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WITCH'S DUNGEON CLASSIC MOVIE MUSEUM MOVES TO PLAINVILLE

Introducing Plainville's Newest School Resource Officer, Shane Dufresne



We are pleased to introduce our newest School Resource Officer, Shane Dufresne. SRO Dufresne will be assigned to the Middle School of Plainville while SRO Jessica Martins begins her third year at Plainville High School.

SRO Dufresne began his law enforcement career as a member of the Waterbury Police Department where he spent twenty-one years in various positions within the department. He began his career as a patrol officer and was eventually promoted to the rank of detective. SRO Dufresne spent time overseeing Waterbury's Police Athletic League where he helped organize sports programs for youth in the community. His last couple years in Waterbury

were spent as a detective in the Youth Unit where he worked closely with students in the Waterbury schools. SRO Dufresne also worked at the Western Connecticut State University Police Department where he seized the opportunity work closely with young adults and become a valued member of the school community.

SRO Dufresne has been with the Plainville Police Department for five years and has consistently demonstrated a sincere interest in the safety of our young citizens in the community. He truly understands our young people are our future.

Based on the positive feedback we have received from Plainville school faculty, school administration, parents, students, and the community at large during and after SRO Martins' first two years at Plainville High School, we are confident that with SRO Dufresne's background and experience we will see excellent results at the Middle School of Plainville.

The overall benefits of the SRO program include lifelong positive relationships with students and the police, community relations founded in great experiences with the police, and enhanced community trust of the police. Here in Plainville we have seen some of these excellent relationships, effective communications, and community trust in just the short time we have had our program up and running at the high school. Our goal of having SRO Dufresne in the middle school is to help guide and mentor the students in this younger age group before they transition into their high school years.

We are excited to launch our SRO program at the Middle School of Plainville, we have a great relationship with school faculty and administration, and we look forward to serving the middle-school students, and their families, in the year ahead. -Chief Matthew Catania

The new location at 103 East Main Street in Plainville will feature highly detailed life size figures of actors Vincent Price, Lon Chaney Sr., Boris Karloff, and other actors in their classic fantasy and horror film roles.

See page 10 for complete story...



CHECK OUT OUR VOTER GUIDE

*****PAGE 16*****

REGISTERING TO VOTE

TIMES AND LOCATIONS OF POLLS

REGISTRARS OF VOTERS FOR QUESTIONS




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Financial Officer Kris Dargenio
Executive Secretary Janice Eisenhauer
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Copy Writer

Layout / Design Helen Bergenty
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Kathy Pugliese

Cartoonist

Features Wendell Copeland
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Proof Readers

Pat Lostocco
Dale Nightingale

Subscription

Sports Helen Bergenty
Ezio Capozzi, Publicity & Coach
Classifieds Janice Brayne
Photographer Wendell Copeland

Legal Advisor

Attorney Thomas A. Wurz

132 East Street, Plainville, CT

This paper is published monthly as a service to the citizens of Plainville, Connecticut by Plainville Community News, Inc. It is a non-profit, 501C, all volunteer group of residents who are interested in informing our citizens of community activities and local news. All positive contributions are welcome and will be printed subject to the approval of the staff on a space available basis.

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OUR WEBSITE: Complete Paper

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NEXT ISSUE WILL BE

November

DEADLINE IS:

October 15th

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Plainville Property Transfers

91 Farmington Ave. Marie M. Lamarre of Plainville to Alyse R. Lamarre and Logan Homer, \$272,500 on 8/13/2020

26 Maria Rd: Carol L. and Robert J. Casey of Plainville to Jamie L. and Michael E Carey, \$350,000 on 8/10/2020

8 Mountain View Dr.: Bruce Corriveau of Plainville to Patrick Stebbins, \$190,000 on 8/11/2020

69 Northwest Dr. Unit 25: Renee Laliberte of Plainville to Brandon T. Loehle, \$167,000 on 8/11/2020

2 Paul Street: Sonya S. Lake of Plainville to Ryan McComb, \$180,000 on 8/11/2020

Roseleah Ave.: Gavin Robert F. Est. and Marybeth Gavin of Plainville to KG Holdings LLC, \$75,000 on 8/10/2020

210 Trumbull Ave.: Francesca Laroche of Plainville to Danile R. and Carly J. Lindley, \$330,000 on 8/10/2020

165 W. Main St.: Chaddha Brothers LLC of Plainville to Manishkumar Patel, \$246,500 on 8/12/2020

22 Young Street: Monserrate Mauroza of Plainville to Evelin R. Armijos, \$225,000 on 8/12/2020

4 Dominics Ct Unit 4: Carrier Holdings LLC of Plainville to Matthew and Kristen Pomeroy, \$452,240 on 8/17/2020

129 Hollyberry Ln: David J and Susan J. Higgins of Plainville to Victoria McMahon, \$359,900 on 8/17/2020

190 Tomlinson Ave. Unit 10b: Judith Z. Jennings of Plainville to Anita Unger, \$165,000 on 8/20/2020

578 Camp Street: Simone Development LLC of Plainville to Jennifer Raskardo \$345,450 8/26/2020

97 Dallas Ave. Unit A4: Anthony and Emily Wasley of Plainville to Erik Lecuyer, \$155,000 on 8/27/220

5 Katie Lane: Steve Carrier and Danielle Depietro of Plainville to Danielle and Steven Depietro, \$136,000 on 8/27/2020

4 Martin Dr.: Decker Carol M Est and Terri L. Decker of Plainville4 to Dejan Maric, \$240,000 on 8/21/2020

181 New Britain Ave.: PMG New Lersey 2 LLC of Plainville to 818 New Britain LLC, \$1,900,000 on 8/25/2020

100 Northampton Ln Unit D35: Adam Sakowski of Plainville to Helga T. Marx, \$147,000 on 8/24/2020

181 Stillwell Dr.: Oak Land Developers LLC of Plainville to Richard M. Dasilva and Katelyn Rose \$309,000 on 8/27/2020

4 Weatherstone Ridge Rd: Stanley and Celina Panus of Plainville to Shawn Fricano, \$379,900 on 8/24/2020

39 Willis Ave: Tedesco Holdings, LLC of Plainville to Elizabeth R. Cappello, \$218,00 on 8/24/2020

Veterans Strong Community Center Announcese 51st Mum-A-Thon Road Race

The 8K race will take place on Sunday, October 18, 2020 at 8 am at St. Paul Catholic High School,1001 Stafford Avenue, Bristol, CT. This year's event will only have the 8K competitive race, with runners socially distanced at the starting line and staggered starts. There will be no live pre- or post-race activities or ceremonies. Runners will come, run and leave. There will be a Facebook

Live announcement later in the day to announce the winners. Prizes will be mailed / delivered to the winners. There will be no water stations on the racecourse. There will be no Monster Mile Fun Run/Walk. Additionally, there will be no spectators allowed this year, either at St. Paul's or on the racecourse. Protocols and instructions will be emailed to registered participants prior to the race.

This will be the first year for new race director Brittany Telke. "We are excited to continue the tradition of celebrating the 51st annual Mum-A-Thon. We weren't sure if we were going to be able to have an in person race this year. Donna (Dognin, VSCC Executive Director), Amy (Wernicki, VSCC Board President) and I all worked together to plan the safest road race possible. We are looking forward to seeing all of the runners and costumes in a few weeks." This is also the first year for VSCC Board President Amy Wernicki, although she has volunteered with the race in the past. "During a year with so much uncertainty, it is wonderful to be able to continue a Bristol tradition," Amy (Foster) Wernicki, is also former Miss Chrysanthemum (1994).

For the time being, registrations are available on the Mum-A-Thon Facebook page, the Veterans Strong Community Center website, the BristolCT.net/Road Races page, or in person at Veterans Strong Community Center. The organizers are trying to get the online registration program up and running as soon as possible. The famous glow-in-the-dark running shirts will be available for the 1st 100 registered participants. Registration is \$30 (\$35 for wheelchair participants; covers both) and is due no later than Friday, October 16, 2020 at 5 pm. Veterans Strong Community Center's website is www.vetstronginc.org.

For more information, you may contact VSCC via email at info@vetstronginc.org, or phone at 860-584-6258 or 62

Dates to Remember in... OCTOBER

Columbus Day ~ Monday the 12th

Global Hand Washing Day~ Thursday the 15th

Boss's Day ~ Friday the 16th

National Black Cat Day ~ Tuesday the 27th

Halloween ~ Saturday the 31st

Always Remember.....

Your Anniversary & Spouse's Birthday!!

Take a peek... [eyes icon]

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27 Sherman St. Plainville, CT 06062

Thank You!

Robert E. Lee, Town Manager's Report to Town Council

September 21, 2020

Whiting Street Road Reconstruction Project

- Several months ago, Town staff submitted a request to CRCOG under the LOTCIP program for the reconstruction of a portion of Whiting Street. This was a competitive grant program funded by the State and administered by CRCOG. The request totaled \$2,324,400.
- Last week the CRCOG Policy Board approved that this project be included in their LOTCIP program for 2021. Plainville was one of twenty-three projects that were approved by the CRCOG Policy Board.
- The grant will pay for 100% of the needed improvements from Broad Street to Fairview Avenue, a distance of approximately 1,900 feet.
- The Town will use Road Bond monies to complete the rest of Whiting from Fairview Ave. to East Street.
- The project includes an upgrade of the drainage system and the removal of the old trolley tracks currently buried in the road.
- I want to thank John Bossi, Director of Technical Services and Mike Perry, Town Surveyor for putting together the necessary information for the grant application that was submitted to CRCOG. The quality of their work was instrumental in CRCOG's recommendation to fund the project.
- It is anticipated that the reconstruction of Whiting Street should happen next summer.

Request from Farmington Canal Condominiums – Urban Act Grant

- In June of last year, the State D.O.T. removed trees along Route 72 in Plainville. The recent storm in August blew down several other trees as well adjacent to the highway. This resulted in eliminating a good portion of the buffer between the highway and the Farmington Canal Condominiums located off Farmington Avenue.
- As a result, noise from the highway has greatly increased according to the Farmington Canal Condo Association President. The Association contacted Representative Bill Petit to see if the D.O.T. would install a sound barrier in this area because of the elimination of the tree buffer.
- Representative Petit indicated that the D.O.T. did not have funds for this purpose. He suggested that bond funds could be applied for through the Urban Act Program.
- It is a relatively simple process to apply for funding under the Urban Act Program. The difficulty is getting the funds approved.

- The President of the Condo Association has requested that the Town apply for these funds. If there are no objections, Town staff will submit a grant application under the Urban Act Program. If approved the grant would pay for 100% of the cost of any sound barrier installation.

Sewer User Fee Discussion

- Sewer user charges are billed on November 1st each year. The Finance Department has updated the long-term projection for the sewer operating fund through the Year 2026.
- The goal is to maintain a fund balance equal to three months' worth of the sewer operating budget. Based on this analysis, Town staff is recommending a 2% increase in the sewer user charges for this year. It is noted that a previous budget projection completed about five years ago projected that an increase of 4 ½% would be needed in 2021.
- Currently, the minimum charge is \$407.76. The 2% recommendation would result in the minimum charge increasing by \$8.16.
- A Public Hearing must be held before the Town Council can decide on any proposed change to the sewer user charge. There is an item under New Business that would set the Public Hearing for the next Town Council meeting on October 5th.

White Oak RFQ Update

- Proposals from developers interested in the White Oak property are due this Thursday, September 24th at 2:00 pm in the Town Manager's Office. Between 5-8 developers have expressed interest in the property.
- Once the proposals have been received, Town staff will provide them to the Town Council members for your review.

COVID-19 Update

- The State Health Department recently issued guidelines regarding the re-opening of Senior Centers in Connecticut. Due to the COVID-19 pandemic, the Senior Center suspended in person services at the Senior Center.
- The Senior Center is expected to resume limited in person services on Monday, November 2nd.
- The November 2nd opening is dependent on several factors including adjustments to advanced registration, social distancing, maximum attendance restrictions, and scheduling.
- In addition, physical upgrades to the Senior Center need to be made. These improvements include: alterations and modifications to the reception desk and working space areas as well as the re-location of the common area furniture. Items

have been ordered and it will take several weeks before they arrive and can be installed.

- There is growing concern about a "second wave" of COVID-19 related cases and this may further impact the Senior Center as the winter approaches. Updates will be posted on the Town website.
- It should be remembered that seniors are the most at-risk population and senior centers must exercise caution throughout the re-opening and ensuring strict adherence to the protocols. The November 2nd proposed re-opening offers time to address still developing and pending concerns and offer safe and healthy programming.
- With few exceptions, Plainville is following re-opening procedures and timelines similar to other CT senior centers.

Financial Dashboard

- The Financial Dashboard for the first two months of the fiscal year was included in the meeting information package and has been posted on the Town website.

HAPPENINGS

Elections:

- November 3, 2020 is Election Day. Don't forget to Vote!
- Election polling locations will be open 6:00AM to 8:00PM. Due to the COVID-19 Pandemic the Secretary of the State is making it easier to vote by Absentee Ballot. Absentee Ballot APPLICATIONS have been mailed to all registered Plainville voters. Absentee Ballot Applications can be returned either to Ballot Drop Box located outside the Municipal Center by the side entrance or to the Town's Clerk's Office in the postage free envelope provided.
- The actual Absentee Ballots will be mailed out beginning October 2. To avoid postal delays voters are encouraged to use the Official Ballot Drop Box when returning **their completed ballot.**

Bulky Waste Curbside Collection:

- Bulk Waste Collection began September 14 and continues Mondays through October 26, 2020. Eligible residents can schedule their once annual bulk waste collection by calling Town hauler CWPM at (860) 793-6721. Residents are reminded that no bulky waste is to be placed at the curb more than 24 hours prior to your scheduled collection. For further details please visit the Town website at <https://www.plainvillect.com/public-works/pages/bulk-pickup>.

Robertson Airport Improvements:

- It's an exciting time at the Town owned Robertson Airport. Two projects are currently ongoing:

repaving the parallel taxiway and painting of buildings. September 8, 2020 Full time construction activities began on the parallel taxiway project, and September 15 painting contractors began preparing Hangers 3,4, 6 for repainting. Both projects have no general fund financial impacts. Repaving of the Parallel Taxiway will be 100% through Federal Aviation Administration dollars. Painting will be funded by fees generated from Airport Operations.

Senior Center

- For information on Senior Center programming call the Plainville Senior Center at 860-747-5728. While the doors aren't open, our programming is!

COVID-19 Drive-through Testing FREE [Friday, September 25 9:00 – 12:00]

- Testing is FREE. No need to get out of your car, just drive through. No insurance necessary. You can get tested even if you've been previously tested. Call the Community Health Center for an appointment, 475-241-0140 or on-line at www.chc1.com.
- Senior Center Virtual Programs: Senior Centers from across the state are sharing a variety of virtual programs with older adults in Connecticut. Have fun! Learn something new!
- If you wish to receive this state-wide virtual program list, please email: Guberman@plainville-ct.gov. We will forward the list to you.

Help With Zoom:

- Available by telephone through the Senior Center. More and more programming and classes are now being offered virtually. Let us help you navigate this new world.
- If you have a smart phone, tablet, computer or even a regular phone, you can take advantage of so many programs on Zoom. Haven't tried Zoom? Have Questions? Call the Senior Center! We will schedule an individual telephone appointment for you to "meet" with Tammy to learn how to use Zoom. We even provide written step-by-step instructions prior to your telephone appointment. For details, call the Plainville Senior Center at 860-747-5728.

Fitness Challenge: It's time to MOVE! [September 13-October 18, 2020]

- If you are like most Americans, you've probably gained a few pounds during the COVID-19 Pandemic Quarantine. Get active and join us as we challenge the South Windsor and West Hartford Senior Centers in a 6-week Fitness Challenge from September 13th – October 18th. For details, call the Plainville Senior Center at 860-747-5728.

From the Desk of: Cal Hauburger Economic Development & Special Project Coordinator Town Of Plainville

White Oak Developer RFQ: On August 20th I hosted an optional site walkthrough with development firms. In total, 15 individuals from 8 different firms attended which was an encouraging number considering present circumstances. The Town also issued an addendum following the walkthrough, extending the RFQ submission deadline by two weeks to September 24th.

The DECD released revised pre-application and application materials for Brownfield remediation funding in preparation for the eventual notice of funding announcement. As a reminder, \$47M has been allocated by the State for Brownfield funding and is awaiting Bond Commission approval. The next Commission meeting is scheduled for September 25th, however, to date, no agenda has been posted. In anticipation of a funding announcement, I'm beginning to prepare materials for the pre-application in order to submit as soon as the State begins to accept them.

CT Motor Cars: In the August update I mentioned CT Motor Cars applying for Contiguous Municipality Zone benefits from the State. Unfortunately, due to construction delays related to Covid, they will be unable to meet the mid-September deadline. Still, we'll be working to finalize all materials following construction completion in November, and file will the State soon after to

ensure they have everything in place to be approved for State benefits beginning next year.

Classic Movie Museum: Last week I met with Cortlandt Hull, the curator behind The Witch's Dungeon Classic Movie Museum. Hull's live-long passion has been classic fantasy and horror films from the 1920's to the 1970's and has accumulated a wide variety of movie relics, props and costumes which he displays on self-made figures. Previously operated out of the Bristol Historical Center on a seasonal basis, Hull is moving into 103 East Main Street and expanding to year-round operation. Over his 50+ years in operation he has drawn guests from across the country and abroad. Hull will open in Plainville starting Friday, October 2nd, and will be open to tours to the public Friday-Sunday, 6-9pm. I worked with him to put together a write up, including photos of exhibits, which will be in the next issue of the Hometown Connection. The Bristol Press has also publicized the move.

Miscellaneous:

The former D'Angelo's on East Street has garnered interest as of late and staff has been told that a new restaurant will soon be moving into the building.

Chase Bank has finished the installation of a new drive-thru only ATM on the side of the building located at 14 Farmington Ave (CVS, Verizon building).

The veterinary office looking to open a second location in the former bank building at 62 West Main Street went before the Planning & Zoning Commission this week, with no issues coming up. Some site work needs to take place prior to them taking over the parcel. I had the chance to speak with the owners recently and they have showed potential interest in taking part in the EDA's tax abatement program.

For more information:

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Governor Lamont, the Democrat Controlled Legislature, and the Lack of Representation During the Covid-19 Crisis

By: Francis Rexford Cooley

The Covid-19 pandemic has created a tidal wave of problems for everyone. From the public health concerns created by this new virus to the social and economic fallout from the government's response everyone has been impacted by this crisis. In a number of states, including Connecticut, Governors have used "emergency powers" to implement a variety of policies from requirements to wear masks in public to the complete shutdown of private business to meet concerns regarding public health. The use of "emergency powers" by the executive branch has traditionally been limited to immediate disasters and situations which require immediate action to forestall further death and destruction and in which there is no time to discuss, debate, and legislate. The current Covid-19 crisis has been upon the United States since February with emergency actions taken in Connecticut in March to deal with the immediate crisis of that moment. Since the original use of emergency powers by Governor Lamont, the General Assembly has met in Special Session to deal with a number of non-Covid related issues. Governor Lamont has declared an extension of his "emergency powers" until February of next year and the Democrat leadership of the General Assembly has agreed with that extension. Whether this is Constitutional is highly problematic. Three recent court cases in other states indicate that Governor Lamont and Democrat General Assembly leadership might be on shaky ground legally with this extension.

In May, in a case brought forth by Wisconsin lawmakers, the Wisconsin Supreme Court struck down the stay-at-home and business closure orders issued by Wisconsin Department of Health Services Secretary-Designate Andrea Palm (D). The court ruled the orders issued by Sec.-Designate Palm violated state law by not properly following the rulemaking procedures of the state. Simply, Secretary-Designate Palm did not have the statutory authority to do what she did in the manner she did, she did not follow the rules.

Similarly a recent federal court case brought against Pennsylvania Governor Tom Wolf (D) by four western Pennsylvania counties Federal District Judge William Stickman IV ruled that Governor Wolf's stay-at-home and business shutdown orders were unconstitutional violating the 1st and 14th amendments. Judge Stickman noted Governor Wolf's actions were an over reaching and arbitrary. Especially problematic was the waiver process regarding both orders which Judge Stickman ruled was done in an uneven manner. Judge Stickman noted, "... even in an emergency, the authority of the government is not unfettered." Judge Stickman also noted that when mitigation efforts become the "new normal" then normal deference is applied. The Constitution and normal mechanisms of government need to be followed.

The third recent court case was a class action lawsuit filed against New York City and State officials regarding the continual extension of the indoor dining ban in New York City. The \$2 billion lawsuit seeks a lifting of the NYC indoor dining ban and economic damages from the ban caused by the Covid-19 guidelines which led to the ban. The filing of the suit was enough

for Governor Andrew Cuomo (D) to lift the ban on indoor dining in NYC shortly after the suit was filed. Whether this action by Governor Cuomo will be enough to protect both New York City and State officials and taxpayers from having to compensate those businesses impacted by the ban it is obvious the threat was enough to get the policy changed.

In all three recent cases Democrat Governors have themselves or through their administration have imposed a series of actions to deal with the Covid-19 crisis using extra-constitutional means. While the courts have historically given the executive leeway during a crisis in order to deal with the crisis such leeway is not open ended. The extension of Governor Lamont's "emergency powers" for another six months is problematic. The extension is constitutionally dubious in its execution. The General Assembly has meet for a special session. The is no reason the representatives of the people of Connecticut cannot vote on whether to extend the requirement to wear masks in public and the fines of failing to do so would be incurred. The "new normal" of the Covid-19 pandemic is "normal," the General Assembly has met and can meet to decide what this new normal means and what the Lamont Administration needs to do to administer to the new normal. That is what legislatures are for. By failing to do their job the Democrat controlled General Assembly and Governor Lamont are potentially exposing the State of Connecticut and its taxpayers to lawsuits regarding their constitutional inaction to follow normal procedures of passing laws and regulation during this "new normal."

Happenings cont. from page 4

- South Windsor and West Hartford Senior Centers in a 6-week Fitness Challenge from September 13th – October 18th. For details, call the Plainville Senior Center at 860-747-5728.

- Cardio Chair Fitness: [Mondays & Wednesdays, 10:00 a.m.]

Call the Senior Center to register and receive Zoom link. Class includes marching, knee lifts, kicking, light weights, abs, core and stretching all from the comfort of your own home!

Health Brain Series: [Tuesday, October 6, 13, 20, 27 & November 3 1:30 – 2:30 P.M.]

- Keep your memory Strong by joining us for a virtual five-part series. Learn tips to keep your brain sharp and activities to challenge the mind – all while having fun! Participants are encouraged to attend all sessions. Each of the 5 sessions will cover: Challenge your mind daily, Feeding the brain, Benefits of a purposeful life, Good sleep and brain power, and The Blue Zones. Presented by Dementia Specialist Hartford Healthcare Center for Healthy Aging. For details, call the Plainville Senior Center at 860-747-5728.

Sewer Billing:

- 2021 Sewer Use Tax Billing: 2021 Sewer Bills will be mailed in late October 2020. Keep an eye on your mailbox.

Delinquent Notices: Delinquent sewer use tax billing notices were sent earlier this month. To avoid a lien against your property and an additional \$24.00 Lien Fee payments must be made by September 30, 2020.

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KIM HAYES
- 5TH KAREN MORRIS
- 8TH SARA ZDUNCZYK
JACKIE CIANCHETTI
- 10TH CHRISTINA TUFTS
ART SCREEN
- 11TH BOB DEBLOIS
- 16TH FRANCIS COOLEY
- 17TH JOANNE BOUTWELL
- 25TH RYAN KLAPPRODT
- 26TH STEPHANIE BROW
SUSAN ABRAM
- 28TH JUSTIN ABRAM
NANCY (EISENHAUER)
NAPOLITANO
- 31ST SALLY MILLER



**The Plainville Republican
Town Committee Sponsors
Diaper Drive**

Plainville Republicans are currently sponsoring a Diaper Drive to benefit patrons of the Parent and Child Center at Bristol Hospital and the Plainville Community Food Pantry. Donations of packaged new diapers can be made at the following locations in Plainville. Donation boxes and sites are located at the Plainville Community Pharmacy 170 East Main St., Bagel Plus Deli 17 Farmington Ave., and the Plainville RTC 41 East St. The National Diaper Bank Network notes that one in three families will struggle with diaper need. Larger diaper sizes are needed the most, especially sizes 4, 5, 6, and pull-ups according to Susie Woerz, the Director of the Plainville Community Food Pantry. Baby wipes are also needed. The Diaper Drive will run through November 2nd.

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EXPRESSIONS!!

We have all used various expressions to news stories or situations in our lifetime. If we really examine these expressions, we would see that they make no sense at all. Let's look at some of them.

1. **He/She were legally drunk**
If they were legally drunk why were they arrested.
2. **You know where to stick it.**
Why do we assume everyone knows where to stick it. Maybe he's a new guy in town. There should be a government booklet on it. As a matter of fact I think there is. They send it from the IRS on April 15th.
3. **Selling like hot cakes.**
I've never went to a diner and the waiter/waitress say that there is an hour wait for hot cakes. Isn't there other things that sell more than hot cakes, Beer, cigarettes, eggs.
4. **Undisputed heavyweight champion.**
If it's undisputed, whats all the fighting about.
5. **More than happy.**
People say I would be more than happy to do it. How can you be more than happy. To me sounds like a mental condition. We had to put Dave in a mental institution. He was MORE than happy.
6. **This country is going down the tubes.** What tubes? Has anyone seen these tubes. Where do these tubes go. Why is there more than 1 tube. Does every state have it's

- own tube. One country, one tube. I would think someone would have seen these by now.
7. **Out walking the streets.**
Criminal gets paroled from prison. How do we know he's not home watching tv. Maybe he stole a car. At least he's not walking the streets.
 8. **In your own words.**
Attorneys in courtrooms ask witnesses to describe the situation in your own words. Does the person have a special language or dictionary of their own. Don't we all use the same words.
 9. **Greatest thing since sliced bread.** Really folks, is this the best we can do? We have the wonders of the world, and so many other artifacts. Just get a damn knife and cut the bread.
 10. **He really takes the cake.**
Where, to the movies. I would take the cake to the bakery to see the other cakes. How come he takes the cake not the pie. the pie is easier to carry.

Hope you enjoyed the above as we can use a little laughter.
Hope everyone has adapted to the new normal.

John Gasparini



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To Your Health

Change is in the Air

October is one of the most vibrant times of the year. We are delighted with brilliant fall colors, cool crisp air, beautiful skies and the delicious scents of apples, cinnamon and pumpkins. There are numerous opportunities to enjoy the fall season, boost our immune systems and our moods at the same time. Here are a few ideas.

Change your diet. The cool weather brings out the best in our leafy greens and root crops such as cauliflower, broccoli, cabbage, carrots and Brussels sprouts. Eating seasonally provides fresh, highly nutrient foods at lower costs. Root vegetables help make us feel more grounded, give us stability and focus.

Head to an apple orchard and plan to make applesauce. Peel and cook the apples with a cinnamon stick, a little maple syrup and nutmeg and soon your home will smell amazing and you have a great side dish or dessert. While you are at it, you might decide to eliminate the refined sugars when making an apple pie. Apples are sweet enough.

Grow your Own. Start an indoor herb garden. Parsley and basil are great to have on hand to brighten and add flavor to a dish. Plant garlic cloves now (2" deep, 6" apart, flat end down), cover the soil with mulched leaves and plan for a great late summer 2021 harvest. The Garlic Farm in Granby sells garlic seeds and other vegetables. The ride out there from Plainville is beautiful and well worth it.

Lighten your load. Have a social distanced garage sale and get rid of items are weighing you down.

Take a hike. Walking is a great weight bearing exercise that most can do. A great chance to take in fresh air, build strength and stamina and observe nature.

Brighten Someone's Day. Even the introverts are looking for opportunities to socialize more. While we still need to abide by guidelines, it is helpful to find new ways to connect with others and add more joy to your life and

others. This summer, I spent time in a lake community which is normally very social. Not this year. You could feel the effects of semi-isolation. I had the idea to ask for pet pictures and created a calendar featuring our 4 legged friends. This sparked a lot more interest and excitement than I expected. People were happy for the diversion and to be part of community project.

Maybe there is something you can do that is safe, provides a break from the virus and builds community. While a traditional Halloween may not be in our future, know that decorations are still fun to look at. Maybe the money your neighborhood normally spends on candy can be put to a better use and kids can be involved in sending donations to Foodshare or other type of community support.

Roasted Root Vegetables

Prep time: 10 minutes
Cooking time: 25-35 minutes
Yield: 4-6 servings

Ingredients:

- 1 sweet potato
- 2 parsnips
- 2 carrots
- 2 turnips or 1 large rutabaga
- 1 daikon radish (or substitute/add in your favorites, like squash)
- Extra Virgin Olive Oil
- Salt and pepper
- Herbs: rosemary, thyme or sage (fresh if possible)

Directions:

1. Preheat oven to 375 degrees.
2. Wash and chop all vegetables into large bite-sized pieces.
3. Place in a large baking dish with sides.
4. Drizzle with extra virgin olive oil; mix well to coat each vegetable lightly.
5. Sprinkle with salt, pepper and herbs.
6. Bake uncovered for 25-35 minutes until vegetables are tender and golden brown, checking every 10 minutes to stir.

Happy Fall to You!

Linda Coveney

Integrative Nutrition Health Coach | Insights® Discovery Expert | Speaker | Become your most vital self at work and home!

Linda helps open-minded teams and determined individuals take control of their choices, and create the robust health, success and happiness they deserve. She is also a Licensed practitioner for Insights Discovery®—The direct route to healthy, effective teams. For more information about health coaching, wellness workshops or team and personal effectiveness, contact:

Linda at www.healthy-behaviors.com or lindacoveney@healthy-behaviors.com



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Pd. for by: The members of the Tea Party



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For over a century, Big Brothers Big Sisters has been a leader in providing hope to children facing adversity hope through the power of one-to-one relationships. Hartsprings Foundation's goal is to support this mission via the collection and sale of used clothing and other items, providing all proceeds to Big Brothers Big Sisters. *Imagine for a second, what if every child: Chose to stay in school~Chose NOT to do drugs.~Chose NOT to drink REACHED their full potential.*

That's the Big Brothers Big Sisters Goal and it's OUR GOAL to help make that happen. **Southington, & Plainville, you can donate and lend your support. Call now 1-888-413-2227 for pick up at your home. OR YOU CAN BRING YOUR DONATIONS TO THE BIG BROTHERS-BIG SISTERS BOXES IN THE PARKING LOT BEHIND APPLEBEE'S ON NEW BRITAIN AVE., PLAINVILLE**



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Crossword

			1	2	3	4	5	6		7	8	9
	10	11									12	
	13									14		
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44						45	46	47				
48						49						
50						51						

- CLUES ACROSS**
- 1. LUNAR CRATER
 - 7. UPSTATE NY AIRPORT (ABBR.)
 - 10. FRUIT
 - 12. SEVENTH AVATAR OF VISHNU
 - 13. ORGANISM THAT GROWS WITHOUT AIR
 - 14. HEALS
 - 15. A BOOK HAS ONE
 - 16. OPEN
 - 17. TWITCH
 - 18. PLANT OF THE MINT FAMILY
 - 19. SOON
 - 21. WITCH
 - 22. LONG, MOURNFUL COMPLAINT
 - 27. KILLER CLOWN FILM
 - 28. KEEPS US OCCUPIED
 - 33. INFLUENTIAL LAWYER
 - 34. FORMATION OF CONCEPTS
 - 36. INSECTICIDE
 - 37. SWISS RIVER
 - 38. ACTRESS LUCY
- CLUES DOWN**
- 1. MAKE A MAP OF
 - 2. CAIN AND ___
 - 3. DRIED-UP
 - 4. CORPORATE EXEC (ABBR.)
 - 5. TRADING FLOOR HAND GESTURE
 - 6. STRONGLY ALKALINE SOLUTION
 - 7. YEMEN CAPITAL
 - 8. MILITARY LEADER (ABBR.)
 - 9. MAINTAINS POSSESSION OF
 - 10. AFTERNOON SHOW
 - 11. IMAGINARY BEING
 - 12. REARRANGE
 - 39. UNIT OF G-FORCE
 - 40. CAN REPEL ATTACKERS
 - 41. ESSENTIAL OIL USED AS PERFUME
 - 44. CUT INTO SMALL PIECES
 - 45. MEXICAN AGRICULTURAL WORKER
 - 48. BEST PITCHERS
 - 49. BENIGN TUMORS
 - 50. DANISH KRONE
 - 51. LOOMS ABOVE
- 14. HOLY PERSON OR SAGE
 - 17. ___ MAHAL
 - 18. BACKBONE
 - 20. BROOKLYN HOOPSTER
 - 23. INTERVENED
 - 24. EXTREMELY ANGRY
 - 25. INDICATES POSITION
 - 26. CHINESE SURNAME
 - 29. POTATO STATE
 - 30. WHEN YOU THINK YOU'LL GET THERE
 - 31. ___ FALLS
 - 32. BULLFIGHTERS
 - 35. BORN OF
 - 36. SMALL FISHES
 - 38. "FATHER OF CHEMICAL WARFARE"
 - 40. WASTE MATTER
 - 41. SKIN DISEASE
 - 42. SCANDINAVIAN MYTHOLOGICAL GOD
 - 43. ___ AND HAWS
 - 44. VILLAIN
 - 45. TELL ON
 - 46. DIFFICULTY
 - 47. NOT OLD

Answer on page 24

AARP PLAINVILLE CHAPTER #4146

PRESIDENT'S MESSAGE

I was so hopeful in our June newsletter that our AARP Board and monthly membership meetings would resume this September. Unfortunately, this is not possible.

With the Covid-19 mandated guidelines, it would be impossible to maintain social distancing parameters at our meetings. Also, after much discussion with members, I found a deep concern about being together in a large group. This strong reluctance to attend indoor meetings for safety and health concerns were voiced by many.

I understand. As much as I miss you all, I too am very hesitant to be in confined areas with large numbers of people. Therefore, our AARP meetings and Board meetings are not indefinitely on hold until we can safely be together again.

The Covid-19 restrictions have likewise put all our wonderful AARP trips on hold at this time. Our monthly newsletter is also on hold.

Thank you for your understanding during this difficult time as we all continue to do our best in following the CDC and the governor's directives. When we are able to resume our meetings, we will joyfully notify all through the newsletter!

I miss you all so much. Please remain safe and well until we can meet again. The Plainville Chapter includes Bristol, Farmington, New Britain, Southington and other surrounding towns. All are welcome!

Remember our Motto: "To Serve, Not To Be Served"
Lois Schmidt, President

OLD & NEW BUSINESS

- We continue to need a volunteer for the vice-president position
- We also need someone for Cheer/Sympathy. Elsie Senaldi has decided to resign from her position. Elsie has done an amazing job of expressing the get well and sympathy remembrances of our AARP chapter. Elsie has held this position for many years, and we are deeply grateful for her beautiful messages of encouragement and comfort all these years.
- Also – just a reminder of our upcoming civic responsibility – voting in the November election. This year many members may decide to vote by mail-in ballot. I encourage members to do so as early as allows to assure your vote being counted.

COMMUNITY SERVICE

Thank you for your generosity!
 If you are able, please make a direct monetary donation while we are unable to meet. Both organizations are continuing to provide services and are in need. The Plainville Community Food Pantry, Inc., P.O. Box 233, 54 South Canal Street Plainville, CT 06062

South Park Inn, Office of Development, 75 Main Street, Hartford, CT 06106
 Dick Nordgren & Elie Miranda, Community Service

WAYS & MEANS

Due to meeting cancellations, no collections or trips since February. Collections from our raffles and trips are the main support for our charitable giving. If you have the means donations welcome.
 Marie Cyr, Pat Josephs, Olga Callender

MEMBERSHIP

Dues for 2020 were due by January 2020. Dues are \$7.00 per year. You can pay by mail by sending the AARP magazine label, your chapter card, your phone number with a check payable to AARP 4146 and a self-addressed stamped envelop to: Carol Sokolowski, 100 Overhill Ave, New Britain, CT 06053. Please call if Carol have questions, 860-224-1239
 Carol Sokolowski, Membership

MESSAGE FROM SALLY MILLER

I miss everyone and know you must be traveling in your minds. With the upcoming holidays, I wish everyone Happy Holidays.

To: All Civic & Religious Organization From:
 ~ The Editor ~

We would like to invite everyone to share your activities with our readers. Please forward all news and pictures to:
PLAINVILLEHOMETOWN@GMAIL.COM
Thanking you in advance!

**THE TEA PARTY
PATRIOTS
WAKE UP AMERICA!**

By: Gene

By now, you should all be sick of “The New Norm”. What does it mean lockdown, Marshall Law, quarantines, tracing, etc.?

We will probably not see the likes of “The Roaring Twenties or “The Fabulous Fifties again”. What has America become? The land of the special interests and home of the double standards?

What happened to the land of the free and the home of the brave?

We are weeks away from the most important election of our times. What is the reaction of the progressives, liberals and Marxists? We should look at the two candidates and their platform which will be entirely different and make your choice close to what you would like to happen. You'll never get 100% of what you want. The First Amendment is for free press to truthfully and impartially report the news it is assigned. Fake news which is fanning the flames of the “mostly peaceful” demonstrations that are being orchestrated by the socialists, marxists, Antifa and BLM organizations.

Do they hold dear to our liberties, or do these liberties just get in their way? Do they embrace the free market place of ideas or are they afraid of open debate?

Have the American people waken up from their slumber?

Here is the deal.....no one is trying to sell us Socialism.....it has no appeal and no value that anyone would buy or sign up for.

What they are doing is creating chaos, violence, destruction, division, riots, lawlessness, disease, division, riots, lawless (not cure). The result is a breakdown of the democratic Republic's basic principles and values....re-writing, history with lies, crushing the family unit, eliminating any form of religion desensitizing the value of human life, taking away your freedom of speech, nationalizing healthcare.... and other things as well. When this is accomplished...there is no need to “sell” Socialism... it will be positioned as the only way to restore order. Complete control by the Government is the only way to keep everyone safe and for everyone to live peacefully and equally. The sad part is...most people will accept it without even blinking an eye. The promise of Government protection and help will be more powerful and acceptable than the perceived chaos they create. The result is you have a useless, valueless form of government called Socialism/ Communism as the only viable solution. This is how it has been done in every society that it has been tried and failed. “The problem with socialism is that you eventually run out of other people's money”. (Margaret Thatcher) Our Country, we swear allegiance to this republic/democracy is exactly the opposite of a Republic. (I pledge allegiance to the United States of America and the Republic it stands for). Our Christian Republic has laws that limit what Government can do to you, a Democracy is the rule of the majority. A Democracy, Government will order soldiers to do what the majority voted for vote against candidates like Biden and Harris who want you to say “Save Democracy” as they want unlimited Government vote the RIGHT candidates who make promises and keep them.

Some excerpts from the June edition of the New American magazine

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Letters to the Editor

Letter to the Editor:

Why I'm Voting for “Why”

To all of those of you who would say “I can't believe you would vote for Trump”. Well Folks, listen up...I'm not just voting for him.

- I am voting for the second amendment
- I'm voting for the next supreme court justice
- I'm voting for the electoral college and the Republic we live in
- I'm voting for the Police, and law and order
- I'm voting for the military and veterans who fought for and died for this Country
- I'm voting for the right to speak my opinion and not be censored
- I'm voting for the right to praise my God without fear
- I'm voting for freedom and the American Dream
- I'm voting for good and against evil.
- I'm voting for someone who makes promises and keeps it
- I'm not just voting for one person, I'm voting for the future of my Country...What are you voting for?

-Jane B.

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Receives Endorsement

“I am very happy to receive the endorsement of the NFIB the voice of small businesses. I will continue to work to add and change policies to benefit our small businesses and thus our economy and all the workers they employ.”

-William Petit

Dear Editor:

David X. Sullivan is the candidate I am supporting for the U.S. Congress to represent us in the 5th District. As a former prosecutor he understands that that law and order and police accountability are not mutually exclusive unlike some politicians.

Sincerely,
Laurie Peterson

Letter to the Editor:

Representative Dr. William Petit, Jr. continues to put the well-being of the people of this state in the forefront as he leads peers in Hartford through these unprecedented times. Petit remains accessible to his constituents and frequently updates them by social media and email. Petit took a strong and sensible stand when the Democratic stacked committee wished to blindly, and without pause for conversation, continue the Governor's executive powers. Petit reinforcing that the issue was with the broad nature and scope of the executive powers, and not with the need for a completely eliminating them. The Democrats would not compromise. Therefore, we must vote to keep Petit in Hartford. We must strive to have a two-party system. Petit is a level-headed, reliable, and caring individual who connects with the people. Petit has unique life experiences that allows him to communicate and offer input on a plethora of subjects from medicine and healthcare, to women's rights and social justice. Please join me and support Representative Dr. William Petit, Jr, this November.

-Cassandra Clark, Plainville, CT

Dear Editor:

I am urging my fellow citizens to support Henri Martin for re-election as our Senator for District 31. Sen. Martin was a leader in the fight against Tolls in Connecticut providing commonsense leadership. He is exactly what we need representing us in the State Senate in Hartford.

Sincerely,
Deb Hardy



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PLAINVILLE WELCOMES THE WITCH'S DUNGEON MOVIE MUSEUM



the vintage horror & fantasy films to life.

With the assistance of his parents, Oscar winning makeup artists John Chambers and Dick Smith, and Hull's great-uncle, film actor Henry Hull, who served as the very first movie wolf man in 1935's "The Werewolf of London", Cortlandt Hull began

The Witch's Dungeon Classic Movie Museum. After more than 50 years, Hull's life-long passion has resulted in an ever-expanding and improving museum display and has even led Hull to teach film and makeup classes at colleges and universities across Connecticut.

When presented with the opportunity to move the museum from Bristol to

Plainville and expand from a seasonal to year-round venture, Hull took full advantage. Based on fantasy films from the 1920's to 1970's, ranging from 1922's "Nosferatu" to 1971's "The Abominable Dr. Phibes", visitors will tour the museum with two Victorian style guides or "Ghost Hosts" - Carmilla Karnstein" (Jodi Dickson) and "Farnsworth the Butler" (Rob Lansley).

The new location at 103 East Main Street in Plainville will feature highly detailed life size figures of actors Vincent Price, Lon Chaney Sr., Boris Karloff, and other actors in their classic fantasy and horror film roles, presented in costuming accurate to their films, complete with appropriate sets and related character props.

The museum will also display original movie makeup and props which were used in the films "Close Encounters", "Planet of the Apes", "The Exorcist", "Mars Attacks!" and many more.

Visitors will also be able to pose with the original ET figure from "E.T." and the iconic Yoda from "Star Wars".

The Witch's Dungeon, operated by Peter Bradley and curator, Cortlandt Hull, will celebrate its 54th consecutive season with a grand opening at their new Plainville location beginning Friday, October 2nd, and will be open to visitors each weekend, Friday through Sunday 6:00p.m. to 9:00p.m. Special holiday events will be announced from Thanksgiving through New Year's.

Protective masks are required, and children must be accompanied by an adult. Donations to the non-profit museum are accepted at the door - \$8.00 for adults, \$4.00 for children under 12 years old.

Film fun for the entire family coming to Plainville starting October 2nd!
www.preservehollywood.org

LEARNING THE LIGHTING LINGO

By: Laura Davis, Owner of The Light Hangar Company, LLC in Plainville

Fall is a beautiful time of the year. The cool crisp breeze and the vibrant leaf colors remind us of nature's beauty. It also reminds us that Winter is coming with the cooler temperatures and dark nights coming earlier each day. With that in mind, let's take a look at ways we can use lighting to make our home feel cozier.

Bulbs

If you haven't already, it's worth switching your incandescent or "Curly Q" bulbs to LED. Not only will you save money on energy consumption, but you have the opportunity to make your home feel warmer with the color temperature. Getting a warm color temperature such as 3000K will instantly make your space feel cozier. It's best to be sure you are matching all of your bulbs to the same color temperature or else you WILL notice a difference throughout your home.

Dimmers

If you don't already have dimmers on your lights, it's a great idea to also save energy and to create an atmosphere for great movie nights in the living room. With the darkness outside, your bright lights inside may feel like too much. A soft glow is all that's needed for intimate family dinners and relaxing. Keep in mind that LED bulbs will require an LED dimmer to get the full range of dimming that LED bulbs offer.

Layer Your Lighting

Often times you want overhead lighting for the maximum amount of lighting, but don't forget to layer your lighting with floor and table lamps. The light-diffusing shades at varying levels can create texture and warmth to any space. A desk lamp can also help illuminate spaces such as your favorite reading nook.

Candles

Candles are another great way to add mood AND scent to your space. Who doesn't enjoy warm cinnamon or apple scented candles? The soft glow from the candle will easily make you feel right at home. It's a quick way to freshen up a space too! Be sure to use all proper precautions with a candle containing an open flame.

Grown Up Nightlight

Ambient salt lamps are in trend right now. They definitely set a calming mood in the room with their decorative color. While companies suggest their benefits include cleaning the air, soothing allergies and boosting your mood - they are pretty to look at too.

Mirrors

While a mirror isn't quite lighting, it is a creative way to add more natural

light into your space. By placing a mirror in a room (especially across from a window), you are allowing the natural light to reflect off the mirror. The reflection of natural light will be felt throughout the space and instantly brighten the room. You'll almost feel like you are gaining another window - without having to wash another window!





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Clear aligners are a series of customized, clear plastic orthodontic appliances for individuals who want to correct issues with their bite or teeth spacing. Each aligner is designed to move teeth in small increments to improve alignment or adjust your bite. Not only are clear aligners transparent, but they also are removable, so they don't trap plaque and debris like wire braces. Clear aligners are usually created by technicians in a production facility using computer-aided design and manufacturing, then fitted and monitored by an orthodontist or general dentist. Who is eligible for clear aligners? Clear aligners work best for adults and teenagers experiencing mild spacing and bite issues. Previous dental work, such as veneers, crowns and bridgework, may affect your treatment plan but should not be a deterrent. Consult an orthodontist or general dentist to determine if you are a candidate for clear aligners done and supervised by a dental professional. How do clear aligners work? An orthodontist or a qualified general dentist will take an impression or digital intraoral

scan of your teeth in order to determine your treatment plan, which includes the length of treatment and how many aligners you will need. Complex cases can require 12-18 months of treatment, while relatively simple cases may only require 14 weeks. As you progress through the treatment plan, your teeth will move gradually according to the shape of the retainer. Each aligner is worn for about one to two weeks and removed only for eating, brushing and flossing. Your treatment time may be extended if you lose or break an aligner or miss an appointment with your orthodontist or general dentist. In order to prevent your teeth from shifting back to their initial position at the conclusion of the treatment plan, your oral health care provider will likely recommend either a bonded (permanent) wire retainer or regular nightly wear of a clear plastic removable retainer. Can I expect risks or discomfort with this treatment? Most patients will adjust to wearing clear aligners with only minimal discomfort. You may experience tenderness around your teeth and gums when adjusting to each new aligner. Some people may notice differences in their chewing, salivation or speech, but these symptoms are usually temporary. How do I care for my clear aligners? Aligners are usually worn for at least 20 hours a day and removed when you eat, drink, floss or brush your teeth. Avoid smoking during treatment, as this may stain the aligners. Your dentist will provide you with more detailed instructions about how long to wear your clear aligners and how and when to clean and sterilize your aligners. If you encounter any problems with your clear aligners' fit, or they become damaged or lost, contact your orthodontist or general dentist for a replacement aligner

PLAINVILLE COMMUNITY FOOD PANTRY

The Plainville Community Food Pantry, Inc. is a non-profit outreach agency that provides food, energy assistance, clothing, crisis intervention and referral services to individuals in need.

On behalf of the Plainville Community Board of Directors, Clients, Staff and Volunteers we would like to thank you for your ongoing support. You can also stop by the Pantry with your donation for a tour of the facility. We appreciate any donation that you are able to give us.

Here are some critical Items needed:

- Chunky Soups / Ramen Noodle Soups
- Pasta Sides Pouches / Rice Sides Pouches
- Au Gratin /Scalloped Potatoes
- Coffee/ Tea
- Pasta Sauce
- Peanut Butter/ Jelly
- Canned Pasta- Ravioli- Spaghetti
- Juices Boxes
- Turkey Gravy/ Cranberry Sauce/ Stuffing
- Hamburger Helper
- Canned Hash/ Chicken / Tuna
- Canned Fruit / Apple Sauce
- Cereal / Instant Oatmeal/ Maple Syrup
- Canned Carrots / Beets
- Baked Beans
- Ketchup/ Relish/ Mustard/ Mayonnaise
- Dish Soap / Laundry Detergent/ Shampoo/ Cleaning Products
- Deodorant / Bath Soap
- Individual Wrapped Toilet Paper
- Individual Wrapped Paper Towels
- Tampons / Maxi/Mini Pads
- Gnazzo's Gift Cards: To be used to purchase Items throughout the year

Thank you for all your support and helping us make a difference in our Community!!



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Life With Wanda



This is a subject I have written about before but now I have a new outlook on it and I refer to those annoying robo calls. No one seems to be able to stop robo calls and I have wondered why. Perhaps someone high up is making money off these calls. Just by accident the other night I was surfing the channels about 4 am and came across a channel showing prisons call "Big House." I figured it would be boring and I would fall back asleep and I was about to doze off when a segment came on about "lifers" that were given jobs as telemarketers. These men were trained to be extra polite and if they sold the product they were hawking, the call was then turned over to someone that took down your information, credit card number and address. They assured the viewers the convict never learned any of this information. The man on the other end of the phone was most likely a murderer and this job made him money that went into their prison account. Have you ever tried calling one of those robo calls back and received a message saying it was not a working number? This is because those lines cannot receive incoming calls and are blocked by the prison system. It gave me chills when I thought back to things I've said to these people like yesterday when I told one fellow, "If you don't stop calling I'm going to find out who you are and my husband is going to beat the crap out of you, so stop calling." Now, this program let me know I can these people in the maximum security section of Angola State Prison in Louisiana. I think I have come up with the perfect solution. I have made a list of the names and addresses of everyone I have ever wanted to get even with. When one of these telemarketers call I'm going to answer the phone saying, "Hello, this is Nancy Jones, I live at 10 Main Street and look you chicken you better stop calling me and if you're so brave come on down to my house and my husband will beat the crap out of you, you scumbag." Now all I have to do is sit back and wait until one of these convicts friends show up at the home of my arch enemy Nancy Jones.



Young at Heart Senior Center News

We have been busy working with the Health Department and Town Officials to plan and prepare for the day when we can resume some of our in-person activities. Before we can reopen, we must make modifications to the building to be safe for staff and members. We need to follow the State of CT Reopen Guidelines for Senior Centers,

Indoor Recreation and Fitness Centers to ensure that our protocols are safe for everyone who visits the Senior Center. When we do open, advance registrations will be required for all activities. Unfortunately, people will not be able to drop-in to "visit", workout in the PEAK Center, play pool, play Bingo, etc. State Guidelines require that advance sign-up will be required for all activities, so people will need to plan their visit in advance. More details will be announced once we have a date for reopening.

In the meantime, please check our newsletter for some fun classes and activities that you can do during October ... including pottery painting, living room scavenger hunt, cookie chat, cooking class, program on historical homes of Plainville, reverse Halloween and more!

As always, we appreciate your continued patience and support. Feel free to call us with any questions.

Shawn and Ronda

VFW Bingo

Northwest Drive
Plainville

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MONIQUE DALEY JOINS WHEELER AS DIVERSITY OFFICER

Monique Daley, MS, has joined Wheeler as the first diversity officer at the organization, a statewide leader in integrated primary and behavioral health care.

In her new role, she will promote and monitor equity, diversity and inclusion for the Wheeler workforce and patients; lead the Wheeler Diversity and Inclusion Committee; monitor and review the effectiveness of diversity and inclusion efforts; promote full integration of National Standards for Culturally and Linguistically Appropriate Services in Health and Health Care (The National CLAS Standards) and health equity throughout Wheeler; and much more, including training and education, as well as ensuring Wheeler is working with minority- and women-owned businesses.

Daley reports directly to President and CEO Sabrina Trocchi, PhD, MPA.

"2020 has shown such wide chasms in our state and country, and organizations must do better," says Trocchi. "Wheeler serves 30,000 individuals and families every year, in 90% of the state's cities and towns. My 1,000 colleagues are diverse, talented, and represent all backgrounds, identities, genders, and ethnicities. Monique will help guide us to ensure our practices are grounded and culturally responsive, our culture and services represent the communities we serve, our external and internal messaging is culturally appropriate, and that we are doing everything we can to make a more just, equitable tomorrow for the state."

"We are at a critical point in addressing systemic disparities particularly towards historically marginalized groups," says Daley. "Therefore, we can no longer speak about diversity, equity, or inclusion without the commitment of becoming what we speak. I look forward to working with the leadership at Wheeler to ensure that practices and policies continue to be a just representation of who we are and those we serve."

Before Wheeler, Daley served as the training and program coordinator at the Women and Gender Resource Action Center at Trinity College under the Office of Diversity, Equity, and Inclusion. In her role, she worked closely with constituents across campus to address campus culture and climate as it relates to diversity, equity, and inclusion; coordinated speakers on trending and intersecting issues to the greater community; implemented Title IX-related programming; and more.

Before Trinity College, she spent nearly a decade at Central Connecticut State University and also worked at the Court of Common Council of the City of Hartford.

She is a Fulbright Scholar with experience in Ghana, West Africa, holds a master's in communication from Central Connecticut State University, and is pursuing her doctorate in educational leadership at the University of Hartford.

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Press READERS POLL BEST OF 2020

92558

Pursuit of Passion

by: Jamie V. Bordonaro



The Sous Chef at Millwrights Restaurant in Simsbury, Jamie Vincent Bordonaro, recently released his self-published cookbook, Pursuit of Passion. Bordonaro's culinary experience includes a degree from the Culinary Institute of America in Hyde Park, New York. He also completed an externship at Picholine Restaurant, spent one incredibly valuable year with Chef David Bouley at his namesake restaurant in Tribeca, and two and a half years working through the illustrious Le Bernardin restaurant. The exposure to such exquisite examples of culinary greatness at such high levels of execution has undoubtedly inspired the culinary concepts which comprise this project. The quality education from Central Connecticut State

University also helped to enrich the literary prowess which fortifies the culinary concepts of the Pursuit of Passion.

"My grandmother, born in Siracusa, Sicily has been the most significant and powerful influence on my decision to pursue cooking as a profession. Growing up in an Italian family, the dinner table was host to some of the most enjoyable and joyous occasions. Holiday and birthday celebrations were not complete without an incredible meal, put together by my incredibly gifted and generous grandmother. From her exquisite tomato sauce to her handcrafted bread twisted perfectly into symmetrical braided loaves, it is from her that I learned how the amount of love one has for those that they are cooking, is a fundamental element to creating perfection on a plate. It is not enough to claim that one merely loves food and cooking, for the love and appreciation of who we cook for is far more important."

What makes this book unique?

A unique quality of this work is that it distinguishes itself from the standard formula by which most cookbooks follow. The concepts are written as stories of inspiration along with vivid descriptions of the interplay of flavors and applications of techniques which harmonize to create a finished dish. This format almost deserves the classification as a cook-story rather than a cookbook. The phrase provides readers with a meaningful and powerful double entendre as this book is a "cook-story" as well as a "cook's story". Readers will enjoy the fascinating introduction and the delightful tale surrounding the circumstances and events which led me down my culinary path.

Wellness and Mental Health

One of the focuses of the book is on maintaining and improving high levels of wellness and mental health among members of the culinary community. In the, "Passage on Wellness," section of the book, an in-depth glimpse into the

Pursuit of Passion

JAMIE V BORDONARO



pressures, temptations, and stresses faced by hospitality workers. This section culminates with several proposals for encouraging positive outcomes and actions that can be taken to facilitate a positive environment and lifestyle.

The issue of mental health and wellness is extremely significant during these difficult and uncertain times. For every copy of Pursuit of Passion sold, \$5 will be donated directly to the World Central Kitchen organization to help feed families impacted by the Coronavirus pandemic.

You can purchase a copy of the book at www.pursuitofpassion.net/shop

Thank you and please be well on your Pursuit of Passion!

Jamie Bordonaro was born and raised in Plainville for the first 23 years of his life and is currently the Sous Chef at Millwrights restaurant in Simsbury, CT. He graduated from the Culinary Institute of America in 2013 and worked at several New York City restaurants including Picholine, Bouley, Le Bernardin, and Vacluse. He returned to his home state to be close to his family. (PHS 2006 alumni, also receiving a BSED from Central Connecticut State University)

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DISTRICT STUDENTS TO RECEIVE BREAKFAST AND LUNCH AT NO CHARGE THROUGH DECEMBER

All Plainville Community Schools students will now receive breakfast and lunch at no cost each school day through the end of December, according to district Food Services Director, Ashley Onion. The United States Department of Agriculture (USDA) recently made the announcement, which temporarily extends meals at no charge for all Plainville students aged 18 and younger from September 14th through December 31, 2020.

Through the program, Plainville students, both those attending school on site and those participating in remote learning, receive one breakfast and one lunch per student per school day. On in school learning days, meals are available at each school for students. On remote learning days, all meals can be picked up daily between 9:15 AM – 9:45 AM at Plainville High School. The meals are distributed at the high school entrance near the flag pole. Only students, parents or guardians are allowed to pick up the breakfast and lunch meals.

“During this challenging time, Food and Nutrition Services is delighted USDA temporarily extended breakfast and lunch at no charge to all students until December 31, 2020. It is extremely important for students to have access to healthy and nutritious meals on a daily basis,” said Onion.

“Students need to have their basic needs for food and nutrition met in order to be fully available and ready for learning. When one’s stomach is growling, it is difficult to focus on other things, such as learning. We are grateful for this opportunity to extend food and nutrition options to all students who need it,” noted Superintendent Steven LePage.

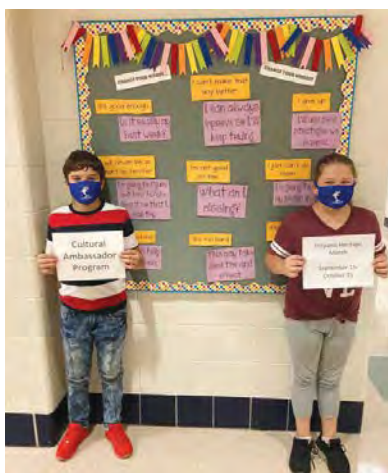
For questions regarding the district free meals program or the Plainville Community Schools Food Service Program, please contact Food Services Director Ashley Onion at: (860) 860-793-3234 or via email at: oniona@plainvilleschools.org.

Linden Street School Students Working Virtually



Linden Street School students Xavier and Zion Rivera from Joan Corey’s second grade class working virtually on their first day of school!

Linden Street School Establishes Cultural Ambassador Program



Linden Street School has a new Cultural Ambassador Program introduced to the school community by Principal Jeff Wallowitz. The program provides an opportunity for all students at Linden to learn more about a variety of cultures around the world. Students are selected and research a specific culture. They share their new learning as part of the school's morning announcements for students and staff.

In photo: Linden's first cultural ambassadors, fifth graders Keitel Del Rio Pagan and Malina Main, who researched and learned about Hispanic Heritage Month.

OCTOBER 2020 CALENDAR	
October 7 Wednesday	PLC Data Team Day Half Day All Schools
October 12 Monday	Columbus Day No School
October 20 Wednesday	PLC Data Team Half Day All Schools
October 28 Wednesday	PHSParent/Teacher Conference (Half Day PHS Only)

Plainville Schools Supported by Plainville Community Fund and the Petit Family Foundation



Superintendent of Schools Steven LePage, Dr. William Petit, and Johanna Chapman (Petit Family Foundation)



Plainville High School Math Department Instructional Leader Eileen Hebert, Plainville Community Fund member Carole Stauble and Superintendent of Schools Steven LePage.

Thanks to generous donations from the Plainville Community Fund and the Petit Family Foundation through the school district's School Business Community (SBC) Partnership Program, the Plainville High School Math Department will purchase two iPad and Apple Pencil sets in order to provide timely, meaningful feedback to students using proper mathematical notation and syntax. In addition, it will allow teachers to screencast their computer screens to their monitors so that all students can see annotations for common errors and discourse.



I Pledge Allegiance to the Flag...

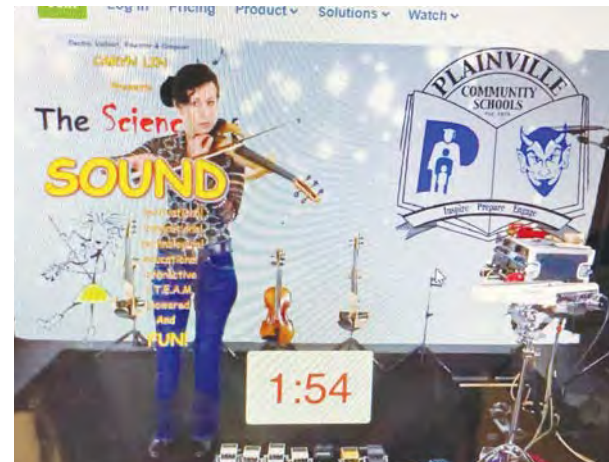
Wheeler School Students Take a Break Outside



Mrs. Miller's Grade 1 Cohort A students at Frank T. Wheeler Elementary School recently enjoyed a mask/snack break in the school's courtyard.

In photo: From front to back. Miles Ahrens, Morgan Brown, Emma Lam, Nolan Gara, Henry Curtis, Marcus Cabiness

Plainville Students Enjoy Virtual Live Performance



Plainville elementary students recently enjoyed a virtual LIVE performance from electric violinist, Caryn Lin! Lin offered two live-streamed performances for students in school and those participating in remote learning. During the multi media performances, Lin transformed sound through the use of a five-string electric violin and a myriad of modern technology! The program took students on a journey from the classical days of Bach to today's techno-wonders. Using modern techniques, including looping and other effects to produce unique and dynamic soundscapes, students were introduced to the many scientific concepts involved in the creation of live music. The virtual performances were made possible through a generous grant from the Elizabeth Norton Trust.



PS: Sisto is also the beloved great-grandson of our very own, Helen Bergenty!

Baptism

CELEBRATION

SISTO "SONNY" MICHAEL BERGENTY
the son of Adam & Courtney Bergenty
and grandson of
William & Carla Bergenty
and Michael & Lisa Perrotti
was Baptized on
Sunday, September 13th, 2020 at the
First Church of Christ in Clinton, CT
by Pastor Christopher Horvath.
Godparents (pictured to the left)
Shelley Creel & Bill Bergenty
were very honored to stand up for
baby Sonny on his Special Day!



CELEBRATE AUTUMN

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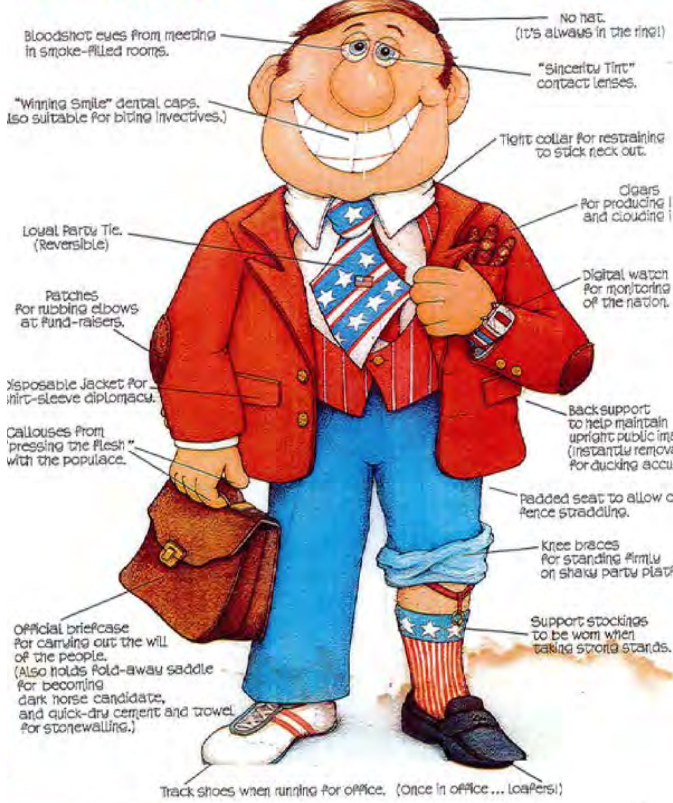
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VOTER'S GUIDE TO

POLITICIANS



State of Connecticut Official Ballot
 Plainville Connecticut
 State Election
 November 3, 2020
 Page 1 of 1
 Congressional District 5
 Senatorial District 31
 Assembly District 22

OFFICE	1 PRESIDENTIAL ELECTORS FOR VOTE FOR ONE	2 REPRESENTATIVE IN CONGRESS VOTE FOR ONE	3 STATE SENATOR VOTE FOR ONE	4 STATE REPRESENTATIVE VOTE FOR ONE	5 REGISTRAR OF VOTERS VOTE FOR ONE
DEMOCRATIC PARTY	1A BIDEN AND HARRIS	2A JAHANA HAYES	3A MARY B. FORTIER	4A	5A SUSAN ABRAM
REPUBLICAN PARTY	1B TRUMP AND PENCE	2B DAVID X. SULLIVAN	3B HENRI MARTIN	4B WILLIAM A. PETIT JR.	5B BETH GASPARINI
INDEPENDENT PARTY	1C	2C BRUCE W. WALCZAK	3C HENRI MARTIN	4C WILLIAM A. PETIT JR.	5C
WORKING FAMILIES PARTY	1D	2D JAHANA HAYES	3D	4D	5D
LIBERTARIAN PARTY	1E JORGENSEN AND COHEN	2E	3E	4E	5E
GREEN PARTY	1F HAWKINS AND WALKER	2F	3F	4F	5F
WRITE-IN VOTES	1G	2G	3G	4G	5G

Be sure to read the instructions on the reverse side of this ballot.

Sample

2020 Election is Tuesday, November 3rd
 Polls Open 6:00 am to 8:00 pm

VOTE!

District 1
 Linden Street School

District 2
 Our Lady of Mercy Parish Center

District 3
 Toffolon School

District 4
 Wheeler School

Register To Vote

If you have any questions regarding voting or registering to vote be sure to contact our Registrars

Sue Abrams ~ Democrat Registrar
 860-793-0221 ext. 7161

Beth Gasparini ~ Republican Registrar
 860-793-0221 ext. 7162

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“Ask Sheila”

Q-1) I will be turning 65 soon and want to apply for Medicare, but the Social Security office isn't open. How can I apply ?

A-1) *If you use a computer, log-on to SSA.gov Scroll down to the Medicare Enrollment 'box' and select it.*

There is a page of basic Medicare information, you can read through, then scroll down and select the “Apply for Medicare Only” bar; continue to enroll.

If you do not use a computer, call the local (New Britain) Social Security office 866-858-6086 and they will assist you.

Q-2) If I enroll in a Medicare Advantage plan starting November 1, 2020 can I keep the exact same plan for 2021?

A-2) *All Medicare Advantage plans are updated every year beginning Jan 1st. There may be slight changes in your plan from 2020 to 2021. You will receive an Annual Notice of Change (ANOC) which list the differences from the current year to the new year. If the changes are acceptable, you can stay with the updated plan; if not you can change your plan during the Annual Enrollment Period Oct 15 thru Dec 7. All new plans begin Jan 1st.*

Q-3) I have a High Deductible Insurance Plan and an HSA with my Employer. I will be 65 soon, but won't be enrolling in Medicare for a few more years. Is there anything I need to do to prepare for the future ?

A-3) *If you are planning to work well after you're 65, you will need to stop contributing to your HSA 6 months before you enroll in Medicare. This includes enrollment in Part A. If you delay applying for Medicare, your Medicare enrollment is back dated 6 months, so any contributions made to your HSA during the period of retroactive coverage are considered excess contributions. HSA excess contributions are subject to IRS Tax penalties and must be withdrawn.*

If you have individual questions, or would just like to “Talk Medicare”, give me a call at 860-965-0091

Sheila

American Senior Benefits
 10 Waterside Dr., Suite 104
 Farmington, CT 06032
 Office: 860-676-0260 x 296
 SDow@AmericanSeniorBenefits.com
Sheila Dow, Independent Agent



SENIOR CENTER NEWS

Although the Senior Center is closed for programs and activities, staff is available by phone, 860-747-5728, during regular business hours. The Senior Center Social Worker is available by phone for questions or concerns about Medicare, financial assistance, care giving issues and more. Dial-a-Ride, foot care, and ear wax appointments continue to be available by appointment.

The Senior Center will be offering on-line programming for Seniors. Some classes/programs require a computer, tablet or smart phone, while others can be done by telephone. Classes include: Chair Fitness Classes with Jared, Silver Sneakers Chair Exercise Class, Yoga-lates, and Telephone Bingo.

PLAINVILLE FAMILY RESOURCE NETWORK

School Year 2020/2021 - located at Linden Street School
 (Please contact PFRN for the most current Covid-19 schedule)

Our typical schedule is:
 Mondays, Tuesdays, Wednesdays from 9:30 - 11:00 am
 Mondays from 6:00-7:15 pm

Please call us at 860-793-6304 if you have any other questions.

2020 CENSUS

As of 7/16/2020, Plainville reached a 72.2% self-response rate. The National rate is 62.1% and CT's rate is 65.6%. Non-response follow-up (a.k.a. door-knocking) began on August 11. Residents can continue to respond online at www.2020census.gov and are urged to do so, especially if they prefer to avoid the knock on the door.

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P-l-a-i-n-v-i-l-l-e

Here are some of your favorite places, people or things around town to rave about this month!

{Mary faves}

Nina's Kitchen is a wonderful spot for breakfast or lunch. The atmosphere is clean and inviting. The menu has lots of great choices and the folks there are the best. Be sure to stop by ~ you won't be disappointed.

{Bob raves}

West Main Pizza has continued throughout the past six months of COVID providing a variety of take out and in dining specialty items. Their specials are amazing and of course Pete and Agnes are always there with a warm greeting and cheerful smile. Please continue to support our local restaurants.

Email your faves and raves to share it with everyone!
Let's hear what you have to say, we need your comments!
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List Tag Sales, Club Activities & Etc. E-mail to: plainvillehometown@gmail.com

Plainville's Fire Marshal Completes Certification Course

Our Fire Marshal has recently completed the Juvenile Fire Setter certification course through the State of CT Fire Academy, and the Plainville Fire Department is in the early stages of implementing this terrific resource program right here in our community. Stay tuned for further details!



Connecticut Department of Motor Vehicles Updated Extensions for Expiring Credentials Amid The COVID-19 Pandemic

According to officials, the change impacts credentials that expired between March 10 through November 30.

The following deadlines are included in the extension:

- All Licenses, Permits and Identification Cards, including Commercial Driver's Licenses
- Motor Vehicle and Boat Registrations
- Emissions Testing and Retesting
- Permanent Disability Placard

The DMV says credentials that expired from March 10 through May 31 are valid until November 30. Those expired from June 1 through November 30 will be valid until December 31.

Late fees will be waived for qualifying credentials.

The extensions are intended to help safeguard the general public against the spread of coronavirus and to maintain social distance within offices, officials wrote in a release.

Visit the CT DMV website for questions, updates or information about recent extensions or other previously issued credential extensions or call 860-263-5700 (within the Hartford area) or 1-800-842-8222 (outside the Hartford area).



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TASTE BUZZ....



BUTTERNUT SQUASH SOUP

Ingredients

- 2 tablespoons extra-virgin olive oil
- 1 large yellow onion, chopped
- ½ teaspoon sea salt
- 1 (3-pound) butternut squash, peeled, seeded, and cubed
- 3 garlic cloves, chopped
- 1 tablespoon chopped fresh sage
- ½ tablespoon minced fresh rosemary
- 1 teaspoon grated fresh ginger
- 3 to 4 cups vegetable broth
- Freshly ground black pepper

For Serving

- Chopped parsley
- Toasted pepitas
- Crusty bread

Instructions

1. Heat the oil in a large pot over medium heat. Add the onion, salt, and several grinds of fresh pepper and sauté until soft, 5 to 8 minutes. Add the squash and cook until it begins to soften, stirring occasionally, for 8 to 10 minutes.
2. Add the garlic, sage, rosemary, and ginger. Stir and cook 30 seconds to 1 minute, until fragrant, then add 3 cups of the broth. Bring to a boil, cover, and reduce heat to a simmer. Cook until the squash is tender, 20 to 30 minutes.
3. Let cool slightly and pour the soup into a blender, working in batches if necessary, and blend until smooth. If your soup is too thick, add up to 1 cup more broth and blend. Season to taste and serve with parsley, pepitas, and crusty bread.

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WHEELER TRANSFORMING CLINIC SITE IN PLAINVILLE TO FULL COMMUNITY HEALTH CENTER

Location was the original site of the mental health outpatient clinic since 1972. Wheeler, a leading statewide provider of integrated primary care and behavioral health services, is transforming the services at its original behavioral health clinic location at 91 Northwest Drive, Plainville, to offer fully integrated primary and behavioral health care in one location.

The federal Health Resources and Services Administration (HRSA) recently approved Wheeler's application to bring the behavioral health clinic into its federally qualified health center scope and expand the services offered at the location.

Effective immediately, the new Plainville Family Health & Wellness Center will join Wheeler's four other community health centers in Bristol, Hartford, New Britain, and Waterbury—and more than 1,300 other federally qualified health centers across the country—as a frontline network of whole-person health care that keeps nearly 30 million Americans well. The Plainville location had previously been the only Wheeler outpatient site that was not a federally qualified health center.

Wheeler is committed to enhance the continuum of services on-site at the Plainville Family Health & Wellness Center to soon include patient-centered and fully integrated health care, coordinated referrals to specialty care, and services to meet patient needs and advance individual and population health outcomes crucial to the Plainville community.

“At the Plainville Family Health & Wellness Center, we will address barriers in access to health care, reduce health disparities, and build health equity in our community, vital for a healthier, better future for us all,” says Sabrina Trocchi, PhD, MPA, Wheeler's president and chief executive officer. “We have seen such wide chasms in inequity in 2020 across our state and country. Community health centers like Wheeler are the leading voice in ensuring America is healthier tomorrow.”

Wheeler will continue to provide behavioral health services for children, adolescents, and adults at the Plainville site, with plans to expand services to include primary care for the whole family, as well as medication-assisted treatment (MAT) for alcohol and opioid addiction, which is fully aligned with Wheeler's integrated model of care.

“It's hard to overstate how important this move is,” Trocchi says. “When a group of visionaries broke ground at Northwest Drive in 1972, in what had been a cow pasture, they were looking to change the model for how behavioral health care was delivered in Central Connecticut. They did, and today we are taking that vision and making it so far beyond their wildest dreams.”

Wheeler Family Health & Wellness Centers Wheeler's Family Health & Wellness Centers are community health centers that provide medical and dental care (or linkages to dental care) for the whole family, as well as behavioral health care, and referral and linkages to specialty services.

Wheeler's Family Health & Wellness Centers in Hartford, Plainville, Bristol, and New Britain are funded in part by the Health Resources and Services Administration (HRSA), an operating division of the U.S. Department of Health and Human Services.

Wheeler is a Health Center Program grantee under 42 U.S.C. 254b and a deemed Public Health Service employee under 42 U.S.C. 233(g)-(n).

Medicaid, Medicare, and commercial health insurance welcome. No patient will be denied health care services due to an individual's inability to pay for services.

Improvements to the Family Health & Wellness Center in Hartford are supported in part by the State of Connecticut Nonprofit Grant Program, the Connecticut Health & Educational Facilities Authority, the Maximilian E. and Marion O. Hoffman Foundation, and the Ensworth Charitable Foundation. Additional support is provided by Delta Dental of New Jersey Foundation.

Wheeler provides comprehensive solutions that address complex health issues, providing individuals, families and communities with accessible, innovative care that encourages health, recovery, and growth at all stages of life. Our integrated approach to primary and behavioral health, education and recovery creates measurable results, positive outcomes and hopeful tomorrows for more than 30,000 individuals across Connecticut each year: www.wheelerclinic.org

Hometown Religious Directory

THE CONGREGATIONAL CHURCH OF PLAINVILLE

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Rev. Donna Cassity, Interim Minister

Email: revdonna@uccplainville.org

CHURCH OFFICE EMAIL:

churchoffice@uccplainville.org

WEBSITE: www.uccplainville.org

WORSHIP AND CHURCH SCHOOL

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Coffee Hour: 11:15 a.m.

The Sacrament of Holy Communion
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Sunday School.... 9:00-9:40 a.m.

Praise & Worship....9:45-10:00 a.m.

Church Service.... 10:00 a.m.

Bible Study Wednesday..11:00 a.m. & 7:00 p.m.

Board Meetings

Senior Ushers (1st Sat before 1st Sun) 11:00 a.m.

Gladys Floyds Missionary Society (2nd Sun)

Deaconess Board (3rd Sun)

Lay Council (1st & 3rd Sat) 9:30 a.m.

Christian Education (3rd Tues.) 7:00 p.m.

Men's Meeting (2nd/4th Sat) 9:30 a.m.

PEP (Every Sat) 1:00-4:00 p.m.

Trustee/Steward (2nd Sat of Aug, Oct, Dec, Feb,
& Apr. at 9:30 a.m. & 2nd Mon. of Sept, Nov,
Jan Mar & May)

Choir Practice

Senior (Sat before 1st Sun) 5: p.m.

Jubilee (Sat before 2nd/4th Sun) 5:p.m.

Mass/Youth choirs (Mon after 1st/2nd Sun 7 p.m.)

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September Schedule

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Everyone Look for Regulations

Liturgy Schedule

Saturday 4:00 P.M.

Sunday

8:30 A.M. & 10:30 A.M.

Weekday Liturgy

Mon., Tues., Thurs., Fri. & Sat 8:00 A.M.

Devotions

Rosary-Monday-Saturday before Morning Mass

Sacrament of Reconciliation Saturday At Noon

Sacrament of the Sick

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56 Red Stone Hill, Plainville

Rev. Stephen Volpe, Pastor

Church (860) 747-2328-Parsonage (860)747-2592

Email: plainvilleunited@sbcglobal.net

Website: www.plainvilleume.org

Sunday Services

Church School

Pre-K to High School: 9:00 AM

Worship Time 10:00 AM

Regular Events

Tuesday Ladies.....9:30 AM

AA.....Sundays & Wednesdays & 7 PM

Al-Anon.....Mondays 7 PM

Boy Scouts..... Thursdays 7 PM

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Sunday 10:00 am

Sunday School for All Ages 11:00 am

Morning Worship Service 11:00 am

Junior Church Ages 4-8 11:00 am

Evening Worship Service 6:30 pm

Bible Study & Prayer Wednesday 7:00 pm

For information about the church visit

our website @cobplainville.org

GRACE LUTHERAN CHURCH

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Phone 860-747-5191

Rev. Dr. Robert R. LaRochelle, Pastor

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OBITUARIES

~Christine T. (Klukowski) Harvey~



67, of Plainville, passed away suddenly with her children by her side, on Tuesday, September 15, 2020. Born on Christmas Day in 1952, she was one of three children of the late Julian and Anna (Maciulewski) Klukowski. Raised and educated in New Britain, she settled in

Plainville over 35 years ago where she raised her three children and became a proud Babcia. Christine worked as an administrator for various health care facilities, most recently as the assistant to the head of research for Hartford Hospital, prior to her retirement. She was a woman of strong faith, and longtime communicant of St. Peter's Church in New Britain, where she participated in countless BINGO games and volunteered for their many events, including feeding those less fortunate on a weekly basis. In addition to her volunteerism, she enjoyed dancing and could be found many Friday nights at the Winchester Café, where she leaves many friends. Remembered for her kindheartedness and giving spirit, she will be missed by those whose lives she touched. She is survived her daughter, Beth Ann Harvey; her son Jason and his wife, Laura; her son, Jeffrey and his wife, Amanda; and her granddaughters, Sloan, Reese, Chesney and Everly. She also leaves her sister, Irene Johnston and her husband, Edwin; her brother, Stanley Klukowski; and many nieces and nephews. In lieu of flowers, Christine may be remembered with contributions to St. Peter's Church, 98 Franklin Square, New Britain, CT 06051. Funeral services in celebration of Christine's life was held from Plainville Funeral Home, 81 Broad St, Plainville, with a Mass of Christian Burial, at St. Peter's Church, 98 Franklin Square, New Britain. She will be laid to rest privately at Sacred Heart Cemetery. For online expressions of sympathy and to view a recording of Christine's Mass of Christian Burial, please visit her tribute page at www.PLAINVILLEFUNERALHOME.com

~ Bruce H. Soucie ~



57, of Plainville, passed away on Thursday, August 20, 2020 at UCONN Health Center in Farmington.

Bruce was born in Hartford on September 5, 1962, son to Malcolm H. Soucie, of Plainville, and the late Martha (Cyr) Soucie. He was a very talented, self-employed contractor who spent many years using his skills to

renovate his own home and the homes of others. He was the Vice President of G & B Builders, working alongside his siblings. Bruce was an avid fisherman and taught his daughter how to fish.

In addition to his father, Malcolm H. Soucie, Bruce is survived by his children, Melissa Jakubiak and her husband, Timothy, of Mystic, Hanna Soucie, of S. Carolina, and Lyvia Soucie, of Simsbury; his very good friend, Steve Rudy; and numerous nieces, nephews, aunts, uncles, and extended family members. He was predeceased by his mother, Martha (Cyr) Soucie and his brothers, Gary and Wayne Soucie.

Visitation was held at Bailey Funeral Home, 48 Broad Street, Plainville. A Mass of Christian Burial was celebrated at Our Lady of Mercy Church, 94 Broad Street, Plainville. Burial followed in Saint Joseph Cemetery, Plainville.



~ Bryan Arthur Knorr ~



passed into eternal life unexpectedly on Monday, August 24, 2020 at St. Francis Hospital in Hartford, CT. He is survived by his beloved sister, Sharon Knorr, of Pittsburgh, his adopted friends and families and his companion cat, Aria. Born to parents Arthur and Elizabeth Knorr in Pittsburgh, PA on March

6, 1942, following graduation from Baldwin high school there, Bryan took a job at the iconic Joseph Horne's Department Store in downtown Pittsburgh as a display artist where he especially enjoyed working on the Christmas decorations and window displays.

After several years at Horne's Bryan felt a calling to religious life and in 1965 he joined the Passionist community that was founded by St. Paul of the Cross. Bryan spent 25 years within the monastery communities located in Pittsburgh, PA, Jamaica, NY, Shelter Island, NY, and at Holy Family Monastery in West Hartford, CT. As a Passionist, Brother Bryan (former religious name Kevin) took on numerous roles including becoming the community tailor making Mass vestments for priests and bishops, habits for the Passionists, altar cloths, antependia, banners and other liturgical decorations. In addition to painting, maintenance and grounds keeping, Bryan spent time as the community and retreat house chef, often preparing elaborate meals for hundreds of people at retreats, vestitions, professions, ordinations, and jubilee celebrations. He especially enjoyed making delicious fancy cakes and deserts.

In religious life, Bryan was always involved with liturgical music as a cantor, organist, choir director, and liturgical planner. He trained and managed the altar servers, prepared for solemnities and feasts and arranged the flowers, decorations, and assembled the items required for the celebrations.

In 1980, while at Holy Family Monastery, Bryan obtained a Bachelor of Arts degree in music from the University of Connecticut Storrs campus, so that he could pursue a career in teaching. At St. Rose School in East Hartford, in addition to his monastery duties, and his hobbies of building harpsicords and restoring and selling pianos, he took a position as a K-8 music, art and spelling teacher and later, a position at St. Paul Catholic High School in Bristol, CT. In these positions, he taught choir, band, and international folkdance, regularly scheduling performances with the students, making their costumes, designing, fabricating and painting elaborate stage set designs and coordinating high school graduations at the Cathedral of St. Joseph in Hartford for which, he made the school and academic banners used in procession.

In 1990 Bryan departed the Passionist community and after obtaining a certificate in floral design, spent some time as a florist and framer. He then became music director and pastoral associate at Our Lady Mercy Church in Plainville, CT where he prepared for all liturgies, sang as cantor, directed the choir, and was fundamental in the procurement and installation of the Matteo - Patterson Memorial Pipe Organ WICKS opus 6358. He also established the Annual Christmas Boutique and Craft Fair, which he championed for 25 years. Bryan retired from Our Lady of Mercy Church in 2018.

Bryan was an avid fan of trains, trolleys, model railroading, antique music boxes and instruments, cats, dogs, and flowers. He was especially interested in British culture and the British monarchy.

Calling hours were held at Bailey Funeral Home, 48 Broad St., Plainville, CT. A Funeral Mass was celebrated at Our Lady of Mercy Church, 94 Broad St., Plainville, CT, with interment following at St. Joseph Cemetery, 169 Farmington Ave., Plainville Gifts in memory of Bryan may be made to Our Lady of Mercy Church Pipe Organ Fund, Holy Family Passionist Retreat Center <https://www.holyfamilyretreat.org/> or to the Meriden Humane Society www.meridenhumansocietyrescue.com. For more information or to leave online expressions of sympathy, please visit www.BAILEY-FUNERALHOME.com.

~ Bernardyna Szupryczynska ~



70, of Plainville, CT passed away Friday, September 11, 2020 at home surrounded by her family. Bernardyna was born in Poland and was the daughter of the late Michal and Weronika (Kotowska) Przekwas. She loved gardening, cooking, watching TV shows and spending time with her grandson Luke.

Bernardyna was a member of Sacred Heart Church, New Britain, CT. Bernardyna is survived by her beloved husband Wiktor Szupryczynski, her two sons Jakub Szupryczynski and Remi Szupryczynski and his wife Barbara, her two brothers Marek Przekwas and Grzegorz Przekwas and her grandson Luke Szupryczynski.

Funeral rites for Bernardyna were from Paul A. Shaker Funeral Home, 764 Farmington Ave., New Britain, CT., followed by a Liturgy of Christian burial at Sacred Heart Church, 158 Broad St., New Britain, CT. Committal service and final resting place was in Sacred Heart Cemetery, 662 Burritt St., New Britain, CT. To extend condolences to the Szupryczynska family or to share a memory of Bernardyna, please visit SHAKERFUNERALHOME.COM

~ Rosemary "Rosie" Johnson Piasecki ~



quietly and peacefully departed this world on August 27th during a powerful afternoon thunderstorm. She put up a brave battle against dementia and was able to leave us under her own terms with the help of Bristol Hospital's Hospice team. She is survived by her

loving husband of 59 years, Bob, as well as her sons and their spouses, Kevin & Julie and Steven & Kristi. She also leaves her grand puppies, Luna, Chase and Roscoe. Rosemary was predeceased by her sister Kathleen Gurga. In her 77 years of life, she touched many lives through her involvement in the Bristol community, including Greene-Hills school, NYC bus tours, Forestville Little League, Step Saver, Friendly's Restaurant, and St. Matthew's church. However, her family will forever remember her for the compassion, nurturing and love that she selflessly gave to her "boys" every day of her life. Beyond ensuring the well-being of her husband and children on a daily basis, she spearheaded her sons' college educations, as well as many memorable family trips, events, and reunions. She was always ready to join family and friends for adventures and outings. Rose quietly showed us how to be the best version of ourselves, whether it be as a daughter, a wife, a mother, or just as a friend. As Dad noted, "she was such a beautiful person." We are grateful that we were able to support Rose in her last hours of peaceful rest before she was ready to bid us farewell. We are eternally grateful for the time we had with her. She will be missed more than words can say.

A Mass of Christian Burial in celebration of Rosemary's life was held at Saint Matthew Church 120 Church Ave. in the Forestville section of Bristol. Burial will be held privately.



OBITUARIES

~ Dr. Colin Kong ~

46, of Plainville, passed away at his home on Thursday, September 3, 2020, following a brief, hard-fought battle with cancer. He was the husband of Grace (Ng) Kong, with whom he shared 14 years of marriage and raised an amazing young man, Christian. Born in New



Britain on January 23, 1974, he was one of three children to James Kong of Plainville and the late Jean Kong. A proud lifelong Plainville resident, he attended Our Lady of Mercy School and was a graduate of Plainville High School, where he enjoyed participating in sports, including basketball, and as Captain of the track and soccer teams. A graduate of Swarthmore College, he went on to receive his Doctor of Dental Medicine (D.M.D) and Ph.D. from the University of Connecticut's School of Dental Medicine, and completed two years of specialty training in Pediatric Dentistry at UCONN Health Center. His grad school years at UCONN found him competing in Jiu Jitsu, an art that he immersed himself in and he continued to cheer on and follow the UCONN men's and women's basketball teams. Colin has shared his broad background in biomedical science through extensive medical journal publications, and has a deep passion providing dental care for children with special health care needs as a skilled, compassionate, professional that was appreciated by the many patients and parents that he had the honor of caring for and interacting with. A Board Certified Specialist in Pediatric Dentistry and affiliate of the clinical faculty in Pediatric Dentistry at Yale-New Haven Children's Hospital, Colin holds Diplomate status with the American Board of Pediatric Dentistry, and is a member of the American Academy and Connecticut Society of Pediatric Dentists. His many philanthropic and volunteer efforts include the Special Olympics, Big Brothers and Big Sisters, Habitat for Humanity and the American Diabetes Association. While he humbly took pride in his accomplishments, Colin's greatest role was that of a devoted husband and father to his son Christian, who brought him endless joy and shared his passion, drive and strength, making him the fighter that he is. Remembered for his strong faith in Jesus and kind heart, he leaves a legacy of love and respect to the countless lives he's touched in his all too brief time. In addition to his wife, Grace, his son, Christian, and his father, James, he leaves his sisters, Erin and her husband, Gerald and Kelly and her husband, Adam; his Father-in-Law, Chi-Yum; Brother-in-Law, Sam and his wife, Joann; his nieces and nephews, Emelia, Geoffrey, Andrew, Emily, Sara and Luke; many aunts, uncles, cousins, patients, colleagues and lifelong friends, all who will miss him beyond words. In lieu of flowers, Colin may be remembered with contributions to the Chinese Baptist Church of Greater Hartford, 160 Wintonbury Ave, Bloomfield, CT 06002. Family and friends may gather in celebration of Colin's life on Thursday, September 10, 2020, from 3:00 to 7:00 p.m. at Plainville Funeral Home, 81 Broad St, Plainville. Guests are asked to attend in accordance with CDC guidelines, wear face coverings and practice social distancing. A private funeral service will be held at the Chinese Baptist Church of Greater Hartford. For online expressions of sympathy, and to view a future recording of the funeral service please visit Colin's tribute page at www.PLAINVILLEFUNERALHOME.com

~ Robert Jean-Marie Valliere ~

March 15, 1935 – September 1, 2020 Child of God, devoted husband, father, grandfather and great grandfather Robert Jean-Marie Valliere, 85, beloved husband of Carmella Rose (Motto)



Valliere of Plainville, died peacefully at home, as was his wish, on September 1, 2020 after a courageous battle with cancer and is now at home with his Heavenly Father. Born in Biddeford, ME on March 15, 1935, he was the 7th of 10 children of Armand and Helena (Baillargeon) Valliere. He moved to Connecticut as a teenager and graduated from New Britain High School before earning an Electronic Technician degree from the University of Hartford. He was an Airman First Class in the United States Air Force working as a Radio Radar Technician. Upon his return from service, Robert went on to build a 38-year career as an Electronic Technician, working at many different companies over the years, primarily for Kalart Victor in Plainville, New Britain Machine and Triumph Industries in Farmington, where he retired at age 62. He was a member of Center Point Community Church in Wethersfield for the past 15 years. Robert is survived by the love of his life of 61 years, wife Carmella Rose (Motto) Valliere, with whom they raised their five children; daughter Dawn Angela (Valliere) Mitera and her husband Richard, son Keith Robert Valliere and his wife Lisa, son Eric Steven Valliere, daughter Mari-Christa (Valliere) Acca and her husband Victor, and daughter Karla Jean (Valliere) Williams and her husband Eric. He loved all his in-law children as if they were his own, including Audra Valliere, whom he loved dearly. Residing in Plainville for 55 years, "Bob" was a family man, who watched his family grow over the years to include 13 surviving grandchildren; Derek Richard Mitera and fiancée Sandra Casarez, Chadd Michael Mitera and wife Kristin (Sperandio), Jenna Carmella (Valliere) Day and husband Michael, Jacqueline Suzette Valliere, Hillary Elizabeth Mitera, Eric Dwayne Williams (EJ), Gianna Eve (Acca) Dell Aquilla and husband Anthony, Michael Steven Valliere, Kendra Lynne Valliere, Timothy David Valliere, Louisa Rae Acca, Shaniyah Rose Williams, Victoria Grace Acca, and 5 great grandchildren, Alerek Ricardo Mitera, Skylar Lane Williams, Cooper Wade Mitera, Colby Grace Mitera and Mateo Ezekiel Mitera. As a devoted grandfather, he could always be found at many sporting events, recitals, concerts and school activities. He also loved dining in the restaurants where many of his grandchildren were employed. Robert is also survived by his brother Paul Valliere of Liverpool, NY and sisters Patricia Grovenger of North Carolina and Lorraine Kerstetter of Mesa, Arizona in addition to many other beloved friends and family members. Bob is predeceased by his precious infant granddaughter Jasmine Nicole Williams; four sisters, Muriel Shevenell of Old Orchard Beach, ME, Ruth Grenier, Dorothy Beaudette, both of Biddeford, ME, and Mignone Morrell of Oklahoma, as well as two brothers; Donald Valliere of Biddeford, ME, and Joseph Valliere of Newburgh, NY. Bob loved sports growing up, playing baseball and basketball during his youth, when he was known as "Frenchy". As an older adult he could be found many summers at Norton Park in Plainville playing as a member of the "Over 35" softball league. He was a fan of New England sports, including the Boston Celtics and the New York Giants. He attended many Boston Red Sox, New Britain Rock Cats and Hartford Wolfpack games, but no team could take the place of his beloved UConn Women's basketball team. A devoted fan from early on, Bob watched both the UConn men and women play on TV, attended many live UConn games in Storrs and Hartford and fulfilled a lifelong dream by traveling to Tampa Bay, Florida, and sitting at center court to witness his UConn Women defeat their arch rival Notre Dame and win the 2015 Women's National Championship. Bob's other passions included traveling with his family to various destinations, including a dream vacation to Hawaii and cruises to Alaska and the Caribbean.

Every summer while his children were growing up, a two-week vacation was reserved with relatives at Granny Kent Pond in Shapleigh, ME, where cherished memories with his extended family were created. As a devoted Christian doing missionary work, he traveled with his wife Carmella to the countries of Israel, Chile and Finland. The family wishes to especially thank Dr. Driola Brahaj; Patty, his chemo nurse and all the devoted nurses from the Cancer Center at Bristol Hospital as well as his dedicated and loving caregivers Amber, Michelle, Paige and Arielle from the Bristol Home Care & Hospice Agency. And most of all, granddaughter Louisa, whose knowledge and understanding of medications, gentle comfort and unwavering care and compassion for both her grandparents during this fight was truly amazing. In lieu of flowers, donations in Bob's memory may be made to the Bristol Home Care & Hospice Agency, P.O. Box 977, Bristol, CT 06011. The family has elected to forego public services at this time, respecting current Covid-19 guidelines. A celebration of Bob's life will be held and announced in the future when all are able to gather safely. The staff at Plainville Funeral Home extends their appreciation to the Valliere family for their trust. For online expressions of sympathy, please visit www.PLAINVILLEFUNERALHOME.com

BURIAL RIGHTS FOR ST. JOSEPH CEMETERY IN PLAINVILLE

If you have a grave plot in the cemetery, please contact the Cemetery Office at 860.747.6825 to name the person who will have burial rights of your plot after you pass. At St. Joseph Cemetery we allow three cremains to be buried on top of a full body in one 4' x 8' grave. We need on file who will have the rights to make those decisions



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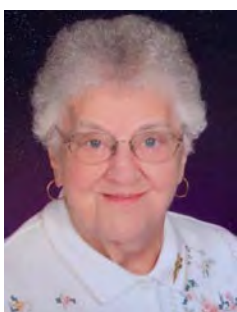
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OBITUARIES

~ Ann E. Krupinski ~



age 97 passed away peacefully at home on September 10, 2020. She was born in Plainville Ct on July 1, 1923 and moved to Southington at the age of 3. She was the daughter of Henry Musshorn and Agnes (Garrity) Musshorn. She is pre-deceased by her late husband Stanley J. Krupinski to whom she was

married for 55 wonderful years. Ann was also pre-deceased by her sister Pauline (Musshorn) Klimek and her brothers Henry Musshorn and Robert Musshorn.

Ann leaves her 2 sons, Peter Krupinski of Plainville, Paul Krupinski and daughter-in-law Wendy Krupinski of Simsbury along with several sisters-in-law and many beloved nieces and nephews.

Ann went to school in Southington and graduated from Lewis High School Class of 1941. She was on the reunion committee for over 70 years and was one of the few remaining classmates. Ann worked as a switchboard operator at Marlin-Rockwell in Plainville, was the restaurant manager at Cooke's Tavern in Plainville and Office Manager at Taplin Pump and Compressor in Forestville.

She was a resident of Plainville from 1957 until the time of her passing and was a member of Our Lady of Mercy Church since her birth. Ann was an active member of the Plainville Senior Center and served on the Committee on Aging from 1986-2019. She was also a member of the Plainville Women's Club from 1985-2019. She served as a blood drive captain with the American Red Cross Blood Drive Program for 25 years. Ann volunteered at many town programs including Project Graduation and the Plainville Little League. As a highly active member of the Plainville Chapter # 4146 AARP, Ann served as past-president and for many years put together the monthly newsletter for the chapter along with her husband Stanley.

Ann's love of life and family was always evident. Whether it was her love of knitting slippers, scarfs or afghans for family and friends, to her incredible talent as a pie maker, baker, cook or cookie master, Ann would always find time to make a hungry stomach full. She willingly shared her talents with anyone that asked and would always give you her family recipes and tell you her secret ingredients. She loved her family picnics, holiday parties and bus trips and would occasionally like to lose just a few dollars at the casino with her sisters-in-law.

The love and care for her family was always at the forefront. Ann was known to many as "Mom" and would treat them all as her own. She was an amazing mother, wife, mother-in-law, and friend who you could always count on for anything. Ann will be deeply missed but her spirit is now with Stanley and they are together again.

In lieu of flowers, donations can be made in her honor to the Our Lady of Mercy Church 19 South Canal Street Plainville CT 06062 or the Plainville Senior Center 200 East Street Plainville CT 06062. There are no calling hours. There will be a private family service at the St. Josephs Cemetery. The staff of Plainville Funeral Home wishes to extend their gratitude to the Krupinski family for their trust.

*****FOR SALE*****

Hospital Bed With Mattress

\$250.00

Call: 860-518-7050



NOVEMBER 3, 2020 ELECTION INFORMATION AND

DEADLINES

This year, due to the COVID-19, The Secretary of the State will be mailing all eligible voters an absentee ballot application for the November 3, 2020 election by mid-September. If you wish to vote by absentee ballot please promptly complete your unique application (check the reason, sign and date) and mail it back to the Town Clerk's office in the provided envelope OR place it in the Official Ballot Drop Box located by the side door of the Municipal Center.

NOTE: You must complete and return the application in order to receive a ballot. Ballots will be mailed starting on October 2nd to voters who have completed and returned their absentee ballot application.

All polling locations will be open for in person voting on November 3, 2020 from 6:am to 8:00 pm, Election Day. Social distancing practices will be in place for the safety for all. Polling locations for Plainville are as follows:

All registrations (mail-in, online and through the DMV) must be received (or postmarked) by October 27, 2020.

The Registrar of Voters will hold a special registration session on October 27 between the hours of 9am to 8pm. Election Day Registration will be held November 3 (Election Day) at the Municipal Center in the Registrar's office, from 6:00am to 8:00pm.

For other information or questions please call the Registrar's at 793-0221 Ext's 7161 or 7162 or the Town Clerk's office 793-0221 Ext's 7152 or 7153.

Pumpkin Patches Available for Halloween Pumpkins



Welcome to the fall of 2020, where everything is different as a result of the ongoing coronavirus pandemic, and that includes pumpkin patches.

The ongoing pandemic means many of the area's pumpkin patches have had to make significant adjustments to hours, regulations and activities as they head into the peak of the season.

Thankfully, the coronavirus has only changed — not completely closed — most of the area's most popular pumpkin patches and stands and their offerings this fall.

Below is a list of some of some favorite pumpkin patches and stands nearby:

- Jillybean's, 172 Scott Swamp Road, Farmington
- Karabin Farms, 894 Andrews St., Southington
- Drazen Orchards, 251 Wallingford Road, Cheshire
- The Pickin' Patch, Nod Road, Avon
- Connecticut Trolley Museum, 58 North Rd., East Windsor
- Brown's Harvest, 1911 Poquonock Ave., Windsor
- Appleberry Farm, 749 North Stone St., West Suffield

Stop by one of these local businesses to select the perfect pumpkin for your carving and pies!

To: All Civic & Religious Organization From: The Editor

We would like to invite everyone: to share your activities with our readers. Please forward all news and pictures to:

Email- plainvillehometown@gmail.com or
Mail to: Hometown, 27 Sherman St. Plainville 06062

Phone: 860-747-4119

Thanking you in advance!

Rep. Petit Named Co-Legislator of the Year by CT Assoc. for Healthcare at Home

The Connecticut Association for Healthcare at Home has named State Representative William A. Petit, Jr. (R-22) as co-recipient of their 2020 Legislator of the Year Award.

"I am thankful to have been recognized by the Connecticut Association for Healthcare at Home for my advocacy," Rep. Petit said. "As Ranking Member of the Public Health Committee, we do our best to help create an environment and policies that allow more people to receive care at home.

In a letter sent to Rep. Petit, President and CEO Tracy Wodatch stated that Rep. Petit's "balanced outlook on regulatory oversight" combined with his advocacy and strong support of their mission "to care for those in the home and community-based setting" lead their decision to choose him as co-recipient of the year.

The letter goes on to state "this year, unlike any other, we have faced numerous challenges during the pandemic. As Ranking Member of the Public Health Committee, you took the time to hear about and understand those challenges. And, although not a done deal yet, you are working on passing legislation that will permanently allow APRNs and PAs to certify eligibility and sign orders for home health, something we have advocated for over a decade."

The Connecticut Association for Healthcare at Home is an industry leader for quality, cost-effective home health, hospice & community based cost-effective solutions to providing Connecticut residents with patient-centered, quality-driven, community-based care in the comfort of their own homes.

OCTOBER HAUNTS AND HAPPENINGS IN CT

- **Sept 20, 2019 - Oct 27, 2019**
Harvest Happenings
Somers, Sonny's Place
- **Sept 21, 2019 - Oct 31, 2019**
Pumpkintown U.S.A.
East Hampton
- **Oct 4, 2019 - Oct 6, 2019**
20th Annual Portland Fair
Portland, Exchange Club Fairgrounds
- **Oct 3 - 25**
Pumpkin Patch
East Haven, The Shore Line Trolley...
- **Oct 12, 2019 - Oct 14, 2019**
Chowder Days
Mystic, Mystic Seaport Museum
- **Oct 9, 2016**
Putnam Peddler's Market
Putnam, Putnam Bank parking lot

From the Desk of..... Thomas A. Wurz



Attorney Thomas A. Wurz

is an associate of his father Attorney Theodore J. Wurz, LLC in the law office of Attorney Richard Witt at 132 East Street. Attorney Wurz is a graduate of Avon Old Farms School in 2001, Providence College in May 2005 on the Dean's list and Juris Doctor Program at Western New England College School of Law in May 2009. He was admitted to the Connecticut Bar and U.S. Federal Court in 2010. His activities and interests are Secretary of Sports Entertainment Law Club at WNEC and is a Special Olympics Volunteer.

Theodore J. Wurz, Attorney at Law
132 East Street, Plainville Phone 860-793-9879

LUMP SUM

SOCIAL SECURITY PAYMENT

One of the more unknown benefits of Social Security is the possible lump-sum payment upon the death of a spouse. Certainly, the passing of a spouse is never an easy emotional and/or financial time. The lump-sum payment that I am referring to is only a minimal aid to help with final expenses. This payment does not relate to monthly Social Security allotments. It is a one-time payment.

A surviving spouse or child may receive a special lump-sum death payment of \$255 if they meet certain requirements. Generally, the lump-sum is paid to the surviving spouse who was living in the same household with the worker when he or she died. If they were living apart, the surviving spouse can still receive the lump-sum if, during the month the worker died, he or she was already receiving benefits on the worker's record or became eligible for benefits upon the worker's death. The surviving spouse's eligibility would pertain to their claim for SSI, SSD, or retirement benefits.

If there's no eligible surviving spouse, the lump-sum can be paid to the worker's child (or children) if, during the month the worker died, the child was already receiving benefits on the worker's record or became eligible for benefits upon the worker's death. This would again be determined as to the eligibility of the child (or children) through application to SSA.

In terms of timing, an eligible surviving spouse or child who is not currently receiving benefits, must apply for this payment within two years of the date of death. Again, this only concerns this one-time lump-sum payment of \$255. There are other survivor benefits that mainly pertain to using the deceased work history to increase monthly benefits.

Social Security is a complex government program that most everyone ends up paying into. Hopefully, this article helps for those who qualify for this payment. Because whether you are in need of this payment or not, you should view it as money that was already paid forward. This is not just a hand-out.

Donald Trump and the Nobel Prize

By: Francis Rexford Cooley

News that President Donald Trump was being nominated for the Nobel Peace Prize sent his political opponents into a frenzy. The Atlantic writer, Graeme Wood, suggested the Nobel Committee do away with awarding the Peace Prize rather than award it to President Trump. Becky Alexis-Martin of The Independent (UK) called his nomination a "mockery" of the award. Numerous anti-Trump celebrities have tweeted their disdain for his nomination, some noting almost anyone can be nominated. So is President Trump's nomination worthy enough to win the Nobel Peace Prize? Let's examine the case before the Nobel Prize Committee.

Norwegian Parliament member, Christian Tybring-Gjedde, placed President Donald Trump's name into nomination for the Nobel Peace Prize. As a member of the Norwegian Parliament Tybring-Gjedde can nominate anyone he wishes to be considered by the prize committee. Tybring-Gjedde, who is also the Chairman of the Norwegian delegation to the NATO Parliamentary Assembly, noted in his nomination letter that the United Arab Emirates recognition and normalization of relations with Israel that was brokered by the Trump Administration is a "game changer" for the Middle East. While the mainstream-media focuses on the President's latest tweets with selective outrage stories regarding the administration's foreign policy successes are largely ignored or given scant coverage. The Israeli-UAE Abraham Accords are a significant change in Arab-Israeli relations.

The Trump Administration quickly followed up the August 13th announcement of the deal between Israel and the UAE with an economic agreement between Serbia and Kosovo on September 4th. Foreign policy analysts noted the agreement was part of a larger policy pivot focusing on Eastern Europe by the Trump Administration to counter Russian "destabilization" of the region and to counter Chinese inroads in the area. Kosovo also agreed to recognize Israel and put its embassy in Jerusalem, making it the first Muslim majority nation to do so. The Serbia-Kosovo economic agreement is a significant step to healing the wounds of the Balkan Wars of the 1990's.

If those two deals were not enough to justify a Nobel Peace Prize for Donald Trump on the 15th of September the White House hosted delegates from Bahrain joined those from the UAE and Israel to also sign the Abraham Accords and normalize diplomatic relations with Israel. Bahrain joins the UAE as the second Arab state to recognize Israel in just over a month with the Trump Administration helping broker both deals. The Trump Administration's pivot away from the Obama era attempts to cozy up to Iran and instead focus on Iran's isolation and on practical diplomatic initiatives in the Middle East has proven successful. The Abraham Accords are, as Tybring-Gjedde said, "a game changer" in the Middle East.

A successful negotiation of peace between two enemies is often enough to earn a Nobel Peace Prize as it did President Theodore Roosevelt for brokering the end of the Russo-Japanese War over a century ago. President Carter won his Nobel for his Houses for Humanity project though many felt it was really for his work to broker the Camp David Accords between Egypt and Israel. President Obama won his Nobel Peace Prize for hope rather than actual accomplishment. President Trump has brokered three important peace initiatives this year. Based on the precedent set forth by the Nobel Prize Committee in awarding the Peace Prize to Presidents Roosevelt and Carter one would assume President Trump's actions in the realm of diplomacy has reached the threshold prior Presidents have achieved to win the award. There can be no real objective opposition to either his nomination for the Nobel Peace Prize nor winning of the prize if that occurs.

"Stronghold" New Business Opens in Plainville



Brian Johnson shown with Rep William Petit at grand opening of Stronghold

A new store on Whiting Street, The Stronghold, held its grand opening Sept. 21 - offering movies to rent and purchase as well as retro video games, roleplaying games, comic books, card games such as Magic the Gathering and other nostalgic memorabilia.

The Stronghold, located at 13 Whiting St. next to D'Marie's Pizza, is owned by Brian Johnson and his business partners Rick Terasi and Reed Hansen. The three met while attending Central Connecticut State University.

Johnson, who also covers Plainville for The Bristol Press/New Britain Herald, specializes in Magic the Gathering and roleplaying games such as Dungeons and Dragons. Hansen brings an array of retro video games and Terasi has an extensive collection of films, including older and more obscure titles that wouldn't be found on most streaming services.

The store was born from the owners' mutual nostalgia for video rental stores like Blockbuster or Hollywood Video - being able to browse a rack full of titles, look at the box art, and see something new that catches their eye.

At the same time, it is intended to cater to several niche hobbies which have only increased in popularity

while people are looking for things to do during the covid-19 epidemic.

The Stronghold specializes in retro Magic the Gathering cards from around 1993 to 2003, many of which have been steadily increasing in value.

"These are the cards that people growing up and playing in the '90s and early 2000s would fondly remember," said Johnson. "We also carry some newer cards, but there has been a steadily increasing demand for the older ones."

Johnson explained that the pen and paper roleplaying games the store offers, like Dungeons and Dragons, are almost like collaboratively writing a film script. The players are placed in the role of protagonists while the "game master" describes the environment and controls the non-player characters and villains. Whether the hero defeats the villains or succeeds at overcoming obstacles like jumping over a ravine are decided by dice rolls and the way that people build their characters using the rules of the game. There are also challenges that might involve diplomacy and negotiation.

"In addition to being a fun game to enjoy as a group, there is a lot that can be learned from playing," said Johnson. "Roleplaying games can offer people a chance to practice their social skills, learn basic math and also other important skills such as planning ahead, resource management, collaborating with a group and delegating tasks."

The store also plans to offer board game nights and to host film screenings with Cortlandt Hull of The Witch's Dungeon Classic Movie Museum.

For lovers of retro video games, people can spend \$5 to play an in-store Nintendo 64 with several available titles for an hour. The owners plan to hook up other game systems in the future.

For more information, visit [Facebook.com/TheStrongholdPlainville](https://www.facebook.com/TheStrongholdPlainville) or call 860-550-2689.

The store hours are Mon. - Tues. from 5:30 to 10:30 p.m., Weds. - Fri. from 5:30 to 11 p.m., Sat. from 12 noon to 11 p.m. and Sun. from noon to 10:30 p.m.

FROM MY BALCONY

By Jeannette Hinkson

I cannot believe the people of this country can watch what is going on as people riot in the streets, burning, looting as well as shooting both men, woman, children, as well as law enforcement officers and think it is the norm and mayors will tell the people it's just a summer campout and it will pass. Now we have Joe Biden, a man that has spent fifty two years in politics and can stand before the people and say, make me president and I will fix everything. What has he done for the past fifty two year, eight as Vice President, other than make his family rich and he is going to fix everything now? He has the nerve to say he is picking a running mate because she is a woman and that the color of her skin makes her qualify for the position of vice president of the United States. She has been a junior Senator from California since 2017 and has done little to fix the problems in Washington. During her time seeking the nomination for president even her own party didn't endorse her and she was forced to drop out of the race after trashing Joe Biden on TV. Joe Biden has the nerve to state he is teaming up with her, as he stated on TV, because of her skin color and the fact she is a woman. I feel he is doing this because he thinks it will get the votes of women and minority voters. Does he feel woman and people of color are stupid and will fall for that one? Elizabeth Warren would have had more support from the people but unfortunately she isn't black. Can you possibly imagine if Donald Trump made the statement that he picked Mike Pence as his running mate because he was a man and white? He would have been run out of town, sued, and called a racist. I feel Al Sharpton would have led a march through Washington waving signs and banners proclaiming him a racist and yet isn't that what Joe Biden is doing a racist action? I am afraid we are living in a time where if someone feels a statue, which has stood for hundreds of years, are destroyed torn down, vandalized or relocated, because they offend someone or some group it's alright. Holy statues, founders of our country and hero's are desecrated because they offend someone. Tuff, you know what, its history and we can't change that. A man said to me, just yesterday, what if someone didn't like the statue of Martin Luther King because it was carved of white marble and he was a man of color, not a white man. Would it be removed? Have we gone too far and what will the children of today know of history if all the art is gone and the things that remind us of both the good and bad things in our past are remove or hidden. Thousands travel to Europe to view the locations where Christians were fed to the lions and yet there are those who would like all history in our country is wiped out. Opra Winfrey did a special on a monumental display of hanging plaques depicting people of color that were hanged, doesn't that remind people of a terrible time in our country. Oh, its ok Opra said it; Hiding history doesn't mean it didn't happen. When will all this hate stop and we can all live side by side in harmony? When you have a grown man shoot a five year old little boy it is time we take a good look at each other and ask, what have we become? What would you do if these groups, that are looting and burning, came to Plainville? They could burn and destroy our entire town in one night. Would you stand by and say; Oh their just having a little summer fun? I predict if Joe Biden and Kamala Harris go on to win the November election, in a few short months, Joe Biden will step down as President, for health reasons, and Kamala Harris will become president. She can, if she so desires, appoint a vice president. **Here comes Nancy, think of that one!**

Enjoy Life Even Though It Has Changed

by: Sally Miller



When I woke this morning, the leaves had begun to turn color and it brought back memories of a special day years ago. I woke to the familiar smell of the "good to the very last drop" coffee. As I entered the kitchen, I heard Bob Steele, the radio announcer, say 'check your clocks' and then he played chimes to denote the time. Gram stood by the stove in her blue plaid bathrobe with the rope belt. She was frying bacon and making toast. Her two silver braids hung loosely over her shoulders. She turned and said, Good Morning' as she reached out for me. I nestled my nose in her neck and got a whiff of ivory soap, and love. Her robe was slightly rough but the contrast between her soft hair and robe gave me a wonderful feeling familiarity. I sat at the table and gram poured me a cup of milk with a shot of the last drop stuff that I was not supposed to have. The familiar smells, the warmth of the stove and the love that engulfed that room gave me a feeling beyond explanation. My grandmother and I loved each other unconditionally and as we sat there with Bob Steele giving the morning traffic and weather, the scene of memories and family was set in my heart and mind forever. As it began to get light outside, Gram pulled up the shade and the splendor of the fall morning with the palettes of colored foliage took my breath away. The trees seemed to have changed their garments while we were not looking. Throughout the summer, they had all worn green as if in a special organization. Now they appeared separate and awesome, but they all blended like a colorful community... The tree outside the window had leaves so warm with brown tones that it looked like caramel candy. There were also trees that were so golden that it looked as if the sun had spent hours dripping liquid gold on them. They were almost transparent as they sun shone through them. Later that morning gram and I took a walk and what we saw was a wonderful mirage of color. The colorful trees were dancing in the breeze as if to attract our attention. Some were the color of pumpkins, peaches, oranges, and sweet potatoes. The pine trees held their fierce green color against the mosaic magnificence of the colors next to them. As we continued to walk, a few of the leaves fell as if to say, notice me first. As we walked and talked, I was old enough to know how lucky I was to have this time with my grandmother. How excited I was to walk with her hand in hand and to view the awesome umbrella of color provided by Mother Nature. As we headed toward home, a slight breeze danced around us and picked up leaves and carried them over the meadows as if they were children in play. When I see the ground covered with the quilt of fall colors, my eyes mist with the splendor and wonderful memories of that wonderful day so long ago. Sometimes I forget to stop and take in the magnificence of the magnitude of colors that are given us to soothe our souls. But when I do stop, I think of my grandmother and that cool fall day. As I sip my cup of coffee, my eyes tear a little remembering that wonderful fall day of rainbow colors and Gram. In this time of pandemics and Covid-19 you might want to look out of the window, take a walk and appreciate what we do have.

COVID-19 and Connecticut's 2020 Election

We are facing an unprecedented public health emergency and we cannot let COVID-19 threaten Connecticut's democracy. No one should have to choose between their health and their vote.

My office is working closely with the local elections officials in each town to ensure that our polling places will be as safe and healthy as they can possibly be under the circumstances, for voters and poll workers alike. Polling places will remain open in Connecticut, for all voters who choose to cast their ballots in person. We are working together to plan what safety, personal protective, and cleaning equipment will be necessary, as well as important social distancing requirements.

I am also fighting to expand every voter's access to receive an absentee ballot if they would like to avoid a potential unhealthy situation in a polling place.

For the November 2020 Election, the Legislature passed Public Act 20-03 July Spec. Sess. allowing all voters to vote by absentee ballot if they choose to because of COVID-19. My office will be sending absentee ballot applications to all voters eligible to vote in the election by Mid-September.

I have asked the legislature to make our absentee ballot statutes less restrictive, so that any voter who is worried about personal contact a polling place is able to cast a ballot from the safety of their own home in November as well.

We are preparing for an unprecedented number of absentee ballots in our presidential primary, our state primary, and our general election in November, and I will be working closely with the town clerks to make sure they have the resources and support they need. Working together, we can deliver the election that Connecticut voters deserve, despite the difficult circumstances.

Thank you to every local election official, every poll worker, and every voter who is working to figure out the best way to participate in our democracy in the face of a global health crisis. You are the reason why I am fighting so hard to make sure that every eligible Connecticut citizens can register, and every registered voter can easily vote.

Remember, your vote is your voice,

Denise Merrill
Connecticut Secretary of State

REMINDER!!! COVID-19 TAX DEFERMENT PROGRAM

Payments Due October 1st for COVID-19 Tax Deferment Program

**POSTED ON: SEPTEMBER 24, 2020 - 4:22PM
TOWN OF PLAINVILLE WEBSITE**

Taxpayers that applied and were approved for the Covid-19 due-date Deferral Program have until October 1, 2020 to pay outstanding balances in full.

If unpaid by the extended due date, interest and penalties will be applied dating back to July 1, 2020. Please call the Assessment & Revenue Collection Office with any questions - 860-793-0221 ext. 7132, 7133, 7136, or 7137.

Crossword Answers

D	A	C				J	A	T				
K	C	U	M			E	N	I	T	A	M	
R	E	B	A	H		N	R	O	C	I	N	U
	S	E	C	E	D	T	E	N	T	A	L	P
		D	E	A	L	D	E	M	I	L	E	A
			E	T	A	R	I	L	E	R	E	S
T	A	R				T	A	D		O	R	C
O	A	D			I	A	D			B	R	A
W	E	N			D	I				E	Y	L
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					E	E	N			S	A	H

NOTARY PUBLIC ** KATHY PUGLIESE **
50 West Broad Street ~ PLAINVILLE 860-681-2645



NOW STREAMING ON NETFLIX

Cuties (2020)

Mignonnes (original title)

TV-MA | 1h 36min | Drama | 9 September 2020
(USA)

Director: Maïmouna Doucouré

Writer: Maïmouna Doucouré (screenplay)

Stars: Fathia Youssouf, Médina El Aidi-Azouni,
Esther Gohourou



Amy, an 11-year-old girl, joins a group of dancers named “the cuties” at school, and rapidly grows aware of her burgeoning femininity - upsetting her mother and her values in the process.

What a can of worms Netflix opened up when it started streaming this original film last month. For the uninitiated, “Cuties” has become a major target of criticism on social media labelling it pornographic and a pedophile's dream movie. Approaching the subject of the sexualization of eleven year old girls is tantamount to pulling the pin out of a live grenade. In the case of “Cuties”, first time filmmaker Maïmouna Doucouré paints an empathetic portrait of an 11-year-old Senegalese immigrant living in Paris girl struggling to balance two diametrically opposed

The Circumspect Critic

by: Robert James O'Dell

“CUTIES”

cultures and discover who she is. It's a coming of age drama with its own agenda. It effectively circles around the controversial subject matter of sexualizing a pre-teen body without playing it safe or succumbing to exploitation. As Amy (Fathia Youssouf) struggles to come to terms with what in the conflicting cultures she is comfortable with, she also pines to fit in with the more adventurous students at her school. It's a bold film and an easy target for the self righteous who cry fowl but, for the most part, haven't even seen the film. If they did they might have noticed the nuanced portrayal of prepubescent girls striving to be rebellious while not really understanding the significance of the suggestive gyrations they've learned on social media and in videos by their favorite female recording artists. They are too naive to grasp the repercussions of their revealing outfits or of posting nude photos on the internet. Their adult posturing is belied by their innocence. This is most defined in Amy's interactions with Angelica (Médina El Aidi-Azouni), a neighbor who is part of the dance group who call themselves Cuties. We find them in a precious childlike moment talking with their mouths full of gummy bears. This is the sort of female bonding that the film handles expertly.

Let's spend a little time on the controversy surrounding this film. You have 4 eleven year old girls trying to break away from the cultural constraints they feel trapped by. Besides Amy and Angelica, you have Esther Gohourou as Coumba Ilanah Cami-Goursolas as Jess and Myriam Hamma as Yasmine. All the girls have a major presence on social media. That is one of the major themes of the film. Young girls searching for their personal identities, heavily influenced by the celebrity culture that dominates the social platforms available on the worldwide web begin to mimic the overtly sexual dances they are exposed to. They barely have a grasp on the implications of the moves they

are incorporating into their dance routine. Director/Screenwriter

Doucouré walks a very thin line in her attempt to expose society's sexualizing of girls at younger and younger ages. You have to show it to expose it but avoid exploiting it. She manages to keep her balance on that tightrope and delivers a pungent and challenging film about a young girl's need for attention and affirmation. Amy is overwhelmed by the constraints of her culture. When her mother informs her that her father will be returning with a new wife, Amy needs to break out with even more urgency. The Cuties is her escape from the constraints she lives under.

Doucouré and cinematographer Yann Maritaud fill the screen with bright, infectious colors that are tantalizing especially in one particular shot of the four girls coming over the crest of a hill carrying several shopping bags and tossing confetti in the air. It's a moment that perfectly captures youthful exuberance. Fathia Youssouf as Amy gives a perceptively nuanced performance that is painfully honest. Médina El Aidi-Azouni as Angelica is equally impressive as the wildly untamed friend Amy bonds with. The supporting cast is uniformly impressive.

The movie will offend some. Doucouré based much of the story on her own childhood which explains the feel of authenticity that permeates the film. It's a stunning cinematic debut for the first time director that provides promise for what is to come.

Ratings: Acting: 95%
Directing: 97%
Script: 93%
Cinematography: 95%
Entertainment Value: 90%

My Rating: 94%

In French, Spanish and Arabic with English subtitles

WHEELER HOSTS 35TH ANNUAL GOLF CLASSIC PRESENTED BY MUTUAL OF AMERICA FINANCIAL GROUP

Wheeler's 35th Annual Golf Classic, Presented by Mutual of America Financial Group, Raises \$45,000 to Support Basic Needs Fund for Community Health Center Patients!

Wheeler's 35th Annual Golf Classic, presented by Mutual of America Financial Group at the Country Club of Farmington, looked a little bit different this year with safety precautions, but the near-capacity commitment of more than 75 golfers, as well as supporters, volunteers, and friends to Wheeler's mission and vision, remained as steadfast as ever. The September 16th in-person event raised \$45,000 to support Wheeler's Basic Needs Fund and patients at its community health centers, bringing the total amount raised to more than \$1.2 million since the event's inception in 1986.

“In the middle of this pandemic—and an opioid crisis that is only increasing as people are isolated and cut off from supports, employment, and a normal world—we are seeing an unprecedented need for our services,” said Sabrina Trocchi, PhD, MPA, president and chief executive officer, Wheeler. “Without our donors and supporters, we cannot meet these community needs. We are so grateful to our sponsors, golfers, friends, and volunteers, whose support makes a tremendous difference in the lives of the individuals and families we serve.

“This year, proceeds from our event support our Basic Needs Fund, which addresses the needs of our community health center patients, from food and transportation, to child care, housing, and more.”

Trocchi said. “By helping to address factors that interfere with patients' health and well-being—in ways not addressed by other means of funding—we are helping to further improve health outcomes for individuals and communities,” Trocchi added.

Wheeler's 35th Annual Golf Classic was made possible by a number of local businesses, including Title Sponsor, Mutual of America Financial Group; Platinum Dinner Sponsor, People's United Bank; Platinum Logo Sponsor, The Manafort Family Foundation; Golf Cart Sponsor, Loureiro; Lunch Sponsor, Gibbs; Beverage Cart Sponsor, GO, and Golf Ball Sponsor, OneDigital. Additionally, the event was supported by Karl Krapek, Putting Contest Sponsor, and Practice Range Sponsor, Whittlesey, as well as members of the 2020 Champion's Circle, Barnes Group, Inc., Brown & Brown, Inc., and Laurie and Bill Torres. Land Rover of Hartford was the event Hole in One Sponsor, and Sanditz Travel Management was the Grand Prize Sponsor. Numerous additional sponsors also provided support. A full list can be found here.

Wheeler's Basic Needs Fund

Wheeler's Basic Needs Fund addresses a range of environmental and social factors that interfere with a patient's health and well-being, but which are not addressed by other means of funding. This fund allows the organization's community health workers to address environmental conditions in homes, neighborhoods, and communities of Family Health & Wellness Center patients, which might lead to poor

health outcomes. It also provides resources to address basic needs such as food, transportation, clothing, shelter, medications, or other items or activities that cannot be accessed through a patient's own resources and/or community-based programs.

Wheeler's Annual Golf Classic

The Wheeler Annual Golf Classic was founded by a group of business leaders and top companies in 1986 to raise money for behavioral health and community-based services for children and adolescents. Some of the original supporters remain involved today, including McPhee Electric and Tollman Spring Company.

Proceeds from past Golf Classic events have helped Wheeler address emergent community needs such as ensuring access to integrated primary and behavioral health services in underserved communities, child abuse prevention, and providing a state-of-the-art learning environment for students with emotional and behavioral challenges.



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WOMENHEART CHAMPIONS

To all of my sisters by Heart

Last month I somehow lost track of time. I wonder why. Easy enough to be confused with time due to the pandemic. As my brother Ed said to me--"this is the year that we all are missing that we will never forget. So true my brother. So true. However, we must all insist on practicing and pursuing the abnormal which is now the "new normal". Mask wearing, social distancing, and wash wash washing our hands.

Since my last article, our Womenheart group has been meeting outside at Recreation Park in Southington. At one of our meetings, our leader Pat told us of a new and upcoming program that will focus on women hospitalized because of cardiac issues and surgeries. This program will be headed by Dr. Heather Swales, Cardiologist and Director of the Women's Heart Wellness Program and Dr. Stephanie Saucier, also a Cardiologist, working with Dr. Swales.

Womenheart ladies who have experienced cardiac issues and/or surgeries are encouraged to be a part of this program. These ladies would provide support and comfort to such women currently dealing with heart issues before they are discharged from the hospital. The volunteers will need to be trained first as a regular volunteer for Hartford HealthCare and then receive specialized training to learn about the program for cardiac patients. Delightfully all of the Womenheart ladies are willing to be a part of this program.

At another meeting, one of our Womenheart ladies named Leigh who is also a member of the American Heart Association, volunteered to conduct an educational and enlightening CPR class to us. We each received our own "Mini Anne"-a CPR learning manikin, a CPR skills practice DVD (bilingual), directions for use, and other items included in the kit. We all had to blow up "Mini Anne" and use the hands only CPR method of resuscitation. Leigh helped us all because the movement is not as easy as you think but so very important. If you see a teenager or adult who has collapsed and is not breathing, call 9-1-1 and then push hard and fast in the center of their chest at a rate of 100-120 beats per minute. Any attempt to perform CPR on a victim is better than no CPR at all and can double or triple the person's chance of survival. My suggestion to you is if you ever get the opportunity to take a CPR course, do it. Just in case you have to use it, hoping you never will, but being prepared if need be.

This year our Pinot and Prevention evening was viral. However, as usual it was very educational and fun. I will be sharing more of the evening in my next article. Until then ladies stay healthy eating right, drinking lots of water and exercising as much as possible.

Your sister by Heart

Sharon W. Corlette, Womenheart Champion



Grant Opportunity for Organizations Working to Make Communities Age-Friendly

We are excited to share a funding opportunity for Connecticut nonprofits working to make communities more age-friendly. Tufts Health Plan Foundation is accepting letters of intent for the Systems and Best Practices and Collaboration and Community Engagement grant focus areas .

More information on the focus areas and how to apply is on their website ; the deadline to submit a letter of intent is January 22.

In addition, they are holding a webinar information session on November 17 at 1pm; you can register for that here .



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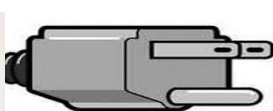
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Flu Shot Clinics Announced by Bristol Health Medical Group

With the possible re-emergence of COVID-19 in the fall, it's more important than ever to protect yourself against the flu.

Sign up today for one of our upcoming flu clinics in Bristol and Southington. Anyone with a Bristol Health Medical Group primary care provider is eligible to participate.

Not already a patient? Select a primary care provider and get your flu shot at your new patient visit.

Dates

Thursday, October 15 -- 15 Riverside Ave, Bristol and 102 North St. Bristol

Thursday, October 29 -- 15 Riverside Ave, Bristol

Tuesday, November 10 -- 15 Riverside Ave, Bristol and 167 Main St, Southington

Vaccines will be given by appointment only. NO walk-ins will be accepted. There will be temperature screeners on site. Masks and photo ID will be required.

Call us at 1-833-4BHD0CS to schedule your appointment or if you have any questions.

Historical Society Posts Second Virtual Exhibit Commemorating 19th Amendment Anniversary

The Plainville Historical Society is culminating the commemoration of the 100th anniversary of the 19th Amendment with a second virtual exhibit. Now posted on their website is Plainville Women Leading the Way: 100 Years of Local Women in Government. It includes photographs and information on the many Plainville women who have served in public office since 1920 when women were first granted full voting rights. The exhibit is based on a program that was presented in March 2019 during Women's History Month.

This project is a sequel to Connecticut Women and the Right to Vote, posted online in July , which tells the story of the long struggle for voting equality in our state. A special feature is the inclusion of Plainville connections with the state's history of the suffrage movement. Just a few examples were the two local women at the 1869 founding of the Connecticut Woman Suffrage Association, Susan B. Anthony's visit to Plainville in 1874, and the story of the many women who registered to vote at Town Hall on Pierce Street in the Fall of 1920.



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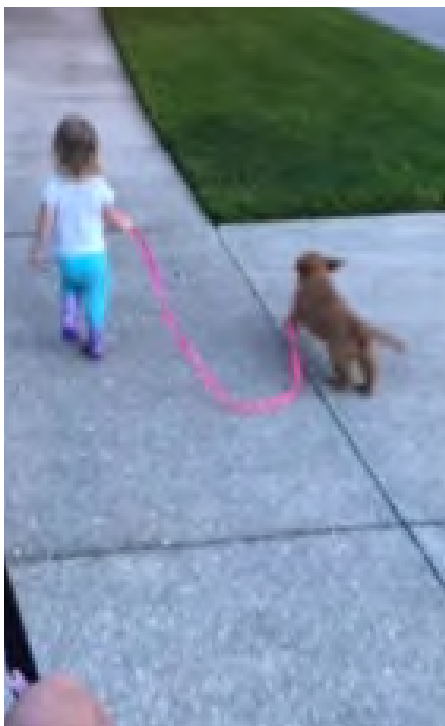
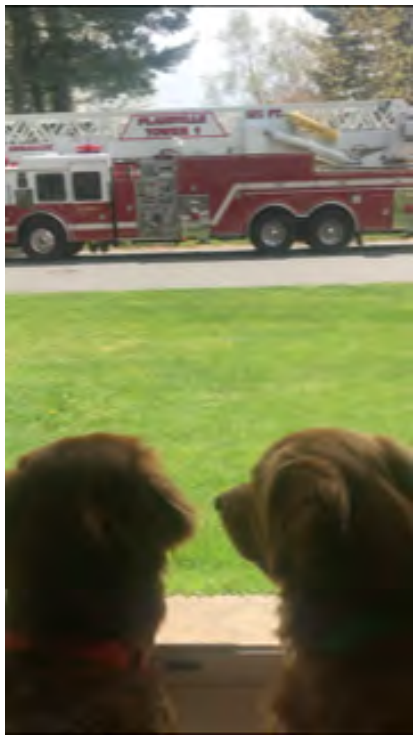
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