  
**860-747-3109**

### SUNDAY WORSHIP

Holy Communion 10:00 am  
 Church School 10:00 am  
 Nursery Care during the service  
 Followed by coffee hour

Holy Communion Thursdays~12:00pm  
**OFFICE HOURS**

Wednesday – Friday 9:00am -1:00pm  
**PARISH PROGRAMS**

**Daughters of the King Chapter**  
 3rd Saturday of the month 10:30am

### Twelve Step Programs

Every Tuesday NA 7:30pm  
 Every Thursday AA 7:30pm  
 Every Saturday Women's AA 9:00am  
 Every Saturday of the Month 9:30 am

Ample Parking in rear of Church

## FIRST BIBLE BAPTIST CHURCH

12 Granger Lane • Plainville, CT 06062 "Where the BIBLE makes the difference"

**Sunday School - 10:00 AM Sunday Morning Service - 11:00 AM**  
**Sunday Evening Service - 6:00 PM Wednesday Evening Service - 7:00 PM**  
 • Nursery & Deaf interpreting provided for all services •

• Deaf and Teen Ministry • Master Club for children •

• Kings Bible Institute (Tues. Wed. Thurs.) • Reformers Unanimous (Addictions Program) Every Friday - 7:00 PM [www.fbbc-ct.org](http://www.fbbc-ct.org)

*Live streaming every service 860-793-1155*

*Thomas Benson – Pastor ~ Helmut Getto – Associate Pastor*

# HOMETOWN RELIGIOUS DIRECTORY

## OUR LADY OF MERCY ROMAN CATHOLIC CHURCH

94 BROAD STREET, PLAINVILLE, CT  
06062

REV. JOHN BRINSMADE, PASTOR  
ROBERT BERUBE, DEACON

### PARISH/CEMETERY OFFICE

19 S. CANAL STREET

OFFICE HOURS: MON. TO FRI. 9 AM TO  
4 PM

**PHONE 860-747-6825**

**FAX 860-747-5407**

\*\*\*\*\*

**SATURDAY VIGIL MASS 4:00 PM**

**SUNDAY 8:30 AM & 10:30 AM**

\*\*\*\*\*

### WEEKDAY LITURGY

**MONDAY TO SATURDAY 8:00 AM**

**NO MASS ON WEDNESDAYS**

**ROSARY BEFORE MORNING MASS**

\*\*\*\*\*

### Sacrament of Matrimony

Couples should make arrangements at least  
6 months in advance. Dates and times can  
be arranged only after speaking with one of  
the parish clergy.

\*\*\*\*\*

### Our Lady of Mercy

**is now on Facebook!**

[www.Facebook.com/Our Lady  
of Mercy ChurchCT](http://www.Facebook.com/Our Lady of Mercy ChurchCT)

MEET OUR STAFF AND LEARN SOME  
CATHOLIC TEACHINGS & HISTORY.

THE LIST OF OUR ONGOING EVENTS

**PAGE IS CONSTANTLY BEING  
UPDATED.**

\*\*\*\*\*

**ALL YOU CAN EAT**

**MONTHLY BREAKFAST**

**SUNDAY, SEPTEMBER 14TH**

**SEE DETAILS PAGE 15**

## Holy Trinity Anglican Church

18 East Main Street

**Sunday Worship ~ 9 AM**

**Sunday School**

beginning in September

**Prayer & Healing Service**

**Tues. Sept.23rd-7PM**

**Eucharist Wed. 9:30 AM**

**Bible Study**

**Wednesday Evening**

**September 3rd - 7 PM**

**Led by Rev. Stephen Brewer on**

**"Covenants of the Bible"**

**860-747-1426**

**Rev. Donald Helmandollar, Rector**

**Website [www.holytrinityanglican.net](http://www.holytrinityanglican.net)**

**EMAIL:**

**[HolyTrinity@Anglican Church.comcastbiz.net](mailto:HolyTrinity@Anglican Church.comcastbiz.net)**

## THE CONGREGATIONAL CHURCH

**OF PLAINVILLE**

*A Congregation of the  
United Church of Christ*

130 West Main Street Plainville, CT  
Phone 747-1901



### ALL WELCOME

**Rev. Dr. Claire W. Bamberg Minister**

### Email:

**[Congregational94686@sbcglobal.net](mailto:Congregational94686@sbcglobal.net)**

### Website:

**[www.uccplainville.org](http://www.uccplainville.org)**

### WORSHIP AND CHURCH SCHOOL

**Every Sunday: 10:00 a.m.**

**Coffee Hour: 11:15 a.m.**

*The Sacrament of Holy Communion  
celebrated the first Sunday  
of each month*

**THE PLAINVILLE THRIFT SHOP**

**Phone 747-2418**

**Open Wednesday & Thursday**

**10:00 a.m. to 4:00 p.m.**

**Saturday 9:30 a.m. to 12 noon**

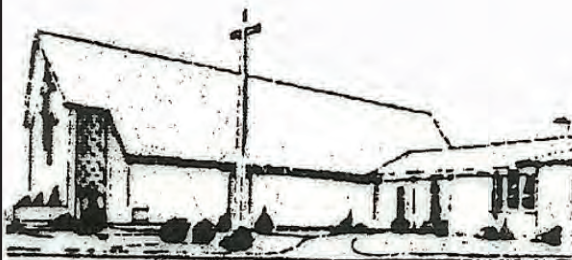
## Grace Lutheran Church

222 Farmington Ave.

Plainville, CT 06062

Phone: 747-5191

**The Rev. Stephen Brisson, Pastor**



Worship with Holy Communion  
every Sunday at 9:00 AM

Learning Hour for all ages  
following worship

Various Learning and Fellowship activities  
offered during the week

Visit us at [www.graceinplainville.org](http://www.graceinplainville.org)

Or better yet, join us on Sunday!

*A bell is not a bell until you ring it  
A song is not a song until you sing it  
Love wasn't given to keep and stay  
Love is not love until  
you give it away.*

*Father Ed, Ferrville, Ct*

## NEW COVENANT APOSTOLIC CHURCH

139 New Britain Avenue

P.O. Box 551 Plainville, CT 06062

Suffragan Bishop- George M. Green, Pastor  
Elder Joseph Green, Associate Minister

**Phone 860-747-3128 Church**

**Residence & FAX 860-224-9409**

**~ SCHEDULE OF WORSHIP~**

**SUNDAY:** Sunday School @ 10:45 a.m.

Morning Worship @ 12:00 Noon

**TUESDAY:** Prayer & Deliverance-7:00pm

Bible Class @ 7:45 p.m.

**THURSDAYS:** 1st Evangelistic Service

2nd Pastor's Care~ 3rd Missionary Service

4th Men's Ministry~5th Youth Service

### MONTHLY SERVICES

1st Sunday – Fellowship Day

2nd Sunday – Family and Friend's Day

3rd Sunday – Building Fund Day

4th Sunday – Pastor's Care Day

5th Sunday - Communion & Youth Day

*We welcome everyone to our services.*

*Come, bring a friend and enjoy Jesus with us.*

## REDEEMER'S

## A.M.C. ZION CHURCH

110 Whiting Street, Plainville, CT 06062

Rev. Elvin Clayton, Pastor

**Phone: 860-747-1808**

### WORSHIP SERVICES

Sunday School 9:00-9:40 a.m.

Praise & Worship 9:45-10:00 a.m.

Church Service 10:00 a.m.

### BIBLE STUDY

Wednesday 11:00 a.m. & 7:00 p.m.

### BOARD MEETINGS

Senior Ushers (1st Sat before 1st Sun) 11:00 a.m.

Gladys Floyd Missionary Society

(2nd Sun after service)

Deaconess Board (3rd Sun)

Lay Council (1st & 3rd Sat) 9:30 a.m.

Christian Education (3rd Tues) 7:00 p.m.

Men's Meeting (2nd/4th Sat) 9:30 a.m.

PEP (Every Sat) 1:00-4:00 p.m.

Trustee/Steward (2nd Sat of Aug., Oct., Dec.,

Feb. & Apr. at 9:30 a.m. and 2nd Mon. of

Sept., Nov., Jan., Mar. & May 16 6:30 p.m.

### CHOIR PRACTICE

Senior (Sat before 1st Sun) 5:00 p.m.

Jubilee (Sat before 2nd/4th Sun) 5:00 p.m.

Mass/Youth choirs

(Mon. after 1st/2nd Sun) 7:00 p.m.

## PLAINVILLE SEVENTH DAY ADVENTIST CHURCH

97 Broad Street

Church Phone **860-747-5867**

**Pastor 1-646-522-3471**

E-mail:[plainvillesda@gmail.com](mailto:plainvillesda@gmail.com)

[jacksonsg5@sbcglobal.net](mailto:jacksonsg5@sbcglobal.net)

Pastor Franklin Jackson

### Saturday Morning

Bible School @ 9:30 a.m.

Worship Service @ 11:00 a.m.

FREE lunch after service

Wednesday Evening

Family Prayer Meeting @ 6:30 p.m.

*The Lord Jesus Christ loves you ...John 3:16*

# PICKING A PUPPY

When Robin Farraro of Hamden, along with her daughter Allie came to a local kennel to pick out a puppy it wasn't enough to just look they climbed right into the pen to get the feel of things. Being of the female sex they couldn't make up their minds on which of these two puppies they wanted to take home, they decided on both. The Ferraro home welcomed both Chief and Brandy into the fold. The last we hear Chief, Brandy, Robin and Allie were vacationing in New Hampshire. Allie is teaching the pups how to swim. All seventeen Golden Retriever puppies went to their new homes in Plainville, Southington, Bristol and Massachusetts. We will



keep you up to date when the next litter is expected.

# Pet Page

*“By: Cathy, The Pet Spa at Twin City”*

## Fun and (Educating) Games



Hard to believe it's September again and time for back to school. How about improving your dog's mental abilities? It's easy to do and can be a lot of fun for you as well as for your dog. The kind of education we're talking about doesn't require formal classes, although standard obedience training is important, too. The more a dog learns, the more they become able to learn.

Our dogs' most important sense is the sense of smell, so why not start off by giving them a chance to use their sense of smell in a fun way? The simplest way to do this is to hide a treat or favorite toy and encourage your dog to find it. This can be done by hiding the treat or toy under one of four or five cardboard boxes or other containers and then letting your dog figure out where it is and how to get at it. Of course, you should be there cheering your dog on and celebrating success when it happens!

If you like the idea of hiding a treat or toy, you can vary the game by hiding it in different places in the house, as well as under containers. And several companies make puzzles for dogs in which the dog has to figure out how to open the space that has the treat.

Another fun way to stretch your dog's learning ability is the name game. Start with one toy or object that your dog can pick up, and give it a name. For this example, we'll call it "teddy". Tell your dog "Get teddy!", maybe moving it around a little to make it more interesting. When your dog picks up "teddy", give lots of praise and a tasty treat. Repeat several times that day. Continue with the same item until your dog will go to get it without you having to move it around. Now add a second toy, and repeat the process. You may find that by the second (or third) toy, your dog fully understands the "get" part of the command, and if the toy is in sight, he will get it. This is very exciting for both of you!

When your dog regularly gets the second toy, it's time to help the dog fully associate the name of the toy with the toy. Put out both of the toys you have named, and tell your dog to "Get teddy". If your dog gets "teddy", praise and treat. If, on the other hand, your dog got the other toy, calmly say something like "Uh, uh - get Teddy" while pointing at "teddy". Repeat this procedure, asking for each toy randomly. Then when your dog knows the difference between the names of the two toys, you can teach the name of a third toy and then get your dog to choose the right toy from the three toys. You can do this with a whole toy box full of toys if you are so inclined.

**Have fun together while keeping your dog mentally stimulated!**

## VCA Old Canal Animal Hospital

*“Where your pets health is our top priority and excellent service is our goal!!!”*

**860-747-2759**

**“Free First Exams” to NEW Clients**

**49 East Main Street, Plainville**

[www.vcaoldcanal.com](http://www.vcaoldcanal.com)



Amy Gentile, Professional Pet Stylist  
793-8609 • 98 Whiting Street, Plainville

**“Specializing in Hand Scissoring”**

**\$5.00 Nail Clipping Offer expires 9/30/14**

*Amy's offer :\$ 10 off full service grooming for new client!*

Amy's Pampered Pawlor now uses all natural "Nature's Specialty" shampoos and conditioners, which are safe for dogs, puppies, cats and kittens.

**(860) 793-8609 ~98 Whiting Street**

*Happy 4th of July!~Keep your Pets Safe!*

## Golden Retriever Puppies FOR SALE



**Call Jeannette Hinkson 860-209-7035**

**“The dog is a gentleman....and I hope to go to his heaven and not mine”**

**~ Mark Twain~**

*Poosh*

*by Wendell Copeland*





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## News!

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