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Serving the Community for 23 years....working for a Better Plainville!
Circulation over 9,500 ~ mailed to EVERY HOME & Business in Plainville

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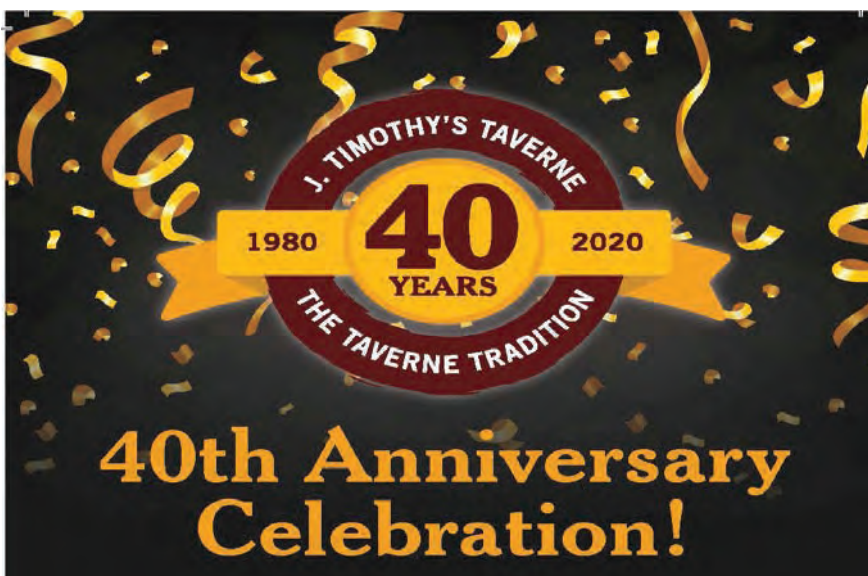
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Plainville's Award Winning J. Timothy's Taverne CELEBRATES 40TH ANNIVERSARY



Heartfelt Thanks to everyone that joined our 40th year Anniversary Celebration last Wednesday. The entire ticket proceeds are a donation for our new J. Timothy's Taverne "John Huwe Memorial Scholarship" at Plainville High School.

Shown outside the Taverne is most of J. Timothy's staff including servers, bartenders, hosts and kitchen staff. See pages 32 and 33 for more photos

WHERE DID THE TIME GO

By: Jeannette Hinkson
See Story on Page 3



ranked #1 gyms in Hartford county

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CTNOW ★ BEST OF HARTFORD READERS' POLL 2019

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(just 2 minutes past AMC Theaters)
newington vernon
simsbury farmington
bigskyfitness.com

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Plainville A.A.R.P. Chapter #4146

The Program
Chairperson,
Olga Callendar
introduced the

Ukelele Proformers
from
Plainville and Bristol
They are only 8 of the
40 member

Ukelele Proformers
Anyone interested
in joining the group
contact
Wendell Copeland
860-747-4747



To add fun and joy to your life, you now play or want to learn. Call Today!

Umm, umm, GOOD!!



Photo by: Neil McCord, best waiter in the county

What better place to be when you retire is having the best baby back ribs in the country at the Oakwood BBQ in Clermont Florida, with friends?

Pictured above, from left to right; Bob Hinkson, retired, Hinkson Excavating, Jeannette Hinkson, retired, Bamboo Boutique, Gabby Paciotti, retired, Plainville Animal Control 38 years, Bill Buden, retired, Plainville Police Dept. 31 years, Jane Buden, retired, Plainville Assessor, 45 years, Bob Paciotti, retired Lt. New Britain Police Detective Bureau.



The waiter, Neil McCord
Photo by: Jeannette Hinkson

Happy Birthday



**Theresa
Auclair**
A.A.R.P.
Member

March 3rd

MIKE'S AUTO SERVICE & BODY SHOP

320 Farmington Ave. (Rt. 10)

Plainville, CT 06062

860-793-2811

Does your car need some tender loving care?

Come see us for a **SPRING** check up!

Happy St. Patrick's Day!!

Friendly Service YOU can **TRUST.**
We will work hard to earn your **TRUST.**



MikesAutoPlainville.com

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Wendell Copeland

Legal Advisor
Attorney Thomas A. Wurz
132 East Street, Plainville, CT

This paper is published monthly as a service to the citizens of Plainville, Connecticut by Plainville Community News, Inc. It is a non-profit, 501C, all volunteer group of residents who are interested in informing our citizens of community activities and local news. All positive contributions are welcome and will be printed subject to the approval of the staff on a space available basis.

~ ADVERTISING ~

To place your advertisement contact us:
TEL: (860) 747-4119

FAX: (860)747-0042
SUBMISSIONS:
Postal Address

Plainville Community News, Inc.
27 Sherman Street
Plainville, CT 06062-0387

EMAIL: hmtnn@comcast.net
OUR WEBSITE: Complete Paper

www.plainvilleshometownconnection.com

All contributions, news items and advertisements may be dropped off in the box at 27 Sherman Street or sent to the above email address.

~ ADVERTISING ~

Business Card Ads \$25.00

to place your Business Card ad, just e-mail it to us & we will send you an invoice OR.....for Display Ads and Rates Call: 860-747-4119
Dolly Chamberlin, Deb Hardy, Laurie Peterson
Ray Cormier or Helen Bergenty

Deadline for submission is the 15th of every month. Call us for a quote on your special advertisements. Tabloid Size Paper (11 x 17).
Printed 10 times a year.

Each issue is mailed FREE to every Plainville household & business. Circulation is 9,500.

NEXT ISSUE WILL BE

APRIL DEADLINE IS: MARCH 15th

Happy St. Patrick's Day

Do you have a family member or friend in the Armed Service?

Did you know that they could receive the Hometown Connection FREE each month?

Just e-mail their name and address to:

HMTNN@COMCAST.NET

or Mail to:

Hometown Connection

27 Sherman Street Plainville, CT 06062

Give someone who lives out of Town, State or Country a gift that lasts all year.....

A Subscription to the Hometown Connection for ONLY:

\$25.00 for the First Class Postage.

Make check payable &

Mail to: Hometown Connection

27 Sherman Street Plainville, CT 06062

Plainville Property Transfers

125 Arcadia Ave: Kelly A. Daly and Wells Fargo Bank NA of Plainville to Wells Fargo Bank NA, \$110,300 on 1/16/2020

Carol Dr: Barry J. and Susan A. Pearson of Plainville to Lady Liberty Legacy T and Elizabeth Loyce, \$350,008 on 1/14/2020

61 Cleveland St: Bank New York Mellon Tr of Plainville to Devin M. Widger and Kaleigh M. Jankowski, \$194,500 on 1/15/2020

86 Dallas Ave: Alan P. Ricciardone of Plainville to Thomas R. Toppi, \$180,000 on 1/15/2020

64 Forshaw Ave Unit 64: Miller Robyn E. Est and Jerilee B. Batista of Plainville to Frances M. Raboin, \$195,000 on 1/13/2020

10 James Pl: James M. and Pamela J. Lenois of Plainville to Laura Marquez, \$440,000 on 1/16/2020

127 W Main St: Paul Gerke of Plainville to SR Development Group LLC \$73,000 1/14/2020

1 HIGGINS AVE. Kyle S. Corriveau of Plainville to Kylie Sarantides and David Valentukonis, \$214,000 on 1/23/2010

50 Pierce St Unit 53: Cynthia M. and Steven W. Pilarski of Plainville to Sueann Roy, \$101,000 on 1/21/2020

215 Tomlinson Ave. Alan Plasky and April Palombizio of Plainville to George D. Canales, \$240,000 on 1/21/2020

8 Hemingway St: Rachael L. Couture of Plainville to Agata Marianski, \$184,000 on 1/30/2020

37 Maxine Rd: Jonathan Cote of Plainville to Andrzej and Anna Czekaj, \$185,000 on 1/27/2020

30 Robert Jackson Way: M&L Real Estate Holdings of Plainville to 30 Robert Jackson Way LLC, \$272,500 on 1/29/2020

114 S Washington St Unit 16: Andrew Zielke of Plainville to Michelle L. Slavin, \$127,500 on 1/29/2020

140 W. Main St: Bear Realty LLC of Plainville to Bristol 9 LLC, \$700,000 on 1/30/2020.

10 Mancini Way: Daniel S. and Carol R. Topa of Plainville to Susan A. Attebery and Bethel T. Hairston, \$495,000 on 2/3/2020

83 N. Washington St: WCTD Investments LLC of Plainville to AMPS Electric & Home Svc, \$55,000 on 2/3/2020

104 Trumbull Ave: USA HUD of Plainville to Krystal Aubin and Peter J Fabrizio, \$174,950 on 2/4/2020

Unable to Attend Town Council Meetings? If you have an issue you would like to discuss with the Council or a Councilor, just call 860-793-0221 ext. 205 Leave your name, phone number, & Councilor's name to contact you.

Steps to Be Taken by Property Owners When Sewage Back-up Occurs

If a back-up occurs during business hours call: Normal Business Hours - Monday - Friday 7:00am - 3:00pm

Water Pollution Control Department: (860)793-0221 Ext. 228

If a back-up occurs during non-business hours call: Non-Business Hours - Nights, Weekends & Holiday

Plainville Police Non-Emergency Line: (860)747-1616

Once contacted a WPC Maintenance crew will be notified of the situation and will arrive to determine if the backup is from the main sewer line. If it is, they will clear it. If the blockage is not in the main sewer line then the WPC Maintenance crew will direct the property owner to contact a licensed drain layer/plumber.

Transfer Station

From the Desk of : Dominick Moschini

The Transfer Station on Granger Lane will be open for the season on Saturday, April 4, 2020.

The hours of operation are 8:00 AM to 3:00 PM. SATURDAY'S ONLY.

Plainville residents must show identification.

There is a fee for disposal. If you have any questions, please call Public Works at 860-793-0221 ext. 208



Where Did The Time Go?

By: Jeannette Hinkson

Some forty years ago I met a young man whose dream was to become a Plainville Police Officer and follow in the footsteps of his big brother Bill, who already had wore the uniform of P.P.D for a number of years. After becoming a supernumerary on our department it wasn't long before a slot opened and Pat Buden realized his dream and was sworn in by our then Chief Frank Roche. Pat learned from his brother, not just basic police work but compassion. No matter what side of the law you were on if one of the Buden boys showed up everyone knew they were going to get a fair deal and be treated with respect. Pat became a welcomed part of our family, as did most of the officers on the department. Being a business person, as other business owners can tell you, the men and women of our department have always been there for the businesses of our town. Residents can look to the Plainville Police Department to answer the call of residents, might it be from a rookie officer or the Chief himself, the officers of our department are indeed there to serve everyone. Fast forward many years, marriage, two sons and a new daughter-in-law, today is both a happy time as well as a sad one as Plainville extends their best wishes to Cpl. Patrick Buden on his retirement after devoting thirty five years of his life and the life of his family to the town of Plainville and its people. I kiddingly say to Pats wife Sue, you know that old song, "It's so nice to have a man around the house." Let's see how that's going to work. (You can take that advice from many wives, whose husbands have retired,) LOL!

Dates to Remember in March

Sun. 8th Daylight Savings Time Begins

Tues. 17th St. Patrick's Day

Thurs. 19th First Day of Spring

Remember.....

Your Anniversary & Spouse's Birthday!

Take a peek... [Illustration of eyes]

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Send Letters, News & etc. to: hmtnn@comcast.net Thank You!

Robert E. Lee, Town Manager's Report to Town Council January 21, February 3, & February 18, 2020

January 21, 2020

Road Bond – Phase 2

- Town staff has recently met regarding the proposed streets to be re-paved under the first year of the Phase II \$5M Road Bond Program. The recommendation for 2020 includes twenty-five (25) streets involving approximately four miles of road.
- Some of the major streets on the list include Arcadia Ave., Norton Park Rd., E. Broad St., Robert Holcomb Way, Julie Rd., Rosanne La., Locust St. & a portion of Norton Trail. A complete list of the recommended streets was included in the meeting information package. The total estimated cost to re-pave the 25 streets is \$1.152M.
- Town staff is also recommending authorization to purchase up to \$100K for catch basin tops and other related products from United Concrete Products and up to \$50K for concrete blocks and brick from Cromwell Concrete utilizing a state bid price. There is an item under New Business regarding both recommended purchases. Monies would come from the Road Bond authorization.
- Finally, Town staff is once again recommending authorization to hire Jones Construction Company to assist the Roadways Department in the repair of catch basins prior to paving. Jones Construction was the low bidder for this work in 2018 and has performed their work in an exemplary fashion over the last two years. They have agreed to hold their original unit prices from 2018. The estimated amount of their work would be "not to exceed \$50K".
- These monies would also come from the Road Bond authorization. There is an item under New Business regarding this recommendation.
- Town staff expects to begin the paving work in the Spring.

Public Investment Community Index

- The State Office of Policy & Management prepares what is called the Public Investment Community (PIC) index for the cities and towns in CT. The PIC index measures the relative wealth and need of Connecticut towns by ranking them in descending order by their cumulative point allocation based upon five factors.
- These five factors are: 1) per capita income; 2) adjusted equalized grand list per capita; 3) equalized mill rate; 4) per capita aid to children receiving Temporary Family Assistance program benefits and 5) unemployment rate.
- Towns ranked in the top quartile (42 or less) in the PIC rankings are eligible for financial assistance programs

that various agencies administer. These financial assistance programs include Urban Action Bond Assistance, Community Economic Development Program, Residential Mortgage Guarantee Program, Malpractice Insurance Purchase Program, and the Enterprise Corridor Zone Designation.

- Plainville has been eligible under the PIC Index for many years and has taken advantage of several of the programs listed. In the year 2012, Plainville was number 33 on the PIC Index. In 2020, Plainville now stands at #44. Moving down the list means that, according to the State, we have become "wealthier" than 10 other Towns in CT over the last 8 years.
- Towns considered less "wealthy" than Plainville include Mansfield, Windsor, Bloomfield, East Windsor, Enfield, Bristol, Plymouth and Seymour to name a few. This is somewhat both "good" news and "bad" news. The good news is that overall Plainville has gotten financially better since 2012, the bad news is that, if we continue this trend, we will become ineligible for some of the State assistance programs.

Release of a Portion of Open Space on Camp & Bradley Streets

- At the January 6th meeting the Town Council reviewed a request from Trumbull Homes that a portion of land located on Camp Street and owned by the Town for open space purposes be released to the Trumbull Home homeowner's association.
- This land is located on the south side of the New Britain Water Company easement. This transfer would allow the Association to landscape a steep slope and relieve the Town from maintaining this area. The land would remain as open space in private ownership prevented from future development.
- Because this land consists of a steep slope that will require attention and resources going forward by whoever owns the land, there are advantages to transferring ownership from the Town to the Association.
- At the January 6th meeting the Town Council referred the request to the Planning & Zoning Commission for their recommendation pursuant to 8-24 of the CT General Statutes.
- On January 14th, the P&Z met and approved a motion to "approve the release of a portion of land at 161 Camp Street and 25 Bradley Street to Trumbull Homes".
- If the Town Council wishes to approve this request, there is an item under New Business for your consideration.

Grand List – October 1, 2019

- Ann Marie Heering, Town Assessor has completed the October 1, 2019 Grand List. The

Grand List is the value of all property and includes real estate, motor vehicle and personal property.

- For 2019, the Grand List increased by \$15,678,860 or 1.12%. This is almost twice the increase from last year. This is the largest non-revaluation increase in 15 years.
- Real estate values increased by \$4.6M or 0.40%. Personal property increased by \$7.2M or 7.29%. Motor vehicles increased by \$3.9M or 2.71%.
- Based on the current mill rate, the increase in revenues to the FY21 Town Budget would be \$542,802.

Financial Dashboard

- The Financial Dashboard for the first six months of the fiscal year was included in the information package for this evening's meeting and was posted on the Town website

February 3, 2020

Audit Review – Nikoleta McTigue (BlumShapiro)

- Nikoleta McTigue is here this evening to give a presentation of the recently completed Town Audit for the Fiscal Year ending June 30, 2019.
- The FY19 Audit was previously provided to the Town Council and is posted on the Town website.

February 18, 2020

Personal Property Audit – Ann Marie Heering

- The FY20 Budget included a \$10K line item to audit ten manufacturing businesses in Plainville. There are approximately 79 such businesses in Town.
- Ann Marie Heering, the Town Assessor is here this evening to give a summary of the results of the recently completed personal property audits.

Wheeler Elementary School Open House/Ribbon Cutting – March 4

- An Open House & Ribbon Cutting Ceremony has been scheduled for the newly renovated Frank T. Wheeler Elementary School. This will be held on Wednesday, March 4th from 6-7:30 pm. The public is invited to tour the building at this time.
- A ribbon cutting ceremony and remarks by several invited guests will take place at 6:30 pm in the Wheeler Gymnasium and light refreshments will be served in the cafeteria.
- Several years ago, Town residents approved a \$23.5M appropriation to renovate the school. The project was completed ahead of schedule and is anticipated to come in under the budgeted amount. The project is essentially complete except for some outdoor punch list items that will be completed in the Spring.
- Residents are encouraged to attend the Open House.

Town Council March Meeting Schedule

- On March 2nd the Town Council will be receiving the FY21 Town

Budget recommendation. Both myself and Superintendent of Schools Steve LePage will give a brief summary of both the Town and School budgets.

- On Thursday, March 5th, there will be a Public Hearing beginning at 7:00 pm where residents can comment on the proposed budget as recommended by the Town Manager and Board of Education.
- The Town Council will then conduct work sessions on the proposed budgets beginning the week of March 9th. Town staff has provided the Town Council with possible dates for the work session for your consideration this evening. It is proposed that the work sessions begin at 6:30 and that they also be televised by Nutmeg TV. The work sessions are open to the public as well.
- There is an item under New Business that would set the date and time of the work sessions.

Airport Lease Extension

- The Robertson Airport lease with Interstate Aviation is scheduled to expire on August 31, 2020. The lease provides for a five-year extension. Over the last several months the Aviation Commission has been negotiating with Interstate for the lease extension.
- At their meeting held on January 27th, the Aviation Commission unanimously voted on the specific terms for the extension. These terms include the monthly lease payment, revenue sharing, lessee capital improvements and lessor capital improvements.
- The proposed lease would result in the Airport continuing to be self-sufficient requiring no Town taxpayer support.
- The next step is for the Town Attorney to draft the lease extension based upon the terms approved by the Aviation Commission. No action by the Town Council is required at this time. It is expected that the Commission will formally present their recommendation once the extension has been drafted and ready for signature.
- I want to thank the Aviation Commission for their volunteer efforts and expertise in overseeing the operation of Robertson Airport.

Facilities Study Committee

- In January of 1996, the Town Council established a "Facilities Study Committee".
- In June of 2005, the Town Council established the Capital Projects Building Committee.
- Both have similar charges and responsibilities. Town staff recommends the Town Council disband the "Facilities Study Committee".

Financial Dashboard - Is posted on Town website.



Robert E. Lee

Plainville to wrap up projects

Story by Brian M. Johnson

The town will aim to wrap up a couple of long-running projects under-budget this year as it prepares for the next series of municipal improvements, which will include roadways and sidewalks.

Both the Wheeler School renovation and the phosphorus reduction upgrades to the town's waste water treatment plant, projects which began in 2017, are expected to wrap up this spring, said Town Manager Robert E. Lee. Both projects are expected to be completed ahead of schedule and under budget.

"Wheeler School was a \$23 million project and it is coming in at about \$1 million under," said Lee. "The treatment plant is also about \$1 million under. That project was budgeted for about \$15 million. Wheeler School is basically done; we're down to punch list items like landscaping."

Lee said the town could also expect to see progress with the closure of the Plainville gap in the Farmington Canal Heritage Trail. The southern portion of the trail through town, he said, is expected to begin this year.

"We will be finalizing the design in the next three or four months," he said. "We plan to hold public information sessions so that the public and the Town Council can give feedback."

The town will also begin its second \$5 million, five-year road repair project. Voters approved this plan at a referendum in November 2019 with 2,304 in favor and 686 against.

The roads addressed will be those that haven't been touched in 25 to 30 years. Some roads that could be addressed include Whiting Street, which has't been repaired since 1991; Arcadia Avenue, which hasn't been paved since 1989; and Robert Holcomb Way, which hasn't been done since 1990. Also included would be Homestead Avenue, a small street that Lee said hasn't been paved since 1984; Ciccio Court and Beckwith Drive, untouched since 1984; Maiden Lane, unpaved since 1989; Canal Street, which hasn't been repaired since

1991; and a portion of Redstone Hill to Town Line Road. Another portion of Town Line Road was previously repaired.

"We will be sitting down with staff and planning out which roads get done soon," said Lee. "The ones which haven't been repaved in the longest will be the top priority."

Lee said the town's budget season is coming up and that the Town Council has directed him to look at addressing the repairs of local sidewalks.

"It will be a challenge to do this along with our other capital improvement needs, but like the road project we will be looking at the worst ones and coming up with a list of priorities," he said.

On the economic development side of things, Lee said he aims to sell the White Oak property next to the Municipal Center. The town has been working on this property for a year and a half, Lee said. The town acquired and remediated the 15 acres of land, which belonged to White Oak Construction, and is now awaiting the results of an environmental report. The town should have the report by the end of the month.

"Thirty or 40 years ago, White Oak was one of the largest construction companies in Connecticut; they were known for building bridges," Lee said. "If we're able to get this piece of land back on the tax market it could be a big opportunity for us. There are some limitations since the land falls within the 100-year flood plain, but that doesn't mean you can't build anything there. It is in a key spot and we have already had some people inquiring."

The year will not be without its share of challenges, though. The costs of recycling, Lee said, have gone up considerably.

"This year they were twice what we budgeted," he said. "It costs more for us to recycle than it costs to get rid of trash. There is an \$87 a ton tip fee for recycling and it is only \$65 for trash."



Healthy Plainville is an initiative in Plainville whose mission is....

By: Roberta Brown

"To promote a healthy community for youth and families in Plainville by:

- Increasing awareness of healthy food choices
- Promoting the benefits and opportunities for physical activity
- Eliminating the use of harmful substances"

For 2020, Healthy Plainville is focusing on highlighting the many opportunities that Plainville provides for youth and families to be physically active while having fun.

Each month we will showcase a different program. For February, we are shining a light on:

Wheeler Regional Family YMCA Middle School Enrichment Program – Co-Ed Volleyball

Program is open to the community, members and non members, ages grades 6-8.

The program costs \$10 total for 10 weeks of Volleyball. Students can enroll at any time during the 10 weeks which started now to April 30, 2020 from 4 – 5 pm.

"Program participants will learn basic skills, rules and scoring through scrimmages while socializing with friends. Snacks provided from 3:30p-4:00p. Participants under 12 years of age and non-members of the Wheeler YMCA unfortunately are not eligible to stay at the facility after 5pm without an adult present and will need to be picked up"

To Enroll, call the YMCA at 860-793-9631 or follow this link: https://operations.daxko.com/Online/3050/ProgramsV2/OfferingDetails.mvc?program_id=TMP10022&offering_id=SES2510057&location_id=B190

There are other programs in the arts, such as photography and theatre that are offered within the Middle School Enrichment Program. Contact The Wheeler

Want a Job for a Day???

Tuesday, April 28th~~ 6 am to 8 pm

Primary Day & Budget Vote

All Four Districts will be open

for the Primary PLUS

the FireHouse for the Town Budget Vote

The Registrars need workers for all locations!

"The age requirement 17 years and older"

Call 860-793-0221



For Voting Information

For Voting Information or

or Questions:

Questions:

Please Contact:

Please Contact:

Sue Abram

Beth Gasparini

Democrat Registrar of Voters

Republican Registrar of Voters

860-793-0221 Ext. 255

860-793-0221 Ext. 256

Above: Re-printed with permission from New Britain Herald.
Home delivery only \$6.50/wk
Publisher reserves right to change the prices without notice.

Winter Parking Restrictions

The Plainville Police restrictions for winter overnight parking is in effect until April 1st.

Caring Spirit Yoga

Wendy Irving
RYT - 200 hr

333 Scott Swamp Road - Route 6
(red,white,blue mail box - 1757 built white house)
Farmington, CT 06032

860-620-7794

Caringspiritryoga@aol.com
www.caringspiritryoga.com
facebook - Caring Spirit Yoga



NOTARY PUBLIC

****KATHY PUGLIESE****

50 West Broad Street ~ PLAINVILLE

860-681-2645

Chamber "Meet & Greet"

Alexandria Edman & Chamber

Hello, for those of you who don't know me personally, my name is Alexandria Edman. I grew up in Plainville and it has been my home ever since. Last year, was a year of job loss and transition. I thought it might be a time to reinvent myself and do something meaningful... something that I believed would benefit the town of Plainville and surrounding towns. And, that is when I decided to start my own errand service. My main thought process is simply, if I can offer people assistance in getting errands done whether due to busy schedules, lack of transportation or folks who may be homebound..that I would be doing a good thing for the community. And that is something I find personally rewarding! I looked forward to meeting you at the Plainville town hall for the Chamber of Commerce "Meet and Greet" session in the conference room at the Chamber office. I am happy to help take some of the worries and errands off your plate! I am happy to shop for and deliver to your loved ones along with a 10% discount off your first errand. Give me a call at 860-558-6973 No Worries Errand Service



HAPPENINGS: Town Council Meeting February 18th

Important message from the Plainville Coalition for Positive Youth Development:

The Surgeon General has declared vaping an epidemic among youth. It is critical for parents to talk to their children about the dangers of e-cigarettes. We are now going to play this short video produced by students and staff at Plainville High School.

The following programs were held at the Senior Center and require registration to attend.

ALL ABOUT ARTHRITIS THURSDAY, FEBRUARY 20, 1:00 P.M.

CREAKING & CRACKING: COMMON MUSCULOSKELETAL CHANGES WITH AGING

FRIDAY, FEBRUARY 28, 10:00 A.M.

DIET AND YOUR HEALTH FRIDAY, FEBRUARY 21, 10:00 A.M.

ROARING BROOK NATURE CENTER, CANTON TUESDAY, FEBRUARY 25, 11:00 A.M.

ADVANCED DIRECTIVES & LIVING WILLS WEDNESDAY, MARCH 11, 2:00 P.M.

Presented by Attorney Shirley Pripstein with Greater Hartford Legal Aid.

The Plainville Senior Center is at 200 East Street in Plainville. For information call 860-747-5728

ADVANCED DIRECTIVES & LIVING WILLS

WEDNESDAY, MARCH 11, 2:00 P.M.

Presented by Attorney Shirley Pripstein with Greater Hartford Legal Aid.

Chamber 112th ANNUAL AWARDS DINNER

Wednesday, April 22nd at

VFW Post 574,

7 Northwest Drive, Plainville

5:30 Cocktails & Hors d'oeuvres,

6:30 Buffet Dinner, Coffee & Dessert

7:00 Awards Presentation

Cash Bar, 50/50 Raffle

Entertainment by BBPRO

Presentation of Awards

"2020 Business of the Year"

LaQuerre Audi, LLC:

Ryan LaQuerre and Michael Audi

"Distinguished

Community Leadership"

Mr.&Mrs. William & Barbara Petit, Sr.

"Distinguished Women in Business

466 Salon and Spa

Beautification Award:

Flipping and Stones

Marco Palermo and Gabriel Maldonado

Non-Profit of the Year

VFW Post 574: Bob Beveridge

"Distinguished Family in Business"

Northeast Produce, Inc.

Lisa and Michael Meininkaitis,

Joseph and Felicia Ruffini

"Community Volunteer"

Kevin Connellan, Physical Therapy &

Sports Medicine Centers

Tickets and Sponsorship Opportunities

available. Contact Lisa Hubina

at the Chamber,

info@plainvillechamber.com

860-747-6867

THE TEA PARTY PATRIOTS WAKE UP AMERICA

By: Gene

Soren Kiekegaard (1813-1855)

"There are two ways to be fooled. One is to believe what isn't true; the other is to refuse to believe what is true".

There is still a new sheriff in town, with badge, after 3 1/2 years in office. He has been saying what true Americans have been saying in their homes for many years. (He is not just a Carnival Talker). He is much more. But also not like Nancy Pelosi who will need a new paper shredder as all of the facts come out. There is a great crackup of the liberal, progressive, and (D) party and it is widening every day again as the true facts come out. She is a national disgrace which dragged this county to a fake impeachment SCAM for the last few months.

Just a few of the accomplishments as made in this term:

Enacted a new trade agreement USMCA

Prison and Criminal reforms

Reduce Southern Border crossing for nine months in a row

Reduce the presence of the M-13 gangs.

Larger military funding

Move the Embassy to Jerusalem in Israel

Rising Stock Market

Eliminated the top leaders in the Iran and Isis Groups.

Not closing the base Guantanamo

Making NATO pay more

49% Approval Rating

The Keystone Pipeline

Open more land for hunting and grazing

Able to settle scores

Appointed more Federal Judges than ever

Lower taxes

All this with no apologies

HE WON. SHE LOST.

Con-Con:

Whereas they would like to open the American Constitution as read. This could open the door to eliminate principles that have long been good for this country. Things like changing the Second Amendment on gun control and most of all the changing of the way we elect a President through the Electoral

College. In other words, the Electoral College insures that winning super majorities in one region of the country is NOT sufficient to win the White House. Cities like Los Angeles, New York and Chicago do not control the whole country.

Remember, we are a Republic, where we send the people elected to Washington to represent our way of thinking. Whether we see it or not today, the electoral college uses parties and Presidential candidates to build broad coalitions.

Whether the ground hog, or not, saw his shadow, let the March winds blow lightly.

"Patriotism is supporting your country all the time and your government when it deserves it." (Mark Twain)

Grant Applications

Main Street Community Foundation is now accepting grant applications from area nonprofit organizations. Visit our Online Grants Center to search the Foundation's various grantmaking programs and apply online.

The following grant cycles are open; the deadlines and basic eligibility criteria are noted as follows:

General Grant Cycle: March 27 deadline

available to nonprofit organizations serving Bristol, Burlington, Plainville, Plymouth, Southington and Wolcott.

Plainville Community Fund: March 13

deadline; available to nonprofit organizations serving Plainville residents.

Organizations interested in applying to any of the above are asked to contact:

Kate Kerchaert

Director of Grants and Programs at

860.583.6363

prior to submitting a proposal.

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Retraining the Brain



Learning and Memory Experience-dependent plasticity is the process of creating and organizing neurons through life repetition. When we initially learn something, we use multiple regions of brain, but with repetition of the task, we need less regions of the brain to complete it. The task becomes second nature, and we can complete it without thinking about it.

- For example, when first learning to play the trumpet, numerous brain regions are involved. However, with practice and experience, skills increase and fewer parts of the brain are activated. Eventually only the parts of the brain directly involved with the task are used.

To visualize how this process works, imagine you're on your way to work and you're unable to go your normal route because the road is closed. Without warning, you're forced to take an unfamiliar detour. Initially, you will likely take a long time to map out your new route and follow the directions. After a week of driving the new route, though, it becomes familiar, and you can drive faster without checking directions.

This is what happens when we work with post-stroke patients who have lost connections with the neural network (their brain's road map). We help patients to create new networks in the brain that help achieve the same task.

The brain is truly amazing in its ability to adapt to the obstacles life throws our way. For those dealing with the after effects of a brain injury, even simple tasks can seem near-impossible, but with the help of a physical therapist who is trained to utilize neuroplasticity, we can recreate neural pathways and help individuals get back to their lives.

**Channing Harwood PT, DPT
Physical Therapy & Sports
Medicine Centers of Plainville**

How Physical Therapy can help overcome brain injuries

Channing Harwood PT

As babies, we all struggled to stand up from a seated position, yet now most able-bodied adults can stand without a second thought. This is because our brain has created a pathway for that task, from brain to body. But what happens if that pathway becomes obstructed, or "deleted" altogether?

Our brains are constantly changing and developing. As we age and learn new tasks through experience, our brains create these pathways that allow us to carry out tasks more efficiently – think of them as necessary shortcuts our brains take to save time and energy. In patients that suffer from a stroke, concussion, traumatic brain injury, or spinal cord injury, these pathways can be damaged or destroyed, diminishing our ability to complete tasks that may have been simple before the injury.

Physical therapists can support patients who've suffered an injury that has disrupted their brain's pathways using something called "neuroplasticity." Neuroplasticity is defined as the ability of neurons (nerve cells) to change their function, chemical profile (quantities and types of neurotransmitters produced), or structure. In simpler terms, neuroplasticity is our brains' ability to make new pathways if old pathways are damaged. It involves learning, memory, and recovery following damage to the central nervous system.

There are three kinds of neuroplasticity, but only two that physical therapists utilize: habituation and experience-dependent plasticity.

- Habituation -** Habituation is a technique used in physical therapy where a patient is exposed to a repeated, benign stimulus in order to become desensitized. For example, concussion patients often become dizzy or experience a sensitivity to light. In physical therapy, we might make the patient slightly dizzy and/or expose them to light in order to decrease the brain's overall response to these stimuli. This creates a new "habit" which tells the brain, "this is your new normal." In turn, the patient will no longer react to them with dizziness or discomfort.

- Experience-Dependent Plasticity:**

Physical Therapy & Sports Medicine Centers
Kevin M. Connellan PT~Partner/Director
 103 East Main St Suite C, Plainville, CT 06062
(860) 517-8885

Plainville Community Fund
 Byron Treado, Chairman of the Plainville Community Fund is pleased to announce Channing Harwood PT of the Physical Therapy & Sports Medicine Centers was appointed a member of the Community Fund Board last month. Channing is a resident of Plainville.

AAA Speaks Out: New Research about Marijuana and Fatal Crashes

As Connecticut lawmakers consider the legalization of recreational marijuana, new research from the

AAA Foundation for Traffic Safety suggests there is cause for concern.

The state of Washington, which legalized recreational use in 2012, offers a revealing case study.

Since legalization, the state has seen a sharp increase in the percentage of drivers who, after a fatal crash, test positive for active THC – the drug's main psychoactive ingredient.

In the five years before the drug was legalized, an estimated 8.8% of drivers involved in fatal wrecks were positive for THC, according to AAA Foundation researchers. In the five years after the drug became legal, that rate rose to 18%.

Also, in the five years before legalization, about 56 drivers involved in fatal wrecks were THC-positive annually. In the five years after, the number more than doubled to 130.

AAA opposes the legalization of marijuana for recreational use because

of its inherent traffic safety risks. "Decades of research has shown that marijuana can inhibit a driver's focus, slow reaction times and cloud judgment," said Jake Nelson, AAA's director of traffic safety advocacy and research.

Regardless of the drug's legal status – and limits in any state – all motorists should avoid driving while impaired. It's a straightforward message, but it may not be resonating with everyone. Last year, a Foundation survey found that nearly 70% of Americans think it's unlikely a driver will get caught by police for driving shortly after using marijuana. The survey also revealed that an estimated 14.8 million drivers report getting behind the wheel within one hour after using marijuana in the past 30 days.

AAA is committed to educating the public about the risks of substance-impaired driving. Through AAA Foundation research, AAA is working to improve understanding on the topic and is working collaboratively with safety stakeholders to reduce the impact of substance-impaired driving related crashes.

ONE MISTAKE DOESN'T HAVE TO RUIN YOUR LIFE

With the increasing rise of police presence throughout CT, many people find themselves facing criminal prosecution for various alleged offenses – **D.U.I., evading responsibility, drug related charges, or domestic disputes.**

At the law office of **Mastrianni & Seguljic, LLC** we can help you resolve your arrest in a positive way, one that minimizes and possibly eliminates the impact the arrest will have on your employment and future.

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In Case You Missed This.....

According to the US Census Bureau

- 1. 4000 churches close their doors every year in this country.
2. 2.7 million church members fall in to inactivity.
3. It is predicted that by 2025 only 11% of Americans will be found in church on any Sunday and by 2050 the number is predicted to drop to 8%.
4. Today only 7% of Plainville residents can be found in church on any given Sunday.
5. Even more frightening is the prediction that by 2050 Europe may have no significant Church presence at all.

The Church of England will no longer be able to carry on its current form unless the downward spiral in its membership is reversed as a matter of urgency

From the Desk of:

David Horowitz, Founder & CEO of FREEDOM CENTER

Over the past few years we've seen a massive increase in pro-Islamic lessons, along with an all-out assault on God and our Judeo-Christian Values. Just look at what's happening:

In a Florida school, students had to design and create Muslim prayer rugs. While in Texas a seventh-grade assignment taught kids that God was a myth and not a fact.

Countless schools around the country force children to learn and recite the five pillars of Islam.

Do you think what's happening in classrooms around the country is good for America?? If you need more information or questions contact:

David Horowitz/Freedom Center, 14724 Ventura Blvd., Suite 820, Sherman Oaks, CA 91403 or call (818)849-3470.



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Elder Law Guide About Revocable and Irrevocable Trust Comparison Elder Law Articles

Want to avoid probate? Want it to protect assets? Want to make things easier for your family should you pass away? Everyone's answer is yes, so here is a comparison of revocable and irrevocable trusts.

The obvious difference is that "revocable" means you can change it or terminate it at any time, as long as you are still alive and capable. You cannot revoke an irrevocable trust. The most critical difference is that a revocable trust does not protect your assets if you or your spouse need Medicaid or VA or Connecticut programs to pay for long term care, at home, or in a nursing home.

Revocable and irrevocable trusts both avoid probate, and that is a positive. Upon death, assets pass to heirs more quickly and are not public records, so there is privacy. Those nosy relatives who are not named beneficiaries in the trust will not know your family's business.

care, a revocable trust makes sense. It can also be used to control assets for your children, even if they are adults, until they get to the ages where they will be fully capable of using good judgment spending their inheritance.

If you are worried about long term care, and preserving assets for your family, then an irrevocable asset protection trust is needed. You can't give assets away today and expect Medicaid to pay for you tomorrow, as there is a five year look back period when the state looks at the transfer into the trust, and imposes a penalty period of one month for every \$13,143 you put into the irrevocable trust.

A downside of the irrevocable trust is that it cannot pay your assets back to you. If it could, the state would say, those assets will count as yours and not be protected. Assets can only be paid to family members or others you specify. It should have tax provision that keep your \$250,000 capital gains tax exemption if you sell your house, and also give your heirs a step up in the tax basis if real estate and stocks are sold after your death.

Get knowledgeable, professional advice on the upsides and downsides of trusts for estate planning, long term planning, or simply having a trusted child handle your assets if you become incapable. An appropriate living trust can be incredibly valuable for you and your family, during your lifetime, or after. Decide what type of trust will serve your needs, and sleep better at night

To: All Civic & Religious Organization From:

The Editor,

We would like to invite everyone: to share your activities with our readers. Please forward all news and pictures to:

Email- HMTNN@COMCAST.NET
Phone: 860-747-4119
Thanking you in advance!

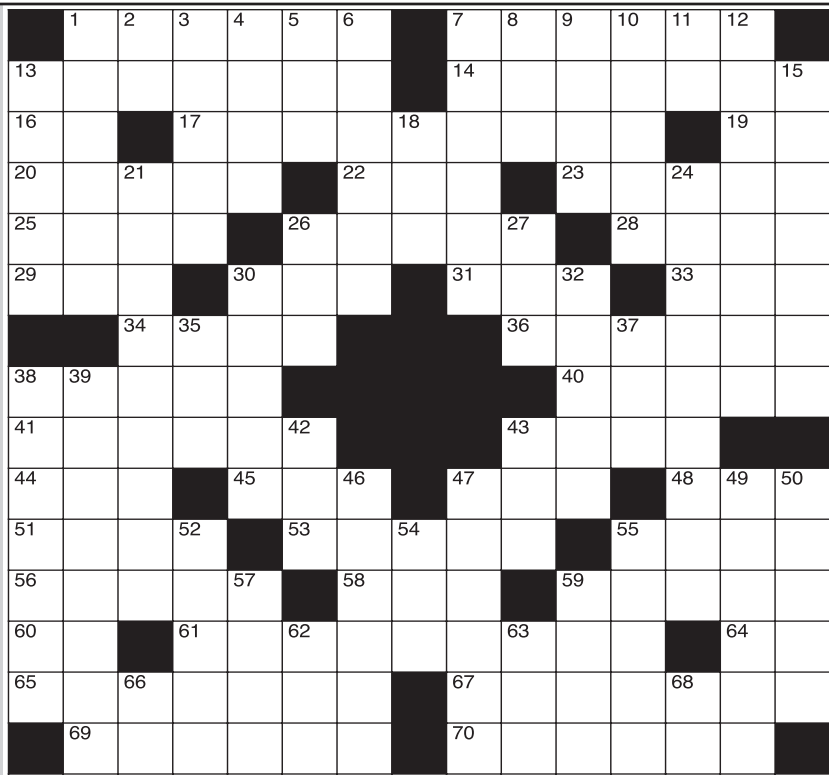
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Pd. for by: The members of the Tea Party

Crossword



CLUES ACROSS

- 1. RECURRING TV SHOW
7. THROWS OUT
13. IBERIAN PENINSULA MICROSTATE
14. GOSSIP
16. ATOMIC #20
17. IVY LEAGUE INSTITUTION
19. OF I
20. "HE IS ___!": SCRIPTURE EXCERPT
22. MUSICAL GENRE
23. HEAVY CAVALRY SWORD
25. ANCIENT OLYMPIC SITE
26. SATISFIES
28. POPULAR FLOWER
29. SHARED SERVICES CENTER
30. DRAIN
31. A WAY TO ATTACK
33. URBAN TRANSIT AUTHORITY
34. SPIRITUAL LEADER
36. POSTPONED
38. N. AMERICAN PLANT WITH EDIBLE PURPLE-BLACK BERRIES
40. GAZES UNPLEASANTLY
41. GETS UP
43. CAPITAL OF UKRAINE
44. RETURNED MATERIAL AUTHORIZATION (ABBR.)
45. GOLF SCORE
47. SUPERHIGH FREQUENCY

CLUES DOWN

- 1. MOLLUSKS
2. ___ DENOTES PAST
3. ANCHOR ROPES
4. LARGE MIDDLE EASTERN COUNTRY
5. TO MAKE A MISTAKE
6. ANCIENT GOVERNOR
7. EXTENTS
8. CHINESE SURNAME
9. NYC SUBWAY "RESIDENTS"
10. ESSENTIAL OIL USED AS PERFUME
11. A WAY TO TREAT INJURIES (ABBR.)
12. SESSION
13. UNITS OF LAND AREAS
15. GOES OVER ONCE MORE
48. SWISS RIVER
51. FELONS
53. SUCCULENT PLANTS
55. SOLUBLE RIBONUCLEIC ACID
56. DELIBERATELY SETTING FIRE TO
58. INFAMOUS SINGER ZADORA
59. ANWAR ___ EGYPTIAN STATESMAN
60. INFLUENTIAL SPORTS MAG
61. AROMATIC MEDITERRANEAN PLANT
64. SIXTH NOTE OF A MAJOR SCALE
65. UNIT OF EXPLOSIVE POWER
67. LARGE WATERTIGHT CHAMBER
69. POPULAR STREET
70. A WAY OF WATERING
18. WHERE WRESTLERS WORK
21. ITALIAN ISLANDERS
24. AVENUE
26. ___ ADAMS, U.S. PRESIDENT
27. REST WITH LEGS BENT
30. TYPE OF FLOUR
32. THE GOLDEN STATE (ABBR.)
35. MORE (SPANISH)
37. STINGING, WINGED INSECT
38. THE USE OF IRONY TO MOCK
39. ARSENALS
42. POUCH
43. 22ND LETTER OF THE GREEK ALPHABET
46. VIOLENT SEIZURE OF PROPERTY
47. RESTRICT
49. SOMETHING COMPARABLE TO ANOTHER
50. PUNISHMENT DEVICE MADE FROM STEMS
52. SOUL AND CALYPSO SONGS
54. FORMERLY OSS
55. ATHABASKAN LANGUAGE
57. ___ BENE: OBSERVE CAREFULLY
59. SIX (SPANISH)
62. READ-ONLY MEMORY
63. CHINESE PHILOSOPHICAL PRINCIPLE
66. AMERICAN CONGLOMERATE
68. TIN

Answer on page 30

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Rep. Petit and Sen. Martin Talk Issues with Constituents



In order to provide an update about state government issues that may shape the 2020 Legislative Session and to give constituents an opportunity to convey bill proposals concepts, State Rep. William Petit Jr., (R-22) and State Sen. Henri Martin (R-31) held a town hall-style meeting with area residents at Plainville Municipal Center.

"I want to thank everyone who took time out of their busy schedules to meet with us to discuss some very important topics," said Rep. Petit. "These conversations are invaluable and help us to better serve you at the Capitol in Hartford. The insight gained will guide me through session deliberations as I advocate on your behalf. I will continue to resist higher taxes and wasteful spending, and instead will support common sense proposals that make government more efficient. I will also work to ensure

that our efforts this session will make Connecticut a state that attracts both businesses and residents while making it affordable for those living here."

"I appreciate any opportunity to talk with neighbors about important state issues," said Sen. Martin. "By getting people's perspectives I am better able to do my job in Hartford - to advocate for what is best for our communities. The feedback has been loud and clear: tolls are not the answer to our transportation needs. The people of Connecticut must continue to keep the pressure on."

Both Petit and Martin met with nearly 25 constituents to answer questions regarding voter registration laws, tolls, and more reoccurring themes related to state budget issues and how we can bring businesses into Connecticut and keep people from leaving the state. When the topic of tolls was brought up during the event, an informal show of hands indicated that all in attendance opposed tolls in any form.

The 2020 Legislative Session began on February 5th and ends on May 6th.

The legislators mentioned how they are always available to address concerns or questions, and how anyone who was unable to attend this event will have another opportunity to meet with the legislators during their monthly coffee hour held on the third Tuesday of every month. The legislators host a legislative coffee hour 8-9 a.m. at Bolo Bakery in Plainville.

Anyone unable to attend the event may contact Rep. Petit at 860-240-8700 or William.Petit@housegop.ct.gov and Sen. Martin at 860-240-8800 or Henri.Martin@cga.ct.gov with questions pertaining to any state or local issue.

“Ask Sheila”

Q-1) I currently have a Medicare Advantage plan and was just diagnosed with cancer. I'm really concerned about the copay's for the treatments and possible hospital stays. Can I switch to a Supplement Plan even though it's not Open Enrollment ?

A-1) You can change from any Medicare Plan to a 5-star Plan any time throughout the year. There are two 5-star Drug Plans available, so you can choose to enroll in a 5-star Drug Plan and Supplement Plan any time during the year. Remember though, all Plans begin on the 1st day of the following month that you enroll. So if you enroll on the 14th, the new plan would begin the 1st of the following month.

Q-2) I am turning 65 soon and I have an HSA Plan at work. If I sign up for Medicare, and continue to work, can I continue to contribute to my HSA ?

A-2) If you sign up for Medicare A or B, you can no longer contribute to your HSA.

Q-3) I am turning 65 and want to collect my Social Security and continue to work. I plan to stay on my Employer High Deductible Health Plan and keep my HSA plan. Can I do this?

A-3) When you claim you Social Security Benefits, at age 65 or beyond, you are Automatically enrolled in Medicare Part A. If you have Medicare Part A or B, you cannot contribute to an HSA. You can use spend the HSA funds on medical expenses, but can no longer contribute to the fund.

If you have any specific questions, please feel free to give me a call at

860-965-0091

Sheila Dow, Independent Agent

SDow@AmericanSeniorBenefits.com

Cell: 860-965-0091

American Senior Benefits

10 Waterside Dr, Suite 104

Farmington, CT 06032

Office: 860-676-0260 x296



AARP 4146 TRIPS

For reservation or info: Call Sally 860-747-1732

March 17 – CELEBRATE ST. PATRICKS DAY AT AQUA TURF. Irish entertainment, dance to the Maclean Avenue Band and enjoy a corned beef & cabbage and baked scrod dinner with all the fixings. \$50 and you drive yourself.

Tuesday, April 14th Mohegan Sun Casino, Lv OLM 8:00 Sharp and Lv casino around 4:00 \$30. Promotional pkg included.

April 23rd – All Shook Up Play at the Westchester Broadway Theatre. Incl lunch and transportation. \$122

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CPOA of Plainville CPOA/Citizens and Property Owners of Plainville is a civic minded group of residents of Plainville. They meet monthly the first Tuesday of every month, 7 PM at the Plainville Library. They discuss local issues and concerns whether it be in private neighborhood or a town issue affecting everyone. The public is invited to attend.

Young at Heart Events.....AT the Senior Center

“The Music Man” AND BREAKFAST FRIDAY, MARCH 13, 9:30 A.M.

Join us for a Leprechaun-inspired breakfast featuring Green Eggs and Ham (scrambled eggs, spinach, cheese & diced ham), bacon, fresh fruit, pastry and coffee or tea. Following break-fast, Kevin Farley, “The Irish Music Guy,” returns to entertain with Irish music, storytelling and humor. Cost is \$2.00; space is limited. Sign-up began February 5. Breakfast prepared by The Pines of Bristol.

DENTAL CLINIC APPOINTMENTS

TUESDAY, APRIL 21—BY APPOINTMENT ONLY

A registered dental hygienist from Community Health Center, Inc. will visit the Senior Center to provide den-tal hygiene exams, dental cleanings and x-rays when appropriate. The cost is \$30 for persons without insurance. Help in paying for the clinic (scholarships) may be available for Plainville residents over age 60 who have monthly income below \$1,429 (single) or \$1,928 (married). Contact Stephanie or Ronda at the Senior Center for scholarship infor-mation. To make an appointment or ask questions about an appointment, call Melissa at 860-983-2990. or Ronda at the Senior Center for scholarship infor-mation. To make an appointment or ask questions about an appointment, call Melissa at 860-983-2990.

PLAINVILLE SENIOR CENTER AT-RISK LIST

The Senior Center maintains a list of persons who depend on electricity to maintain optimum health. We update this list during the year to be certain that such folks will be safe during a power outage/weather event. It is eve-ryone's personal responsibility to have a plan in the event of a power out-age. We share our At-Risk list with the Plainville Fire and Police Depart-ments to ensure health and safety. Please call the Center at 860-747-5728 to have your name added to the At-Risk List. Our social workers can help you plan for power outages and weather emergencies. Please call us at 860-747-5728.

Senior Transportation Services — a New Option for Rides

Senior Transportation Services, Inc. (STS) is now available to provide affordable transportation to medical ap-pointments for Plainville residents age 55 and over. The mission of this organization is to provide community-supported, affordable out-of-town medical transportation to older adults. STS relies on trained volunteer drivers to take riders to medical appointments as far as 20 miles from Plainville, starting as early as 6:00 a.m. STS works to help families coordinate their loved one's transportation needs by working one-on-one with individuals to ensure that family needs are met. There is an annual membership fee and cost (based on mileage) to use STS. Financial assistance is available for individuals who cannot afford the fees. STS is funded in part by grants from the Bristol Main Street Community Foundation and the North Central Area Agency on Aging. To discuss riding or volunteering with Senior Transportation Services, please call 860-224-7117.

Now Signing Up for Free Income Tax Preparation Appointments!

The Plainville Senior Center is host-ing AARP Tax-Aide, a free program that provides income tax preparation assistance by certified volunteer tax counselors for low to moder-ate income taxpayers of all ages with special attention for persons aged 60 and older.

The dates for 2020 are every Tuesday beginning February 4 and ending Tuesday April 14, by appointment only. To schedule your Tax Preparation appointment please call the Senior Center at 860-747-5728. Appointments are filling quickly!

Plainville has Weekly Drop-In Pool Tournaments!

Every Thursday at 12:30 p.m.,

Senior Center members who enjoy pool gather for informal tournaments at the Center. If you have some experience playing pool, come and join in! Cost is \$5.00 each week; part of each fee goes to the winners, and part goes to a Pool Table Fund to cover the cost of table repair or replacement. Members can play or practice pool most hours during the week when the Senior Center is open, except for Thursdays during tournaments and Tuesday mornings from 9:00 a.m. to 11:30 a.m. when the tables are available to ladies only.

CHRISTMAS TREE SHOP / RED ROBIN RESTAURANT, MANCHESTER

SATURDAY, MARCH 7, 9:15 A.M.

Time to look for all the bargains at the Christmas Tree Shop, then enjoy lunch at Red Robin. \$8 for transportation is payable at reg-istration. Home pick-ups for those who do not drive begin at 9:15 a.m., then Senior Center pick-up at 9:30 a.m. Return to Plainville by 3:00 p.m. Sign-ups began Wednesday, February 5.

ADVANCED DIRECTIVES & LIVING WILLS WEDNESDAY, MARCH 11, 2:00 P.M.

Presented by Attorney Shirley Pripstein with Greater Hartford Legal Aid. Please call the Senior Center to register February 5, or register online.

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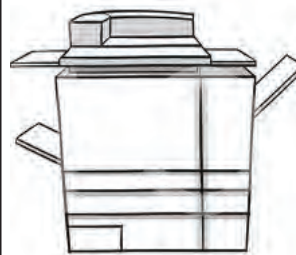
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Project Graduation

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Dodgeball Tournament @ PHS
Feb 13, 2020 6pm

Teams will be made up of 6pp
10.00 entry fee per player
Call Inna Masco @860-205-9911

For entry forms

Join Us Mar. 4

**at 7:00 pm @YMCA in
Plainville**

KNIGHTS OF COLUMBUS BASKETBALL FREE THROW CHAMPIONSHIP NAMES LOCAL CHAMPIONS FOR 2020



Champions were, (left to right) Conner Southall, Gavin Geddes, and Grace Geddes

Knights of Columbus present 'Tootsie Roll' donation to PARC



Members of the Knights of Columbus Gerald T. Corrigan Council 3544 in Plainville stopped by the PARC Board of Directors Feb. 12 meeting to present a donation from the annual Tootsie Roll Drive. Doug Wright, past Grand Knight, and Bill Brayne, Grand Knight, made the presentation to Jamie Carpio, new president of the PARC board. In addition, they presented a second check that represented a memorial donation that was divided between PARC and the Plainville Community Food Pantry. The Knights said keeping funds in the community is their priority so that non-profits can continue providing services. Carpio said PARC was grateful for the Knights' generosity and valued the long relationship the two organizations share. For more than 63 years, PARC has provided family centered services for people with developmental disabilities.

From left, Jamie Carpio, PARC president, thanks Knights of Columbus members Doug Wright and Bill Brayne for the organization's donation to PARC.

The local level of the 2020 Knights of Columbus International Free Throw Championship was held on Sunday January 19th at Our Lady of Mercy Parish Center. The Knights of Columbus sponsors the contest each year to promote family activities in its council's communities. The Plainville Knights Council invited all boys and girls between the ages of 9 and 14 to try their best for 15 free throws and compete for some prizes and the chance to advance to the higher level contests. Not all of the age group categories were contested and three local champions were named. 3 winners are local champions and earned the right to compete at the district level. Gavin Geddes was the 9 year old boys champ, Grace Geddes was the 12 year old girls champion and Conner Southall was the best among the 12 year old boys.

Many thanks to community sponsor J.R. Heating and Cooling who contributed towards prizes for winners in each age group category. The winners from the January local level contest competed at the district level contest hosted by the Plainville Knights Council on February 9th. The Plainville local sharpshooters competed against winners from Southington, Kensington and New Britain. District champs advance to a regional contest on March 1st where they will compete against all the winners in the one half of the State. Congratulations to district contest winners from Plainville Gavin and Grace Geddes who will move on to the regional level in March.

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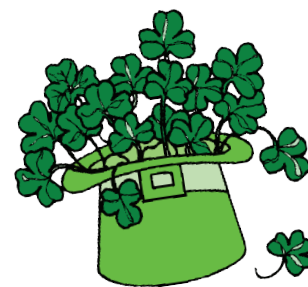


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Wheeler Student Presents Essay to Board of Education

Middle School Student Council Sponsors Food Drive

Wheeler Students Recognized For Art and Music Achievement



Frank T. Wheeler Elementary School fourth grader Richie Incognito attended the February 10th Plainville Board of Education meeting and read the persuasive essay that he wrote about the importance of reading 20 minutes a day and doing 5 minutes of math per day, as part of the Superintendent's Reading and Math Challenge!

The Middle School of Plainville's Student Council, together with advisor Melinda Buthe, held a "Souper Bowl" food drive leading up to the Super Bowl, for the Plainville Community Food Pantry. The group collected a total of 767 pounds of food and made a \$405 donation to the pantry.

Frank T. Wheeler Elementary School fifth grade students Jack Wilder and Xavier Colon were recently recognized for outstanding achievement in art and music at the Connecticut Association of Schools Elementary Celebration of the Arts Banquet.

Todd Helming Named Everyday Hero

Linden Students Celebrate 100th Day of School

Middle School Students Participate in Reading and Math Challenge



Middle School of Plainville students continue to support the Superintendent's Reading and Math Challenge. As of early February, Middle School students have read 466 books. As part of the challenge, the New Britain Herald is sponsoring the "Read and Feed" initiative, pledging one dollar for every book read at the middle and high schools in Plainville to be donated to purchase food items to support the Plainville Community Food Pantry. In photos:

Middle School of Plainville faculty member Todd Helming was recognized as the school district's Everyday Hero for the month of February. He was honored at the February 10th Plainville Board of Education meeting.

Linden Street School kindergarten students celebrated the 100th day of school on February 11th!

WHEELER SCHOOL TO HOST OPEN HOUSE AND RIBBON CUTTING CEREMONY

PHS Art Students Recognized

An open house and ribbon cutting ceremony has been scheduled for the newly renovated Frank T. Wheeler Elementary School, according to Superintendent of Schools, Steven LePage.



Art students Alexia Sirois and Abigail Feyerabend were recently recognized with Connecticut Regional Scholastic Art Awards. Abigail was awarded the Gold Key Award (first place) in drawing.



Anthony Lanza, Melak Al rubaye, Lindsay Barbagallo, Rileigh Ruot

The open house event will be held at Wheeler on Wednesday, March 4th from 6:00PM – 7:30PM. The public is invited to tour the building at this time. A ribbon cutting ceremony and remarks by several invited guests will take place at 6:30PM in the Wheeler gymnasium, and light refreshments will be served in the cafeteria.

Her work will be judged to represent Connecticut in a national show. Alexia received a silver medal / second place award for her artwork submission. The students were honored at a ceremony held on January 26th at the Lincoln Theater on the campus of the University of Hartford. Their artwork was on display during the month of January at the Silpe Gallery, also on the University of Hartford campus



Julia Maksymiw, Zeel Patel, Cadence Collin Lavoie

I Pledge Allegiance to the Flag...



Schools in Review

ELIZABETH NORTON TRUST FUND GRANTS SUPPORT NUMEROUS DISTRICT INITIATIVES

A variety of school district programs and initiatives are underway this year thanks to grants received from the local Elizabeth Norton Trust Fund.

Linden Street School Music Teacher Marilyn Speranza received a grant to have an electric violinist perform at all three Plainville elementary schools. The objective of the grant funding is to bring an authentic music experience to the elementary students in Plainville. Violinist Caryn Lin will engage students with an electrified string performance in April. Lin's program, The Science of Sound, will make STEAM connections – teaching students about classical music, as well as how sound is created and perceived. Also at the elementary level, the Louis Toffolon Elementary School Parent Teacher Organization received a grant to fund two school-wide "Science Days" and Linden Street School received a grant on behalf of the Plainville Family Resource Network for their annual Plainville Family Fun Fest event.

Middle School of Plainville School Psychologist Justine Misseri received a grant for a group of Middle and High School staff members to attend the True Colors one day annual conference. The program, which will be held at the University of Connecticut in Storrs, is the largest and most comprehensive LGBTQ and youth issues conference in the nation. Middle School Music Director Todd Helming also received a grant to bring the UConn Conn-Men Concert to the Middle School. The purpose of the program is to introduce Middle School students to acapella music through a live performance, show students how music can be part of their lives no matter what their careers are, present positive male role models, and share a positive message presented by Middle School of Plainville alumnus Kyle Smith, a member of the performing group. Middle School Library Information Teacher Joyce Lynch received a grant to invite children's author Leslie Connor to the Middle School. On December 5th the Middle School welcomed the Nutmeg nominated author who gave two large group presentations to all three grade levels, followed by a writer's workshop in the Middle School's library for 32 middle school students.

District Volunteer Coordinator Sue Bradley also received a grant to secure a magician / motivational speaker for the annual Volunteer Program Mentor Night. Additionally, Plainville Adult and Continuing Education Coordinator Jill O'Brien received a grant to fund a memoir writing course. The Memory Exchange will provide opportunities for reflection within a structured, supportive environment. Participants will relive their most cherished memories from their "growing up days" via group discussions and guided writing exercises. Personal stories remembered and shared will be passed down, preserving history for future generations to treasure.

"Snow Monster" Visits Linden Street School



NBC30 Meteorologist Bob Maxon and the "Snow Monster" weather vehicle visited Kerry Craft's fifth grade class at Linden Street School on January 21st. Maxon spoke to the students about how and why he became a meteorologist, snow, and the lake effect.

PRESCHOOL SCREENINGS SCHEDULED

Plainville Community Schools will be conducting developmental preschool screenings for children who reside in Plainville and are three (3) or four (4) years old. Screenings will be held on March 27, 2020 and May 22, 2020. This is an opportunity for parents to have their child observed in an informal atmosphere by the district's professional early childhood team to ensure development is progressing smoothly. Students with delays may be eligible for extra support at no cost to families to prepare them for kindergarten. If you are interested in having your child attend one of the developmental screenings or if you have any questions regarding the screening process, please call the Department of Special Services at (860) 793-3214.

Super Readers Celebrated



Linden Street School kindergarten students recently finished up their second reading unit of study, where they learned to use their "reading super powers" to help them become better readers. To celebrate the end of the reading unit, the students received superhero reading masks and capes, and Superintendent of Schools Steven LePage and Assistant Superintendent David Levenduski stopped by to share some books with the super hero kindergartners

Middle School Observes "DAY OF CARING"



February 13th was a "Day of Caring" for Middle School of Plainville's sixth graders. The students participated in a number of workshops focused on caring for themselves and others, facilitated by their classroom teachers. Topics included empathy, kindness, seeing the "sunny side of things" and the power of perseverance.



Project Grad Dodgeball Champions



Of The United States of America

Our Lady of Mercy Church ~ VALENTINE DINNER DANCE



Father & Daughter



DJ Ed Killingbeck



New Version of the Chicken Dance

Our Lady of Mercy Church held the Valentine Dinner Dance, on Sunday, February 16th.

The Fundraising event was held for the benefit of O.L.M. Youth Ministry.

Music by: DJ Ed Killingbeck, Ed provides entertainment for all occasions, he played all the requests from Western & Polkas, you name it and he had it!! E-mail EKILL13699@AOL.COM Phone 860-818-5863.

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The Good Old Days

By: Sally Miller

I mentioned the word succotash to someone in their 30's and they had no clue what I was talking about. They said that they had never heard that word. Succotash was primarily made with tomatoes, corn and lima beans, most of what came from peoples gardens. It made me think about the foods we ate in years past versus the foods we eat or hear about today. Years ago my grandparents as well as most people had gardens and root cellars.

Most of the ingredients for dinner came from both of those sources. Nobody did major supermarket buying. We went to the corner store for hamburger meat or milk. It was a very different world in the 50's and 60's than it is today's world of avocados and tacos and fast foods.

I remember dinner of days gone by. We used to have chipped beef on toast. The beef came in a 4" high glass container. It was somewhat dehydrated and when hydrated it was mixed with a white gravy and served over toast. Most young people have NEVER heard of this dish. Some said that they would never ever eat anything like that. We were excited when things like chicken pot pies were introduced and we were able to eat the pies on metal TV trays while watching TV. Most of the time, dessert was Jello made with "Jello molds which hung in the kitchen. Most homes only had one TV. The average size of the TV was about 12-14 inches and cost about \$400.

For lunch, we used to have deviled ham which came in a tiny tin can. Now, looking back, I believe that it was MYSTERY MEAT. Gram would mix it with mayonnaise and spread it on white bread.. Another mystery meat was SPAM, which came in a can and it was gelatinous and I could never eat it. This canned mystery meat was usually fried and served with eggs or vegetables. One of the memories that stands out the most was to go to my aunts house for homemade cookies but she would serve powdered milk mixed with water and it was served at room temperature. I hated it but had to drink it if I wanted a cookie.

Some of the foods that I remember don't seem to be mentioned anymore like BOSCO, which was a chocolate drink, MAYPO, which was a cereal. There was a commercial on TV which showed children crying, "I want my MAYPO". Another cereal that was very popular was Grape-Nuts. It looked like little nuggets of cat food and they even made Grape-Nut pudding from it. That dropped by the wayside when sugared cereals hit the market. Gone are the days of homemade mashed or scalloped potatoes that took hours to make, and Mom and Grandma cooking things you can smell as you enter the house. Most foods now are cooked in microwaves, convention ovens and bought already cooked and just require warming.

I miss those days of gardens, root cellars, homemade foods and foods made with love but I don't miss the mystery meat.

Plainville Wind Ensemble Upcoming CONCERT

To celebrate Music in our Schools Month, the Middle School of Plainville band will join the Plainville Wind Ensemble on stage in "Side BY Side" on March 31, 7pm at the Plainville High School on Robert Holcomb Way.

Conducted by Barbara Senatore, the Middle School band will perform pieces they have been diligently rehearsing and later in the program will join the Wind Ensemble, conducted by Ken Bagley, on stage to perform "VIVO! Galop" by W. Keifer. Concerts such as "Side BY Side" are a reminder of how music is an essential ingredient in the quality of life. The Plainville Wind Ensemble will also perform, demonstrating to our youth they can continue performing after graduation. The 83 member Plainville Wind Ensemble also includes five outstanding high school students from surrounding towns, providing the opportunity to perform with an adult symphonic concert band.

National Music in Our Schools began in New York in 1973 and is supported by the National Association of Music in March to promote music and the arts as an integral part our children's curriculum. This concert is a reminder of the benefits of music education. Music does more than get our foot tapping or lift our spirits. It stimulates the brain, enhances reading and math skills, helps children to improve their organizational skills by learning to be active participant of a team, and learn to plan their schedule for rehearsal and at home practicing time. The band room not only inspires a focused learning atmosphere, it also provides a positive social environment, and as proven in so many studies over the years, music helps to relieve stress and anxiety.

The Plainville Wind Ensemble has been performing free concerts throughout Connecticut, New York and New Jersey since 1987. They have been featured in the national magazine Making Music Magazine and The Journal of American Concert Bands. And are staunch supporters of music and the arts in our schools. The concert is free, family friendly and accessible.

For more information on the band and/or concert, log onto www.plainvillewindensemble.com or visit their site on Face Book. Picture on Page 31

Plainville Youth Soccer Spring 2020 Activity Schedule

Spring 2020 season April 25-June 7

- Dinos U5 and under (2015-2016) - \$90
 - Lil Kickers U6-U7 (2013-2014) - \$100
 - Juniors U8-U9 (2011-2012) - \$100
 - Seniors U10-U14 (2006-2010) - \$100
- No high school players (middle school only)

Travel teams are also available, please contact Jen if you are interested in starting a team or playing for one of our travel teams at: 860-977-1263 for additional information.

6th Bi-Annual PASSPORT to Health and Wellness EXPO--

A Statewide Holistic Benefit event co- hosted by The Holistic Community Professionals on April 26, 2020. 10am-4pm (With a FREE Drumming circle & Sound healing event from 4pm-5pm on the Patio) with over 75 exhibitors & speakers, A FREE RAFFLE with entrance of A Grand Prize (An overnight Stay with Breakfast for Two), and additional FREE Raffles all day long! A variety of Speakers in the ATRIUM ALL DAY on many topics included with admission (donated to Benefits).

The Expo will be at The Doubletree by Hilton, 42 Century Dr. Bristol, CT 06010 (Near ESPN on RT 229). FREE Parking, Food on premises, Experience many services and products. Child friendly. Relaxation Station on the Patio (weather permitting).

Holistic, Green, and Sustainable businesses (and Corporate Sponsors) in Connecticut will be showcased to the public with speakers, readers, practitioners, products and services.

There will be FREE Speakers on a variety of topics all day, multiple hands-on body workers, organic and natural products, Health services, Health information, Sound Healing, Readers, Drumming, Gemstones, Jewelry, Mediums, Weight Loss programs, Health Coaches, Crystals, Psychics, Chiropractic, Massage, and so much more....

Exhibitors/Speakers apply online please. Vendors/speakers/practitioners may apply/pay online:<http://www.yourholisticevents.com/fairs-vendorspeaker-application/> The public is invited to attend....

Early Bird (ATTENDEES \$5 <https://buy.flint.com/zmp3c41c> At the Door. \$7 p/p and Donations accepted for the TWO Benefit organizations.

ALL Door Proceeds will be donating to the CT Children's Medical Center (<https://www.connecticutchildrens.org>) and Hartford Hospital Cancer Center, Angie's Spa fund (<http://www.angiesspa.org>). All funds will be used directly for patient care and will be matched to maximum allowed by the grants for each organization.

Exhibitors application: <http://www.yourholisticevents.com/fairs-vendorspeaker-application/>

On FaceBook- Passport to Health and Wellness EXPO Call or email: YourHolisticEvents@gmail.com Shirley R Bloethe 860-989-0033

Make My Day....

by: Raymond Cormier

Phone 860-747-4119

email: hmtnn@comcast.net

Have you ever had someone do something that made your day? Be it an employee of a business, a police officer, town worker, neighbor or even a co-worker that you would like to thank. Perhaps you would like to thank a neighbor for a kindness and we would like to help you give this person recognition for a job well done. If this person works for a local business we are sure his or her employer would love to hear his or her employee is going that extra few steps to help their customers.

Two young men Made My Day.....

I was on my way home from the Doctors when I got a flat tire. I no sooner pulled off the road and two young men (teenagers) pulled in behind me. Had me open the trunk and they took the little spare tire out and changed my tire. That was not all they followed me to the nearest garage to make sure they could fix my tire. As the attendant pulled my car into the garage, the two asked if I was alright, as they started to say good by, I offered them money they refused. I told them I would Thank them in the paper also. Did not get their names, but you know who you are!! Thank you, Again.

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Kimberly K. Saucier PMHNP-BC, APRN is a Board Certified Psychiatric Mental Health Nurse Practitioner and founder of Collaborative Psychiatric Services LLC. She earned her nursing degree at St. Francis School of Nursing, her Bachelor's Degree at Central Connecticut State University and her Master's Degree at St. Joseph College in 2006.

What is Bipolar Depression?

Bipolar depression is part of a larger condition called bipolar disorder. Specifically, the "lows" that you may be feeling, those moments of hopelessness, these are the possible symptoms of the depressive moments associated with bipolar disorder. Bipolar depression is a lifelong condition that creates unusual mood changes that can vary in length and severity. You can go from feeling revved up and euphoric to feeling down and hopeless.

While there are many forms of depression, bipolar depression is oftentimes misdiagnosed as unipolar depression. It should also be treated differently. To help ensure a proper diagnosis, be sure to tell your doctor what you are feeling and experiencing.

You may be experiencing "lows." But have you also had "high" moments? Are there times when you are energized or really agitated? These "highs" are what may indicate you have bipolar I disorder. The fact you have highs eliminates the possibility that you have unipolar depression. These "lows" associated with bipolar disorder are what identifies your condition as bipolar depression.

If you are an adult aged 18 or older and are concerned you may have bipolar depression, take a Mood Disorder Questionnaire to help your clinician screen for bipolar disorder.

Having one sign alone does not mean you have bipolar depression.

Remember, you have a right to live without and anxiety and depression... so let us help!

Reference: LATUDA, SUNOVION and Sunovion Flower are registered trademarks of SumitomoDainippon Pharma Co., Ltd. Sunovion Pharmaceuticals Inc. is a U.S. subsidiary of SumitomoDainippon Pharma Co., Ltd.

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Message from a: WOMENHEART CHAMPION



This month I want to share my story and knowledge with you regarding PAD or Peripheral Artery Disease. A serious disease that affects women more than men and by itself is a risk factor for major cardiovascular diseases including heart attack and stroke. A disease

I was diagnosed with during a wellness visit by my insurance nurse.

As a young person I always had extremely cold hands and feet but was never tested for PAD. The test with the nurse confirmed that I had this disease in both my lower extremities. She also told me there was no cure for PAD. Shocked by this diagnosis and the fact that there was no cure for it, sent me searching for information regarding Peripheral Artery Disease.

This disease is a condition in which arteries narrow making it impossible for the body to circulate as much blood as needed because of plaque build up. Plaques such as fat, cholesterol, calcium, fibrous tissue and other materials found in the bloodstream. PAD can go undiagnosed which is why you should check for symptoms. Symptoms such as leg muscle fatigue, cramping, pain in affected limbs, discoloration of feet and/or legs or sores on lower extremities that do not heal or heal poorly. Peripheral Artery Disease can lead to amputation of extremities, heart attacks and strokes. There are some risk factors which can also increase the possibility of PAD. Risk factors such as smoking, obesity, age, high blood pressure, high blood sugars or cholesterol levels, your family history and being non-white.

There may not be a cure for PAD but there certainly are ways to prevent it or I believe keep it from getting progressively worse. Exercise, and eat a heart-healthy diet. If you smoke, work at quitting. Lose weight if you need to. And if you are being treated for diabetes, high blood pressure, or high cholesterol, make sure you stay with your doctor's treatment plan.

Womenheart, the national Coalition for Women, is the leading voice of the nearly 48 million women in the U.S. living with or at risk of heart disease. February was Heart Month. A month designated to raise awareness about the prevention of heart disease in women. Ladies I encourage you to take control of your heart health. Diet, exercise, get plenty of rest, and manage your blood pressure, weight and cholesterol.

I hope my writings will encourage you and enlighten you about why it is so important to live a heart healthy lifestyle. If you have heart disease and need a support group, please feel free to join us at the Bradley Memorial Campus of Hartford Healthcare every third Wednesday of the month at 4:45pm. I look forward to sharing with you next month.

Sharon Wynkoop Corlette

Life With Wanda



Let's talk about those gifts that keep on giving. A friend, who is getting on in years, received a gift from her children for Christmas that they felt would be most beneficial for her safety and would make them feel better about her living all alone. After seeing all those commercials about seniors falling and can't get up her family decided to get her one of those medical alert buttons so in the event she did fall she could summon help with the simple push of a button. The family got her one that hung around her neck for easy access in the event she needed emergency service. Well, Christmas eve after her daughter had instructed her on the use of this new device she felt real safe and after her family had gone home she decided to take her shower and get ready for bed.

She decided she better take her emergency button off so it wouldn't get wet as she hadn't asked if the button was water proof. She said she hadn't been in her shower but a few minutes when her bathroom door burst open and there stood two paramedics and three firemen. After recovering from the shock of five men in her bathroom and she was butt naked, she asked if her house was on fire. No, was the reply but was soon told she had pushed the button on her medical alert device and when they received no answer to their knock on her door they had forced entry and hearing the water running they were afraid she had fallen in the shower and was unable to hear them. She thanked them for their concern and after putting on some clothes she again thanked them for securing her front door they had to force to gain entry. In keeping with her sense of humor she did tell them that her new alert thing was the greatest thing she ever received.

She never got a man so fast in her life, let alone five.

Project Grad:

Uconn Concession:

Volunteers, 16+ years old, needed to work UConn girls basketball games at Storrs. Contact Stevie, 860-463-3600 for more information. Students can use as Volunteer hours.

Clothing Drive: Last Saturday of each month. Next event, Feb 29th, 10am-12pm @ YMCA. Bring your used clothing, bedding, linens, & shoes in large plastic bags. Thank you to all who has contributed. Students are able to volunteer to help load/unload clothing bags from vehicles, bring your pink LTS slip for community service credit. Contact Melissa to volunteer, 959-200-1296,

Mr. PHS: Thurs., Mar 26, 6:30pm @ PHS Auditorium, \$6 spectator admission fee. Will hold bake sale during event. Need volunteers to run concession, help backstage. Please contact Lisa Deshaies, 860-517-6181, ldeshaies74@gmail.com or Raegan Wazorko, 860-747-0360, rmarmata@sb-cglobal.net to volunteer or for more information

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**Opinion Editorial from
State Representative**

William Petit Jr., (R-22)

I would like to thank the people of the 22nd Connecticut General Assembly District for once again trusting me to serve as your voice in Hartford. It is an honor.

As we progress through the legislative session, which adjourns at midnight on May 6th, I will be sure to keep you informed on issues that matter most to our communities as well as contentious topics up for debate. You can remain up-to-date with Capitol happenings and in-district events by signing up for my e-newsletter at www.RepPetit.com and connecting with me on social media at www.Facebook.com/RepPetit/. I also encourage you to follow my proposed and supported legislation by visiting www.RepPetit.com and then clicking on the "Legislation" tab.

The legislature is in "short session" this year, which means that we mainly focus on budget adjustments, and individual legislators can propose legislation not pertaining to the budget by submitting bill proposals to committees of cognizance.

After hosting several legislative forums throughout New Britain and Plainville to hear from my constituents, some of my priorities this session will include ensuring we have a stable and

responsible budget, and growing our economy and workforce.

As the legislature's leading House Republican on the Public Health Committee, I intend to protect funding for core services and reduce health care costs, while finding ways to improve upon existing practices and increase efficiency. I also plan to work closely with the legislature's Insurance Committee to reduce drug costs and improve availability. It is important that we also focus on how to improve public health by regulating vaping and all electronic dispensers of nicotine. Although we've taken great strides to combat the opioid crisis, we will once again review how we can do more to improve the fight against opioids. I will also serve as a member of the Appropriations Committee and the Energy and Technology Committee.

I want you to know that I remain optimistic for the future of this state and will continue to work with my colleagues on both sides of the aisle to make the great State of Connecticut even better.

Thank you again for the opportunity to serve you. As always, if you have any suggestions or questions regarding local issues or state government, feel free to reach out to me at William.Petit@housegop.ct.gov or 800-842-1423.

Sincerely,

William Petit Jr.

**Sen. Martin's Statement on
Quasi Agency Reform**

“Enough.”

Senator Henri Martin (R-31), ranking member of the Transportation Committee, joined Senate and House Republicans at a press conference today to put forward recommendations to increase transparency and oversight of Connecticut's quasi-public agencies.

Sen. Martin said, "The quasi-public agencies have operated too long without any check or balance. Now with the Governor's plan to turn the state pier over to the Port Authority, especially given their recent indiscretions, we need to stand up any say, 'Enough.'"

"Today the Republicans presented actual reforms to rein in the quasi-public agencies. While they have more latitude than a typical state agency, they still need to be transparent and accountable to the legislature. These agencies perform necessary functions and manage real state dollars. It's time to demand facts and figures and stop the floodgates of misappropriated funds and inflated salaries and payments," added Sen. Martin.

See below for the proposals from this Senate Republican plan.

Require submission of quasi-public agency separation agreements and contracts with an annual cost of over \$50,000 or a duration of five years or greater to the Attorney General for review and comment before entering into or renewing any such contracts.

Eliminate the State Code of Ethics carve out for quasi-publics regarding contracts with immediate family members. This change will strengthen the code of ethics application in quasi public to prevent family members of employees from inappropriately benefiting financially through employment or contracts awarded.

If any appointment has not been filled for 3 months, the Board of any quasi-public must send notice to those

responsible for making appointment. If an appointment is not filled for more than 6 months after that, allow the Board to fill any such open appointment.

Require all quasi public to submit all salaries to the Comptroller's office, OFA and committee of cognizance annually.

Require all quasi-publics to submit any salary proposed that will exceed more than \$200,000 or higher or a 5% or higher salary increase to the committee of cognizance. If no committee of cognizance, require such information be sent to the Appropriations Committee. Committees will review prior to salary becoming effective.

Require each quasi-public to report annually to the committee of cognizance and appear before such committee to answer questions regarding such report. The form and substance required in the report shall be set forth by OPM.

Require all quasi-public agencies to submit financials to the Comptroller for disclosure on CORE.

Require an Office of Policy and Management (OPM) designee to be on any finance committee of the board of any quasi-public entity.

Charge the Department of Administrative Services with developing off the shelf policies and procedures that can be used by all quasi-publics with little modification.

Extend Attorney/Client Privilege to members of the General Assembly, and its staff, State Auditors and the office of the Attorney General so that privilege is not waived by sharing materials with any of the entities.

Require each quasi-public to report specified information annually to the Governor, Auditors of Public Accounts and Office of Fiscal Analysis.

Senator Henri Martin represents the residents of the 31st Senatorial District, which includes Bristol, Harwinton, Plainville, Plymouth and Thomaston.

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P-l-a-i-n-v-i-l-l-e
Here are some of your favorite places, people or things around town to rave about this month!
faves and raves

{Joe faves} *The recent changes made at Rebel Dog NOW! "The tavern at REBEL DOG" is open 7 days a week from 11 am until ??? A Coffe Shop with a Bar, Lunch Dinner & Best of all!!! ALL DAY HAPPY HOUR.*

{Ruby raves} *I am very happy we have a local Vacuum Store in Plainville. I needed my carpets cleaned but didn't know who to call, I don't have faith in some of the out of town companies. I called them and the service was great, the workers were very professional . And yes, my carpets never looked so good!!*

E-mail your "fave or rave" in today to be in the **March** issue. Praise your contractor for doing a good job or tell us about your favorite restaurant, store, or service you received by a professional.
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 Thank You!!

Email your faves and raves to share it with everyone!
Let's hear what you have to say, we need your comments!
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THE PLAINVILLE HISTORICAL SOCIETY

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As winter wanes, my senior-self applauds the paucity of snow days, with all of its adult challenges, but I do miss those winters when a threatening storm heralded a lazy school holiday. Early mornings focused on the radio tuned to WTIC where the legendary Bob Steele read the school closings. There was no other source for this wonderful news. The list was in alphabetical order and breathless quiet held in my house as he ticked toward P. Too slowly came the announcement and then cheers from upstairs bedrooms to those magic words, "no school in Plainville."

...Janice Eisenhauer

With spring on the near horizon, the Historic Center prepares to blossom for another spring/summer season. Hours will remain the same during the spring months: Monday and Wednesday mornings 9 until noon with the exception of legal holidays. Use the office door to the right of the main entrance. Check our website for further information or call the office.

HISTORY CLOSE TO HOME

Look for the spring return of our heirloom 1874 Broad Street school bell and the Beth Altieri birdbath to the Old Linden Schoolyard.

MARCH IS WOMEN'S HISTORY MONTH

Rosemary Morante will present this month's program on the First 100 years of votes for women, on March 21 at 2 in the afternoon at the Historic Center. Watch for the specifics on the building's message board and our web site. This is open to the public and we would love to have you attend. Light refreshments will be served.

NEW TO THE COLLECTION

A book: The Women's Bible by Elizabeth Cody Stanton, women's suffrage advocate, and a mug imprinted with "Votes for Women." This is a gift from Carol Nicolucci.

Souvenir booklets from Plainville's 1969 Centennial, donated by Norman Stitham.

A 1962 calendar featuring a silhouette design,

sponsored by Bishop's Package Store on Woodford Ave., donated by Richard Knudsen.

A Kalart Super 8mm viewer for home movies, donated by W. P. Zarzycki.

Professional photographs of the Church of Our Saviour taken on Easter morning 1946, and another of the cast of a Minstrel Show taken in 1948, both done by Sam Salomone, notable local photographer; and donated by Robert Pecarel.

FROM THE SPRING 1972 NEWSLETTER:

The newly minted Plainville Historical Society is waiting for the town to approve use of the old town hall for the Historic Center. It is reported that the annual Antique Show held in the high school gymnasium earned \$2000 for the group's coffers. Henry Castle's "History of Plainville" are selling like hotcakes.

FIRST DAY OF SPRING – MARCH 19

ABOUT LAST MONTH: Plainville's Black Governor Several Connecticut towns had a black governor system before the Civil War: Hartford, New Haven, Seymour, Norwich, New London among them. We had one here in the Plainville section of Farmington. We do not have a great deal of information about Lyman Homer and there are no known pictures of him. We do know that his parents had achieved their freedom from slavery and he was a first generation free man. He lived at the triangular piece of land where Whiting St. meets East near the Southington border in a schoolhouse that was moved from the White Oak section of town. He worked at several jobs around town, one of them for Adna Whiting in his warehouse along the canal. He served as black governor around 1830 when Plainville was beginning to think about separation from Farmington. He was definitely influential among his peers and commanded great respect from the community at large. He served as mentor, friend, disciplinarian, legal advisor and employment broker. Dabbling in local politics he was known to ride his stallion through the streets, attracting considerable attention. If local merchants

or farmers were looking for hired help, they would contact Mr. Homer and he would recruit and recommend an employee or sometimes a crew. He mediated disputes, if that became necessary.

Plainville counts Lyman Homer among the laudable early leaders of our community. We know he died in 1863, just as President Lincoln emancipated the southern slaves. His memory and his service here remains part of Plainville's proudest heritage.

MARCH MADNESS

Long before the women huskies enjoyed national recognition, Plainville sported a team of high school girls who played interscholastic basketball. The Blue Angels was born in the 1940s, the brainchild of Agnes McDonald Thompson, physical education teacher, fondly known as Coach Mac. There were no organized sports open to women at that time and girls' sports were actually discouraged. She dared to offer varsity athletics for girls. The competition was limited by lack of participation by other high schools. They played the Farmington High School's girls' team and the School for the Deaf from Hartford. The local teachers even took to the court, on occasion, to challenge the Blue Angels. There were few fans to watch from the sidelines.

The rules for girls' basketball were different and scaled down from the boys' game. The limitations did not curtail the fun and the girls enjoyed each other, the exercise and the team. The original band of Blue Angels kept a bond of friendship over the years and had a reunion in 2000 through the efforts of Byron Treado, President of the Athletic Backer's Club at that time.

In the midst of UConn March Madness excitement, let's not forget the original Plainville High School Blue Angels and Coach Mac who led the way.

THE PLAINVILLE HISTORICAL SOCIETY

We welcome new members throughout the year and encourage you to join our team. Bill and Barbara Petit serve as Membership Co-Chairmen. Call the office or check our website and Facebook posting on line.

DANCE THE DREAM

There was standing room only at the Historic Center on February 15 when Gail Williams presented Rena Robinson Steiner, internationally acclaimed ballerina, in her signature "Dance the Dream" to a thrilled audience. Watch for a video of her performance on the Plainville Historical Society website.

Blue Angels

Plainville High School
Sports Hall of Fame
Inducted October 6, 2018

St. Patrick's Day Penny Post Card Mailed in 1909

To view the original

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Plainville High Original Blue Angels 1944



See March Madness Story Above

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Spring Cleaning Your Fixtures

By *Laura Davis, Owner of the Light Hangar Company*

While the first day of Spring isn't until March 19th, I'm already feeling more energetic with the extra daylight and the sun shining. It's definitely got me thinking Spring and in turn, it's time to get ready for Spring Cleaning. Did you know that although a light's purpose is to spread the light from bulbs to illuminate a room, they are also magnets for dust, bugs, cobwebs, and dirt? Dirty light fixtures can lessen the amount of light a room receives while using the same amount of energy. Including your light fixtures in your Spring Cleaning is actually beneficial to maximizing your light output. Here are some helpful hints for cleaning them:

BULBS

First, make sure your fixtures are off and the bulbs are cool to the touch. Unscrew the bulbs and gently dust them with a dry microfiber cloth. If you have dust stuck onto the bulb, try using a damp microfiber cloth.

VANITY LIGHTS/PENDANTS

After you've removed the bulbs, you can begin to clean the rest of the fixture. Again, use a dry (or damp) microfiber cloth to wipe down the bar or stem and backplate. If you are looking for a really deep clean, you can remove the globes by unscrewing the ring around the socket. This will allow the globe to detach and be cleaned separately. Good old-fashioned soap and water will do the trick. Be careful

when handling wet globes as they can become slippery and easy to drop. And be sure to dry well with a microfiber cloth before replacing. When replacing the globe and ring, do not over tighten as it will be difficult to remove later.

CHANDELIERS

While chandeliers are cleaned the same way as vanity lights and pendants, they usually have many more pieces. Chandeliers that include crystals can get quite tricky to piece back together and you might want to recruit a partner to help – especially if your chandelier requires you to be up on a ladder. I also recommend taking a photo of the chandelier before removing any pieces so you have a reference when it's time to reassemble. Another good tip is to remove the crystals from top to bottom so there is a semblance of order. Remove the crystals one at a time, clean each piece with a dry or damp microfiber cloth and place on a flat blanket or cloth to avoid scratching. While soap and water can make crystals shine, some prefer to use a vinegar mixture. The recipe calls for combing one part vinegar to three parts water in a spray bottle. Once all the crystals are removed, be sure to dust the metal parts of the fixture before reassembling.

RECESSED LIGHTS

Recessed lights can be easily cleaned with a regular dusting. For a deeper clean, be sure the lights are off and cooled. Then, remove the bulbs (if they are not single piece construction) and wipe the interior of the recessed area with a dry or damp microfiber cloth. Also wipe the bulb before replacing to be sure you are getting the most out of your lights.

State of Play

If you peer into a yoga class and notice people sitting cross legged or lying down, you might come to the conclusion that not much of value is happening. Maybe a friend likes adult coloring books and you think that is a waste of time.

Many of us know intuitively that taking a break is good for our health. We may know we need to take time to play, relax and do things that feed our soul. but not necessarily realize the physical impact that this play has on our body and health. There is a strong relationship between breaks, stress and heart health. Perhaps you have a tendency to stay so focused on a project that you don't move from your chair for hours at a time. Maybe this information will encourage you to take more well-planned play breaks.

I'm taking a course on Cardio Care, led by one of my favorite herbalists, Guido Masé.

Guido covers the science of the heart as well as the herbs and lifestyle practices that can improve heart health.

One of the topics in particular caught my attention. It focused on the importance of high Heart Rate Variability (HRV). According to Harvard Health, HRV is a measure of the variation in time between each heartbeat*. This variation is controlled by autonomic nervous system (ANS) which regulates, among other things, our heart rate, blood pressure, breathing, and digestion. The ANS is subdivided into two large components, the sympathetic (flight or fright) and the parasympathetic (relaxation response) nervous system.

If a person operates in a flight or flight for long periods of time, the variation between subsequent heartbeats, HRV, is low. A low HRV is associated with an increased risk of cardiovascular disease.

Over the past few decades, research has shown a relationship between low HRV and depression or anxiety.

If one is in a more relaxed state, the variation is high. People who have a high HRV may have greater cardiovascular fitness and be more resilient to stress.

Now, here is the thing that resonated with me. If you find you are frequently plowing through demanding projects and are focusing on this one thing to the exclusion of others, your HRV will be low. I'm pretty sure this described most of my corporate work life. Problem is that in these types of hyper focused situations, the brain focuses on the task and becomes less concerned with the rest of the body.

When you take a break to non-demanding tasks or play, the connection between the brain and the heart is increased, breathing becomes regular and in sync with heartbeat, and all body organs are all working on same cycle and resonating with each other. An analogy is working on a team. Most us know what happens 1-2 people are doing the heavy lifting. There is more friction. When everyone is synced up and pulling in the same direction, there is much more

efficiency. Much easier, less stress, better results.

If you recognize that you spend more time in your head, feel more stressed or anxious, or less connected and less well, let that be a sign that it's time for a change. As you increase the connections with nature, gratitude, breathing, or other activities that you find joy in, your body is also given the needed break to increase the connections of your heart, brain and other body organs. This play will put you at less risk for cardiovascular disease.

Now that you know the importance of play in your life. Here are some things you can do:

Take a moment out of each day for deep breathing, appreciation for what you love each day, i.e. people, arts, animals, etc. Find what feeds your heart. As soon as appreciation begins, breathing becomes regular and in sync with your heartbeat.

Easier said than done for people who are depressed. When this is the case, you can rely on plants, getting outdoors, or experiencing art to help. Look to nature to decrease stress. Some examples include:

Adaptogen herbs regulate the body, improve tolerance to stress and resilience. Ashwagandi, Tulsi or Holy Basil and are a few. These are available in powder or pill, extracts or teas. Tulsi is easy to grow, so you may want to add this to your list of spring plantings.

Aromatic herbs and plants help with internal synchronicity. Some examples are Lavender, Lemon Balm, and Linden. You can grow these plants and inhale their therapeutic aromas, use essential oils in diffusers or enjoy a warming cup of tea.

Omega 3 Fats such as salmon, sardines, nuts, chia seeds and flax seeds have been linked to high HRV. They decrease overall burden of central nervous system.

Forest bathing is walking outside in nature at a spot away from the urban environment. Notice the visuals, air, sounds, and smells to achieve a relaxed state of play.

Art and music, drumming or a combination of each, along with a cup of herbal tea can awaken us to a state of play to improve resonance and HRV.

Remember that HRV is a screen or measure, a reminder of what is currently going on and maybe a walk up call to make changes. The act of being creative and connected brings fluctuations the HRV. If using an app, check to see that it measures both heart rate and HRV.

As a final note, it's okay to be focused and some stress can be important and a motivating force. Too much intense focus can invite disease. Inviting more play into your daily routine can increase health.

* While heart rate focuses on the average beats per minute, heart rate variability (HRV) measures the specific changes in time (or variability) between successive heart beats.

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Plainville Community Schools

DISTRICT PRESCHOOL REGISTRATION INFORMATION FOR THE SCHOOL YEAR

The Plainville Community Schools Preschool Program will begin accepting registrations on Monday, March 16, 2020. To be eligible for the program, children must reside in Plainville and will be age four (4) by December 31, 2020. Children who will be age five (5) on or before December 31, 2020 are not eligible for the program, but are encouraged to enroll in our kindergarten program. For the 2020-2021 school year, five (5) preschool classes will be located at Frank T. Wheeler Elementary School and two (2) classes will be located at Louis Toffolon School. This decision was made to meet increased enrollment requirements for Wheeler School due to the recent renovate-like-new building project. All students whose neighborhood school is Linden Street School will attend Wheeler School for preschool. For students whose neighborhood school is Toffolon, the district will make decisions about which students will be assigned to a classroom at Wheeler School based on individual student circumstances, such as proximity to Toffolon School, children with siblings already attending Toffolon, and class make-up. All students not attending their typical neighborhood school will be provided bus transportation by the school district to Wheeler School. All preschool classes will follow the school district calendar and school hours for elementary school, which is 8:50 am to 3:30 pm. Tuition for the program will be \$2500 per child for the year with the option of quarterly (\$625/quarter) or monthly (\$250/month) payment plans. Reduced fees may apply for families based on the State of Connecticut Office of Early Childhood fee schedule. For students attending their typical neighborhood school, transportation will be provided based on district transportation guidelines for our elementary schools. Students who live outside of the designated busing zone for their school or attend a home daycare outside of the designated

busing zone will not be provided with transportation.

This year preschool registrations will NOT be accepted at the individual elementary schools. Instead, the district will have centralized registration at the Plainville Adult and Continuing Education Office at Plainville High School, 47 Robert Holcomb Way (office is located the end of the building closest to East Street) on Monday, 3/16/20, Wednesday, 3/18/20, and Monday, 3/23/20 from 4:00PM to 6:00PM. Starting on Tuesday, 3/24/20, registrations will also be accepted from 10:30 AM to 5:30 PM at the same location.

If the program reaches capacity, your child will be placed on our waiting list in the order in which the registration process is completed. At the time of registration, parents will be asked to provide a \$100 deposit, an original birth certificate, two (2) proofs of residency (i.e. utility bill, rent receipt, mortgage documents, town tax bill), and the completed registration forms.

Registration packets with all required forms and policies can be found on the school district website homepage at www.plainvilleschools.org under the Student Registration icon below the web page photo banner. Parents who have already contacted their neighborhood school or the Special Services Office to be placed on our preschool mailing list AND whose child will be four (4) years of age before 12/31/20 will receive their packet in the mail shortly. Parents who have inquired and have children that will be age five (5) on December 31, 2020 will NOT be mailed a packet as they are not eligible for the program. Our preschool program is fully accredited and staffed by highly qualified educators, giving students who participate in the program a wonderful, educational and highly enjoyable start to their years as a Plainville student. We look forward to welcoming our new students to Plainville Community Schools.

Parents may contact their neighborhood school for more information or to request that a registration packet be mailed to them: Linden Street School at 860-793-3270; Toffolon School at 860-793-3280 or Wheeler School at 860-793-3290. For other general questions related to preschool programming, please call the Special Services Office at 860-793-3214.

Some Random Thoughts on the Political Scene

By: Francis Rexford Cooley

It is March of a Presidential election year, there have been a total of four state primaries or caucuses to choose the nominees for the general election, and yet it seems the campaign has been on-going since before President Trump was inaugurated. Perpetual campaigning seems to be here to stay. When will the TV News Networks start speculating on the 2014 campaign? The day after Election Day 2020? Once upon a time it was campaign, election, then enacting policy before back to campaigning.

Connecticut's U.S. Senator Chris Murphy held a clandestine meeting with the Iranian Foreign Minister without authorization from the State Department or the Senate. Given Sen. Murphy's stated views regarding President Trump's phone call to the Ukrainian President and his recent impeachment vote does Sen. Murphy think he, himself should resign from the Senate? If not, should he at least apologize to President Trump for his prior tweets and Impeachment vote?

And writing about political tweets, something both Senator Murphy and

President Trump engage in constantly, the 280 character limit has severely constrained the ability of politicians to actually logically argue for any policy position. Thomas Paine's Common Sense would have made a lot less sense limited to 280 characters. How would have Founding Fathers; John Jay, James Madison, and Alexander Hamilton persuaded those in the Thirteen States to adopt The Constitution using twitter?

Lyndon B. Johnson may not have been the writer James Madison was, but LBJ could count. He was, as his biographer Robert Caro noted, "the master of the Senate," while majority leader. LBJ's ability to analyze the number of Senators in support of, or in opposition to, a given bill and his ability to discern of whom he could cajole from opposing to supporting a giving bill allowed him to calculate what was and what was not politically feasible. Governor Lamont and the Democrat leadership in Connecticut's General Assembly have shown that none of them have LBJ's abilities to count votes and master the process of enacting legislation with the Governor's tolls proposals.

One wonders what the United States politicians of yesteryear would think of today's political class and punditry with their tweeting and inability to count.



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by: **Robert James O'Dell**

“PARASITE”



I don't recommend films. I just give you my take on them.

And the Oscar goes to:

Parasite (2019)

Gisaengchung (original title)

R | 2h 12min | Comedy, Crime, Drama | 8 November 2019 (USA)

Director: Bong Joon Ho

Writers: Bong Joon Ho (story), Bong Joon Ho (screenplay) | 1 more credit

»

Stars: Kang-ho Song, Sun-kyun Lee, Yejo-jeong Jo



(Kang-ho Song) spends most of his idle time thinking up plans and scams to keep the family from homelessness. His equally unmotivated family, his supportive wife, Chung-sook (Hye-jin Jang), his resourceful daughter, Ki-jung (So-dam Park) and his ne'er-do-well son, Ki-woo (Woo-sik Choi) are all more than willing to go along with his nefarious schemes. When a friend of Ki-woo drops by for a visit one night, he offers him the opportunity to secure a position as an English tutor for the teenage daughter of the Parks, an affluent family living in their secure estate with all the bells and whistles of wealth. Ki-Taek develops an elaborate scheme to infiltrate the Park household by sabotaging the current staff working there necessitating

their termination and replacing them with his entire family. Bong Joon Ho uses his fluid camera to great effect in unspooling the antics of the Kim family providing this segment of the film with a light comedic feel that grows more ominous as the story progresses. Ho is never preachy in his exploration of the contrast between the classes nor does he provide us with a clear choice of where our empathy belongs. He brilliantly juxtaposes the claustrophobic, dank setting of the Kim apartment with the open expanse of the Park's pristine spacious home.

The Parks live a life of isolated privilege. The Kims use that to their advantage. The wife, Cho Yejo-jeong (Cho Yejo-jeong) is not gullible as much as she is helpless. Living a life where everything that needs to get done is carried out by a competent staff, she is naive and easily manipulated. The father, Dong ik (Lee Sun-kyun) has a lucrative job that keeps him away from the home and requires her to make decisions she is unprepared for. Their daughter Da-hye (Jung-ji-so) knows little of life beyond her gated home. Their young son, Da-song (Jung Hyeon-jun) exhibits some behavioral issues stemming from an incident years before that still gives him nightmares. The family stands as parsitical as the Kims but from totally different perspectives.

Bong Joon Ho weaves a diabolical twisted plot that keeps us anxiously

waiting for what comes next while surprising us at each turn of events. He has a lot on his mind but never preaches. He uses his framing and composition to give us a portrait of a family that is truly bonded by their love for one another. He shows us in subtle but well defined ways the contempt which lies just below the surface that each family feels for the other. And as the light comedic elements of the film darken and the humor takes a cruel turn, we are so invested in the plight of both families our loyalties are confused and contradictory.

The entire cast is excellent. Kang-ho Song provides a complex study of a man victimized by his class status. Lee Jung-eun as the former housekeeper gives a devilishly dynamic performance as her character figures substantially in the film's stunning climax.

The film is a dazzling display of cinematic genius. As Ho has demonstrated in films like "The Host", "Snowpiercer" and "Okja", it is possible to make a film with something important to say without really saying it. "Parasite" earns all the accolades it has received.

In Korean with English subtitles.

Ratings: Acting: 100%

Directing: 100%

Script: 100%

Cinematography: 100%

Entertainment Value: 100%

My Rating: 100%

Ask the Brayne...

Q. A Veteran asked me to help him, he needed a coat, I was unable to help. Do you know where he can get help

A. Veterans Strong Community Center is a distribution location for the towns of Bristol, Burlington, Harwinton, Plainville, Plymouth, Thomaston and Wolcott. Veterans are welcome to stop in Monday – Thursday, 8 am – 4 pm; and Fridays 8 am – 2 pm to receive a coat. They are asked to bring in a form of identification showing military status – DD214; Military Retired ID; VA ID; CT Driver's License with Flag; USAA Membership; American Legion, DAV, VFW, AMVETS, or other veteran service organization membership card. You may contact VSCC for more information: Email is info@vetstronginc.org. The phone number is 860-584-6258 or 6257.

Q. Bernie Sanders Double Talk/ Can this possibly be true?

A. During Bernie Sanders speeches, while on the campaign trail Bernie says he wants to raise the minimum wage to \$15 per hour, Good? Let's see how that works out. \$15 per hour at a 40 hour week is \$600 per week. \$600 X 52 weeks = \$31,200 Bernie Sanders wants free health care for all and when asked how he would pay for it. His answer was raise taxes to 52 % on anybody making over \$29,000 per year. 52% of \$31,000 = \$16,224 in tax \$31,200 minus \$16,224 = \$14,976 -\$14,676 divided by 52 weeks = \$288 per week- \$288 divided by a 40 hr. week = \$7.20 per hr.- So much for \$15 per hour under a socialist like Bernie Sanders

To submit questions call 860-747-4119, E-mail hmtnn@comcast.net, write to

Hometown Connection, 27 Sherman Street, Plainville, CT 06062 or drop them at the office.

Deadline for submitting questions is the 15th of each month.

Next Issue of the Hometown will be APRIL!

Thank you for this issue questions. Please keep them coming!

Happy St. Patrick's Day!!

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Hmm, could it be divine intervention?

Meet 6 year old Annabella and her Guardian Angel, "Hash Brown"



This little puppy was from a litter of six and was the first one picked by a prospective buyer at only four weeks of age but wouldn't go to her forever home until she was eight weeks old.

The new owner was called at seven weeks and told when the puppy could leave. It was only then the buyer said he was not able to take the puppy.

All the other puppies were spoken for so the puppy was advertised as available. Many people came to look at her.

Some wanted a male, some wished she was a darker color, some wished she was lighter and some wished she was older; like that wasn't going to happen. No one seemed to want this little puppy.

By then all her brothers and sister had gone to their new homes so she ran free with the older dogs in the kennel, she became just one of the gang. The adult dogs showed her how to use the doggy door, chase squirrels, dig holes, swim and be the first one there

when it was time to eat. She was smart as a whip and picked up hand signals and commands in an instant and she seemed to be above average intelligence for a puppy her age.

When she was about ten weeks old the owner of the kennel was shopping and a woman, seeing two adult dogs in her car, asked if she just might have a puppy or how soon would she be having some as her little girl had just been diagnosed as diabetic and they desperately needed a puppy to be trained to alert them to a diabetic attack.

Now maybe it's just me and maybe there are others that might think otherwise but someone or something saved this little puppy for a special reason. What do you think?

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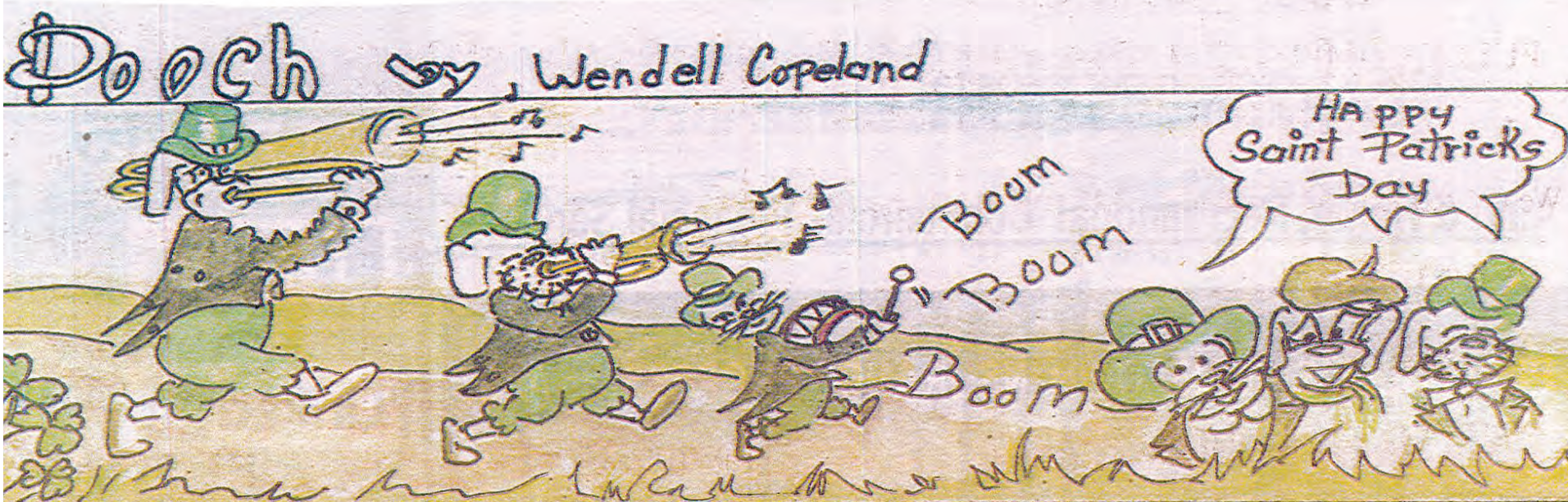
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AMIRAH
From exploitation to liberation



Left to Right : Stephanie Clark, Representative of Amirah, Cathy Galvin, Program Chairperson and Father Raymond Smialowski, Pastor of Our Lady of Mercy Church

Hope in the Dark

"I was weak, I was vulnerable. He told me he loved me. But he made me do things I didn't want to do. He hurt me. I was so afraid,"
 These are the words of a survivor of sex trafficking. Thousand of women across New England are subject to the bonds and burdens of trafficking. These women are our neighbors, our childhood friends, our sisters. They physically bound, but are controlled and manipulated. Their traffickers prey upon their vulnerabilities and use their weaknesses to exploit them using force, fraud, or coercion.

When victims escape the cycle of exploitation, they face an unknown future, often limited by the crimes committed against them and trauma-induced challenges they experience.

At Amirah, we are helping survivors of sex trafficking get their lives back. In 2011, Amirah was officially formed to open the first safe home and long-term recovery program in all of New England. Today, we are the largest aftercare organization in New England and first to duplicate its recovery model, with safe homes in Massachusetts and Connecticut. Through our residential and outreach programs we have become a national leader in the field of sex trafficking recovery.

Our mission is to provide a refuge for those seeking to break free from exploitation and heal in community on their journey toward lasting hope.

Prayer is our most powerful tool in fulfilling our mission of providing refuge and a space for healing to women who have been sexually exploited and trafficked. Please partner with us as we pray over the challenges listed here. These challenges are faced daily, but overcoming them is not impossible with God. **You can pray with Amirah for: Safety as we battle the evil of sex trafficking, Salvation for every woman we serve, Wisdom for each staff member to do this difficult work, Financial blessing & sustain ability and Strength each day to love like Jesus does.**

Become a Hope Partner:
 The most powerful force to move someone from exploitation to liberation is hope that one day, they will arrive. By committing, you will be empowering a survivor of sex trafficking to find hope, healing, and liberation.
If you are in danger or see signs of trafficking in your area, please call 1-888-373-7888.
 How can you help in this fight? Join our mission to support survivors.

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This program was presented at Our Lady of Mercy Church Parish Hall.



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BAGELS PLUS DELI CELEBRATING ~ 20 Years in Business ~

By: Cassandra Clark

Customers experience a friendly and warm welcome when they walk through the doors of Plainville's Bagels Plus Deli. The aroma of freshly baked bagels blends with the awakening scent of fresh ground coffee.

Louise Holmes, owner and manager, sat down with me and shared experiences and pearls of wisdom as she is about to celebrate 20 years of business ownership. When asked what initially inspired her, she beamed and said, "baking bagels and the customers. I loved everything about it."

The opportunity came at just the right time, and in March of 2000, things fell into place. She is proud that the quality and consistency of her bagels and cream cheese have remained true. All the dough is produced on site and baked daily. She loves the new oven purchased this past July.

Mattie Lederman, Holmes' sisters, takes the lead in production. The sisters work as a team and are great role models for the staff. "It takes a special person to work here," says Holmes. She instills the importance of customer service and sets an example by greeting you by your first name when you walk through the door. Daughters, Amy Clark and Jessica Holmes, have been working in the family business since they were teenagers. Working together has brought them closer.

"My husband, Kevin does construction, but he comes to work with me here each morning," said Holmes. When asked if there are advantages to being in Plainville, Holmes responded, "The smaller

hometown. Everyone knows everyone. It's like a family."

For new business owners, she said "Be ready to do a lot of hard work and work long hours for a great reward. And, treat your employees well." Her employees go above and beyond. I watched a customer, who was deaf, make her order known and was treated with patience and respect. Her smile as she walked away spoke volumes.

There are over 19 flavors of bagels and over 13 cream cheese choices. Holmes reports her favorite is "an everything bagel with veggie cream cheese."

And this time of year, they take orders for green St. Patrick's Day bagels. They are a big hit with the office crowds and school functions. They stop taking orders for these festive treats 1 week prior to the holiday. The creativity doesn't stop there. Throughout the year, they make and introduce fun favorites like mint chocolate cream cheese.

They also have a great deli that has delicious chicken salad, tuna salad and cold cut sandwiches, just to name a few. Besides breakfast sandwiches, you can also get a BLT, grilled cheese or cheeseburger from the grill.

For those with a sweet tooth, cookies are baked fresh daily. Louise Holmes made a point to say nothing goes to waste. They donate to the Plainville Community Food Pantry and the Plainville Seventh Day Adventist Church Regional Community Services on Broad Street. Then make bagel chips from whatever bagels may be left over.

Bagels Plus Deli is a true community-based business that we look forward to seeing prosper in the years to come.

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From the Desk of.... Thomas A. Wurz

MAINTENANCE OF PRIVATE EASEMENTS....

What happens when it is impossible to get onto a piece of property without crossing another property? When this arises there is a need for a private easement or right-of-way. But who is responsible for the maintenance of the pathway... the property owner that is boxed in or the property owner that has the easement in their property?

Public Act No.14-67, effective on October 1, 2014, has provided a straight forward outline for such maintenance issues.

The owner of any residential real property that benefits from an easement or right-of-way, the purpose of which is to provide access to such residential real property, shall be responsible for the cost of maintaining such easement or right-of-way in good repair and the cost of repairing or restoring any damaged portion of such easement or right-of-way.

Such maintenance shall include, but not be limited to, the removal of snow from such easement or right-of-way. This is the language directly from the Public Act. The party that needs the easement has to pay for the maintenance.. Seems to be pretty

fair that the party who needs the easement maintains it.

When multiple parties need an easement or right-of-way to get to their property the Act says they split the cost based on the proportion of the benefit they receive.

So, if one property only uses 20 feet of the easement and the other property uses 100 feet of say a 120 foot easement the maintenance cost is based on those figures. It would be unfair to split the maintenance cost is based on those figures. It would be unfair to split the maintenance 50/50 in that scenario.

However, parties are free to contract a different split of the costs and that agreement will be controlling over the Act.

Easements and Right-of-Ways are going to become more and more commonplace as people multiple and spaces get tighter.

Especially in regions like New England where space is already at a premium.

So when buying or selling be sure that you are aware of possible land rights

PLAINVILLE

SPORTS HALL OF FAME IS SEEKING NOMINATIONS FROM THE PUBLIC

The Plainville Sports Hall of Fame committee is looking for help from the public for nominees to consider for induction into the Plainville Sports Hall of Fame. Assistance from the general public, parents, siblings and friends is a great way to assure the opportunity that the achievements and successes of PHS student athletes can and will be remembered and memorialized.

Nominations can be submitted on our website www.plainvillesports.com. or by mail to P.O Box 593 Plainville, CT 06062. We do ask for copies of newspaper articles or scrapbooks to support nominations. Members of the committee are also available to pick up, copy and return any information. For more information please contact Byron Treado 860-836-3377 or Mike Bakaysa 860-573-8015.

Happy St. Patrick's Day!!

Attorney Thomas A. Wurz

is an associate of his father Attorney Theodore J. Wurz, LLC in the law office of Attorney Richard Witt at 132 East Street. Attorney Wurz is a graduate of Avon Old Farms School in 2001, Providence College in May 2005 on the Dean's list and Juris Doctor Program at Western New England College School of Law in May 2009. He was admitted to the Connecticut Bar and U.S. Federal Court in 2010. His activities and interests are Secretary of Sports Entertainment Law Club at WNEC and is a Special Olympics Volunteer.

Theodore J. Wurz, Attorney at Law
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Junior Church ages 4- 8 11:00 am

Evening Worship Service 6:30 pm

Bible Study and Prayer

Wednesday 7:00 pm

For information about the church
 visit our website @ cobplainville.org

FRUSTRATED WITH POLITICS

Who isn't frustrated with politics these days?! We are in a presidential election year and so we will be bombarded by telephone calls, emails, advertisements and debates. Who do we want as our next president?

How should the United States be run? Under a capitalist, socialist, or communist system? Every country in the world has its own system and they are all imperfect because human leaders are imperfect and sometimes plain evil. If Present Trump wins the election then half of the country or more will be happy and the other half unhappy; if a democrat wins the election then half of the country or more will be happy and the other half unhappy. No matter who is in office there will always be wrong-doing because earthly leaders are imperfect and sinners. This is why we get frustrated with politics. But, there is good news. There is coming a man, who is not just human but God as well. This God-man is perfect in every way; flawless and without sin. This God-man will not run for president or prime-minister. Instead He will rule the world as King of kings and Lord of lords. This God-man is the Lord Jesus Christ who will come back to this earth and set up His kingdom over the whole world. There will be no wrong-doing in His administration for He will rule the world in righteousness (Isaiah 11:1-4). Jesus Christ will be all three branches of government. Isaiah 33:22, "For the LORD is our judge (judicial branch), the LORD is our lawgiver (legislative branch), the LORD is our king (executive branch); He will save us." But, you must be born again to enter Christ's kingdom (John 3:3ff).

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MARCH SCHEDULE

SUNDAY SERVICES

CHURCH SCHOOL

Pre-K to High School: 9:00 AM

WORSHIP TIME 10:00AM

REGULAR EVENTS

Tuesday Ladies.....Tuesdays, 9:30 AM

AA.... ..Sundays, & Wednesdays, 7 PM

Al-Anon..... Mondays, 7 PM

Single Purpose Women's Group..

Saturdays, 9:30 AM

Boys Scouts.....Thursdays, 7 PM

SPECIAL EVENTS

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304 Main Street, Farmington, CT 06032

Each Sunday offers Lectures, healings, and spirit messages followed by coffee, light snacks and conversation with like-minded people. All are welcome. Mediums Days and special events listed

on our website as they are planned. For info please contact Pastor Andrea Osborn at

(860) 919-7470, ozzyunk@gmail.com. Visit our website: www.spiritualistloveandlight.org also on

Facebook: <https://www.facebook.com/CongregationSCLL/>

HOMETOWN RELIGIOUS DIRECTORY

OUR LADY OF MERCY ROMAN CATHOLIC CHURCH

94 BROAD STREET, PLAINVILLE, CT 06062
 REV. RAYMOND SMIALOWSKI, PASTOR
 ROBERT BERUBE, DEACON
PARISH/CEMETERY OFFICE
 19 S. CANAL STREET
 OFFICE HOURS: MON. TO FRI.
 9 AM TO 4 PM
PHONE: 860-747-6825
FAX 860-747-5407

New Parishioners

Welcome! if you are new to the parish, please introduce yourself after Liturgy or at the Rectory

Liturgy Schedule

Sunday Liturgy - Church

Saturday 4:00 P.M.

Sunday 8:30 A.M. & 10:30 A.M.

Weekday Liturgy

Mon., Tues., Thurs., Fri. & Sat. 8:00 A.M.

Devotions

Rosary- Monday to Saturday before the Morning Mass.

Sacrament of Reconciliation

Saturday At Noon

Sacrament of the Sick

Arrangements can be made for any sick person to be anointed. Holy Eucharist is brought to the homebound by our Eucharistic Ministers and the parish clergy.

THE CONGREGATIONAL CHURCH OF PLAINVILLE

A congregation of the United Church of Christ

130 West Main Street Plainville

Phone 860-747-1901

ALL ARE WELCOME!

CHURCH OFFICE EMAIL:

churchoffice@ucplainville.org

WEBSITE: www.ucplainville.org

Rev. Donna Cassity

Interim Minister

Email: revdonna@ucplainville.org

Worship & Church School

Every Sunday at 10 a.m.

Coffee Hour: 11:15 a.m.

The Sacrament of Holy Communion

*celebrated the first Sunday of each month
 The Congregational Church of
 Plainville, UCC will be hosting a
 Lenten Supper & Bible Study series
 Thursdays from March 5th through
 April 9th at 6 p.m. Please contact the
 Church Office for more information.*

*The following Holy Week services have been
 scheduled:*

April 5 - Palm Sunday service - 10 a.m.

April 9 - Tenebrae - Maundy Thursday

Service - 7 p.m.

April 12 - Easter Sunday Service - 10 a.m.

*For more information, please contact the
 Church Office at 860-747-1901 or via email at
churchoffice@ucplainville.org.*

MARCH SERVICES & EVENTS

March 1 Children's Mass 10:30am & Religious Education Classes 9 - 10:15am

March 3 Lenten Bible Study for Adults, March 3, 10, 17, 24, 31, April 7 8:45am & 6:30pm, Parish Center

March 4 Confirmation Classes Year I & II, 7 - 8:15pm, Parish Center

March 5, 12, & 19 Book Discussion on Rediscover the Saints, Parish Center

March 8 OLM Breakfast, 8 - 10:30am, 19 S. Canal St., Parish Center

March 8 Parent's Meeting of Confirmation Students, 11:45am, Parish Center

March 9 Faith Formation Committee Meeting, 7pm, Parish Center

March 11 Religious Education Classes, 2 - 3pm, Children's Choir 3 - 3:45pm, Parish Center

March 12 St. Anthony Society Meeting 6pm, Parish Center

March 14 Teen Talks & Food 11am - Noon, Parish Center

March 14 St. Patrick's Day Dinner, 19 S. Canal St.

The Parish Life Committee of the Pastoral Council will be sponsoring our annual corned beef and cabbage dinner on Saturday, March 14th at 5:00 pm in the Parish Center. Tickets are \$13.00 for adults and \$5.00 for children. A hot dog and chips plate will also be available for \$1.50. Tickets will be available for purchase in the gathering room before and after Masses on March 1, March 7 & 8. You may also purchase tickets at the Parish Office ticket sales started Monday, Feb. 24 to Wednesday, March 10. Tickets will not be sold at the door. Volunteers are needed during and after for cleanup. Please call Don at 203-910-9624. Please join us for some local parish talent along with The Irish School of Dance. Great food, fellowship and fun.

March 15 Religious Education Classes, 9 - 10:15am

March 18 Confirmation Classes I & II, 7 - 8:15pm

March 19 Blood Drive, 9am - 2pm, 19 S. Canal St.

March 25 Religious Education Classes, 2 - 3pm, Children's Choir, 3 - 3:45pm

March 26 Pastoral Council Meeting, 7pm, Parish Center

March 29 Sundaes on Sunday - Middle School Discussion Time - 11:45am

March 30 Parish Life Committee Meeting, 6pm, Parish Center

Every Friday, Stations of the Cross, 7:00 pm, Church

Lenten Confession Schedule in the Church
 - Monday, March 2, 9, 16 at 8:30am
 March 23 & 30, 6 - 7pm
 Every Saturday at Noon

Adoration of the Blessed Sacrament - Friday mornings, 8:30 - 9:30am

Anointing of the Sick, March 7, 5pm

Please check out our Facebook Page @ www.Facebook.com/ourladyofmercychurchct and our website at www.olmct.org

REDEEMER'S AME ZION CHURCH

110 Whiting Street, Plainville, CT 06062

Phone: 860-747-1808

WORSHIP SERVICES

Rev. Dr. Shelley D. Best

Sunday School 9:00-9:40 a.m.
 Praise & Worship 9:45-10:00 a.m.
 Church Service 10:00 a.m.

BIBLE STUDY

Wednesday 11:00 a.m. & 7:00 p.m.

BOARD MEETINGS

Senior Ushers (1st Sat before 1st Sun) 11:00 a.m.

Gladys Floyd Missionary Society (2nd Sun after service)

Deaconess Board (3rd Sun)

Lay Council (1st & 3rd Sat) 9:30 a.m.

Christian Education (3rd Tues) 7:00 p.m.

Men's Meeting (2nd/4th Sat) 9:30 a.m.

PEP (Every Sat) 1:00-4:00 p.m.

Trustee/Steward (2nd Sat of Aug., Oct., Dec., Feb. & Apr. at 9:30 a.m. and 2nd Mon. of Sept., Nov., Jan., Mar. & May 16 6:30 p.m.

CHOIR PRACTICE

Senior (Sat before 1st Sun) 5:00 p.m.

Jubilee (Sat before 2nd/4th Sun) 5:00 p.m.

Mass/Youth choirs

(Mon. after 1st/2nd Sun) 7:00 p.m.

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Suffragan Bishop--George Knight, Pastor

Elder Joseph Green, Associate Minister

Phone 860-747-3128 Church

Residence & FAX 860-224-9409

Call for SCHEDULE OF WORSHIP

Vacation Bible School August 2-3

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 enjoy Jesus with us!*

Grace Lutheran Church

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Plainville, CT 06062

Phone: 860-747-5191

Rev. Dr. Robert R. LaRoche, Pastor



Worship: Sunday at 9:00 AM

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or www.graceinplainville.org

- to check out our activities

Or better yet, join us on Sunday!

St. Jude Novena -

May the Sacred Heart of Jesus be adored, glorified, loved & preserved throughout the world now & forever. *Sacred Heart of Jesus, pray for us.*

St. Jude worker of miracles, pray for us.

St. Jude helper of the hopeless, pray for us.

Say this prayer 9 times a day. Your prayer will be answered. It has never been known to fail. Publication must be promised. My prayers were answered in 21 days. Thank you, Laren

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now you can view it on your computer:

www.plainvillehometownconnection.com

Taste Buzz.....

Submit your recipes to:
Avis Flanders

27 Sherman Street
Plainville, CT 06062 or
e-mail to: hmtnn@comcast.net

CORNED BEEF SALAD

- 1 head lettuce
- 6 boiled new potatoes, chilled
- 1 pound cooked corn beef, well-chilled
- 4 hard boiled eggs, quartered
- 1 green pepper, sliced
- 1 medium red onion, sliced
- 4 ounce can pimientos, sliced
- 1/2 cup olive oil
- 1 teaspoon Tabasco
- 1 clove garlic, finely chopped
- 2-3 tablespoons vinegar according to taste
- Toasted French bread

Break the lettuce coarsely and place in a chilled salad bowl. Slice the chilled potatoes and coarsely dice the corned beef. Add to the lettuce the quartered eggs, sliced pepper, onion and pimiento.

Make a dressing by blending the other ingredients and toss the salad at the last minute. Serve with toasted French bread. Serves 6.

Cassie Clark's Baked Mac & Cheese

Ingredients:

- 1 (16 oz.) Box of Elbow Pasta, uncooked
- 1/2 cup Butter
- 1/3 Cup All-Purpose Flour
- 2 Tsp. Dry Ground Mustard
- 1 Tsp Salt
- 1/2 Tsp Ground Pepper (divided)
- 4 Cups Milk (whole milk works best)
- 3 Cups Shredded Cheese (Monterey Jack and/or Cheddar)
- 1/4 Cup Parmesan Cheese
- 1 1/2 Tsp Perfect Italian Seasoning
- 1 Sleeve Ritz Style Crackers

Directions:

Preheat oven to 375 degrees. Cook pasta according to package directions for al dente, drain, place in deep 9x11 inch cooking dish. In large saucepan over medium - low heat melt butter then add flour, dry ground mustard, salt and 1/4 tsp of pepper. This creates a Roux and must be stirred with a whisk until bubbly. Turn up the heat to medium and add 1 cup of milk, stirring with whisk until mixture begins to thicken. Continue to add milk, one cup at a time, until you have a nicely thickened sauce. Remove from heat and add shredded cheese to sauce and mix until melted. Mix the cheese sauce with the cooked elbow noodles in the cooking dish making sure to get an even consistency throughout. Take the Ritz crackers and crush. (I prefer to simply crush them in the sleeve) In the bowl, add the other 1/4 tsp of pepper, 1 1/2 Tsp of Italian Seasoning and Parmesan Cheese to the crushed crackers. Top the pasta mixture with the cracker mixture. Bake for 40 minutes or until hot and bubbly.

Let stand for 10 Minutes.
This meal smells amazing! Enjoy.

Pequabuck River Watershed Association Holds Annual Meeting

The public is invited to attend the Pequabuck River Watershed Association's (PRWA) annual meeting on Sunday, March 15 at Barnes Nature Center, 175 Shrub Road, Bristol. The meeting begins at 1:00 PM and features Executive Director of Rivers Alliance of Connecticut, Alicea Charamut, speaking on "Coppermine Brook: The Tale of an Urban/Suburban River". There will also be an amphibian tour following the presentation. Please join us to learn more about PRWA activities and discover how you can help improve and protect our human habitat. The Pequabuck River watershed encompasses the towns of Bristol, Burlington, Farmington, Harwinton, Plainville, and Plymouth. The meeting is free and open to the public; refreshments will be provided. For directions or more information call 860-670-4761 or email us at PequabuckRiverCT@gmail.com.

Event Listing

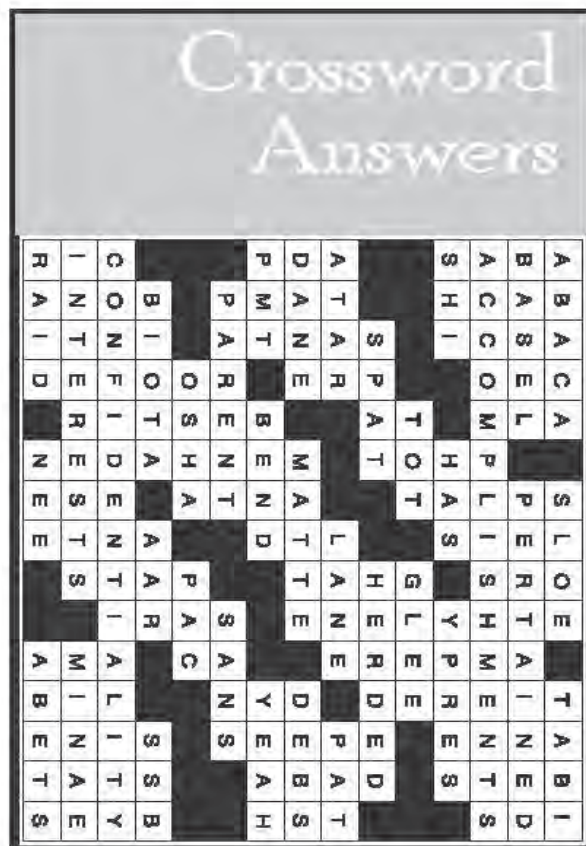
Chamber of Commerce's Pizza Feud will be held Wednesday, March 18th at the VFW Hall, 7 Northwest Drive from 6 pm to 8 pm. Tickets are \$10.00 at the door, Children are FREE. Local restaurant can register by calling 860-747-6867 or emailing (info@plainvillechamber.com)

12 th Annual O'Mazing Race a community-wide scavenger hunt to provide financial assistance to families that couldn't benefit from the Y programs. The race will begin at 5 p.m. on Saturday, March 21st, at the VFW Hall at 7 Northwest Drive. For more information, or to register as a sponsor or team, call Mary Perlini, at 860-793-9631 ext. 109 or visit p2p.onecause.com/omazingrace

Easter Pierogi & Butter Lamb Sale

St. Lucian Residence
532 Burritt St., New Britain
860-233-2123

Saturday April 4, 8 am to 1 pm
Pierogi, Babka, Golabki, Sauerdraut,
Polish Style Soups, Polish Pastry
Exit 36 off I-84 right at exit, left at stop sign, left at 2nd light is St. Lucian's Residence



MARCH BIRTHDAYS

"HAPPY & HEALTHY BIRTHDAY TO ALL!"

- 3RD TAMMY LOMBARDO
THERESA AUCLAIR
- 5TH BRUCE MORRIS
- 6TH ALAN PRZYBYSZ
PAUL MATTEO
- 8TH RICK STAUBLEY
- 9TH EVELYN STELMA
EDITH FRAZEE
- 10TH SHELLEY CREEL
- 11TH MILINDA ROGERS
DALE NIGHTINGALE
BILL BRAYNE
- 14TH DUNCAN MAY
- 15TH DOREEN CORRIVEAU
- 17TH PATRICK BUDEN, SR.
DIANNE BACZEK
- 18TH BRIAN GLOWIAK
- 20TH CARLA FENSICK
- 21ST MARK BELANGER
- 22ND JOHN HARDY
- 22RD NOLAN LOSTOCCO
- 26TH DAVID LOMBARDO
- 27TH HAPPY 1ST BIRTHDAY
PAIGE DEROUSSE
LOVE MEMA & GRAMPY
- 31ST DEB HARDY
ROBERT HESLIN



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"I am not a racist, I am not violent I will not be silent"
"HAPPY Valentine's Day"

Pd. for by: The members of the Tea Party

If you See Something, Say Something

PHS Unified Basketball Team Wins!!

The Plainville Community Schools 4th Annual Unified Basketball Team versus Administrators, Board Of Education Members, Faculty, and Parents game was held on February 20th at Plainville High School. The Unified Basketball team is coached by PHS faculty member Jeri Lynn Turkowitz, and Middle School faculty members Amy Tennant and Stephanie Gagne. The students were cheered to victory by the high school's cheerleading team, winning the game 99-57! Former Teacher and Athletic Director John Zadnik volunteered as referee for the game, and refreshments were provided by Plainville High School Culinary Arts instructor Al LeSage.



Sen. Martin & Rep. Petit Host "Coffee and Conversation"



State Senator Henri Martin (R-31) and State Representative William Petit (R-22) hosted a "Coffee and Conversation" discussion on Tuesday, February 18 from 8:00 a.m. – 9:00 a.m. at Bolo Bakery located at 33 Whiting Street in Plainville. Residents were invited to join the lawmakers to discuss current state issues and share their ideas for potential legislation. *More on Page 17.*

Save the Date

LOADING 20'S HANGAR PARTY
SATURDAY
MAY 2ND, 2020 AT 7PM
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Featuring the Band **Locomotion**
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TICKETS WILL ALSO BE AVAILABLE THROUGH THE PLAINVILLE COMMUNITY FOOD PANTRY

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Through The Years With J. Timothy's Taverne



Tim Adams, Helen Hayes, Jim Welch. J. Timothy's was a favorite of celebrities for many years



Tim Adams and Jim Welch toasting 40 Years of J. Timothy's service to their loyal customers and the town of Plainville

Recent History



Co-Owners Jim and Tim. The name was changed from Cooke's Tavern to J. Timothy's Tavern in 1988



Jim and Tim today

Why do we have a section on our website called "Recent History"? Isn't that a bit of an oxymoron? Well, not really. It's because there is so much history here, dating back to 1789 when the building was erected! For over 228 years this building and the owners and staff have hosted guests for happy social occasions, important business functions, and everything in between. We have guests who came here as children with their families, guests whose grandparents were married here, and even guests whose great-grandparents had dinner here as their first formal date. J. Timothy's is proud to carry on the tavern tradition started by John Cooke; you can read about the origins here.

The current owners, Tim Adams and Jim Welch, purchased the building in 1979 and re-opened it as Cooke's Tavern in early 1980. Cooke's was a more formal restaurant, with white linen tablecloths. The early years were a bit of a struggle, but the partners persevered, working long hours to make sure the

restaurant was successful. It was. As time went on Tim and Jim, and then-Kitchen Manager John, who started at the restaurant on day one, realized they wanted a more welcoming environment. The decision was made: retire the name Cooke's Tavern and establish a new identity. J. Timothy's Taverne was born in 1988. The hallmark of the new J. Timothy's was great pub food and beverages with professional, but friendly service.

We are so very proud that we have more than 5 staff members that have been with the restaurant over 30 years, 10 staff who have been here over 20 years, and 16 for more than 15 years.

We are also proud and grateful for the accolades we've received over the years, most recently:

- **Food Network Top 5 Bar Foods (dirt wings)**
- **Best Casual Restaurant in CT**
- **CT Restaurant Hall of Fame 2011**
- **The #2 Buffalo Wings in the entire country (Daily Meal)**
- **Best 21 Wing Joints in the country (Buzzfeed)**
- **Hartford Courant/CTNOW Best Wings, year after year**
- **Connecticut Magazine Best Wings**
- **Hartford Magazine Best Wings**
- **New Britain Herald/Bristol Press Best Wings**

And, we're grateful for the hundreds (thousands?) of notes we've received from satisfied and happy guests.

We know we exist only because of YOU. Tim and Jim and our entire staff welcome you to J. Timothy's Taverne and thank you for your patronage.



History



The building was erected in 1789 as a large house and tavern. In 1795, John Cooke purchased the house and land from Luther Shepard for 36 pounds. Though records are imprecise, it is assumed John Cooke was the proprietor of the tavern before purchasing it outright. Upon opening Cooke's Tavern he wrote in his diary that he wanted to "purvey food for man and beast (horses!)." As time went on business flourished and Cooke's Tavern became a well known stagecoach stop for travelers along the College Highway. It was also the center of social life in central Connecticut. The tavern was passed down through generations of the Cooke family. George Cooke, John's son, eventually took over and lived in the building for 93 years! During the Great War the tavern served meals to the workers at the nearby ball bearing factories. George Cooke died in 1923 and passed the tavern to his niece, Mrs. Nancy Kirkham. In 1934 a great-great-grandson of John Cooke turned the tavern into a full service restaurant. Although it was closed briefly in the 1950s due to a small Thanksgiving-eve fire, it has been a restaurant ever since. Descendants of original owner John Cooke operated Cooke's Tavern from its beginning until the current owners purchased the building in 1979.

J. Timothy's is proud to carry on the tavern tradition begun in this building over 225 years ago.





John Huwe Memorial Scholarship Plainville High School

Celebrating 40th Anniversary and Giving Back to Plainville

We can hardly believe it's been 40 years since we opened on February 26, 1980! Our hearts are full of love and memories for generations of wonderful guests and amazing staff members. We wouldn't be here without you! Thank you for allowing us to welcome you to the tavern for the past 40 years. Let's celebrate! And while celebrating, you'll be donating to a very special scholarship, see below.

When: Wednesday, February 26, 2020
(40 years to the day!)
Time: 6:00pm
What: A party!

Cost: \$40 per person. But! The entire ticket price is a donation to a new scholarship we're establishing at Plainville High School. We're pleased to announce the J. Timothy's Taverne John Huwe Memorial Scholarship, in loving memory of our friend and partner John.

What's included:

Food: heavy appetizers, food stations, dessert
Two drinks plus champagne: A special collaboration beer with New England Brewing Co. and a creative 40th Anniversary cocktail, with passed champagne. Plus soft drinks.

Live Music: Chris Marolda acoustic
All tax and service, no ticketing fees



John Huwe
1956-2017

For all of February 2020 we are donating \$1 of every bottle of our famous Buffalo Sauce sold to our newly established J. Timothy's Taverne John Huwe Memorial Scholarship at Plainville High School.

John was an integral part of the restaurant since day one. He had previously worked with co-owners Jim and Tim at a corporate chain of restaurants in Pennsylvania in the 1970s. When Jim and Tim purchased Cooke's Tavern in 1979, John moved to Connecticut to be the opening Chef. Later, he became a minority partner and Manager. He was beloved by everyone for his big heart and huge sense of humor. "John Boy" (his nickname) always had a joke for every interaction with guests or staff. He raised his family and lived in Plainville until he passed in 2017.

The J. Timothy's Taverne John Huwe Memorial Scholarship will be awarded annually to a student at Plainville High School who 1) plans to attend a Connecticut college or university, and 2) has an interest in small business and/or entrepreneurship.

Thank you for supporting our efforts to lovingly remember and honor John's legacy.



Greg Gardner, General Manager



Greg Gardner, John Huwe



Rino...Guess When???



Rino ~ Today



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- The Food Network*

*"Best place around for families! Our kids love it!"
- Bill W.*

Please join us to celebrate the
**Newly Renovated
 Frank T. Wheeler
 Elementary School**
OPEN HOUSE

Wednesday, March 4th
 From 6:00 -7:30 PM
 15 Cleveland Memorial Drive, Plainville
 Snow Date: Wednesday, March 11th

SPEAKERS:

Robert E. Lee, Town Manger, Becky Tyrrell, BOE Chair, Rebecca Ballinger, PTO President, Steven K. LePage, Superintendent, Andrew Batchelder, Principal, Thomas Arcari, CPBC Member & Matt Olshefski, O & G Industries Superintendent
 Thanks and Dedications to: Capital Projects Building Committee Members. Mark Belanger, Chairman, Steve Martino, Vice Chair, Richard Negro, Secretary, Thomas Arcari, Danny Carrier, Thomas Lozaw, Gil Nadeau, Ken Restelli and James Tufts

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Freedom Credit Union expands field of membership to include Hartford and Tolland counties in Connecticut

SPRINGFIELD, Mass. — Freedom Credit Union (FCU), headquartered in Springfield and serving members in the four counties of western Massachusetts, announced that it has expanded field of membership to include Hartford and Tolland counties in Connecticut.

“Expanding our field membership to include both of these Connecticut counties, which are just across the state line, makes sense,” said President and CEO of Freedom Credit Union, Glenn Welch. “They are so close geographically, and we wanted to provide people who live, work and attend school there, the opportunity to enjoy the benefits of becoming a part of the Freedom family. This expansion also allows businesses in those counties to take advantage of our extensive business products and services.”

Freedom’s personal services include savings, checking, money market and certificate accounts, debit and credit cards, an extensive range of loans, and electronic services including online banking, a mobile app and digital wallet. For businesses, Freedom offers business savings and checking, loans, lines of credit, credit cards and cash management services, including online and mobile banking, direct deposit, direct payments and night drops.

Freedom Credit Union was originally chartered as the Western Massachusetts Telephone Workers Credit Union in 1922 and renamed in 2004. Membership is now open to people who live, work, or attend school in Hampden, Hampshire, Franklin or Berkshire counties in Massachusetts, as well as Hartford and Tolland counties in Connecticut, including the towns of Avon, Berlin, Bloomfield, Bristol, Burlington, Canton, East Granby, East Hartford, East Windsor, Enfield, Farmington, Glastonbury, Granby, Hartford, Hartland, Manchester, Marlborough, New Britain, Newington, Plainville, Rocky Hill, Simsbury, Southington, South Windsor, Suffield, West Hartford, Wethersfield, Windsor and Windsor Locks in Hartford County, and Andover, Bolton, Columbia, Coventry, Ellington, Hebron, Mansfield, Somers, Stafford, Tolland, Union, Vernon and Willington in Tolland County.

In addition to 11 branch locations throughout western Massachusetts, FCU offers members use of 55,000 surcharge-free ATMs across the worldwide Allpoint® and SUM® networks, as well as robust mobile banking products and services.

Credit unions are cooperative financial institutions owned by their members. As a not-for-profit organization, FCU returns its profits to its members in the form of high rates on deposit accounts, low rates on loans and low or no fees for its services.

For information about the services offered by Freedom Credit Union, visit freedom.coop.

About Freedom Credit Union

Originally chartered in 1922 as the Western Massachusetts Telephone Workers Credit Union and renamed in 2004, Freedom Credit Union is an 11-branch, full-service financial institution. Today, membership is available to anyone who lives, works or attends school in Hampden, Hampshire, Franklin or Berkshire counties in Massachusetts, and Hartford or Tolland counties in Connecticut. Offering a complete range of banking services and loan products, Freedom Credit Union has conveniently located Massachusetts branches in Chicopee, Easthampton, Feeding Hills, Greenfield, Ludlow, Northampton, Turners Falls, West Springfield and three in Springfield, including the Roger L. Putnam Vocational Technical Academy branch. For more information, visit freedom.coop.

Freedom Credit Union is federally insured by the National Credit Union Administration (NCUA). Shares and deposits in excess of NCUA limits are fully insured by the Massachusetts Credit Union Share Insurance Corporation (MSIC). Equal housing lender. NMLS #478769.

Letters to the Editor

Something nice:

I want to shout out to Corey, the owner of Martel Music. Corey and his staff have been a great source of positivity in my teenager’s life. Through ups and downs, they have welcomed my son with open arms each week to harmonious sanctuary. Corey strives to provide not just a music store that offers lessons, but a home away from home that fosters talent and growth. I found myself struggling the other evening. I was confused and disappointed that after all my efforts to pay for lessons, my son decided to learn the theme song to “Mortal Kombat”. How could this be beneficial? I’m trying so hard to instill morals and provide a positive environment for my teenager. I just didn’t get it. Corey was patient and kind. He took the time to listen to all my concerns. Moreover, he recognized my son’s needs. Corey explained that learning music is just part of what takes place during the lesson. There are math and socialization skills. There is confidence and relationship building. Then he explained that students will take to practicing and learning music that interest them. When he looked at the song written out for my son, Corey explained it would be a challenging piece for him to learn. This wasn’t just a riff or a chorus, but the theme song. It finally clicked with me – it was just that – a song. I had allowed myself to overreact to the name of the song and didn’t see the essence of what my son was learning. I am proud of the growth my son has made by attending lessons with his teacher, Jimmy. I am grateful that Corey was patient and kind that night. I am truly blessed to have such a wonderful person providing a music family for my son.

Cassandra Clark Plainville, CT

Guns and Poses

By Thad Gray

In his first major announcement since taking office, State Treasurer Shawn Wooden declared his intention to divest \$30 million of state pension fund assets from five companies involved in gun manufacturing and distribution. Unfortunately, this decision demonstrated dangerous overreach at the expense of public pension fund beneficiaries and Connecticut’s economic well-being.

A quick review of the public filings for the five companies whose securities are slated for sale by the state reveals that two, Northrop Grumman and Daicel, have no apparent connection with the manufacture or distribution of civilian weapons.

Northrop Grumman is an aerospace and defense technology giant that produces missiles, missile defense systems, aircraft and drones that are vital to U.S. national defense. Daicel is a Japanese specialty chemical company focused on plastics, polymers and resin compounds used in applications such as automotive airbag inflators and water treatment systems.

From the perspective of pension fund beneficiaries, Daicel might be a logical stock to sell, as it has produced a subpar return for shareholders in the last few years. This is not the case with Northrup Grumman, however, which has produced a return well in excess of the overall stock market in 2019.

Furthermore, Treasurer Wooden has put jobs in Connecticut at risk for a few headlines, as defense contracting is one of Connecticut’s most vital industries. It is hard to imagine that the Treasurer’s decision to dump these stocks will be well received by General Dynamics (Electric Boat), Lockheed Martin (Sikorsky) or United Technologies (Pratt and Whitney). Wooden’s decision is nothing but politics, and sends a dangerous message to other defense contractors that Connecticut is not a good place to do business.

Anti-gun advocates who applauded the Treasurer’s decision should also ask what Wooden is doing about taxpayer-subsidized loans to two businesses directly involved in the sale of weapons and ammunition, Cabela’s in East Hartford and Bass Pro Sports in Bridgeport. *Continue on Page 36*

State of the Union? More like “The National Drama”

The drama surrounding the 2020 State of the Union address was more appropriate for Broadway than the hall of Congress. It began with President Donald Trump declining the handshake offered by House Speaker Nancy Pelosi, followed by Mrs. Pelosi abandoning the ceremonial introduction of the president.

As the address proceeded, Mrs. Pelosi became very uncomfortable. Mrs. Pelosi and I are about the same age, and it occurred to me that she might have had the same problem we seniors have--she forgot to take care of nature’s needs before coming to the chamber. It also looked like she was trying to get Vice President Mike Pence’s attention--probably to ask him to preside for a few minutes.

Then she became completely unnerved, probably for good cause. The president was failing to accord more credit to her Congress for helping him pass some of his legislation. She began then to methodically shred the document which she thought mistakenly was her property.

I think both could be excused for their behavior. Mr. Trump was facing an audience-- some of whom were attempting to “fire” him. Mrs. Pelosi was living her septum horribilis, given the national embarrassment of the DNC in Iowa the day before and presidential acquittal the following day.

The only folks to benefit may have been the custodians. I suspect they might have collected and retained the shredded copy. Who knows--it could be sitting on a coffee table in some custodian’s home as he or she dreams of the value that it will bring from collectors. *Unaffiliated Voter*
Ralph O. Moyer, Jr. Wethersfield, CT

Benefit HOLISTIC Fair

VFW 2020 Fair Dates:

March 22, May 17, Sept 20, Nov 15, Dec 13

Sundays 12pm- 4pm

VFW Hall 7 Northwest Dr.

(45+Readers & Vendors !!

ADMISSION- REQUESTED DONATION

FREE Raffle, FREE Refreshments

VENDORS: Readers, CBD’s, HGH Gel, Aura Photos, Health Resources, Gemstones, Naturopath, Therapists, Home Services, Healing Modalities, Local Artists, Jewelry, Chiropractor, Essential Oils, Crafts, Home cleaning, Candles, Organic & Natural Personal Care, Supplements, Crystals, Skincare, & MORE CONTACT: Rev Shirley R Bloethe 860-989-0033 or YourHolisticEvents@gmail.com

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2020 Holistic EXPOs at The DoubleTree by

Hilton Hotel, 42 Century Drive Bristol, CT

April 26, & Oct 25, 10am-4pm (75 Vendors)

Shirley R Bloethe, Executive Director,

Holistic Community Professionals

<https://holisticcommunityprofessionals.org>

<http://www.shirleybloethe.com>

Knights of Columbus CASINO BUS TRIP

The Plainville Knights of Columbus is sponsoring a bus trip to the Mohegan Sun Casino on **Saturday April 18th.**

Price of \$40 a person includes the round trip bus, \$15 meal coupon and \$10 gaming coupon. The ride to the casino is one hour, and we will have a 50/50 raffle. We will leave the OLM Parish Center parking lot at 1:45 PM, and will return around 9 PM.

Book early to ensure your seat.

For more information call:

Steve Tardif: 860-593-1932

Bill Fasciano: 860-919-3950

To list Tag Sales, Club Activities & Etc.
E-mail to: hmtnn@comcast.net

Letter in Response to Jeannette Hinkson's Balcony Column

**Helen,

I am sending this to Jeannette Hinkson in care of YOU. You may remember that Jeannette invited anyone who disagreed with her to write and she would promptly throw it in the garbage. I wrote to you to point out the obvious and you advised me to send any letter to you and you would make sure it did not get "tossed".**

Dear Jeannette,

You need a "fact checker". I don't think you should sit on your balcony and make up stories and then print them as truths. Where did you get the notion that Hunter Biden was paid over \$1,000,000,000. by China? (Oh right, it is a complete lie cooked up by Donald Trump and his favorite lawyer, Rudy Giuliani) Although he may have been involved in a couple of small business ventures as a minority partner - these ventures for the most part never got off the ground and Mr. Biden never made any money. It was a private enterprise and had nothing to do with him doing ANYTHING for the Chinese government. Maybe you are confusing this with the more popular myth of Mr. Biden collecting boatloads of money from Ukraine (supposedly why he and his father MUST be investigated, according to the GOP and their "fearless leader"). Just so you know the real truth, Hunter Biden was appointed to the Board of Directors of Burisma, a Ukrainian company. From what I understand he was paid a salary of \$50,000 per month. I'm not sure how long he worked for Burisma but at that salary he would have to work for them for approximately 1,600 years in order to collect a Billion dollars! He is 49 years old. No matter how excessive \$50,000 per month may seem to you and me it isn't out of line with what many executives in this country are paid. His net worth, according to Google is \$3 Million, a far cry from \$1 BILLION. Although the position with Burisma may not "look good" to some, there was nothing illegal about it AT ALL.

As respects Joe Biden, he withheld aid to Ukraine at the direction of the President with the full support of Congress and the State Dept. and our allies. The aid was held because at the time Ukraine was rife with corruption, especially by the lead prosecutor.

So the aid was delayed to benefit the U.S. as well as our allies. So, most importantly, V.P. Biden did not withhold the aid to benefit himself personally in ANY WAY! Trump, on the other hand, withheld aid to Ukraine for the sole purpose of benefiting himself and his campaign for re-election. Essentially, he tried to blackmail the Ukrainian President by telling him Ukraine would not get the aid promised unless he announced that he would be launching an investigation into Joe and Hunter Biden. He didn't even want an actual investigation because he knew they wouldn't find any wrong-doing. He was just hoping the announcement of an investigation would cast doubts about Joe Biden with the American public - enough doubt so that maybe he wouldn't become the Democratic nominee. He did/still does consider Joe Biden as his biggest rival for the 2020 Presidential election. So the whole "Ukraine thing" was about eliminating Joe Biden as a rival for the Presidency. In other words, for his own personal gain. He also did it in "secret" which shows he knew it was wrong. Congress had approved the funds. The money have been given to Ukraine immediately. The fact that it was not is in itself a crime. Trump only released the aid when he realized it was going to be made public. Try those facts on for size. I believe you will find they jibe much more closely with the truth than your "fake news" does. Does it not bother you that your President concocted a complete lie just to benefit himself and his re-election campaign? Apparently not. Please do a little research, if for no other reason than your own peace of mind. You should know the truth about this President.

Susan McCabe

(If you should print this, which I highly doubt, please do not print my address or phone number)

McCabe answer: *Facts in our articles are checked from reported news articles from media, recorded and printed articles and backed up by Google searches.*

FROM MY BALCONY

By Jeannette Hinkson

Correction: As recently reported Hunter Biden, son of then Vice President Joe Biden, received \$53,000 per month for serving on the board of a Ukraine gas company but that figure was upgraded in a reported by Dan Bongino on Sunday February 16th, 2020 as being \$83,000 per month for a no-show job. I stand corrected.

Continued from Page 35

Guns & Poses

Connecticut Innovations, on which Wooden serves as a board member, proposed a \$22 million financing for the construction of a 140,000 square-foot Bass Pro Sports Bridgeport outlet in 2013. A quick review of Connecticut Innovations' 2019 board meeting minutes shows no mention that the Treasurer's office expressed any concern about that financing. In the case of taxpayer-subsidized loans to Cabela's and Bass Pro Sports, Wooden appears to have looked the other way.

While Gov.Ned Lamont applauded Treasurer Wooden for enacting a "first-of-its-kind, comprehensive, responsible gun policy," the facts clearly show overreach to win political applause. The Treasurer's gun policy is neither a shiny ornament to hang on the Christmas tree of economic development, nor an example of how to best protect the interests of Connecticut's long-suffering taxpayers and public pension fund beneficiaries.

Thad Gray of Salisbury was the Republican nominee for State Treasurer in 2018.

ctmirror.org/category/ct-viewpoints/guns-and-poses-thaddeus-gray/

Plainville
Rotary
Club



The 46th Annual Penny Sale

Saturday April 4, 2020 6:00 p.m.
Plainville High School

Doors open at 5:30 p.m. Free Admission

Special Prize*

\$100 Groceries
Compliments of
Gnazzo's Food Center

*need coupon to enter: available
in Hometown Connection and at
Gnazzo's Food Center

3 Door Prizes
Ring Video Doorbells
Compliments of
Innovative Medical Products
and
The Wasley Family

President's Prize

Reclining Chair

Compliments of
Pilgrim Furniture City

Special Raffle

\$5 per ticket

55" TLC 4K SMART LED ROKU TV
DONATED BY: UBI - A COMMUNITY FEDERAL CREDIT UNION
Winners Must Be Present!

Candy Counting Contest for children only
Gift certificates
Donated by a friend of Rotary

Plainville
Rotary
Club



The 46th Annual Penny Sale

Saturday, April 4th 6:00 p.m.
Plainville High School

Doors open at 5:30 Free Admission

- Over 300 prizes
- Door prizes
 - 3 Ring Video Doorbells
 - Compliments of Innovative Medical Products & Wasley Family
- Free Admission

Fun for the whole family!



SPECIAL PRIZE DRAWING

Print out this coupon and bring it to the Penny Sale for a chance to win \$100 Gift Card to Gnazzo's Food Center. Limit one entry per person.

Name: _____

Must be present to win.

THE TEA PARTY CREED..

"I am not a racist, I am not violent I will not be silent"

Pd. for by: The members of the Tea Party

OBITUARIES

~ Marie A. (Beaudry) Poulaino ~



84, of Southington, formerly of Meriden, passed away on Wednesday, January 15, 2020 at Apple Rehab. She is now reunited with her husband of 56 years, Richard J. Poulaino, who predeceased her in 2011.

Born in Meriden on January 30, 1935, she was the daughter and last surviving of four children to the late Emile and Annette (Paradis) Beaudry. A lifelong resident, she attended local schools, and married her childhood sweetheart and love of her life in 1955, and were dedicated parents to their three children. They shared nearly 60 years of life adventures and extensive travels, including family camping trips, RV-ing across the U.S. and enjoying their winters in the warmth of Florida. Marie found great joy in cooking for her family and friends, and chatting about various recipes, and in more recent years, shared many special times with her close circle of girlfriends. A devoted mother and grandmother, she will be remembered for her kindheartedness and love for her family, leaving many cherished memories.

She is survived by her children, Richard M. Poulaino and his wife, June of Meriden, Lynn Logoyke and her husband, Alex of Southington and Sue Shatto and her husband, George of Branford; her grandchildren, Amy Lynn Gardner, Zachary Gardner and Stephanie Smith; great-grandchildren, Brian Grant, Frank E. Smith, III and Mahala Smith; and her great-great-granddaughter, Juliana Grant. She was predeceased by her brothers, Raymond, Albert and Laurent Beaudry, and leaves several nieces and nephews.

Marie's love for animals may be remembered with contributions to the Connecticut Humane Society, 701 Russell Rd, Newington, CT 06111 or the Alzheimer's Association of Connecticut, 200 Executive Blvd, #4B, Southington, CT 06489.

Family and friends gathered in celebration of Marie's at Plainville Funeral Home, 81 Broad St, Plainville. A Mass of Christian Burial was held at Our Lady of Mercy Church, 94 Broad St, Plainville. She will be laid to rest at St. Laurent Cemetery in Meriden privately at the convenience of the family.

~ Richard Francis Piotrowski, Sr. ~



Professional Engineer (P.E.), passed away peacefully surrounded by his loving family on Saturday, February 1, 2020, following a hard fought battle with pancreatic cancer. He was the husband of Claudia (Rund) Piotrowski, with whom he shared 48 years of marriage.

Born in Manchester, New Hampshire on March 13, 1945, he was one of two sons to the late Stanley and Marion (Rubino) Piotrowski, moving to Plainville in 1947. He was a proud graduate of Plainville High School, Class of 1963, where he met many lifelong friends and the love of his life, Claudia. They married in 1971 and remained in Plainville where they raised their two children who were his pride and joy, as anyone who ever met and spoke to Rich would quickly realize. Rich was their biggest supporter, always encouraging them to pursue their dreams, and was truly proud of all their accomplishments.

Rich earned an Associate's Degree in Civil Technology from Hartford State Technical College in 1965 and later earned a Bachelor's Degree in Civil Engineering from the University of Connecticut's (UConn) School of Engineering in 1969. After graduating and receiving his P.E. license, he advanced his engineering experience and responsibilities through various positions.

As a highly respected Professional Engineer, Rich joined the State of Connecticut's Department of Public Works (DPW) in 1984 as Assistant Chief of Design and Review of Engineering, and was later promoted to Assistant Director of Facilities Design and Construction. Rich continued to grow professionally at DPW, serving first as Deputy Commissioner of Design and Construction under Governor William O'Neil and then Bureau Chief of Facilities, Design and Construction. During his nearly 20 years of State service, he served under four different Governors, and oversaw several major projects including the State Prison Construction Program, the construction of Gampel Pavilion at UConn, and the Connecticut Fire Training Academy in Windsor Locks, amongst many others. After retiring from the State, he was hired as Vice President of the Liro Group out of New York, where he provided engineering consulting support. Rich has shared his invaluable knowledge and expertise at countless Construction Trade Organization functions and seminars throughout the Northeast and was part of several professional affiliations.

Rich was the recipient of many honors over the years. Some notable highlights include the Distinguished Service Award from the Plainville Jaycees in 1980, the Distinguished Managerial Service Award from the State of Connecticut in 1994, and he was recognized by the Construction Institute of Connecticut with the

Distinguished Achievement Award in 2001 for his contributions to the advancement of Connecticut's construction industry.

Rich was passionate about his local community of Plainville and served on the Plainville Town Council for four terms between 1975-1987 as Chairman and Vice Chairman, as well as serving on the Building Committees for the new construction of both the Middle School of Plainville and the Fire House. Rich also served on the Aviation Commission for 10 years and the Charter Revision Commission. He was a member of the Advisory and Distribution Committees of the Plainville Community Fund, and served as Treasurer for the past two years. He was also an active member of the Democratic Town Committee.

A sports enthusiast, Rich was a fan of UConn Basketball, Boston Red Sox Baseball, the NFL, and enjoyed watching and attending NASCAR and Indy races. Rich had a passion for traveling and planning vacations with his family, having visited 38 states and 5 countries. He made it a point to visit MLB stadiums in all the major cities he traveled to. Some of his other favorite vacation destinations included Walt Disney World in Florida, California, and various places throughout New England but mostly, Hampton Beach, New Hampshire and Maine. In addition to sports, he enjoyed attending concerts with his wife regularly. Anyone who came into contact with Rich knew he loved to tell a good story, enjoyed making friends with strangers, and always provided a good laugh with his sense of humor. A true gentleman, Rich's kindness, selflessness, generosity and love for his family and the impact he made on this world will be forever cherished. In addition to his beloved wife, Claudia, he leaves his son, Richard F. Piotrowski, Jr. and his wife, Tara; his daughter, Courtney Piotrowski; his uncle, Gasper "Sonny" Rubino and his wife, Mary; sisters-in-law, Barbara Roussel, Marie Ferrante, and Bernadette Pavano; brothers-in-law, Charles Rund and his wife, Maureen and William Rund and his wife, Barbara; many cousins, nieces and nephews; and his lifelong friends, Jimmy Adams and Mike Kolakowski. He was predeceased by his brother, Stephen. Rich and his family will always remain grateful to his kidney donor and "living angel", Kathie Wynkoop for the gift of life she shared with him over two years ago.

The family extends their gratitude to the nurses and staff at Southington Care Center for their compassion and support during his time there.

Rich may be remembered with contributions to the Plainville Community Fund, PO Box 156, Plainville, CT 06062.

Family and friends may gather in celebration of Rich's life on Wednesday, from 4-7 p.m. at Plainville Funeral Home, 81 Broad St, Plainville. Funeral services will be on Thursday at 11 a.m. at the funeral home. Burial will be held privately at a later date. For online expressions of sympathy, please visit www.PLAINVILLEFUNERALHOME.com.

~ Mary (Casorio) Roche ~



95, of Plainville, passed away peacefully on Sunday, January 26, 2020 at the Hospital of Central Connecticut, New Britain. She is now reunited with her beloved husband and dance partner, the late Francis J. "Frank" Roche, Sr.

Born in Plainville on October 20, 1924, she was one of three children to the late Michele and Lucrezia (Posa) Casorio. A lifelong resident, she and Frank settled in their hometown where they raised their three children. Remembered for her nurturing and caring disposition, warm smile and welcoming personality, Mary was a devoted and loving mother whose door was always open. When her children were grown, she was excited to go to work, and enjoyed her time at Sherwood Cleaners until her retirement. Proud of her Italian heritage, Mary's homemade specialties were enjoyed by her family and friends while she fulfilled her love for hosting the holidays and having her home be the retreat for the entire neighborhood. In addition to cooking, she had a love for gardening, having an abundance of sunflowers in her yard, and was always the last woman to leave the dance floor. Her selflessness and lively spirit will forever be missed and remembered by her much loved family and many dear friends whose relationships she cherished deeply. She leaves her son and daughter-in-law, Donald and

Karen Roche of Haddam; her daughter and son-in-law, Lisa and Cassidy Vaughn of Bristol, and her son Francis Roche, Jr. of New Britain; along with many nieces and nephews, and her lifelong best friend, Karin Gervais. She was predeceased by her brothers, Nunzio and Anthony Casorio.

Mary may be remembered with contributions to the American Cancer Society, 825 Brook St, Rocky Hill, CT 06067.

Funeral services in celebration of Mary's life were held from Plainville Funeral Home, 81 Broad St, Plainville, with a Mass of Christian Burial at Our Lady of Mercy Church. Committal services followed at St. Joseph Cemetery. Family and friends may gather on Thursday, from 4-7 p.m. at the funeral home. For online expressions of sympathy, please visit www.PLAINVILLEFUNERALHOME.com

Heaven Needed Mom

*A beautiful garden now stands
alone,*

missing the one who nurtured it

*But now she is gone, her flowers still
bloom, and the sun it still shines,*

*But the rain is like tear drops,
for the ones left behind.*

~ Miss you Mom ~

Plainville Cemetery

Association

The Neal Chapel at the

West Cemetery will be

closed for the Winter

and reopen

April 1, 2020

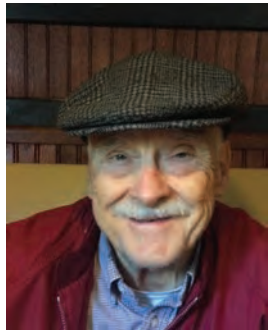
*If you would like to schedule a visit
during this time, please contact the*

Superintendent at 860-747-2314.

Thank you, The Plainville Cemetery
Association Inc.

OBITUARIES

~ Joseph Maksimczyk ~



87, formerly of Plainville, passed away peacefully on Saturday, February 8, 2020 at Live Well in Southington. He is now reunited with his beloved wife, Claudette (Bouchard) who predeceased him in 1996.

Born in New Britain on June 19, 1932, he was the youngest of five children to the late Joseph and Serafina (Brumer) Maksimczyk. Raised in New Britain, he attended local schools, and was a graduate of E.C. Goodwin Technical School. He worked for more than thirty years for Pratt & Whitney, where he earned the nickname "two-tenths Joe" for his preciseness as an inspector. He and Claudette shared nearly 35 years of love and devotion, settling in Plainville where they raised their two children. A lifelong outdoors enthusiast, Joe enjoyed an array of activities and appreciated all that nature had to offer, including sailing, fresh water and ice fishing, kayaking, biking and golf and participated in the Plainville Senior Center's Outdoor Adventure Club for many years. He was a talented woodworker, with birdhouses and walking sticks being his specialties, and was always up for good car ride. Remembered for his warm smile, he was a much-loved "Uncle Joe" to many and will be missed dearly.

He is survived by his daughter, Maryann Miller and her husband, Scott; his son, Joe Maksimczyk; sisters-in-law, Bernice Deschaine, Candide Bouchard, Yvette Albert, Fern Bergeron and Simone Bouchard and her husband, George; along with many nieces, nephews, and great-nieces and nephews. He was predeceased by his brothers, Al and Chester and his sisters, Florence Maksimczyk and Dorothy Dekutowsky.

Joe may be remembered with contributions to the Plainville Community Food Pantry, PO Box 233, Plainville, CT 06062.

A Mass of Christian Burial in celebration of Joe's life was held at Our Lady of Mercy Church, 94 Broad St, Plainville. Committal services followed at St. Joseph Cemetery. Family and friend gathered at the church prior to the Mass. For online expressions of sympathy, please visit www.PLAINVILLEFUNERALHOME.com

Spring Clean-up at West Cemetery Plainville

The Annual Spring Clean-up will begin in March 2020. We will be removing all Christmas decorations around the Monuments and on Flush Markers.

Trimming or removal of bushes/Trees will continue around the monuments. Reminder, our Cemetery no longer allows the planting of bushes or trees.

Flowers only around Upright Monuments. The Neal Chapel will be open during Cemetery office hours starting April 1.

Any questions, please contact the Superintendent at 860-747-2314. Thank you, Plainville Cemetery Assn Inc.

~ John "Jack" Mastrianni ~



86, of Plainville, Connecticut passed away on February 16, 2020. Born in New Britain, he is survived by his beloved

wife of 64 years, Janet (Logan) Mastrianni. He was the son of the late Benjamin and Veronica (Devine) Mastrianni

and leaves two sons, Gregory and his wife Ursula of New York City and Christopher and his wife Sarah of San Diego. He cherished his four grandchildren: Allison, Madeline, Cecilia and Avery who brought him great pleasure. He also leaves his sister Sharon Simpson, who was a great friend and caregiver. He valued his many friendships with cousins, school-mates and colleagues.

A life-long resident of the town of Plainville, Jack battled Polio as a young person, but never let it slow him down or dim his spirits. After remission, baseball became his passion and he played shortstop for Plainville High where he graduated in 1951. He later played for the Plainville Blues of the old New Britain City League and during his military service for the March AFB championship team of the Southern Command in California. He played in local softball leagues for many years, coached Little League and was an accomplished duckpin bowler.

He was a proud Korean War veteran, enlisting in the Air Force in 1952 with three of his best friends; all graduates of Plainville High School. He was assigned to a covert squadron that collected intelligence data for the Strategic Air Command (SAC), and National Security Agency (NSA) during the Korean War, and later "The Cold War". He was stationed in a secluded base near Nome, Alaska with a unit that operated on clandestine and high-risk assignments that pushed the envelope of their aircraft in arctic conditions. In keeping with those of the 'Silent Generation' after WWII he rarely spoke about his missions and its hardships, but often said how much he enjoyed listening to 'Moscow Molly' "because she played good old American music" and retold his amazement of the indigenous peoples he encountered.

He married the girl who lived-up-street, his great love, Janet Logan. Both were in the same elementary school classes. They married in the last year of his military service and spent several months in sunny California during a station at Edwards Air Force Base. Returning to Plainville and with the help of the G.I. Bill he graduated from the University of Hartford Art School with a BFA Degree in Advertising and Graphic Design. He attended Yale University's program for Corporate Design and Image. He apprenticed in the art department of a local printer and soon joined Aetna's art department as a graphic designer and over many years rose to become Director of Communications.

During his 28 year career with Aetna, he steered many corporate sponsorships including the Davis Cup, The Sammy Davis Open, The Hartford Whalers along with numerous community and philanthropic involvements. As an advisor and helped produce and direct the National Easter Seal Telethon at Channel 8 for seven years. He was nominated by the University of Hartford as one of the Outstanding Young Men In America for 1968, served as an Alumni advisor to the Board of Regents at the University. He taught advanced courses in Design to MBA students of the Barney School of Business and received citation by multiple Governor's of Connecticut for his commitment to Hartford's public high schools and internship programs he facilitated. He served on many boards and committees such as the State of Connecticut Board of Education for Curriculums; Hartford Rehabilitation Center as well as being an active advisor to Tunxis Community College, and Manchester Community College for design and curriculum. He won many awards from the New York

Art Directors Club, the New York Type Directors Club, the Boston Art Directors Club and the Hartford Advertising Club.

Jack liked to say his fifteen minutes of fame was working with Katharine Hepburn who he persuaded to be the voice-over narrator for a documentary he produced and directed in commemoration of the Connecticut River for Hartford's Riverfront Recapture Committee. Jack remained an active advisor to IBM, Dell, The Travelers, and small businesses regarding communications. He also served on the Plainville Schools Steering Committee, the Linden School Building Committee, and the Plainville Town Beautification Committee. He was a volunteer in the school Mentor Programs for several years. He was a member of the Senior Center and the Historical Society.

Family and friends gathered at the Plainville Funeral Home 81 Broad Street with a Mass of Christian Burial at St. Matthew Church, 120 Church Ave. in Forestville. Burial with military honors followed in St. Joseph Cemetery, Plainville. In lieu of flowers a memorial donation may be made to the Michael J. Fox Foundation for Parkinson's Research P.O. Box 5014 Hagerstown, MD 21174-5014 or at www.michaeljfox.org/donation. For additional information or to leave words of condolence please visit www.plainvillefh.com.

~ Daniel M. Pascale ~



It is with deep sadness we mourn the passing of our son, brother, uncle and friend, Daniel M. Pascale, age 51 following a brief illness on Wednesday, January 22, 2020 at Charlotte Hungerford Hospital in Torrington.

A 1986 graduate of New Britain High School, Dan served his country for a brief time in the U.S. Army, followed by a career in masonry, of which he was hardworking and dedicated.

Dan had a passion for nature and loved the outdoors so it's a guarantee you could always find him out exploring the neighborhoods for hours on end, immersed in his puzzle books, or fulfilling his love for food by trying out new recipes. While Dan was unable to overcome his battle with the disease of addiction, he was a fierce and persistent fighter who lived each day to the fullest, and will forever be remembered for his selflessness and huge heart.

Dan is survived by his daughter, Natasha Pascale of Massachusetts, his grandson Isaac, his sisters, Dawn Boutin of Plainville, Mary Ann Berger of Meriden, and Susan Evans of Massachusetts, his mother Marie Pascale (Boone) of West Haven, along with many nieces and nephews.

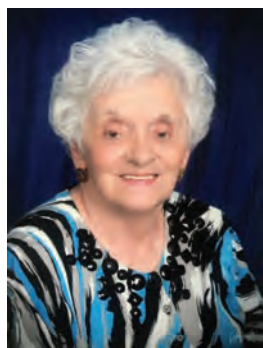
Daniel may be remembered with contributions to Alcoholics Anonymous at www.aa.org Family and friends gathered in celebration of Daniel's life at Plainville Funeral Home, 81 Broad St, Plainville. For online expressions of sympathy, please visit <http://www.PLAINVILLEFUNERALHOME.com>

BURIAL RIGHTS FOR ST. JOSEPH CEMETERY IN PLAINVILLE

If you have a grave plot in the cemetery, please contact the Cemetery Office at 860.747.6825 to name the person who will have burial rights of your plot after you pass. At St. Joseph Cemetery we allow three cremains to be buried on top of a full body in one 4' x 8' grave. We need on file who will have the rights to make those decisions.

OBITUARIES

Mona M. (Simard) Blanchette



90, of Southington, formerly of Plainville and Kensington, passed away peacefully surrounded by her family on Monday, January 27, 2020 at LiveWell in Plantsville.

Born in Eagle Lake, Maine on December 9, 1929, she was one of eight children to the late Artie and Alice (Violette) Simard. Raised

in Northern Maine, she attended local schools, and moved to Connecticut shortly after graduation where she worked at General Electric in Plainville. She married Aurele Blanchette in April of 1961, and travelled the country. As a single mother, she settled in Plainville in the fall of 1977 with her two children. Mona retired from Johnson & Johnson, the former Critikon, in Southington, where she was awarded for having never missed a day of work in 18 years. She had a love for children, spending her retirement years babysitting, cheering on her grandchildren at their sporting events and performances, and staying active with daily walks. Being the social butterfly that she was, Mona made friends wherever she went, becoming a well-known and much loved "Mimi" to all. Remembered for her keen fashion sense, she also had a passion for cooking and a wide collection of recipes and cookbooks, and was always up for a card game when her competitive spirit came out in full force. She will be missed by many, leaving a legacy of strength, love and kindness, along with many cherished memories.

She leaves her daughter, Michele Koch and her husband, David of Incline Village, NV, her son, Duane Blanchette and his wife, Danielle of Kensington; three grandchildren, Mitchell and Corinne Blanchette and Benjamin Koch; her sister, Emely Roy; brothers, Roland Simard and his wife, Lorette, Bertrand Simard and his wife, Rowena "Toots", and O'Neil Simard and his wife, Irene, all of Florida, Lester Simard of Kensington and Edgar Simard and his wife, Tina of Plainville; her brother-in-law, Robert "Pete" Martin of Newington; and many nieces and nephews. She was predeceased by her sister, Norma Martin, her sister-in-law, Nancy Simard and brother-in-law, Armand Roy.

In lieu of flowers, Mona may be remembered with contributions to LiveWell at www.livewell.org/donate or the Alzheimer's Association at www.alz.org

Mona's family extends their sincerest gratitude to the nurses and staff at LiveWell for the compassionate care shown to Mona and the boundless support shown to the family during her time there.

Family and friends gathered at Plainville Funeral Home, 81 Broad St, Plainville. A Celebration of Life service followed by a luncheon in Mona's honor was held at the Kensington Congregational Church, 312 Percival Ave, Kensington. For online expressions of sympathy, please visit www.PLAINVILLEFUNERALHOME.com

Plainville Cemetery Association

The Neal Chapel at the West Cemetery will be closed for the Winter and reopen April 1, 2020

If you would like to schedule a visit during this time, please contact the Superintendent at 860-747-2314.

Thank you, The Plainville Cemetery Association Inc.

~ Irma (Emmett) Bosco ~



90, of Ivoryton, formerly of Plainville, passed away peacefully surrounded by her family on Wednesday, February 5, 2020 at Apple Rehab in Middletown. She was the wife of the late John Bosco, who predeceased her in 1961.

Born in Fredrickstown, MO on November 23, 1929, she was the tenth born of fourteen children to the late Joseph and Lillie (Garner) Emmett. She and John settled in Plainville where they raised their two children. Irma spent many days tending to her rose and flower garden, where she found peace and joy, in being surrounded by butterflies. She was a loving mother and grandmother and will be greatly missed. She is survived by her son, Michael Bosco of Plainville and his daughter Lilly; her daughter, Kathryn Bosco of Ivoryton and her children Amber, Sarah, Tyler and Molly; her brother, Lloyd Emmett of MO; many nieces and nephews and cousins; and her pride and joy, her cat "Tubby". She was predeceased by her twelve siblings

Irma's love for animals may be remembered with contributions to the Connecticut Humane Society, 791 Russell Rd, Newington, CT 06111.

~ Judith (Searle) Lynch ~



85, of Bristol, died suddenly on February 10, 2020 at Bristol Hospital. She was born in New Britain, CT on December 4, 1934 to the late Frank and Charlotte (Daniels) Searle.

Judith grew up in Plainville graduating from Plainville High School class of 1952.

She was married for 57 years to David J. Lynch Sr. until his death in 2013. Judith and her husband, David, moved to Bristol from New Britain in 1966 where they spent the rest of their lives.

Judith is survived by her two sons, David J. Lynch Jr., of Bristol and Michael D. Lynch, of Cromwell, her sister, Christine Connelly, of Westerly, RI, her sister-in-law, Kathleen Conlin, of Berlin, her brother-in-law, Cornelius Lynch and his wife, Sharon, of Farmington, and several nieces and nephews. She was predeceased by her sister, Patricia Paul.

Calling hours were at the Bailey Funeral Home, 48 Broad Street, Plainville. A service in celebration of Judith's life was held at the funeral home. Burial followed in Saint Mary Cemetery, New Britain. In memory of Judith, donations may be made to the Shriners Hospitals for Children, Attn: Office of Development, 2900 Rocky Point Dr. Tampa, Florida 33607 or to a local animal shelter to help cats in need.

Heaven Needed Mom

*A beautiful garden now stands alone,
missing the one who nurtured it
But now she is gone, her flowers still
bloom, and the sun it still shines,
But the rain is like tear drops,
for the ones left behind.*

~ Miss you Mom ~

~ Claudette (Ouellette) Chasse ~



73, of Plainville, beloved Wife, Mother and Memere, passed away peacefully surrounded by her family, on Wednesday, February 12, 2020 at Hartford Hospital. She was the wife of Francis Chasse.

Born in Frenchville, ME on August 13, 1946, she was

one of ten children to the late Edwin and Yvonne (Chamberland) Ouellette. Raised in Maine, she attended local schools, and moved to Connecticut with her sister Joan in her early twenties. She and Frank settled in Plainville, where they shared 47 years of marriage, raised their two children and became proud grandparents. Claudette worked as administrative assistant for the St. Agnes Family Center in West Hartford until her retirement, though her greatest role was that of a loving caretaker to her family, friends, and anyone in need. Her yard flourished in the summer with flowers, vegetables, and her door was always open for a drink, good meal, poolside chat or a place to stay. The matriarch of her family, she had an infectious love for life, and leaves a legacy of selflessness, affection and many priceless memories.

In addition to her husband, Frank, she leaves her children, Kimberly Andrusia and her husband, Adam of Plainville; Jamie Chasse and his wife, Sheila of Wolcott; and her adored grandchildren who brought her much joy, Lily Andrusia, Logan Chasse, Austin Andrusia, and Mason Chasse. She also leaves her sisters, Marie Rose Sirois and her husband, Raoul, and Judy Voisine; her sisters-in-law, Irma Ouellette, Hazel Raymond, and Anne Marie Ouellette; along with many nieces and nephews. She was predeceased by her brothers, Doland, Rosario, Gerard, Joel, Bertrand and Valiere Ouellette, and her sisters, Joan Gorneault and Doris Beaulieu.

A longtime member of the St. Jean Baptiste Society, she may be remembered with contributions to the St. Jean Women's Auxiliary, 209 Smalley St, New Britain, CT 06051.

Family and friends gathered in celebration of Claudette's life at Plainville Funeral Home, 81 Broad St, Plainville. A Mass of Christian Burial was held at Our Lady of Mercy Church, 94 Broad St, Plainville at. Committal services followed at St. Joseph Cemetery. For online expressions of sympathy, please visit www.PLAINVILLEFUNERALHOME.com



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Plainville Chamber of Commerce Invitation to "Shovel Dig"



By Carrier Proudly Announces A New Home community opening later this year named Trumbull Meadows located at the corner of Bradley Street and Camp Street in Plainville. Trumbull Meadows is a Single-Family open space community featuring 55 parcels offering town water, sewer and natural gas heating.

Friday, March 20th at 11am
a "Shovel Dig" Ceremony will be held.
Please join us!

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Please visit www.bycarrier.com to learn more about the Carrier Family. Information on this new community will be announced online this summer. Contact Gayle Dennehy, Broker of By Carrier Realty at gaylec@bycarrier.com with any questions.