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www.plainvillehometownconnection.com

Ready to Serve Plainville.....

~ Republican Candidates ~



Top Left to Right: Jacob Rocco, Francis Rexford Cooley, Laurie Peterson, David Underwood, Ty Cox

Bottom Left to Right: Kathy Pugliese, Deb Hardy, Deb Tompkins, Rachel Childress Buchanan

~ Democrat Candidates ~



Top Left to Right: Bill Garrity, Jessie Salley, Christopher Wazorko, Foster White, Crystal St. Lawrence

Bottom Left to Right: Brent Davenport, Rebecca Martinez, Rosemary Morante, Jesse Gnazzo

V.F.W. Post 574 Planning a Welcome Home



Pictured left to right holding the banner are: Robert Beveridge, Commander VFW Post 574, Sue Bradley, Board of Education, Donna Schenarts, Group Leader, Roger Bogdan, District 3 Surgeon, David Dudeck ,Sr., Post 574 VFW member.



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READERS' POLL
2019

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17 years in a row !

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simsbury farmington
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CELEBRATE

CREDIT UNION WEEK
October 14th ~ October 19th 2019

**FETCH
A
FRIEND!**

**"Refer a Friend"
Who Becomes a
New Member During
The Month of October
and Receive...**

\$25 Cash!

UBIFCU.com

*Must refer a New Member. New account(s) opened during this promotion must remain open until October 2020. \$25 Reward will be deposited into Existing Member's Master Share account within 60 days as long as all criteria for promotion is met. This promotion is subject to change or end at anytime without notice. Please call 960.747.4152 for additional information regarding this promotion.

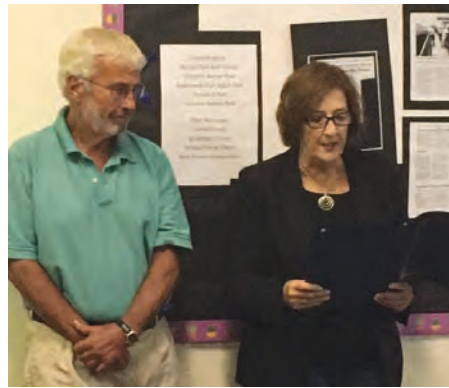
Recreation Director Colin Regan Retires From Town of Plainville

Colin Regan, Recreation Director for the Town of Plainville was honored at a reception recently. Colin has been at the helm of all Plainville recreation programs and facilities for 40 years. Many of Colin's friends, family and co-workers attended to wish Colin a fond farewell.

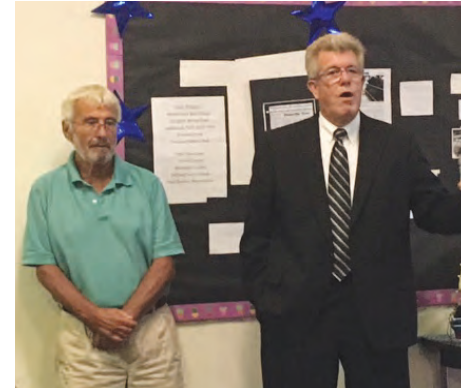
During his long tenure, Colin was instrumental in overseeing various major projects and improvements to our parks. Most notably, Colin was responsible for coordinating the Berner Pool construction project at Norton Park. This facility has become a focal point of countless swim programs and recreation swimming for Plainville residents.

Additionally, he coordinated several other projects at Norton Park, Paderewski Park and Trumbull Park during his tenure including improvements to the soccer fields, skate park, recreation equipment at both parks, Paderewski splash pad and upgrades to the buildings at all park buildings. This year a new building was added to Norton Park which includes new bathrooms and refreshment facilities.

Several attendees shared memories of working with Colin - those speakers included: Frank Robinson, Shirley Osle, Assistant Town Manager, Andre Grandbois, Tom Warnat and Nancy Borio who has worked alongside Colin for 38 years.



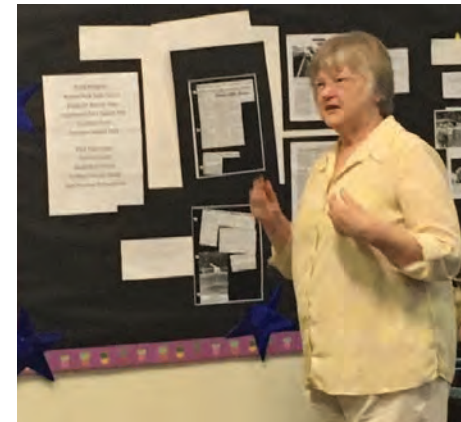
Colin Regan and Town Council
Chairperson Kathy Pugliese



Colin Regan and Town Manager
Robert Lee



Frank Robinson



Nancy Borio

Gnazzo's

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We will work hard to earn your **TRUST.**

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Linda Coveney, Healthy Behaviors
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132 East Street, Plainville, CT

This paper is published monthly as a service to the citizens of Plainville, Connecticut by Plainville Community News, Inc. It is a non-profit, 501C, all volunteer group of residents who are interested in informing our citizens of community activities and local news.

~ ADVERTISING ~

To place your advertisement contact us:
TEL: (860) 747-4119

FAX: (860)747-0042
SUBMISSIONS:
Postal Address

Plainville Community News, Inc.
27 Sherman Street
Plainville, CT 06062-0387

EMAIL: hmtnn@comcast.net
OUR WEBSITE: Complete Paper

www.plainvillehometownconnection.com

All contributions, news items and advertisements may be dropped off in the box at 27 Sherman Street or sent to the above email address.

~ ADVERTISING ~

Business Card Ads \$25.00

to place your Business Card ad, just e-mail it to us & we will send you an invoice OR.....for Display Ads and Rates Call: 860-747-4119
Dolly Chamberlin, Deb Hardy, Laurie Peterson or Helen Bergenty

Deadline for submission is the 15th of every month. Call us for a quote on your special advertisements. Tabloid Size Paper (11 x 17).

Printed 10 times a year.

Each issue is mailed FREE to every Plainville household & business. Circulation is 9,500.

NEXT ISSUE WILL BE

November DEADLINE IS: October 15th Drive with Care On Halloween!!

Do you have a family member or friend in the Armed Service?

Did you know that they could receive the Hometown Connection FREE each month?

Just e-mail their name and address to:

HMTNN@COMCAST.NET

or Mail to:

Hometown Connection

27 Sherman Street Plainville, CT 06062

Give someone who lives out of Town, State or Country a gift that lasts all year.....

A Subscription to the Hometown Connection for ONLY:

\$25.00 for the First Class Postage.

Make check payable & Mail to: Hometown Connection

27 Sherman Street Plainville, CT 06062

Plainville Property Transfers

24 Cottage St: Joshua J. and Sloan A. Zembko of Plainville to Shirley Osle, \$165,000 on 8/9/2019

41 Cottage St: TWM Development LLC of Plainville to Wayne P. and Julie T. Prescott, \$279,900 on 8/8/2019

Dogwood Rd: William B. Anderson FT and Stephen O. Allaire of Plainville to TWN Development LLC, \$110,000 on 8/2/2019

14 Fleetwood Dr: Wolak Wade T Est and Jane T. Wolak of Plainville to William and Sarah Crespo, \$223,000 on 8/2/2019

14 Pine St: Albert Kalanica of Plainville to Besim Nela, \$196,000 on 8/5/2019

190 Tomlinson Ave Unit 6e: Deborah A. Ozga of Plainville to Yuankun Lu and Shun Waang, \$120,000 on 8/6/2019

24 Condale Ln: Oak Land Developers LLC of Plainville to Michael Mancini and Jacqueline Mancini, \$430,000 on 8/21/2019

291 Farmington Ave: Santacrocce Barbara J Est and Carla Bridgewater of Plainville to Bridgeworks Props LLC, \$180,000 on 8/19/2019

136 Hollyberry Ln: William S. and Joan M. Sobota of Plainville to Arthur Witkowski and Jennie Plucinik, \$345,000 on 8/22/2019

11 Jude Rd: Arthur Witkowski of Plainville to Kevin J. Pulsifer and Kathryn E. Berry, \$225,000 on 8/22/2019

124 Pickney Ave: Donald M. and Lynn A. Delcegno of Plainville to Edward C and Stephanie L. Fritz, \$230,000 on 8/21/2019

37 Red Stone Hill: Amanda C. and Jamie Marcoux of Plainville to Lilawattie and Tameshwar Jaglall, \$376,000 on 8/19/2019

14 Sheridan Ct: John J. Lanzl and Heidy Kaine of Plainville to Elconn Properties LLC, \$170,000 on 8/19/2019

88 Sunset Ave: Melisa S. Widlak of

Plainville to Christopher and Rebecca Thaxton, \$185,000 on 8/19/2019
241 Unionville Ave: FNMA of Plainville to Todd M. Ranahan, \$90,000 on 8/22/2019

24 Ciccio Ct: Mida and Michael Daigle of Plainville to Pauline M. Cichon T and Pauline Cichon, \$212,000 on 8/29/2019

49 Parkside Dr: Timothy J. and Karen N. Healy of Plainville to Mary J. Macdonnell, \$198,000 on 8/26/2019
96 Pinnacle Rd: Patricia L. Ocoin of Plainville to Cartus Financial Corp, \$298,700 on 8/26/2019

96 Pinnacle Rd: Cartus Financial Corp of Plainville to Jason Villegas and Joseph C. Limiero, \$298,700 on 8/26/2019

29 Provencher Dr: James R. Thieringer and Bank of New York Mellon of Plainville to Bank New York Mellon Tr, \$210,000 on 8/26/2019

19 Sandstone Rd Unit 19: Alijandro J. Lodeiro and Eleana G. Benitez-Sanchez of Plainville to John B. Bernardo, \$340,000 on 8/28/2019

44 Sandstone Rd Unit 44: Carrier Holdings LLC of Plainville to Thomas J. and Nicole Dicarolo, \$492,591 on 8/28/2019

13 School St: Josan M. Stella FT and Josan M. Stella-Berg of Plainville to Carol A. Saluk, \$195,000 on 8/29/2019

PLAINVILLE VETERANS MEMORIAL WALL

The following name has been added to the Plainville Veterans Memorial Wall.

SP3 James E. Lathrop, Sr. - U.S. Army

The Memorial Wall is located on the main floor of the Plainville Municipal Center adjacent to the Town Clerk's Office. Visitors may view the Wall during normal business hours. If you are interested in adding a Veteran's name to the Wall, applications are located in the Municipal Center, Senior Center, American Legion Post 33, and VFW Post 534.

Steps to Be Taken by Property Owners

When Sewage Back-up Occurs
If a back-up occurs during business hours call:
Normal Business Hours -
Monday - Friday 7:00am - 3:00pm
Water Pollution Control Department: ~~~~~
(860)793-0221 Ext. 228

If a back-up occurs during non-business hours call: ~~~~Non-Business Hours - Nights, Weekends & Holiday
Plainville Police Non-Emergency Line: ~~~~
~(860)747-1616

Once contacted a WPC Maintenance crew will be notified of the situation and will arrive to determine if the backup is from the main sewer line. If it is, they will clear it. If the blockage is not in the main sewer line then the WPC Maintenance crew will direct the property owner to contact a licensed drain layer/plumber.

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Dates to Remember in October

Wednesday 9th Yom Kippur

Monday 14th Columbus Day

Thursday 31st Halloween

Remember.....Your Anniversary & Spouse's Birthday!

Take a peek...



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Ask the Brayne.....21
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Unable to Attend Town Council Meeting?

If you have an issue you would like to discuss with the Council or a Councilor, just call 860-793-0221 ext. 205

Leave your name, phone number, & Councilor's name to contact you.

Robert E. Lee, Town Manager's Report to Town Council

September 16th - Town Council Meetings

Sewer User Fee Discussion

- Several years ago, the Town engaged Tighe & Bond to perform a study to develop a plan to address the upcoming cost impact of the sewer phosphorus project. Tighe & Bond analyzed the cost of the project including the projected increase in the debt service and operating expenses due to the State mandate to reduce phosphorus levels to the Pequabuck River.
- They recommended a plan that would gradually increase the sewer user charges so as not to have a significant jump all at one time when the project was completed. They also recommended that the Town plan to keep an unassigned fund balance equaling three months operating expenses in the sewer user fund to protect against any unanticipated emergency expense that could occur.
- The recommendation at that time recommended that the user charge increase at a steady rate of 4.8% a year for the following ten years. Last year, based upon a review of the unassigned fund balance and the sewer operating expenses, the Town Council was able to lower the increase to 3.5%. Future increases through 2026 ranged from 4.5% and gradually decreasing to 3% for the following six years.
- Town staff has updated the analysis and is recommending a smaller increase for this year at 2%. Additionally, Town staff is projecting a 2% increase for the following five years as well in order to maintain three months of operating expenses in the unassigned fund balance.
- If the Town Council accepts this recommendation, the next step would be to schedule a Public Hearing for the October 7th Town Council meeting.

Local Complete Count Committee (Census)

- In June a representative for the 2020 Census addressed the Town Council encouraging Plainville to consider organizing a Complete Count Committee. The purpose of the Committee is to promote and encourage response to the 2020 Census.
- Such a Committee would be comprised of a broad spectrum of community leaders and trusted voices who would develop and implement a 2020 Census Awareness Campaign based upon their knowledge of the Plainville community to encourage residents to respond.
- Under New Business is a recommendation to form such a Committee and to

appoint Katherine Pugliese, Rosemary Morante, Nicole Palmieri, Shawn Cohen, Trish Tomlinson, Susie Woerz, and Jen Farina to serve. Additionally, representatives to be determined later would come from the Plainville Early Learning Center, the Clergy and the Chamber of Commerce.

Senior Center Choral Group Update

- Based upon a concern expressed by a member of the Plainville Senior Center Choral Group, the Committee of Aging reviewed their long-standing practice regarding religious hymns being sung during their performances.
- After conferring with the Town Attorney, the new practice that was adopted would allow for religious hymns to be sung if it fit the theme of the program. It was also pointed out that the Choral Group could not discriminate or exclude any religion.
- There would also be a limit of two solos during any program and one song per soloist.

Flood Damage Prevention Ordinance Amendment

- The Flood Damage Prevention Ordinance was adopted by the Town Council in 1993 and was subsequently amended in 2008. Town staff is recommending that various sections of the existing Ordinance be amended in order to comply with the current Federal Emergency Management Agency (FEMA) requirements.
- The amended Sections being proposed are located in Sections §225-17, 225-18, 225-19, 225-20, 225-21D, 225-23, 225-24A, 225-25A, 225-26 and 225-27 respectively. The changes have been reviewed by the Town Attorney.
- The next step in the process would be to schedule a Public Hearing on the proposed amendments. There is an item under New Business that would schedule a Public Hearing during the October 7th Town Council Meeting.

Road Bond – Explanatory Text

- The Town Council passed a resolution to include a question on the November 5th election ballot for residents to vote whether or not a appropriate \$5M for road re-paving and to authorize the issuance of bonds and notes to finance the appropriation.
- Town staff is recommending that the Town Council allow for an Explanatory Text to be sent to Plainville residents before the November vote. A copy of the proposed Explanatory Text was included in the meeting

information package.

- If authorized, it would be sent out to residents 12 days before Election Day (October 25th)

Financial Dashboard

- The Town Manager discussed the current financial dashboard

Happenings

Historic Bus Tour:

The historic bus tours celebrating Plainville's 150th Anniversary will be held Saturday, October 5. They will begin at the Municipal Center parking lot (1 Central Square) at 10:00 a.m. and run every half hour until 3:00 p.m.

There will be two buses with volunteers that will ride the bus and give details of the historic sites. All individuals will receive a booklet that describes the sites with its historical value. They will also be given an informative brochure with pictures.

PumpkinFest 2019:

The PumpkinFest will be held Saturday, October 19, in the downtown area in front of the Municipal Center from 4:00pm to 8:00pm. The outdoor festival features live music, a kid's costume parade, kid's games, pie eating contest, a variety of food trucks, a haunted house and over 50 vendors.

More information can be found on their website: plainvillepumpkinfest.com

The event is rain or shine and admission is FREE!

Fall Bulk Pickup:

Fall bulk pickup is being held Mondays through October 28th. Eligible residents must call CWPM at 860-793-6721 to schedule a pickup. When calling, you will need to provide your name, address, phone number and a complete description of the items to be collected. Calls placed by 3:00pm Friday can be scheduled for collection on Monday.

More information on bulk pickup can be found on the Town's website under "Town Services".

Leaf Collection

Dominick Moschini Superintendent of Roadways

Leaf collection in the Town of Plainville will begin on Monday, October 21, 2019 and will continue to December 4, 2019 weather permitting. Listed below is the schedule of areas to be covered on the first collection (schedule of areas are subject to change):

Central Area
West Main Street Area
Farmington Avenue Area
South End/Red Stone Hill
Shuttle Meadow Area
Arcadia Avenue Area
Metacomet Area
Northwest Area
Unionville Avenue Area

Every effort will be made to keep you informed as to the progress of the operation. If you have any questions, please call the Public Works department at 860-793-0221 ext. 208 between the hours of 8:00 AM - 4:00 PM, Monday – Wednesday, 8:00 AM – 7:00 PM Thursday and 8:00AM to Noon on Friday.

Please be sure to rake your leaves to the curblines as early as possible. GRASS CLIPPINGS WILL NOT BE COLLECTED - ONLY LEAVES will be picked up. NO STICKS OR STONES!!! If your street has an island on it, please DO NOT put your leaves on the island. Bagged leaves will not be collected at curbside; you can bring them to the Drop-Off Center on Saturdays from 8:00 AM to 3:00 PM. During the month of November the Drop-Off Center will be opened Monday thru Friday from 2:00 PM to 4:00 PM, for LEAVES ONLY.

Town Happenings Reports By:

**Scott William
Colby, Jr.
Assistant to the
Town Manager**

**colby@
plainville-ct.gov**



Plainville Republicans

The Plainville Republicans Town Committee Chairman Gayle Dennehy-Carrier named Deb Hardy, Chairman of Republican Headquarters located at 16 East Main Street (Downtown Plainville) and Helen Bergenty, Campaign Coordinator.

Upcoming Events:

Friday, October 11th

6 pm to 9 pm

Opening of: Republican

Headquarters

"Welcome to Meet the Candidates"

Refreshments

Stop in to get your "Lawn Signs"

Saturday, October 19th

4:00 to 8:00 pm

5th Annual Pumpkinfest

Open House

16 East Main Street

"Stop in to Say Hello"

Just arrived Trump 2020 Hats

Only \$15.00 Red Plus New

Camouflage Print



Thursday, October 24th

6:00 to 9:30 pm

"Meet & Greet"

The Candidates at J. Timothy's

143 New Britain Ave.

Tickets \$20.00 per

For tickets call 860-747-4119

or Town Committee members

and/or the candidates

For Sale by Owner

4 Bedroom, 1 & 1/2 Baths, Finished recreation room, Kitchen, Living room, Bath and 2 Bedrooms on first floor, 2 Bedrooms & Bath upstairs. Breezeway and attached garage. Central air, city water & sewers. Nice large lot. Only \$185,000.

Call 860-747-4119

Ask for Jeannette



BICENTENARY

2019

October 2019 will mark the 200th anniversary of the birth of the forerunner and herald of the Baha'i Faith, the Bab, whose dramatic ministry paved the way for the appearance of Baha'u'llah, Baha'i prophet and founder.

You are invited to the celebrations of the 200th anniversary of the Birth of the Bab. The Bab meaning "The Gate" in Arabic was the Herald of the Baha'i Faith. Join the Baha'is of Plainville for a series of events to celebrate how the messages of the Bab and Baha'u'llah changed the world.

October 19th, 10:30am-12pm-Children's Craft--The arts are an integral part of so many people's lives. How much more powerful their impact becomes when spiritual principles find expression in productions like a children's craft at the Plainville Public Library 56 East Main Street, Plainville, CT 06062

October 28th, 6:30pm-Storytelling Devotional--Baha'is walk alongside other spiritual traditions to achieve harmony and address societal ills. Join a devotional gathering with Prayers, Writings, and Stories of the Bab

October 29th, 6pm- Service Craft Project--Baha'is are building vibrant communities across racial and cultural divides, so come and join us in a service project as we decorate tote bags for foster children.

October 30th, 11:30am-Piano Recital Luncheon--Baha'is, together with their neighbors, families, and friends, will commemorate the births of our Twin Luminaries.

November 1st-Film Viewing--Baha'is, together with their neighbors, families, and friends, will commemorate the births of our Twin Luminaries. Film "Dawn of Light" at P.A.R.C 28 East Maple Street, Plainville, CT 06062

To participate in any of these events please contact the Baha'is of Plainville at plainville.ct.bahais@gmail.com or 732-272-5689.

IT Jim.....

The end of Windows 7 Support

Microsoft will stop supporting Windows 7 Operating System on January 14, 2020. What does this mean for you? If the computer you are using is still using Windows 7, it will no longer receive security updates and patches that keep the operating system secure. Your computer will still work. But as the days and weeks pass, the computer will be less and less secure.

If your computer is still using Windows XP, STOP USING IT NOW! It is extremely insecure and hasn't been supported by Microsoft since 2014.

Unfortunately, for most users, the easiest thing to do would be to replace the computer with one that comes with Windows 10. If your computer is more than 5 years old, upgrading it to Windows 10 would likely be troublesome. In recent years, the processors inside of older computers have been discovered to be vulnerable to malicious attacks. To combat this, Microsoft is removing support for these older processors in newer updates to Windows 10. Thus, making it impossible or at least very difficult to upgrade your computer.

Some of you are reading this and thinking your computer is working just fine. Damn you Microsoft! As threats continue to grow and become more sophisticated, it is very important to make sure your computer is secure. Windows 10 is far more secure than older versions.

Replacing the computer should be pretty easy. Nowadays, computers are just another appliance. The easiest thing to do is to go to the local electronics store (Best Buy, P.C. Richard, etc.) and shop around. Look for something that fits your needs. There are many form factors available. Don't be afraid to try something else beside the old trusty desktop computer. Any computer available can handle most everyday computing including internet browsing, email, social media, general photo management and editing, documents, spreadsheets, etc.

If you are looking for a simplified experience, you may want to look at the Chromebook devices. These are a simple Google Chrome browser-based system. Chrome IS the operating system. There is no Windows. This system relies heavily on browser-based applications. There is an app store for Chromebooks that has applications for just about any task you

need to complete.

Another recommended simplified alternative to Windows is the Apple iPad. The iPad can be used for just about any application. Add a keyboard and even a mouse and it will do just about anything most folks use computers for. As a bonus, it is portable!

Of course, you could always make the switch to Apple Mac OS based computers. For this, you will pay a premium. In my opinion, it's not worth the extra money.

Once you decide to replace your computer, you'll need to backup the stuff from your old computer. Hopefully you already have backups. One suggested way to move your files would be to complete a backup, and then restore those files from the backup to your new computer. There are some great cloud backup services out there including Carbonite, Acronis True Image, and IDrive.

Nowadays, the best way to migrate your files would be to move them to "The cloud". There are many places you can store files. Microsoft has OneDrive, Google has Google Drive, Apple has iCloud, and there are more, including Dropbox, and IDrive.

The benefit of keeping your files in the cloud, is that you can access them from just about any device. Most have apps for iPhone, iPad, Android (Samsung, Pixel, etc.)

For managing photos, I suggest using Google's Photos app. There are apps available for Mac, PC, Google Play and the Apple App Store. When you install the app on your computer, it will help you find all of your pictures and will offer to upload them to the cloud. Google offers free unlimited storage of photos up to 16 Megapixels and videos up to 1080p resolution. When you install the app on your smartphone, it will ask you if you want to backup existing photos from your phone and any future photos as soon as you take them. You'll then be able to access your photos from anywhere and never have to worry about losing your precious pictures again. My favorite part is that the Photos app and website indexes your pictures and makes them searchable! I can search for pictures of lakes, and it will return results of all pictures that have water in them. You can even identify family and then search for that person and it will show you all of the pictures with that person. It really is amazing.

If you have any questions or suggestions for future articles, send an email to jim.phc@gmail.com



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Redesigned Logo

Maybe it's time to refresh, revise, or redo your logo?

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petersongraphics@comcast.net

ONE MISTAKE DOESN'T HAVE TO RUIN YOUR LIFE

With the increasing rise of police presence throughout CT, many people find themselves facing criminal prosecution for various alleged offenses – **D.U.I., evading responsibility, drug related charges, or domestic disputes.**

At the law office of **Mastrianni & Seguljic, LLC** we can help you resolve your arrest in a positive way, one that minimizes and possibly eliminates the impact the arrest will have on your employment and future.

Call Jonathan D. Chomick at 747-6363

All matters are handled confidentially.

As always, no fee for the initial consultation.

Mastrianni & Seguljic, L.L.C.
128 East Street, Plainville
860-747-6363

www.mastseglaw.com

Tag and Apple Fritter Sale

Grace Lutheran Church
Annual Tag and Apple Fritter Sale
222 Farmington Ave

Plainville

Come browse our tag sale items while enjoying a bag of our delicious Apple Fritters. Something for Everyone!

**Saturday October 12th
from 9:00 AM - 2:00 PM**

Fall Pasta Dinner

The Plainville Fire Company will be holding the fall Pasta Dinner.

**Plainville
Fire Headquarters,
77 West Main Street
Plainville**

Saturday, October 26 th

4:00pm and serving till 7:30pm.

**All you can eat for the cost of
\$8.00 for adults**

\$6.00 for seniors & children 7-12

Free children under 7 yrs.old!

Raffle and door prizes

& Bake Sale will be available.

And Credit Cards accepted!

WOMEN'S WORK Stories

**Behind the Movement
A Documentary By, About,
and For Women**

From

Connecticut Public Television

Women's Work features the stories of local Connecticut women who share a common desire to be part of a collective effort-- serving as leaders, trailblazers, artists, educators, advocates and entrepreneurs

They are the local connection to and drivers of modern women's movement.

JOIN US!!

Date: Monday October 7th

Time: 5:30 pm-7:30 pm

**Location: Bristol Public Library
Register:**

COST: FREE,

Limited to first 100

RSVP to: Julie Matthews at

860-583-6363 or

julie@mainstreetfoundation.org

**Women and Girls Fund of
the Main Street Community
Foundation**

The Helen & Danny Coughlin 19th Annual Memorial Walk

**Saturday, October 5th
(Rain Date October 12)**

9:00 a.m. - 1:00 p.m.

Norton Park Plainville

**HONORING OUR
FIRST RESPONDERS**

PARC. Inc is a 501(c) (3) organization providing services to citizens with developmental disabilities

Annual Bountiful Basket Competition

The Plainville Community Fund will hold its annual Bountiful Basket Competition on

October 10th, 11th & 12th

Gnazzo's Food Center.

Individuals can purchase raffle tickets for the opportunity to win basket(s) of their choice. All proceeds from the sale of raffle tickets go to the Plainville Community Fund, a non profit organization dedicated to enhance the quality of life for Plainville residents. Basket entries are gratefully accepted from individuals and organizations in town. For further information or to donate a basket, please contact:

Robyn

860-747-2386

50th Anniversary of Mum-A-Thon Road Race

Bristol, CT: Andrew Barton, Mum-A-Thon Race Director, is pleased to announce the October 20, 2019 running of the Mum-A-Thon Road races. This will be the 50th Anniversary of this long-standing Bristol tradition. In 1970 Bristol hosted an 8-mile road race that brought in world class runners. This year the 8 Miler is back! The race will include 3 events – the "Monster Mile", a 1 Mile Fun Run/Walk; an 8K Competitive Road Race; and the 8 Mile Competitive Road Race. Both competitive routes are sanctioned by USATF. The 8 Mile Race will have a cash prize purse for the top 3 male/female winners. Additionally, this year we are honored to have Bristol Health as the title sponsor for this momentous occasion.

The 50th Annual Bristol Mum-A-Thon Road Race sponsored by Bristol Health is scheduled for Sunday, October 20, 2019 at St. Paul Catholic High School, 1001 Stafford Avenue, Bristol, with the first event beginning at 10 am (Monster Mile). The competitive races begin at 10:15 am. Participants are encouraged to wear their favorite Halloween costumes!

As part of the 50th Anniversary, the committee is presenting the "50-50-50" for this year only - 50 sponsors to donate \$50.00 for the 50th anniversary. The Race Committee is seeking businesses, organizations and individuals to be part of the 50/50/50 Club. All those wishing to be part of the Club can contact Veterans Strong Community Center at 860-584-6258 or 6257 for more information. Other sponsorship opportunities are available as well.

There will be plenty of fun activities for everyone! The committee is working tirelessly to make the 50th Anniversary a real celebration of Bristol, the Mum season and the community. In conjunction with the race, there will be a sneaker recycling

VFW Bingo

Northwest Dr.

Every Monday

& Tuesday

Doors Open 4pm

Bingo Begins

6:30 pm

Until 9:30 pm

**"A great place to
meet old friends**

& meet new ones!

drive. On race day remember to bring your used, unwanted, non-wearable, or new athletic shoes and sport cleats. There will be collection boxes set up for your donations. Please only athletic shoes and sports cleats (non-metal) for this recycle drive.

Proceeds of the Mum-A-Thon Road Race benefit Veterans Strong Community Center ("VSCC"). Executive Director Donna Dognin said, "We are so very pleased and excited to continue our relationship with the Mum-A-Thon. To be part of the 50th Anniversary is extra special and having Bristol Health onboard as a partner makes this such an honor." The Mum-A-Thon Road Race has become the largest fundraiser for VSCC. VSCC is an information and resource center for Veterans, Service Members and their families, based in Bristol. It serves the surrounding communities of Burlington, Harwinton, Plainville, Plymouth, Thomaston and Wolcott. For more information please visit the website at www.vetstronginc.org or call.

Pre-registration for the race is highly encouraged, especially for guarantee of the famous glow-in-the-dark race shirt (October 1st deadline). Pre-registration fees are as follows: Monster Mile \$15.00; 8K \$25.00; 8 Mile \$30; and Wheel Chair \$35.00 (covers both participants).

Registration can be completed online through; Sign me up: <https://www.signmeup.com/site/register.aspx?fid=472VYG7> the BristolCT.net page (<http://www.bristolct.net/RoadRaces/MumAThon.aspx>) the event Facebook page <https://www.facebook.com/events/366742853995669/> or through VSCC's website www.vetstronginc.org.

Paper registrations are also available to print out at the BristolCT.net page (<http://www.bristolct.net/RoadRaces/MumAThon.aspx>) or the VSCC, located on the first floor of Bristol City Hall.

PASSPORT to Health and Wellness Expo

The Holistic Community Professionals will be co-hosting The PASSPORT to Health and Wellness EXPO a Statewide Holistic Benefit event on OCTOBER 27, 2019. 10am-4pm (With a FREE drumming circle/soundhealing event from 4pm-5pm on the Patio) with over 75 exhibitors & speakers at

The Doubletree by Hilton, 42 Century Dr. Bristol, CT 06010

Holistic, Green, and Sustainable businesses (and Corporate Sponsors) in Connecticut will be showcased to the public with speakers, readers, practitioners, products and services.

Exhibitors/Speakers apply online please. Vendors/speakers/practitioners may apply/pay online:

<http://www.yourholisticevents.com/fairs-vendorspeaker-application/>

Early Bird (ATTENDEES \$5 p/p (N/C for Children under 5 yrs old)

□At the Door. \$7 p/p (Children 5 yrs old-12 yrs old \$3 p/p suggested)

With a FREE drumming circle/soundhealing event from 4pm-5pm on the Patio.

The public is invited to attend....

**Early Bird Attendee Ticket \$5
<https://buy.flint.com/zmp3c41c>**

Proceeds will be donating to the CT Children's Medical Center (<https://www.connecticutchildrens.org>) and Hartford Hospital Cancer Center, Angie's Spa fund (<http://www.angiesspa.org>). All funds will be used directly for patient care and will be matched to maximum allowed by the grants for each organization.

On FaceBook- Passport to Health and Wellness EXPO

Shirley Bloethe, Executive Director, Cell: 860-989-0033
www.ShirleyBloethe.com

To list Tag Sales, Club Activites & Etc.

"WHAT'S GOING ON" Pages

E-mail to: hmtnn@comcast.net or mail

to: 27 Sherman St. Plainville, CT

Letter to the Editor

Life With Wanda



Dear friends,
How many of today's college students are being taught to cherish and defend liberty? I'm sure you can remember learning about freedom primarily through the study of history. We learned from history that freedom is rare, that once obtained it is easily lost, that preserving it requires vigilance and sacrifice.

I am happy to hear there are so many businesses that offer discounts to senior citizens and I wonder why more businesses don't so. I ran into a woman the other day who told me about her hair dresser that offers a discount on haircuts and styling's for men and woman that are over sixty five. She offer these discounts on her slow days, which seemed to be Tuesdays plus after your tenth haircut you get a free hair styling. I called and made an appointment and to my surprise the place was packed with a sea of white hair. The shop offered coffee and donuts for those waiting and everyone joined together and shared stories about family, where they lived and what they did before they retired, what clubs or groups that they belonged to and what they do now that they have so much free time.

The owner of the shop asked people what else she might do for seniors and these men and woman, who had years of experience in the business world, were happy to share their ideas.

One woman suggested she offer discounts two days a week and she agreed. Her business was a little out of the way but I will return for my next haircut.

For success in any business you just have to be flexible. While we were waiting our turn seniors exchanged ideas and stories about clubs and events others would be interested in, like flea markets, bus trips, out to dinner and trips to the casino.

One woman told of a new game they were playing at her local AARP meeting the week before called, "Can you guess what I forgot today?" During the game, a woman jumped up and as she ran out the door she yelled, "I forgot to pick up my husband at his club yesterday."

Sometimes the smallest thing will trigger our memory, as the kids would say, LOL.



Today, unfortunately, college courses on American history are becoming an endangered species—and where they do exist, they increasingly portray American history as a history of prejudice and oppression from which nothing good can be learned.

If you listen to typical college students talk today—not here at Hillsdale, of course, but elsewhere—you learn the danger of failing to teach young people the history of our American heritage of liberty.

That's why every student at Hillsdale is required to complete an "American Heritage" course in order to graduate. It's also why "American Heritage" was one of the first online courses Hillsdale produced and why we continue to offer it free to all who desire to learn.

I wanted to let you know we're now offering "American Heritage" as a DVD set for your home library or to give as a gift. The DVD set provides ten lessons that cover the history of America from the colonial era to the present, including major challenges to the Founders' principles. I've included a secure link below where you can get this special edition of "American Heritage—From Colonial Settlement to the Current Day" on DVD. We've produced a limited number of sets, so don't delay!

<https://secured.hillsdale.edu/hillsdale/get-american-heritage-dvd>

Warm regards,
Larry P. Arnn
President, Hillsdale College

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PLAINVILLE ROTARY CLUB

PASTA SUPPER



FRIDAY, OCTOBER 4, 2019
6:00 P.M.

V.F.W. 7 NORTHWEST DR.

\$10 IN ADVANCE \$15 AT DOOR
\$5 FOR CHILDREN 12 AND UNDER

Door Prize Winner Every Hour

**Fall Fest Raffle Winning*

*Tickets To Be Drawn at 8:30 p.m.**

Sizing Your Fixtures – Part 2

By Laura Davis, Owner of The Light Hangar Company

This article is a continuation from the July/August "Sizing Your Fixtures – Part 1". To read this article again, please visit www.thelighthangarco.com.

Let's face it, size can be a real challenge when picking lighting fixtures!

KITCHEN ISLANDS are a popular new feature and one that needs some attention when designing. Pendants are perfect for adding lighting over the surface and giving your home an updated look. When sizing pendants, you should space them about 24-30 inches apart. Small islands (4-5 ft. long) can handle 1 large or 2 medium pendants. Larger islands can certainly accommodate more. For large islands with 3 pendants, you will want to find the middle of the island and then space the other pendants at least 30 inches apart on each side.

FOYER an entryway is a guest's first impression of your home, and chandeliers often play a huge role. You want to choose a chandelier that reflects your style and is the right size for your space. A small light will look dwarfed, while a chandelier that is too large can overpower a room. The two important measurements to take into consideration when choosing the correct size are: height and diameter.

The rule of thumb is you need 3 inches of chandelier height for each foot of ceiling height while maintaining at least 84 inches (when possible) from the floor as to not interfere with the door or people passing underneath. For two story floors with windows, consider centering the fixture in the window when looking in from the outside.

BATHROOM are a place where people want the most light to get ready. If your light is above the mirror, the width of your fixture should be at least 1/3 the width of the vanity mirror, but never exceed its total width. If you have multiple sinks or a long mirror, you may want to mount two separate fixtures, one above each sink. A popular option these days is to position fixtures on both sides of the mirror. This is the best way to provide shadow-free lighting for your face. Not all bathroom remodels can accommodate this option, but lighting professionals have agreed that this gives the best light for getting ready versus down lighting.

CEILING LIGHTS when figuring what type of ceiling light to use, the height of the ceiling will be the determining factor. If your ceiling height is 8 feet or less (standard height), a flush mount or semi-flush will leave enough head room clearance for people walking under the light. This is the more important factor when sizing ceiling lights.

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Those who vote decide nothing, those who count the votes **DECIDE EVERYTHING**
- Joseph Stalin, USSR

Who is Fight Voter Fraud - the organization?

We are a non-partisan 501 (c) 4 non-profit organization who will research and investigate suspicious voting patterns to help safeguard the public's right to clean elections. We will uphold the basic right of the voters to have one legal vote for each legal voter in our State and Federal election cycles.

How We Fight:

We will collect public information and voting data, analyze the results town by town and eventually State by State and investigate any anomalies found. We will turn over anything that violated State and/or Federal election laws to the proper Federal Authorities. The information documented through the research and investigative process should compel states to reform their election and voting processes while protecting all Americans' voter rights.

A sustaining business model:

The continued updating of public voter information will help Fight Voter Fraud Inc create "clean databases" of legal voters, and by doing so, greatly diminish the possibilities of voter fraud in future elections while informing voters on any and all changes in election and voter laws and rights.

Invest today and help us fight Voter Fraud in Connecticut! Contributions are anonymous. They are not tax deductible.

Fight Voter Fraud, Inc.
PO Box 262
Middlefield, CT 06455-0262
www.FightVoterFraud.org
email:
Linda@Fightvoterfraud.org
or dominic@dominicforct.us

Rep. Petit and Sen. Martin to Host Plainville Pizza and Politics Legislative Event

HARTFORD – State Representative William A. Petit Jr. (R-22) and State Senator Henri Martin (R-31) will host a Pizza and Politics event for both New Britain and Plainville residents on Tuesday, October 1st to discuss both state and local issues.

WHEN: Tuesday, October 1st from 6:00 p.m. to 7:00 p.m.

WHERE: West Main Pizza, 97 East Main St., Plainville

This event is designed to provide residents with an opportunity to speak with their legislators in a relaxed setting about issues affecting the district, bill proposal ideas, or other topics pertaining to state government. The event is free and open to residents only, pizza will be provided.

If you have any questions or cannot make the event, but would like to connect with Rep. Petit, please call (800) 842-1423 or email William.Petit@housegop.ct.gov and for Sen. Martin, please call (800) 842-1421 or email Henri.Martin@cga.ct.gov for more information.



Current Situation

A 2017 Judicial Watch study showed 17,302 more people registered to vote in CT than are eligible among the States' adult citizens. Many take the shape of blindly accepted absentee ballots. Together they are enough to change the outcome of tight legislative races. While Federal law mandates careful state oversight, lack of it has spawned a situation across the country where in 2016, 3.5 million ineligible felons, ex-residents, non-citizens, and dead people made their mark on election day.



FIGHT VOTER FRAUD
Fight Voter Fraud Inc.
LINDA SZYNKOWICZ
Founder & CEO

**PO Box 262
Middlefield, CT
06455-0262**

(860) 575-7125

**Linda@Fightvoterfraud.org
Fightvoterfraud.org**

501 c 4 non profit

To: All Civic & Religious Organization From: The Editor
We would like to invite everyone: to share your activities with our readers. Please forward all news and pictures to:
Email- HMTNN@COMCAST.NET~Phone: 860-747-4119
Thanking you in advance Jeannette Hinkson, Editor

Crossword

	1	2	3	4	5		6	7	8	9	10	11	
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- CLUES ACROSS**
- ADVENTURE STORIES
 - AMPHETAMINES
 - EXTEND THE LIMITS
 - ARTICLE
 - SOCIALLY DISORIENTED
 - GOLD
 - PART OF THE MIND
 - "RUBBER BAND MAN" RAPPER
 - TAKE BY FORCE
 - FOOTBALL POSITION
 - AMERICAN COLA
 - RISK MANAGEMENT PLANS (ABBR.)
 - NARROW CHANNEL ON THE MOON
 - SEMITIC ALPHABET LETTER
 - DORM EMPLOYEE
 - DESSERT DISH
 - A STREET WHERE NIGHTMARES HAPPEN
 - FOR EACH
 - FAT FROM A PIG
 - EASILY ALTERED
 - SALVADOR __, SPANISH ARTIST
 - THE LAST CEO OF SEARS
 - ONE WHO LADES
 - RUSSIAN POP DUO
 - FICTIONAL FREE CITY OF ESSOS
 - COOL!
 - STRONG LIQUOR
 - RURAL DELIVERY
 - BREWS
 - COMPOUND FOUND IN HOPS
 - WHERE GOLFERS BEGIN HOLES
 - THIRD NOTE OF A MAJOR SCALE
 - CITY OF ANGELS
 - SNAG
 - EXCLAMATION OF SURPRISE
 - CONTROVERSIAL RETIRED WIDE RECEIVER
 - FOR EXAMPLE
 - FREE TO USE
 - CARSON'S SIDEKICK
 - PIRATE SAYING
 - CONVULSES
 - SEMITIC GODS
- CLUES DOWN**
- SPLIT APART
 - EQUALLY
 - MOUNTAIN PASSES
 - ANOTHER NAME FOR THOR
 - CHINESE CHESS PIECE
 - HELPLESS
 - US ARMY DESIGNATION (ABBR.)
 - MICTURATED
 - ONE TO RESPECT
 - SMALL GREEK ISLAND
 - IN A THINLY DISPERSED WAY
 - PUT TWO TOGETHER
 - OF THE SUPERNATURAL
 - TYPE OF STRUCTURE IN ORGANIC CHEMISTRY
 - CARD GAME
 - FEELING OF DISCOMFORT
 - GET FREE OF
 - UNIT OF MEASUREMENT
 - A PERSON WHO ENJOYS GOOD FOOD AND DRINK
 - VIOLIN MAKER
 - NOTED PSYCHOTHERAPIST
 - COMPLETE
 - BALLPLAYERS' TOOL
 - AFTERNOON ILLUMINATION
 - POINTS A FINGER AT
 - MOVED QUICKLY
 - __ DEATH DO US PART
 - BLUE JEANS
 - FRENCH JESUIT THEOLOGIAN
 - DISSUADES
 - EASTERN EUROPEAN PEOPLES
 - ABNORMAL RATTLING SOUND
 - AIR-BREATHING LAND SNAIL GENUS
 - TURFS
 - FAREWELLS
 - __ MATER: ONE'S SCHOOL
 - THEY __
 - BABY'S EATING ACCESSORY
 - PRIESTESS OF HERA
 - TYPE OF RAILROAD

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Answer on page 30

AT LAST!!!!

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From My Balcony

By Jeannette Hinkson

Anyone who doesn't think this country has a problem needs to sit down and take a hard look at what is happening each and every day.

First we have a president that is juggling the economy, foreign governments, national disasters, homeland security, a bunch of politicians that are fighting for their jobs and trying to cover up for the years they have been living off of the taxpayers, having the taxpayers pay off the woman they had affairs with and still be able to cash in on money from lobbyists and even vacations and wherever they like, again at taxpayers' expense.

The media runs headlines whenever dignitaries stay at a Trump hotel but never was a word mentioned when Mrs. Obama took all her friends on vacation to Spain nor no one ever uttered a word when Mrs. Obama took a trip to Africa and the cost of a room for her and her entourage cost \$2,700 per room per night.

Now we have a group of democratic candidates seeking the nomination for president for the upcoming election in 2020 and the front runner is Joe Biden. Former Vice President Biden served eight years as vice president and what

did he accomplish?

He served as a senator for some thirty six years but I can't find anything, on the internet, he might have done during that time that would have made him stand out or bettered the lives of the people. While Joe Biden is on the campaign trail, seeking the nomination from his party, some of his stories and recollections of events have been found to be untrue and in one case he didn't even know what state he was in.

You have to admit he sure sticks by his guns and says, stay with Obama care an you can keep your doctor, we all know how that went. If this is the top runner for the presidency the Democratic Party has to offer we are in trouble.

There are others that are seeking the top job and they have been in politics for years, like Bernie Sanders and Elizabeth Warren.

One question, in all the years they have served, what have they done for the states they represent? Vermont has such a problem the Governor just passed a law that will pay people \$10,000 to move to Vermont and work from there. What is that all about and one thing I can bet, they won't receive a warm welcome from native Vermonters?

What has Elizabeth Warren done to bring business back to her state of Massachusetts, does anyone have an

answer? One thing is for sure with Donald Trump, friend or no friend if you're not or can't do your job then he does not hesitate to fire you.

Kamala Harris said Donald Trump hasn't done anything as President in the past year and a half. Where does she live?

You have one of these candidates trying to buy your vote offering \$1,000 a month if you go to his web site.

You have Andrew Yang saying, "Because he is Asian he knows a lot of doctors." I guess if you're not Asian you don't know a lot of doctors so vote for him.

The problem is if you're Senator or Congressman isn't doing their job and the people finely catch on, we just vote them out but then we give them a great retirement pension for life and the taxpayers foot the bill.

The candidates that are trying to get the nomination can't even muster support from their own party.

They are spending millions trying to convince the party they can beat Trump but just listen to them, they sound like fools. I can only say, if Donald Trump has been doing such a bad job it should be easy to come up with a candidate that can beat him but so far I haven't seen anyone that can fill the bill, have you?

CPOA of Plainville

CPOA/Citizens and Property Owners of Plainville is a civic minded group of residents of Plainville. They meet monthly the first Tuesday of every month, 7 PM at the Plainville Library. They discuss local issues and concerns whether it be in private neighborhood or a town issue affecting everyone. The public is invited to attend.



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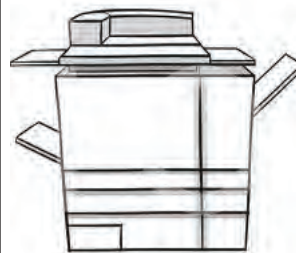
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Life With Wanda



I am happy to hear there are so many businesses that offer discounts to senior citizens and I wonder why more businesses don't so. I ran into a woman the other day who told me about her hair dresser that offers a discount on haircuts and styling's for men and woman that are over sixty five, She offer these discounts on her slow days, which seemed to be Tuesdays plus after your tenth haircut you get a free hair styling. I called and made an appointment and to my surprise the place was packed with a sea of white hair. The shop offered coffee and donuts for those waiting and everyone joined together and shared stories about family, where they lived and what they did before they retired, what clubs or groups they belong to and what they do now that they have so much free time.

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The Plainville United Methodist Church

Located at 56 Red Stone Hill, is having their annual Roast Pork Dinner on **Saturday, October 5th**

The dinner will be served from 4:30 to 6:30 pm and will feature glazed roast pork with fresh potatoes, vegetable, breads and beverage. Homemade apple crisp for dessert. There will be a silent gift basket auction as well.

Tickets are \$13 for adults, \$6 for children, 4 and under are free.

Reservations are strongly suggested by calling the church office at

860-747-2328.

Hall of Fame Banquet

Plainville Sports Hall of Fame will celebrate its 21st Annual Induction Banquet on Saturday, October 5th at Nuchie's Restaurant in Forestville.

Tickets are \$50. or \$450. for a table of 10. Tickets can be purchased at the Dental Offices of Dr. Rusty Camp, 359 Farmington Ave., Angelo's Modern Barber Shop, 61 East Street People's United Bank, 117 East Street and Gnazzo's Food Center, 73 East Street. Tickets may be purchased via PayPal or Venmo. For any information contact Mike Bakaysa at 860-5738015 or Bryon Treado at 860-836-3377.

St. Lucian's Residence

Location Rear of Marian Heights/ Backyard Garages
314 Osgood Ave.,
New Britain

Saturday, October 5th
8:a.m. to 1:00 p.m.

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(All proceeds benefit the residents of St. Lucian's Residence)

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John Luddy NMLS # 74875

“Ask Sheila”

Q-1: With Medicare Annual Enrollment coming, do I have to re-enroll if I'm happy with the Medicare Plan that I have?

A-1: Medicare Annual enrollment is open from Oct 15-Dec 7. If you want to keep the plan you have, you don't need to do anything, it will renew for 2020.

Q-2: Will the plan I choose during Annual Enrollment become effective the first of the month after I make the change ?

A-2: Any selections or plan changes made during the Medicare Annual Enrollment will become effective Jan 1, 2020.

Q-3: I have a Medicare Supplement Plan and a Drug Plan. Can I change my Drug Plan any time I choose, or are changes allowed only during the Annual Enrollment period ?

A-3: Stand alone Drug Plans, like you have, can only be changed during the Annual Enrollment Period. They follow the same Enrollment Periods as the Medicare Advantage Plans.

If you have any specific questions, please feel free to give me a call at 860-965-0091

Sheila

SDow@AmericanSeniorBenefits.com

Cell: 860-965-0091

American Senior Benefits

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P-l-a-i-n-v-i-l-l-e faves and raves

Here are some of your favorite places, people or things around town to rave about this month!

{Rocky faves}

Hometown EATS on New Britain Ave. is just the best restaurant for family eating out. The indoor dining for sandwiches and Deli items for my wife, the outside Red cafe for Hot Dogs, Hamburgs & French Fries for our kids and myself. Oh! yes the ice cream bar for dessert. *Saw the story about this new place to eat in town!!*

{Susan raves}

I have been enjoying the fresh baked Sausage bread at Mangiafico's on East Main Street in town for a few years now. All the Italian Pastries are the best I have ever tasted.

E-mail your "fave or rave" in today to be in the **October** issue. Praise your contractor for doing a good job or tell us about your favorite restaurant, store, or service you received by a professional.

E-mail HMTNN@COMCAST.NET Phone 860-747-4119

Thank You!!

Email your faves and raves to share it with everyone!
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~ Plainville High School Alumni ~ 2019 Reunion at V.F.W. Hosted by Class of 1969



Santa and Mrs. Claus have finished their Vacation in Plainville



We had a great time helping the town celebrate it's 150 year anniversary. We went to the wing ding, Gnazzo's for a food pantry collection, which was very successful, the Historical Society, and helped out the fire department at the Balloon Festival.

See You in December... ho! ho! ho! ho!



Wheeler Students Enjoy “Lunch Bunch”



Second graders at Frank T. Wheeler Elementary school recently enjoyed their first “Lunch Bunch” gathering. The students were able to socialize and visit with new friends!

In photos: Khristian Bustos, Maddox Senick, Jackson Condon, Sterling Porter

Wheeler Principal Tests New Swings



Frank T. Wheeler Elementary School Principal Andrew Batchelder and students recently tested out the school's new swings!

Toffolon Hosts “Aloha Together” First Day Of School Opening



The Toffolon school community welcomed students back to school with an “Aloha Luau” themed opening on September 3rd. Students and families were greeted by faculty, staff and administrators donned in Hawaii

clothing, as well as Toffolon’s tiger mascot “Stripes!” A welcome back town meeting followed, with a screening of their 2019 “together” themed welcome back video and other activities.

PHS WELCOMES WILLOW!



Sarah Centore and “Willow”

The field of animal therapy continues to expand and gain popularity as a healing modality, and Plainville High School is one of many schools, country-wide, that integrates a therapy dog within the high school building. In May, Plainville High School said goodbye to Duke, the school’s second therapy dog, who accompanied Physical Education and Health Teacher, Sarah Centore, in several classes over the past three years.

This year, Centore introduced new therapy dog in training, “Willow,” who will spread positive energy and happiness throughout the building. Willow is a one-year old “chocolate lab” who was found wandering the streets in a local community, with no tags, collar, or microchip. She was available for adoption in June after no one claimed her, and has proven to be a very friendly, loveable, and energetic pup.

Different from service animals that are working animals trained to perform tasks related to a person’s disability, therapy dogs provide comfort, companionship and emotional support to those they interact with. In the past, the high school’s therapy dogs have been part of the Integrated Physical Education classes, teaching students about pet care responsibility, improving students’ social skills and enhancing physical activity time. Many students over the years have benefited from the companionship of the therapy dogs, through one on one time with the dogs, or in group settings throughout the school year. The therapy dogs have also been particularly helpful for students in coping with stressful situations over the years.

“Each of my therapy dogs has had a unique personality, but I’m excited to have Willow in the building because she’s very affectionate and loving. She loves people and attention, and her youthful enthusiasm helps lift the spirits of students and staff members,” noted Centore.

“The addition of Willow at PHS is a benefit for our students, faculty, and community. It is one of the many things that makes PHS unique and a great place to learn and work,” commented Plainville High School Principal, Carl Johnson. You can follow Willow on Instagram at: [@willow_the_school_dog](https://www.instagram.com/willow_the_school_dog)

David Levenduski Named Assistant Superintendent For Plainville Community Schools



David Levenduski, currently Supervisor of Instruction and Learning for the Meriden, Connecticut school system, has been named Assistant Superintendent for Plainville Community Schools. Levenduski will replace Steven LePage, who was recently named Superintendent of the Plainville school district.

Levenduski, who has been an educator in Meriden since 1997, has served in a variety of administrative capacities including Assistant Principal and Interim Principal at Orville H. Platt High School, and Principal of Benjamin Franklin Elementary School. Levenduski has served as the Supervisor of Instruction and Learning in Meriden since 2015.

During his tenure with the Meriden school system he was the Meriden Administrators’ Association President, Chair of the district’s Systems and Operations Team, and UCONN Principal Preparation Program Screener. In addition, he was a member of the Meriden Healthy Youth Coalition, Co-Chaired the Experiential Learning Advisory Board, and was a member of the Steering Team, comprised of the Meriden school system, UCONN, and the Wallace Foundation.

Levenduski was the recipient of the Jesse Lewis Choose Love Award, and has served as a national, state and local presenter on the topics of collaboration, evaluation and peer observations. He holds both a bachelor of science degree and a master of arts degree from the University of Connecticut. In addition, he holds a sixth year degree in Educational Leadership from Southern Connecticut State University, and completed the 093 Educational Leadership program at the University of Connecticut.

“I am extremely excited to begin the next chapter of my career in Plainville, and to help the Plainville Community Schools build off their great successes,” said Levenduski.

“Following a comprehensive selection and interview process that began with over 50 applicants, Mr. Levenduski became the clear choice as our next Assistant Superintendent. He brings a range of diverse school and district educational leadership experiences that align very well with Plainville Community Schools’ vision, mission, and goals,” noted Superintendent of Schools, Steven LePage.

Levenduski was named the candidate of choice at a special Board of Education meeting held on August 15th; he will begin as Assistant Superintendent in Plainville on August 28th.

I Pledge Allegiance to the Flag...



Schools in Review

In Case You Missed This Wonderful News.....

Plainville schools chief outlines district's goals

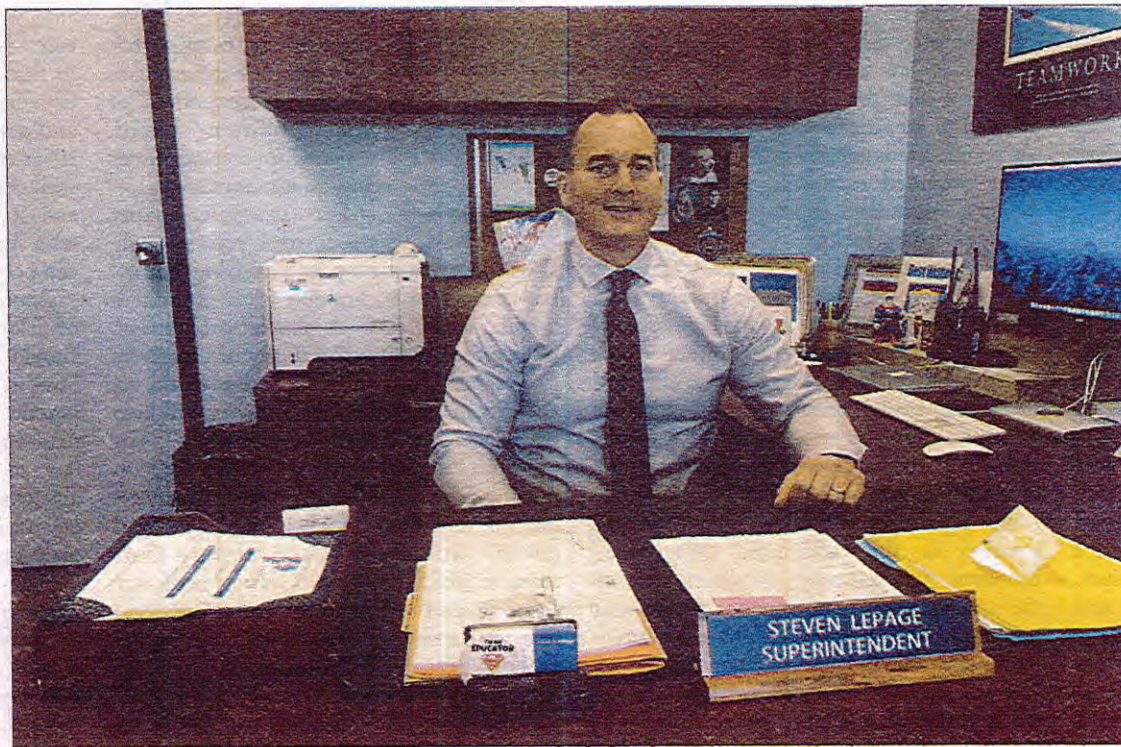
By BRIAN M. JOHNSON
@BRIANJOHNSONBP

PLAINVILLE — Plainville schools will see an increased focus on social emotional learning, building security and high school programs intended to connect students to manufacturing jobs when the 2019-20 school year begins Tuesday.

Steve LePage, superintendent of schools, said that he has several goals for the upcoming school year. One of these is to begin implementing social emotional learning, a new teaching method being developed at the Yale Center for Emotional Intelligence. Marc Brackett, who founded the program, first spoke to Plainville teachers about it last April.

"The idea that social emotional learning represents is that it will help people to better monitor and recognize their emotions so that they don't impact others negatively," said LePage. "The first phase is introducing it to teachers and the second phase will be rolling it out with students. We are sending 18 people, four from each of our schools, to Yale to learn more about the program and then bring that knowledge back and share it with other teachers. Formally, we will be seeing it a bit at the end of this year and then more early next year."

For security upgrades, LePage said that Plainville will also be the first public school district in the state to make use of the Mutualink system which is currently used at community colleges and universities. He explained that there will be a phone app which staff members can download voluntarily. In the



Brian M. Johnson | Staff

Plainville Superintendent of Schools Steve LePage is looking forward to the start of the new school year Tuesday.

event of an emergency, they can press a button which will alert everyone else at the school with the system as to what is happening. There are different buttons to press for things such as a fire drill or an intruder.

"When a teacher presses the alert, everyone else who has the app will be notified and police will be notified right away," he said. "It bridges communication gaps in the radio system and if there were an intruder, we wouldn't have to make an announcement over the loudspeakers and let them know what we know."

At Plainville High School, a new

program, "Industrial Technology Enterprises" will begin. The curriculum is being aligned to the needs of local manufacturers and it will include job shadow opportunities.

"The goal with this program is to have a pipeline to industries where there is a lot of demand for skilled workers," said LePage. "There is a real shortage of skilled manufacturing workers in the state. Participants will be learning at the school in the morning and interning in the afternoon. Hopefully, this will lead to job opportunities either after school hours or after students graduate. College is not for everybody and this program

is a way for students to earn high school credits while also working toward a career where they can potentially earn \$50,000 right out of high school."

An additional tool which teachers will have available to them is called "NaviGate Prepared." He said that this would allow teachers to take attendance with the touch of a button on their computers, increasing communications at the school.

LePage summed up his goals for the coming school year as bringing greater safety and security, higher achievement and sense of community to Plainville schools.

To promote a sense of community, LePage plans to create a combined Parent Advocacy Council which will meet twice a year, in October and March, and will bring together members of Parent Teacher Organizations from all local schools.

"This will allow them to share ideas and collaborate on things like group fundraising and it will also be an avenue for me to share what is going on with the district," said LePage. "We want more than just the parents that come to everything. We want to keep diversity in mind when we consider who is invited. We want all different groups, backgrounds and cultures to have a seat at the table."

Plainville schools will also be debuting two new hashtags, hoping to engage students via social media. Recently, at Convocation, LePage said the school district honored two outstanding students — Michael Ahern, 9, who started the Scoops for Troops fundraiser for the Travis Mills Foundation this summer, and Nico Fasold, 14, who for 10 years has been using his annual lemonade stand to raise money for the Make A Wish Foundation. These students, LePage said, are examples of what students are encouraged to tweet about using the hash tags #PCSHeroes and #WeArePlainville.

"We want to celebrate good things in our community and we encourage students to share them when they see them," he said.

Brian M. Johnson can be reached at 860-973-1806 or bjohnson@bristolpress.com.

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Travis Lavigne Received His Eagle Scout at the Plainville United Methodist Church

Travis Lavigne created a unique project as he prepared for his Eagle Scout program.

He was originally thinking of doing something at Plainville's Animal Control location but the Animal Control officer noted they are taken care of by the Town. She introduced him to a woman named Marcy. Marcy said she has feral cats that live in dilapidated houses and they eat outside.

She feeds them two times a day and thought building three cat houses. Each house could hold eight cats. She was very happy with the end result. Great job Travis!!!



Travis Lavigne at Eagle Award Ceremony



Cat houses designed by Travis

Of The United States of America

**Wind
Ensemble
Performed
in
Fanieul
Hall
Boston
June 2019**

“Summon the Heroes”

By Kathleen Marsan

Veterans Concert Chairperson

The Plainville Wind Ensemble and the CCSU Veterans Affairs Department are honored to present their annual Veterans Concert “Summon the Heroes” on November 17, 2019 at 2 PM in Welte Hall auditorium at CCSU. Joined with New Britain Hardware City Detachment, Baroque Eagle Sea Cadets, Hartford HealthCare at Home and under the artistic direction of Ken Bagley, the symphonic concert band will honor our Veterans and those currently serving in our military at home and abroad with an inspiring patriotic performance including the Connecticut premier of Symphony No 1 “Heroes” by Onsbly C. Rose.

A special tribute for all Veterans who served during the Vietnam Era will be presented during the concert. The US Department of Defense authorized this, this commemorative lapel pin to recognize, thank, and honor US military veterans who served during the Vietnam War. Living US veterans who served on active duty in the US Armed Forces at any time during the period of November 1, 1955 to May 15, 1975, regardless of location, are eligible for a lapel pin. Interested veterans may contact Sherri Vogt, Veteran Liaison at Hartford HealthCare at Home at sherri.vogt@hhchealth.org for information on applying for the Commemorative lapel pin.

The collection of donated new toys for the Marines “Toys for Tots” program has been a long standing tradition at this concert. Marines from the Naval and Marine Center of Plainville and the Hardware City Detachment Marine Corps League will be present to accept donations of new unwrapped toys at the door. With assistance from programs such as this concert, the U.S. Marine Corps Reserve “Toys for Tots” Program in Connecticut is able to successfully meet their mission to collect new unwrapped toys to distribute during the holiday season to needy children in our community. Toys are needed from infants to teens. The concert is free, family friendly and has free accessible parking next to the concert hall.

For more information on the Plainville Wind Ensemble, visit us on Face Book, YouTube and at www.plainvillewindensemble.com

**VIETNAM
WAR
VETERAN
Commemorative
Lapel Pin
See Story >>>>**



**Meet Dr. Mark Diloreto
Doctor of Optometry at Plainville Optical**



Dr. Mark Diloreto is a graduate from the New England College of Optometry and has been practicing for 10 years.

He currently sees patients at Plainville optical and Professional Vision Center of Meriden providing comprehensive eye exams. Aside from full-time optometry, he serves as a Captain in the Connecticut Air Force National Guard providing care to military personnel and various other duties.

He spends his spare time with his wife and two children playing sports, all things action figure related, and practicing Gracie Jiu-Jitsu.

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Young at Heart - Senior News

Looking for Volunteers to Help with the Annual Quilt Raffle!

Once again this fall, our Quilting Class will present us with a beautiful hand-stitched quilt that class members worked on all year. The quilt will be raffled off at our Annual Craft Fair in November.

We need lots of help to sell quilt raffle tickets in October. Can you spare a few hours?

We're looking for volunteers to sell tickets from 10 a.m. to noon or noon to 2 p.m. at Gnazzo's. We need ticket sellers on October 10, 11, 24, 25. We hope to get all our volunteers and back-ups lined up soon, so please call or check in with Evelyn or Jan at the front desk — 860-747-5728.

OGUNQUIT MAINE/PORTLAND

CITY TOUR/FOSTER'S

CLAMBAKE/NUBBLE

LIGHTHOUSE CRUISE

TUESDAY, OCTOBER 8 to

THURSDAY, OCTOBER 10

A deluxe motorcoach trip to the coast of Maine! Two nights at THE MEADOWMERE RESORT; enjoy a delicious welcome dinner. DAY 2: Tour Portland, the historic district, Longfellow House, Victoria Mansion, sea captains' homes and Portland Head Light. Free time for lunch and exploring the Old Port. Dinner is Foster's Downeast Clambake: prize-winning chowder, mussels, lobster, corn, potatoes, and fresh Maine Blueberry crumb cake! DAY 3: Nubble Lighthouse and Perkins Cove. COST DUE: \$471 per person double/triple, \$591 single.

DEMENTIA & CAREGIVING:

FOCUSING ON THE

PERSON WHILE

UNDERSTANDING THE DISEASE

TUESDAYS, NOV. 5—DEC. 3,

2:30-4 P.M.

Do you care for someone with dementia? Do you want to learn more about its progression and good communication? Join us for this 5-week program. Hartford Healthcare Independence at Home will offer complimentary respite care at the Senior Center to provide activities and supervision for loved ones while family members attend the program. Session 1 - Overview of Dementia
Session 2 - Basics of Good Communication and Understanding Behaviors
Session 3 - Safety in the Environment and How to Structure a Day with Activities
Session 4 - Taking Care of the Caregiver & Care Options
Session 5 - Legal and Financial
Presented by Patty O'Brian and Michelle Wyman, dementia specialists, Hartford HealthCare Center for Healthy Aging, and funded by the North Central Area Agency on Aging. Co-sponsored by Hartford HealthCare Center for Healthy Aging and the North Central Area Agency on Aging (NCAAA). Respite care funded by NCAAA. Sign up began September 4. In person or phone call registration only.

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- Maintain better control of diabetes and cholesterol

Enjoy a great workout in our state-of-the-art fitness center that is comparable to a commercial gym! Members receive fitness center training from a professional, certified Exercise Physiologist.

DENTAL CLINIC APPOINTMENTS TUESDAY, OCTOBER 29 — BY APPOINTMENT

A registered dental hygienist from Community Health Center, Inc. will provide a dental hygiene exam, dental cleaning and x-rays when appropriate. The cost is \$30 for individuals without insurance. Help in paying for the dental clinic (scholarships) may be available for Plainville residents over age 60, with a monthly income below \$1,429 (single) or \$1,928 (married) Contact Stephanie or Ronda at the Senior Center for scholarship information. To make an appointment or ask questions related to an appointment, please call Melissa at Community Health Center, 860-983-2990.

Caring for Aging Parents

On Tuesday October 8th 6 pm at the Plainville Senior Center. The discussion will examine the impact on the physical and emotional health of caregivers and present community resources to prepare and handle the caregiving journey. Seating is limited and registration required RSVP at (860) 747-5728.

Free

Memory Screenings

The Ten minute screenings are conducted by Jennifer Doty, BSW, of Mulberry Gardens of Southington. The screenings will be held at the Plainville Senior Center, 200 East Street on October 9th at 12:30 to 1:30 pm. Appointments required Call 860-747-5728.

LePetit Cafe
Open TUESDAYS and WEDNESDAY
11:00 a.m.—1:00 p.m.
 Invite your friends and family-
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This Old Man....

With Nothing to Give

When an old man died in the geriatric ward of a nursing home in an Australian country town, it was believed that he had nothing left of any value.

Later, when the nurses were going through his meagre possessions, they found this poem. Its quality and content so impressed the staff that copies were made and distributed to every nurse in the hospital.

One nurse took her copy to Melbourne. The old man's sole bequest to posterity has since appeared in the Christmas editions of magazines around the country and appearing in mags for Mental Health. A slide presentation has also been made based on his simple, but eloquent, poem.

And this old man, with nothing left to give to the world, is now the author of this 'anonymous' poem winging across the Internet.

Cranky Old Man.....

What do you see nurses?

.What do you see?

What are you thinking . . .

when you're looking at me?

A cranky old man,

not very wise,

Uncertain of habit

with faraway eyes?

Who dribbles his food

. and makes no reply.

When you say in a loud voice . .

'I do wish you'd try!'

Who seems not to notice . .

.the things that you do.

And forever is losing

. A sock or shoe?

Who, resisting or not

lets you do as you will,

With bathing and feeding . . .

.The long day to fill?

Is that what you're thinking?.

.Is that what you see?

Then open your eyes, nurse .

you're not looking at me.

I'll tell you who I am

. As I sit here so still,

As I do at your bidding,

. as I eat at your will.

I'm a small child of Ten .

.with a father and mother,

Brothers and sisters

who love one another

A young boy of Sixteen

with wings on his feet

Dreaming that soon now

. a lover he'll meet.

A groom soon at Twenty

.my heart gives a leap.

Remembering, the vows

.that I promised to keep.

At Twenty-Five, now

.I have young of my own.

Who need me to guide

And a secure happy home.

A man of Thirty

. My young now grown fast,

Bound to each other

. With ties that should last.

At Forty, my young sons . . .

have grown and are gone,

But my woman is beside me . .

to see I don't mourn.

At Fifty, once more,

Babies play 'round my knee,

Again, we know children

My loved one and me.

Dark days are upon me

. My wife is now dead.

I look at the future

. I shudder with dread.

For my young are all rearing

young of their own.

And I think of the years

And the love that I've known.

I'm now an old man

and nature is cruel.

It's jest to make old age

look like a fool.

The body, it crumbles

grace and vigour, depart.

There is now a stone

where I once had a heart.

But inside this old carcass .

A young man still dwells,

And now and again

. my battered heart swells

I remember the joys I

remember the pain.

And I'm loving and living

. life over again.

I think of the years, all too few . .

.. gone too fast.

And accept the stark fact . . .

. that nothing can last.

So open your eyes, people

. . open and see.

Not a cranky old man .

Look closer

see ME!!

Remember this poem when you next meet an older person who you might brush aside without looking at the young soul within . . .we will all, one day, be there, too!

PLEASE SHARE THIS POEM

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Kimberly K. Saucier PMHNP-BC, APRN is a Board Certified Psychiatric Mental Health Nurse Practitioner and founder of Collaborative Psychiatric Services LLC. She earned her nursing degree at St. Francis School of Nursing, her Bachelors Degree at Central Connecticut State University and her Masters Degree at St. Joseph College in 2006.

Mental illnesses affect 19% of the adult population, 46% of teenagers and 13% of children each year. People struggling with their mental health may be in your family, live next door, teach your children, work in the next cubicle or sit in the same church pew.

However, only half of those affected receive treatment, often because of the stigma attached to mental health. Untreated, mental illness can contribute to higher medical expenses, poorer performance at school and work, fewer employment opportunities and increased risk of suicide.

What Exactly is a Mental Illness

A mental illness is a physical illness of the brain that causes disturbances in thinking, behavior, energy or emotion that make it difficult to cope with the ordinary demands of life. Research is starting to uncover the complicated causes of these diseases

which can include genetics, brain chemistry, brain structure, experiencing trauma and/or having another medical condition, like heart disease.

The two most common mental health conditions are:

Anxiety Disorders – More than 18% of adults each year struggle with some type of anxiety disorder, including post-traumatic stress disorder (PTSD), obsessive-compulsive disorder (OCD), panic disorder (panic attacks), generalized anxiety disorder and specific phobias.

Mood Disorders – Mood disorders, such as depression and bipolar depression, affect nearly 10% of adults each year and are characterized by difficulties in regulating one's mood.

What You Can Do to Help?

Although the general perception of mental illness has improved over the past decades, studies show that stigma against mental illness is still powerful, largely due to media stereotypes and lack of education, and that people tend to attach negative stigmas to mental health conditions at a far higher rate than to other diseases and disabilities, such as cancer, diabetes or heart disease.

Stigma affects not only the number seeking treatment, but also the number of resources available for proper treatment. Stigma and misinformation can feel like overwhelming obstacles for someone who is struggling with a mental health condition. Here a few powerful things you can do to help:

- Showing individuals respect and acceptance removes a significant barrier to successfully coping with their illness. Having people see you as an individual and not as your illness can make the biggest difference for someone who is struggling with their mental health.
- Advocating within our circles of influence helps ensure these individuals have the same rights and opportunities as other members of your church, school and community.
- Learning more about mental health allows us to provide helpful support to those affected in our families and communities

Resources

Great sources for Mental Health news and information:

[National Health of Mental Health](#)

[Mental Health America](#)

[Pine Rest Mental Health Resources](#)

[Credit Jean Holthaus, LISW.MSW](#)

Connecticut Council on Problem Gambling Announces 16th Annual Conference

Exploring emerging trends in treatment and prevention, and the ramifications of expanded legalized gambling in the state

The Connecticut Council on Problem Gambling (CCPG) will be hosting its 16th Annual Conference at the Hilton Garden Inn Wallingford/Meriden on October 30, 2019. Titled "The Future of Problem Gambling is TODAY," the event will highlight emerging trends in problem gambling prevention and treatment, as well as the ramifications of expanded legalized gambling in Connecticut.

"With a massive proposed expansion of legalized gambling--new casinos, sports betting, online gambling--in our state, we want to ensure that people will come away from this conference with an awareness of these new forms of gambling and the tools to mitigate any potential harm" said Executive Director Diana Goode.

Now in its 16th year, the conference will bring together a variety of mental and public health professionals as well as educators, students, people in recovery, community advocates, policymakers and industry representatives. With a diverse range of attendees expected, there will be sessions focused on advocacy, prevention, treatment, and recovery.

ADVOCACY

Key legislators and regulators will discuss the current gambling and regulatory landscape in Connecticut and how it may be altered as a result of new forms of legalized gambling.

PREVENTION

Research has indicated that men are at higher risk of problem gambling than the general population, as are people of color and those with a history of substance misuse.

We will also be showcasing the work being done in Connecticut by the Regional Behavioral Health Action Organizations (RBHAOs), including capacity-building exercises and other takeaways for practitioners, as well as new technology and approaches used to prevent problem gambling.

TREATMENT

For treatment professionals there will be sessions on new treatments for disordered gambling, such as using Eye Movement Desensitization and Reprocessing (EMDR) as a treatment modality in a clinical setting. Participants will learn how this therapy can be used to help clients work through various emotional disturbances related to their gambling or the gambling of a loved one.

RECOVERY

Attendees will hear the moving stories of those in recovery from all walks of life (military, business, incarcerated), including affected family members. They will share their experience and how they were able to regain control of their lives in the face of gambling addiction. Hearing from those in recovery from disordered gambling can be a valuable tool for counselors.

For more information on the CCPG 16th Annual Conference, including sponsorship, speaker information, event registration, and schedule please visit <https://CCPG2019.eventbrite.com>.

CCPG provides Connecticut's only 24-hour Problem Gambling Helpline – offering support via phone, live online chat, and text. We also implement prevention and education programs serving schools, veterans, and at-risk populations.

If you or someone you know has a gambling problem, call the Problem Gambling Helpline at 1-888-789-7777 or visit www.ccp.org/chat for confidential help.

You Are Invited!

TO: AARP #4146

Chapter's Wednesday October 16th Meeting

Is Open to everyone 50 years plus because the guest speaker is Elder Law Attorney Stephen O. Allaire. He will talk about little known Medicare benefits plus everything we should know about Home Care, Rehab and etc.

The meeting starts at 1 p.m. and is held at the Faith Bible Church on Northwest Drive & Unionvill Ave., Plainville.

All members are asked to bring a friend and or relative.

Allaire Elder Law

Attorney Stephen O. Allaire and Attorney Halley C. Allaire are partners in the law firm of Allaire Elder Law, members of the National Academy of Elder Law Attorneys, Inc. with offices at 271 Farmington Avenue, Bristol, (860) 259-1500 or on the web at www.allaireelderlaw.com. If you have a question, send a written note to either Attorney Allaire at Allaire Elder Law address above.

AARP

Chapter #4146

**All National Members are
Welcome to all our AARP**

Meetings

**For Information Call
860-614-5385**

**To Submit Class Reunion Announcements and/or Pictures Email to: hmtnn@comcast.net
or Mail to: Hometown Connection 27 Sherman Street, Plainville, CT 06062**

Tell Democrats to Stop Their Grocery Tax – Republicans Call for Special Session

Many of you have reached out to ask what we can do to STOP the Democrat food tax included in the Democrat state budget.

Here's how you can help Republicans fight this new tax.

CALL Democrat lawmakers and urge them to hold a SPECIAL SESSION to ELIMINATE THE DEMOCRAT GROCERY TAX.

Despite the governor's claims that a special session is not needed to stop the tax, a special session is the ONLY WAY to actually protect taxpayers from this tax. Without special session, the tax remains law and we have no way to stop future legislators or governors from collecting it.

CALL Senate Democrats 800-842-1420

CALL House Democrats 800-842-1902

What is the "Meals Tax"?

The new "meals tax" included in the Democrat state budget is set to go into effect October 1, 2019 and will place a 7.35% tax on many grocery store items that have never been taxed

before. (click to view a list of taxable items).

The tax applies to prepared and ready-to-consume foods sold at restaurants AND grocery stores. The 7.35% tax will apply to not only prepared meals such as sandwiches, deli salads, pizza and hot buffet items, but also containers of lettuce, small packages of snacks, loose baked goods, wrapped salads, small servings of ice cream, and meal replacement bars. It also applies to fountain drinks including coffee and any beverage sold with a taxable "meal."

Call Democrat lawmakers and tell them to hold a special session and repeal this tax before October 1st.

CALL Senate Democrats 800-842-1420

CALL House Democrats 800-842-1902

CT Senate Republicans Facebook

CT Senate Republicans Twitter

CT Senate Republicans Website

CT Senate Republicans

Instagram

Sent by:

State Senator Len Fasano

300 Capitol Avenue

Hartford, CT 06106

Phone: 1-800-842-1421

Customer Service

By Sally Miller



I remember how customer service was years ago. It is no where near the same today. I remember the little Plainville Hardware store that had everything in the world you would need. If you needed a box of clothespins and it only came in a box of 24 pieces and you needed 12, they would separate it for you and sell you the 12 you needed. They would always take time to talk to you and ask you what you wanted and they would invariably sell you something they recommended which was really what you needed.. I went in one day to ask about the kind of saw I would need to cut down one small branch hitting my window They asked me the size and instead of selling me a saw I would never use again, they told me to take the saw, cut the branch and return the saw within the hour.

THAT IS CUSTOMER SERVICE!!!!!!

That is what seems to be lacking lately in many of the larger and even smaller stores. An example of this is that I go to a certain franchise almost 3-4 times a week. I ask for an UNSWEETENED ice tea, extra ice and 2 Splenda pkgs on the side. One out of every 5 times, they get it wrong. Sometimes I get sweet tea with 2 Splendas, WRONG! I would say, does it make sense that someone who asks for sweet tea (which I did not

would also ask for Splenda? They would answer "YES, it happens all the time". I looked at her and said, "and I'm 10 years old". The other day I asked for the same thing and I received ice coffee with extra ice and the beat goes on and on and on.

I also have wonderful customer service at Gnazzo's and Bagel's Plus in Plainville among some others . It is a pleasure to patronize both places always.

I would like to tell you about a wonderful experience at Lowe's recently. I went to Lowe's to purchase mothballs. After spending 1 hour in the outside plant area, I decided to go in and buy them. Once inside, I remembered how large the store was and how bad my knee felt. I figured I'd ask a young male employee walking toward me but already knew that he would probably send me to the other side of the store

I asked. He answered, "I think they may be behind us, but if they are not here, I will find someone for you that knows where they are." I thought for a moment. Who is this young man with such a grownup answer one I have not heard for a very long time". We looked and they were not there. He told me to wait a second and he would look them up on his portable hand held tablet. We were near aisle 1 or 2. He told me that they were in aisle 14. He then said, "How many do you need and I said 2. He replies, " I will run and get them for you". I have been in stores to buy appliances and not been treated this well. I was so touched by his concern, customer service and his demeanor that I spoke to his Manager about him and I just had to write about it and thank him. His name is Christopher.

Thanks again Christopher for making my day!

Half of the above article appeared in our September issue on page 23.

We have no idea what happened!! We hope we didn't confuse anyone.

Sally was kind enough to forgive us and submitted the complete story again this month.

If the last line is:

"Thanks, again Christopher for making my day!"

We corrected our error, we still don't know what happened!



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COLUMBUS DAY

It was all so simple—legendary history. In 1492 an Italian adventurer, Christopher Columbus, “sailed the ocean blue” and discovered America. We talked at school about the three tiny ships, Isabella, the Spanish queen who financed the dangerous voyage, and the brave crew who feared falling off the side of the flat earth. It was all rather romantic and exciting in a time when a child’s world was filled with fairy tales and pirate’s adventures. Legend declared that he landed there on October 12. We drew pictures of the Nina, Pinta and Santa Maria on yellow paper to take home. It was all good.

In time we learned that there was more to the story. Europe was seeking a shorter route to India for purposes of trading for exotic spices and other luxuries. We also learned that he did not arrive anywhere near where we live, but he was in America, not India. Still and all, Columbus, was truly an Italian hero and October 12 evolved into a day for special notice and ethnic pride. This was good, too.

Then, in more recent history, the hospitality industry hatched the idea of the three-day weekend and Columbus Day would thereafter fall on the second Monday in October and became an autumn business holiday. Leaf peeping in New England was added. This year it falls on October 14.

Christopher Columbus, obviously a man of great vision, stamina and courage did, however, he did discover America with the financial support of the Spanish queen.

As we sail into the next season, let us join our Italian and Spanish friends in their pride of ancestry.

“It is good!” ...Janice Eisenhauer

HISTORIC CENTER HOURS

The Historic Center is open on Mondays and Wednesdays from 9:00 until 12:00 and on Saturdays from 1:00 until 3:00 in the afternoon. You may need to ring the bell. Call the office ahead to schedule private tours or do research. The museum shoppe is open these hours and offers Plainville logo hats for \$25.

MEMBERSHIP

We accept members at any time during the year. Currently our members are renewing their sponsorship and pledging continuing support. We appreciate their continued loyalty. Bill and Barbara Petit are Membership co-chairs.

HISTORY CLOSE TO HOME

We are pleased to announce that the Historic tours scheduled for the July Sesquicentennial celebration have been rescheduled for Saturday October 5. Buses will leave the municipal center parking lot every half hour between 10 A.M. and 4 P.M. The Historic Center will be open during that time. Stop in for a visit and a snack. This event is free of charge. There will be no walking tours.

PLAINVILLE PUMPKIN FESTIVAL

Visit us downtown at the Pumpkin Festival on October 19.

NEW TO THE COLLECTION

We have the original Incorporation papers for the Town of Plainville, all tied up with a red ribbon.

HAPPY HALLOWEEN

Years ago at the Mastrianni house on East St., there were whispers of haunting, when strange flickering lights were seen in the night coming from an unused summer kitchen on the premises.

The house was originally owned by Dr. Tomlinson, a dentist, in the late 1800s.

In the end it became apparent that hobos were using the building to hold card parties by candlelight.

Once discovered, the haunting ended.

...as told by Ruth Hummel 1998



THE TEMPERANCE FOUNTAIN

Railroad (or Central) Square was in the center of town where the Municipal Center stands today. A triangular parcel, it bordered the railroad tracks and Main Street. In 1908 the ladies of the Women’s Christian Temperance Union (WCTU) decided to erect a proper drinking fountain along the Main Street border. The Plainville Water Co. supported their project and in May, they erected it at a cost of \$212.47. It was described as “an attractive design in bronzed iron and has a basin at the base out of which dogs may drink.” Later on in 1913, the Civil War Monument was placed behind it on the property. That was later moved to Veteran’s Memorial Park on Whiting St. at Maple where it stands today. The fountain disappeared years ago. Does anyone have any clue as to where it might have gone? Contact the Plainville Historical Society or The Brayne at the Hometown Connection.

Photo courtesy the Plainville Historical Society.

Research for this article by Gertrude LaCombe at the Plainville Historical Society.

For research and group tours Please call (860)747-6577 during office hours. Thank you!

Ask the Brayne...

Q. Is there a charge to attend the Pumpkin Fest 2019?

A. It is FREE! Enjoy downtown restaurants, food trucks, live music, Kid costume parade, arts & crafts, carve-a-pumkin at the “Pumpkin Patch and much, much more!

Q. When will the Linden Park be completed?

A. We got this. The 1874 Broad Street School bell and Beth Altieri birdbath should return to the site this fall. The original 1927 arched entrance, a bigger project, needs a masonry structure and then appropriate landscaping. Probably next summer.

Q. Where was the 1911 Temperance Water Fountain placed after it was removed from the Plainville Central Square?

A I am checking with the Historic Center, hope they can help. If not I will check with the State Library and let you know.

Q. How do I submit questions to you?

A. To submit questions call 860-747-4119, E-mail hmtnn@comcast.net, write to Hometown Connection, 27 Sherman Street, Plainville, CT 06062 or drop them at the office.

Deadline for submitting questions is the 15th of each month.

Next Issue of the Hometown will be in November!

Thank you for this issue questions. Please keep them coming!

Have a Safe Halloween!!

Tomasso Park Open for Tours

Tomasso Nature Park is open through November 15th.

The Park is located off Granger Lane near the Plainville Highway Department, it is open from dawn to dusk. Access is through the pedestrian gate. Art Marino offers weekly narrated tours for special needs persons and group tours. Call Art at (860) 628-1386.

Anyone who wishes to volunteer to do maintenance and upkeep at the park contact the Plainville Recreation Department at (860) 747-6022.

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Robertson Airport has given many private and business people, of and around Plainville, the opportunity to meet friends, relatives and business associates in pleasant and modern surroundings. We welcome all “airplane watchers” and little “future pilots” to come down and spend some time with us.

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Right sizing your Goals.

When did October become the new January? More and more individuals are setting goals to reduce weight and make other lifestyle changes now vs. getting caught up in the New Year, New You scramble.

Actually, this is a good time to transition from the high carb foods of summer and take advantage of the fall harvest. The air is nice and crisp which makes it comfortable to increase exercise. If you make it through Halloween, it's possible to be closer to your goals by Thanksgiving. Your new habits can set you up for feeling great when the holiday season rolls around. Think about how happy you will be when pictures are being taken and possibly posted!

If you are thinking about dropping added weight and feeling healthier now, you may want to start by establishing reasonable goals. For instance, I loved it when I was a size 4, but I don't think I would look good at that weight and the deprivation required would set me up for a big rebound once, and if, I achieved this unreasonable goal. In the end, I would be miserable all Fall and Winter and probably have an added 10 pounds over my current weight come April 2020.

I've been hearing the words "right sizing" lately and perhaps this is something you want to consider as you set your goals.

Weight goals should always start with your current situation – weight, health, age, current exercise level and your lifestyle. While we might like to get back to where we were in our 20's, that may not be the healthy choice. Do your own realistic assessment and then pick a timeframe and weight goal that you feel you can achieve. Setting unrealistic goals can set you up for failure.

Unless you have an underlying health condition that makes it difficult to lose or gain weight, it's a matter of eating more nutrient rich calories, increasing fiber, avoiding processed foods and cutting down on sugar, especially sugary beverages. Drink more water and include more servings of vegetables, mainly leafy greens, in your meals each day. Getting out and moving and reducing stress is important too.

While I do most of the above, the main thing that gets me into trouble is portion size. I like to eat. Even though my appetite has changed, and I get full faster, I do tend to eat more than I should – either when cooking, cleaning up or just filling my plate with more food than is necessary. I've probably

been doing this for a while, but my awareness became more heightened this summer. So, this is what I plan to work on. Having a goal is good but breaking it down into small action plans is the key to success. I've already changed to a smaller plate, so my plan will be to: 1) Limit eating while cooking to a small bite, quick taste test. 2) Reduce helpings by 25% to start. 3) Put away leftovers asap to avoid a second helping. 4) Eat slow and stop when 80% full. 5) Have a healthy snack, such as an apple or a small salad on hand in case hunger hits after a meal. 6) Plan for a short walk or other activity after eating to shift my mind from food to something else.

Identify the short list of doable action steps you can take to achieve your goal. Acknowledge situations that may pose a risk to your success and put in place whatever is necessary to minimize the threat. Clean out your cupboards, especially foods and drinks that no longer serve you. Set up a place in your refrigerator for easy, go to snacks that will help you through the tough times.

Celebrate milestones. This can be the loss of a few pounds, the ability

to get into a pair of pants that were previously too tight or exercising a minimum of 3 times/week. Rewards along the way are important. Just make sure the rewards don't counteract your goals. Perhaps putting \$1 or \$5 into a jar when you achieve a milestone will help you see how much you accomplished. Decide what you want to buy with this money and label the jar as your motivation.

Right sized goals, clear action steps with meaningful rewards can help you to take back your health. Achieving goals in one area can lead to increased confidence to develop more right sized goals in other areas of your life.

Good luck!

If you want a specific topic covered in future columns, e-mail me at lindacoveney@comcast.net

The advice in this column is in no way intended as medical advice or as a substitute for medical counseling. The information should be used in conjunction with the guidance and care of your physician.

Notary Public ~ Helen Bergenty

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Make My Day....

by: **Raymond Cormier~Phone 860-747-4119**
email: hmtnn@comcast.net

Have you ever had someone do something that made your day? Be it an employee of a business, a police officer, town worker, neighbor or even a co-worker that you would like to thank.

Perhaps you would like to thank a neighbor for a kindness and we would like to help you give this person recognition for a job well done. If this person works for a local business we are sure his or her employer would love to hear his or her employee is going that extra few steps to help their customers.

Call 860-747-411 or send to HMTNN@COMCAST.NET

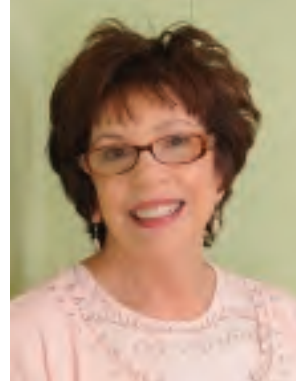
Made My Day!!

You may not think this would make anyones day! But it did mine.

I was just about to open the door into a local business and because I have to use a cane, (sometime I have a problem.) Low and behold two teen age boys rushed by me and held the door for me.

We have many problems in this world today. If the two boys that helped me are any example of men of the future, it will be a better world!

Thank you for letting me share this with you Ray. Ruth Z.



Linda Coveney

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**State Representative
William A. Petit, Jr.
22nd District
Plainville and New Britain**

House and Senate Republicans called upon Governor Lamont to bring the legislature into special session to fix a piece of legislation passed in the Democrat state budget that created new taxes on hundreds of grocery store foods, and also substantially increased taxes on prepared meals.

These new and increased taxes will negatively and disproportionately impact senior citizens and others on a fixed income, the underemployed and the middle class.

The House of Representatives need 76 members to sign a petition to force a special session and the State Senate would need 19 petition signatures. I proudly signed the petition.

Recently, the Connecticut Department of Revenue Services (DRS) released an advisory statement clarifying the long list of restaurant meals and food items the Democrat-approved 7.35% tax will be applied to, including dozens of products that have not previously been taxed. DRS also clarified that the total 7.35% tax rate will be effective in grocery stores, "which previously taxed meals in a different manner than other eating establishments."

According to DRS, in addition to many beverages, examples of "Meals" that will be taxed at 7.35% in eating establishments and grocery stores includes, but is not limited to, sandwiches, grinders, and wraps; popsicles, ice cream cones; salads sold at salad bars; macaroni and potato salads; donuts, muffins, rolls, bagels, pastries and cookies; pies or cakes by the slice; chips, popcorn, kettle corn, nuts, trail mix, crackers, snack cakes, or other snack foods; pizza, whole or by the slice; cooked chicken sold by the piece, buckets of chicken and whole cooked chickens; hot dogs served on a bun or heated; all beverages provided with the sale of a taxable meal; hot buffet foods; cooked to order food; any other snack foods kept warm for purchase, and more.

The budget is set to take effect on October 1, 2019.

I am firmly against these regressive taxes and stand in strong support of having a special session to fix this issue before it burdens families across our state, and I urge the public to call their legislators and the governor to express their opinion. Sincerely,

William A. Petit Jr.

State Representative 22nd District – Plainville and New Britain

As always, if you have any questions or concerns, please contact my office at (800) 842-1423, or email me at William.Petit@housegop.ct.gov. You can also follow my legislative activity by visiting my website at www.reppetit.com or on Facebook at www.Facebook.com/RepPetit.

State Rep. William A. Petit Jr. 800-842-1423 (Toll Free)
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DENTAL HEALTH

By: David R. Edelson, D.M.D.



What is Vaping?

Vaping simply means smoking an e-cigarette. E-cigarettes use an aerosol, or vapor, to deliver nicotine into the lungs. The term vaping, rather than smoking, is used because e-cigs don't produce tobacco smoke. They produce an aerosol, often mistaken for water vapor that actually consists of fine particles. Many of these particles contain toxic chemicals, which have been linked to cancer, respiratory disease, and heart disease.

Health Risks of Vaping

No tobacco does not mean no nicotine. Since nicotine is delivered via vaping, all of the health problems associated with nicotine are still there.

Nicotine is an addictive substance that's also a carcinogen. A carcinogen is simply a substance that's known to cause cancer.

Nicotine is known to promote tumor growth in the following:

- Lung cancer
- Gastrointestinal cancer
- Pancreatic cancer
- Breast cancer

While vaping hasn't been around long, early studies of its effects are concerning. Short-term data shows vaping:

- Impacts the health of your lungs and DNA
- Damages your blood cells
- Increases your risk of heart disease
- Negatively impacts your immune system

Dental Health Risks of Vaping

That nicotine again. Not your friend. Here are some oral health specific issues associated with nicotine:

Nicotine reduces the amount of blood that can flow through your veins. Without sufficient blood flow, your gums don't get the oxygen and nutrients they need to stay healthy. In a way, nicotine chokes out tissues in the mouth from the blood it needs to survive, causing the death of gum tissues. And that's how it causes your gums to recede.

- Nicotine prevents your body from producing saliva. Not enough saliva leads to bacteria buildup, dry mouth, and tooth decay.

- Nicotine acts as a stimulant that fires up the muscles. If you already grind your teeth (bruxism), it can make it worse. If you aren't a teeth grinder, you may start. Bruxism is a condition in which you regularly grind, gnash, or clench your teeth. When left untreated, bruxism can lead to tooth damage and other oral health complications.

Since vaping introduces nicotine into your body just like smoking tobacco, it does increase your risk for gum disease. Common symptoms of gum disease include:

- Ongoing bad breath (halitosis)
- Red, irritated, or bleeding gums
- Tender or swollen gums
- Wiggly or loss of teeth
- Recession of gum tissue

The takeaway here is that vaping has health risks. It's a misperception to believe that e-cigarettes are healthier than tobacco cigarettes.

If you're a smoker or vaper, it's extremely important to stay on top of your regular dental check-ups.

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LIC. # 203523

The Circumspect Critic

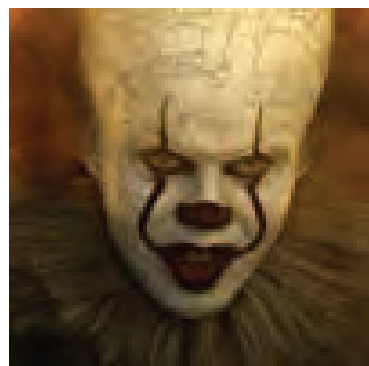
by: **Robert James O'Dell**

"Fast & Furious: Hobbs & Shaw"



I don't recommend films. I just give you my take on them.

It Chapter Two (2019)



R | 2h 49min | Drama, Fantasy, Horror | 6 September 2019 (USA)

Director: Andy Muschietti

Writers: Gary Dauberman (screenplay by), Stephen King (based on the novel by)

Stars: Jessica Chastain, James McAvoy, Bill Hader

Twenty-seven years after their first encounter with the terrifying Pennywise, the Losers Club have grown up and moved away, until a devastating phone call brings them back.

"It Chapter Two" could arguably be considered the most ambitious horror film ever made. A bit overly ambitious. in my opinion, but more

on that later. This impeccably cast, meticulously executed and faithfully adapted from the source material film gives the horror genre an epic sweep never before endowed upon the horror genre. Am I overstating the case? Well, when was the last time you experienced a horror film that allowed its story to stretch over a three hour running time? Five hours and fifteen minutes if you count the first film and let's be honest here, this is really all the same movie.

There is a lot going on here and director screenwriter Andy Muschietti is determined to give each member of "The Losers Club" their due. We not only get to experience separate encounters of each now adult member with the malicious Pennywise but we also get to relive horrendous moments not revealed before inflicted on each as a child. The young cast from the first film all return to their roles for these scenes and remind us of the impressive characterizations they provided that film.

"Chapter Two" isn't quite as riveting as the first film nor is it as intensely compact. It is a bone chilling, sweaty palms, soul shivering jolt of solid scares at its best moments. But director Muschietti is determined to provide us with a visual kaleidoscope of outrageous otherworldly concoctions straight out of Ghostbusters minus the tongue in cheek. Sometimes it works as in one the films best scenes featuring Jessica Chastain's Beverly having an increasingly uncomfortable chat with

the elderly woman now living in her childhood apartment. The pacing, composition and camera movements in this scene are all simply masterful not to mention Chastain's measured performance. Other times it comes across at being way over the top as the scene where Bill Hader's Richie has a run in with a Pennywised version of Paul Bunyan.

One aspect of the film I found somewhat off putting is the lack of any sense of life in Derry, the story's location, other than the presence of our Losers Club. The film opens with a rather unsettling scene at a local fair where a gay out of townner and his partner, a local, are terrorized by a group of bigoted townies who beat the out of townner to a pulp and toss him off a bridge into the waiting arms of Pennywise. We do go back to the fair during the film's running time but not to that incident nor do we get any supplemental material like police involvement or local reactions. We are introduced to a female child at a local sports event who suffers from a disfiguring birth mark on her face who succumbs to being cajoled by the manipulative Pennywise but never get a sign of whether anyone ever notices it occurred. We are left to contemplate whether the town has any population outside of what is convenient for the filmmakers to show in order to support the main players. The story structure is sloppy and does cut into the stream of sustained suspense which could

have sunk the film had so many other elements not kept it afloat.

These factors prevent the film from earning masterpiece status. They don't, however, prevent it from being a hell of a scary trip into the realm of warped nightmares and how are childhood terrors haunt us into adulthood. It also does a nice job of providing the reaffirmation of childhood bonds that may fade from memory but which are never truly broken.

The performances are across the board spot on with standout work from Chastain and a scene stealing turn by Saturday Night Live alum Bill Hader.

The film's finale is high tension to a nearly unbearable level and gives little time for one to catch their breath. It really goes overboard with the pyrotechnical bombast that resemble an Indiana Jones movie more than a Stephen King adaptation but it all makes for the type of entertainment which provides us with the very level of satisfaction we are looking for from a film of this nature.

Ratings: Acting: 95%
Directing: 92%
Script: 90%
Cinematography: 97%
Editing: 86%
Scaremeter: 92%
Special Make Up-and
Character Effects: 100%
Special Effects: 100%
Entertainment Value: 96%
Overall Rating: 92%

AARP TRIPS -

FOR RESERVATION OR INFORMATION
CONTACT SALLY MILLER~860-747-1732

October 8, 2019 -MGM Springfield - Cost \$25. Promotional pkg. included. Bus leaves OLM at 9:00 and leaves casino at 3p.m.

October 10, 2019- Wonders of Vermont - Visit Vermont Country Store, lunch at Castle Hill Resort. Prestigious resort on the National Historic Register for plated lunch, After lunch we will stop at Cameron's winery for a tasting of 5 wines and you can buy jams and jellies - Cost \$100. Depart 7:45 a.m. from OLM parking lot.

December 5th Christmas Lights & Song. Delicious lunch at Student Prince German Rest. Choice of salad with choice of Port with Apple Glaze or Baked Scrod with Crumb Topping or Chick Schnitzel with Gravy, Vegetable, Potato, Apple Strudel a la mode with coffee. Entertainment at lunch. After spend time at MGM Springfield, then off to Bright Nights at Forest Park -over 250,000 lights and 2 1/2 mile tour of the Park. on deluxe motor coach. This is listed as one of the top ten holiday happenings in America. Listen to Carols, and see Winter Garden, Jurassic World, Toy Land, Blizzard Tunnel and more. Only \$89 Depart 10:15 a.m. from Our Lady of Mercy Church.

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From the Desk of... Thomas A. Wurz

A COMMENTARY ON WRITTEN AGREEMENTS

In order to have an enforceable agreement it is not always sufficient to have merely an understanding between the parties. In fact, there are specific instances when it is required by law to have an agreement formalized in writing. Particular examples of such transactions include the purchase of goods for \$500 or more and a service contract for a job that cannot be completed within a year as defined by its terms. The Statute of Frauds is the "code" adopted by most states requiring certain agreements to be put in writing. Since it seems like we are constantly bombarded with agreements to click on or sign, I figured I would discuss some of the code and what I would ideally change. If I had the power to redraft an area of the code, I would change the area that speaks to implied warranty disclaimers by making the standards less rigid to form a valid disclaimer. Instead of requiring the language to use the term merchantability and have everything be considered conspicuous. I would only require a disclaimer section in the contract, in the standard 12 point font, and a valid signature from the buyer. The responsibility to review the contract should be on the buyer, so long as they have a reasonable opportunity to do so and are not subjected to any deception on the part of the seller. To favor a wholesale prohibition of implied warranty disclaimers would be too great a windfall to consumers. By taking away certain protections from sellers less people would be willing to enter the marketplace as a business owner, hurting commerce. Furthermore, markets need competition, so if you take away peoples incentive to start businesses you could end up with monopolies. Implied warranty disclaimers should function as a way of limiting sellers' liability while buyers are afforded the

right to agree to them or to not agree.

The phrase "as is" is afforded too much power in the code and should be discarded due to its oversimplification of what a buyer is entering into. Whereas the technical aspects of disclaiming warranties should be clear cut, so should the rights of what the buyer is giving up. The limiting of implied warranties should be spelled out in the contract so that there are no surprises when entering a contract. A buyer should have all the facts laid out before them when they are making a purchase not merely left to wonder what "as is" really entails. The goal of a sales contract should be to provide a product that suits the wants and needs of a customer while ensuring a seller that they will not be subjected to overreaching liability after the sale.

In section 108 of the Magnuson-Moss Act, the ability to disclaim implied warranties is made quite difficult. However, I am not wholly opposed to the language that 108(a) uses because it relates to what the seller contracted with the buyer to provide in terms of warranties. By making a written warranty to a seller the buyer should be held to such a warranty. The idea that parties should be able to contract for whatever they want is something that should be upheld, as long as there is no fraud or coercion involved. In section 108(b) the limiting of duration for implied warranties is a standard I would not redraft because again it would have to be made clear and unmistakable. The seller should only have to include it in the contract instead of making it rise to some level of prominence that would be decided by a court. By keeping a durational limit in place a seller will be insured of limiting their liability and a buyer will be afforded an adequate amount of time to bring any concern to the seller.

Ultimately my redrafting would be an attempt to help fair dealing to ensure customer confidence while providing sellers the incentive to continue in their business, which would hopefully strengthen the marketplace.

Attorney Thomas A. Wurz

is an associate of his father Attorney Theodore J. Wurz, LLC in the law office of Attorney Richard Witt at 132 East Street. Attorney Wurz is a graduate of Avon Old Farms School in 2001, Providence College in May 2005 on the Dean's list and Juris Doctor Program at Western New England College School of Law in May 2009. He was admitted to the Connecticut Bar and U.S. Federal Court in 2010. His activities and interests are Secretary of Sports Entertainment Law Club at WNEC and is a Special Olympics Volunteer.



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New Britain Legislators Welcome the President of Poland in a Historic Visit



(l to r): State Senator Gennaro Bizzarro and State Representative William A. Petit Jr., welcomed the President of Poland Andrzej Duda and his wife Agata Kornhauser-Duda to New Britain on Sunday, September 22, 2019 at Walnut Hill Park – Darius Miller Band Shell.

NEW BRITAIN – State Representative William A. Petit Jr., and State Senator Gennaro Bizzarro attended a ceremony held in New Britain on Sunday, September 22, 2019 at Walnut Hill Park – Darius Miller Band Shell to welcome the sitting President of Poland, Andrzej Duda and his wife, Agata Kornhauser-Duda. This historic visit was the first time in history that a sitting president of Poland has visited the community of New Britain, Connecticut.

“It was an honor and a privilege to welcome the President of Poland to New Britain, Connecticut,” said **Rep. Petit**. “The Polish culture and heritage in New Britain is thriving, and this small community has really managed to make a name for itself – from an abundance of Polish-owned businesses in the area, the very popular annual Polish Festival, the annual Dożynki Festival (Harvest Festival), and now with a historic visit from the president of Poland. I look forward to seeing how this gem of a community will continue to thrive in the future with further trade and interaction between Poland and our business community here.”

“‘God bless Poland and God bless America’ is how President Duda concluded his speech, and the crowd erupted in applause,” said **Sen.**

Bizzarro. “This visit was history-making, and we give credit to Mayor Erin Stewart, Honorary Consul of the Republic of Poland in Connecticut Darek Barcikowski, the New Britain Police Department, and so many others who did the work behind the scenes to make this such a successful event. The city did a tremendous job in making the President and his wife feel welcome. As Mayor Stewart said, ‘Niech żyje Polska!’ (Long live Poland!). Everyone was in agreement on those words, and Rep. Petit and I are so proud to represent the taxpayers of New Britain at the State Capitol.”

New Britain, Connecticut is home to Little Poland, which is a business district with over 100 Polish-owned businesses and organizations.

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Take the “Burn”
out of Heartburn

Heartburn occurs when acid from your stomach backs up into your throat. You may feel pain or burning in the stomach, chest, or throat. Heartburn often happens at night or after a big meal.

What can I do to Prevent Heartburn?

Sometimes there are easy things you can do to decrease heartburn.

- If you are overweight, lose weight.
- Avoid tight fitting clothes.
- Avoid foods that give you heartburn.
- Eat small meals.
- Don't lie down for at least 30 minutes after eating.
- Raise the head of the bed (six inches).
- If you smoke, try to stop.

If lifestyle changes don't help, you may also need to take a medicine to prevent or treat your heartburn. Different kinds of heartburn medicines are available. The most common are antacids . They neutralize stomach acid (makes it less acidic). H2-blockers or proton pump inhibitors (PPIs) reduce the amount of

acid your stomach makes.

How fast do Heartburn Medicines Start Working?

Antacids work fastest, within a few minutes. H2-blockers usually work within an hour. Proton pump inhibitors may take up to 24 hours to kick in.

How do I know which Antacid is right for me?

There are a lot of antacids, but they are not all the same. Depending on their ingredients they can have different side effects.

- Antacids with aluminum (e.g., Gelusil) or calcium (Tums , Rolaids) might cause constipation.
- Antacids with magnesium (e.g., Maalox, Mylanta) might cause diarrhea.
- Check with your prescriber before taking these if you have kidney problems.
- Effervescent antacids (e.g., Alka-Seltzer) may have salt in them and can raise blood pressure. They can also contain aspirin, which may cause bleeding in your stomach.

Which Heartburn Medicine Should I Take?

The choice of heartburn med is often based on how quickly you need relief and how often you have heartburn. Your pharmacist can help you pick the heartburn med that's best for you.

- For quick relief, try an antacid first. These don't cost a lot and work well if you only have heartburn once in a while. They're short acting, so not the best choice for frequent heartburn.
- For longer acting relief, try an H2-blocker (e.g., Zantac , Pepcid AC). These won't work as fast as an antacid, but may last up to 12 hours.
- Or for quick relief that lasts longer than an antacid alone, try a combo product (antacid + H2-blocker), like Duo Fusion or Pepcid Complete .
- Save PPIs Prevacid 24HR , Prilosec OTC) for severe or frequent heartburn.
- They are more expensive, don't work as fast, and last up to 24 hours.

Call Your Prescriber if you:

- Have trouble swallowing or pain when you swallow.
- See blood in your stool or vomit.
- Feel dizzy, light-headed, or short of breath.
- Have heartburn more than three times a week for more than two weeks.
- More FDA warnings will raise questions about GI bleeding with OTC antacids that contain aspirin ... Alka-Seltzer Original , etc.

These effervescent tabs came out years ago as a fast way to treat both acid indigestion...and headaches or body aches. But they can cause serious

bleeds, especially in patients with a previous GI bleed or ulcer...age 60 or older...on anticoagulants, NSAIDs, or steroids...or who drink 3 or more alcoholic beverages a day. Aspirin-containing antacids usually aren't worth the risk. They can contain 325 or 500 mg aspirin per tab...plus over 500 mg of sodium per tab for some effervescent versions. Instead, use an antacid withOUT aspirin or sodium bicarb...such as Tums, Maalox, Mylanta, Gaviscon, etc. Explain that these all work fast to neutralize acid...but their effects are short-lived.

For longer relief, use an H2-blocker (ranitidine, etc). They can work within 30 minutes...and last up to 12 hours. Or use an H2-blocker/antacid combo (Pepcid Complete, etc). Save OTC PPIs (omeprazole, etc) for more frequent heartburn. Just a reminder they don't work fast enough for acute symptoms. OTC PPIs are only intended for a 14 day course of treatment and can be used up to 3 times per year.

How do I use these drugs safely and effectively?

- Read the label.
- Do not misuse, abuse, or take these medications for longer than stipulated on the label.
- If your heartburn symptoms persist even after taking these drugs, then talk to a health care professional.

IF ANY QUESTIONS STOP BY AND ASK YOUR LOCAL PHARMACIST OR CALL US AT 860-222-9422 FLU SHOTS AVAILABLE NOW, NO APPOINTMENTS NECESSARY

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meal ticket, & \$10.00 gaming slip.

The ride to the casino is one hour we will have a 50/50 raffle.

Bus will leave the O.L.M. parking lot at 1:45 pm and return around 9:00 pm.

Book early to ensure your seat.

For information or tickets call:

Malcolm Soucie @ 860-919-0611 or

Philip Plourde @ 747-8215

Taste of Plainville ~ WINNERS!

The Plainville Republicans "Taste of Plainville" Fundraiser was a huge success, we wish to Thank everyone that supported the event. and are pleased to announce the winners of the Gift Certificates.

The drawing was held at Republican Headquarters, 16 East Main Street, at the Plainville Republican Town Committee meeting.

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Sunday 10:00 am

Sunday School for All Ages

11:00 am

Morning Worship Service

11:00 am

Junior Church ages 4- 8

6:30 pm

Evening Worship Service

Wednesday 7 :00 pm

Bible Study and Prayer

For information about the church
 visit our website @ cobplainville.org

When Is The End?

We have had false prophets give dates as to when the end of the world would come. Harold Camping, a Christian Radio Broadcaster, predicted the Second Coming of Christ on May 21, 2011 culminating with final world-wide judgment on October 21, 2011.

Those dates came and nothing happened only to reveal that this man was a false prophet. No one knows the day or the hour of Christ coming but rest assured Jesus is coming back (see John 14:2). We are living in a time where people are mocking the coming of the Lord. The Bible predicted this would happen (see 2 Peter 3:1-4). The Apostle Peter tells us why Jesus has waited for almost 2000 years to come back. Listen to 2 Peter 3:9, "The Lord is not slack concerning His promise, as some men count slackness, but is long-suffering toward us, not willing that any should perish, but that all should come to repentance."

God wants everyone to be saved so that they can spend eternity with Him in a perfect world but God does not force people to be saved. God sent Jesus Christ to earth to die on the cross for our sins so that we could be saved. God gives everyone of us a choice to believe on the Lord Jesus Christ and be saved. Those who have trusted Jesus Christ as Savior do not have to worry about when the end will come. The next event on God's calendar is the rapture of the Church which could happen at any moment followed by a seven year tribulation period, followed by a thousand year reign of Christ on earth, followed by an eternal kingdom where righteousness dwells.

Are you saved? Tomorrow may be too late!

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56 Red Stone Hill, Plainville, Connecticut
 Rev. Stephen Volpe, Pastor
 Church (860)747-2328
 Parsonage (860)747-2592
 Email: plainvillunited@sbcglobal.net
 Website: www.plainvilleumc.org

OCTOBER SCHEDULE

SUNDAY SERVICES

CHURCH SCHOOL

Pre-K to High School: 9:00 AM

WORSHIP TIME 10:00AM

REGULAR EVENTS

Tuesday Ladies.....Tuesdays, 9:30 AM

AA.....Sundays, & Wednesdays, 7 PM

AI AI-Anon..... Mondays, 7 PM

Single Purpose Women's Group...

Saturdays, 9:30 AM

Boys Scouts.....Thursdays, 7 PM

SPECIAL EVENTS

**ANNUAL ROAST PORK DINNER
 & SILENT GIFT BASKET AUCTION:
 Saturday, October 5, 4:30 to 6:30 PM**

Tickets \$13 Adults, \$6 Child,

4 & Under Free

Call or Email Church for Reservations

WORLD COMMUNION SUNDAY

WORSHIP WITH HOLY

COMMUNION:

(Celebrated with Gluten Free Bread)

Sunday, October 6, 10 AM

AMERICAN RED CROSS BLOOD DRIVE:

Monday, October 14, 1 to 6 PM

Call 1-800-733-2767 or go to www.redcrossblood.org to make an appointment.

ADULT BIBLE STUDY:

Thursdays at 7 PM



Open hearts. Open minds. Open doors.
 The people of The United Methodist Church™

FIRST BIBLE

BAPTIST CHURCH

12 Granger Lane Plainville

"Where the BIBLE makes the Difference"

Sunday Morning Service – 10:30 AM

Sunday Evening Service – 6:00 PM

Wednesday Evening Service – 7:00 PM

**Wednesday Evening Children's
 "Glory Train"**

Northeast Bible Institute (Sun. & Wed. PM)

Nursery provided for all services

www.firstbiblect.com

Live Streaming Every Service

860-793-1155

Brad Brandon – Senior Pastor

PLAINVILLE – SPIRITUALIST CHURCH OF LOVE AND LIGHT

Meets every Sunday at 10:30 a.m. at DANCE HALL 360, 15 Hultenius Street (UNIT M DOOR) Plainville, CT 06062. (Off Whiting St) Each Sunday offers Lectures, healings, and spirit messages followed by coffee, light snacks and conversation with like-minded people. All are welcome. Mediums Days and special events listed on our website as they are planned. For info please contact Pastor Andrea Osborn at (860) 919-7470, ozzyunk@gmail.com. Visit our website: <https://spiritualistloveandlight.org> also on Facebook: <https://www.facebook.com/CongregationSCLL/>



FAITH BIBLE CHURCH

168 Unoinville Avenue Plainville, CT 06062
 860-747-5209

Rev. Dr. Jim Caron, Pastor

Web: www.faithbiblect.com

An Evangelical Church For Your Spiritual Growth

Sunday Worship: 11:00 a. m.

(Junior Church for ages 4-12 & Nursery

Available for 1 month to 4 years)

Tuesday: Ladies (Bible Study: Sermon on the

Mount) Video by Sinclair Ferguson

Tuesday Night Prayer Meeting- 6 to 7 pm

Men's Tuesday Night:

The Return of Christ Bible Study

Team Worship Band:

2nd and 4th Sunday of the month.

Visit us on Facebook:

**[com/groups/faithbiblechurchct/](https://www.facebook.com/groups/faithbiblechurchct/)
 860-747-5209**

**Call the church for info/questions
 and church prayer line**

FAX (860-747-5011)

Call us for your requests (confidential)

THE TABERNACLE

A Contemporary
 Christian Church

Sunday Church Services
 at 10:00 a.m.

"Come As You Are"

**Worship & Healing Night
 the last Friday of
 every month at 7p.m.**

All Are Welcome, of course!

Visit our website at:

www.tabernacleonline.com

or see us on Facebook

1445 West Street (Route 229)

Southington, CT

860-276-0400

SPIRITUALIST CHURCH OF LOVE AND LIGHT –

Meets every Sunday at 10:30 a.m. at
 Bridge Healing Arts Center

304 Main St. Farmington, CT 06032

Each Sunday offers Lectures, healings,
 and spirit messages followed by coffee,
 light snacks and conversation with like-
 minded people. All are welcome. Mediums

Days and special events listed on our
 website as they are planned. For info
 please contact Pastor Andrea Osborn at
 (860) 919-7470, ozzyunk@gmail.com.

Visit our website:

www.spiritualistloveandlight.org also on

Facebook: <https://www.facebook.com/CongregationSCLL/>

HOMETOWN RELIGIOUS DIRECTORY

OUR LADY OF MERCY ROMAN CATHOLIC CHURCH

94 BROAD STREET, PLAINVILLE, CT 06062
REV. RAYMOND SMIALOWSKI, PASTOR
ROBERT BERUBE, DEACON

PARISH/CEMETERY OFFICE

19 S. CANAL STREET
OFFICE HOURS: MON. TO FRI.
9 AM TO 4 PM

PHONE: 860-747-6825

FAX 860-747-5407

New Parishioners

Welcome! if you are new to the parish, please introduce yourself after Liturgy or at the Rectory

Liturgy Schedule

Sunday Liturgy - Church
Saturday 4:00 P.M.
Sunday 8:30 A.M. & 10:30 A.M.

Weekday Liturgy

Mon., Tues., Thurs., Fri. & Sat. 8:00 A.M.

Devotions

Rosary- Monday to Saturday before the Morning Mass.

Sacrament of Reconciliation

Saturday At Noon

Sacrament of the Sick

Arrangements can be made for any sick person to be anointed. Holy Eucharist is brought to the homebound by our Eucharistic Ministers and the parish clergy.

OLM Breakfast
Sunday October 13
8 - 10:30am,

Eggs, Sausage, Ham,
home fry patty, coffee, juice.
Adults \$4.

Ages 6 and under free.

Please feel free to bring own coffee cup and sippy cup for children to cut down on waste and help save the earth.

19 South Canal St., Parish Hall

St. Anthony Cookie Walk,
Saturday Oct. 26 &
Sunday Oct. 27
before and after Masses,
4pm - Saturday
Sunday & 8:30 & 10:30am

Please check out our
Facebook Page @

www.Facebook.com/ourladyofmercychurchct

and our website at
www.olmct.org

THE CONGREGATIONAL CHURCH OF PLAINVILLE

A congregation of the United Church of Christ

130 West Main Street Plainville

Phone 860-747-1901

ALL ARE WELCOME!

CHURCH OFFICE EMAIL:

churchoffice@uccplainville.org

WEBSITE: www.uccplainville.org

Rev. Donna Cassity

Interim Minister

Email:revdonna@uccplainville.org

Worship & Church School

Every Sunday at 10 a.m.

Coffee Hour: 11:15 a.m.

The Sacrament of Holy Communion

celebrated the first Sunday of each month

The Thrift Shop

Has Re-opened

THE EPISCOPAL CHURCH CHURCH OF OUR SAVIOUR

115 West Main Street Plainville, CT 06062

churchofoursaviourplainville@gmail.com

and www.churchofoursaviourplainville.org

860-747-3109

SUNDAY WORSHIP

Holy Eucharist	10:30 am
Church School	10:30 am
Coffee Hour	11:30 am

OFFICE HOURS

Wednesday – Friday 9:00am -1:00pm

PARISH PROGRAMS

Every Tuesday	NA	7:00pm
Every Thursday	AA	7:30pm
Every Saturday Women's	AA	9:00am
Saturday	AA	9:30 am

Ample Parking in rear of Church

St. Jude Novena -

May the Sacred Heart of Jesus be adored, glorified, loved & preserved throughout the world now & forever.

Sacred Heart of Jesus, pray for us.

St. Jude worker of miracles, pray for us.

St. Jude helper of the hopeless, pray for us.

Say this prayer 9 times a day. Your prayer will be answered. It has never been known to fail. Publication must be promised.

My prayers were answered in 21 days.

Thank you & God bless you St. Jude."

Sophie-Ann

REDEEMER'S AME ZION CHURCH

110 Whiting Street, Plainville, CT 06062

Phone: 860-747-1808

WORSHIP SERVICES

Sunday School	9:00-9:40 a.m.
Praise & Worship	9:45-10:00 a.m.
Church Service	10:00 a.m.

BIBLE STUDY

Wednesday 11:00 a.m. & 7:00 p.m

BOARD MEETINGS

Senior Ushers (1st Sat before 1st Sun) 11:00 a.m.

Gladys Floyd Missionary Society

(2nd Sun after service)

Deaconess Board (3rd Sun)

Lay Council (1st & 3rd Sat) 9:30 a.m.

Christian Education (3rd Tues) 7:00 p.m.

Men's Meeting (2nd/4th Sat) 9:30 a.m.

PEP (Every Sat) 1:00-4:00 p.m.

Trustee/Steward (2nd Sat of Aug., Oct., Dec., Feb. &

Apr. at 9:30 a.m. and 2nd Mon. of Sept., Nov., Jan.,

Mar. & May 16 6:30 p.m.

CHOIR PRACTICE

Senior (Sat before 1st Sun) 5:00 p.m.

Jubilee (Sat before 2nd/4th Sun) 5:00 p.m.

Mass/Youth choirs

(Mon. after 1st/2nd Sun) 7:00 p.m.

NEW COVENANT APOSTOLIC CHURCH

139 New Britain Avenue

P.O. Box 551 Plainville, CT 06062

Suffragan Bishop--George Knight, Pastor

Elder Joseph Green, Associate Minister

Phone 860-747-3128 Church

Residence & FAX 860-224-9409

Call for SCHEDULE OF WORSHIP

Vacation Bible School August 2-3

*Come, bring a friend and
enjoy Jesus with us!*

Grace Lutheran Church

222 Farmington Ave.

Plainville, CT 06062

Phone: 860-747-5191

Rev. Dr. Robert R. LaRoche, Pastor



Worship: Sunday at 9:00 AM

Visit us at

facebook.com/graceinplainville

or www.graceinplainville.org

- to check out our activities

Or better yet, join us on Sunday!



We Are On Line

If you misplace our paper,

now you can view it on your computer:

www.plainvillehometownconnection.com



Happy Anniversary to the Following Businesses

West Main Pizza
on East Main Street
49 Years

Pagliacci's Restaurant
East Street
52 Years

Gervais Brothers
Whiting Street
59 Years

DBK
FAMILY JEWELERS
165 East Street
19 Years

Celebrating an Anniversary???
Doctor, Lawyer, Merchant or Chief
Email or Call
HMTNN@COMCAST.NET
Phone 860-747-4119

HOLIDAY

CRAFT FAIR

Senior Center

Saturday, November 2nd 10 am-2:30 pm

Craft Vendors! Raffles! Bake Sale! Lunch!

Grandma's Cookie House!

Please contact Evelyn at 860-747-5728,
if you can help!!!

All proceeds benefit Dial-A-Ride

Admission is Free! Bring your family & Friends

Rep. Petit Applauds ADA Improvements to Plainville's Centerview Village and Woodmoor Manor

The State of Connecticut recently announced that it will award more \$13 million to 13 municipalities in Connecticut to provide infrastructure upgrades that will modernize and rehabilitate housing for low and moderate-income individuals. State Representative William A. Petit Jr., (R-22) announced that \$1,500,000 will go to two developments in the Town of Plainville to be used for ADA improvements.

The funds were awarded to municipalities in Connecticut for infrastructure upgrades that will modernize and rehabilitate housing for low and moderate-income individuals through the Community Development Block Grant (CDBG) Small Cities program, which is administered by DOH with funding from the Federal U.S. Department of Housing and Urban Development. Projects considered for these funds must be in a municipality with fewer than 50,000 residents, and have a focus on improving neighborhoods, eliminating blight, and attracting economic development.

"This award will be used for important improvements to ensure that two senior living centers in Plainville are brought to ADA compliance," said Rep. Petit. "It's a noteworthy project to help our seniors and I applaud these kinds of repairs."

The Town of Plainville in conjunction with the Plainville Housing Authority will begin the modernization of these housing complexes for seniors by replacing existing bathtubs in all 80 units with "walk-in" showers and making ADA improvements to five kitchens.

In Case You Didn't Know.....

Here's why Halloween is celebrated on Oct. 31.

Because, Ghosts. Halloween originated from the ancient Celtic festival known as Samhain — which is pronounced "sow-in.". The celebration always took place at the end of October to honor the end of the harvest, and the start of the new year.

Anniversary News

We apologize for failing to print the following last month...

The 51st Wedding Anniversary
September 7th

Tom & Sandy
Abucewicz

&

Birthday Wishes
September 8th

Leslie Mangan

Jeannette Hinkson, Editor

Taste Buzz.....

Submit your recipes to:

Avis Flanders

27 Sherman Street

Plainville, CT 06062 or

e-mail to: hmtnn@comcast.net

WILD RICE AND OYSTER CASSEROLE

- 1/2 cup butter
- 3/4 cup minced shallots, or onion
- 3/4 cup minced celery
- 3 cups cooked wild rice
- 1 pint oysters with liquor
- milk
- 1 teaspoon salt 1 cup grated Swiss cheese

Heat 1/4 cup of the butter in skillet and cook the shallots and celery until and soft golden
Combine with the wild rice Grease a 1 1/2 or 2 quart casserole and arrange alternate layers of rice and drained oysters in it ending with a layer of rice. Reserve oyster liquid and add enough milk to it to make 3/4 cup liquid.
Add salt to the milk and oyster liquor and pour it over mixture in casserole.
Top with grated cheese.
Melt remaining 1/4 cup of butter and sprinkle over cheese.
Bake covered in a preheated 400 degree oven for 25 minutes.
Serves 4.

Norton Park Concession Stand Opening

The Plainville Soccer Club will celebrate the opening of the Concession Stand building at Norton Park on Sunday, October 27th, 2019 at 11:00 a.m.

The opening marks a huge milestone for this facility that has been in planning for several years. The stand will enable local organizations to sell food and beverage items during various sporting and recreation events. Two additional bathrooms have also been installed in the new facility.

Proceeds from a state grant for park improvements were used to fund the project

OCTOBER BIRTHDAYS

"HAPPY & HEALTHY BIRTHDAY TO ALL!"

- 4TH KRISTIN BERGENTY
KIM HAYES
- 5TH KAREN MORRIS
- 8TH SARA ZDUNCZYK
JACKIE CIANCHETTI
- 10TH CHRISTINA TUFTS
ART SCREEN
- 11TH BOB DEBLOIS
- 16TH FRANCIS COOLEY
- 17TH JOANNE BOUTWELL
- 25TH RYAN KLAPPRODT
- 26TH STEPHANIE BROW
SUSAN ABRAM
- 28TH JUSTIN ABRAM
NANCY (EISENHAUER) NAPOLITANO
- 31ST SALLY MILLER



BELATED BIRTHDAY WISH... SEPTEMBER 8TH
LESLIE MANGAN

TO SUBMIT BIRTHDAY, ANNIVERSARY, ENGAGEMENT OR WEDDING ANNOUNCEMENTS

E-MAIL TO: HMTNN@COMCAST.NET

OR MAIL TO: HOMETOWN CONNECTION

27 SHERMAN STREET, PLAINVILLE, CT

"What is the Cost?" Believe it or not it's FREE!!

OR CALL: 860-747-4119

P.S. If you want to announce your own Birthday and/or Anniversary, just call.....It pays to advertise!

THE TEA PARTY CREED...

"I am not a racist, I am not violent I will not be silent"

Pd. for by: The members of the Tea Party

Crossword Answers

S	E	M	A	L	B			R	I	A	P	
H	G	M	I	L	E	D		R	E	M	S	
I			E	S	I	A	L	A			S	A
V	A	L	S		L	A		S	T	A	H	G
E	V	A		R	E	I	R	P	I	L	T	A
R	A		N	A	R		D	P	I	R	I	H
M	I	N	E	D				E	I	R	E	
E	L	A	R					L	O	N	E	
T	A	B	O	G				E	L	E	N	U
I	B		L	I	T		L	L	E		V	P
M	L	A		N	A	T	L	A	M		D	E
B	E	H	T		A	B		R	E	D	E	P
E			E	R	U	C	I	P	E		R	S
R	E	T	E		D	Y	L	E	S	R	A	S

The 40 Days for Life?



(Pictured above installing the banner at Our Lady of Mercy Church are Ted Doiron, Dan Ciesielski, Phil Plourde & Bill Brayne)

The 40 days for Life campaign goal is to end the tragedy of abortion and the evil and destruction of innocent life.

With a focus on prayers, fasting, and peaceful activism we seek God's favor to turn the hearts and minds from a culture of death to a culture of life.

The 40 days of Life? campaign started in 2004 in Texas and now is over 800 cities across 61 countries. It is estimated that since the campaign started over 16,000 lives have been spared from abortion.

Our Lady of Mercy along with the Gerard T. Corrigan Knights of Columbus will be supporting a campaign of prayers, fasting and peaceful activism.

This includes an Eucharistic Adoration on Sunday October 20th, and a prayerful vigil at the Hartford GYN center (abortion clinic) on Saturday October 19th, and a presentation of the movie ?Unplanned? is Free on October 10th at 7:00 PM. More information will be presented at the weekend Masses of October 5th and 6th; you may also call the rectory for more information. Phone 860-747-6825.

Knights of Columbus "All You Eat Monthly Breakfast"



Our Lady of Mercy All You Can Eat Monthly breakfast began in September for the season. Pictured above is the Clean up Crew after the first Breakfast are Bill Brayne, Reno Levesque and Phil Plourde. The members of the K of C wants to Thank all the guests that made the 1st Breakfast for the season such a success. *"Must be our Cooks are the Best!"*

NOTARY PUBLIC

****KATHY PUGLIESE****

50 West Broad Street ~
PLAINVILLE
860-681-2645



Chamber To Host Comedy Night

The Plainville Chamber of Commerce will be hosting a Comedy night LIVE at the VFW Hall

in Plainville on November 2, 2019. We will have 3 comedians from New York City! Laughter is the best medicine.

Bring your own snacks and cash bar! Tickets will be available at the door on Nov 2!! We will keep you posted on Facebook and Plainville Talks and advertising!

*Come on and join the fun
Join in the Fun!!*



Call Us Today!
860.747.6867

plainvillechamber.com

Bountiful Basket Competition

~ Plainville Community Foundation ~

Gnazzo's Food Center

Thursday, October 10th~Friday, October 11th & Saturday, October 12th ~ 9 am to 6 pm each day

Organizations, churches, & individual residents are invited to enter a "Theme Baskets" in the contest.

The raffle will determine the winners!

For more information or to sign up, please contact:

Kelly Perrotti at **860-919-7538**

"Together we can make a difference in Plainville"

Grand re-opening for new Chamber Members

Award Kitchen and Bath

Friday October 18th

5pm to 7pm at

2 Whiting St, Plainville Ct.

Chamber members, customers and Future customers will meet the new owners, Tracey Nieroda and Bryan Outlaw and wish them much success! Visit them at awardkb.com or call at 860-719-6260

BRINGING THE TASTE OF ITALY TO PLAINVILLE
FOR OVER 40 YEARS
PAGLIACCI'S RESTAURANT

BANQUET AND CATERING SPECIALISTS

333 EAST STREET PLAINVILLE 860/793/9241 WWW.PAGLIACCISRESTAURANT.COM
OPEN 7 DAYS A WEEK FOR LUNCH AND DINNER. SPECIALS DAILY - FULL TAKE OUT-FULL SERVICE BAR
SHOWERS-ANNIVERSARIES - BEREAVEMENTS- GRADUATIONS-BEREAVEMENTS
REHEARSAL DINNERS-STAGS-RETIREMENT PARTIES
LET US DO THE WORK - YOU ENJOY THE PARTY

Open for the Fall Season

Zarella Farms

223 South Washington Street
(Near Norton Park & Plainville/Southington Town Line)

860-793-8611

Open 7 Days A Week-8am to 5pm

**Pumpkins
Corn Stacks
Hay.....**



**"We've Got Everything"
"Stop and Check Us Out!"**

Stop, Look & Read.....

Meet Your Republican Candidates

BOARD OF EDUCATION

TOWN COUNCIL

Deb Hardy



Deb is currently the chairperson of the Board of Education. She received her education in New Britain and has been married to her husband John. During her past eight years as a member of the Board, Deb has supported many programs including all day kindergarten, pre-school and expansion of the use of technology in the classroom. She has also been involved in contract negotiations for several unions in the school system. Her objective is to ensure all children have every opportunity to achieve excellence in the classroom and

Laurie Peterson



I have been a resident of Plainville since 2003. I graduated from New Britain High School and continued my education at the University of

Alaska and then on to Ventura College in California, majoring in Commercial Art and Graphic Design. While still in school I was hired as an Art Director by an Advertising Agency in Ventura County and stayed there for 9.5 years and then moved on to open my own design studio, now in its 22nd year. 16 of these 22 years have been in Plainville. I am a member of the Republican Town Committee and a candidate up for re-election to the Board of Education As a parent, a taxpayer and a small business owner I know the importance of making every dollar count. Knowing the value of a good education, and the high cost of this education to the Plainville taxpayers, I look forward to continuing the good work with the Plainville Board of Education who have, for the past four years, done and will continue to do, an exceptional job for the taxpayers. To keep Plainville moving in a positive direction, I urge you to support the Republican Team by Voting Row B - on November 5.

Rachel Buchanan



Rachel was raised in Plainville and attended Plainville Schools. She earned her Bachelor's degree from Salve Regina University and

went on to work in corporate training, coaching and development for The Hartford. Rachel was a competitive cheerleading coach in town and has had the joy of working with many Plainville students and families in this capacity. Rachel is a member of the Plainville Republican Town Committee and a volunteer with the #WalkAway Campaign. Rachel's goal is to continue the excellent work of the Plainville Republicans to ensure the highest standards of education in a fiscally responsible manner, while keeping a laser focus on our students safety and well being. She is married to John Buchanan, a lifelong Plainville resident.

Mike Giuliano



Mike is completing his second term with the Plainville Board of Education. He is married and is the proud dad of his son. Mike is looking forward to another term on the Board and is proud of the progress made during his tenure. Making sure children have a well rounded experience along with continued academic achievement are areas he will continue his focus.

Kathy Pugliese



Has lived in Plainville over 40 years of which she calls home. Graduated from Central Connecticut State University with a Bachelors Degree in English and

minor in Political Science. Her volunteer work began with water quality issues 20 years ago and has evolved into her current Chairperson of the Town Council. She has always continued to work with all members respectfully and focus to lessen the taxpayer impact on any decisions she supports. She will carry on the mission to bring smart growth and even greater prosperity to Plainville.

Jacob Rocco



Has lived in Plainville since the age of four. He attended Central Connecticut State University and graduated with a Bachelor's Degree in the

Science of Accounting in May of 2017. He then furthered his education at CCSU by graduating with a Master's in Business Administration in December of 2018. Jacob believes that his education, experience in public service, and enthusiasm towards Plainville make him an excellent candidate for the Town Council. Jacob would like to serve on the Council to maintain the level of fiscal responsibility Plainville has always exercised and keep the Town the great place he has always known it to be.

David Underwood



Lifelong resident of Plainville; forty years of business management; past member of Plainville Town Council; has served seven years as

Past Chairman of Republican Town Committee; married to Julia Centurelli Underwood and proud parent of four children and one niece along with seven grandchildren "My pledge to the Voters of Plainville, I have lived in Plainville all my life and sincerely believe that every citizen has a right to be heard. I will work hard to keep our taxes down and I will work hard with every member of the Board of Education and Town Council, towards a fiscally responsible budget.

Deborah Tompkins



Deborah First moved to Plainville in 1987. She attended Quinnipiac College and UCONN with a major in English. She works for The Harford in the Reinsur-

ance Center of Excellence. She is currently the Vice-Chairwoman of the town council and very proud of the Republican Creation of the Property Maintenance Ordinance to maintain property values. She feels it is important to focus on keeping Plainville's tax rate stable and control spending allowing for increased credit ratings. This will allow for the Town to attract new business, thereby increasing the grand list and enabling the continuation of town services to the residents of Plainville.

Ty Cox



Ty grew up in Plainville and proudly called this Town his home for the last 20 years. He recently graduated from CCSU with a Bachelor's degree in

Economics. Ty now works at Sherwin Williams where is an Assistant Manager as a part of their Management Training Program. He volunteers with the Pumpkin Committee during the Pumpkin Festival, heads the RTC's Social Media Committee, and helps with the Plainville Colts Football. During his first term on the Town Council he showed that he was fiscally responsible and able to communicate effectively with the rest of the council and town staff, Ty hopes to continue volunteering his time to the town and gracefully asks for your continued support.

Republican Headquarters Hours

Monday to Friday 11 am to 5pm

Saturday 11 am to 3 pm. & Sunday 6 pm to 7 pm

Or Call for an appointment and/or information

Deb 860-384-9577 or Helen 860-302-3783

Library Trustee

Francis Rexford Cooley

Constables

Ross Zettergren

Rick Drezek

Ezio Capozzi

Cassandra Clark



Vote Row B "All the Way!!!"
Town Council

"Look what they did with 4 give them 1 more!"

JEANNE GIONFRIDDO RETIRES FROM OUR LADY OF MERCY ~ 24 YEARS OF SERVICE



Thank You.....

To everyone who prepared a beautiful reception for Jeanne Gionfriddo last Sunday.

A big hug to those who helped behind the scenes with decorations, prep, set-up, and clean up.

And a big thank you to all you good cooks who prepared and served all the delicious food.

A Little Bit About Jeanne Gionfriddo

By Sue Dziura

- Jeanne was born in Bristol. She grew up in the house across from St. Matthew School in Forestville. Being one of 6 children.
- She attended St. Matthew Grammar School and is a graduate of Bristol Eastern High School. While taking classes at Tunxis Community College. She met her husband, Ron.
- Then continued her education at Southern CT State University, graduating with a degree in Education.
- While raising her two children, Nick and Elizabeth, She went on to earn her Masters Degree in Education from Central CT State University.
- Her son, .Nick and his wife Jill have 3 children; Jack, Isabel, and Henry.
- Her daughter,...Liz and her husband Anthony have two children, Lily and Gabriel.
- Jeanne first worked at St. Ann's School in New Britain, where she taught math, science, and religion for 17 years, until the school closed.
- Jeanne also taught a few years at St. Thomas Aquinas School in New Britain.

- Jeanne has work at Our Lady of Mercy Parish as the Director of Religious Education for 24 years, being a witness of Christ through the giving of her time and talents to young and old alike. She gave countless hours beyond the job requirements to ensure the faith formation foundation of parishioners was met.

- Now that she is retiring, Jeanne looks forward to spending time at home with her husband, children, and grandchildren.

Here are a few of the things that Jeanne coordinated in service to Plainville and surrounds over the years. There are many others, I am sure, but without digging further I came up with this:

- Coordinated cooking and serving at the Christian Fellowship Center soup kitchen in Bristol on many occasions
- Christmas caroling in the neighborhoods surrounding our parish
- Leading teens to Catholic youth conferences (even by bus to Ohio the first year - and had to be evacuated from their tents when a tornado came through, yet she continued to go for more

- than 10 years after to MA!)
- Led the annual Red Sox/Yankees competition of T-shirt collection for St. Vincent dePaul homeless shelter
- Led teens and served at the St. Michael Food Pantry in Hartford
- Led teens in planting flowers at the Rachel monument at St. Joseph Cemetery for many years
- Led bingo and craft making for the residents at Apple Rehab.
- Coordinated the Giving Tree project at OLM, serving vets, the girls group home, the home for unplanned pregnancies, the senior center, and more
- Led our parish Vacation Bible School
- Instituted a collection to serve the Heifer Project.
- Coordinated collections for the Haitian Health Foundation, a CT based organization serving the poor in Haiti

May God Bless You and Your Family!



**ENJOY YOUR RETIREMENT JEANNE
THANK YOU FOR YOUR MANY YEARS OF SERVICE !!!**

Letters to the Editor:

All letters to editor for the November Issue deadline is October 20th. Please limit letters to 500 words.

The Voter's Guide may help you with your writing.

The Municipal Election is held on Tuesday November 5th, 2019

Polls Open 6 am to 8 pm

DISTRICT 1

LINDEN STREET SCHOOL

DISTRICT 2

OUR LADY OF MERCY PARISH CENTER

DISTRICT 3

TOFFOLON SCHOOL

DISTRICT 4

WHEELER SCHOOL

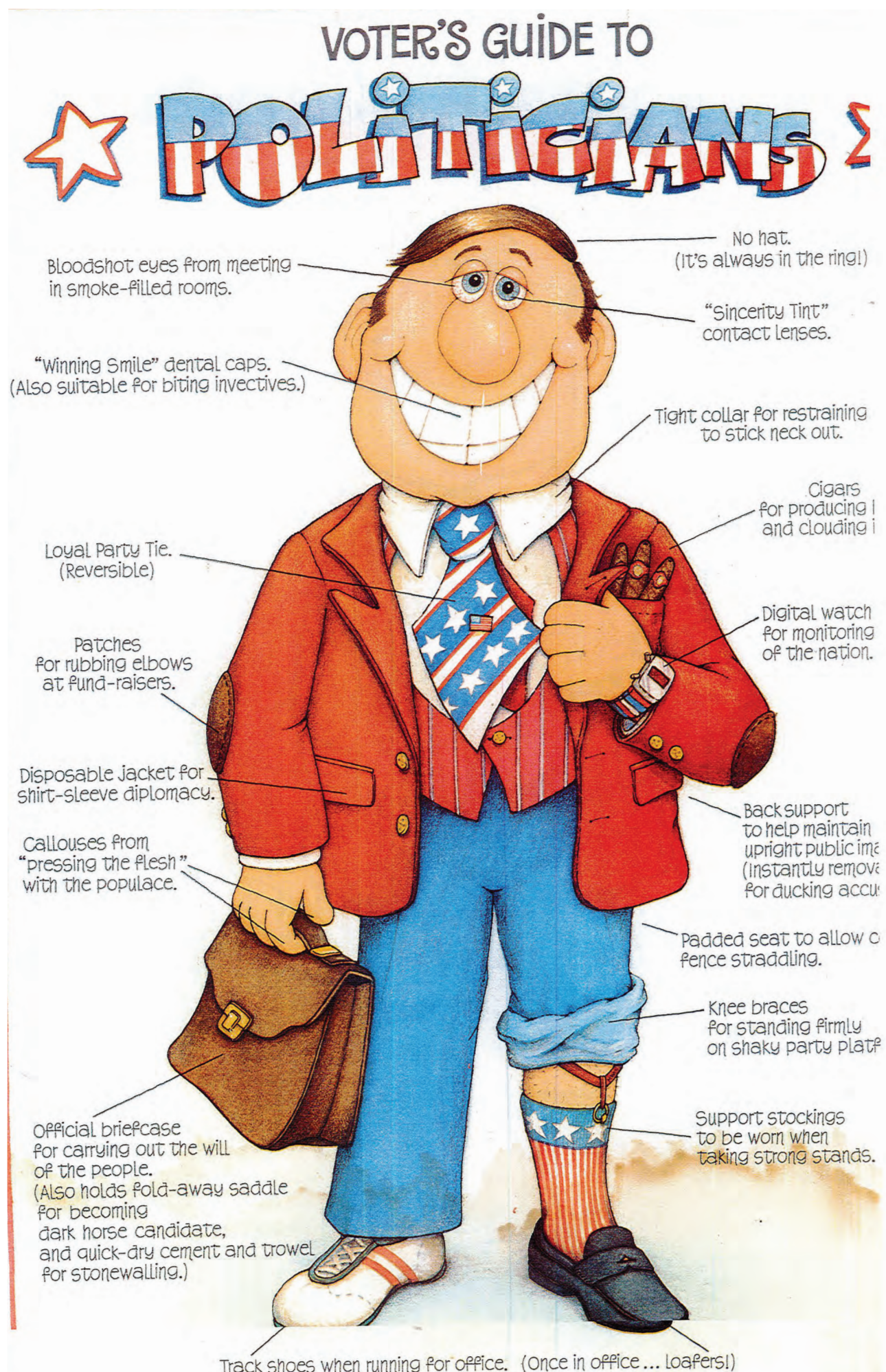
NOTICE TO ALL VOTERS

Are you interested in working at the Polls on Tuesday, November 5th from 6:00 AM to 8PM ?

If you are interested contact the Registrars of Voters at the Municipal Center

860-793-0221
Democrat Registrar
Sue Abrams Ext. 255

860-793-0221
Republican Registrar
Beth Gasparini Ext. 256



5TH ANNUAL PUMPKINFEST

SAT. OCT. 19TH

BAKERY & CAFE

OPEN Tuesday-Saturday 7:00 am to 5:00 pm
Sunday 7:00 am to 1:30 pm
CLOSED Monday

BREAKFAST • LUNCH

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WEST CEMETERY ANNOUNCES RULES

Getting ready for Winter at West Cemetery

A Reminder of our Rules...

1. No plants (real or artificial) or ornaments are to be placed on Flush/Flat Markers
2. Exception: Christmas Decorations after Thanksgiving
3. Only flowering plants are allowed in front of Upright Monuments, no bushes or trees allowed
4. Request other than flowers must be approved by the Cemetery. (includes fencing /stone)
5. Only four grave lots can place flowers in back of a upright monument.
6. No Glass or breakable Containers are allowed
7. Trimming and/or removal of bushes and small trees will continue as weather allows.
8. Ground water will be shut off in October
9. Chapel will only be open upon request - starting in November.

Any violations may be removed by our PCA ground crew as necessary.

These rules help us to maintain the grounds. Any questions please contact the office at 860-747-2314 from Monday to Wednesdays from 8 a.m. to 12 p.m. Thank you, Plainville Cemetery Assn. Inc,

Maggie Centurelli
PCA Superintendent
860-747-2314

Sleigh Bells Craft Fair:

**Plainville United Methodist Church
located at 56 Red Stone Hill
Annual
Sleigh Bells Craft Fair
Saturday, November 30th,
from 9 am to 3 pm.**

Refreshments and lunch will be available during the Fair. We are also accepting donations to the Plainville Food Pantry. For more information, please call the church office at 860-747-2328 or Donna Burns at 860-747-1262.

Craft Fair Crafter/Vendors Wanted:

The Plainville United Methodist Church, located on 56 Red Stone Hill, is accepting applications for their Sleigh Bells Craft Fair to be held on Saturday, November 30th, from 9 am to 3 pm.

To request an application or for more information, please email the church at plainvillunited@sbcglobal.net or

**call the church office at 860-747-2328
or Donna Burns at 860-747-1262**

OBITUARIES

~ Russell Timothy Fisher ~



age 71, passed away on Cape Cod on September 20, 2019 following a short illness. He was the son of Russell Fisher and Catherine "Sis" (Cunningham) Fisher. He lived most of his life in Plainville, CT. and was a 1966 graduate of Plainville High School and St. Bonaventure Seminary of New

York. He served at St. Gregory Church in Bristol and St. Paul Church in Kensington.

Russ "Tim" was an easy going gentle man who always had a sympathetic ear for others problems, yet had a flash sense of humor that made everyone love to have him around. He leaves several cousins and good friends. Funeral services and burial will be held at a later date at the discretion of his family. The Bailey Funeral Home 48 Broad Street in Plainville, CT is assisting the family with arrangements.

“Fill the Truck”

Please help our community support the Plainville Food Pantry. Donations will be accepted for “Fill the Truck” at the Gnazzo’s parking lot, located at 73 East Street, Plainville, CT, from Friday, November 22nd through Tuesday, November 26th. Any donations will be appreciated.

If you have any questions, please call the Plainville United Methodist Church at

860-747-2328

Project Graduation 2020

Clothing Drive, At YMCA, Plainville. Drop off used clothing, linens, bedding and shoes in large plastic bags. Future Clothing Drive Dates: (last Saturday of the month, always 10am-12pm), Oct 26, Nov 30, Dec 28.

Volunteers Needed

In need of volunteers to work concession stand at UConn Girls Basketball games at Storrs. If interested or for more information please contact Stevie at iamstevie@hotmail.com or 860-463-3600.

We are looking for more volunteers to fill committee vacancies. We have something for everyone, so please consider helping our dedicated team plan an entertaining and successful graduation celebration.

**Please join us at our next scheduled meetings on Wed,
Oct 2, Nov 6, Dec 4, 7pm
@ YMCA Plainville.**

**To: All Civic & Religious
Organization
From: The Editor**

We would like to invite everyone.

We would love to have you share all your activities with our readers. Please forward all news and pictures to: **Email-
HMTNN@COMCAST.NET**

Phone: 860-747-4119

*Thanking you in advance.
Jeannette Hinkson, Editor*

THE TEA PARTY PATRIOTS WAKE UP AMERICA

by: Gene

“The Sky is Falling, The Sky is Falling” said Chicken Little. Could it be another falling of the sky like the America’s Civil War in the mid 18th Century? Whereas, as America’s bloodiest conflict, having generated at least a million and a half casualties on both sides combined (Including 620,000 deaths). 1 in 4 soldiers who went to war never came home. 1 in 13 returned home with one or morelimbs missing. For decades in every town and village in the land, one could see the results of DIFFERENT OPINIONS and SCARS ran deep and lingering for many years later. Could this relate to the results of a bitter 2020 election cycle. Whereas, the conflict between the haves and have nots, the good and the bad and all the free stuff given out from (hard working people) who really worked for it. These promises are being made by most of the progressive, liberal democrat candidates running for the presidency. In truth, nothing is free. If it were otherwise, a socialist government could print and then equitably distribute virtually unlimited sums of money, making each and every one of us rich—or super-rich. In an Alice-in-Wonderland world, perhaps, but not in the real world.

If you believe in polls, Gallop Polls say more Democrats have “Positive Views” of socialism (75%) than Capitalism (47%) . It could all be the results of a Liberal/ Socialists takeover. Watch out for these groups and also Islam type groups (Sharia Law) that want to control the Government directly or indirectly. Yes, there are problems with Capitalism, ones that cannot be solved with vague policy statements. Democrats are following steps to achieve democratic socialism by:

1. Refuse to build the wall and refuse to hire enough Border Patrol agents.
2. Allow illegal aliens to become citizens who can vote in all elections.
3. Lower the minimum voting age to 16.
4. Allow convicted felons to vote.
5. Allow personal computers to be used for voting.
6. Radically change the U.S. Supreme Court by adding more justices who will be appointed by a new president, and abolish lifetime appointments.
7. Eliminate the Electoral College and replace it with the popular vote so that the big-city liberal states such as New York, and California can win presidential elections.
8. Merge the United States with Canada and Mexico into a “North American Union.”
9. Write a whole new U.S.Constitution at a new
10. Constitutional Convention, recognizing a one-world
11. International government (United Nations).

Be sure and wear your Make America Great Again red hats and also in support of Boston Red Sox and the Cincinnati Reds.

Remember the saying “If you give them an inch,they’ll take a mile.”

Also, Be Aware of the Red and Green coalition who promotes dangerous propaganda and inflame negative attitudes towards Christians, Jews, American Troops, Police and white people. Some have defended Sharia Law, the Muslim Brotherhood Group, fundraising for the Council on Islamic American Relations (C.I.A.R.), blame Christians for world wide conflict with Muslims and anti-semitic blog, encourage Islamic Demagoguery and promote other Islamic propaganda.

“And fight them until there is no more persecution and religion is only Allah” Qur’an 8:39

“The Duty of a Patriot is to protect his country from its government”. -THOMAS PAINE:

Some excerpts are taken from the New American Magazine.



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OBITUARIES

~ Miles Edward Greenfield ~



68, of Southington, passed away unexpectedly on Saturday, September 14, 2019 at the Hospital of Central Connecticut, New Britain. Born in New Haven on April 17, 1951, he was the son of the late David and Hannah (Boyarsky) Greenfield. Raised and educated in Meriden, he was a graduate of Platt High School. He

went on to earn his Associate's Degree from Abraham Baldwin Agricultural College in Georgia, and here began his passion for gardening, landscaping and the outdoors. He attended Memphis State University, and returned to Connecticut to put his hard work ethics into motion. A man with an entrepreneurial spirit, he formed many companies and partnerships, and was a self-employed courier. He had a love for travel, animals, and cheering on the UCONN football and basketball teams; and will forever be remembered as the glue that held his family together. Always willing to lend a hand to a person or pet, he leaves a legacy of kindness and love for his family and will be greatly missed.

He is survived by his daughters, Rachel Valentine and her husband, Jamie of Plainville and Abby Gagnon and her husband, Michael of Windsor Locks; and his son, Aleksey Greenfield of Plainville. He was the proud "Pa" to his four grandchildren who brought him much joy, Addison and Jack Valentine and Kaedin and Zoey Gagnon. He also leaves his sister, Gail Cooper of N.C.; his nieces and nephews, Cynara, Darren, Evonna, and Marquise Cooper; and many extended family members and friends, including his dear friend Carolyn with whom he shared many travels and life adventures.

Miles' love for animals may be remembered with contributions to the Connecticut Humane Society, 701 Russell Rd, Newington, CT 06111.

Family and friends gathered in celebration of Miles' life at Plainville Funeral Home, 81 Broad St, Plainville. Words of remembrance were shared at the conclusion of the visitation. For online expressions of sympathy, please visit www.PlainvilleFuneralHome.com

~ Marjorie Treece ~



79, of Unionville, entered into eternal life on Tuesday, September 4, 2019.

Marjorie was born on July 13, 1940, in Fayetteville, Arkansas, daughter to the late Garrett and Rheba (Carter) Treece. Marge was born again, saved in October 1976 when she realized she was a sinner in need of a Saviour. Marge trusted in the

finished atoning work of God the Son, the Lord Jesus Christ, through His death, burial, and resurrection. Marge was a devoted Christian, who loved the Lord and God's people. She enjoyed being surrounded by people, spreading the word of the Gospel, and she avidly read her Bible, totaling about four times every year. She was a longtime, faithful member of the First Bible Baptist Church in Plainville for over thirty-two years. Marge was always in high spirits, never complained throughout her life, regardless of what came her way. She was always cheerful and was certainly a loving "pip" that will be sorely missed by her church, family, and friends.

Marjorie is survived by her sister, Janice Burness, her nephews, Brian, Bruce, Ronald, and Joseph, her nieces, Jeane and Luanne, and many loving friends. In addition, she leaves behind her devoted and loving caretaker of 18 years, Latha Wrice. She was predeceased by her parents and her sister, Doris Bahnsen.

Funeral services in celebration of Marjorie's life were at the First Bible Baptist Church, 12 Granger Lane, Plainville, CT 06062. Burial followed in Rose Hill Memorial Park in Rocky Hill. In memory of Marjorie, donations can be made to the First Bible Baptist Church, 12 Granger Lane, Plainville, CT 06062. Bailey Funeral Home, 48 Broad St., Plainville has been entrusted with care.

~ Esther Hedwig (Schubert) Lyons ~



98, of Plainville, passed away peacefully at her home, surrounded by her family and caretakers, on Friday, August 30, 2019. The last surviving of the greatest generation in her family, she is now reunited with her beloved husband, Richard E. "Dick" Lyons, who predeceased her in 2004.

Born in Terryville on November 23, 1920, she was one of five children to the late Gustave and Pauline Schubert. Raised in Terryville, she and Dick settled in Plainville where they shared 63 years of marriage and raised a family of four that they enjoyed watching expand into two more generations. A former secretary for the Bristol Press, she was better known as the "head of administration" in her family, assisting her husband with his local business and in all facets of his and their children's lives. She inspired others through her involvement with the P.H.D. (Plainville Home Demonstration)-an extension of UConn. A longtime member and volunteer of the Plainville United Methodist Church and the United Methodist Ladies, she was also a founding member of the Plainville Historical Society, and a member of the Order of Eastern Star Frederica Chapter #110. A devoted wife, mother, grandmother and great-grandmother, she will be greatly missed, leaving many cherished memories.

She is survived by her children, Nancy L. (Bob) Burns, Janice E. Rogers, Linda S. Lyons and Diane R. (Marianne) Lyons; her grandchildren, Brian Burns and Carol Corriveau, and great-grandchildren, Zackary Burns, and Matthew and Emily Corriveau; along with several nieces and nephews. She was predeceased by her brothers, Edmund, Otto, and Albert Schubert and her sister, Elsie McAdoo.

Esther's family extends their sincerest gratitude to the staff at We Care Companions, especially Jodi Salzillo and Sade Clarke, who were her second family for the past three years.

In lieu of flowers, Esther may be remembered with contributions to the Plainville United Methodist Church, 56 Red Stone Hill, Plainville or the Plainville Community Food Pantry, 54 S. Canal St, Plainville or www.plainvillefoodpantry.org

Esther will be laid to rest privately at West Cemetery. Family and friends gathered in celebration of her life at the Plainville United Methodist Church, 56 Red Stone Hill, Plainville. For online expressions of sympathy, please visit www.PlainvilleFuneralHome.com

~ Barbara "Bobbie" (Bernacki) Nachilly~



It is with broken hearts that we announce the passing of of Farmington, CT Wednesday, August 14, 2019. A beloved and devoted wife, mother, teacher and friend with whom we were fortunate to share our lives and whose smile was like no other has now gone to a special place in heaven. The

eldest daughter of the late Walter and Helen (Dabkowski) Bernacki she was born and raised in New Britain. She attended St. Mary's School and New Britain High School. She earned her Bachelors and Masters Degrees in Mathematics & Chemistry from CCSU. Her education continued at UCONN where she was the recipient of numerous science grants. Barbara's passion and devotion to teach mathematics brought her back to New Britain High School. Throughout her years there she created an enduring influence on her students that will last a lifetime. Barbara and her husband John moved to Farmington where they built their home and raised their family. Always keeping busy she stayed active in her community. She was a former board member at the Wheeler YMCA, a past Chairman of the Farmington Historical Society and was an active fundraiser and current member of the Farmington Republican Town Committee. Barbara loved the outdoors and could be

~ Anita (Lizotte) Marquis ~



83, of Bristol, passed away peacefully at home surrounded by her loving family on Friday, August 30, 2019. She is now reunited with her beloved husband of 55 years, Alberie G. Marquis, who predeceased her in 2012.

Anita was born on March 8, 1936, in Baker Brook, New Brunswick, Canada, one of nine children to the late Hector and Léda (Bouchard) Lizotte. She moved to CT from Canada in March 1957, married her soul mate, Alberie, in April 1957 and she worked a number of years at Carling Switch Inc. in West Hartford. Together, Anita and Alberie established a home to start a family and to raise their children. Along with becoming a loving mother, Anita became the best housewife and cared for her home and children while Alberie worked. She was an excellent cook that never thought she was, but everyone felt she was a culinary comfort to her family and friends. She was the true matriarch of her family. Anita was an avid reader and loved to do word puzzles and watch Andy Griffin and all the old shows on the TV Land channel. She was meticulous in her daily life in everything she did; always spit and polished and a stylish, trendy dresser. Anita had beautiful warm-hearted soul, a witty sense of humor, and was always graceful and gracious. A devoted wife, mother, grandmother, friend, confidant, she will be sorely missed by her family and friends leaving them with a legacy of love and kindness.

Anita is survived by her daughter, Nancy Marquis, of Bristol and her son, Daniel Marquis and his wife, Michelle, of Burlington; her only grandson, Michael Marquis, of Burlington; her sisters, Joanne Morneault and Jacqueline Chassé, of Canada; and many, many nieces and nephews and extended family members. In addition to her husband and her parents, she was predeceased by her sisters and brothers, Rejeane Morneault, Rachelle Albert, Gisele Lévesque, Réginald (Blanc) Lizotte, Armand (Titi) Lizotte, and Roger (Ti-Num) Lizotte.

Funeral services in celebration of Anita's life were held at Bailey Funeral Home, 48 Broad Street, Plainville, CT 06062. In memory of Anita, donations can be made to the American Heart Association, 5 Brookside Drive, PO Box 5022, Wallingford, CT 06492.



found in her beautiful backyard tending to all of her plants. Spending time with her family was always a priority. She could often be found with her family on the golf course or skiing on the slopes.

Along with her husband of sixty-two years John, she is survived by her children and their spouses John and Diana DeValck Nachilly of Durham NH, Keith and Mabel Nachilly of Jupiter FL and Audrey and James Shea of Farmington, CT, her three adored grandchildren Tyler, Sebastian and Erin filled her life with so much happiness and joy. She is also survived by her sister Helene Rymash and brother Walter Bernacki as well as many cousins, nieces, nephews and great friends. Bobbie was greeted in heaven with a hug so tight from her grandson Bernard who will never leave her sight. She is now at peace surrounded with an everlasting love that she gave to us all so graciously.

A Celebration of Barbara's life was held at The Church of St. Patrick, 110 Main St., Farmington, CT. Committal service and final resting place will be in Riverside Cemetery, 160 Garden St., Farmington, CT. There are no calling hours. In lieu of flowers memorial donations may be made to St. Jude's Childrens Research Hospital, 262 Danny Thomas Pl., Memphis, TN 38105. The Paul A. Shaker Funeral Home, 764 Farmington Ave., New Britain, CT has charge of arrangements. To extend condolences to the Nachilly family or to share a memory of Barbara, please visit SHAKERFUNERALHOME.COM

OBITUARIES

~ Axel Jace Ouellette ~



Our community superhero, Axel Jace Ouellette, traded in his cape for his angel wings on Sunday, September 15, 2019 at the Connecticut Children's Medical Center, with his devoted family and friends by his side. In his short ten years on Earth, Axel taught the many lives he touched invaluable lessons of strength, courage, and optimism as he faced his two year battle with Leukemia.

Born in Virginia on October 11, 2008, Axel settled in Plainville with his Mom and Dad, William and Melanie (Pittenger) Ouellette, and was student at Louis Toffolon School. A master LEGO builder, he set records with his speedy fingers and quick assembly skills, and was proud of his vast collection. He played baseball with the Plainville Little League for as long as he could, and was granted his wish through the Make-A-Wish Foundation to spend the day at Fenway to see his favorite Boston Red Sox play and be a member of the team. He spent football season cheering on the New England Patriots, enjoyed his time with his league friends at Lessard Lanes, busted out one of his famous dance moves whenever a favorite pop hit

~ Charles M. Tompkins, Jr. ~



66, of Bristol passed away Friday June 28, 2019 at the Hospital of Central Connecticut in New Britain surrounded by his loving family. He was the husband of the late Marianne (Kreaseck) Tompkins.

Charles was born January 11, 1953 in New Britain, a son of the late Charles M. and

Ruth (Bickford) Tompkins, Sr. He was a graduate of Plainville High School and was a self-employed carpenter and the owner and operator of Tompkins and Sons builders. Charles was an avid supporter of the National Rifle Association and was a member of the Plainville Seventh Day Adventist Church where he was an active volunteer with the church's food pantry.

Charles leaves his son Vincent Tompkins and his daughter Wendy Tompkins both of Bristol, his brother John Tompkins of Plainville, his sisters, Sue Wright and Charolette Gilbert both of Rhode Island and his granddaughters Ashley Clemens and Amber Felton. He was predeceased by his sister, Lynn Start.

A memorial gathering and service in celebration of Charles's life was held on Sunday at the Seventh Day Adventist Church 97 Broad Street in Plainville. Burial will be held privately. The Bailey Funeral Home 48 Broad Street in Plainville has care of arrangements.

~ Walter P. Zarzycki ~



73, of Plainville, passed away on September 3, 2019 at his home.

Walter was born July 30, 1946 in Germany, a son of the late Joseph and Julia (Pawlaska) Zarzycki and was a longtime Plainville resident. Prior to his retirement, he had worked at Price Chopper in Vernon.

Walter proudly served our country in the US Air Force and was a Communicant of Our Lady of Mercy Church.

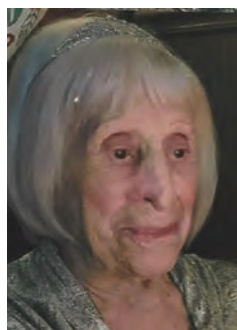
Walter leaves three nieces and many grand nieces and nephews. He was predeceased by his sister Czeslawa M. Plominski.

A Mass of Christian Burial in celebration of Walter's life was held at Our Lady of Mercy Church 94 Broad Street in Plainville. Burial will follow in Saint Joseph Cemetery in Plainville. The Bailey Funeral Home 48 Broad Street in Plainville has care of arrangements.

came on, loved laying with his beloved dog Becca, and longed to be in his swimming pool as much as possible. He found much joy in gaming, loved Mortal Kombat, was a Fortnite fanatic and enjoyed watching Ghost Adventures and Stranger Things with Mom. Axel truly believed that laughter was the best medicine and took great pride in making those around him laugh with his quick wit and playing tricks that only he could get away with. His infinite legacy is one of steadfast bravery, love and smiles, and he will be missed beyond words by so many.

He leaves his Moma and Pepere (Pepe), Bill and Melanie Ouellette; his father, Michael A. Sundberg and his fiancée Jordan Callahan; his brothers, Jace and Jesse Sundberg; and his sisters, Holly Whitley and Bristol Steinbrecher; his grandparents, Michael J. Sundberg and Janice and Joe Adams and great-grandparents, Anita Ouellette, Alan and Cheryl Pittenger, and predeceased by his loving (great) Granny Laurie Mullamphy. He also leaves his Uncle and video game buddy, Erik; Auntie Sam and Uncle Cam Baron, Auntie Mindy and Uncle Jack Horsey, Uncle Matthew and Auntie Johnna, Auntie Missy and Uncle Jim Fields, Auntie Jamie; many cousins and extended family including, Papa Larry, Jennifer Steinbrecher; "aunts and uncles" Faith, Doug, Greg, Skip, Mary, and Rosie; his countless tribe of support and friendship including special friends Ava and NimNim; his karate master and Mortal Kombat partner Carrie Waskowicz;

~ Rose (Fortuna) Coppe ~



104, a longtime resident of Plainville entered into eternal rest on Sunday, September 15, 2019 at Suncoast Hospice in Palm Harbor, FL. She resided with her niece and caregiver Josan (Stella) Berg of Largo, FL for the past 9 years. She is now reunited with her loving husband, the late Martin John Coppe.

"Rosina" was born in Plainville, CT on February 10, 1915 daughter of the late Giuliano and Carmella (Mallia) Fortuna. She was predeceased by her brothers, Albert and Salvatore Fortuna and sisters, Josephine Stella, Mary Gauthier, and Jean Furlani. She was also predeceased by her loving nephew, Conrad Stella.

Rose was in the 1929 class at Plainville High School but left school to work in a drug store and gift shop in New Britain in order to support her parents during financial difficulties. Her father was no longer able to work due to sickness. Next, she ventured into the restaurant business opening the Betsy Ross Restaurant on West Main Street in New Britain. Rose was a "go-getter" and with her vivacious personality went to meet Fred Astaire in New York. She became the owner and director of four Fred Astaire Dance Studios located in Hartford and New Haven CT, Springfield, MA and Providence, RI. She trained and danced with Fred Astaire and traveled with Vera Ellen to New Orleans in the 1950's. Her passion for dancing lasted many years and she retired after 22 years of service in the ballroom dance business. She had a "wonderful life" of dancing inside and out. After retirement, she continued to dance at the Senior Centers in Plainville, New Britain, Bristol and West Hartford. She became known as "Rose the Dancer." She had hobbies of swimming and golfing.

Rose is survived by her nieces, Josan (Stella) Berg of Largo, FL and Annette Gauthier of Stockdale, TX and her nephew, Martin Gauthier of New Britain, several great nieces and nephews and extended family.

Calling hours were at Bailey Funeral Home, 48 Broad St., Plainville. Funeral services in celebration of Rose's life were at the funeral home followed by a Mass of Christian Burial at 10:00 AM at The Church of Our Lady of Mercy, 94 Broad St, Plainville. Pall bearers are: Albert Stella, Curt Stella, Christopher McCall, Laurence Routhier, William O'Dell and Romeo Martin. Burial with a committal service followed in Plainville West Cemetery.

his Guardian Angels at CCMC-Doctor Jonathan Bernstein, APRN's Amanda ("Dr. Taco"), Tara ("Dr. Butt"), Karina, Keri; his special nurse and forever "girlfriend" Monica, and special nurses Drew, Anna, Missy, Jenna, Kelsey, Kristen, Amy, Tori, Olivia, Taylor, Kylie, "Old School Sarah", Chelsea, Carrie, Stephanie, Kim, Kelly, Marie and Meghan to name just a few; Vanessa from Child Life who spent countless hours with Axel when Mom and Dad couldn't be there playing (and losing) Uno and losing football bets, PCA Kyle who spent extra time working on dance moves with Axel, PCA Vanessa who entertained and was equally entertained sharing poop stories with Axel and many many others who went above and beyond for their little buddy.

In lieu of flowers, contributions may be made to Make-A-Wish www.ct.wish.org

Family and friends gathered in celebration of Axel's life. at Plainville Funeral Home, 81 Broad St, Plainville. Words of Remembrance were shared. All are encouraged to wear attire that would honor Axel's bright spirit and favorite pastimes.....Wear your favorite superhero costume or t-shirt donning Lego, Fortnite, Avengers, Minecraft, Superheros, poop emojis, his favorite color red, or any casual apparel is welcome since Axel hated to dress up!

For online expressions of sympathy, please visit www.PlainvilleFuneralHome.com

JESUS, WHO IS HE?

Some like to think that Jesus was just a good man, a prophet, or a god. Let us take a glance at what the Bible has to say about this Jesus. The angel said to Mary concerning this Jesus in Luke 1:35b – "Therefore also that holy thing which shall be born of thee shall be called the Son of God." The Bible tells us that this Jesus was not just a man, a prophet, or a god; He is the Son of God – God come in the flesh!

An angel told the shepherds in Luke 2:11 – "For Unto you is born this day in the city of David a Savior, who is Christ the Lord." Not only is Jesus God but He is also the Savior. The Bible tells us that we are all sinners (Romans 3:23) and thus we all need the Savior and Jesus Christ is that Savior! Jesus said in John 14:6 – "I am the way, the truth, and the life; no man cometh unto the Father, but by me."

Jesus is the only way to heaven. He is the only Savior of the world. It is critical that we all understand this because eternity in hell or heaven depends on what we do with Jesus Christ. Accept Him today as your personal Savior and receive everlasting life (John 1:12). Reject Him as your personal Savior and receive eternal condemnation from God (John 3:18-19). **The choice is yours. Choose life!**

Church of the Bible Peter A. Stonis, Missionary Pastor

*Serving Families of
All Faiths Since 1884*



Bailey Funeral Home

48 Broad Street ~ Plainville, CT
860-747-2295

www.bailey-funeralhome.com

**Traditional, Cremation and Alternative
Funeral Services Available**

~ Memorial Event Planning ~

Paul G. Belval, CFSP
Blaire Bouchard

Medicaid/Title 19



Did You Know Physical Therapy Can Help Prevent Heart Disease?



disease down the road, and physical therapy can get you back into action and keep you moving.

PTSMC of Plainville is here to be your “PT for Life.” That means we’re ready to assess and help treat a broad range of issues – not just rehab for severe injuries and post-op treatment but any muscle, joint or ligament pain, limited mobility, and even vertigo or dizziness that can make activity a dangerous proposition. If you’re decreasing or avoiding activity because of pain, know that in most cases you can see a physical therapist without a doctor’s referral. We can assess your symptoms and let you know if PT is right for you, or if there are other avenues to moving pain-free again.

PTSMC is here to be your PT for heart health – and your PT for Life!

Kevin M. Connellan PT

important things to know about your cardio health:

- The American Heart Association recommends five 30-minute moderate exercise sessions each week.
- The benefits of regular cardio include strengthening your heart and blood vessels, improving the flow of oxygen throughout your body, lowering your blood pressure and cholesterol, and reducing your risk of heart disease, as well as diabetes, Alzheimer’s disease, stroke, and even some kinds of cancer.
- If you’re not sure where to start, don’t feel overwhelmed; cardiovascular activity includes a wide range of activities that get your heart pumping, such as walking, jogging, biking, swimming, and dancing.

Strength Training: The Secret Weapon

Along with cardio, strength training can decrease the risk of heart disease and improve your overall health – here’s how:

- Strength training can speed up the body’s metabolic rate, which can decrease fatty tissue on the body.
- It can also decrease the amount of visceral fat, or belly fat that sits around vital organs, including the heart. Storing excess visceral fat can cause a lot of health problems, including heart disease.
- Studies have shown that strength training twice a week, especially combined with regular cardiovascular activity, can have profoundly positive effects on heart health and overall health.

Physical Therapy Can Get You Moving Again - And Keep You Moving for Good

Whatever your goals are, don’t let pain stop you from achieving them, especially when it comes to your heart health. Getting back into a routine of cardio and strength training can be a vital part of preventing heart

There are many types of heart disease, including hypertension (high blood pressure), coronary heart disease (heart attack), and cerebrovascular disease (stroke), but the most important number is 610,000 – the number of Americans who die of heart disease every year. That’s 1 out of every 4 deaths.

The good news is that most forms of heart disease are preventable by making lifestyle changes, including quitting smoking, practicing good nutrition habits and reducing stress in your everyday life.

It’s often overlooked, but one of the easiest and most effective ways to reduce your risk of heart disease is by staying active. Of course, most of us know that exercising regularly is good for our health, but getting started (or restarted) can often be intimidating, and even more so if you’re experiencing pain or recurring injury. It’s not uncommon that pain in the back, neck, knee, shoulder, or other joints and muscles sidelines a person for an extended period of time – and in many cases that periodic injury can slip into permanent inactivity.

Physical therapists are musculoskeletal experts who are trained to get your body healthy enough to start exercising or get back into a routine without pain, as well as create and support an appropriate exercise program for people of all ability levels. PTs are can help get you moving again by:

- Assessing and diagnosing the root causes of pain and injury
- Treating problem areas with customized plans of care that can include a wide range of modern clinical approaches, including manual (hand-on) therapy, exercises and stretches, dry-needling and more.
- Teaching correct form and posture to ensure that you’re performing exercises correctly to prevent future injuries.

Once your PT has gotten you moving pain free again, you can ease into these activities to keep your heart healthy...

Strengthen Your Heart with Cardio

While the word “cardio” might invoke horror in some, cardiovascular or aerobic activity is important for (surprise) cardiovascular health. Here are a few

Plainville Public Library

October Events

October Movie.....

Yesterday will be screened on Thursday, October 10th at 1:00 pm, and Saturday, October 26th at 1:30 pm. Yesterday depicts a struggling musician who wakes up in an alternate universe where he’s the only person on earth who remembers The Beatles. This film is rated PG-13 and runs 1 hour and 56 minutes. No registration is necessary.

Make Your Own Bird Feeders.....

On Wednesday, October 2nd at 6:30 pm, crafters will take home their own easy-to-make bird feeder created from birdseed, cookie cutters, popsicle sticks, and more. This program is open to teens and adults. To register for this program, visit the Library’s website at plainvillect.com/library and click on “Calendar,” or call the Library at 860-793-1446.

Learn a Library Database: JobNow

On Saturday, October 5th, at 11:30 am & Wednesday, October 16th, at 2:30 pm, library users may learn how to access the JobNow database through the Plainville Public Library website. JobNow provides free, LIVE, one-on-one job search assistance with trained career counselors. Users may get coaching on résumés,

interviews, job applications, career resources, and more. To register for this program, visit the Library’s website at plainvillect.com/library and click on “Calendar,” or call the Library at 860-793-1446.

Understanding Your Senses.....

On Thursday, October 17th at 6:30 pm, Connecticut Medium and Paranormal Author Sydney Sherman will demonstrate and explain how everyone can learn to recognize the difference between spiritual interactions and common environmental effects, all by using their own innate senses. This program is generously funded by the Friends of the Plainville Public Library. Refreshments will also be provided by the Friends. To register for this program, visit the Library’s website at plainvillect.com/library and click on “Calendar,” or call the Library at 860-793-1446.

Beyond Basic Couponing.....

On Wednesday, October 23rd at 6:30 pm, Gina Juliano returns to show bargain hunters how to save money using e-coupons and apps. Participants should have basic computer knowledge. This program is generously funded by the Friends of the Plainville Public Library. To register for this program, visit the Library’s website at plainvillect.com/library and click on “Calendar,” or call the Library at 860-793-1446.

Physical Therapy & Sports Medicine Centers

Kevin M. Connellan PT~Partner/Director

103 East Main St Suite C, Plainville, CT 06062

(860) 517-8885

Plainville to Host Tours of Historic Sites

Celebrating the

Town of Plainville’s 150th Anniversary

Plainville, CT- September 23, 2019 — In honor of the Town of Plainville’s 150th Anniversary, a tour of historic sites in Plainville will be held on October 5, 2019 from 10am to 4:00 pm. Tours will commence and end at the Plainville Municipal Center parking lot where plenty of parking will be available. Tours will depart by a Trolley generously donated by Dattco beginning at 10am with the second tour departing at 10:30am by the handicap-equipped bus provided by the Senior Center. The last bus will depart at 3pm. Tour duration is approximately one hour. At a table behind the Municipal Center, guests may pick up a map and brochure giving historic details of the sites. Volunteers at the table will let individuals know what time the next tour bus will be coming in. Before and after the tour, people are encouraged to visit the Historic Center which will be open from 10am until 3pm that day. Residents and visitors are encouraged to enjoy this unique opportunity to visit some of Plainville’s historic treasures. For more information:

Email Plainville150th@gmail.com Or check on Facebook: <https://www.facebook.com/Plainville150th/>

Plainville150th/

Notary Public ~ Helen Bergenty

27 Sherman Street, Plainville PH: 860-747-4119 or Cell: 860-302-3783 Our Office or Your Office /Home

Pet Page

To list your "HOME NEEDED or PET WANTED":

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Send us a picture of your pet with your child,
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NEW CHAMPION IN TOWN

Wyatt Titan Szizlin Janick-a Vizsla pup owned by John and JoAnn Janick of Plainville became an AKC Champion on July 5, 2019.

Wyatt is handled by John Janick. John entered Wyatt at age 14 months in his first dog show in November of 2018, in the short period of 7 1/2 months Wyatt became a Champion at age 23 months which is not an easy task.

Dog shows are highly competitive you need 15 points and 2 majors to become a champion, Plus you are up against Professional Handlers, who handle many dogs and are paid for their services. The more dogs in your event the more points the winning dog can receive but also harder to win, You must also win 2 Majors to become a champion but these are harder because you compete against the top dogs plus most of the time all Professional Handlers are showing.

We travelled with Wyatt to dog shows in CT, MA, New York, New Jersey and PA. Not always coming back a winner but Wyatt travels well and we are very proud of him. Even though he is a champion now he is still an active Vizsla gets in trouble at home, loves his walks, playtime in the backyard with other dogs and our grandchildren.

Wyatt is now competing to become a Grand Champion.



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Large Dogs~Short Hair \$60. & up -Long Hair \$65. & up

** All grooming include Bath Brushout (dematting is extra), nail trim, ear cleaning, Bow or Bandana & nail polish-*

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Pooch by Wendell Copeland





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