



# Plainville's Hometown Connection

Serving the Community for 28 years....working for a Better Plainville!  
Circulation over 9,500 ~ mailed to EVERY HOME & Business in Plainville

\*\*\*\*\*ECRWSS\*\*\*\*

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NEW EMAIL: plainvillehometown@gmail.com  
Check out our Online Edition at:  
www.plainvillehometownconnection.com

**DOWNTOWN PLAINVILLE'S 8TH ANNUAL**  
**PUMPKIN**  
**FEST**

TO BENEFIT THE PLAINVILLE COMMUNITY FUND

**FOOD TRUCKS VENDORS HAUNTED HOUSE PUMPKINS**

**21** | **RAIN OR SHINE-FREE ADMISSION**  
OCTOBER | KID'S FESTIVITIES BEGIN @ 4:00 PM AT PARKS & REC, 50 WHITING STREET, PLAINVILLE  
KID'S PARADE BEGINS AT 5:00 PM  
**\*\*ENTERTAINMENT\*\*** **4:00 - 8:00 PM**

**FOR MORE INFO: PLAINVILLEPUMPKINFEST.ORG**

## Plainville Police Department Announces Promotions



At the September 18th Town Council meeting, Chief Chris Vanghele requested that the Town Council approve the promotion of Lieutenant Nicholas Mullins to Captain and Sergeant CJ Roper to Lieutenant. Captain Mullins had his new badge put on by one of his daughters, and Lieutenant Roper had his badge put on by his wife. Their experience, years of dedication, and commitment to the department, will only enhance the police department further. Congratulations to you both!!

In photo: Captain Nicholas Mullins, Chief Vanghele and Lieutenant CJ Roper.



## TILCON'S 100TH ANNIVERSARY CELEBRATION

SEE PAGES 30 & 31

**big sky**

**Join the #1 gyms today!**



# Make Your Autumn Golden

Get Preapproved for a Low Interest Auto Loan and Enjoy The Great Outdoor Scene.

## UBI

A COMMUNITY FEDERAL CREDIT UNION

[ubifcu.com](http://ubifcu.com)

860-747-4152 opt. 5

**Main Office**  
120 Woodford Ave  
Plainville CT 06062

**Branch Location**  
363 North Main St  
Bristol CT 06010



Your savings federally insured to at least \$250,000 and backed by the full faith and credit of the United States Government  
**NCUA**  
National Credit Union Administration, a U.S. Government Agency



## Protecting Your CREDIT UNION (Bank) Account from Fraud: Essential Tips for Safety

By Edward Bohnwagner



In today's digital age, the convenience of online banking comes with an increased risk of fraud. Protecting your bank account from fraudulent activities is crucial to

ensure the security of your financial assets and personal information. In this article, we will discuss essential tips and best practices to help you safeguard your bank account from potential fraudsters.

**Regularly Monitor Your Accounts:** One of the most effective ways to detect fraudulent activity is by regularly reviewing your bank and credit card statements. Look for any unauthorized transactions, withdrawals, or suspicious charges. Set up account alerts to receive notifications for transactions above a certain amount. This can help you spot unusual activity quickly.

**Use Strong and Unique Passwords:** Create strong, complex passwords that include a combination of upper and lower case letters, numbers, and special characters. Avoid using easily guessable information like your birthdate or common words. Never use the same password across multiple accounts. Utilize a password manager to keep track of your login information securely.

**Enable Multi-Factor Authentication (MFA):** Whenever possible, enable MFA for your online banking and financial accounts. MFA adds an extra layer of security by requiring you to provide two or more forms of verification before gaining access to your account.

**Be Wary of Phishing Attempts:** Fraudsters often use phishing emails or text messages to trick you into revealing your personal information or login credentials. Never

click on suspicious links or download attachments from unknown sources. Verify the authenticity of messages by contacting your bank directly if you receive an unexpected communication.

**Secure Your Devices:** Ensure that your computer, smartphone, and other devices used for online banking are protected with up-to-date antivirus software and security patches. Set a strong PIN or password to unlock your devices and enable biometric authentication methods if available.

**Protect Your Personal Information:** Avoid sharing sensitive information, such as your Social Security number or bank account details, with anyone unless necessary. Shred financial documents and statements before disposing of them to prevent dumpster diving.

**Use Secure Wi-Fi Networks:** Avoid conducting financial transactions on public Wi-Fi networks. Use a virtual private network (VPN) when necessary to encrypt your data.

**Regularly Update Your Banking App:** Keep your banking app up to date to ensure you have the latest security enhancements and bug fixes.

**Be Cautious of Social Engineering:** Fraudsters may impersonate bank employees or other authorities to gain your trust. Verify the identity of anyone requesting your financial information or assistance. **Check Your Credit Report:** Regularly review your credit report for any unusual or unauthorized accounts or inquiries. You are entitled to one free credit report annually from each of the major credit bureaus.

Protecting your bank account from fraud requires vigilance and proactive measures. By following these essential tips and staying informed about the latest security threats, you can significantly reduce the risk of falling victim to fraudulent activities. Remember that the key to safeguarding your financial well-being is staying one-step ahead of potential fraudsters and taking action promptly if you suspect any suspicious activity in your accounts.

Remember, UBI Federal Credit Union is local and here for you! Please let us know what we can do to help with your banking and financial needs!

# MIKE'S AUTO SERVICE

320 Farmington Ave. (Rt. 10)  
Plainville, CT 06062

## 860-793-2811

*Our Family to Yours*

*\*\*School Is Open Drive with Care\*\**

*Come See Us for your Check Up!!*

Friendly Service YOU can **TRUST**.  
We will work hard to earn your **TRUST**.

**MikesAutoPlainville.com**





**PLAINVILLE  
COMMUNITY NEWS, INC.**

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VP/Publisher Jeannette Hinkson  
Sec/Treasurer Kris Dargenio

**PLAINVILLE HOMETOWN CONNECTION**

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**Attorney Thomas A. Wurz**  
132 East Street, Plainville, CT

**~ ADVERTISING ~**

To place your advertisement  
contact us:

**TEL: (860) 747-4119**

**SUBMISSIONS:**

**Postal Address**

Plainville Community News, Inc.  
27 Sherman Street  
Plainville, CT 06062-0387

**EMAIL:**

plainvillehometown@gmail.com

**OUR WEBSITE: Complete Paper**  
plainvillehometownconnection.com

All contributions, news items and  
advertisements may be dropped off in  
the box at 27 Sherman Street or sent to  
the above email address.

**Town Council Meetings**

Can be seen on

**Nutmeg TV Channel #96**

**Friday & Sunday Evenings**

**~ ADVERTISING ~**

**Business Card Ads \$25.00**

to place your Business Card ad,  
just e-mail it to us & we will  
send you an invoice OR.....for  
Display Ads and Rates Call: 860-  
747-4119

Deb Hardy, Laurie Peterson  
Ray Cormier or Cassandra Clark  
Deadline for submission is the 15th  
of every month. Call us for a quote  
on your special advertisements.  
Tabloid Size Paper (11 x 17)

Printed 10 times a year.  
Each issue is mailed FREE to every  
Plainville household & business.  
Circulation is 9,500.

**NEXT ISSUE WILL BE**

**November**

**DEADLINE IS:**

**OCTOBER 15th**

**Do you have a family member or  
friend in the Armed Service?**

Did you know that they could receive the  
Hometown Connection FREE each month?

Just e-mail their name and address to:

plainvillehometown@gmail.com

or Mail to:

**Hometown Connection**

27 Sherman Street Plainville, CT 06062

This paper is published monthly as a service  
to the citizens of Plainville, Connecticut  
by Plainville Community News, Inc. It is  
a non-profit, 501C, all volunteer group of  
residents who are interested in informing  
our citizens of community activities and  
local news. All positive contributions are  
welcome and will be printed subject to the  
approval of the staff on a space available  
basis.

**Give someone who lives out of  
Town, State or Country  
a gift that lasts all year.....**

**A Subscription to the  
Hometown Connection for  
ONLY:**

**\$25.00 for the First Class Postage**  
Make check payable &  
**Mail to: Hometown Connection**  
27 Sherman Street Plainville, CT 06062

**To All Business Owners and Professionals**

*All our Volunteers are too busy to handle all of our Advertising  
Accounts and....."We all know it pays to advertise"*

*So to make it easy for you to advertise,*

*Just forward your ad & the size (listed below) to:*

**plainvillehometown@gmail.com**

*Before the 15th of the Month for the following month*

*We will send you an invoice!!*

**Plainville Hometown Connection**

**~ Advertising Price List**

**Full Page (10" wide x 16" high) \$500.00**

**1/2 Page (10" wide x 8" high) \$250.00**

**1/4 Page (5" wide x 8" high) \$125.00**

**Ad size (5" wide x 4" High) \$75.00**

**Business Card (3.5" wide x 2" high) \$25.00**

To place an ad: E-mail your ad to

plainvillehometown@gmail.com

& we will invoice you. If you have any questions call

**860-747-4119**

Deadline is the 15th of the month for the following month issue.

*Thanking you in advance!!*

**Questions Asked? If you have any questions, Email to:**

**plainvillehometown@gmail.com or call 860-747-4119**

**Dates to Remember in...**

**OCTOBER**

**Columbus Day.....Mon. 9th**

**PUMPKINFEST.....Sat. 21st**

**Halloween.....Tues. 31st**

*Always Remember.....*

*Your Anniversary & Spouse's Birthday!!*

*To share your special celebrations FREE, just email to:*

**plainvillehometown@gmail.com or send to:**

*Plainville Hometown Connection 27 Sherman Street, Plainville, CT 06062*

**Unable to Attend a Town Council Meeting?**

**If you have an issue, you would like to discuss**

**with the Council or a Councilor, just call**

**860-793-0221 ext. 8703**

**Leave your name, phone number, and**

**the Councilor you wish to contact you.**

**Take a peek...** 

Town Manager's Report..... 4, 5 & 6

Cross Word Puzzle..... 8

Schools in Review..... 14

Obits..... 20 & 21

Puzzle Answer..... 27

Historical Society..... 28 & 29

**Welcome!** If you want to add a lot of "PEP"  
to your life & are interested in joining our

**ALL VOLUNTEER STAFF**

**Call: 860-747-4119**

*for more information or "Just Stop In"*

**Office Hours: Monday - Friday 10:00 am to 5:00 pm**

**Non-Emergency**

**SEE SOMETHING---SAY SOMETHING!**

**call the Plainville Police**

**860-747-1616**

**Emergency**

**911**

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# MICHAEL PAULHUS, TOWN MANAGER'S REPORT TO TOWN COUNCIL

## September 18th, 2023

### Town Manager's Report:

#### How to Brand a Town – Presentation by Matthew Collado

• Matt Collado is a high school (Senior) intern who is assisting the Town Manager's Office with a marketing and branding project. He will give a PowerPoint presentation on his research and action plan to develop a brand by leveraging multiple social media platforms.

#### Paderewski Park

• At the August 21, 2023, meeting I re-capped the site walk that was conducted on July 26th to visually inspect the park and area around the pond. There was a general agreement among the members present that the pond is an asset that should be preserved. There was a general discussion on ways in which to promote conservation efforts while allowing recreational activities to continue.

• In a separate memo, I outlined my recommendations for items like park conditions and possible improvements, upgrades to signage, the boat launch, added conservation efforts, education efforts and promotion of best practices.

• There is an item under New Business to approve the Town Manager's recommendation to promote conservation efforts while enhancing recreational activities.

#### Roadways Dept. Pickup Truck Purchase

• The Roadways Department received a quote from Gengras Ford, LLC for a total of \$50,607.20 for a new, 2024 Ford F-250 Crew Cab 4x4 with the specifications as required by the Town.

• In the FY 2024 Capital Improvement Plan (CIP), the Town Council approved 30,000 for this purchase, which is under the quoted amount by \$20,607.20.

• The additional expense can be accommodated through available funds within the Capital Fund due to cost savings on other projects and purchases.

• There is an item under New Business regarding the approval of Bid #2024-11, Roadways vehicle to Gengras Ford, LLC of Plainville, CT in the amount of \$50,607.20.

#### Honor Heights Sewer Project Update

• The piping infrastructure (sewer mains and laterals) are scheduled to be substantially completed this week - September 18-22, 2023.

• The unfinished business decisions are administrative and include the following:

1. Determining the date of the Final Assessment Public Hearing.

2. Determine the Proposed Final Assessment Parameters

- Preparing Public Hearing Document.

- Suggested Assessment Amount – Approx. \$10k

- Payment Plan and terms, i.e., the interest rate and duration of plan- 5yr., 10 yr., yearly payment due date, etc.

- Demand Dates for Assessment and Hook Up connections.

- Consideration of Incentives Package for those that connect right away at the start (2024): a. Waiving the inspection fee (\$100); b. Deferred Billing up to 3 years, no penalties, no interest.

3. Develop schedule for implementing Final Assessment Tasks. The goal is to complete the process so residents can connect to the public sanitary sewer beginning in April 2024, the start of the 2024 Construction Season. Given the Town Council schedule, I am suggesting a Special meeting of the WPCA be considered for Monday November 27, 2023 to work out the details and sequence of events.

#### Sewer rate Discussion

• Under the Town Charter, the Town Council also serves as the Water Pollution Control Agency for Plainville. As such, the Town Council sets the sewer user rate each October for bills that will be due on November 1st.

• The goal is to maintain a fund balance equal to

three months' worth of the sewer operating budget, which is currently the case but will likely not be the case going forward without an increase. The sewer user rate did not increase in the last two years but the recommendation is to increase the rate by 2%.

• There is an item under New Business to set a public hearing date for October 2, 2023, at 7 pm to hear comments on the proposed rates.

**Drainage Repairs at Norton Park and Hollyberry Lane**  
• An earth drainage swale conveying runoff from the Redstone area to the former canal in Norton Park was damaged, (washed out), during recent summer storms. The objective of the repairs will be to reestablish/stabilize the drainage swale.

• The EZIQC program is a competitively bid on-call service for construction projects offered to the members of the Capitol Region Council of Governments. Gordian Group and its partner Martin Laviero Contractor would perform the proposed repairs.

• The Department of Technical Services and the Roadway Department recommends the Town Council authorize the Town Manager to enter into agreement with Gordian Group/Martin Laviero Contractors utilizing CRCOG's EZIQC program in the amount of \$29,822.49 for drainage repairs in the vicinity of Norton Park and Hollyberry Lane.

• There is an item under New Business to award the project to Gordian Group/Martin Laviero Contractors.

#### Middle School Update

• The Town & BOE staff have been working on the following items related to the Middle School:

1. We have requested updated numbers from CSG for Renovate as New and are working to update numbers from BOE/Town on Maintenance Plan.

2. Review of the application process and reimbursement rate with the State of CT - Office of School Construction Grants & Review (OSCG&R).

3. Review and update of bond analysis and debt service schedule with Rob Buden and Bond Consultant.

• The next step would be to convene a joint meeting of the Town Council and Board of Education to review the information. I would suggest a meeting for Tuesday, September 26, 2023 at 7 pm.

## Happenings

Town Council Meeting on September 18, 2023

*Andy Cirioli, Assistant Town Manager*

#### FALL BULK PICKUP

Fall Bulk Pickup began on Monday, September 11, 2023 and will end on Monday, October 30, 2023.

Plainville has an on-demand policy for the collection of bulk pickup. Residents who currently have curbside waste and recycling collection are eligible to receive one bulk pickup per calendar year free of charge for acceptable large items that do not fit in normal waste collection.

Please visit the Town of Plainville website at: [www.plainvillect.com](http://www.plainvillect.com) for a complete list of acceptable bulk items and instructions on how to request a pickup.

#### PUBLIC LIBRARY

For information on Library programs, including registration, call the Plainville Public Library at 860-793-1446 or visit [www.plainvillect.com/library](http://www.plainvillect.com/library).

#### Gaming and Pizza for Plainville High School Students

• Wednesday, September 20th from 1:00 - 3:00 PM  
Dungeons and Dragons for Beginners

• Thursday, September 21st from 4:00 PM – 5:30 PM

• Open to teens ages 11-17

Culinary Creations

• Thursday, September 21st at 6:00 PM

• Home cooks will learn how to make easy recipes at home through this cooking demonstration and tasting.

#### Tips to Optimize Brain Health with Dr. Wendy Hurwitz

• Tuesday, September 26th at 6:00 PM

Storytimes with Babies and Toddlers

• Begins the week of September 25th  
• Check out the Library website for more information on times.

#### CENTRAL CT CHAMBER OF COMMERCE

Business After Hours for Businesses to Meet and Build Relationships with other Businesses

• Wednesday, September 27, 2023 from 5:00 PM – 7:00 PM at Plainville Funeral Home

• No cost, refreshments will be provided

• Register online at [www.centralctchambers.org](http://www.centralctchambers.org)

#### 133rd Regional Annual Dinner

• Thursday, October 26th from 5:15 PM – 8:30 PM at the Bristol Event Center

#### SENIOR CENTER

For information on Senior Center programs, call the Plainville Senior Center at 860-747-5728. All programs are free and open to the public unless otherwise indicated.

#### FRAUD ALERT BINGO

• Tuesday, September 19th at 1:30 PM

• A fun, interactive way to learn about protecting personal information and finances.

• This program is offered by the CT Department of Banking.

#### Caregivers Toolbox: A Dinner Education for Caregivers of Elders

• A 5-week series from Wednesday September 20, 2023 through October 18, 2023 from 5:30 PM - 7:00 PM.

• The series will provide caregivers with the tools they need to allow their loved ones to remain safe and live at home for as long as possible while reducing caregiver burnout. Light dinner will be served.

• Grant is given from the Plainville Community Fund at the Main Street Community Foundation.

#### Memory Café at the Senior Center

• Thursday, September 21st at 2:00 PM

• Memory Café is a warm & welcoming program for individuals with memory loss. Anyone experiencing memory loss is welcome to attend with their loved ones or caregivers.

#### Snappy Seniors Photography Starts New Season

• Thursday, September 21st at 10:00 AM

• Members with various levels of photography experience are welcome to join.

#### Colon Cancer Prevention, Treatment & Bingo

• Monday, September 25th at 10:00 AM

• Presented by Linda Ivey, Outreach Educator, Hartford HealthCare.

• A short talk on this topic followed by a bingo game based on the talk with prizes.

#### Grandparents Raising Grandchildren 15th Annual Conference

• Tuesday, September 26th from 9:00 AM to 1:30 PM. Must register by September 19.

• Open to any grandparent or relative raising a grandchild/niece/nephew.

• Complimentary Breakfast, Luncheon and Dessert Bar. Raffle Prizes!

#### Veterans Social Hour

• Tuesday, September 26th at 10:00 AM

• Conducted by Sherri Vogt, Veteran's Liaison for Hartford HealthCare Senior Services.

#### FOR ALL VETERANS OVER 60 AND THEIR SPOUSES

#### Book Buds September Book: "The Two Family House" by Lynda Cohen Loigman – Members Only

• Wednesday, September 27th 1:00 PM

• The author delves into the lives of two brothers whose wives share a secret which when revealed will shake the foundation of the house! Coffee & tea provided. Book available at the library main desk.

#### Goat Party

• Wednesday, October 4, 2023 from 2:00 PM to 3:00 PM Norton Park Pavilion—Members Only

• Petting, feeding and snuggling with the goats from Got Your Goat, Washington Depot.

• Complimentary Breakfast, Luncheon, and Dessert Bar. Plus, raffle prizes.

# 2023 ELECTION GUIDE

## ELECTION DAY TUESDAY, NOVEMBER 7TH

State of Connecticut  
Official Ballot

Plainville, Connecticut

Municipal Election

November 7, 2023

Sheet 1 of 1

OFFICE → PARTY ↓	1 TOWN COUNCIL VOTE FOR UP TO SEVEN							10 BOARD OF EDUCATION VOTE FOR UP TO FIVE					14 CONSTABLES VOTE FOR UP TO FOUR				17 LIBRARY TRUSTEES VOTE FOR UP TO TWO	
DEMOCRATIC PARTY	<input type="radio"/> 1A BENJAMIN GEDIMAN	<input type="radio"/> 2A DANIEL F HURLEY	<input type="radio"/> 3A QUINN CHRISTOPHER	<input type="radio"/> 4A CHRISTOPHER WAZORKO	<input type="radio"/> 5A ROSEMARY MORANTE	<input type="radio"/> 6A	<input type="radio"/> 7A	<input type="radio"/> 8A CRYSTAL ST. LAWRENCE	<input type="radio"/> 9A REBECCA MARTINEZ	<input type="radio"/> 10A FOSTER S WHITE	<input type="radio"/> 11A	<input type="radio"/> 12A	<input type="radio"/> 13A WILLIAM P GARRITY	<input type="radio"/> 14A MICHAEL VERRETT	<input type="radio"/> 15A KATHLEEN MICHALIK	<input type="radio"/> 16A SHELLEY JOHNSON	<input type="radio"/> 17A REBECCA IRELAND	<input type="radio"/> 18A
REPUBLICAN PARTY	<input type="radio"/> 1B DEBORAH TOMPKINS	<input type="radio"/> 2B JACOB ROCCO	<input type="radio"/> 3B JOSEPH CATANZARO	<input type="radio"/> 4B KATHERINE M PUGLIESE	<input type="radio"/> 5B DAVID UNDERWOOD	<input type="radio"/> 6B	<input type="radio"/> 7B	<input type="radio"/> 8B JONATHON ONISTO	<input type="radio"/> 9B JERED BRUZAS	<input type="radio"/> 10B ROBERTA LAURIA	<input type="radio"/> 11B	<input type="radio"/> 12B	<input type="radio"/> 13B RICK DREZEK	<input type="radio"/> 14B REJEAN CARRIER	<input type="radio"/> 15B DANNY CARRIER	<input type="radio"/> 16B EZIO CAPOZZI, JR	<input type="radio"/> 17B DAN CIESIELSKI	<input type="radio"/> 18B
WRITE-IN VOTES	<input type="radio"/> 1C	<input type="radio"/> 2C	<input type="radio"/> 3C	<input type="radio"/> 4C	<input type="radio"/> 5C	<input type="radio"/> 6C	<input type="radio"/> 7C	<input type="radio"/> 8C	<input type="radio"/> 9C	<input type="radio"/> 10C	<input type="radio"/> 11C	<input type="radio"/> 12C	<input type="radio"/> 13C	<input type="radio"/> 14C	<input type="radio"/> 15C	<input type="radio"/> 16C	<input type="radio"/> 17C	<input type="radio"/> 18C

VOTE ON THE QUESTION(S)	<input type="radio"/> YES <input type="radio"/> NO	<input type="radio"/> YES <input type="radio"/> NO	<input type="radio"/> YES <input type="radio"/> NO	<input type="radio"/> YES <input type="radio"/> NO
	1. "Shall Chapter IV Section 1 of the Charter of the Town of Plainville be amended to allow for a waiver of the Town Manager Residency Requirement as proposed by the Charter Revision Commission?"	2. "Shall Chapter IV Section 5 of the Charter of the Town of Plainville be amended to allow the Assistant Town Manager or the Town Manager's designee to act as Town Manager during any temporary inability of the Manager to serve as proposed by the Charter Revision Commission?"	3. "Shall Chapter VI Section 6 of the Charter of the Town of Plainville be amended to include additional language regarding participation in the Regional Health District as proposed by the Charter Revision Commission?"	4. "Shall Chapter VII Section 12 of the Charter of the Town of Plainville be amended to make the Director of Finance and Town Treasurer's designation of a deputy optional as proposed by the Charter Revision Commission?"

Be sure to read the instructions on the reverse side of this ballot, it will help you in voting.

### ABSENTEE BALLOT APPLICATIONS ARE AVAILABLE!

Applications must be signed by the voter requesting the ballot. Anyone assisting a voter in filling out the application must also sign and include their name, address, and telephone number in Section VII. Connecticut Law allows you to receive an absentee ballot if you cannot appear at your assigned polling place on Election Day because of any of these reasons:

- My active service in the Armed Forces of the United States
- My absence from my town of residence
- Sickness (to include COVID-19)
- My religious tenets forbid secular activity on the day of the election
- My duties as a primary, election or referendum official at a polling place other than my own during all the hours of voting
- Physical disability

Applications and ballots may be submitted immediately and dropped in the secured, video monitored Election Drop Box located at Town Hall, One Central Square, (Side Entrance) or they may be mailed to the Town Clerk's office. For you to receive your ballot on time, applications should be submitted as soon as possible to avoid receiving a late ballot.

Ballots will be mailed starting October 6, 2023. Completed ballots must be received by 8 p.m. on Election Day. Questions regarding Absentee Ballots may be sent to: arena@plainville-ct.gov

### POLLING LOCATIONS

**District 1: Linden Street School:**  
69 Linden Street, Plainville, CT

**District 2: Our Lady of Mercy Parish Center:**  
19 South Canal Street  
Plainville, CT

**District 3: Toffolon School:**  
145 Northwest Drive  
Plainville, CT

**District 4: Wheeler School:**  
15 Cleveland Memorial Drive  
Plainville, CT

Polls Open 6:00 AM - 8:00 PM

## Register to Vote

*Who can Register to Vote in Connecticut?*

#### To Register to Vote in Connecticut you must:

- Be at least 17 and turning 18 on or before Election Day,
- Be a U.S. citizen living in Connecticut, and
- Have completed confinement and parole for a felony conviction.

#### Pre-Registration:

You can pre-register to vote in Connecticut if you are 18 years old on or before the next election, unless it is a special election.

## Voter Registration Deadlines

#### The Deadline to Register to Vote is:

**Mail:** postmarked 5 days before the election for a primary and, for a general, postmarked or received by the 7th day before the election.

**In person:** noon on the last day before a primary or, for general elections, by the 7th day before the election.

**Online:** 5 days before the election for a primary and, for a general, by the 7th day before the election.

### REGISTRAR OF VOTERS

**Beth Gasparini**  
(860) 793-0221 ext. 7162

**Susan Abram**  
(860) 793-0221 ext. 7161

### DEPUTY REGISTRAR

**Jo Rosinski**  
**Lori Jackson**



32 31 30 29 28 27 26 25 24 23 22 21 20 19 18 17 16 15 14 13 12 11 10 9 8 7 6 5 4 3 2 1



## From the Desk of:

### Cal Hauburger

*Economic Development & Special Projects Coordinator*

**Community Video Series** – The Town Manager is looking to leverage free resources to increase the Town's online presence. The effort is two-fold; to provide better transparency to citizens of the current and future happenings and events in the Town, and to highlight the Town, services, and offerings as an assistance and recruitment tool to current and future businesses. The goal is to create and utilize various avenues of social media to develop creative and engaging videos that are informative, and on some level, entertaining. Internal options are being reviewed for the best path forward, but I do anticipate this to evolve over the coming months into tangible products.

Relatedly, the Town Council approved the Town to engage with CGI Communications for the updating of our Community Video Series. The Town first worked with CGI on this project pack in 2019, and with updates and changes in personnel over that time, there was a desire to redo the videos. As was true before, the videos are scripted, filmed, and edited by CGI at no cost to the Town. CGI makes money by selling ad space around the videos, much like any free iPhone app, and when in Town filming, CGI can privately engage with local businesses to assist in increasing their online presence, whether that be website development or creating various advertisements for the businesses that would otherwise not be able to be handled in house.

My office held a kick-off meeting with CGI this past week, and a production meeting has been scheduled for next week to review current videos and discuss how best to update them. The goal is to have CGI in Town to film during October to capture prime foliage and allow us to work with the new Superintendent when updating the "Education" video.

**White Oak Update** – At their August 21st meeting, the Town Council approved Staff's recommendation to award the hazardous building abatement of existing structures of White Oak to Enviro Consultants and Recyclers of Danbury in the amount of \$625,000 – less than the estimate cost provided to us by Tighe & Bond. After review by Staff, Tighe & Bond, and DECD, there's confidence in Enviro being able to fully execute the necessary scope of work at the noted cost. A contract has been drafted and is currently under DECD review. It is anticipated that approval will be received shortly, and execution will occur soon after. Enviro has provided a timeline of 9-10 weeks to complete the work.

Meanwhile, Tighe & Bond continues to work with MNR on development of a Master Plan, and consequently, an RFP for soil remediation. MNR will have to submit the final Master Plan to Planning & Zoning before the end of the year. The hope is they will have design finalized before that date, allowing Tighe & Bond to finalize a Remedial Action Plan for the site, as well as publish the RFP for soil remediation later this fall.

**North Mountain Road** – Town Staff has continued efforts to assist the Tomasso Group in advertising their development opportunity surrounding the existing cancer treatment center on North Mountain Road. Recently, Tomasso purchased the remaining 10-acre parcel that was among the other ~100 acres of land they owned surround the center, allowing them to now advertise a fully contiguous parcel. Advertising efforts have been ramped up with both print and digital promotions with local, regional, and state stakeholders. As was done with the previous ~100 acres, Tomasso is anticipated to apply for a rezoning of the new parcel to Technology Park before the end of the year. The rezoning will enhance their ability to recruit businesses to create a larger medical campus. Recruitment is further buoyed by the parcel's designation as a Bioscience Zone, which can potentially provide very lucrative state tax incentives.

#### **Business Developments** –

Big Steve's has been sold by the original owners as they have decided to retire. The business has been taken over by a new group who is rebranding as Fina's Kitchen. In addition to the menu staples, Fina's Kitchen is expanding the menu to include more Mediterranean style foods and daily specials. A woman's clothing store, BU Boutique, is set to

open at 442 East Street near the Southington line. I have met with the owner various times over the last few months to go through the opening process and am working with the Central CT Chamber to schedule a ribbon cutting for the business.

Hair Musiq Salon & Spa is also working to open a location on East Street specializing in "hair, skin and self-care". A ribbon cutting and grand opening ceremony with the Central CT Chamber was scheduled for Wednesday, September 20th from 4-6pm.

*That's all for this month's update. I do anticipate that we will likely meet next month to review an application depending on a decision by Planning & Zoning. I will keep the group updated on advancements.*

#### **Town of Plainville**

**One Central Square, Plainville, CT 06062**

**P: (860)793-0221 x7178**

**hauburger@plainville-ct.gov**

## PLAINVILLE Property Transfers

**31 Maiden Ln:** Mary Huff of Plainville to Adam M. and Erin M. Brousseau, \$316,200 on 8/3/2023

**15 Bradley St: Unit 15:** Daniel Audet and Josee Iozzo of Plainville to Susan J. Fowler and Leonard F. Mytych, \$367,500 on 8/3/2023

**77 E. Broad St.** Kathleen A. Brousseau of Plainville to Amy Bartolucci, \$215,000 on 8/8/2023

**19 Florence Ln:** Rachel and Alastair Bell of Plainville to Kelly A. Cassada and Karissa R. Ekwall, \$285,200 on 8/8/2023

**137 Willow Brook Dr:** Newport Willow Brk Partne of Plainville to Vanetta Hayhurst, \$431,795 on 8/2/2023

**14 Elm Ct:** Kory E. Martin of Plainville to Richard D. Newell, \$25,000 on 8/8/2023

**28 Washington St:** Cco Enterprises LLC of Plainville to Elliot Garcia, \$377,500 on 8/15/2023

**Olde Canal Square Condo Unit 3:** Daisy A. Savino of Plainville to P2 Properties LLC, \$80,000 on 8/11/2023

**82 Shuttlemeadow Rd:** James and Nicole Doriron of Plainville to Nicholas E. Streifel, \$278,000 on 8/14/2023

**82 Park St:** Andrew Thompson and Siobhan Kinney of Plainville to Reuben H. and Jennifer L. Shah, \$345,000 on 8/9/2023

**E. Main St:** Zac LLC of Plainville to Rg Commercial LLC, \$480,000 on 8/3/2023

**186 Willow Brook Dr. Unit 186:** Newport Willow Brk Partne of Plainville to Jeffrey D. Plourde, \$402,000 on 8/23/2023

**7 Dave St:** James and Donna Bell of Plainville to Richard and Deborah Howe, \$275,000 on 8/28/2023

**N/A Trumbull Homes LLC of Plainville to Ryan Tunnaclyffe and Meghan Rigney, \$546,037 on 8/24/2023**

**190 Tomlinson Ave:** Cory Seeger and Bailey Mclellan of Plainville to Tyler J. Hall, \$242,000 on 8/22/2023

**492 East St. Unit 5:** Jeannettee C. Varkal of Plainville to Signature LLC, \$112,000 on 8/24/2023

**143 Willow Brook Dr Unit 30:** Newport Willow Brk Partne of Plainville to Donna M. and Armand Minutillo, \$514,598 on 8/28/2023

**64 Northampton Ln Unit 64:** Melissa J. Veale and Mortgage Assets Mgmt LLC of Plainville to Mary K. Case, \$169,000 on 8/21/2023

**251 Cooke St:** June Blanchette of Plainville to Eric Szarejko and Emily A. Bienasz, \$150,000 on 8/30/2023

**11 Beckwith Dr:** Sean and Diana Kafka of Plainville to Joseph M. Spinato and Alfreda R. Freeman, \$250,000 on 8/29/2023

**5 Sandstone Rd Unit 5:** Alberto F. Arebalo of Plainville to Kimberly M. and Justin Kilker, \$505,000 on 8/29/2023

**49 Prentice St:** Joseph A. Collins of Plainville to Chantel Out and Travis Boone, \$280,000 on 8/29/2023

**15 Strong Ct:** Edward Magnano of Plainville to Lauren and Matthew Sepko, \$340,000 on 8/29/2023

**100 Northampton Ln Unit 30** Christopher M. Catalano of Plainville to Eric S. and Ariana Larson, \$218,000 on 8/28/2023

**90 Tomlinson Ave:** Scott and Heather Zuckerman of Plainville to Eric G. and Carlie J. Dubois, \$335,000 on 8/30/2023

**28 Metacomet Rd:** Jeremy J. Colon of Plainville to Mackenzie Flanigan and Gil Martinez, \$410,000 on 8/31/2023

**296 Camp St:** Gene L. and Cynthia Logan of Plainville to Michael and Laura Firmani, \$530,000 on 8/31/2023

**97 Northwest Dr:** John B. and Bogumila Gladysz of Plainville to Camila Bossero and Nijee Grant, \$375,000 on 8/31/2023

**44 Prentice St:** Maria Pastore of Plainville to Sierra K. Laferriere, \$355,000 on 8/28/2023

**29 Loomis Ave:** James W and Michelle M. Mcgee of Plainville to Michael A. and Cristine S. Mucci, \$285,000 on 8/22/2023

**5 Oakwood Cir Unit 5:** Trumbull Homes LLC of Plainville to Prathyusha Kodavala, \$457,261 on 8/23/2023

**39 Cottage St:** Freedom Property LLC of Plainville to Michael and Michelle Morin, \$360,000 on 8/24/2023

## Town of Plainville Snow Plowing Bids 2023-2024

**The Town of Plainville Roadway's department is seeking quotes for the snowplowing of town streets for the 2023/2024 winter season. Truck size minimum requirement is 25,000 to 54,000 GVW with a minimum 9 foot 4 way snowplow. Loaders with snowplows are accepted.**

**Specifications and quote submittal sheets may be obtained at the:**

**Public Works department, Room 102  
Municipal Center, One Central Square,  
Plainville, CT.**

**Please submit quotes back to the Public Works department by November 17th, 2023.**

**Questions can be referred to Public Works Administration at 860-793-0221 x7176, or you can refer to the Public Works Department page on the Town of Plainville website,**

**[www.plainvillect.com](http://www.plainvillect.com)**

## PLAINVILLE VETERANS MEMORIAL WALL

**The Memorial Wall is located on the main floor of the Plainville Municipal Center adjacent to the Town Clerk's Office. Visitors may view the Wall during normal business hours. If you are interested in adding a Veteran's name to the Wall, applications are in the Municipal Center, Senior Center, and VFW Post 574.**

## Information or Questions on Voting Contact:

**Susan Abram  
Democrat**

**Registrar of Voters**

**860-793-0221 Ext. 7161**

**Beth Gasparini  
Republican**

**Registrar of Voters**

**860-793-0221 Ext. 7162**



## Statewide Benefit 11th Bi-Annual Holistic Expo Sunday, October 15th

### John LeBeau Announced as Fall Health Expo's Keynote Speaker

The 11th Bi-Annual New England Passport to Health and Wellness EXPO keynote speaker will be John LeBeau, INHC, an orthomolecular researcher, integrative nutrition health consultant and holistic practitioner. His keynote topic, Covid-19, Vaccines and Controversies – Find Your Truth, will offer information and solutions for multiple health issues facing the public. The EXPO takes place October 15 from 10 a.m. to 4 p.m. at the DoubleTree by Hilton in Bristol, Connecticut.

Over the last 25 years, LeBeau's research in orthomolecular/functional medicine and integrative nutritional therapies has led him to his practice in natural health and wellness. Giving individuals options to the standard approaches to chronic disease and illness is a major priority. Over the last 3 years, his research and practice has shifted to Covid-19 and vaccine toxicity. He works on eliminating all toxic issues from the body. His patients include medical professionals locally and from around the country. His lecture will take place in the Atrium at 1 p.m. with a Q&A following the presentation.

You can reserve seating on EventBrite at [EventBrite.com/e/Passport-to-Health-and-Wellness-Expo-Keynote-Speaker-Lecture-Tickets-698158239087](https://www.eventbrite.com/e/Passport-to-Health-and-Wellness-Expo-Keynote-Speaker-Lecture-Tickets-698158239087).

The expo will feature speakers on the half-hour, over 75 vendors and readers, free raffles all day, and a grand prize of a Hilton overnight stay with breakfast for two, as well as a free sound healing event from 4-5 p.m.

The Passport to Health & Wellness Expo, co-sponsored by the Fairfield & Southern Litchfield Counties and New Haven & Middlesex Counties editions of Natural Awakenings, is a free event to the public with advance tickets available on EventBrite.com. All door proceeds will be donated to the Children's Health Defense New England Chapter.

For more information, call Shirley Bloethe at 860-989-0033, email [YourHolisticEvents@gmail.com](mailto:YourHolisticEvents@gmail.com) or visit [YourHolisticEvents.com](http://YourHolisticEvents.com). Location: The Bristol DoubleTree by Hilton, 42 Century Dr, Bristol, CT.

## OP-ED - The Ban on Gas-Powered Cars and Trucks

By State Rep. Francis Cooley

The Lamont Administration has decided to follow California down the proverbial rabbit hole in banning the sale of gas-powered vehicles starting in 2035. The proposal, whose merits and faults will not be debated in the General Assembly, is being instituted by administrative fiat after a brief public comment period run by the Department of Energy and Environmental Protection (DEEP). Such a radical reorganization of our transportation system and economy is not something that should be undertaken without serious thought first, and definitely is not something that should be imposed on state residents by an unelected bureaucracy as is being done.

The notion Connecticut can simply get rid of gas-powered vehicles and replace them with all-electric vehicles is nonsensical. The state does not have the infrastructure to power all its transportation needs with electricity. There is not enough supply, nor is there a coherent plan to provide enough supply in just under twelve years. The infrastructure is not going to magically appear. New power sources take time. Permits must be obtained not only through the state bureaucracy but also the federal bureaucracy. Even in the best of circumstances new power projects take years to build. The Collinsville Hydro-electric plant has just started producing power eight years after its initial proposal eight years ago in 2015.

Wind and solar projects currently underway will not produce anywhere enough energy to meet the demand of an all-electric transportation system of vehicles. Nor will they fill the void left by the eventual closing of the Millstone Nuclear Energy plant which has extended licensing for Unit 2 ending in 2035 and Unit 3 ending in 2045. The State of Connecticut through DEEP is aggressively moving to close the trash to energy plants still remaining in the state. The current on the board projects to fulfill the State's ambitious plans to have Connecticut's electric supply be all renewable energy by 2040 is currently on target to be short of the actual electric needs of the State as currently envisioned without electric vehicles. The physics and math do not support this plan.

Economically the transition to all electric vehicles will make Connecticut less competitive in the global marketplace. Let's not forget, Connecticut has one of the highest electric rates in the country. For those businesses and individuals that stay in Connecticut an all-electric vehicle fleet will have a disastrous impact on just maintaining our existing infrastructure. HVAC, Plumbers, Electricians, and other service providers who crisscross the state to fix our heating and cooling, plumbing, electrical systems and other systems necessary to keep our homes and businesses running will be spending more time idle waiting as their tool and supply laden vehicles have to take a midshaft half-hour to hour recharge of their batteries costing them at least a service call a day. That's a minimum of five lost service calls a week per tradesman, 250 a year. At 1000 tradesmen, that is a quarter of a million lost service calls a year. This is a conservative estimate. For many workers who rely on their cars for work going from site to site in sales, deliveries, etc. the time they will have to take to recharge their vehicles battery from their work will be economically catastrophic for many of them. There has been little foresight into the negative economic impact this policy will have on the Connecticut economy.

Families already financially stressed will see sticker shock looking to purchase a new EV vehicle. Never mind what a family would see when they open up their first Eversource bill after a month of home charging. The plan to put further strain on electricity-market with an all-electric vehicle mandate will only increase the price of electricity. This is the simple law of supply and demand. Connecticut is losing industry and business already due to its high tax and energy costs. Frontier has

just recently announced it is seeking to move its headquarters out of Norwalk for either Texas or Florida. Increasing energy costs to business will only accelerate the number of businesses leaving the state for less expensive locations. Ultimately, the laws of physics, economics, and mathematics cannot simply be rewritten on a political whim. Policies that do not consider the real-world impact are doomed for failure. Those who will pay the price are not the unelected bureaucrats but the residents of Connecticut. The all-electric vehicle policy being foisted upon Connecticut needs to be opposed for these reasons.

### Help Your Neighbors in Plainville!

The Plainville Community Fund (a fund within the Main Street Community Foundation) is again offering an opportunity to support the entire Plainville Community through our Annual Bountiful Basket Raffle.

By participating in our raffle, you can directly assist your friends and neighbors in Plainville. This raffle will support the Plainville Community Fund – a community-based permanent fund established in 2006. We award grants from this Fund annually to local organizations that work to “enhance the quality of life for all Plainville residents.” Since its establishment, the Fund has awarded over \$80,000 to Plainville programs and projects.

We encourage and invite individual residents, local clubs, churches, and groups/organizations to create a “THEME BASKET” to donate to the raffle. Ideas for themes could be travel, reading, gardening, cooking, sports, beach, health and beauty, seasonal, kids, pets – or anything you can think of. Baskets typically are valued at \$50.00 - \$150.00. **The basket raffle will take place at Gnazzo's Food Center from Thursday October 5th to Saturday October 7th.** If you create a basket, you may deliver it to the Petit Properties office at 10 Whiting Street from Monday October 2nd to Wednesday October 4th from 10:00 am – 3:00 pm. If the office is closed, please call Glenn Petit at 860 406-1866.

### OR BRING YOUR BASKET TO GNAZZO'S THE DAY OF THE SALE.

You may also call a co-chair to make other arrangements. For more information or to sign up, please contact either co-chair for this event:

**Kelly Perrotti 860 919-7538**  
[k.perrotti@comcast.net](mailto:k.perrotti@comcast.net) or

**Deanna Gelt 860 989-9772**  
[deanna.gelt@gmail.com](mailto:deanna.gelt@gmail.com)

*Thank you for your continued generosity and leadership as we all work together to support our Plainville Community. Together we will make a difference.*

*Please be sure to include your name and address with your basket so we may have an opportunity to acknowledge your generous contribution.*

## Plainville Community Fund Advisory Council

Bill Petit, Jr., Chair  
Andrea Wasley, Co-Chair  
Carol Stauble, Secretary  
Helen Bergenty  
Blair Bouchard  
Simonne Corriveau  
Mary Couture  
Lynn Davis  
Val Dumais  
Deanna Gelt  
Ken Gnazzo  
Lana Manafort  
Ashley Mroz  
Kelly Perrotti  
Bill Petit, Sr.  
Robyn Poulos

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VIKING RIVER CRUISE TRIP  
MEETING**

*You Are Invited / Open to the Public*

**Danube Waltz Cruise, April 27—May 5, 2024**

9 Days, 7 Nights from Passau, Germany to Budapest, Hungary, including everyone's favorite—Vienna, Austria. From \$2,999.00 (plus airfare) for twin outside stateroom.

Learn all about this exciting adventure & see a video explaining the cruise, the ship and all you will do.

Flyers available with details.

Call the Senior Center to register for the meeting.

**YES / OPEN TO THE PUBLIC!**

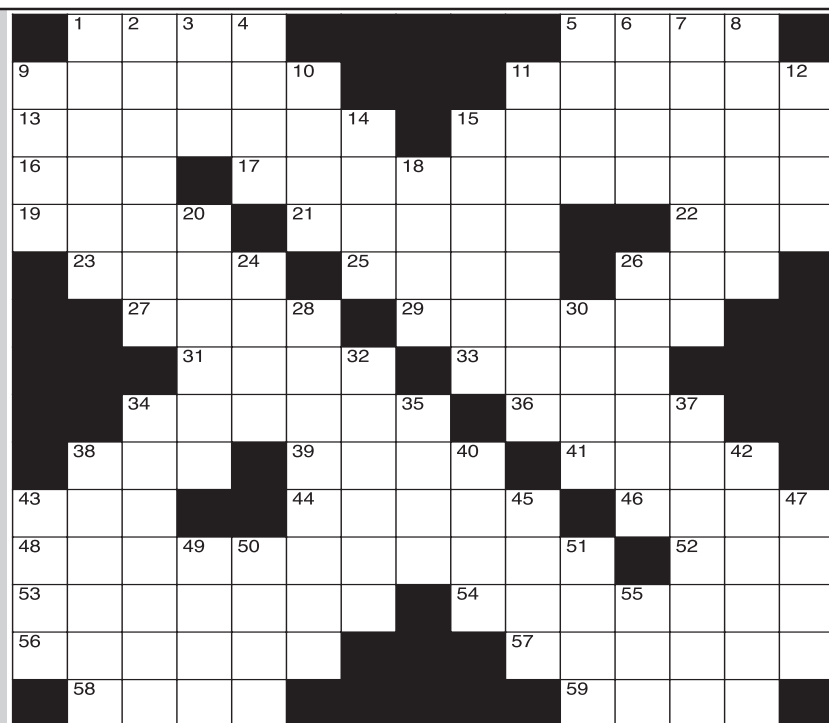
**Thinking About Starting A Business In Plainville?**

*Always check with the Economic Development Commission*

*For assistance Contact:*

Cal Hauburger, Economic Development Director  
Call 860-793-0221 Ext.7178

Crossword



**CLUES ACROSS**

- 1. MALE CHILDREN
- 5. ROBERT WAGNER SERIES "HART TO \_\_\_"
- 9. UNFOLDED
- 11. DIGESTIVE DISEASE
- 13. WEDNESDAY
- 15. MALIGNANT TUMOR
- 16. CONSCIENTIOUS INVESTMENT STRATEGY (ABBR.)
- 17. SLOWED
- 19. LETTER OF THE SEMITIC ABJADS
- 21. WEIGHTS OF CARS WITHOUT FUEL
- 22. FORMER CIA
- 23. ASIAN COUNTRY
- 25. INSTEAD
- 26. ANCIENT EGYPTIAN KING
- 27. PRIVIES
- 29. SHOPPING TRIPS
- 31. PARADOXICAL ANECDOTE
- 33. IT'S ON THE TABLE
- 34. ANCIENT PERSIA RULER
- 36. SMALL AMERICAN RAIL
- 38. FILE EXTENSION
- 39. DAYS (SPANISH)
- 41. EVERYONE HAS ONE

**CLUES DOWN**

- 1. RINGLET
- 2. TYPE OF COMPLEX
- 3. MIDWAY BETWEEN NORTH AND NORTHWEST
- 4. IT BECOMES SOMETHING BIGGER
- 5. GERMAN COURTESY TITLE
- 6. GENUS OF BIRDS
- 7. MARKED BY PUBLIC DISORDER
- 8. LEAST AGGRESSIVE
- 9. RUSSIAN CITY
- 10. INSECT REPELLENT
- 11. INTERRUPTIONS

- 12. SCOUNDRELS
- 14. 1,000 CALORIES
- 15. WHAT ONE DOES OVERNIGHT
- 18. DWARF PLANET
- 20. PIPE
- 24. BLACK POWDERY SUBSTANCE
- 26. SET OF FOUR
- 28. CANNED FISHES
- 30. NORTH CAROLINA COLLEGE
- 32. SECURED
- 34. A DISGRACEFUL EVENT
- 35. PHYSICAL SUFFERING
- 37. THE HOME OF THE FREE
- 38. SOME ARE BOYS
- 40. SATISFY
- 42. MAKES VERY HAPPY
- 43. SOUTH AMERICAN PLANTS
- 45. MODES OF TRANSPORTATION
- 47. FEMALE SHEEP
- 49. TYPE OF TORCH
- 50. PIECE OF MERCHANDISE
- 51. JUMP OVER
- 55. WIFE OF AMUN

**Answer on page 27**

**NOTARY PUBLIC:**

**KATHY PUGLIESE**

50 West Broad Street PLAINVILLE, CT 06062

Phone 860-987-8705

**“HAPPY & HEALTHY  
BIRTHDAY TO ALL!!”  
OCTOBER**



- 1ST ANDREW MADIGAN
- 4TH KRISTIN BERGENTY  
KIM HAYES
- 5TH KAREN MORRIS
- 8TH JACKIE CIANCHETTI
- 10TH ART SCREEN
- 11TH BOB DEBLOIS
- 13TH CHRISTINA TUFTS
- 16TH FRANCIS COOLEY
- 25TH RYAN KLAPPRODT
- 26TH STEPHANIE BROW  
SUSAN ABRAM
- 28TH JUSTIN ABRAM  
NANCY (EISENHAUER) NAPOLITANO

\*\*\*\*\*

**HAPPY ANNIVERSARY  
OCTOBER 8TH- 40 YEARS  
ROBERT & JANICE GAUVIN**

\*\*\*\*\*

**HAPPY ANNIVERSARY**

- WEST MAIN PIZZA -EAST MAIN ST. = 53 YEARS
- PAGLIACCI'S RESTAURANT-EAST ST. = 56 YEARS
- GERVAIS BROTHERS-WHITING ST. = 63 YEARS
- DBK JEWELERS-EAST ST. = 23 YEARS

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**Celebrating an Anniversary????**

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*or Call 860-747-4119*

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Anniversary, Engagement or Wedding Announcement

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**Mail To:** Hometown Connection 27 Sherman Plainville, CT

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Please submit your wishes on/or before the 15th of each month

**THE Central Connecticut Tea Party**

Southington, Cheshire, Plainville  
Bristol and Meriden

Pd. for by: The members of the Tea Party



# P-l-a-i-n-v-i-l-l-e

*Here are some of your favorite places, people or things around town to rave about this month*

**Pat Raves:** Just want to share my recent experience when I stopped by Forestville Lumber Company on Townline Rd. in Plainville with a broken sliding glass door handle. Craig & Leo were so helpful! Craig tried several times and did his best to repair it for me...couldn't be done!

However, I was never pressured by either one to purchase the part from them. Because of their service and help, I would not buy what I needed from any other place!

Both Leo and Craig are an asset to Forestville Lumber! Thank Guys, Pat

**If you don't have a computer and have a Fave or Rave**

**Call 860-747-4119 and leave your message OR**

**Mail it to: Plainville Hometown Connection**

**27 Sherman Street, Plainville, CT 06062**

*Share your Faves & Raves with everyone!*

*Let's hear what you have to say, we need your comments!*

## Make My Day by: Raymond Cormier

\*It was raining the other day and I was just about to put my purchases in my car. A young man stopped and did it for me. He Made my day! Never got his name, I did tell him he really Made my Day! He certainly did!

*Perhaps you would like to thank a neighbor for a kindness and we would like to help you give this person recognition for a job well done. If this person works for a local business, we are sure his or her employer is going that extra few steps to help their customers.*

*Mothers & Fathers, I am sure your child has "Made your day". Let us know about some little things they do to help around the home, empty the baskets, wash the dishes, and etc.*

*We will use first names only, but they will know who they are the one that helped you out.*

## “Ask Sheila”

Q-1) I understand that Oct 15 thru Dec 7 is the Annual Enrollment Period. I have had the same Medicare Advantage Plan for 7 years. Should I just keep my same Plan? Is there really any difference between the first Advantage Plans and the 'newer' ones?

**A-1) Actually, there have been many changes in benefits from the beginning of Advantage Plans in the early 2000's. Currently there are many Advantage Plans with \$0 Premiums, Plans with No Referrals are available through many Carriers, additional \$0 copay Dental and Vision benefits are included most 'newer' Advantage Plans. It would be in your best interest to have a Plan review and comparison.**

Q-2) I have a Medicare Supplement Plan from a large Insurance Carrier and my Premium was just increased to over \$400 per month. Are Medicare Supplement Plans different between Insurance Companies? When could I switch from one Insurance Company to a different Insurance Company?

**A-2) The benefits in each lettered plan are the same, no matter which insurance company sells it. Price is the only difference between policies with the same letter sold by different companies. Unlike Advantage Plans, you can change your Supplement Policy at any time; you are not restricted to the Annual Enrollment Periods.**

Q-3) Can I have a Medicare Advantage Plan if my spouse has a Medicare Supplement Plan?

**A-3) Yes, each person has their own individual Medicare ID and can have the type of Plan that works best for them. You are not required to have the same type of Plan or the same Company as your spouse.**

If you have any specific questions, or would just like to talk about Medicare, please feel free to give me a call 860-965-0091 Sheila Dow

### AMERICAN SENIOR BENEFITS

10 Waterside Dr., Suite 104

Farmington, CT 06032

Office: 860-676-0260 ext 296

Cell: 860-965-0091

SDow@AmericanSeniorBenefits.com

Sheila Dow

Independent Agent



## Plainville Fire Company Hot Air Balloon Festival

On behalf of Co-Chairmen Lt. George Davey & Firefighter Andrew Moore, along with the entire Plainville Fire Company; we would like to acknowledge and thank all the Volunteers that came forward and dedicated time to work, during this year's Plainville Fire Company's Hot Air Balloon Festival, August 25th & 26th!

After a 3 year hiatus due to the pandemic, it was great to get back and host this event. We look forward to next year's event!

*Sincerely,*

*Phil Brousseau*

*Secretary, Plainville Fire Company*

## The Women's Club of New Britain will meet at 2:00 PM on Thursday, October 5, 2023

The meeting will be at the First Congregational Church, 830 Corbin Ave. New Britain, CT.

**The name of the program is: "HIGH TEA"**

Christina Volpe, Curator of the Barnes Museum in Southington, will deliver a presentation on the history of Victorian Teatime

and offer insight as to how tea was traditionally practiced by ladies in New Britain. The presentation will feature photographs, artifacts and textiles from Museum's collection.

Come and enjoy special refreshments at our very own High Tea.

Guests are welcome to attend for a \$10.00 fee.

New members from The Greater New Britain Area are welcome to join the club.



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**Phone: 860-793-2686**

## To: All Civic & Religious Organization

We would like to invite everyone: to share your activities with our readers. Please forward all news and pictures to:

**plainvillehometown@gmail.com**

*Thanking you in advance! .... The Editor*

**We Are On Line**  
**www.plainvillehometownconnection.com**  
**You get Double Coverage!**



## HOW TO START A FIGHT

One year, I decided to buy my mother-in-law a cemetery plot as a Christmas gift. The next year, I didn't buy her a gift. When she asked me why, I replied, "Well, you still haven't used the gift I bought you last year!"

***And that's how the fight started . . .***

My wife and I were watching "Who Wants To Be A Millionaire" while we were in bed. I turned to her and said, "Do you want to have loving?"

"No," she answered. I then said, "Is that your final answer?"

She didn't even look at me this time, simply saying, "Yes."

So, I said, "Then I'd like to phone a friend."

***And that's how the fight started . . .***

My wife and I were sitting at a table at her school reunion, and she kept staring at a drunken man swigging his drink as he sat alone at a nearby table.

I asked her, "Do you know him?" "Yes," she sighed, "he's my old boyfriend."

I understand he took to drinking right after we split up those many years ago, and I hear he hasn't been sober since."

"My God!" I said, "Who would think a person could go on celebrating that long?"

***And that's how the fight started . . .***

When our lawn mower broke and wouldn't run, my wife kept hinting to me that I should get it fixed. But, somehow I always had something else to take care of first - the shed, the boat, making beer . . . always something more important to me. Finally, she thought of a clever way to make her point. When I arrived home one day, I found her seated in the tall grass, busily snipping away with a tiny pair of sewing scissors. I watched silently for a short time and then went into the house. I was gone only a minute, and, when I came out again, I handed her a toothbrush. I said, "When you finish cutting the grass, you might as well sweep the driveway."

***The doctors say I will walk again, but I will always have a limp.***

My wife sat down next to me as I was flipping channels. She asked, "What's on TV?" I said, "Dust."

***And that's how the fight started . . .***

Saturday morning, I got up early, quietly dressed, made my lunch, and slipped silently into the garage. I hooked the boat up to the van and proceeded to back out into a torrential downpour. The wind was blowing at 50 mph, so I pulled back into the garage, turned on the radio, and discovered that the weather would be bad all day. So, after all that, I went back into the house, quietly undressed, and slipped back into bed. I cuddled up to my wife's back, now with a different anticipation, and whispered, "The weather out there is terrible."

My loving wife of 5 years replied, "And, can you believe my stupid husband is out fishing in that?"

***And that's how the fight started . . .***

My wife was hinting about what she wanted for our upcoming anniversary. She said, "I want something shiny that goes from 0 to 150 in about 3 seconds. I bought her a bathroom scale."

***And that's how the fight started . . .***

My wife was standing nude, while looking in the bedroom mirror. She was not happy with what she saw and said to me, "I feel horrible; I look old, fat and ugly. I really need you to pay me a compliment."

I replied, "Your eyesight's damn near perfect."

***And that's how the fight started . . .***

I rear-ended a car this morning - the start of a REALLY bad day! The driver got out of the other car, and he was very, very short!!

He looked up at me and said, "I am NOT happy!"

So, I said, "Well, which DWARF ARE you then?"

***And that's how the fight started . . .***

**How to Start a Fight? Submitted by Stan Pelchar**

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### 22nd Annual Helen and Danny Coughlin Walk

Norton Park

Saturday, October 7th

Registration Begins at 9 A.M.

Followed by Opening Ceremonies and the Walk

This years Grand Marshals are Andrea Wasley, owner of Plainville

Funeral Home ], and Matt Gingras, longtime PARC member and

community volunteer. This event is PARC'S biggest fundraiser.

## Letters to the Editor.....

Dear Editor:

I am writing to support Kathy Pugliese for re-election to the Plainville Town Council. Under Kathy's leadership the Republican led council has held the line on taxes during this period of high inflation. She has done a great job for Plainville.

Sincerely,  
Helen Bergenty

Dear Editor;

Roberta Lauria, Jonathon Onisto and Jered Bruzas are running as the GOP slate for the Board of Education in Plainville. All three believe in Equality not Equity and are proponents of educating our children to prepare them for the future and not political indoctrination. That's why I am voting for the Plainville Republicans this November.

Susan R. Whalen

Dear Plainville Citizens,

I am writing this letter to support Crystal St. Lawrence who is running for re-election to the Plainville Board of Education. I have known Crystal for the past ten years, as a fellow parent in town and also as a former teacher in the district. Crystal and I worked closely when she was a substitute teacher on my team. In that role, she had direct experience seeing what the needs were for students, teachers, and staff. Crystal and I also worked closely on the Parent Teacher Organization (PTO). Once again this allowed her to work closely with other parents, teachers, and administrators. Her past involvement in each of these duties has given her on-site experience in the day-to-day activities in our schools. These experiences along with her last two terms as a board member make Crystal St. Lawrence the best candidate to be re-elected to the Plainville Board of Education.

I am thankful that she has decided to run again. She is a quiet force who is dedicated, committed, and informed. She will continue to fight for what's best for all Plainville students. Please vote for Crystal St. Lawrence, Plainville Board of Education.

Diane Rottier

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Trivia begins at 7pm Cost is \$10 per person

Create a team or play as an individual - Snacks & Beverages available for purchase Great Prizes! For more info or to register, email Joyce at [GraceTrivia@gmail.com](mailto:GraceTrivia@gmail.com)



**Akshay Patel, D.O.**

Board-Certified  
 Otolaryngologist

Dr. Akshay Patel was born and raised in Rocky Hill, Connecticut. After graduating from the top of his class at the Chicago College of Osteopathic Medicine. Dr. Patel pursued his residency training in otolaryngology-head and neck surgery and facial plastics surgery at St. Barnabas Medical Center in New Jersey, where he also served as chief resident. Shortly thereafter, he obtained fellowship training in head and neck surgical oncology and microvascular reconstructive surgery at Case Western University-University Hospitals in Cleveland, Ohio. Dr. Patel's clinical interests include head and neck surgical oncology and reconstructive surgery, as well as program development, patient outcome, resident teaching and reconstructive techniques. He has presented nationally and published on subjects relating to reconstructive surgery and head and neck cancer.



**Carl Moeller, M.D. Board-Certified Otolaryngologist**

Dr. Moeller is an ear, nose and throat (ENT) doctor, serving both pediatric and adult patients. Dr. Moeller treats common ENT ailments, such as acute sinus infections, allergies and ear infections, as well as more complex problems, such as sleep apnea, snoring, salivary gland tumors, thyroid tumors, chronic sinusitis and nasal polyps. He is one of the few surgeons in the Northeast to offer hypoglossal nerve stimulation to treat sleep apnea. Dr. Moeller joined Connecticut Ear, Nose & Throat Associates in 2011 after attending Loyola University Chicago-Stritch School of Medicine and completing his residency and training in otolaryngology-head & neck surgery at Loyola University Medical Center.



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**Kyle Chambers, M.D. Board-Certified Otolaryngologist**



Dr. Chambers provides evidence-based surgical and medical treatment for adult and pediatric patients with sinus, ear, nose, and throat conditions. Dr. Chambers received his undergraduate degree from Dartmouth College and his medical degree from the University of Washington. He completed his surgical training through Harvard Medical School. Following his surgical training, he received additional training in allergy diagnosis and treatment. Dr. Chambers is an active member of the American Academy of Otolaryngology-Head and Neck Surgery and the American Academy of Otolaryngic Allergy. He has won awards for his teaching and research.



You are Invited to...

**\*\*Meet the Candidates\*\***

at Our PumpkinFest Booth

36 Whiting Street

Saturday, October 21st 4-8 pm

And at the "Meet & Greet"

at Republican Headquarters

Thursday, October 26th

5:30 pm

**Kathy Pugliese**  
-Town Council Chairwomen



"The strength of Plainville is evidenced by a dedicated leadership team that respects the voters, gets the job done & keeps its promises".

2023 Candidate for Town Council Plainville, CT

Paid for by Glenn Petit, Treasurer

**Deb Tompkins**



"We need to continue to bring small businesses to town and fill our storefronts while maintaining a small town feel".

2023 Candidate for Town Council Plainville, CT

Paid for by Glenn Petit, Treasurer

**David Underwood**  
-Vice Chairman



"I will continue to work hard to keep our taxes down & I will partner w/every member of the B.O.E. & the Town council to progress toward a fiscally responsible budget".

2023 Candidate for Town Council Plainville, CT

Paid for by Glenn Petit, Treasurer

**Joseph Catanzaro**




"I believe in education, fiscal responsibility & bi partisanship. I have a strong work ethic towards public service & charity".

2023 Candidate for Town Council Plainville, CT

Paid for by Glenn Petit, Treasurer

**Jacob Rocco**



"I have always worked to promote a positive quality of life for the residents of Plainville by ensuring the town provides excellent service in a responsible & safe manner".

2023 Candidate for Town Council Plainville, CT

Paid for by Glenn Petit, Treasurer

**Jered Bruzas**




"I feel passionately about giving back to the community that has given me & my family so much. I will rely on my deep ties to Plainville, my executive leadership skills & many experiences w/local not for profits boards of directors to support the needs of Plainville"!

2023 Candidate for Board of Education Plainville, CT

Paid for by Glenn Petit, Treasurer

**Roberta Lauria**



"I grew up in Plainville & graduated from P.H.S.. When the chance finally came, my family & I moved back to Plainville in 2011 so our son could have the same school & town experience I fondly remember".

2023 Candidate for Board of Education Plainville, CT

Paid for by Glenn Petit, Treasurer

**Jonathon Onisto**



"I will work to provide a sustainable classic education where children acquire the skills they need to succeed in life regardless of where they choose to go after high school".

2023 Candidate for Board of Education Plainville, CT

Paid for by Glenn Petit, Treasurer

**Integrity Counts**

- \*Hired new Police Chief and Town Manager supporting public safety and municipal operations
- \*Ensured proper use of your tax dollars
- \*Prioritized improving your quality of life
- \*Sought alternatives for Middle School improvement for future public approval
- \*Continuing Republican led sidewalk replacement project
- \*Supported all economic development initiatives including Americold and White Oak projects

**Constables**

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- Rejean Carrier
- Danny Carrier
- Rick Drezek

**Vote November 7th**

**W VOTE ROW B**

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Plainvillerepublican@gmail.com

Paid for by Glenn Petit, Treasurer

**Family, Legacy & Tradition**

- \*Graduates of and/or raising children in Plainville Community Schools
- \*Advancing efforts to improve academic excellence & overall achievement
- \*Prioritizing safety of our schools & moving the Middle School renovations forward
- \*Focusing on fiscal responsibility
- \*Continue to address ideology taught in the classroom

Library Trustee **Dan Ciesielski**

**W VOTE ROW B**  
November 7th

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# OUR LADY OF MERCY ANNUAL PICNIC







## BOE Thanks Laurie Peterson for Years of Service



Plainville Board of Education Member Laurie Peterson was honored at the September 11th Board Of Education meeting. Laurie "retired" after 10 years of volunteer service as a board member for Plainville Community Schools.

### In photo - from left:

Interim Superintendent Of Schools Kevin Case, Laurie Peterson and Plainville Board of Education Chair, Lori Consalvo

## "All Star" Award Winners Announced



The September Plainville Community Schools "All-Star" award winners, Plainville Community Schools' Director of Facilities, Mike Smith, and Custodial Manager Sandy Bouchard, were recognized at the September 11th Plainville Board of Education meeting. The "All-Star" award recognizes students, faculty, staff and community members who go above and beyond in modeling the school district's Portrait of the Graduate characteristics and demonstrating excellence in alignment with school district goals.

1. Interim Superintendent of Schools Kevin Case, Director of Facilities, Mike Smith, and Plainville Board of Education Chair, Lori Consalvo
2. Interim Superintendent of Schools Kevin Case, Custodial Manager, Sandy Bouchard, and Plainville Board of Education Chair, Lori Consalvo

## Mentors Attend "Welcome Back" Breakfast



Plainville Community Schools' Volunteer Coordinator Sue Bradley hosted a "Welcome Back" breakfast for the school district's volunteer mentors on September 20th. Volunteer mentors, who serve as positive adult role models, are matched one to one with Plainville students at all grade levels. If you are interested in serving as a volunteer mentor to a Plainville Community Schools student, please contact Sue Bradley at: (860) 793-3210 ext. 6110 or via email at: [bradleys@plainvilleschools.org](mailto:bradleys@plainvilleschools.org)

### In photo:

Plainville Community Schools' volunteer mentors gather for a kick off breakfast to start the 2023-24 school year.

## PHS Student Recognized for Internship Work



Plainville High School senior Matthew Collado participated in the high school's Fieldwork Experience Internship program over the summer, learning about Town Government and the Government and Public Administration Career Cluster, thanks to internship hosts, Plainville Town Manager, Michael Paulhus and Assistant Town Manager, Andy Cirioli. As part of the internship placement at the Municipal Center of Plainville, Matthew assisted with a variety of projects, including making recommendations on how to better use social media and the website to brand the Town of Plainville and enhance communication with the community. On September 18th he presented his recommendations to the Plainville Town Council.

### In photo:

Plainville Town Manager Michael Paulhus presents Plainville High School Fieldwork Experience Internship Program student intern Matthew Collado with a certificate of recognition for his contributions to the Town of Plainville through his internship.



## PLAINVILLE HIGH SCHOOL SENIOR NAMED NATIONAL MERIT SCHOLAR



Plainville High School Principal, Jennifer DeLorenzo, (left) and Plainville High School Assistant Principal, Kelly Hickey (right) present Plainville High School senior Cohen Blake with the National Merit Scholarship Program Letter of Commendation

## PLAINVILLE HIGH SCHOOL NAMED TO U. S. NEWS & WORLD REPORT'S "BEST HIGH SCHOOLS" LIST

Plainville High School has earned high national and metro area rankings via the 2023-2024 U. S. News & World Report's "Best High Schools" report, according to Interim Superintendent of Schools, Kevin Case. The rankings evaluate close to 18,000 public high schools at the national, state and local levels. By earning a national ranking in the top 40%, Plainville High School achieved status as a U.S. News Best High School.

"All of us at PHS are proud of this recognition. The faculty, staff, students and community work so hard to make PHS a positive and supportive learning environment for all. We would also like to recognize that everyone in Plainville Community Schools has an integral part in preparing our students for their high school experience, therefore we celebrate this recognition with them as well," said Plainville High School Principal, Jen DeLorenzo.

## Linden Students Participate in Town Meeting



Linden Street School students and staff recently gathered in the school's gymnasium for their first "Town Meeting" of the 2023-2024 school year. Fifth graders (Zyler, Sam, Julia, Savannah, Hailey, Rylee, Caleb, Skye, and Rileigh) read Have You Filled a Bucket Today? and taught the school about showing kindness and respect.



## From the Desk of..... Thomas A. Wurz

### KNOWING LANDLORD AND TENANT OBLIGATIONS

Landlords and tenants have been fighting for as long as humans have been living in shelter. Most of the time these disputes could be avoided with an understanding of what is legally required by each party. This article will touch upon a few things to know when renting and for landlords.

A landlord can be held liable for an injury caused by a tenant's dog, provided that the landlord knew or should have known that the dog had the vicious or dangerous propensity to cause such an injury, and provided further that the injury happens on the premises owned or controlled by the landlord. Given this kind of potential

exposure its no wonder why so many landlords do not allow dogs.

Tenants can only withhold rent if do properly through the court. Many tenants belief if the landlord does not fulfill some obligation they can simply not pay all or some of the rent. While this idea is true, the tenant still needs to initiate a rental abatement action with the court to properly withhold rent.

Agreements made by landlords and tenants outside of court need to be memorialized in writing and signed by all parties. This is not a hard line rule, but just good practice for everyone to ensure their rights are protected. Too many times evictions turn into a "he said" – "she said" battle without any documentation.

I hope this proves helpful to those interested! Always remember when it comes to technical aspects of the law it is better to contact a licensed attorney who can help you with your matter.

### Attorney Thomas A. Wurz

is an associate of his father Attorney Theodore J. Wurz, LLC in the law office of Attorney Richard Witt at 132 East Street. Attorney Wurz is a graduate of Avon Old Farms School in 2001, Providence College in May 2005 on the Dean's list and Juris Doctor Program at Western New England College School of Law in May 2009. He was admitted to the Connecticut Bar and U.S. Federal Court in 2010. His activities and interests are Secretary of Sports Entertainment Law Club at WNEC and is a Special Olympics Volunteer. 32 East Street, Plainville Phone 860-793-9879



## CANNABIS CONVERSATION

with

**Dr. Paulina Miklosz  
DNP, APRN**

- **Tolerance:** Over time, individuals may develop tolerance, requiring higher doses to achieve the same sleep-inducing effects.
- **Side Effects:** Cannabis can cause side effects such as impaired cognitive function, memory issues, and impaired motor skills, which may persist into the next day (especially if dosed inappropriately).
- **Legal and Safety Concerns:** The legality of cannabis varies by region, and it's important to follow local laws and regulations. In Connecticut, cannabis is legal for adult use (formerly referred to as recreational use) and can be purchased by adults 21+ years of age at a local dispensary.
- **In terms of safety concerns,** driving or operating machinery under the influence of cannabis is dangerous and illegal. It is also important to keep any cannabis containing products in a secure location away from children and animals.

#### Alternative Treatments:

Before turning to cannabis, individuals with insomnia are advised to explore non-pharmacological approaches and lifestyle changes including cognitive-behavioral therapy (CBT), improved sleep hygiene, relaxation techniques, and addressing any underlying medical or psychological issues contributing to insomnia.

#### Consultation with a Healthcare Provider:

If you are considering using cannabis to manage insomnia, it's important to consult with a healthcare provider, especially if you have any underlying medical conditions or are taking medications that may interact with cannabis. A healthcare professional can provide guidance on safe and appropriate use.

*For more information on medical cannabis use, and CT Medical Marijuana Program certifications, please contact our clinic, Higher Med at (959) 900-8206 or check out our website at HigherMed.org. Dr. Paulina Miklosz is a doctorally-prepared Family Nurse Practitioner with over 10 years of experience in primary care, population health and advanced diabetes management. She is the owner and medical director of Higher Med, a Plainville-based health clinic specializing in Cannabis Medicine.*

According to the National Sleep Foundation, approximately 30% to 35% of adults in the United States report symptoms of insomnia. Insomnia is a sleep disorder that may include difficulty falling asleep, staying asleep, or waking up too early and being unable to fall back asleep. Insomnia can be a chronic condition for some individuals, while others may experience it on a transient or occasional basis.

Cannabis has been a topic of interest in the context of insomnia due to its potential to influence sleep patterns and improve sleep quality.

Here are some key points to consider regarding cannabis and insomnia:

#### Effects of Cannabis on Sleep:

- **Indica vs. Sativa:** Cannabis strains are commonly categorized as indica or sativa, with indica strains often associated with relaxing and sedating effects, which may be more helpful for sleep.
- **CBD vs. THC:** Cannabidiol (CBD) and delta-9-tetrahydrocannabinol (THC) are two major compounds in cannabis. CBD has very mild psychoactive properties and may have a calming effect without any impairment, while THC does bring on a psychoactive effect which can induce relaxation and drowsiness.

**Dosage:** The impact of cannabis on sleep can vary depending on the dosage and individual sensitivity. Low to moderate doses may promote sleep, while higher doses can lead to side effects like paranoia, restlessness or disrupted sleep.

#### Benefits for Insomnia:

- Some individuals with insomnia report that cannabis helps them fall asleep faster and experience deeper sleep.
- Cannabis may be particularly beneficial for individuals with pain or anxiety-related insomnia, as it may reduce both pain and anxiety.

#### Risks and Concerns:

- **Dependency:** Regular or excessive use of cannabis can lead to dependency, making it necessary to consume cannabis to sleep.

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# FOCUS ON JESUS

By: Myke Roy



I grew up in a Catholic household. We had a picture of The Last Supper always hanging in at least one room of our home. Looking back, it seems that every one of my aunts and uncles also had a picture of The Last Supper hanging in their homes; and I had a lot of aunts and uncles.

When I moved to East Texas in the 90's I ended up attending Central Baptist Church in Jacksonville, Texas, where I was introduced to the Protestant faith. I am not here to tell anyone which religion to follow, I just know what worked for me and helped me with

my walk with Christ.

I now identify myself as a non-denominational evangelical Christian...who leans Baptist.

Anyway, I was redoing my home and wanted to also do some redecorating. For some unexplainable reason I really wanted a picture of The Last Supper on the wall behind me as I sat at the head of the table.

Again, I don't know why. So, I went to the local Christian store and purchased one. I was so excited when I finally hung it on my wall.

A few days later I noticed that the picture was crooked in the frame. I will tell you that I was a little upset. After all, I paid good money, and I deserved better quality than this. I decided I was going to return it and exchange it this coming weekend.

Well; a few evenings later I was looking at the picture and realized that when I focused on Jesus, I did not notice any of the imperfections. I decided to keep the picture as a reminder that if we focus on Jesus nothing else matters.

So, when life hands you a bag of sour grapes, or when someone cuts you off while you are making that left turn, or someone just decides to curse you out for no reason other than they are having a bad day; focus on Jesus and none of those things will matter.

*Have an Awesome Day, and May God Bless You!*

## FROM THE TOWN OF PLAINVILLE Leaf Collection

Leaf collection in the Town of Plainville will begin during the week of October 25th, 2023 until December 2, 2023 (weather permitting). Listed below is the schedule of areas to be covered on the first collection. Schedule of areas are subject to change.

- Robert Holcomb Way, Maple Street (includes Pine St/Route 10)
- Pierce Street, West Main Street (includes Washington Street)
- Red Stone Hill, Duval Lane (includes South Washington)
- Shuttle Meadow Road, Stillwell Drive (includes Route 10)
- Dallas Ave, Ledge Road (includes Woodford Ave/ White Oak Ave)
- Metacomet Road, Cooke Street (includes Colonial Ct)
- Hardwood Drive, Jefferson Street (includes Farmington Ave)
- Provencher Drive, Overlook Road (includes Northwest Drive/Tyler Farms)
- Bruce Ave, Camp Street (includes Unionville Ave)

Every effort will be made to keep you informed as the progress of the operation and any questions should be directed to the Public Works Office between 8:00 am and 5:00 pm Monday through Wednesday and 8:00 am to 6:00 pm on Thursdays at (860)793-0221 ext. 7176. Please be sure to rake your leaves to the curb (not on the street) as early as possible. GRASS CLIPPINGS, STICKS AND STONES WILL NOT BE COLLECTED! If your street has an island on it, please DO NOT put your leaves on the island. Bagged leaves will not be collected at curbside; residents can bring them to the Transfer Station on Granger Lane starting on October 30th through December 2nd, Monday through Friday from 2:00 pm to 4:00 pm (weather permitting) for LEAF DISPOSAL ONLY. Residents also have the option to drop bagged leaves off at the Transfer Station on Saturdays from 8:00 am to 3:00 pm, the Transfer Station's normal hours of operation. To view which section your street location falls under, please refer to the Town of Plainville website [www.plainvillect.com](http://www.plainvillect.com) on the Public Works section under Leaf Collection

# Life With Wanda



Another day, another dollar, as they used to say. Things are so bad going to the grocery store are just plain depressing, I really don't do much shopping any more. When I go I notice people aren't loading up their carriages like they used to, Walking by the fruits and vegetable department I find I really don't need some of the things I used to enjoy and after speaking to other shoppers they seem to be doing the same. What used to be a nice day of seeing what was new in the bakery department I find I can just walk on by.

This week I needed a few item, just about four things we couldn't do without. As I checked out with one of my favorite cashiers she remarked, "My goodness, you didn't get hardly anything today, and you drove all the way over here." I said, "Yes, I enjoy coming in and looking at the things I used to buy." Is it just the few people I know or does everyone feel the price of food has gone out of sight?

Is there an end to this or are we going to become one of those people like we see on TV waiting for someone to send us a box of food for \$25 a month?

*I don't know about you folks but I'm so old I can remember when that golden arches place opened up and a burger was 15 cents, fries were 10 cents and I don't remember what a soda was but someone said it was 8 cents, Times sure have changed.*

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## Raking in the Fall: A Physical Therapist's Guide to Proper Technique and Posture

The crisp autumn air, the vibrant hues of leaves, and the satisfying sound of them crunching underfoot – fall is undoubtedly a beautiful season. However, with the arrival of fall also comes the task of raking leaves. While raking may seem like a simple chore, it's important to remember that improper technique and poor posture can lead to discomfort and even injury.

As physical therapists at Physical Therapy & Sports Medicine Centers of Plainville, our goal is to ensure you enjoy the season while keeping your body safe. In this guide, we'll walk you through the proper techniques and postures for raking leaves.

### Preparing for the Task

Before you grab that rake and start working, take a moment to prepare your body. Gently stretch your back, shoulders, and arms to warm up your muscles. A few simple stretches can help prevent strains and stiffness later on. Additionally, wearing comfortable clothing and supportive footwear will enhance your stability and overall comfort.

### Choose the Right Tools

Selecting the right tools can significantly impact your raking experience. Opt for a rake with an ergonomic handle that allows for a natural grip. This will help reduce the strain on your wrists and forearms. Consider using a rake with adjustable length so you can customize it to your height, further promoting proper posture.

### Maintain a Neutral Spine

One of the most crucial aspects of raking leaves is maintaining a neutral spine. Avoid rounding or hunching your back as this can strain your muscles and lead to back pain. Instead, stand up straight with your feet hip-width apart. Engage your core muscles to provide stability and support to your spine.

### Use Proper Raking Technique

When raking, it's easy to get caught up in the repetitive motion and forget about your posture. However, using the right technique is essential to prevent injury. Hold the rake with a firm grip and use your legs to generate the majority of the force, rather than relying solely on your upper body. Bend your knees slightly as you rake, allowing your legs to power the movement and reducing strain on your back.

### Alternate Your Grip

To avoid overworking one side of your body, alternate your grip on the rake handle every few minutes. This will distribute the workload evenly and prevent muscle imbalances. It's a small adjustment that can make a big difference in reducing strain.

### Take Breaks

Remember, raking is a physically demanding task. Taking breaks allows your muscles to rest and recover. Set a timer to remind yourself to pause every 20-30 minutes. During these breaks, perform gentle stretches to keep your muscles limber.

### Mind Your Posture

As you rake, periodically check your posture. Are you maintaining a neutral spine? Are your shoulders relaxed? Is your core engaged? Staying mindful of your posture can help prevent slouching and discomfort.

### Finish with a Cool Down

Just as you warmed up before starting, it's important to cool down after you've finished raking. Perform some gentle stretches to release any tension in your muscles. Pay extra attention to your back, shoulders, and arms.

*Embracing the beauty of fall should not come at the cost of your physical well-being. By following these proper techniques and maintaining good posture while raking leaves, you can enjoy the season while safeguarding your body from discomfort and injury. Remember, taking care of your body today ensures you'll be able to savor many more autumns to come. And if you do have pain, give PTSMC of Plainville a call or visit us on the web at [www.PTSMC.com/Plainville](http://www.PTSMC.com/Plainville).*

**Happy Raking!**

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# Letters to the Editor.....

# Rabbit Ears, 1970s TV Is Back

By: Francis Rexford Cooley

Dear Editor,  
I am urging my fellow Plainville residents to support the Republican slate for Town Council. Kathy Pugliese, Joey Catanzaro, David Underwood, Deb Tompkins and Jacob Roco will keep Plainville taxes under control while supporting our local economy. They support the redevelopment of th White Oak property on West Main Street. Vote Row B like me on Election Day.

William Davison

Dear Editor,  
Plainville voters need to vote to keep the Republican majoriry for the town Council. Under GOP leadership, the Council has effectively responded to the budget issues created by Bidenflation while keeping control on spending and taxes. This is why I'm voting Row B this November.

Barbra Davison

Editor,  
I'm writing in support of Rebecca Martinez for the Plainville Board of Education. Martinez's involvement and volunteering with numerous town groups including Plainville's Board of Education, PTO, Rotary Club, and the State Board of Examiners of Nursing demonstrate her commitment to Plainville and the state. Rebecca works tirelessly as a current Board of Education member, most recently as an advocate for the MSP renovation. She always has the betterment of the next generation in her work ethic and is willing to work with both sides of the aisle which is so critical in today's political environment.

Michelle Chaput

Editor,  
I have known Rosemary Morante for a long time and am very pleased to support her re-election to a fifth term. She is a serious, hard-working member of the Plainville Town Council who will always put the town first. She is dedicated to making Plainville a great place to live. I have also found that Rosemary is very well-informed when discussing local matters with others and very helpful in answering questions and clarifying points about town issues. I urge others to also support Rosemary Morante as a dedicated public servant who certainly deserves another term on the Town Council.

Tony Tarascio

Dear Editor:  
I am writing in support of Jered Bruzas for Plainville's Board of Education. Jered currently serves on the Board, has children in the Plainville School System, and is a graduate of the Plainville School System. Jered works for the United Way of Greater Waterbury. He has dedicated himself to giving back to the community and will continue to do a great job on the Board of Education. I urge all Plainville residents to vote for Jered in November.

Sincerely, Pat Lostocco

Dear Editor:  
Please vote for Jonathan Onisto for Plainville's Board of Education Jonathan is dedicated to making sure our kids are prepared to be successful in the 21st Century economy. As a business owner Jonathan knows what skills our kids need. Vote Onisto in November.

Thank you, Laurie Peterson

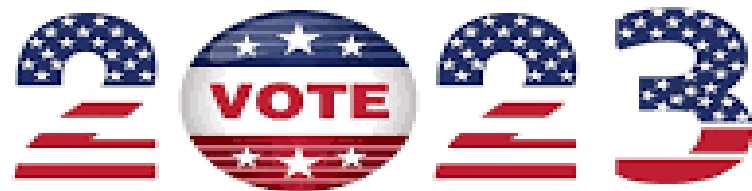
Dear Editor:  
Based on her record, we strongly endorse Rosemary Morante for re-election to the Plainville Town Council.

She rigorously researches every issue as well as the budget. As a result, her decisions are based on the facts. As a result of her research, she is a strong advocate for a full Middle School Renovation.

Rosemary is committed to maintaining and improving quality of life municipal services (Senior Center, Park and Recreation, Fire and Police etc.) as well as supporting new programs such as the Farmington Canal Trail.

Finally, she gives back to the community through her diligent work at the Plainville Historical Society.

Respectfully,  
Val and Susan Dumais





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# Young at Heart.....Plainville Seniors

## PAINVILLE SENIOR CENTER ACTIVITIES Maxine Kollar, Editor/Office Assistant

### GOAT PARTY

**WEDNESDAY, OCTOBER 4, 2:00 PM—  
3:00 PM Norton Park Pavilion**

Bring the grandkids, nieces, nephews, neighbors! For the kids and the “kids at Heart”! Everyone can enjoy petting, feeding and snuggling with the goats! Don't miss out on this fun experience with Got Your Goat from Washington Depot! Call the Senior Center to reserve your spot or register on-line at [www.schedulesplus.com/plainville](http://www.schedulesplus.com/plainville).

### CAREGIVERS TOOLBOX: A DINNER EDUCATION FOR CAREGIVERS OF ELDERS

The Plainville Senior Center is holding evening caregiver series on Wednesdays, October 4th, October 11th and

October 18th from 5:30 PM - 7:00 PM. The series will provide caregivers with the tools they need to allow their loved ones to remain safe and live at home for as long as possible while reducing caregiver burnout. There will be a light dinner served.

\*Sept. 20: The Many Faces of Caregiving: How to offer help without taking away hope

\*Sept. 27: Memory -What's normal, what's not? How to help your loved one balance their health challenges

\*Oct. 4 Caregiving Guilt & Duty— Real life solutions from a panel of caregivers

\*Oct. 11 Legal Resources

\*Oct. 18 Tools for Caregiving (homecare, respite, ADC, preventing caregiver burnout)

Please register by calling the Senior Center at 860-747-5728. Call Stephanie with any questions.

\*Grant is given from the Plainville Community Fund at the Main Street Community Foundation.

### CAREGIVING CONNECTIONS TUESDAY, October 10, 10:00 AM

Join your caring friends at the Senior Center as we support one another on our journeys and recognize the challenges and frustrations of 24/7 caregiving. You must register to attend. Call the Senior Center to register.

### VISIT WITH VICTORIA

**WEDNESDAY, OCTOBER 11, 2:30—3:30 PM**

Meet our great new Assistant Director, Victoria Nadolski. Join us to welcome Victoria to our family. She has been busy getting to know our programs, services, events and the best part, getting to know you! Call to Register.

### HELP FOR VETERANS

**TUESDAY, October 17, 10:00 AM  
BY APPOINTMENT**

Our new Veterans Service Officer, CT Department of Veteran's Affairs, Jason Coppola, will be at the Senior Center at 10:00 AM BY APPOINTMENT ONLY. To schedule an appointment, call Jason at 203-805-6340.

### GRANDPARENTS RAISING GRANDCHILDREN

**TUESDAY, OCTOBER 17, 10:30 AM**

If you are a grandparent or relative who is raising a grandchild, niece or nephew, you are not alone. Come to the support group at the Senior Center and share resources, ideas, struggles, joys and more with others who are raising their grandchildren. Funding for this program is made possible in part by the Older Americans Act through the North Central Area Agency on Aging. You must register to attend. Call the Senior Center or go online at [www.schedulesplus.com/plainville](http://www.schedulesplus.com/plainville) to register.

### VETERANS BENEFITS TALK

**TUESDAY, OCTOBER 17 AT 1:00 PM**

**CALL THE SENIOR CENTER TO REGISTER**  
Join Jason Coppola, Veterans Service Office, CT Department of Veterans Affairs will talk about

Federal Benefits available for Veterans and their spouses. Jason is very knowledgeable about the benefits that Veterans can take advantage of including: Disability Compensation, Pension, Dependency & Indemnity Compensation (DIC), Burial Benefits, Survivor Benefits, Aid & Attendance, Health Benefits and more. This program is open to the public and all Veterans are invited to attend.

### FALL PREVENTION CLASS

**TUESDAY, OCTOBER 17, 11:00—11:30 AM**

Every 11 seconds, an older adult is seen in the emergency department for a fall-related injury. Many falls are preventable. Nancy Pandolfo, our Silver Sneakers Instructor will host a complimentary class on balance and tips on how to prevent falls. Please sign up to reserve your spot and take control of your health. You are welcome to stay for a free demo of the Balance Class at 11:45.

### SNAPPY SENIORS PHOTOGRAPHY

**THURSDAY, OCTOBER 19, 10:00 AM**

New members are welcome to join as Snappy Seniors Photography starts its 2023-24 season. Members with all kinds of cell and digital cameras, and various levels of photography experience, are welcome.

### VETERANS' SOCIAL HOUR

**TUESDAY, October 24, 10:00 AM**

These monthly information and support meetings are conducted by Sherri Vogt, Veteran's Liaison for Hartford HealthCare Senior Services. FOR ALL VETERANS OVER 60 AND THEIR SPOUSES. Call the Senior Center at (860)747-5728 to register.

### MEMORY SCREENING:

**TUESDAY, OCTOBER 24, 10:00 AM—11:00 AM,  
FREE BY APPOINTMENT**

Valerie Bartos, Memory Care Advisor from Arden Courts will conduct memory screenings. A memory screening is a series of questions and tasks designed to gauge memory, language and thinking skills. Screenings last just 5—10 minutes, and while the results are not a diagnosis, scoring below threshold can signal that someone should follow up with a clinician for a full evaluation.

### MEMORY CAFÉ AT THE SENIOR CENTER

**THURSDAY OCT. 26, 2:00 PM**

**OPEN TO THE PUBLIC**

Memory Café is a social gathering with a safe, supportive, & engaging environment that gives everyone a place to make new friends and interact with others. Enjoy appropriate activities such as crafts, games, music & conversation. For more information about or to sign up, please contact Karen Pagliaro or Stephanie Soucy at the Senior Center. This program is funded in part by Title III of the Older Americans Act through the North Central Area Agency on Aging, Inc. & the CT State Unit on Aging.

### WALT DISNEY—HISTORY FOR FUN

**WE NEED YOUR HELP!**

**DO YOU SPEAK SPANISH, POLISH,  
FRENCH OR RUSSIAN?**

Once in a while, someone comes to us for help or calls and we cannot communicate because of language. Would you help us understand and translate? Call Shawn at the Senior Center. 860-747-5728

**THURSDAY, OCTOBER 26, 10:00 AM FREE,**  
Please join us for the GRAND FINALE of “The History Guy”, Joseph Ouellette. He is retiring.

“Disney” Walt Disney is a legend, a folk hero of the 20th century. His worldwide popularity was based upon the ideals which his name represents: imagination, and optimism. Ever since Steamboat Willy, his first historic sound—animated cartoon, gave birth to many new adventures, the Disney management team continues an aggressive posture in the entertainment industry bringing technology-based creativity and self-made success in the American Tradition. You will see an overview of the life of animator Walt Disney (1901—1966), including his formative years, and how his legacy continues to grow with new and exciting people to manage the company. We will meet them and see how The Magic is created.

### BOOK BUDS OCTOBER BOOK:

**“THEN SHE WAS GONE” by Lisa Jewell**

**FRIDAY, OCTOBER 27, 10:00 AM**

**FREE! FOR MEMBERS ONLY.**

**INSTRUCTOR: KATHLEEN MARSAN**

October is perfect for delving into a good thrilling mystery. A daughter goes missing into thin air and after many years, there are still no answers until an unusual encounter with a stranger begins to unravel a bizarre tale. Calling all armchair detectives to join us for a truly captivating discussion. Please be sure to register as there is limited space. The book is available at the main desk at the library.

### FOOD SHARE PROGRAM - THE SEVENTH DAY ADVENTIST CHURCH

This program is offered Wednesdays for Plainville residents needing assistance with food. For more information about eligibility and hours, contact: Laurie at (860) 747-5867. Drive up, and a volunteer will put the groceries in your car!

## AARP Plainville Trips

Trip to the Norman Rockwell Museum on November 29, 2023. We will be traveling to the museum and having lunch at the Red Lion Inn and going to the Holiday Lights in Springfield Mass. Cost of the trip will be \$142 which includes lunch. Questions please call Sharon at: (860)712-2795. Thank you!

### HELP FOR VETERANS:

For those needing assistance with VA benefits, forms & programs, call 203-805-6340 to make an appointment with Jason Coppola on the third Tuesday of the month at 10 AM. Jason will conduct a phone interview to find out your status, needs & paperwork required. This will prepare for your face-to face appointment at the Plainville Senior Center. No drop-in appointments are available. Jason's position will be serving residents of the 5th Congressional District only which means he is unable to serve Southington or Bristol residents but can serve Plainville & New Britain.

**Call Jason for an appointment 203-805-6340**

**If you are 60 Years or older Come & Join the  
Most Active Senior Center in the State!**

**Plainville Senior Center Call for listing of activities:**

**860-747-5728**



# OBITUARIES

## Rose Chrescienza (Mancini) Ciccio



a pillar of strength and love in our community, was called home by the Lord on September 11, 2023. Reunited with her beloved husband of 68 years, Joseph Ciccio, they spent just 5 short months apart.

She was the beloved daughter of the late Joseph

and Lucy (Salvatore) Mancini, and sister to the late Alexander Mancini. Born and raised in Plainville, Rose dedicated her life to her family, her faith, and the betterment of those around her. A graduate of Plainville High School, Rose made her first strides into the world of work at General Electric, demonstrating from an early age her indomitable spirit. Through her partnership with Joe she was the vibrant force behind Ciccio Homes, while also managing their rental properties with kindness and grace for over 40 years.

Rose was a woman of faith, a devout Catholic who served her lifelong parish, Our Lady of Mercy, as an Extraordinary Minister of Holy Communion. Her service wasn't confined to the altar alone, for she was a committed volunteer in countless capacities, creating a strong circle of friends along the way.

She was an anchor for her family, raising her daughter and best friend Rosanne and sharing a remarkable bond with her beloved granddaughter Olivia Santostefano. Rose supported her daughter's equestrian dreams with unwavering love, proving time and again that a mother's support knows no bounds.

Rose and Joe were Florida snowbirds for over 50 years, making friends and leaving footprints of love in the sands of the Sunshine State. She was a woman of beauty, both inside and out, a beacon of unconditional love and non-judgment. Many found solace in her presence, for she was the go-to ear that listened without prejudice, a natural caregiver whose gentleness brought joy to so many.

She is survived by her daughter, Rosanne Ciccio and her partner Kevin Hughes; her granddaughter Olivia Santostefano; and many nieces, nephews and dear friends, including her special caretakers, Leona, Anna, Brandi, Jasna, and Zejna whose exceptional care and love will forever be cherished.

Rose's family extends their sincere gratitude to the medical and patient care staff at the Jefferson House in Newington for their tremendous care during her brief stay.

In lieu of flowers, Rose's faith and dedication to her church may be remembered with contributions to Our Lady of Mercy, 19 S. Canal St, Plainville, CT 06062.

A Mass of Christian Burial was celebrated at Our Lady of Mercy Church. Committal followed at St. Joseph Cemetery. Family and friends gathered prior to the mass at Plainville Funeral Home, 81 Broad St Plainville. For online expressions of sympathy, please visit [www.PlainvilleFuneralHome.com](http://www.PlainvilleFuneralHome.com)

## An Unusual Gift To Plainville Food Pantry

Kevin Palladino, owner of Pals Power

He will clean your cemetery monument and in return, you can make a donation check to the Plainville Food Pantry.

Kevin noted that we have three cemeteries in Plainville

To contact him: Phone: 860-919-8748

Email: [palspower@aol.com](mailto:palspower@aol.com)

[www.palspowerwashing.com](http://www.palspowerwashing.com)

*"Don't be a Statistic - Call Pals Now for a Cleaning"*

## ~ William Day Costello ~



85 formerly of West Hartford, passed away on September 10, 2023, at the age of 85. Born on September 25, 1937, he was one of three children to the late William Joseph and Isabel (Delaney) Costello. Raised and educated in Hartford, he was a 1956 graduate of Weaver High

School and went on to proudly serve his country in the United States Marine Corps, 8th Combat Battalion from 1957-1960. He married Dawn A. Passanisi in 1965 and together they raised three children.

Throughout his life, Bill was known for his unwavering work ethic. He dedicated over 30 years of his career to Pratt & Whitney, where he forged lasting friendships with his colleagues.

Bill was a man who embraced the simple things in life; doing "guy things", finding joy in fishing and immersing himself in the great outdoors alongside his buddies. His love for nature also extended to the golf course, where he spent countless hours perfecting his swing and enjoying friendly competition. Golf was a true passion of his that brought him immense joy and fulfillment.

He is survived by his son, William T. Costello; his daughters, Lisa Costello and Elizabeth Senofonte, her husband Paul and their children, Katherine and Rocco; his sisters, Alice Costello and JoAnn Johnson; along with many nieces, nephews, extended family and friends.

In lieu of flowers, Bill may be remembered with contributions to Tunnel to Towers Foundation at <http://www.t2t.org>

Funeral services were held from Plainville Funeral Home, 81 Broad St, Plainville, with a Mass of Christian Burial at Our Lady of Mercy Church, 94 Broad St, Plainville. Committal services with military honors followed at Fairview Cemetery in West Hartford. Family and friends gathered for visitation at the funeral home. For online expressions of sympathy, please visit <http://www.PlainvilleFuneralHome.com>

## MOM

*She brightened the sky on a cloudy day,  
and brought happiness and friendship*

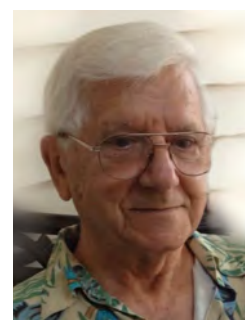
## Constance "Connie" (Cavaliere) Francis



96, widow of Leno "Leo" Francis, passed away Friday (September 22, 2023) at Jerome Home surrounded by love. We have lost true family matriarch. Born in New Britain, daughter of Michael and Eva (Castiola) Cavaliere, she was a

lifelong resident of Plainville. Connie was a volunteer with the Plainville Republican Party, sang in two choirs, was a hospice volunteer, organized and worked the weekly Bingo Night to benefit the church/ school and was always ready and eager to help where needed. She was an avid reader, lifetime walker (with her sister), casino player, great cook (eggplant), baker (pies), was a Yankee fan from a young age listening on radio with her father and was an avid UCONN Women's Basketball fan. Leo and Connie provided a warm inviting house where everyone was welcomed.

## ~ Anthony J. Dlugoszewski ~



94, of Maryville, TN, formerly of Plainville, CT passed away peacefully on Sunday, September 10, 2023 in Maryville, TN. He was the loving and devoted husband of Barbara (LeBrun) Dlugoszewski for seventy years.

Anthony was born on June 13, 1929 in Nanticoke, PA son of the late Victor and Constance (Pepel) Dlugoszewski. A proud American, Anthony served our country in the United States Army during the Korean Conflict and he was honorably discharged after years of dedication. He worked as a tool and die maker for Marlin Rockwell Co. in Plainville and was the head of maintenance at the newly constructed West Farms Mall in 1974. A master tinkerer and handy-man, Anthony designed and built his own home in Plainville, where his family shared many wonderful memories over the years. He was a self-taught locksmith, after eagerly reading and studying a book on the profession. Anthony was an avid reader and history buff and enjoyed learning new things. A true jack-of-all trades, he was able to fix, repair, and construct anything he set his mind to. Loving husband, father, grandfather, great-grandfather, and great-great grandfather, Anthony will be tremendously missed by his family and leaves a legacy of love, devotion, and dedication.

In addition to his wife, Barbara, Anthony is survived by his five children, Elizabeth LeBrun and Thomas Tabolt of Louisville, TN; Regina Coleman of East Hartford, CT; Victor and Karol Dlugoszewski of Harvest, AL; Phyllis and Brian Roche of Plainville, CT; and Mark and Janet Dlugoszewski of Southington, CT. He also leaves behind his seven grandchildren: Jennifer, Julie, Jeffrey, Christopher, Sarah, Chad, and Scott and their spouses; 17 great-grandchildren; and 2 great-great grandchildren. He was predeceased by his brother, Felix Dlugoszewski and his four sisters.

A Mass of Christian Burial was celebrated at Sacred Heart Church, 158 Broad Street, New Britain, CT. Committal services with full military honors accorded followed at Sacred Heart Cemetery in New Britain. Family and friends gathered prior to the Funeral Mass at Plainville Funeral Home, 81 Broad Street, Plainville. In memory of Anthony, donations may be made to the Bristol Adult Resource Center, 195 Maltby Street Bristol, CT 06010 or to PARC, 28 East Maple Street, Plainville, CT 06062.

She is survived by her 4 daughters, Joan Ostertag (Donald), Diane Chaffin (Michael), Laura Fradette (Bruce) and Lynn Ann Metz (Rob). She also leaves her eight grandchildren, eight great grandchildren, a beloved sister Theresa "Tessie" Taylor and a brother John Cavaliere (Maryann). Also, Robin Metz (her fifth daughter), numerous nieces, nephews and lifelong devoted friends. Besides her husband Leo of 59 years, she was predeceased by brothers Michael (Marian) Cavaliere, Frank (Shirley) Cavaliere and brother in law John Taylor.

A funeral mass was celebrated at Our Lady of Mercy Church, 20 South Canal St, Plainville. There are no public calling hours. Burial will be in St. Joseph's cemetery, Plainville, at the convenience of the family. In lieu of flowers, memorial donations may be made to the Plainville Community Food Pantry, 54 South Canal St, Plainville, CT 06062. Carlson Funeral Home, New Britain is assisting with arrangements. Please share a memory or note of sympathy at [www.carlsonfuneralhome.com](http://www.carlsonfuneralhome.com)



# OBITUARIES

## ~ Peter A. Flint ~



78, of Bloomfield, CT and Chatham, MA passed away peacefully on September 16, 2023. Born in Worcester, MA on March 29, 1945, Peter was the only son of Clarence E. Flint and Doris E. (Shekleton) Flint. Residing in Worcester, MA until 1954, his family moved

to the community of Edgebrook in New Brunswick, NJ where he attended New Brunswick High School. Peter continued his education at Rutgers University where he earned a Bachelor of Science in Agricultural Business and Economics in 1967 and he was a proud member of Lambda Chi Alpha fraternity.

After graduating from Rutgers University, Peter worked for the United States Statistical Reporting Service until enlisting in the Army, where he would attend Army Officers Candidate School (OCS). Peter graduated from OCS in 1968 as a second lieutenant and in 1969 received orders to serve in Vietnam with the 25th Division through July, 1970. Peter earned a number of awards during his service including the National Defense Medal, Combat Infantry Badge, Air Medal (2 awards), Vietnam Service Medal, Army Commendation Medal, Vietnam Campaign Medal, two Overseas Service Bars, and the Bronze Star Medal.

Upon completion of his military service, Peter returned to live with his family in East Longmeadow, MA where he started his career in insurance. While working at the Insurance Company of North America (INA) and later Cigna, Peter met and married Paula A. Nevelos with whom he built a home in Bloomfield, CT and raised two daughters. Peter continued to work for Cigna until 1990 and later worked for both Aetna and Travelers. For many years, Peter was also an active member of the Bloomfield Civitan Club where he volunteered and raised funding for the Special Olympics of Connecticut. Peter retired from Travelers in 2011.

In retirement, Peter loved to spend time with his wife, daughters, and grandchildren in both Connecticut and his home away from home, Chatham, MA. He had a passion for genealogy and loved to share his knowledge of family history. Peter also adored his grand-animals and could often be found taking his grand-dogs for walks to the park.

Peter is survived by his beloved family, including his wife of 49 years, Paula Flint, daughter Amy (Richard) Hoffman, daughter Kari Flint, grandsons Aedan and Ethan Hoffman, brother-in-law William (Mary) Nevelos, sister-in-law Cynthia Nevelos, and nephews Scott Nevelos and Michael (Deb Caswell) Nevelos.

Services and burial for Peter were celebrated privately. There were no calling hours. Donations in Peter's memory may be made to the Special Olympics of Connecticut ([www.soct.org](http://www.soct.org)) or the Connecticut Humane Society ([www.cthumane.org](http://www.cthumane.org)). For more information or to leave online expressions of sympathy, please visit [www.PlainvilleFuneralHome.com](http://www.PlainvilleFuneralHome.com).

In  
Loving  
Memory



## ~ Richard Albert LaRose~



77 of Bristol, beloved husband, father, grandfather, departed from this world surrounded by his family on Monday, September 11, 2023 at the Hospital for Special Care.

Born in New Britain on October 3, 1945, he was one of three children to the late Hubert and Jeanette (Beaulieu) LaRose. Richard married the love of his life, Lorenza (Mastrobattista) in 1970, and settled in Bristol for the next 53 years where they raised their son Michael and became proud grandparents.

Throughout his working years, Richard was a devoted employee at CCSU for over 40 years and later worked in security at Tilcon for 20 years.

Richard was a man who truly lived life to the fullest. With a passion for chance and excitement, he had an indomitable spirit when it came to scratch tickets and casino games. His infectious enthusiasm for sports knew no bounds, particularly when it came to the Red Sox, UCONN, and the Connecticut Sun Basketball teams. Beyond his zest for games and sports, Richard was a dedicated family man. He and Lorenza shared their retirement years travelling, with Aruba having a special place in their hearts. Being a proud father and grandpa was a role that brought immeasurable joy into Richard's life, and he cherished every moment spent with his grandchildren. He leaves his family with many happy memories and will be missed beyond measure.

In addition to his wife, Lorenza LaRose, Richard is survived by his son, Michael LaRose and his wife, Becky Crandall; his grandchildren, Bella, Michaela, and Megyn; his brother-in-law, Lou Mastrobattista and his wife, Betty; his brother-in-law, Andy Mastrobattista and his wife, Donna; and many nieces and nephews. He was predeceased by his siblings, Jack LaRose and Carol LaRose. Richard's family encourages those who are able to donate blood in efforts to help save lives to do so in Richard's memory. A Mass of Christian Burial was celebrated at Our Lady of Mercy Church, 94 Broad St Plainville. Committal followed at St. Joseph Cemetery Plainville. Family and friends gathered prior to the mass at Plainville Funeral Home, 81 Broad St Plainville.

[www.PlainvilleFuneralHome.com](http://www.PlainvilleFuneralHome.com)

## ~ Joanne M. (Blanchette) Hart ~



Heaven gained a true Angel! Joanne M. Hart, 90 peacefully passed away on Wednesday, August 9, 2023 with her son, Kris and her grand dog Noel at her side. Born in Madawaska, ME on July 26, 1993. A long time retiree of Bank of America where she was employed for nearly 30 years. She had a great life raising 3 kids, working 2

jobs and running a household. Spending many summers at the cottage in Old Saybrook, enjoying boating life with her husband, Morris or "Bob" as he was known by all. She and Bob spent 20 retirement winters in Clearwater, FL not having to endure the CT winters. They enjoyed many activities at Travel World, shuffleboard, bingo and even line dancing and of course Happy Hours! Always willing to help others where she could. She was the sweetest of ladies and will be missed by all the people she touched with her love and kindness.

She is survived by her son, Kris Hart of Plainville, her daughter(s) in-law Linda and Michelle, also her granddaughter Haley Schmitt and her husband Brad of Berlin CT, her grandson, Jason Hart and his wife Michelle of NY. She has 4 grandchildren Gavin, Viviana, Max and Rebecca and her grand dog Noel whom she loved very much! She was predeceased by her daughter, Sherry, her son Robert and her husband of 68 years Bob. And last but certainly not least, her sister-in-law and best friend, Nancy Blanchette of Largo, FL. Thank you to the staff at Apple Rehab in Plainville for the amazing care they gave her! There were no calling hours and services were private.

## ~ Mary Louise (Moore) Sylvia ~



of Simsbury, CT (formerly of Plainville, CT) passed away peacefully surrounded by her loved ones on September 12, 2023. Mary Lou was born Mary Louise Borges on August 15, 1943, at St. Ann's Hospital in Fall River, Massachusetts on

the Feast of the Assumption. Her name (Mary) was chosen by the nuns who prayed over her, the only girl born that day at the hospital. She is the daughter of the late Lena (Raymundo) Borges and George Borges. Mary was raised in Somerset, Massachusetts along with her three siblings in a proud Portuguese American community. She is a graduate of Somerset High School.

Mary Lou was a beloved mother, nana, and friend, known for her dedication to her family, her sense of humor, and her loving nature. She was an avid reader and would spend hours reading and could get lost in a book. She loved to cook and bake. She is famously known for making the most amazing sausage stuffing and Christmas would not be the same without her Christmas wreath desserts. She also loved horror movies, the scarier the better. She also loved music, which led to her nickname of Marytunes.

But what she loved most was her family. She was a beacon of love, support, and generosity to them all. She raised four children with William Moore in Plainville, CT. She dedicated her life to her children, from football games, wrestling matches, cheerleading competition, Boy Scouts and Girl Scouts, and loved being a part of the activities as much as her children. She welcomed her children's friends into her home, Beechwood Road was always filled with kids and activities. She was a member of the Plainville Women's Club, taught catechism at Our Lady of Mercy, and was a Den Mother for Plainville's Cub Scout Pack.

As much of an amazing mother as she was, she was equally an amazing Nana. Her grandchildren were the light of her world. Some lived close and some lived far but Nana always made you feel like you were the most important part of her life. She kept up with all their activities and stayed current on social media and pop culture. She could talk with the kids about anything and relate to them like no other.

Mary Lou is survived by her four children Bill and Brenda Moore of Avon, CT, Michael and Diane Moore of Boynton Beach, FL, Wendy and August Savarese of Simsbury, CT, and Christopher Moore of Clearwater, FL, and step son Joe Sylvia. She also leaves behind her nine grandchildren Kelsey and Matthew Buckley of Ellsworth, Maine, Sarah Moore, Tampa, FL, Michael Moore of Boynton Beach, FL, August Savarese of Arlington, VA, Kaitlin Savarese of Quincy, MA, Julia Moore of Tampa, FL, Andrew and Nicholas Savarese of Simsbury, CT, and Christopher Moore Jr. of Clearwater, FL. She also leaves behind William Moore, Karen Hall, Robin Wycislak, Joseph Borges and many nieces, nephews, and godchildren Karen Misko, Michael Mastrianni and Maggie Carpenter that she loved dearly. She was predeceased by her husband Joseph R. Sylvia of Plainville.

Mary's family would like to extend their extreme gratitude to the medical and nursing staff at McLean's in Simsbury for the compassionate care of our mom.

Family and friends gathered at the Plainville Funeral Home, 81 Broad St., Plainville. A Mass of Christian Burial was celebrated at Saint Mary's Church, 942 Hopmeadow St., Simsbury. She will be laid to rest with her mother and siblings at Saint Patrick's Cemetery in Somerset, MA at a later date





# FOODS !!!

Ever been looking through the refrigerator and come across an empty plate?

Well, that starts me to wondering. I think, did something eat something else? Maybe the olives ate the peas. Maybe the chicken isn't really dead, and he's grazing on my stuff.

Actually, I picture a little mouse with gloves and a parka on, you know just waiting for the lights to go out so he can get back to work. I guess the worse thing that can happen cleaning out or looking through the refrigerator is to come across... something that you can't identify at all. You literally do not know what it is. It could be meat, it could be cake. Usually at a time like that I'll bluff.

Honey, is this good? Well what is it? I don't know. I've never seen anything like it. It looks like meat cake. Well, smell it. Actually it has no smell whatsoever. It's good, put it back.

Somebody is saving it. It'll turn up in something. That's what frightens me.

Some things I didn't like just because of the sound of the foods. To this day, I can still not eat yogurt. It sounds like it's coming up again. Something else that doesn't sound so good, squash.

You want squash? Hell no! Sounds like somebody sat on my dinner. Succotash, want some? Same response. Terrible sounding food...head cheese. I can't even look at the sign. Between head cheese and blood tongue, I may never eat again. It certainly won't be at the deli.

Then there are some foods that sound too humorous to eat. did you ever hear something too funny to eat? Guacamole. That sounds like something you wear to a dance. May I borrow your green guacamole? Garbanzo...what some garbanzos? It sounds like a circus act. Ladies and gentlemen, the garbanzos. The funniest food of all time, kumquats. I don't even bring them home. In the garbage they go.

Food for thought... All of the dust and cobwebs in my house just became decorations for Halloween.

**Have a safe and fun Halloween !!!**

*John Gasparini*

## Plainville Community Fund Annual Bountiful Basket Raffle Competition will be held at Gnazzos's October 5, 6 & 7

All proceeds from the raffle will support the Plainville Community Fund - a community based permanent fund established in 2006 ,,,,,,

*"to enhance the quality of life for all Plainville residents."* This is a great opportunity for local businesses or individuals to support the entire Plainville community. The Plainville Community Fund will accept basket donations from both businesses and individuals. to:

Kelly Perrotti at 860 919-7538 or  
Deanna Gelt at 860 989-9772.

## Letter to Editor.....

Dear Editor,

I am pleased to endorse my good friend Joey Catanzaro who is seeking re-election to the Town Council in Plainville.

Joey is a great young man who is deeply committed to his community. Over the past two years, he has worked hard to protect your tax dollars – ensuring they have been used properly.

Joey has been a leader on the council supporting multiple expanded economic development initiatives, including the Americold and White Oak projects – all while taking an active role in the search and hire of both Plainville's new Town Manager and Police Chief.

He is the right choice for your community and I hope that you will support him on November 7th.

Mayor Erin Stewart

## PLAINVILLE SPORTS HALL OF FAME MEMBER AND NATIONAL BOXING HALL OF FAME MEMBER HERBERT SANTOS, SR., ESQ. PASSES.

9/27/2018- Herb Santos, Sr., a 1950 Plainville High graduate and 2016 inductee of the Plainville Sports Hall of Fame, passed away unexpectedly on September 5, 2018 in Portugal. Santos had been a world class boxing judge representing Nevada for over 40 years and in 2018 had been inducted the National Boxing Hall of Fame. He started judging amateur boxing in the 1970's and since he had judged over 755 professional bouts including 60 title fights (20 of which were world titles) over his long career throughout the United States, Canada and Mexico. He had judged over 40 professional boxers who were former Olympians, including the likes of Roy Jones, Mark Breland, Wilfredo Gomez, Lennox Lewis, Badou Jack, and Errol Spence, Jr. He has judged some of the biggest fights of the last 40 years including the famous three round war between Marvelous Marvin Hagler and Thomas "Hitman" Hearns at Caesars Palace in Las Vegas. Other significant bouts include "Sugar" Ray Leonard vs. Bruce Finch, Larry Holmes vs. Tim Witherspoon, and Evander Holyfield vs. Francois Botha. His last world championship fight judged was in 2020 in Texas for the WBC World Flyweight Championship which garnered him the Guinness World Record for the oldest boxing judge to officiate a world championship fight. <https://www.guinnessworldrecords.com/world-records/396969-oldest-judge-in-a-world-championship-boxing-fight>

From 1985 to 1988, Santos served as a commissioner on the NSAC and as chairman from the fall of 1987 to the fall of 1988. While a commissioner, he strongly advocated for AIDS and Hepatitis awareness and was instrumental in the groundbreaking 1988 implementation of testing of boxers for AIDS and Hepatitis. He also advocated for the creation of other safety measures to further protect boxers in and out of the ring, such as attached thumbs on gloves, utilization of computers to track boxer data, boxer passbooks, allowing weigh-ins to be conducted the day before the bout-as opposed to the traditional day of the bout-so that boxers could re-hydrate themselves, and despite heavy criticism, supported the return to the ring of George Foreman and also, "Sugar" Ray Leonard for his bout with Hagler in 1987. Along with two other commissioners, Herb also pushed through the creation of a new modernized rule book which would later become a guidebook for boxing rules in the 1990's. He served on the commission during a time which has become known as the "Golden Age of boxing" in Nevada. He supervised some of the greatest bouts in Nevada boxing history such as Hagler vs. Leonard. He oversaw great boxers such as Mike Tyson, Thomas Hearns, Julio Cesar Chavez, Michael Spinks, Larry Holmes, and Evander Holyfield. During this time, he also served as a supervisor for the World Boxing Council

Prior to becoming a boxing judge, Santos was a war time veteran as a former Judge Advocate General in the United States Air Force at Stead Air Force Base in Reno (Vietnam War) and also served in the United States Navy aboard the distinguished U.S.S. Benewah (Korean War). Santos was a high school basketball standout in Connecticut and played basketball in college at Suffolk University in Boston leading to induction into the Plainville Sports Hall of Fame in 2016. He received the President's Award for Lifetime Achievement from the Nevada Boxing Hall of Fame in 2016, and received the Nevada Justice Association's Lifetime Achievement Award in 2012. He also received proclamations from the Cities of Reno, Las Vegas and the State of Nevada Legislature.

For further information Email:  
[Cory@SantosLawOffices.com](mailto:Cory@SantosLawOffices.com)  
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It was Labor Day, 2005. I come from a very large Italian family where any get-together resulted in dozens of family members, including cousins, Aunts, Uncles, Grandparents, and friends that became part of our ever-growing family, coming together to celebrate. So, our traditional Labor Day celebration was no different, until the unimaginable...the unthinkable happened.

The party was a hit with over 50 family members and friends in attendance. It was your typical late summer gathering with lots of swimming, playing, music, laughs, and food. After all, we are Italian! About mid-way through the gathering, it was almost time for dessert, and what summer party would it be without the cold, refreshing fruit salad that was always a staple when the coffee and desserts came out? It was really the only way we could get the younger kids to get some healthy nutrients in them without it becoming a fight. Fruit is nature's candy, after all.

My nephew, Scottie, who was that type of child who was always happy, always smiling, always enjoying all of the elements that surrounded him, and who had that infectious belly laugh that could brighten the darkest of days. That day, Scottie was being his usual happy self and enjoying the sweet taste of nature's candy before diving into the plethora of cookies, cakes, muffins and pies. You've gotta get those vitamins and minerals in that little, 21-month-old growing body before indulging in those sweets, right? Little did anyone know that these would be the last nutrients that my nephew, my sister's baby boy, would ever have again.

Scottie died tragically that day. He died in front of 50 family members, in front of his older sister, in front of his Aunts and Uncles, his Noni and Popi, his mommy and daddy. It happened so quickly. With a body...a heart that small, when an emergency strikes, one has to respond quickly while remaining level-headed enough to provide the care needed to save his life. Unfortunately, even with 50 people standing by, all of the efforts made in trying to save my nephew, my sister's little boy, from choking on that piece of fruit, no one could save Scottie's life that day. It happened so fast. The panic was too much. The efforts made to dislodge the fruit from his throat were not enough, not even for the paramedics to save him. Scottie tragically passed away on the way to the hospital that day. He would have turned 2 that winter.

It is important to note that with a child that small and a heart so tiny, when a breathing emergency happens, it happens a lot faster than it would to an adult. I am by no means saying that the emergency care provided to Scottie wasn't good enough, but if we had known then what we learned after that tragic day, maybe, just maybe the outcome would have been different. The guilt, the shame, the feeling of utter failure that has been haunting my family since that day will never fade.

This is why I have dedicated my career to providing the proper training needed to lessen the chances of anyone having to experience that same pain, guilt, shame and loss that my family, my sister, had to endure for the past 18 years. I decided to open up Heart Start Training Institute, LLC, which offers several first responder training courses that provide the skills and knowledge needed to prepare you for any emergency that may arise. I have chosen to design my courses in a way that offers the flexibility to accommodate anyone's schedule, learning style, and abilities. Having the skills and knowledge to know how to respond to an emergency can save lives and the more people who are provided the opportunity to obtain these skills and prevent a tragedy like the one my family has suffered from is my number one priority.

Heart Start Training Institute, LLC will work with you, with your group, with your place of employment to get the training you need to save someone's life. For more information, visit [www.heart-start.com](http://www.heart-start.com) or call Michelle Boulanger at (860) 480-7939.



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# Tyler Corriveau's Fight to Beat GB Syndrome



the parking lot, so he could not go home. It was then that he was taken to UCONN Health where he was admitted after running numerous tests (MRI, CT Scan, blood work and a spinal tap). The spinal tap was what diagnosed Tyler after seeing how much Cerebral Spinal Fluid he had in him as well as the alarming amount of protein found in his body. He was at UCONN for 5 days and received intravenous immunoglobulin (IVIG). This syndrome can be caused by a vaccine or can be contracted after a virus. This syndrome caused his own immune system to attack the nerves in his legs hands and it would have progressed to the lungs if it was not treated quickly.

From UCONN Tyler went to Mount Sinai Rehab center for intensive physical therapy and occupational therapy. He could not use his hands. He needed to learn to walk again and regain the strength in his legs. He also had to learn to use his hands again. He was in the hospital and rehab center a total of 60 days. He has been continuing his physical therapy as an outpatient since then.

Tyler is working hard and making progress. He does not walk without a walker and getting up and down the stairs is a challenge. He cannot drive or go to work. He is regaining the use of his hands slowly. He continues to get monthly IVIG infusions to help his progress. The doctors are optimistic that he will regain mobility, but it may take a year or more. He cannot drive or go to work so he is having a difficult paying his rent, car payment, groceries, and everyday expenses. Social Security Disability Insurance (SSDI) does not qualify GBS as a disability unless you have an associated illness from it. Tyler has been laid off from Hartford Hospital because he used up all his FMLA, so he is unable to collect Short Term Disability.

I love my brother; he and I have been through a lot together. It saddens me to see him struggling like this. Thank you very much for your generous help during this challenging time. Please feel free to share Tyler's story. Your support and warm wishes are greatly appreciated.

Tori Corriveau and Family. If you wish to help Tyler with this journey, please see Tyler Corriveau's Go Fund Me page.

Hi my name is Tori Corriveau, and I've created this fundraiser on behalf of my brother Tyler Corriveau. Tyler is a 23 year old from Plainville, CT is currently in the Army Reserves and worked for Hartford Hospital as a patient care assistant and physical therapy aide.

In January Tyler was diagnosed with Guillain Barre Syndrome (GBS). He started to get weak and lost the ability to walk and use his hands. Tyler ended up falling on his fiancé, Brianna at home while getting ready to go to Hartford Hospital for the third time in one week. The ambulance took him to Hartford Hospital where they told him "Nothing is wrong" and to "go home and rest". He fell in

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# Ask the Brayne...

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A. *Wild stock market speculation followed by panic selling led to the Stock Market Crash of 1929. The crash cost investors \$40 billion by the end of 1929 and led to the Great Depression of the 1930's.*

Q. I will out of the country in November. Can I vote before I leave?

A. *Yes, After October 6th the ballots will be available at the Town of Clerk's Office in all the Town and City in Connecticut.*

*E-mail: plainvillehometown@gmail.com or write to:  
Hometown Connection, 27 Sherman Street  
Plainville, CT 06062*

*Deadline for submitting questions is the 15th of the month  
Thank you for this issues questions. Please keep them coming!  
Have a Safe & Fun Halloween!!*

# FROM MY BALCONY

*By: Jeannette Hinkson*

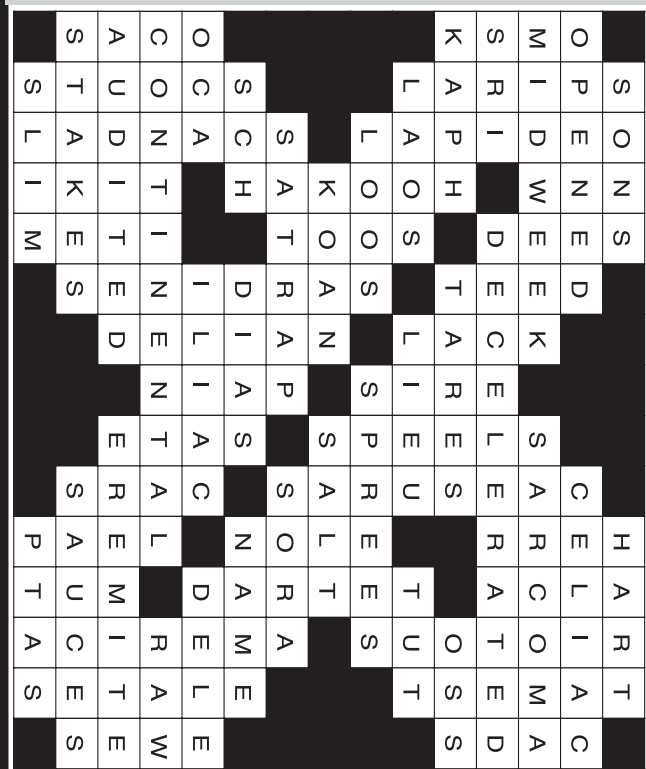
When you hear the word Florida what is the first thing you think of? Perhaps it's vacation, Disney, Universal Studios, Sea World, beaches or even that pot of gold at the end of the rainbow, "retirement." For those of us that have reached that age and journeyed to the state of Florida I find after you get the lay of the land you might find there are more than a few pit falls you might find.

First there are many in Florida that might refer to those of us that have moved to Florida as "Snowbirds." I have begun to refer to us as "CASH COWS." You might wonder what that might refer to and as I have explained as cash cows we came to the sunshine state with udders full of money and are milked clean. There are businesses ready to pounce on senior citizens and pluck them clean, from auto repairs, contractors, venders selling everything from water purification systems to solar panels, lightening rods, lawn care and the list goes on. If you ask what is one of the biggest money makers in Florida, you would probably say the amusement parks, the beaches or even the housing industry but hold on, the one thing bringing in some of the biggest share of the billions in Florida is the medical profession and the senior population are the ones laying out the big bucks or should I say their healthcare providers are. Just recently after an accident, a helicopter was called to transport a senior citizen on a ten minute trip to a nearby hospital, cost \$62,767.01, and they didn't even give a tour of Disney World. If you check out the waiting room of any doctor's office you will find everyone waiting is well over sixty five. After a long wait you finely get to enter an examining room where a young lady takes your blood pressure and enters the findings in her laptop. Again after a short wait the doctor or PA enters and reads what your vitals were recorded by the first girl. The PA asks how you've been doing and are you still taking the pills given on your last visit. (Google those pills because some pills taken with each other make you ill, but the doctor doesn't tell you that.) After you assure him or her you have, the PA says, "Keep up the good work and I'll see you in three to four weeks." My question is why? When you return for your next visit the waiting room is full of senior citizens waiting for word from the doctor or PA who is going to ask the same questions.

In many cases I have found the doctor will send you off to another doctor who is a specialist in one thing or another and they in turn run you through a battery of tests and in some cases refer you to another specialist. I know of two women who have been suffering from sciatic nerve pain for months and their doctors refuse to give them any type of pain medication for fear they will become an addict. Both these woman are over eighty and are in such pain they are in tears but the only thing their doctor does is refer them to a pain specialist. I feel if these doctors give them something to relieve the pain or cure them they won't come back in two to three weeks. One of the woman goes to her doctor three times a week, can you imagine how much he is billing Medicare and the poor soul lays in bed until the next appointment.

*So if you think Florida is the land of sun and fun, think again.  
How's your doctor doing?*

## Answers



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# ~ Plainville Historical Society ~

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860-747-6577

## Healthcare On the Great Plain

by: Gertrude LaCombe

Healthcare today is an economic and social hot topic but for the very first families living on the Great Plain it was simply provided by several Farmington doctors before we became a town. As our area became more populated Dr. Samuel Richards was appointed to be our first resident doctor. He probably opened his office on Broad St. (then called Broadway) where the school house and most businesses were located during the 1700's.

Life expectancy was limited and many died young. Healthcare at that time was in its infancy and new medical cures were yet to be discovered. The first scientific breakthrough of the day was an inoculation for small pox. In 1791 a group of area doctors concerned about the spread of the disease, asked for and obtained permission from the Town of Farmington to build an immunization hospital on Rattlesnake Mountain. The procedure required the patients, most under 30 years old, to be isolated for a period of three weeks. Away from the hospital there was a large surface boulder that served as a meeting place for the stagecoach to transfer people and supplies. While waiting and looking for some entertainment some patients carved their names into what became known as "Hospital Rock." Although hidden, the rock still stands with many names and dates carved into the granite boulder which serves as a memorial today.

Several newly educated doctors settled here before and after Plainville was established in 1869. They were very involved with the health and social welfare of the people. Dr. Buell became a town clerk, Dr. Wright became a Justice of the Peace and Dr. Moody became a health inspector and druggist. In 1914, as health inspector, Dr. Bull presented a report that showed an increase in disease and infections due to poor drainage and sewer conditions.

George Cook came here in 1924 to practice when Dr. Bull retired as town health inspector. He served on the staff of New Britain, St. Francis and Hartford Hospitals. As town health inspector he recommended a town wide garbage collection, and the hiring of a school nurse. Lawrence Frost, opened an office here in 1913, and in 1921 was appointed to the medical and surgical staff at the newly opened

Bristol Hospital. He always welcomed our family for checkups at his office. He made house calls day and night when needed and charged \$2.00 a call. He was a big jolly fellow, loved to talk and was a great story teller. Famous quote "Two great men were born on February 22. One never told a lie and the other never told the truth." He was honored on his birthday by the Chamber of Commerce. Dr. Cook and Dr. Frost became the heart of our community and developed many close relationships.

On a Sunday morning in late September my very pregnant mom told dad " I don't think we'll be going to church today. It's time to have Doc Frost on call." By afternoon he arrived on time and brought me into the world with his usual blessing. Women at that time were ordered to bed rest after giving birth and a nurse that had been hired soon arrived to care for us. He finally stopped counting the number of babies delivered at 2,713.

Doc Frost carried a medicine bag made from an alligator when making house calls. When opened up it displayed rows and rows of vials filled with colorful medications. One time when my brother got sick, he picked out the right pills for the cure, put them in a little white envelope and labeled it "COWBOY". Years later when my brother was to play the part of a doctor in a high school one act play he gave him his alligator bag to use as a stage prop. Doc was not only a special doctor but also an artist and loved history. In consultation with Henry Castle he painted the picture of Whittings Basin that hangs in the historic center canal room.

Doctors were the first druggist as they made and dispensed many of their own medications. For help, they trained a druggist assistant to put together the prescribed ingredients at a store. Dr. Moody and Charles Sanford opened the first drug business in the center of town near the railroad tracks in 1854.

The drug store had been in several locations with different owners. The store was last sold to Mr. Tomlinson. Soon after the purchase the great fire of 1883 struck. At this time, buildings were made of wood. The fire burned down most of the West Main St. structures on that cold January day. The stores were quickly replaced with new brick buildings that still stand there today.

The business was then sold to a self taught druggist George Byington. A most dedicated man who put his customers first. He stayed up many nights during the 1818 flu epidemic until he nearly collapsed from exhaustion. To relieve the stress he hired and trained

a young local man, George Nilson who wanted to become a druggist. When the depression came along it also tired Mr. Byington physically and financially. To increase his business he put in the towns first soda fountain. This became an instant delight and gathering place for the youth with the public library being housed on the 2nd floor. He kept his business until he died in 1940 and will be remembered as a man who was always there when they needed him.

Another drug store with fond memories was Thrall's Drug Store at the corner of Whiting and West Main Street. Trained druggist Ralph Thrall purchased the business from the Galpin Drug Company. He was very successful locally and active in the business life of the town.

In 1927 he incorporated the business and made himself, his wife and George Nilson officers in the corporation. George had been hired by Thrall's after working for the Liggett Co. in New Britain. After much thought Mr. Thrall decided to go to the University of Maryland to study dentistry. At this time George was made manager of the store and was assisted by Mr. Berger who was trained in Ansonia.

George and his family were my longtime neighbors and friends. He was highly regarded for his friendly disposition by all he met. His son Dwight followed in his dad's footsteps and also became a local pharmacist. Only a few independent drug stores still remain and our doctors work out of clinics and hospitals. The doctor house calls are now only in our memories.

Our little town has been blessed with many successful families. One was Charles Norton who was an inventor who gave us the park named in his honor and the Norton Trust Fund for our benefit and healthy recreation and another was Frank T. Wheeler who was the president of Trumbull Electric which became G. E.

Frank and his wife Bertha bequeathed their entire estate to the benefit of others as they had no children. Their home was given to build a YMCA., funding was given to build an addition to the library and also to build a hospital which became the Wheeler Clinic. The clinic has now expanded to Bristol center with the new construction of a high rise Wheeler Mental Health building that will carry their legacy into the future.

The Town of Plainville has been guided through the years by the heroes of our past who worked day and night to provide the many needed health services. Their devotion continues to be a baseline for outreach and healthcare for people working together to be a community that cares for all upon the Great Plain.

## Linden Street School Kindergarten Class ~ Mid 1950's Halloween with Teachers: Miss Brown and Miss Fowler





# ~ Plainville Historical Society ~

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## NEW TO THE COLLECTION

We have been given an impressive framed portrait of Ervin E. Trask, educator, long-time Superintendent of Schools in Plainville, and namesake of the Trask elementary school. He "gave his entire life to the advancement of educational opportunities for all youngsters."

Remembering....Perrotti's Meat Market in the 1960s.....nestled in a strip mall of small shops on East Street where the empty Parson's Buick building is now. There was a dancing school there, where my Nancy and her friend Linda Ferguson made their stage debut dressed as indian corn for a recital. I digress.

Regular customers flocked to Perrotti's to get quality meats and poultry and some specialty offerings like their fresh, big, fat juicy breakfast sausages. It was a treat at my house on Saturday for supper, with homemade potato pancakes and applesauce. Mike, butcher extraordinaire, cut or trimmed your meat to order and would throw in a bone for the dog sometimes.

Later on, Perrotti's moved across the street when Peter Cellino built an L-shaped building and the entire back section housed a huge meat market. There was a rack of white coats inside the door you could borrow before entering the giant meat locker. That entire area was refrigerated and you could get rather chilled if you didn't have your sweater on. ...Janice

## STOP IN AND MEET US AT THE PUMPKINFEST

### FOLLOWING UP.....

The Powder Puff girls pictured in the last issue remain unnamed, as well as house #2 with the truck in front of it. You can solve these mysteries and remain anonymous. Email us at plvhistorical@Gmail.com.

### PROGRAMS

Rachel St. Onge presented her fascinating Snappy Seniors program on vintage houses in Plainville for September to a well-attended audience, and rave reviews.

We have had to postpone our Eastern CT Paranormal Program until the new year, in order to make time for the team to do a proper investigation and documentation of the Historic Center Building. Watch for a new date, probably in January.

A Holiday Open House is planned in early December with our Children's Room and the Sloper Dollhouse featured. Watch for further information on our website and Facebook page.

## POKER HOLLOW

For years in Plainville the old-timers whispered about the ghost of Poker Hollow. No one knows for sure how it got its name. Little information is available in the historical records, but Henry Castle's History comments simply: " following North Washington Street going north, crossing the Pequabuck River and the railroad tracks, coming to what is now Camp Street, then going west, we find a little valley known as poker hollow. At the corner of Camp St., where you turn the corner toward Bristol, folks passing through there at night...they heard strange noises." This area was once overgrown with brush and trees and impassable and swampy, and there were reports of a noisy ghost in that area on dark moonless nights.



As this bull stood in the middle of a field of daisy's, waiting for the Memorial Day Parade to start, many old friends remembered him when he graced the top of Perrotti's Meat Market on East St. Some in the crowd wondered out loud, "What was this bull doing in the parade and where has he been for so many years?" The big black bovine, that so many of the older crowd remembered from the past and were a part of removing him from the top of the Perrotti's as a practical joke, and placing him at other locations, has become a fixture in the yard of Steve Litke on Unionville Ave. There are a lot of B.S. stories about his past.

**Just ask someone over 60 years old. Please help the Historical Society if you know what happened to the BULL!! Hope to hear what you heard about it!!**

In 1969 two one hundred year old gravestones, of mysterious origin, were discovered when a homeowner was excavating there marking the burial of a baby and a young man in 1861 and 1865. Did they indicate an old cemetery in the area?

We do know that where Olson Brothers Mfg. is now, in the 1890s, a tiny trolley station stood where travelers disembarked in the summertime on their way past the hollow meadow, toward the Victorian Campgrounds on Camp Street. There is a complex of homes there now. Some think that perhaps summer evenings during the revivals, perhaps the men gathered there to smoke and play poker, thus the name. Only the shadow knows.

## AN AUTUMN WEDDING at the CHARLES NORTON ESTATE

*By: Gertrude LaCombe*

Surrounded by fall leaves and chrysanthemums of white and gold, Augusta Gould and Leroy Mason exchanged marriage vows in front of the fireplace in the little white bungalow on the Norton Estate which was to be their home. The Reverend Arthur Ball of the Plainville Methodist Episcopal Church performed the ceremony at 2:00 P.M. on the 23rd of October, 1926.

The lovely red headed bride was dressed in a Woodland brown satin char Meuse with flesh georgette trimmings and carried a bouquet of pink roses. Arthur Gould, brother of the bride, served as best man.

A reception following the ceremony was held at the home of Charles H. Norton. Guests that attended the wedding included Leroy's brother Edward Mason of New York City and his sister Margaret Mason of New Jersey. His mother came from California to be present as well. After the reception the couple left for a two week auto trip through New England.

At the time of her marriage Augusta was living at home with her father and brother. When the couple started their life together at the Red Stone Hill Estate, Leroy was 42 and she was 41.

In 1931 they decided to add to their family and adopted a beautiful little three year old girl to be their daughter and named her Nancy Louise. It was about this time that Augusta's brother, Arthur—my father—met a young lady from Maine named Helen Chute. Soon thereafter, he brought her home to be his wife and started his family.

The two new families became very close and when I was born the Masons became my Aunt Gussie and Uncle Roy. Their daughter Nancy was my cousin, my big sister, mentor and the source of many of my beautiful clothes.

In 1948, while planning her wedding, Nancy gave me the job of making the bride's cake. I felt so honored to be a part of her wedding. The little three tier cake probably looked like it had been made by a nervous 14 year old, but it was made with pride and joy. And it was on that special day, while standing in front of the same fireplace where 22 years earlier, her parents, Leroy and Augusta, had exchanged their vows, she married Russell Modeen.

## Plainville Policeman's Ball Held in the Early 50's Were You There? Let us Know!! Lake Componce







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# “History Erased”

A great woman erased from history by idiots. The branding of the syrup was a tribute to this woman's gifts and talents. Now future generations will not even know this beautiful woman existed. What shame. The world knew her as “Aunt Jemima”, but her given name was Nancy Green and she was a true American success story. She was born a slave in 1834 Montgomery County, KY. and became a superstar in the advertising world, as its first living trademark. Green was 56-years old when she was selected as spokesperson for a new ready-mixed self-rising pancake flour and made her debut in 1893 at a fair and exposition in Chicago. She demonstrated the pancake mix and served thousands of pancakes, and became an immediate star. She was a good storyteller, her personality was warm and appealing, and her showmanship was exceptional. Her exhibition booth drew so many people that special security personnel were assigned to keep the crowds moving. Nancy Green was signed to a lifetime contract. and traveled on promotional tours all over the country. Her death was in 1923, at the age 89. This was a remarkable woman, and sadly she has been ERASED.

\*\*\*\*\*

**Eric is on Facebook. To connect with Eric, log into Facebook.**

\* I;LL miss her fluffy hotcakes. Matthew B.

\* **Thanks for a wonderful story! Gail W.**

\***This is so sad!! This woman worked hard for this company and Was a Star! How dare them take her off the label! I refuse to buy their product anymore. Taste in food is not everything, Respect is !!! Peggy S.E.**

\***Name ONE cancelled thing has enriched our lives.....I'LL wait... The Dew Decost**

\***I hope they're happy with themselves for ruining her family's legacy! Sue P.**

\* **You can thank the woke folk for that. Destroying America one historic statue at a time, one product at a time, one name at a time, one logo (Redskins) at a time, well you get the picture! Ernest N.**

\***I wish they would bring her back! Nancy B.**

**Lauren Madigan** is a board certified Family Nurse Practitioner with over 7 years experience in the aesthetic industry. She fell in love with aesthetics as an RN in the operating room assisting with plastic and reconstructive surgeries. She is certified in injectable treatments with advanced training and has a background in medical Dermatology. She strives to provide the highest quality care and prioritizes patient safety while achieving natural, refined, and refreshed results.

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Even the most congested and inflamed acne lesions will benefit from a VI Peel. VI Peel Purify or Purify Precision Plus will be your ideal choice as they contain the top 3 ingredients for treating active acne. Plus, they contain essential hydrocortisone to calm inflammation.

**MYTH:** I suffer from Rosacea so I can't get a VI Peel.

False! Rosacea patients need exfoliation just like everyone else. Important to 1) avoid peeling during rosacea flares and 2) focus on building skin tolerance. Book your free consultation to discuss how you may be able to benefit from chemical Peels.



**William Galske, III, Attorney of Law**  
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**Rev. Don Erickson, Senior Minister**  
Email: revdon@cccplainville.org  
**CHURCH OFFICE EMAIL:**  
churchoffice@uccplainville.org  
WEBSITE: www.uccplainville.org  
**WORSHIP SERVICE**

Sunday: 10:00 a.m. In-Person Worship  
**Sunday Services are also Live Streamed via Facebook at uccplainville**  
Sunday 7:00 p.m.

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Sunday School.....9:00-9:40 a.m.

Praise & Worship.....9:45-10:00

Church Service.....10:00 a.m.

### Bible Study

Wednesday..11:00 a.m. & 7:00 p.m.

### Board Meetings

Senior Ushers (1st Sat before 1st Sun)  
11a.m.

Gladys Floyds Missionary Society (2nd Sun)

Deaconess Board (3rd Sun)

Lay Council (1st & 3rd Sat)

9:30 a.m.

Christian Education (3rd Tues) 7:00 p.m.

Men's Meeting (2nd/4th Sat) 9:30 a.m.

PEP (Every Sat) 1:00-4:00 p.m.

Trustee/Steward (9:30 a.m. & 2nd Mon. of May)

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Email: fbc1902@yahoo.com

Web: www.faithbiblect.com

Rev. Dr. Jim Caron, Pastor

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- To follow Jesus Christ as LORD
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Apply it to our lives

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Jesus died, was buried and rose again on the 3rd day. (He LIVES)

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@ 7 pm by Zoom/in person

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E-mail: plainvillesda@gmail.com

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**Pastor Franklin Jackson**  
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Bible School @ 9:30 a.m.

Worship Service @ 11:00 am.

FREE lunch after service

**Wednesday Evening ~**

Family Prayer Meeting @ 6:30 p.m

*The Lord Jesus Christ loves you*

*John 3:16*

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**Rev. Chris Dion, Pastor**

Worship: Sunday at 9:00 a.m.

Visit us at:

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*"To check out our activities*

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We need you to be in charge of contacting the member churches of the Hometown Religious Directory.

Name your own hours.

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For more information.

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56 RedStone Hill,  
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**Church (860)747-2328 Parsonage**  
**(860)747-2592**

Email: plainvillunited@sbcglobal.net

Website: www.plainvilleumc.org

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**WORSHIP TIME: 10:00 AM**

**Sunday School: TBD**

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wwwspiritualistloveandlight.org

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**For Worship and the Word of God**

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St.Jude, patron of the desperate and Saint of the Impossible. I turn to you in trusting prayer. Centuries of Christians have found you to be a mighty helper in overcoming seemingly impossible barriers.

I entrust to you my present need. Pray that I never lose heart when the way seems dark and dreary. I await your help and praise God for guiding me to seek your help in especially difficult situations.

Amen.

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Friday 9 am to 12:30 pm

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### Liturgy Schedule

Saturday 4:00 P.M.

**Sunday**

**8:30 A.M. & 10:30 A.M.**

**Weekday Liturgy**

Mon., Tues., Thurs., Fri. &

Sat 8:00 A.M.

**Devotions**

Rosary-Monday-Saturday

before Morning Mass

**Sacrament of the Sick**

Call the office for any sick person to

receive the Holy Eucharist

or to be anointed.

\*\*\*\*\*

**St. Anthony Society**

**Regular Meeting**

**Thursday, October 12th, 6pm**

**Room 102**

\*\*\*\*\*

### Cookie Walk

Saturday, October 28th

After 4pm Mass

and

Sunday, October 29th

After 8:30 & 10:30 Mass

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**Peter A. Stonis, Pastor**

### WEEKLY WORSHIP SCHEDULE

Nursery Care is provided for

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Sunday 10:00 am

Sunday School for All Ages 11:00 am

Morning Worship Service 11:00 am

Junior Church Ages 4-8 11:00 am

Evening Worship Service 6:30 pm

Bible Study & Prayer Wednesday 7:00 pm

*For information about the church visit*

*our website @cobplainville.org*

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Rev. Donald Richey, Deacon

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Adult & Children's Sunday School:

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Wednesday 10 a.m.

Prayer Table outside in front of the

church

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# Pet Page

## From the Plainville Animal Control Desk:

Share with us some pictures of your pets and their thoughts about you... your family, and life in general!!



### DOG LICENSING REMINDER TOWN CLERK'S OFFICE

The Town Clerk's Office is reminding dog owners that all dogs over 6 months old must be licensed by June 30 for the 2023-2024 year. Renewals may be done in person, by mail, or online if the rabies vaccination is current. If the rabies information is not current, owners must submit the updated rabies certificate for the license to be processed. The cost of a dog license is \$8 for a neutered or spayed dog and \$19 for non-altered dogs. *After June 30, a penalty charge will be imposed of \$1 per month for each month that the dog is not licensed.*

For more information, call the Town Clerk's Office at (860) 793-0221 x7153

### BOTTLE, CAN & CLOTHING DRIVE

The bottle, can and clothing drive for the benefit of PAWS will continue. You can leave your returns at the pound at 29 Granger Lane or at the front lobby of the Police Department.

Thank you for your support.

### DID YOU KNOW?

Did you know that you can adopt an animal from the Plainville pound on Granger Lane? When you choose to consider our animals, you can rest assured that it has had its shots up-to-date and has been neutered. While in our care, all pets are monitored for temperament, habits, and interactions with people and other animals. We will answer your questions honestly and share whatever history on the pet is available. It is our goal to achieve happy homes for all. Did you know that our animals are affordable? There is sometimes a minimal fee, **often none.**

### PLAINVILLE PET CEMETERY

To honor your beloved pets, the Plainville Cemetery Association Pet Cemetery is at the West Cemetery 180 North Washington Street. Located in a wooded area behind the office.

For information, call Plainville Cemetery Association at

**(860)747-2314**

We have had several sightings of bears in Plainville. Pay special attention to securing your garbage.

**Don't try to feed them,  
it does not help them.  
It is still illegal to hunt bear  
in Connecticut**

### For Information About Rabies

Department of  
Agriculture  
Animal  
Control Division  
860-713-2506  
www.ct.gov/dph



### PLAINVILLE PAWS PATCH PROGRAM

Soon to be debuted: the new specially-designed Plainville PAWS Patch. You can sew it to your favorite casual wear to signify your love of animals and a respect for their welfare, for a \$10 donation. There will be some perks, a regular newsletter for one, including updates about life at the Plainville Pound. More to be announced.

From the Plainville Animal Control Desk:

### STOP IN AT OUR PUMPKINFEST BOOTH PAWS patches are available for \$10

There are new state laws regarding wildlife (including bears) in Connecticut as of October 1. You can find the details on the State's web site, but a quick version advises us that you can legally kill a wild animal that is threatening you, your family or your pet. It is now illegal to feed a wild animal and you can be fined for doing so. We are still processing the new rules ourselves. You are not being kind to wild animals when you establish food dependence.

Things have been busy at the pound. For some strange reason we have had an influx of family pet dogs who have wandered away from home. It is against the law to allow your dog to roam in Plainville. That being said, we do rescue lost dogs, in accordance with our "social work" policy, and take them to the pound on Granger Lane where they are safe, fed and watered until we can release them home. That emotional reuniting with family usually occurs after some time and investigation. If the dog has its license on it helps and if there's a tag with a phone number it is great.

So! Someone left the door or the gate open and you suddenly realize your dog is gone. What happens then?

After shouting its name in the yard, you should check online. We post notices of dogs picked up on Plainville Talks and on our Facebook page: search PLAINVILLE PAWS.

Yes, that Plainville Paws, the one that you so faithfully support with your participation in our fund raising efforts.

*It provides our ability to maintain several services for animals in distress here in Plainville, and effect rescues that benefit the safety of the entire community.*

Thank you.

*We are always available to answer your questions at 860 747-1616.*

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Plainville, CT 06062**

For admission information:  
Phone: (860)747-4759 x201  
Fax: (860)747-5185

E-mail: [admin@blessedhouserch.com](mailto:admin@blessedhouserch.com)  
[www.blessedhouserch.com](http://www.blessedhouserch.com)

•	Three well-balanced meals daily and healthy snacks. (Family always welcome!)
•	Housekeeping & laundry services.
•	Recreation activities include: Coffee/ & tea socials, Wii, billiards, birthday parties, holiday parties, bingo, arts & crafts, movies, live music and much more.
•	Hair Salon on premises
•	Physical, Occupational, and Speech Therapy, as well as, Homecare option available on site through Home Care Agency.
•	Certified medication management staff.
•	Call system in every room and bathroom with sit down showers.

## These are our Sunset years -

Where not too old for certain things,  
 Yet old enough to not be able to take our own care.  
 We don't have a list of desires now-  
 Yet small fulfilled desires make us happy.  
 Just a cake or an ice cream slice,  
 Just a smile or a hello from people around us,  
 Just the sunny weather and the walk around the House.  
 Just a good cup of coffee around the table with fellow residents.  
 We miss our family who are busy in their lives,  
 We miss the outings with our friends,  
 We miss the busy cheer of children around us,  
 We miss driving around to far-off places.  
 Life is like a setting sun,  
 A run to the hospital is not fun,  
 Medicine is now at par with food,  
 We need these to cheer up our mood.  
 Our bodies which were our strongest part  
 Now need the support of canes for a walk.  
 Yet we find happiness in small things  
 We keep ourselves busy with Rosary, Bingo, and TV.  
 Thankful Grateful and Blessed  
 Staying at Blessed House our heaven.

## Our Home away from home.



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