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[www.plainvilleshometownconnection.com](http://www.plainvilleshometownconnection.com)



## Apple Rehab Honors Veterans



Margaret McCaig, Therapeutic Recreation Director honored all veterans on Monday November 12th, the legal holiday for Veterans Day



Following the presentation Rob Fritz, Administrator and Inna Glenbovitch Nursing staff served the veterans coffee and muffins. Story on page 6.

## Pictures Speak Louder than Words

This picture was given to me by my friend and neighbor, Luis Baez, here in Clermont Florida and the picture was taken in Bagram Afghanistan. Luis was home for the Thanksgiving holiday to have some R & R with his wife and daughter but will return for another tour. I doubt if anyone in Plainville knows Luis Baez or anyone in this picture for that matter, yet you all know what these men stand for or know of others like them. They are part of an elite group of men of a search and recovery group working in a hostile country for the protection their comrades. Remember, as these men say, "We never leave a man behind", and these men are there to see we don't. As many veterans, who saw duty during any war will tell you, men and woman like these risked their lives and gave up their lives to bring everyone home. This picture was taken and a poster made for these men, as two helicopters hover over their fire apparatus with the Statue of Liberty and the World Trade Center in the clouds, the date of 9-11-01 and the words NEVER FORGET appear in the picture. You must remember some of these men were but children at the time of 9-11 but they are there to protect us and give us our freedom. We are proud of each and every one of them! (Luis is front row, second from left, holding his yellow helmet)

*Jeannette Hinkson, Editor*



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CLOSED  
Christmas Day

OPEN  
New Year's Eve  
7:00AM-2:00pm

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Plainville
Property Tranfers
10 Canterbury Ln: Leslie J. Worthy of Plainville to Gennaro R. and Maryann Meccariello, \$145,000 on 10/22/2018
244 Cooke St. Tarquinio Frank Est and Terry Aresco of Plainville to Tony Tarky, \$68,750 on 10/25/2018
7 Dominics Ct Unit 7: JNS Development LLC of Plainville to Jesse and Christine Pringle \$467,131 on 10/23/2018
11 Julie Rd. John J. and Danuta Sliwka of Plainville to Svetlana Charnetskaya, \$220,000 on 10/23/2018
6 Kristin Ln. US Bank NA of Plainville to Norbert and Magdalena Jaszczur, \$233,900 on 10/22/2018
10 Maiden Ln. V. Matthew Pace of Plainville to Michael D. and Abgela Burns \$325,000 on 10/22/2018
158 Whiting St. Syed Z. Iqbal of Plainville to Al Safa LLC, \$118,000 on 10/23/2018

The Christmas Sprite
By Wendell Copeland
It's the Christmas season
When I hear the carol
O Little Town of Bethlehem
I think of a small town
in CT, Canton Center
I remember being in a
Sleigh full of hay and us kids
The driver a local farmer
would stop his team
at every house,
We ran to the front door, and knock
When it opened we would
sing Christmas carols,
Then shout Merry Christmas.
Then run back to the sleigh
after caroling we had hot coco and
cookies at the drivers house.
Everyone was so full of
holiday sprite.
We wished everyone a
Merry Christmas and we wish you a
Merry Christmas
from the Hometown Connection.



Legal Advisor
Attorney Thomas A. Wurz
132 East Street, Plainville, CT
This paper is published monthly as a service to the citizens of Plainville, Connecticut by Plainville Community News, Inc. It is a non-profit, 501C, all volunteer group of residents who are interested in informing our citizens of community activities and local news. All positive contributions are welcome and will be printed subject to the approval of the staff on a space available basis.

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YOUTH BASKETBALL LEAGUES
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Location: Linden St. School-gym
Fee: \$30.00
Grades 4 to 8
Co-sponsored with the Plainville Police Association. No Fee.
Begins Saturday, December 1st at 12:00 noon.
Registration forms for both programs are available on line and in the Recreation Office

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Dates to Remember...December/January
December
Sunday 2nd Hanukkah Begins-----Friday 7th Pearl Harbor Day
Friday 21st First Day of Winter ---Tuesday 25th Christmas Day
Monday 31st New Year's Eve
JANUARY
Tuesday 1st New Years Day
Tuesday 15th Martin Luther King, Jr. Day
Remember.....Your Anniversary or Spouse's Birthday!

Take a peek..
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# Robert E. Lee, Town Manager's Report to Town Council November 5th & 19th Town Council Meetings

## November 5, 2018

## Happenings

## November 19, 2018

### WPC Crane Truck Replacement

- This item will be addressed at the November 19th meeting as some additional information regarding this purchase is yet to be finalized.

### Tax Fixing Agreement – 311 NB Plainville, LLC

- On May 21, 2018, the Town Council approved an Memorandum of Understanding with 311 NB PLAINVILLE and JBW ENTERPRISES for tax abatements on the former Chung property. The property owner has completed the improvements on a portion of the property and is ready to move forward with the Tax Fixing Agreement.
- However, the applicant would like to transfer a portion of the property that has the new Goodwill Store to another entity. The proposed Tax Fixing Agreement includes language that would allow for an owner to transfer the property and still maintain the tax fixing arrangement through the term of the Agreement.
- The terms previously approved by the Town Council in May would provide a 50% tax abatement on the improvements for 10 years. There is an item under New Business regarding the Tax Fixing Agreement with 311 NB PLAINVILLE of Farmington located at 349 New Britain Ave.

### Railroad Crossing Update

- Railroad crossing repairs have been made on Town Line Road and East Street. Repairs on the West Main Street crossing are scheduled for this weekend beginning on Friday evening, weather permitting. After the crossings have been installed, a paving contractor will then mill the road leading up to each crossing and installing pavement as well.
- The State D.O.T. will be reimbursing the Town for the police services provided as part of these improvements. pumps out of the wet wells.



## Transfer Station Closing

*Dominick Moschini  
Superintendent of Roadways*

The Town's Transfer Station on Granger Lane will close for the winter season on

**Saturday, December 8, 2018 at 3:00 PM.**

If you have any questions, please call Physical Services at

**860-793-0221 ext. 208**

Monday thru Wednesday, 8:00 AM to 4:00 PM, Thursday,  
8:00 AM to 7:00 PM and Friday, 8:00 AM to 12:00 PM.

### PLAINVILLE PUBLIC WORKS

Leaf collection in the Town of Plainville will begin on Monday, October 22, 2018 and will continue to December 1, 2018 weather permitting. If you have any questions, please call the Public Works department at 860-793-0221 ext. 208 between the hours of 8:00 AM - 4:00 PM, Monday – Wednesday, 8:00 AM – 7:00 PM Thursday and 8:00AM to Noon on Friday.

Please be sure to rake your leaves to the curblin as early as possible. GRASS CLIPPINGS WILL NOT IS COLLECTED - ONLY LEAVES will be picked up. NO STICKS OR STONES!!! If your street has an island on it, please DO NOT put your leaves on the island. Bagged leaves will not be collected at curbside; you can bring them to the Drop-Off Center on Saturdays from 8:00 AM to 3:00 PM. During the month of November the Drop-Off Center will be opened Monday thru Friday from 2:00 PM to 4:00 PM, for LEAVES ONLY.

### PLAINVILLE PUBLIC WORKS DEPARTMENT

Mondays through October 29  
Pickups will take place on Mondays within the collection time periods listed above. Residents must call CWPM at 860-793-6721 by 3:00pm Friday to schedule their pick up for the following Monday.

## Town Happenings

**Reports By  
Scott William  
Colby Jr.,  
Assistant to the  
Town Manager  
Town of Plainville,  
1 Central Square,  
Plainville, CT  
06062  
(860)793-0221  
Ext. 209 colby@  
plainville-ct.gov**

### WPC Phosphorus Project Update

- Town staff is recommending that the Town Council, acting as the Water Pollution Control Authority, authorize expending monies from the WPC Phosphorus Upgrade Project to extend fiber to the eight pump stations. This would allow staff to perform remote monitoring of the pump stations and provide better resiliency in severe storms.
- A work session was held earlier this evening regarding the benefits of having this work done as part of the project.
- The Bond Counsel has determined that this is an eligible expense as part of the project. The extension of the fiber will also allow for other town and school buildings to have access to high speed internet service. The connection of the pump stations and town facilities will also result in operating costs savings of approximately \$39,000 per years.

### WPC Crane Truck Replacement

- The WPC FY19 capital budget includes \$78K to replace a 20-year old crane truck. This truck is used to service the pump stations which includes pulling the pumps out of the wet wells.
- Town staff is recommending that a 2018 Chevrolet Silverado 3500 Heavy Duty 4WD pick-up truck be purchased from Davidson Chevrolet of Canton. The cost of the truck is \$38,747.
- The state bid price for the truck is slightly higher than the Davidson quote. Because the State Bid vendor cannot get this truck delivered for up to none months, the recommendation is to purchase the vehicle from Davidson.
- After the truck is purchased, it will be necessary to outfit it with a crane, truck body and snow plow. Town staff is recommending that this be done by Hartford Truck utilizing state bid pricing.
- The total cost of these two items is \$68,235. Some additional monies will be needed to install some safety features including emergency lights. There is an item under New Business regarding this recommendation.

### Police Department Update

- Chief Mathew Catania is here this evening to give a status report on the operation of the Police Department.

### Town's 150th Anniversary Discussion

- Plainville's 150th anniversary will occur next July. The Plainville Historical Society is currently in the process of planning various

programs and activities to recognize this historic event during 2019.

- The Society is inquiring whether the Town Council may be considering a larger celebratory event.

### Tomasso Nature Park Report

- Art Marino the lead volunteer is here this evening to give a report on the Tomasso Nature Park.

### Financial Dashboard

- The Dashboard was finalized this afternoon and has been posted on the Town website.

## Mailbox

## Replacement Policy

*Dominick Moschini  
Superintendent of  
Roadways*

**“IT IS TIME  
TO CHECK THE  
CONDITION OF  
YOUR MAILBOX  
AND POST”**

The Town's policy regarding damage to mailboxes and/or posts during snow plowing operations is as follows: The Town will replace mailboxes and/or posts only if it is actually struck by the snowplow. There must be physical contact between the plow and the mailbox and/or post.

The Town will not replace any mailboxes and/or posts constructed of inappropriate materials such as plastic and those damaged by the weight of the snow being discharged off the snowplow.

Residents are expected to maintain their mailbox and/or post in such a manner that it will withstand the pressure/impact of snow and ice cascading off the *snowplow*.

## Steps to Be Taken by Property Owners ~~

## When Sewage Back-up Occurs

If a back-up occurs during business hours call:

Normal Business Hours – Monday – Friday

7:00am – 3:00pm

Water Pollution Control Department: ~~

(860)793-0221 Ext. 228

If a back-up occurs during non-business hours

call: ~~~~Non-Business Hours – Nights, Weekends &

Holiday

Plainville Police Non-Emergency Line:

~~~~(860)747-1616

## UNABLE TO ATTEND TOWN COUNCIL MEETINGS?

If you have an issue you would like to discuss with the Council or a Councilor, just call  
**860-793-0221 ext. 205**

Leave your name and phone number and ask for a Councilor to contact you.

*They are here to serve you!*

## Letter to the Editor

Dear friend,

Please join me for an exclusive Hillsdale College telephone townhall during which I will be answering questions about how Hillsdale is helping to lead a revolution in K-12 education through our Barney Charter School Initiative. My friend Hugh Hewitt and I will be on the phone live on Thursday, December 6 at 7:00 p.m. Eastern Standard Time, and I hope we can count on your participation.

You should know that Hillsdale College has started a grassroots revolution in American public education by helping groups of concerned parents and educators start and operate classical K-12 charter schools in their communities. Through the Barney Charter School Initiative, the College serves as a mentor and advisor to these schools and has already helped found 20 classical charter schools in nine states, with additional schools opening each year.

Again, this event will take place on Thursday, December 6, at 7:00 p.m. Eastern Standard Time. Please register at the following link and make sure to include a valid phone number including your area code so that we may reach you at the time of the call: [www.hillsdale.edu/townhall](http://www.hillsdale.edu/townhall). The call will last for one hour and there is no cost to participate.

We hope you will join us in this conversation about solutions to the crisis in American education.

Warm regards,  
Larry P. Arnn  
President, Hillsdale College :

**EVERYONE WILL BE TRAVELING THIS HOLIDAY. BUT NOT EVERYONE WILL SPEAK UP. BE THE ONE.**

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## SOMETHING TO THINK ABOUT

By Dolly Chamberlin

Time to start thinking about your year end donations.

### "We may be able to help"

The Plainville Community Fund is an endowed fund at the Main Street Community Foundation, established twelve years ago by community leaders who wanted to enhance the quality of life for Plainville residents. Since 2006 the fund has granted \$69,600 to 69 organizations and projects.

Some of the recipients include the Plainville Community Food Pantry, Boy Scouts, Project Graduation, PARC, Plainville Wind Ensemble, Concert at the Park, and multiple school programs such as STEM nights for families, "Read, Right, Run" program, Earth Boxes and Go Green project.

Help us to continue to meet the changing and emerging needs of our community and consider making a donation to the Plainville Community Fund.

Mail your check payable to Main Street Community Foundation (PCF in the memo section) to P.O. Box 156, Plainville, CT 06062 or donate on-line at [www.mainstreetfoundation.org](http://www.mainstreetfoundation.org).

Recurring donations can be set up when you make your on-line donation. For more information about the Plainville Community Fund please visit [www.mainstreetfoundation.org/plainville-community-fund](http://www.mainstreetfoundation.org/plainville-community-fund).

*Mery Christmas and  
Happy New Year to All!!  
From the entire  
Volunteer Board of Directors  
of the  
Plainville Community Fund*

## Bountiful Basket Competition Winners

By Robyn Poulos

The Plainville Community Fund Annual Bountiful Basket competition was held in October at Gnazzo's Food Center.

Beraducci Realty took top honors once again with their amazing "Warm and Cozy" Fire pit basket. Followed by The Plainville Chapter of AARP "Great Spirits" entry and third place, the Plainville Rotary's. "Shaker not Stirred" Martini basket.

Participation by the community continues to make this event highly successful and all proceeds go directly to the Plainville Community Fund which endeavors to enhance the Quality of Life for Plainville residents. A huge "Thank You" to the following donors...

Beraducci Realty, Plainville AARP, Plainville Rotary, Jane Curney Painting & Decorating, Plainville Lions Club, UBI Credit Union, Plainville Fire Company, Gina Rosado and family, Plainville Democrat Town Committee, Plainville Republican Town Committee, St. Anthony's Society of OLM, Plainville YMCA, Main Street Foundation, Kyla Petit and family, Frederica Chapter 110 O.E.S. of Plainville and Gnazzo's Food Center.

"Thank You" to each and every person who bought a ticket and we look forward to next years competition.

To list Tag Sales, Club Activites & Etc.

"WHAT'S GOING ON" Pages

E-mail to: [hmtnn@comcast.net](mailto:hmtnn@comcast.net)

or mail to:

27 Sherman St. Plainville, CT

## Veterans Day at Apple Rehab

By Margaret McCaig  
Therapeutic Recreation Director

On the 11th hour...of the 11th day...of the 11th month...the fighting of World War 1 ended in 1918

Due to the conclusion of "the War to end all Wars," November 11th became a universally recognized day of celebration.

The day was originally declared "Armistice Day" 8 years after the end of the World War 1 and honored only veterans of that war. Then in 1954, after World War 11 and the Korean War, it was renamed "Veterans Day" to honor all vetrans who served America in war and defended democracy.

So, today we honor all of our vetrans...who unselfishly placed their lives on the line for our freedom.

Those men and women were ordinary people...until the heard the call of duty and answered it. They left their families...their homes...and their lives ...not for recognition or fame or ebeb the honor we bestow upon them today. They fought to protect our counrry..to maintain our way of life.

Asa we honor our veterans and remember their great deeds, let us also salute those who are currently fighting for our freedom.

The War on Terrorism has helped us all realize how truly unique the American way of life is. The freedom we enjoy is extremely special, and that is why we must defend it.

So, now is the time to not only honor those who have fought or are fighting for our freedom, it is also the time for each of us to take part in protecting it.

The defence of freedom is not just for those in the military, each of us shares that duty and that responsibility.

We don't have to join the army or navy or any other organization of defense to actively defend our way of life. We can protect our freedom simply by maintaining it here in America.

If we want to preserve our freedoms, we must put them into action-for example by voting in elections or speaking out against injustices. We must also ensure that everyone feels the benefits of freedom. And we can do that by volunteering in our communities or teaching our children what it really means to be an American.

Veteran's Day isn't just for veterans-it's a day for all Americans. It's a day to remember why they were fighting and a day for all of us to begin our journey of protecting our freedom and freedom of many future generations.

Thank you for honoring our veterans today. Let us walk toward tomorrow still honoring the....by living in the freedom they protected.

## Resident Veterans of Apple Rehab

Russell Atkinson  
Sherwood Boulanger  
Richard Degnan  
Frank Faniola  
Samuel Germano  
Billy Gregory  
Donald Hallin  
Norman Libengood  
Norma Martel  
Horace Matthews  
Gordon McCann  
Larry Nelson  
Lester Olmstead  
Anthony Sansone  
Charles Venturi  
Leon Zabrensky

*The veterans were presented a certificate of appreciation by Margaret McCaig from the entire staff of Apple Rehab*



## The Hell of War

By Albert Santucci

The hell of war is not the training,  
It's not the marching while  
it's raining,  
It's not the shots, It's not the pack  
that seems to break your aching  
back.  
It's not the clothes that never fit,  
It's not the sergeant's lousy wit,  
It's not the food both C and K,  
It's not the burning sun by day,  
It's not the cold of winter's night,  
It's not the thought of the  
coming fight,  
It's not the deafening roar of guns,  
It's not the fear of anyone,  
It's not the sweating, swearing,  
vying,  
It's not the thought of maybe dying,  
The hell of war, I do implore,  
It's not all of these but  
something more,  
The hell of war, I'll tell you true,  
Is that I'm so far away from you.

*Written to my wife Martha in 1944 while I was serving in the Pacific, 10,000 miles away from home.*

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# True Detectives: How Physical Therapists Use Clues and Leads to Crack the Case of Your Pain



If you've never experienced physical therapy before, you might not know exactly what it is that physical therapists actually do. The good news is that now's the perfect time to learn. Physical Therapy & Sports Medicine Centers of Plainville is right down the street from you and we want to help spread awareness about physical therapy and its many benefits.

Physical therapists are detectives of the body. They're specialists in understanding our musculoskeletal system (i.e.: our muscles, joints and bones), and can pinpoint what may be causing you pain, discomfort and/or injury. Physical therapists focus on identifying and treating the causes of pain instead of masking them with pain medication.

### USING CLUES TO SOLVE THE MYSTERY

So how do physical therapists solve the mystery? They first examine your medical history and search for any complications or personal factors that might provide a lead. When you first come into a PT clinic, you'll likely sit down with a trained clinician who will listen to you to find out, in your own words, where the affected area is, how severe the pain is and what you think the cause may be.

Based on what you tell them about your pain, your PT will form a hypothesis on what they suspect is causing you pain and test it by completing a thorough evaluation. They'll take measurements for range

of motion, strength, flexibility, etc. and may complete a functional movement evaluation, which will assess how the injury/pain is affecting your movement. **PINPOINTING THE CULPRIT AND SETTING A PLAN OF ACTION**

After completing all of the tests, your physical therapist will narrow down on a diagnosis, taking into account your description and the physical evaluation. Once they've found the probable culprit, they'll educate you about the results and work with you to set goals and create plan of action to decrease pain, improve mobility and address other functional limitations. Each case is different, so our PTs create an individual plan for every person that they evaluate.

### CRACKING THE CASE WITH ATTENTION TO DETAIL

Physical therapists are as thorough as possible when evaluating patient, spending a full hour with each person in order to get as many details as possible. This comprehensive approach and goal-oriented treatment is what makes PT so effective. Just like with a great detective, cases can only be solved if every potential lead is considered and each situation is treated as unique and worthy of attention. It may seem daunting at first, but physical therapists are masterminds at getting people back to doing what they love using their extensive knowledge and experience.

Wouldn't it be great to prevent an injury before it even happens? What most people don't know is that physical therapists don't only treat pain, they can also help prevent it...almost like preventing a crime before it occurs! If you're dealing with any nagging pain, immobility, recurring injury or aches that just won't seem to go away, it can never hurt to reach out to a physical therapist to see how they can get you feeling better. It's the perfect time of year, because if you've met your annual deductible, you might be able to take advantage of your health insurance and receive PT at little to no cost.

**With PTSMC of Plainville as your neighbor, we are close by and here for you when you need us. Give us a call at 860-517-8885 or contact us through our website [www.ptsmc.com/plainville](http://www.ptsmc.com/plainville) and we'll get you on the path to feeling your best!**

# Life With Wanda



Now I've been involved in a lot of crazy things and have done a lot of weird things during my time on this earth but never like this story. We have all had some neighbors that we have thought might do some odd things but until you live in the state of Florida "you ain't seen nutt-in yet." If you think the only thing they can't get right is an election in the state of Florida is far from the truth. I figured my readers might get a kick of the story that appeared recently in an Orlando paper. It seems neighbors of a man in Stuart, Florida complained their neighbor did his yard work in the nude. Yup, not a stitch! Neighbors pleaded with law enforcement to do something about the situation because their children were free to see this man stark naked in his yard as they waited for their school bus. The police stated they cannot arrest the man under Florida Statute 800.03 which allows people to be nude on their own property as long as they are not engaged in "vulgar, indecent, lewd, or lascivious" behavior. When the reporter tried to interview the man he declined the interview stating his family are a very "private" family. Obviously not everything is "private" in his household. My question is what about indecent exposure what happened to that law?

Now the way I look at it lets give this guy the benefit of the doubt, perhaps this man is one of the poll workers in the Florida election process and he was put in charge of counting votes and he was on his way to work and couldn't count over twenty unless he had his pants off. Just think if one of the candidates lost by one vote because this guy couldn't count? Remember every vote counts, so they say. That's the way I think I'll look at it folks but I'm just glad he isn't my neighbor.

**Merry Christmas,  
Happy New Year  
and to all a good night.**

**Notary Public  
Helen Bergenty**

27 Sherman Street, Plainville

PH: 860-747-4119 or Cell: 860-302-3783

Our Office or Your Office /Home

# AARP TRIPS

Check WFSB Channel 3 for any cancellation of trips due to inclement weather. It will be listed as "Plainville AARP Event Cancelled"

**NOTE: There will be no casino trips during January and February.**

**Foxwood Casino December 11, 2018.** Leave OLM 8:00 sharp and Iv Casino at 4:00

**New Orleans Tour April 1-9 2019** \$2299 plus tax Includes airfare roundtrip, hotel in the French Quarter, dinner at a Cajun Restaurant with Cajun band, trip to Mardi Gras World (see floats), dinner at New Orleans cooking school, visit National WWII Museum, Bayou and swamp cruise, dinner at Court of Two Sisters and more.

**New York to Panama Canal Cruise** = 16 Days and 15 nts. Nov. 9-24/2019. Visit Curacao, Aruba, Santa Marta, Colombia, Cartagena, Panama Canal, Puerto Limon, Costa Rica, Roatan Bay Islands, and more. Includes bus to N.Y. and flight home from Tampa. Inside cabin \$1999, Outside \$2399 and balcony \$3049 plus tax

**New Hampshire-Riding the Rails** – July 22-24 2019 \$615 (Overnight trip 2 nights) Ride the Winnepesaukee along the shores of the lake, stop for a picnic lunch Stop at Keller Candy and Ice Cream Store, 2 night at the Mountain Club on Loon in Lincoln, N.H. Ride Conway scenic RR along Saco River. Shop and lunch in Conway, four course dinner on Café Lafayette Dinner train. Visit Quechee Gorge (Vermont's Little Grand Canyon) more

**NEW Cape Cod and Nantucket Daffodil Festival April 26-28** \$591.00 Includes rt transportation, hotel, ferry to Nantucket 5 meals, 2 breakfasts and 2 dinners. Admissions wherever applicable, taxes and gratuities. We will visit the fabulous Heritage park and museum, Cape Cod Potato Factory, have a lobster dinner and brunch at the Daniel Webster Inn.

**Wonders of Vermont- Vermont Country Store** – Sept. 2019 The store has something for everyone .Travel to Castle Hill Resort an English Cotswold style mansion on the National Historic Register Enjoy a plated lunch in an elegant setting. Enjoy stop at Cameron's Winery. Price approximately \$95Coming in April – Trip to the new MGM Casino!!!!!!!!!!!!!!!!!!!!!!

**For more information contact:  
Sally Miller 860-614-5385**

**Physical Therapy & Sports Medicine  
Centers**

Kevin M. Connellan PT~Partner/Director  
103 East Main St Suite C  
Plainville, CT 06062  
(860) 517-8885

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Bristol and Meriden**

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## Available Commercial Properties in Plainville, CT

This property list is updated periodically and we appreciate your help keeping it current. Please tell us if you have a commercial property for lease or sale that isn't shown here. We'll be happy to post the information for you. Please note that we do not post residential properties. If you notice a property that is no longer vacant, please tell us and it will be removed. The Town of Plainville makes every effort to update this content on a quarterly basis. The last update was 11/16/2018. Any comments should be directed to Mark DeVoe, Director of Planning and Economic Development at 860-793-0221 Ext. 210 or email at: [devoe@plainville-ct.gov](mailto:devoe@plainville-ct.gov)

| Potential Use                                                                                                                                                                                                                                        | Zone                  | Location               | Lease/Sale | Size               | Contact                           |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------|------------------------|------------|--------------------|-----------------------------------|
| Retail/Office/Restaurant                                                                                                                                                                                                                             | General Commercial    | 59 East Street         | lease/BTS  | 0.46 acre/1,500 sf | Tom Evans-860-659-4000            |
| <i>Property Highlights: Former DeAngelo's Restaurant on busy Route 10. Possible build to suit scenario.</i>                                                                                                                                          |                       |                        |            |                    |                                   |
| Retail/Office /Service                                                                                                                                                                                                                               | Central Commercial    | 62 West Main Street    | lease/sale | 2932 sf            | Al Monbaron-(860) 302-1519        |
| <i>Property Highlights: 2,932 square feet on first floor and in basement. Former bank building with great character. Parking with Access from West Main Street and Pierce Street. Sqare footage includes basement for additional office/storage.</i> |                       |                        |            |                    |                                   |
| Raw Land - Commercial                                                                                                                                                                                                                                | General Commercial    | 136 East Street        | sale       | 0.41 acre          | John Parsons-860-620-7600         |
| <i>Property Highlights: Former parking lot on busy Rte. 10 (East Street). Possible retail storefront - standalone or with residential on second floor.</i>                                                                                           |                       |                        |            |                    |                                   |
| Former Day Care                                                                                                                                                                                                                                      | General Commercial    | 19 Pine Street         | sale       | 4,596 sf           | Penny Turenne-860-620-3500        |
| <i>Property Highlights: Former licensed day care facility, may be suitable for retail or office with parking confirmation. Well maintained!</i>                                                                                                      |                       |                        |            |                    |                                   |
| Office                                                                                                                                                                                                                                               | General Commercial    | 7 North Washington St. | lease      | 12,000 sf          | John Senese-860-982-6968          |
| <i>Property Highlights: Former Medical Offices - ample Parking (65) with access from two streets.</i>                                                                                                                                                |                       |                        |            |                    |                                   |
| Office                                                                                                                                                                                                                                               | Technology Park       | 201 N. Mountain Road   | lease      | 3,883 sf           | Rob Montesi-860-866-7525          |
| <i>Property Highlights: Class A Medical building - last space available.</i>                                                                                                                                                                         |                       |                        |            |                    |                                   |
| Office                                                                                                                                                                                                                                               | Central Commercial    | 58 West Main Street    | lease      | 700 + 500 sf*      | John Senese-860-982-6968          |
| <i>Property Highlights: 700 sf of office *with appurtenant garage. Garage door is 12' X 12'.</i>                                                                                                                                                     |                       |                        |            |                    |                                   |
| Raw Land - Commercial                                                                                                                                                                                                                                | Central Commercial    | 78-80 East Main Street | sale       | .81 acre           | Frank or Eric Amodio-860-674-8908 |
| <i>Property Highlights: Blank slate for retail, office, services, possible mixed use potential - great location.</i>                                                                                                                                 |                       |                        |            |                    |                                   |
| Raw Land - Industrial                                                                                                                                                                                                                                | Restricted Industrial | Robert Jackson Way     | sale       | 35 acres           | Paul Matteo-860-989-2333          |
| <i>Property Highlights: 24 contiguous flat acres zoned industrial with option to purchase an adjacent 11.7 acres. Access from Robert Jackson Way and/or S. Washington Street (aka SR 177). Enterprize Zone Benefits available.</i>                   |                       |                        |            |                    |                                   |
| Retail                                                                                                                                                                                                                                               | General Commercial    | 41-43 East Street      | sale       | 3,004 sf           | Robert Gaucher-860-761-6007       |
| <i>Property Highlights: Active plaza, high traffic area, great visibility, convenient to highways.</i>                                                                                                                                               |                       |                        |            |                    |                                   |

## BUSINESS FRIENDLY PLAINVILLE

"Plainville is decidedly business friendly – we hear it all of the time and it never gets old. We cannot compete with large cities that have full time staff devoted to economic development alone, but we somehow manage to attract new business and importantly, keep existing businesses. Plainville emphasizes a balanced approach to economic development. By listing the properties, we consciously remind ourselves that they exist so they don't fade from memory. We do have remaining vacant land in industrial and commercial areas, but we also place a lot of stock in marketing vacant space in existing buildings. I don't think it was by accident that KeyPoint Partners

found in a recent study that Plainville ranked among the lowest in retail vacancy rates in Hartford County" (Amid brick and mortar shakeup, Great Hartford's retail vacancy rate shrinks. Hartford Business Journal, November 12, 2018).

It takes time to develop and maintain the list and a lot of time can pass before we make a successful referral. We've been surprised during initial consultations to hear that an interested party picked the site off of the list. We believe it is worth the effort.

Mark S. DeVoe, AICP  
Director of Planning and Economic Development

Town of Plainville | One Central Square | Plainville, CT 06062  
(860) 793-0221 Ext. 210 | [devoe@plainville-ct.gov](mailto:devoe@plainville-ct.gov)

## Thinking About Starting A Business In Plainville?

*Always check with the Economic Development Commissioners for assistance.*

**Thank You to all the Businesses in the Town of Plainville  
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**Plainville High School/  
YMCA**

**PROJECT GRADUATION**

All-Night Drug and Alcohol-Free Celebration held at the Wheeler YMCA for 2019 PHS Seniors on graduation night!!

Planning this exciting event takes a lot of volunteers and plenty of organization to make the night a success. It's a fun-filled night...

On behalf of Project Graduation 2019, **YOU'RE INVITED TO our meetings held at the Plainville YMCA:**

Meetings are held on the first Wednesday of each month....

Next Meeting  
December 5, 2018

Please pass the word on to anyone & everyone...

**It is a FUN Night for Everyone!!**

**CPOA of Plainville**

CPOA/Citizens and Property Owners of Plainville is a civic minded group of residents of Plainville. They meet monthly the first Tuesday of every month, 7 PM at the Plainville Library. They discuss local issues and concerns weather it be in private neighborhood or a town issue effecting everyone. The public is invited to attend.

**GERT LACOMBE, CO-PRESIDENT OF THE HISTORIC CENTER ANNOUNCED UP COMING PROGRAMS THAT WILL TAKE PLACE AT THE HISTORIC CENTER ON 29 PIERCE STREET.**

**Saturday December 1st at 2:00 PM**

The popular author Mary Podskoch will speak about her new book **Connecticut 169** which tells the history, interesting facts, and great places to visit in each Connecticut town. Copies of the book will be available for purchase - and for signing!

All programs are free of charge and the public is invited.



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darrenprozzo@allstate.com

**THE Central Connecticut  
Tea Party**  
Southington, Cheshire, Plainville  
Bristol and Meriden

**Christmas Sale  
St. Lucian's Residence  
532 Burritt Street  
New Britain  
Saturday**

**December 15th  
8:00 am - 1:00 pm**

Pierogi, Babka, Oplatki,  
Polish Style Soups, Golabki,  
Sauerfraut (Kapusta) &  
Polish Pastry

**"Santa will be visiting"**

*Exit 36 off I-84 (Slater Rd. Exit)  
at end of Exit turn Right, at 1st  
Stop Sign turn Left, at 2nd light  
turn left, just past next light is  
St. Lucian's Residence*

**February 19-21, 2019**

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**\$225. Double  
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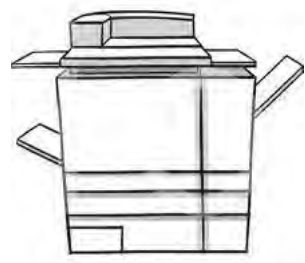


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Plainville Chamber of Commerce in collaboration with the Plainville Merchants Association Proudly Present:

**26th Annual**

**Plainville Tree Lighting and Holiday Stroll**

**Thursday, December 6th**

5:00 – 5:30 PHS Band and Chorus, Kids in the Middle Sing Along  
5:30 – 6:00

Welcome by **Jeff DiCosimo**, Plainville Chamber Chair  
Invocation by

**Pastor Jim Caron, Faith Bible Church**

**Kathy Pugliese,**

**Town Council Chairwoman**

**Robert E. Lee, Town Manager**

**Chief Kevin Toner,**

**Plainville Fire Company**

**Lt. Eric Peterson,**

**Plainville Police Department**

**Maureen Brummett,**

**School Superintendent**

**Deb Hardy**

**Board of Education,**

Jingle Bell Sing Along

**Marco Palermo,**

**Plainville Merchants Association**

Thank you and Invitation to

Firehouse, Jeff DiCosimo

Benediction by

Pastor Jim Caron

TBD, Linden Street School Student

Tree Lighting and Call for Santa

6:00 – 8:00

Cookies & Cider with

Mr. and Mrs. Santa Claus, Firehouse

6:00 – 8:00

Horse Drawn Wagon Rides,

sponsored by the Rotary Club

4:00 – 8:00

Holiday Stroll, Activities and

Specials by Area Merchants

**Friday, December 7th**

Holiday Stroll, Activities, Raffles and

Specials by Area Merchants

View all times, activities and raffle

prizes on Facebook

**Special Thanks**

Town of Plainville, Plainville Fire

Company, Rotary Club, Gnazzo's,

Dave Emery & Staff, Plainville

Building & Maintenance, Santa Cluas

all times, activities and

raffle prizes on Facebook

**Benefit Holistic Fair**

**Dec. 9, 2018**

**Sunday 12 pm- 4pm**

VFW Hall  
7 Northwest Dr.

(Off RT 10 on Farmington town line)  
Plainville

45+ Readers & Vendors !!

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Crystals, Skincare,  
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Bloethe 860-989-0033 or  
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or mail to:

27 Sherman St. Plainville, CT 06062

**FREE!!**

**3RD ANNUAL FUND  
DRIVE FOR THE  
FRIENDSHIP  
CENTER**

Berarducci Realtors is hosting its 3rd annual fund drive for the Friendship Center, located in New Britain. They serve the homeless people from New Britain, Plainville, Southington and Berlin. Also, they are one of only a few places that will take in families, including children, in order to keep them together. Shelter is a most basic need. Please find it in your heart to stop down and donate - we will be collecting until December 20th. ANY DONATION, large or small is MUCH APPRECIATED!

We are located in the center of Plainville, at 36 Whiting Street. Our phone number is 860-410-9828 or 860-869-0205.

Below is a guideline for most needed supplies. And by the way, we collect year round even though the winter months are the most difficult. Thank you in advance for anything you can give!

- \* personal care items (for babies, children and adults)
- \* coffee, tea, sugar \* all paper products
- \* dried herbs and spices \* cleaning products \* plastic cutlery \* bath towels
- \* new bedding (twin size) \* non-perishable foods \* baby diapers and wipes
- \* gas gift cards/bus passes \* snacks for children

**HAPPY HOLIDAYS  
FROM ALL OF US AT  
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**Capitol Region  
Council of  
Governments**

**Tim Malone,  
Principal Planner**

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Hartford, CT 06106

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The Capitol Region Council of Governments (CRCOG) is hosting two public meetings to hear what you think should be addressed in the Capitol Region's Long Range Transportation Plan. Please join us and share your feedback as we work to develop our plan for the future of the Capitol Region's transportation system.

New Britain  
Tuesday, December 4  
5:30pm to 7:30pm  
New Britain YWCA  
2nd Floor - Small Gym  
19 Franklin Square  
New Britain, CT

\*\*\*\*\*  
Hartford  
Thursday, December 6  
5:30pm to 7:30pm  
Capital Community College  
Degnan Hall - Room 1126  
950 Main Street  
Hartford, CT

*We also have a survey on our website to gather input on your priorities for the region's transportation system. You can find it at: <https://crocogconnect2045.com/>*

**P-l-a-i-n-v-i-l-l-e  
faves and raves**

*Here are some of your favorite places, people or things around town to rave about this month!*

**{Anne raves}** I always buy my Christmas tree, Wreaths and Cemetery Boxes at Zarella Farms on South Washington Street because you know you get the best. Plus the service is very friendly, dealing with family owners is a pleasure.

**{Joe faves}** The Holiday Cheer at J. Timothy's is the best in town.. Yes, their Hot Wings are the best also. Merry Christmas!!

**{Susan raves}** Mike's Auto Service on Farmington Ave. is something to RAVE about! Their ad says Stop by & Visit, Good Old Fashion Service. I did and am I glad I did, The service is friendly, and you can trust your car in their care.

E-mail your "fave or rave" in today to be in the December issue. Praise your contractor for doing a good job or tell us about your favorite restaurant, store, or service you received by a professional. E-mail [HMTNN@COMCAST.NET](mailto:HMTNN@COMCAST.NET) Phone 860-747-4119 Thank You!!

**Email your faves and raves to share it with everyone!  
Let's hear what you have to say, we need your comments!  
[plainvillefavesandraves@gmail.com](mailto:plainvillefavesandraves@gmail.com)**

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Welcome, Sheila's column, she will keep us informed of all the happenings with our Health insurance. Her personal service is without a charge (Believe it or not!)

## " Ask Sheila "

**Q I will be turning 65 soon. When should I sign up for Medicare ?**

**A.** Your Initial Enrollment Period is seven months

- o Begins 3 months before the month you turn 65
- o Includes the month you turn 65
- o Ends 3 months after the month you turn 65

•If you enroll prior to your birthday month, your Medicare benefits could begin the first day of the month of your 65th birthday

**Q I don't currently take any medications, do I have to buy a Drug Plan?**

**A** Medicare offers prescription drug coverage to everyone with Medicare. If you decide not to get Medicare drug coverage when you're first eligible, you may pay a late enrollment penalty if you join at a later date

**Q Should I just get the same Medicare Plan that my neighbor has ?**

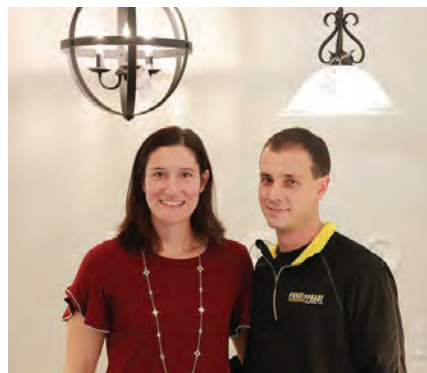
**A** Your Health Plan should be determined by your personal needs, not by what works for your neighbor Medicare Health Plans are available from different Insurance Companies who are contracted with Medicare. Each Plan has a listed network of Doctors and Prescription Drug Coverage. The Plan you choose should include your preferred Doctors

*If you have more specific questions, please give me a call at 860-965-0091.*

*I'd be happy to meet with you one-on-one*

*Sheila Dow, Independent Insurance Agent*

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The Light Hangar Company, LLC is a lighting store for everyone - Homeowners, Business Owners, Electricians or Contractors. Come in and browse our lighting and fan selection by yourself or bring your contractor along. Look at your viable options and plan ahead for fixtures, fans, undercabinet lighting or exhaust fans. This will help your next project run smoother and faster. Also, check out the latest trends in lighting technology and how you can best integrate them into your home.

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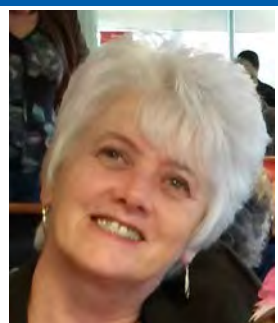
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## Womenheart Champion



In October, Sharon Wynkoop Corlette attended the Womenheart Consortium held at the Mayo Clinic in Rochester, Minnesota. To be chosen to take part in this four day educational event, the person had to be a woman living with heart disease. Sharon met this criteria in August 2015 after having bypass surgery which created new paths of her four blocked coronary arteries. She was one of the approximately fifty other women chosen to attend the consortium. Upon completion of the program Sharon became a Womenheart Champion. This

title and education allows her the right to conduct support groups for women with heart disease. It also gives her the ability to speak at functions regarding women and heart disease.

Heart Disease, being the number one killer of women, is a little known fact to many people. Having been one of those women with no symptoms that she could recognize as a heart problem, Sharon is now an advocate for women with heart diseases. "Although I will be very supportive of women with heart diseases, my desire is to reach out to younger generation of women before they have heart problems. Having been given a second chance in life, I am ready to work at sharing ideas that could possibly help change habits in younger women's lives. Changes that could possibly help prevent them from developing heart problems. To contact Sharon Wynkoop Corlette call 860-747-3162.

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## Wheeler School Honors Veterans



Students in Laura Reed's Art classes at Frank T. Wheeler Elementary School created an eagle mural to honor all Veterans for their service. Students traced and cut their hand images to create the eagle's feathers. They also wrote a message or drew a picture to thank the Veterans.

## MSP Faculty Member Honored



Middle School of Plainville faculty member Camille Westfall with Greg Kane, Adjunct Professor at Central Connecticut State University, and William McDonough, CTEEA President.

Middle School of Plainville faculty member Camille Westfall was honored by the Connecticut Technology and Engineering Education Association (CTEEA) at their annual state conference held at Portland High School on November 6th. Westfall was recognized for her remarkable dedication and support she has provided to future teachers over the course of her career, hosting 27 student teachers throughout her tenure. She was also recognized for her support of Connecticut robotics and to the Connecticut Technology Student Association.

## PHS Italian National Honor Society Donates Gifts for Senior Center



Each year, the Plainville High School's Italian National Honor Society's philanthropy project centers around the Plainville Senior Center. This year, the student members designed and created "snow people" out of clay pots. President Dan Szymula and Vice-President Cara Beloin delivered the decorative pots to the Senior Center where they will be scattered throughout the Center as holiday decorations, then the Seniors will be invited to take a snow person to decorate their homes. The PHS Italian National Honor Society Advisor is faculty member Maria Colangelo.

## Seasons Greetings

### NEW VISITOR MANAGEMENT SYSTEM ENHANCES DISTRICT SECURITY

Plainville Community Schools will soon have an additional security measure in place with the installation of the Raptor visitor management system in all five Plainville schools.

The comprehensive software program, which will be located in each school office, immediately screens visitor credentials against several databases including the current registered sex offender databases in all 50 states and others, alerting school personnel of any potentially dangerous situations. All school visitors will be required to present a license or other state identification each time they enter one of the Plainville schools. The license or identification card will be scanned and instantly checked against the security databases, ultimately generating a visitor badge. Large school events will continue to follow a group sign in system for visitors.

"We are pleased to add the Raptor system as another enhancement to our safety and security measures in the Plainville Community School District," said Superintendent of Schools, Dr. Maureen Brummett. The Raptor system is slated to be in place across Plainville Community Schools on November 26th.

## BOE Recognizes Everyday Heroes for November



Frank T. Wheeler Elementary School faculty member Cheryl Michaud and Plainville High School Paraprofessional Michele Morel-Tavernier were recognized as the district's Everyday Heroes for the month of November. They were honored at the November 12th Plainville Board of Education meeting.

**Photo Top:** Wheeler Principal Andrew Batchelder, Cheryl Michaud, Michael Allen, Superintendent of Schools Dr. Maureen Brummett, and Plainville Board of Education Chair Deb Hardy.

**Photo Bottom:** Plainville High School faculty member Maria Colangelo, Michele Morel-Tavernier, Superintendent of Schools Dr. Maureen Brummett, and Plainville Board of Education Chair Deb Hardy.

## MSP Collects Sweaters For Vets



The Middle School of Plainville Health Classes, led by faculty members Cindy Birdsall and Melanie Olmstead, sponsored "Operation Sweaters for

Veterans!" Gently used coats, gloves and hats were collected. The drive ran from October 9th through Nov. 9th, and the Middle School community responded very generously! In photo: Middle School of Plainville faculty members Cindy Birdsall and Melanie Olmstead.

HAPPY NEW  
2019  
YEAR

*I Pledge Allegiance to the Flag...*



**CARL JOHNSON NAMED PRINCIPAL AT PLAINVILLE HIGH SCHOOL**

Carl Johnson, former Assistant Principal at Plainville High School, has been named Principal, according to Superintendent of Schools, Dr. Maureen Brummett. Johnson replaces former Plainville High School Principal Roberto Medic, who has accepted a position in the Avon, Connecticut school system. Plainville High School Athletic Director Chris Farrell, will serve as Interim Assistant Principal at the high school until a permanent replacement is named to that position.

Johnson began as Assistant Principal at Plainville High School in July, 2016. Prior to that he was a social studies teacher at Farmington High School, in Farmington, Connecticut, where he was employed since 2004. During his tenure at Farmington High School, he was also a social studies teacher in the Farmington Alternative High School program from 2007-2010. He also served as the Farmington High School Student Activities Director, and coached lacrosse and football in Farmington from 2004-2014. Johnson holds a 6th Year Diploma in Professional Education as well as a Bachelor of Science and Master of Arts in Education from the University of Connecticut. He was appointed Plainville High School Principal at a special meeting of the Plainville Board of Education held on October 25th.

"I am honored and humbled by the trust put in me by our school and community to be chosen for this role. I am excited to continue to work with our students, staff, and community for the benefit of all our students. I am well aware that Plainville High School is a special place for our school community and I look forward to continuing that tradition of excellence," said Johnson

"Mr. Johnson has the respect of the students, faculty, parents and staff at Plainville High School. He was the natural candidate of choice for this very important leadership position. We all look forward to working with Carl and his administrative team as they continue to make PHS an amazing place to teach and learn," noted Superintendent Brummett.

**School Resource Officer Martins Guest Speaker at PHS**



Plainville High School SRO (School Resource Officer) Jessica Martins, Plainville Police Detective Jamie Fenn, and retired Thomaston Police Department Officer Susan Graham served as guest speakers in Plainville High School faculty member Jeff Robert's UCONN Early College Experience Physics classes, sharing information about assessing automobile crashes and the relationship to Physics.

**LOCAL COMPANY BRINGS LINDEN STREET SCHOOL'S ECO-FRIENDLY GREENHOUSE DREAM TO LIFE**



The courtyard at Linden Street School now shines a little brighter thanks to the support, talent and generosity of School / Business / Community partner Gary Fett, owner of

Fluid Control Solutions, a Plainville manufacturer, together with his colleagues, who designed, built and donated an eco-friendly greenhouse for the space at Linden.

Last year, as the school district began working to expand partnerships with local businesses and community organizations, Career Center Coordinator, Sue Bradley and Director of Community Relations, Lynn Davis met with Fett to discuss potential internship opportunities for high school students in the field of manufacturing. Fett then began work to design the greenhouse, and planned with his team to create the structure which features the use of recycled 2-liter bottles that were collected and donated by Linden faculty, staff, students and community members. The project was completed in early October, and a ribbon cutting ceremony was held to officially unveil the greenhouse structure on October 30th. "Mr. Fett and his team exemplify what can be done when local businesses partner with school districts. I couldn't be more thrilled and appreciative with the results of this amazing partnership. I look forward to many more opportunities to partner with businesses in the Plainville area," noted Superintendent Brummett.

**Wheeler Students Create "Class Book"**



Kindergarten students at Frank T. Wheeler Elementary School are working on creating and publishing a "class book" in each classroom. The students began with a rough draft of their idea by

collaborating with peers, planning their pages, and then stretching/recording sounds in words when writing their sentences. During the final preparations, they transposed drawings onto the publishing paper, colored it with markers, and added their sentences to the document. The class books will be completed in December.

**PLAINVILLE STUDENTS HONORED AT 31st ANNUAL SUPERINTENDENT'S AWARD PRESENTATION**



Twelve Plainville students received the Connecticut Association of Public School Superintendents' (CAPSS) Superintendent / Student Recognition Award and Certificate of Excellence at the 31st annual Superintendent's Award Presentation held on November 7th, during a luncheon at J. Timothy's Restaurant.

The students are: Kara Ahern and Jack Ward, Linden Street School; Donald Davidson and Addison Schneider, Louis Toffolon School; Iman Bilal and Alexa Hidri, Frank T. Wheeler School; Alison Wisz and Spencer Michalek, the Middle School of Plainville; and Caroline Sechrist, John Siani, Andrea Ybanez, and Sergio Zaldivar, Plainville High School.

This award is given during American Education Week to students who have been nominated by their teachers and chosen by their principal. Criteria for recognition of excellence include community service and service to others, academic prowess relative to ability, leadership service to the school community, and other unique qualities.

"I am so proud of all of our students chosen for this award for their academic achievements and community service. It is always a wonderful event to celebrate with our students and their families," said Superintendent of Schools, Dr. Maureen Brummett.

**PHS Students Learn About Entrepreneurship**



Plainville High School students in Trevira Boatright's Entrepreneurship class attended a field trip to an entrepreneurial incubator, The Garage, in Hamden, Connecticut on October 18th. The students were able to present their project

ideas to the management team at the incubator and were provided feedback on their ideas.



*Of The United States of America*



TOYS  
FOR  
TOTS

7th Annual Christmas Display  
on Hillcrest Road



The Office of Dr. Michael Lantiere Over twelve years ago, a very close friend and patient, Mr. Jake Vandrilla, asked us if we would like to help with the Marine Toys for Tots drive. Jake, a former Marine, was instrumental in getting us involved with this worthy project. Jake has since passed away, but his memory and love of this project will remain with us forever, and we will try to carry on his memory with the Toys for Tots project. We, in the meantime, have joined forces with the Eastern Region of Little League Baseball and now have their mascot, Dugout, as our mentor and spokesperson. In the past twelve years, we have provided over 9,000 toys to the local Marine Corp depot to be given to children in the area. The project helps all youth from 3

years old to teenagers. Last year, our donations provided toys for every child in Connecticut with excess toys given to neighboring Massachusetts to assist in their needs. This year, our goal is to fill our waiting room to excess. Already our wonderful patients have opened up their hearts and begun to bring many toys to the office. They look forward to a waiting room with no seats available because of the multitude of gifts that they have so generously donated. Please feel free to stop by if you feel that this is something you would like to be included in as a donor. Our goal is to ensure that all kids know the joy of Christmas. Dr. Lantiere's office is located at 29 Park Street, Plainville, CT 06062, phone (860)747-9339.

Joshua Brunelle of 15 Hillcrest Road and his friends are busy setting up Joshua's Christmas Display a synchronized light show. The annual display is in memory of his mom Jill who passed away in 2011. We will continue to collect nonperishable food items and toys for the Plainville Food Pantry. Also added this year is a mailbox where kids can drop off letters to Santa.

*Come and join us opening night December 1st at 6:00pm for the annual lighting! Ps we will have a refreshment table outside for the public to enjoy!*

You can find updates on our Facebook page @ Joshua's Christmas Display.

Merry Christmas & Happy Healthy New Year

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# Plainville High School Quarter 1 Honor Roll

## Grade 12 Gold

Kara Beloin, Natalia Boltromiejuk, Matthew Burnes, Emily DeSantis, Callia Donahue, Bailey Donovan, Kevin Freyberg, Chad Girard, Benjamin Gnazzo, Nermine Kamberi, Olivia Kaminski, Andrew Kane, Victoria Kulak, Kaylee Lamothe, Samantha Lozefski, Cole McNamara, Tyler Miller, Brendan Mullan, Rachel Parsons, Dylan Pecego, Madeline Rund, JoAnna Salmon, Lindsey St. Pierre, Marlee Susco, Michael Torres, Brandon Zheng

## Silver

Alzahraa Alhameedawi, John Allen, Natalie Anusz, Jason Badorek, Travis Boone, Giavanna Brunelle, Brady Callahan, Francesca Chambrello, Tyler Davis, Jason Demmons, Kayla DiTolla, Natalia Galarza, Zackery Gelt, Rebecca Gomme, Morgan Gray, Cheyenne Gregory, Zoe Leider, Anthony Marcuccio, Jayson Marinelli, Michael McGinley, Riley Millette, Anna Morawska, Amy Muller, Andrea Nilson, Isabella Niziolek, Jalen Oates, Samantha Paradis, Grace Perrotti, Moyce Ramirez Urena, James Raucci, Jared Riback, Daniela Rivera-Diaz, Ebelyn Rodriguez, Morgan Rogers, Angelica Rosario, Alyssa Roy, Jacob Sargis, Caroline Sechrist, Mirela Selimovic, John Siani, Kellie Sileo, Ryan Snyder, Kyle Sullivan, Daniel Szymula, Sarah Tomczyk, Peyton Warnat, Lydia Weinberg, Wiktoria Wnorowska, Andrea Ybanez

## Bronze

Lia Arroyo, Caitlin Barker, Tanairy Barton, Avalon Borra, Kayla Buckley, Brianna Chapman, Victoria Corriveau, Arlinda Doroci, Benjamin Dougherty, Ryan Espinoza-Ortiz, Jenny Francisco-Cruz, Davin Garcia, Haylie Garrison, Taylor Gelinis, Frank Griffin, Kyle Guarco, Marcos Gutierrez, Faith Healey, Alexander Hernandez, Yleana Laboy, Samuel Lacaille, Matthew Lamb, Collin Luna, Casey Lundelius, Alyssa Marinelli, Abby McGough, Connor McNamara, Samantha Michaud, Jason Mills, Madaline Muszynski, Georgia Neoh, Arianna Payne-Broderick, Ava Piotrowski, Robert Politis, Giuliana Ponce, Kirk Prempeh, Brendan Quilter, Sakir Rana, Jean Rodriguez, Alisa Roy, Josie Rupaka, Andrew Slade, Gianna Solimeno, Sydni Spencer, Tyler St. Onge, Dane Stephens, Ashlyn Swift, Alexia Trudell, Sergio Zaldivar

## Quarter 1 Honor Roll Grade 11 Gold

Heather Arduini, Brady Beausoleil, Allie Chambrello, Joseph Page, Teagan Russell, Mason Sarra, Jamison Smith, Katharine Tanguay, Jens Wadehn, Helena Yawin

## Silver

Madison Albright, Mackenzie Alvarado, Milena Baltyn, Dalton Barker, Kaleigh Benoit, Andie Caswell, Patrick Creel, Samuel Cretella, Margaret Cronkhite, Zachary Dery, Kayla Foster, Olivia Gajor, Phoebe Gediman, Wyatt Gelt, Alyssa Giancarli, Olivia Haddad,

Kaylie Hall, Ashley Hernandez, Wyatt LaCombe, Elizabeth Lahoud, Travis Lavigne, Emma Lopez, Alexis Ludko, Alyssa Macomber, Victoria Maillet, Tyler Mandeville, Dylan McVicker, Michael Melninkaitis, Andrew Michalek, Logan Miller, Kaycee Newberry, Ty Pales, Gillien Peck, Alexis Peets, Eryk Piotrowski, Daniel Przybysz, Mackenzie Pye, Ruby Rahman, Julia Restelli, Angelene Rivera, Jesus Rodriguez, Yaznery Rodriguez-Hernandez, Kelly Russell, Andrew Sargis, Melissa Sargizian, Emily Savage, Jared Serrano-Aviles, Alexia Sirois, Dominic Sousa, Christopher St. Lawrence, Matthew Stanczykiewicz, Elizabeth Susco, Mason Tartamella, Juliet Vandermark, Olivia Wazorko

## Bronze

Luis Arango, Bridget Arena, Jillian Arens, Emily Bauman, Adam Buckley, Nicole Cal, Logan Caswell, Isaac Cater, Evangali Collado, Samantha Conte, Grace DiMinno, Mikayla Doucette, Santos Espino-Ramirez, Tomasso Ettore, Abigail Feyerabend, Jordan Greene, Nathan Johnson, Irma Kandic, Matthew Knutelski, Kaleb Korona, Dylan Kyle, Reno Lausier, Lisa Lech, Daniel Leclair, Mackayla Lurette, Dylan Liistro, Marissa Lugo, Matthew MacDonald, Zachary McGough, Aidan Minervini, Sheik Mohamed, Angela Mojica, Cassidy Norman, Ariana Paradis, Louis Passaretti, Hannah Paz, Jacob Pierce, Caitlin Riedel, Thomas Solomon, Benjamin Swezey, Alana Torres, Jada Wilson, Vanessa Xiques

## Quarter 1 Honor Roll Grade 10 Gold

Alec Couture, Kaitlyn Gagnon, Katherine Guarco, Skyler Ibitz, Paige Levesque, Emma Lewko, Aimee Michaud, Cortney Ouellette, Dominic Palaia, Tanner Rau, Anne Roux, Valerie Simoneau, Olivia Unwin, Kayla Wisz

## Silver

Kyle Badorek, Ashleigh Bantz, Ryan Barker, Brianna Bartley, Delaney Beausoleil, Justin Berry, Colin Blake, Robert Bradley, Christopher Brojek, Darliree Brumfield, Jeremy Buckley, Tanner Callahan, Anthony Cardoso, Jeremy Courtar, O'Neillia Cowie, Daisy Cruz-Lopez, Jayden Cumbo, Carolina Cwalina, Gabriella DeGregorio, Jacob Demmons, Jacob Deschaine, Dylan Drouin, Alexander Dube, Tianna Durham, Henry Fernandez Santana, Rachel Gomme, Darrell Gorneault, Patrick Gryczewski, Lauryn Guardarrama, Nanci Gutierrez, Marcelina Halas, Guillermo Hernandez, Kori Jones, Talia Kilby, Aleksandra Konieczniak, Matthew Lagassey, William Lauria, Anthony Lestini, Nathan Lyman, Mara Malone, Nathan Masco, Sabrinna Matthews, Joseph Michalic, Alan Nilson, Alexander Obrusnik, Bhavya Patel, Brandon Paznokas, Hannah Peck, Claudia Pierscinski, Tucker Rau, Alexander Rosado, Emily Roy, Benjamin Royce, Brady Stevens, Tessa Susco, Andrew Szymula, Bianca Talarico, Jordan Thompkins, Andrew Wojcik

## Bronze

Marina Alarcon Recinos, Justin Alexander, Derek Arduini, Jadah Benson, Isabelle Berube, Andrew Blake, Tyler Bonney, Dante Chambrello, Dominick Chambrello, Caitlin Charest, Anthony Cherubin, Alexa Cooke, Darius Correa, Vincent Dashukewich, Lyndsey DiTolla, Joshua Fontaine, Elijah Frechette, Kassidy Gagnon, Jaime Garcia,

Wyatt Hitchcock, Eli Konaktchiev, Evan Kordik, Andrew Laprise, Beau Lasher, Lindsey Lopez, Kaleb Malone, Adrien Marcos, Samuel Masco, Laren Matteo, Thomas McCarthy, Krystyna Miller, Jacob Molloy, Ethan Perez-Chamberland, Alicia Quirion, Olivia Restelli, Lex Roberts, Julia Rostkowski, Isabella Samperi, Naja Srdanovic, Vanessa Tyminska, Jaida Vasquez, Zachary Vigue, Kyle Voisine, Everett Wright

## Quarter 1 Honor Roll Grade 9 Gold

Matthew Andersen, Matthew Badorek, Hailey Calder, Alexander Calver, Jack Dube, Nicholas Grabowski, Keira Guarco, Michael Haddad, Konrad Koc, Garret Millette, Abigail Mills, Claudia Mizerek, Avery Palma, Jordan Rediker, Kevin Rondini, Joseph Rossi, Daniel Sozanski, Jacob Stanczykiewicz, Troy Stephens, Christopher Vaughan, Macayle Wells, Maya Winkleman

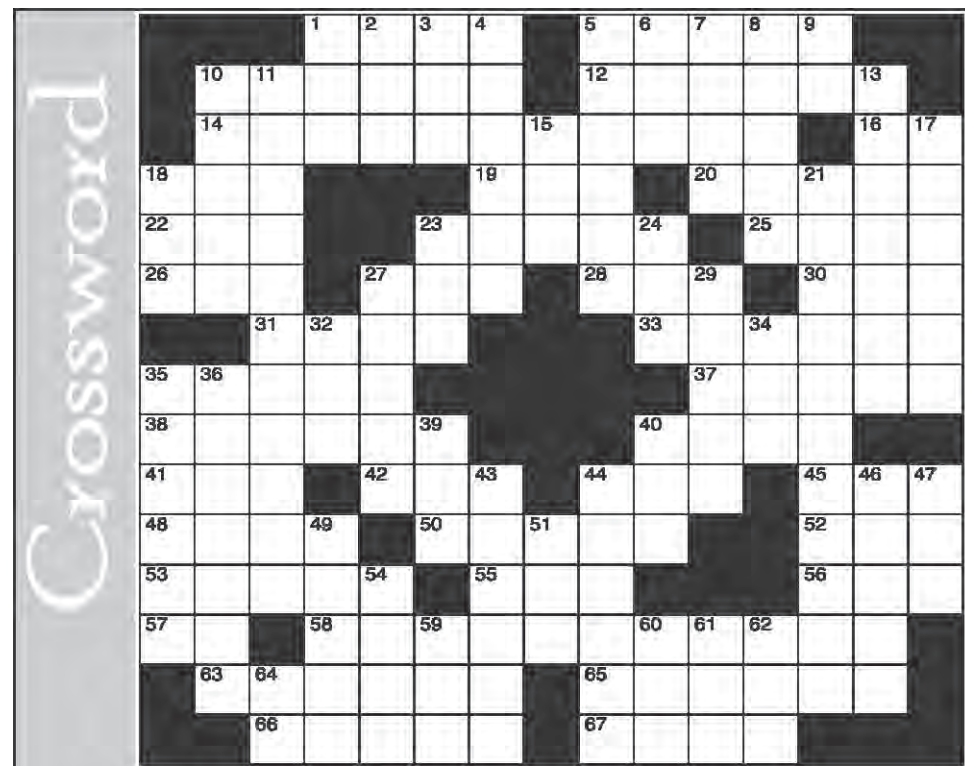
## Silver

Rachel Anderson, Janeil Benson, Alivia Bialko, Gavin Bravado, Dylan Bucci, Alexandra Burnes, Giuseppe Calafiore, Evanie Cater, Landon Cody, Brody Davidson, Owen Davidson, Alexis DeMaine, Dakota-Marie Dinielli, Emma Donovan, Emily Fagan, Nicholas Fasold, Alexandra Friguglietti, Wiktoria Galazyn, Katherine Gibson, Harper Giola, Kaleeya Green, John Guzzardi, Gabriel Hernandez, Xaidan Joiner, Faith Jones, Nicole Kolc, Ellie-May Lacasse, Jacob Lagassey, Owen Leander, Madison

Levesque, Jonathan Marfia, Emma Miller, Matthew Morneault, Tessa Naparstek, Justin Niziolek, Alexander Pelletier, Gabriel Phen, Jesse Pires, Aidan Plourde, Janessa Rames, Katelyn Royce, Adriana Santiago, Alexander Santini, Jessica Schnauffer, Peyton Stehle, Zeyana Thigpen, Samantha Thompson, Katelyn Torres, Damanni Turner, Glenroy Virgo, Lillian Wazorko, Jane Winkleman, Kimberly Xiques

## Bronze

Jona Alvarado, Jacob Benvenuto, Dylan Brewer, Elyse Brown, Cristina Camacho, Justin DeBellis, Taylor Deprey-Hurlburt, Argjend Doroci, Steven Dzierzbinski, Evelyse Estevez, Justin Giano, Ian Howard, George James, Katy Jeney, Aiden Johnsky, Nicholas Kafka, Ryan Kane, Anel Keranovic, Torri Keyworth, Gabriel Kucharski, Paola Kuehlkamp Rojas, Cameron Lamothe, Michael Lewicki, Juliette Marcuccio, Allison McLaughlin, Isabella Melara, Zachary Michaels, Ethan Michaud, Omarion Miller, Artem Mojica, Manivone Mouangvienkham, Keegan Mullan, Anayah Owens, Audrey Pace, James Parsons, Aumika Patel, Patrick Radziszewski, Emmalynn Ranno-Conant, Isabella Roddock, Nathan Root, Isabella Rosati, Te'Andre Ross, Brandon Roy, Isabella Ruffini, Leeha Schultz, Aliana Shover, Sara Simpson, Julia Smith, Brennan Stauble, Jaylee Thibault, Skyler Thieringer, Austin Tyc, Sage Volpe, Reganne Young



### CLUES ACROSS

- 1. PAIRS
- 5. TRY TO GAIN FAVOR
- 10. BLOODSUCKING AFRICAN FLY
- 12. PRESERVE A DEAD BODY
- 14. PHILLY DELICACY
- 16. EARLY MULTIMEDIA
- 18. AGENCY
- 19. TEENAGERS' TEST
- 20. NET
- 22. COMPUTER MEMORY
- 23. DROVE FAST
- 25. EXPRESSION OF ANNOYANCE
- 26. GOOGLE CERTIFICATION
- 27. A WAY TO CARESS
- 28. CHARLES S. DUTTON SITCOM
- 30. OJ'S JUDGE
- 31. PACK UP
- 33. CROC HUNTER
- 35. EXTRACT
- 37. LEG PARTS
- 38. HERBAL TEA
- 40. HUMANS HAVE 10
- 41. ANATOMOMIC NERVOUS SYSTEM
- 42. SWISS RIVER
- 44. PADDLE
- 45. TAXI

### CLUES DOWN

- 1. SPEEDY BALLPLAYER GORDON
- 2. UTAH ATHLETE
- 3. FORMER CIA
- 4. TEETER TOTTER
- 5. SPORTING DOG
- 6. WOMAN (FRENCH)
- 7. GREEK SOPHIST
- 8. GATHERED LEAVES
- 9. MILLILITER
- 10. AFRICAN NATION
- 11. IN A BRAZEN WAY
- 13. AQUATIC MAMMAL
- 15. POUCH
- 17. DENIES

- 18. GERMANY
- 21. BRIGHTNESS
- 23. COOL!
- 24. DEPARTMENT OF DEFENSE
- 27. INDIAN CITY
- 29. "OUR BETTERS" DIRECTOR
- 32. ICE CREAM BRAND
- 34. MIDWAY BETWEEN NORTH AND NORTHEAST
- 35. POSTAGE ARE ONE TYPE
- 36. BALEARIC ISLAND
- 39. BODY PART
- 40. SCOTLAND'S LONGEST RIVER
- 43. WHERE RAFTERS GO
- 44. TYPE OF KIA
- 46. WHERE MONKS LIVE
- 47. UK TV STATION
- 49. A WAY TO RAISE AN OBJECTION
- 51. SUNSCREEN RATING
- 54. UNFRIENDLY
- 59. CATCH
- 60. PANTHERS' QB
- 61. SELF
- 62. TYPE OF SISTER
- 64. ALRIGHT

## Make My Day

by: **Raymond Cormier**

Phone **860-747-4119**

Email:

**hmtnn@comcast.net**

Have you ever had someone do something that made your day? Be it an employee of a business, a police officer, town worker, neighbor or even a co-worker that you would like to thank.

Perhaps you would like to thank a neighbor for a kindness and we would like to help you give this person recognition for a job well done. If this person works for a local business we are sure his or her employer would love to hear his or her employee is going that extra few steps to help their customers.

Call 860-747-4119 and leave the name of the person, you may also E-mail your "MAKE MY DAY" to **HMTNN@COMCAST.NET**

As I was walking to my car at Gnazzo's Food Center with my cart to my delight a teen age boy came over to my car and helped me unload. I walk with a cane and he was a big help. *He made my day!!*

*Jane S.*

# AAA Speaks Out:

## Minor Fender Bender Has Become Major Expense

According to new research from AAA, new technology, soon to be standard on most new vehicles is turning minor fender benders into a major expense. Advanced driver assistance systems (ADAS) such as automatic emergency braking, blind spot monitoring, lane departure warning and others, can cost twice as much to repair following a collision due to expensive sensors and their calibration requirements.

"Advanced safety systems are now common on most new vehicles" says Amy Parmenter, spokesperson for AAA in Greater Hartford. "It's critical that drivers understand what technology their vehicle has, how it performs and how much it could cost to repair should something happen."

Previous AAA testing has shown that ADAS offers many safety benefits; however, minor vehicle damage that affects these systems found behind windshields, in side mirrors and behind bumpers, can add thousands to repair costs.

With one in three Americans unable to afford an unexpected repair bill of just \$500, AAA strongly urges consumers to perform an insurance policy review and consider the potential repair costs of these advanced systems.

For the vehicles in AAA's study, the repair bill for a minor front or rear collision on a car with ADAS can run as high as \$5,300, almost two and half times the repair cost for a vehicle without these systems.

Windshield damage is especially common, with more than 14.5 million replacements annually.

Many variables such as the vehicle make and model, the type and location of the sensor and where the repair work is performed can affect ADAS repair costs.

Simply replacing the sensors of driver assistance systems is relatively straightforward and can be performed by most mechanics. However, to restore the system to proper operation it must be calibrated, which requires special training, tools and information.

Before having a vehicle repaired, AAA recommends that drivers verify whether the facility is able to properly repair and calibrate the damaged system(s), and request proof of the work once complete.

## Uncle Jim's Corner

### Subject:

#### Racial Profiling

I was standing near a bar in an Airport when a man walked up and ordered a beer. A few seconds later a very small Chinese man walked up and stood right next to the first gentleman. The first man leans over to the Chinese man and says, "Excuse me sir, do you know any of those martial arts things like karate, kung fu or Jujitsu?" "No I don't. And furthermore, why the devil would you ask me such a racist thing. Is it because I'm Chinese?" "No", said the first guy, "It's because you're drinking my beer, you little jerk."

#### Presidents with the highest IQ

|               |       |
|---------------|-------|
| G. W. Bush    | 124   |
| G. Ford       | 127   |
| H. Hoover     | 129.7 |
| R. Reagan     | 130   |
| G. H.W. Bush  | 130   |
| W. McKinley   | 130.2 |
| J. Polk       | 130.2 |
| G. Cleveland  | 130.9 |
| R. Nixon      | 131   |
| D. Eisenhower | 131.9 |
| B. Harrison   | 132.2 |
| G. Washington | 132.5 |
| M. Van Buren  | 133.4 |
| R. Hayes      | 133.9 |
| W. Harrison   | 133.9 |
| F. Pierce     | 134.5 |
| M. Fillmore   | 136   |
| J. Tyler      | 136.2 |
| F. Roosevelt  | 139.6 |
| A. Lincoln    | 140   |
| J. Madison    | 141.3 |
| C. Arthur     | 141.5 |
| J. Garfield   | 141.5 |
| T. Roosevelt  | 142.3 |
| J. Adams      | 142.5 |
| B. Obama      | 145   |
| J. Carter     | 145.1 |
| W. Wilson     | 145.1 |
| B. Clinton    | 148.8 |
| J. F. Kennedy | 150.7 |
| D. Trump      | 156   |
| J. Q. Adams   | 168.8 |

## Letter to the Editor

Dear Editor,

Kudos to the H.T.C. I was born, raised and schooled in Plainville, my hometown. I look forward to monthly edition of the H.T.C. I read it before the Hartford Courant and the Herald from the front to the back page. I wish it could be published more often.

It is a very informative and tries to give both sides of the issue with facts. Enjoy the political and personal columns.

It was and is very helpful in the Tilcon plan to take away acreage to expand its drilling and spoilage for many years. That will impact not only Plainville but Southington and New Britain into the future.

As a family we patronize Plainville Merchants such as Pagliacci, J Timothy, etc. We do our shopping at Gnazzo's, for their fresh meats and bakery products. Keep up the good work.

*Gary C.*

## And Where are They Now?

Perhaps we are missing stories about other former residents of our town that have moved from the area and/or they perhaps have gone on to attain fame and fortune around the world.

If you have someone you would like to write about, perhaps a former friend or neighbor, we would be very happy to hear about them and their successes.

*Just call us at 860-747-4119 or e-mail us your story and perhaps even a picture at hmtnn@comcast.net*

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**WHAT IS ACID  
REFLEX  
AND GERD??**



More than 10% of Americans experience the burning and discomfort of heartburn every day. What many don't know is that heartburn, or acid indigestion, is a common symptom of chronic acid reflux, also known as gastroesophageal reflux disease (GERD).

Acid reflux occurs when muscles of the lower esophagus relax and allow stomach acids to flow upwards into the esophagus and even the mouth. These stomach acids can cause irritation and inflammation of the esophagus while negatively impacting your oral health. Acid reflux may progress further, developing into GERD. In patients who have GERD, the esophageal muscles are unable to keep stomach acids from flowing upwards, causing corrosion of the esophageal lining and the uncomfortable burning sensation associated with heartburn.

Though often times difficult to detect, GERD can be associated with the following signs and symptoms:

- heartburn
- difficulty swallowing
- regurgitation
- burning sensation in mouth,
- sore throat
- nausea, vomiting, belching
- chronic coughing
- erosion of tooth enamel
- tooth sensitivity
- chipping, discoloration of teeth
- bad breath

GERD can be diagnosed by your physician using a variety of tests, including pH monitoring, X-rays, or endoscopy. Though GERD is a chronic condition, its symptoms can be treated using medications and lifestyle modifications. In addition to taking over-the-counter antacids and prescription H2 receptor blockers, you can reduce GERD symptoms by:

- avoiding trigger foods and beverages, including chocolate, spicy/greasy foods
- tomato-based foods
- alcohol and coffee.
- quitting smoking
- refrain from eating several hours before bed, or lying down to two to three hours after eating
- losing weight if you are overweight
- avoiding tight clothing
- get tested for sleep apnea

Practicing good oral hygiene is the best way to prevent acid reflux or GERD from damaging your teeth and causing decay.

In addition to brushing twice a day, you can take the following steps to ensure GERD doesn't impact your oral health:

- o - visit your dentist regularly for tooth enamel evaluation.
- o - use tartar-sensitive toothpaste.
- o - rinse your mouth with water following acid reflux episodes.
- o - receive fluoride treatments to strengthen your teeth.
- o - avoid over-the-counter antacids, especially at night, that have a high sugar content.

If you believe you may be at risk for acid reflux or GERD, speak with your dentist or physician.

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# The End of The First World War: The 100th Anniversary

By Francis Rexford Cooley

On November 11th 1918 the guns fell silent in Europe. The Allies and Central Powers agreed to the Armistice ending the fight of what was then known as the World War. Though the subsequent peace treaty, the Treaty of Versailles, became known as the "lost peace" when Europe plunged once again into the abyss of global conflict in 1939, the First World War radically changed the Western World. Czarist Russia plunged into revolution a year prior in 1917 with the Soviet Union, the first communist state, emerging from the chaos. The multi-ethnic Habsburg Empire, or Austro-Hungarian Empire, was broken into a multitude of nation-states by the Allied victors of the war. The Ottoman Empire which once stretched across three continents now found its remaining territory divided up amongst the victors save for what would become the secular Turkish state under Ataturk in 1924. The First World War destroyed the old order, erasing empires that had stood for centuries. The assassination of Archduke Franz Ferdinand and his wife in June of 1914 had plunged the world into war and had changed "politics irrevocably, rendering old options obsolete..." as historian Christophe Clark has noted. The end of the First World War has been viewed by academics as the end of the 19th century political history. But was it? Interestingly enough the ghosts of Czarist Russia, the multi-ethnic Habsburg Empire, and Islamic Ottoman Empire haunt the 21st Century world and may actually be more relevant today than the successor states which replaced them in the aftermath of the First World War.

The Soviet Union, brought to life by Lenin during the Russian Revolution as Czarist Russia collapsed from the frightful costs of fighting on the Eastern Front, itself collapsed in 1991 bringing an end to the Cold War with the West. While new Russian state that emerged from the core of the Soviet Union has adopted a veneer of democracy, it is a state ruled by one man with the support of a Russian

oligarchy that rose from the body of the former Soviet republic. Vladimir Putin rules Russian. Putin has draped himself in Russian nationalist symbolism, including the Russian Orthodox Church and erecting statues to great Russian leaders of the past including Vladimir the Great, also known as Vlad the Rus, who converted to Christianity and expanded the Duchy of Kiev into the territories of the Rus, territories that would evolve into the Russian Empire and from whom future Czars of Russia would define their legitimacy from. Putin himself has been referred to as a new Russian "czar" and defines his political legitimacy by numerous trappings of the Czarist state that collapsed during the First World War. While Putin's past as a member of the Soviet Union's KGB has led a number of western analysts and pundits to see Putin as a remnant of the Cold War an examination of Putin's policies and actions find him more aligned with the traditions and policies of Czarist Russia regarding the Crimea, Serbia, and the areas defined by Putin as the "near abroad." Putin exhumation and state burial of the remains of Czar Nicholas II and his family are not the actions of an ideological communist, rather they are the political leader seeking to adopt the legitimacy of that deposed monarch.

Like Czarist Russia the Habsburg Empire ceased to exist due to its involvement in the First World War. One of the few fourteen points promoted by American President Woodrow Wilson, national sovereignty, was used to justify the carving up of Habsburg territories into a series of smaller "nation-states" including Austria, Hungary, Czechoslovakia and others. The defense of these smaller nation-states, all of which included other ethnic minorities, fell first to the League of Nations and later the United Nations. While the concept of the nation-state predated the First World War the end of the Habsburg Empire was seen as the end to the multi-ethnic imperial state that had existed in a variety of forms dating back to antiquity. While European leaders have dutifully spoken of the virtues of national sovereignty and the nation state since before the end of the First World War that is no longer the case today. Both German Chancellor Merkel and French President Macron have floated the idea of a unified European army. Both have taken hard lines on Brexit, the United Kingdom's pulling out of

the European Union which has become increasingly unsympathetic to national determination regarding immigration and economic policies. What Merkel and Macron have suggested is similar in form to what the Habsburg Empire was than the Wilsonian concept of national sovereignty which dominated the thinking of the West in the last century.

The Ottoman Empire, like the Habsburg, was carved up by the Allies after the end of the First World War. With the creation of modern Turkey by Ataturk in 1924 the last Sultan connected to the Caliphate ceased to exist. The lineage connecting back to the Islamic Empire created by Mohammed ceased to exist replaced by a series of states created by European powers prior to and through the end of the First World War. The concept of reviving the Caliphate that the Ottoman Empire was once did not end with the Empire. Both Al-Qaeda and ISIS derived their "legitimacy" among Islamists based on recreating the Caliphate, a successor to the Ottoman Empire. The current President of Turkey, Recep Tayyip Erdogan, has blurred the strict lines of separation between the religion of Islam and secular nature of the Turkish state as laid down by Ataturk with the creation of the Turkish Constitution in 1924. Erdogan has the support of, and has legalized the activities of Islamic political parties within Turkey. Similar to Putin's use of Czarist symbolism in Russia, Erdogan has revived the political use of Ottoman symbolism in ceremonial settings as the leader of Turkey. Erdogan has increasingly become autocratic, ruling Turkey more and more like a Sultan and less like the founder of modern Turkey, Ataturk.

Though the First World War ended a century ago, and the West celebrated that end this past month, ghosts from that war seem more relevant to today's politics than they have in decades. The key to understanding what is happening in Russia, Europe, and Turkey and the Middle East may require analysts and policy makers to study the histories of Czarist Russia, the Habsburg and Ottoman Empires and re-examine the current political actions and aspirations of Putin, Merkel and Macron, and Erdogan in light of those histories.



# Veterans Strong Community Center

Veterans Strong Community Center, Inc. (the "Center") is a regional information and resource center. The Center is a reboot of a formerly federally-funded program that closed in June 2016. The Center opened in July 2016 as an independent organization and received its 501(c)3 non-profit status in January 2018. The Center is committed to improving services, assistance and communication to Veterans, Service Members and their Families throughout the Greater Bristol area – including the communities of Bristol, Burlington, Harwinton, Plainville, Plymouth, Thomaston and Wolcott – regardless of character of discharge or branch/component.

The Center, located in Bristol City Hall, has access to information about VA Benefits, financial assistance programs, DD214 Requests, VA Healthcare, housing/homelessness resources, employment / vocational rehab programs, and general miscellaneous issues. The Center distributes a monthly e-newsletter, which is also available on the Facebook page and website -www.vetstronginc.org. Various service providers conduct outreach on a regular basis through the Center, including but not limited to, CT Dept. of Veterans Affairs Veterans Service Officers, Vet Center Counselors, and other related agencies.

A representative from the Center will be available at the Plainville Public Library on Thursday, December 20 from 10 am – 1 pm. Future dates can be found on the website and Facebook pages.

**The normal hours of operation are Monday – Friday, 8 am – 2 pm, in Bristol City Hall, 111 North Main Street, Bristol. They can be reached at phone 860-584-6258 (860-951-6686 cell number to be used from 2 pm – 5 pm and when closed due to outreach).**

**The email contact is**

info@vetstronginc.org.

**Follow the Center on Facebook, Instagram and Twitter: Veterans Strong Community Center**

## History, Memories & Legacy

*Rosemary Morante, Corresponding Secretary for the Plainville Historical Society*

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### My Wish for You

May you be Happy, May you be Healthy, May you be Safe, May you live with Ease. This Loving Kindness refrain is frequently heard at yoga and meditation workshops. I first learned about it at an event with Sharon Salzberg. It starts by first extending these compassionate words to yourself and then sending it to those around you and eventually to all beings. These positive statements, when repeated non-judgmentally can be positive and healing – to yourself and to others.

Being happy, healthy, safe and at ease is my wish for you as we begin the New Year.

Let's look at each of the phrases and how we might help bring more of this positivity into our life and the lives of others.

### May you be Happy

Happiness is more than the temporary high when something very good happens. It comes from within and is developed by our habits and living our purpose. Aristotle acknowledges that our good or bad fortune can play a part in determining our happiness. Happiness can be affected by such factors as our material circumstances, our place in society, and even our looks.

Yet by living our life to the full according to our essential nature as rational beings, we are bound to

become happy regardless. For this reason, happiness is more a question of behavior and of habit—of virtue—than of luck. A person who cultivates such behaviors and habits is able to bear misfortunes with balance and perspective, and thus can never be said to be truly unhappy.

It is a great gift to wake up each morning and feel a sense of joy, purpose and hopeful anticipation. Find ways to clarify and align to your values and purpose to your daily habits.

In case you are interested on how you test out in the area of happiness, Google "Blue Zones True Happiness Test" for your results on the following factors of happiness:

**PURPOSE:** Your passion, drive, and sense of meaning and connection.

**PLEASURE:** Your everyday positive emotions and experiences.

**PRIDE:** Your sense of satisfaction in the major areas of your life.

If you find yourself depressed or sad much of the time, you may need some healing help. By all means reach out to a healer, physician, spiritual advisor or other individual or group that resonates with you. Don't give up if it takes time. Being happy is worth it.

### May you be Healthy

Genetics aside, your eating and lifestyle habits will contribute to your good health today and in the future. At the very minimum, increase your

consumption of colorful vegetables and fruits. Focus on foods high in fiber, low in added sugar and avoid processed foods. Drink plenty of water and move more. Connect to nature and develop your own signature set of healthy habits. You may be faced with an ailment that makes this difficult. Reach out to a dietician or coach to help you find the right balance of nutrition and lifestyle and move forward to good health.

### May you be Safe

If you are living or working in conditions that put you at risk, it's time to take action. Being safe can mean you are feeling free from harm or terrifying thoughts. Determine how safe you feel on a scale of 1 – 10. If you scored low, put together a plan and seek out help, especially if a threat is imminent. If you feel safe in your life, then extend wishes to others who not so fortunate. Silently say the words "May you be Safe" as you bring to mind people who are afraid and would benefit from your healing intentions.

### May you live in Ease

We all experience difficulties and struggles from time to time. We can let these struggles take over our life or we can choose to learn the lessons these situations present and rise above it. There is usually a solution, but sometimes we get so caught up in the injustice or our own critical self-talk, we can't see our way out. Find a way to lessen the pressure. Don't give in to dis-ease. Give yourself a time out, take a breath and reframe the truth of the situation. Put it into perspective, develop resilience and don't lose sight of what is positive in your life.

*In 2019,  
May you be Happy,  
May you be Healthy,  
May you be Safe,  
May your live in Ease.  
Namaste and Happy Holidays,  
Linda*

### Linda Coveney

Integrative Nutrition Health Coach | Insights® Discovery Expert | Speaker | Become your most vital self at work and home!

Linda helps open-minded teams and determined individuals take control of their choices, and create the robust health, success and happiness they deserve. She is also a Licensed practitioner for Insights Discovery®—The direct route to healthy, effective teams.

For more information about health coaching, wellness workshops or team and personal effectiveness, contact:

Linda at [www.healthy-behaviors.com](http://www.healthy-behaviors.com) or [lindacoveney@healthy-behaviors.com](mailto:lindacoveney@healthy-behaviors.com)



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Izaz M. Khan, DMD

# Ask the Brayne...

**Q. What is Fillet of Sole?**

**A.** *A fillet of sole is a thick slice of fish without a bone. Flat fishes for fillet are flounder, fluke, turbot and sole. In ordering a dinner of fillet of sole it could be any of the above.*

**Q. What is going on in Plainville? I saw on TV that someone is putting nails on many streets in town.**

**A.** *The Police Department is working on the investigation. We understand over 200 residents have had their tires punctured. If you "See something Say something" Call the local police department.*

**Q. How do I submit questions to you?**

**A.** *To submit questions call 860-747-4119, E-mail hmtnn@comcast.net, write to Hometown Connection, 27 Sherman Street, Plainville, CT 06062 or drop them at the office.*

**Deadline for submitting questions is the 15th of each month  
Next issue of the Hometown will be in February.**

*Thank you for this issue questions. Please keep them coming!*

**Have a Merry Christmas & Happy New Year!!!**

## Second Look..In case you missed it

### Goodwill Store Opens on New Britain Ave.

The long awaited opening of commercial development on the old Chiang property with the first being the Goodwill Store.

The Formal opening on November 8th was greeted with a huge success.

### Dokota Dinielli/ Teen Wrestler

Dokota won top honors at the All Japan Female Open Championship wrestling tournament recently. Travis Carpenter, one of three world team coaches said the competition held in Mishima, has served as a springboard for young wrestlers. The contest is the second largest held by the Japan Wrestling Federation. Who does well at this event go on to compete in the Olympics. Kim Dinielli, Dakota's mother, her aggressive style makes her a potent wrestler.

### Probate Court Joins Farmington-Burlington

Starting in 2019 Plainville will transfer from the Bristol Probate Court to the Farmington-Burlington Probate court. Town Manager Robert Lee said, "We are leaving on good terms" it is a matter cost savings to the Town of Plainville.

### Plainville Community Fund

The Community Fund is an endowed fund at the Main Street Community Foundation, established in 2006. The fund has granted \$69,600 to 69 organizations and projects in Plainville.

To help to continue to meet the changing and emerging needs of the community, consider making a donation to the fund.

Make checks payable to Main Street Foundation (PCF in the memo section) and send to P.O. Box 156, Plainville, CT 06062. Or donate on line at: [mainstreetfoundation.org](http://mainstreetfoundation.org).

# From the Desk of.....

**Thomas A. Wurz**

## VOLUNTARY COMMITMENT LAW

There are several variations of a psychiatric hold in Connecticut. This article explores when an individual voluntarily seeks help at a medical facility. While most people want to get help on their own terms there still needs to be parameters for both sides. That being said, let's take a look at how voluntary commitments are governed. A hospital must notify a hospitalized individual within 24 hours, prior to the time an application for commitment is filed, that they may continue as a voluntary patient. Presented with the choice of being deemed "voluntary" or "involuntary" is important because commitment paperwork can make people very wary about receiving treatment. It triggers that fight or flight mentality in a lot of people who figured they were in control of their treatment. So when choosing a voluntary commitment the chances of a successful stay are increased. Once a voluntary commitment has been established the hospital can still

file commitment paperwork if the patient refuses treatment, is imminently dangerous or requests to leave. The patient can request a probable cause hearing in these circumstances to have a judge review any commitment paperwork submitted. This hearing has to be held within 72 hours of the receipt of the filing by the patient. If probable cause is found and the patient requires more than 15 days to prepare for a commitment hearing they can only be held for the 15 days.

Commitment proceedings ultimately decide how long an individual may be held with the caveat that they have a hearing at least every 2 years. The review period would depend on the individual and how much of a threat they are deemed to be. So whether the patient arrives voluntarily or involuntarily they may still be committed.

I think it is worth noting that there are other means for psychiatric holds and this article is not meant to cover everything. Given the climate of our times, this article being written after the Thousand Oaks shooting, all means of psychiatric holds need to be explored when an individual in need is presented.



### Attorney Thomas A. Wurz

*is an associate of his father Attorney Theodore J. Wurz, LLC in the law office of Attorney Richard Witt at 132 East Street. Attorney Wurz is a graduate of Avon Old Farms School in 2001, Providence College in May 2005 on the Dean's list and Juris Doctor Program at Western New England College School of Law in May 2009. He was admitted to the Connecticut Bar and U.S. Federal Court in 2010. His activities and interests are Secretary of Sports Entertainment Law Club at WNEC and is a Special Olympics Volunteer.*

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# The Circumspect Critic

by: **Robert James O'Dell**

## "Miracle on 34th Street"

*I don't recommend films. I just give you my take on them.*

instant success! He becomes close to Walker's adolescent daughter, Susan (Natalie Wood), who doesn't believe in Santa Claus but starts to reconsider as she gets to know Kris better. Kris causes quite a stir when he starts directing people to Macy's competitor when Macys doesn't have the desired item or are selling it for a higher price. He creates quite a boom for Macys as people respond positively to their perceived display of Macys being the store with the true holiday spirit. But when things start to go wrong and Kris continues to insist that he is the real Santa Claus, he finds himself at risk of being institutionalized in a mental health facility. Enter Fred Gaily (John Payne), an ambitious young lawyer who vows to prove that Kris, indeed, is the one and only Santa Claus.

I love the holidays. Christmas has always been my favorite time of year. The decorations, Christmas trees, Christmas concerts, Christmas carolers, Christmas gifts and best of all, Christmas movies! I am a sucker for those miracle films and the heart tugging true meaning of the season movies. From "A Christmas Carol" to "The Song of Bernadette" to "The Grinch" to "Rudolph" to "White Christmas", I spent every Christmas season watching and rewatching all the Christmas perennials. And my favorite amongst them has always been "The Miracle On 34th Street". It is such a warm and fuzzy, heart pleasing, joyous little film with one of the most clever and crowd pleasing finales that it never fails to boost my mood and raise my spirits. It is perfect fare for the youngest

of children and the oldest of adults who have retained their inner child. The film has been remade a number of times including at least two made for television movies that are best forgotten and a big bloated musical extravaganza that replaced the warm, intimate heart of the story with needless spectacle. The real deal is the George Seaton 1947 black and white addition that gets everything just right including the perfect Santa Claus in the irresistibly likable Edmund Gwenn. Gwenn won a well deserved Oscar as Best Supporting Actor for his performance as Kris Kringle and you can see why. He is delightful with all his eccentricities and genuine good natured demeanor. His interactions with the very young and precocious Natalie Wood are priceless. The ease with which Gwenn inhabits the role makes his ability to charm even the most skeptical of people he meets and make them believers all the more palpable.

Maureen O'Hara tackles the role of the no nonsense, hard driven Doris Walker with feminine strength and fierce fortitude. O'Hara always brought a feistiness to her performances that made the women she played seem strong and capable and that is on full display here.

John Payne makes for a solid leading man and provides Fred Gaily with natural charm and a determined edginess.

"Miracle On 34th Street" has always brightened my already glowing holiday season and I still get that uplifting feeling every time I watch it. I do love the holidays. Of course, it doesn't hurt that I am a Christmas baby, born on the 25th of December, 1950.

Rating: 90%

I hope everyone enjoys this upcoming holiday season

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*Both events require a paper flyer to present to cashier which can be obtained at the YMCA, a committee member or by contacting Christine @ 860-869-3209 or Stevie @ 860-463-3600. "*

## GIVE A GIFT THAT WILL LAST A LIFETIME: CHET GIFT OF COLLEGE GIFT CARDS

Contributions Made By December 28 Give Back With a Tax Deduction

HARTFORD, CT – The hustle and bustle of the holiday season is almost upon us and what better way to tell a child how special they are than by giving them a CHET Gift of College gift card and investing in their future.

According to the National Retail Federation, holiday retail sales in November and December will increase 4.8 percent from 2017 for a total of more than \$720 billion.

"Each year so much money is spent on gifts that all too soon are forgotten or outgrown. By purchasing a CHET Gift of College gift card, parents, grandparents, aunts, uncles and friends can make a long-term impact on a child's life," said State Treasurer Denise L. Nappier, Trustee of the Connecticut Higher Education Trust (CHET), Connecticut's 529 college savings plan.

CHET Gift of College gift cards are available online at [www.aboutchet.com/gift](http://www.aboutchet.com/gift). Cards can be loaded with up to \$300 in value, which can then be deposited directly into a CHET account. Gift cards purchased online can either be mailed or emailed directly to recipients.

For the recipients, redeeming a CHET gift card is easy, visit [www.aboutchet.com/redeem](http://www.aboutchet.com/redeem). Register and create a profile with Gift of College. Connect the CHET 529 account with the Gift of College account and enter the gift card information into the account profile. Gift card contributions will be available seven days after activation.

From books and tuition to room and board, the cost of a college education is on the rise. "The old saying 'it takes a village' to raise a child couldn't be more true," said Treasurer Nappier. "Start saving for college early and make the process a family affair by inviting family and friends to help."

Year-End Contributions

Contact: David Barrett, Director of Communications, (860) 702-3164

[David.S.Barrett@Ct.Gov](mailto:David.S.Barrett@Ct.Gov)

With the end of the year quickly approaching, families are checking to ensure they have maximized their 2018 tax deductions. While most Connecticut residents are aware that they can reduce their taxes through IRA contributions, many people may not realize that they may be eligible for deductions on contributions made to a CHET account.

The deadline for depositing into a new or existing CHET account is Friday, December 28th.

For additional information on CHET tax advantages and other benefits, please visit

[www.aboutchet.com/benefits](http://www.aboutchet.com/benefits).

## THE TEA PARTY CREED...

**"I am not a racist  
I am not violent**

**I will not be silent"**  
Pd. for by: The members of  
the Tea Party

### THROWBACK THURSDAY Holiday Edition MIRACLE ON 34TH STREET 1947

Not Rated (but would be "G")

starring Maureen O'Hara, Natalie Wood, John Payne, Edmund Gwenn, directed by George Seaton When



the actor hired to play Santa Claus in The Macy's Thanksgiving Day Parade shows up drunk, an elderly, bearded gentleman (Edmund Gwenn) tries to prevent him from participating. When Doris Walker (Maureen O'Hara), the program director for the parade notices what is transpiring, she fires the drunken Santa and convinces the elderly man who interceded to take his place. Turns out that he is such a natural at playing the role, she hires him on as the store's Santa for the Christmas season. When signing up for the job, he identifies himself as Kris Kringle! Despite some concern about his obvious delusional belief, he is allowed to start the job and is an



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# STUDIO 466 RIBBON CUTTING



Studio 466 held their Ribbon Cutting on November 20th. Donna Theriault, her husband Alan, Town Officials Kathy Pugliese, Town Council Chairman, Mark DeVoe, EDA Director, members of the Economic Development Commission, Chamber of Commerce Administrator, clients, family members, and friends attended the formal opening of the Studio. Refreshments were served after a tour of the Studio.

### Donna Theriault:

"I first opened Studio 466 in January 2005, purchasing my building located at 466 East St. in Plainville. Over the past 13 years our staff has tripled in size due to the wonderful support that the Plainville community has offered us. In August I purchased a new and larger building located at 63 East Main St., where we opened our doors on October 2nd. Our new location is twice the size of our former location, which has allowed us to expand our spa area where we continue to do facials, microdermabrasions, massages, and body waxing. We are able to offer some new services such as couples

massages. Our new, larger hair area is where we offer all hair services, from cuts and colors, to keratin treatments. We offer services for men, women, and children. We also have a private nail room, where we do more than manicures and pedicures, but also do acrylic and gel nails too.

I love my new location in downtown Plainville, because now I really feel like part of the community. The Plainville police and many local businesses have been so welcoming.

*"My first experience with the Pumpkin Festival was great and I'm looking forward to participating in the upcoming Holiday Stroll in December!"*

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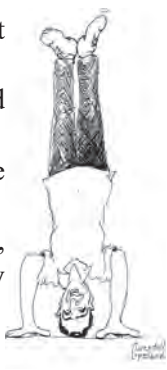
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# DBK Jewelers & REACTOR Event



On November 15th Jimmy Olmes, (center) owner of REACTOR Sport Watch Company located in California held the event. He brought new models of the best built performance Sport Watches for DBK's customers. Pictured with Jimmy are left, Ed Bartucca and right, is Ted Rahaim, owner of DBK. Ed is the owner of many Reactor watches and was one of the first of many customers that came to check out the new watches. If you were unable to attend the Reactor event last month, just stop in, Ted and his staff will be happy to assist you with any questions you may have about the watches.



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## How Can I Prevent Another Kidney Stone?

### What is a kidney stone?

A main job of the kidney is filtering wastes from the blood. The wastes are passed into the urine. The wastes often come from the food we eat. In some people, certain wastes can form a stone in the kidney. There are different types of kidney stones. Diet changes may help prevent most types of kidney stones.

### How much fluid should I drink?

Increase your fluid intake throughout the day. Try to drink mostly water. How much fluid you should drink depends on other health conditions you might have. For example, if you have heart or kidney failure, this might not be a safe thing for you to do. Talk to your prescriber about how much fluid you should aim for. Your prescriber can write your fluid goal here: \_\_\_\_\_ glasses per day.

### Can calcium help?

Some kidney stones contain oxalate. Oxalate comes from foods. Calcium can bind to oxalate in the gut. This keeps oxalate out of the blood, and out of the kidney. But don't get too much calcium. Aim for 1000 to 1200 mg of calcium daily from diet. Good sources are milk, yogurt, and orange juice with added calcium. Ask your prescriber if you should take a calcium supplement.

### Should I avoid food with oxalate?

Some foods have more oxalate than others. But some foods that are high in oxalate are good for your heart, like vegetables and nuts. Talk to your prescriber about which, if any, oxalate foods you should avoid.

### What about soda?

Cola drinks make the urine acidic. Acidic urine makes it easy for stones to form. Drink water, sugar-free lemon-lime sodas, or sugar-free lemonade instead.

### Can I eat meat?

Meat can play a role in the formation of certain types of stones. Your prescriber might ask you to try to eat less meat and more fruits and vegetables. Fruits and vegetables may reduce kidney stone risk.

### Should I watch my sodium intake?

Aim for no more than about 2300 mg of sodium, or about one teaspoon of table salt, per day. A teaspoon of sea salt or kosher salt may have less sodium (check the label of the brand you are using). Taste food before reaching for the salt shaker. But most salt in your diet doesn't come from

the shaker. Avoid processed and fast food. Buy fresh, plain frozen, or canned "no salt added" food. Rinse canned foods to remove some salt. There are phone apps you can get to help you track your sodium intake. Examples include Sodium Tracker and EZ Sodium Tracker.

### Recurrent Kidney Stones

Up to 50% of patients with a symptomatic kidney stone will have another episode within five years. Eighty percent of stones are comprised of calcium oxalate and/or calcium phosphate. Risk factors for kidney stones include obesity, diabetes, hypertension, and gout. Treatment options include dietary changes and pharmacotherapy. The chart below outlines dietary and pharmacotherapy interventions to reduce risk of recurrent kidney stones. Most data come from studies that included mostly males with hypercalciuria and calcium stones, but recommendations have been extrapolated to other groups.

The information below may or may not apply to you. It depends on what kind of stone you have and your other health conditions. Ask your prescriber which diet changes might help you.

### Dietary Interventions

**Increase fluid intake (any stone type)**  
Increasing fluid intake reduces stone recurrence. Drink 3 L (12 eight-ounce [240 mL] glasses) of fluid throughout the day, or enough to produce at least 2 to 2.5 L of urine daily.

**Patients with cystine stones may need to drink 4 L of fluid daily to adequately dilute urinary cystine.**

**Increase fluid intake when needed to replace fluid loss through sweat (e.g., in hot weather).** The majority of fluid intake should be water. Also consider sugar-free real lemonade, a natural citrate source<sup>5</sup> (see potassium citrate, below). Limit colas, especially sugar-sweetened (any stone type) Citric acid sodas (e.g., sugar-free lemon-lime sodas as opposed to phosphoric acid-containing colas) are probably okay to consume.

### Calcium stones

Ensure 1000 to 1200 mg of calcium intake daily from food/supplements. Calcium binds dietary oxalate. Consume calcium with meals calcium oxalate stones.

Many oxalate-containing foods are healthy foods (e.g., spinach, nuts), so moderation, or eating oxalate-containing foods at the same time as calcium-containing foods (so calcium can bind oxalate in the gut), rather than complete avoidance, may be the best option.

Evidence of benefit is lacking for this intervention; recommendation is based on the association between high urinary oxalate levels and kidney stones. Oxalate content of foods often varies from list-to-list due to differences in testing methods, soil content, and fruit/vegetable ripeness.

### Oxalate, uric acid, and cystine stones

Avoid high-dose vitamin C supplements. Vitamin C may cause urate, oxalate, or cystine stones.

Hyperoxaluria, hyperuricosuria, hematuria, and crystalluria have occurred in people taking 1000 mg or more per day. In people with a history of oxalate kidney stones, supplemental vitamin C

1000 mg per day appears to increase stone risk by 40%. calcium and cystine stones.

Lower dietary sodium is associated with lower urinary calcium and cystine excretion. 2300 mg of sodium is about one teaspoonful of table salt. Due to larger crystal size, kosher and sea salt may have less sodium per teaspoon (i.e., fewer crystals fit into the spoon). calcium and uric acid stones. Meats, cheese, and eggs make urine acidic. Meat is a source of purines, which are converted to uric acid.

### Cystine stones

Animal protein is a source of cystine and its precursors. calcium, uric acid, and cystine stones.

Increase fruits and vegetables. Fruits and vegetables provide citrate and make urine more alkaline.

Preventing kidney stones isn't complicated, but it does take some determination.

*Any questions ask your Local Pharmacist, please feel free to stop by or call us at 860-222-9422*



**Suruchi Patel, owner of Plainville Community Pharmacy**

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# H O M E T O W N R E L I G I O U S D I R E C T O R Y

## Church of the Bible

An Independent Fundamental Bible Church  
"Where The Holy Bible Is Wholly Taught"

160 West Main St.  
Plainville, CT 06062  
Phone: 860-747-1691  
Peter A. Stonis, Pastor

### WEEKLY WORSHIP SCHEDULE

Nursery Care is provided for all  
Sunday Services

Sunday 10:00 am  
Sunday School for All Ages 11:00  
Morning Worship Service 6:30 pm  
Evening Worship Service  
Wednesday 7:00 pm  
Bible Study and Prayer

For information about the church  
visit our website @ [cobplainville.org](http://cobplainville.org)

### WHY DID JESUS COME?

Christmas is a time to reflect on the incarnation of Jesus Christ. What a wonderful miracle God did when He sent His Son to take upon Himself human flesh through the virgin birth. But why? When God created everything in Genesis one He said that everything was "very good" (Gen. 1:31). In chapter 3 Adam and Eve disobeyed God by taking of the tree of the knowledge of good and evil which they were told not to partake of. It was at this moment that sin was introduced into the world and death by sin (Romans 5:12). Everyone one of us have sinned (Romans 3:23) and thus the wages of sin is death (Romans 6:23). This is why Jesus came; to solve the sin problem in every human being. Jesus came to save us from our sins. This was the announcement an angel gave to Joseph in a dream, "And she shall bring forth a son, and thou shalt call His name Jesus; for He shall save His people from their sins." How would Jesus do this? He would do this by going to the cross to shed His blood for the sins of the whole world. He would take the punishment sinners deserved. And because Jesus paid it all on the cross and rose again the third day salvation is offered to the world. This too was the announcement from the angels to the shepherds the night Mary gave birth to Jesus, "And the angel said unto them, Fear not; for, behold, I bring you good tidings of great joy, which shall be to all people. For unto you is born this day in the city of David a Savior, who is Christ the Lord. (Lk. 2:10-11). Do you know Jesus as your Savior? He is the only way (John 14:6). Trust Him today and be saved!

## FIRST BIBLE BAPTIST CHURCH

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## PLAINVILLE UNITED METHODIST CHURCH

56 Red Stone Hill, Plainville, CT 06062  
Rev. Stephen Volpe, Pastor  
Church (860)747-2328  
Parsonage (860)747-2592  
Email: [office@plainvilleumc.org](mailto:office@plainvilleumc.org)

### DECEMBER/JANUARY SCHEDULE

SUNDAY SERVICES  
CHURCH SCHOOL Pre-K to High  
School: 9:00 AM

WORSHIP TIME 10:00AM

### REGULAR EVENTS

Tuesday Ladies.....Tuesdays, 9:30 AM  
AA.....Sundays, & Wednesdays, 7 PM  
Al-Anon..... Mondays, 7 PM  
Boys Scouts.....Thursdays, 7 PM

### SPECIAL EVENTS

GREENING OF THE SANCTUARY  
SUNDAY WORSHIP WITH  
HOLY COMMUNION:  
(Celebrated with Gluten Free Bread)  
Sunday, December 2, 10 AM

WOMEN'S CHRISTMAS TEA:  
Sunday, December 2, 10 AM

SERVICE OF COVENANT RENEWAL  
WITH HOLY COMMUNION:  
(Celebrated with Gluten Free Bread)  
Sunday, January 6, 10 AM

AMERICAN RED CROSS  
BLOOD DRIVE:  
Wednesday, December 12, 1 to 6 PM

CHURCH POTLUCK SUPPER:  
Sunday, December 16, &  
January 20, 5 PM  
SUNDAY SCHOOL  
CHRISTMAS PAGEANT:  
December 16, 10 AM

CHRISTMAS EVE  
CANDLELIGHT WORSHIP:  
Monday, December 24, 5:30 PM



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## FAITH BIBLE CHURCH

168 Unoinville Avenue Plainville, CT 06062  
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Rev. Dr. Jim Caron, Pastor  
Web: [www.faithbiblect.com](http://www.faithbiblect.com)

An Evangelical Church For Your Spiritual Growth  
Sunday Worship: 11:00 a. m.

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Tuesday: Ladies (Bible Study: Sermon on the  
Mount) Video by Sinclair Ferguson

Tuesday Night Prayer Meeting- 6 to 7 pm  
Men's Tuesday Night:

The Return of Christ Bible Study

### Team Worship Band:

2nd and 4th Sunday of the month.

Visit us on Facebook:

[com/groups/faithbiblechurchct/](https://www.facebook.com/groups/faithbiblechurchct/)  
860-747-5209

Call the church for info/questions  
and church prayer line

FAX (860-747-5011)

Call us for your requests (confidential)

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*Sacred Heart of Jesus, pray for us.*

*St. Jude worker of miracles, pray for us.*

*St. Jude helper of the hopeless, pray for us.*

Say this prayer 9 times a day. By the 8th day your prayer will be answered. It  
has never been known to fail. Publication must be promised. My prayers have  
been answered.

Thank you & God bless you St. Jude." John

# HOMETOWN RELIGIOUS DIRECTORY

## OUR LADY OF MERCY ROMAN CATHOLIC CHURCH

94 BROAD STREET, PLAINVILLE, CT 06062  
REV. RAYMOND SMIALOWSKI, PASTOR

ROBERT BERUBE, DEACON  
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19 S. CANAL STREET  
OFFICE HOURS: MON. TO FRI.

9 AM TO 4 PM  
PHONE: 860-747-6825

FAX 860-747-5407  
New Parishioners

Welcome! if you are new to the parish, please introduce yourself after Liturgy or at the Rectory

### Liturgy Schedule

Sunday Liturgy - Church  
Saturday 4:00 P.M.  
Sunday 8:30 A.M. & 10:30 A.M.

### Weekday Liturgy

Mon., Tues., Thurs., Fri. & Sat. 8:00 A.M.

### Devotions

Rosary- Monday through Saturday before the Morning Mass.

### Sacrament of Reconciliation

Saturday At Noon

### Sacrament of the Sick

Arrangements can be made for any sick person to be anointed. Holy Eucharist is brought to the homebound by our Eucharistic Ministers and the parish clergy.

## Our Lady of Mercy Church Calendar for Dec. & Jan

Dec. 2 6 - 8pm JOLT - Jesus Openly Loves Teens  
Youth Group meeting at the Parish Hall, 19 S. Canal St., Plainville. Open to all teens of Plainville.

Dec. 7 Family Movie Night - The Star - 6 - 7:30pm, Room 106, Children must be accompanied by an adult, 19 S. Canal St., Free

Dec. 9 OLM Breakfast with Santa, 8 - 10:30am, \$4 per person 7 and older, 6 and under eat free, 19 S. Canal St., Also practice of Christmas Pageant in the church 11:30am - 12:30pm, Grades 5 & 6

Dec. 14 6 - 8pm GIFT, Intergenerational Faith Formation Program, 19 S. Canal St., Parish Hall

Dec. 16 11:30a - 1:30pm GIFT

Dec. 16 11:30a - 12:30p Practice of Christmas Pageant in Church 5th & 6th graders

Dec. 23 11:30a Christmas Pageant in the church

Dec. 24 4pm & 10pm Christmas Mass

Dec. 25 10am Christmas Mass

Dec. 24 - 28, Parish Office/Cemetery Office Closed

Dec. 30 11:30am Epiphany Play Rehearsal in church, all ages

Dec. 31 4pm Mass for Holy Day on Jan. 1 in church

Jan 1 8:30 & 10:30am Mass for Holy Day, Solemnity of Mary, The Holy Mother of God

Jan 4 9am - 2p Blood Drive 19 S. Canal St.

Jan 6 6 - 8pm JOLT, 19 S. Canal St.

Jan 18 6 - 8pm GIFT, 19 S. Canal St.

Jan 20 11:30am GIFT- 1:30p, 19 S. Canal St.

Jan 27 6 - 8pm JOLT, 19 S. Canal St.

## THE CONGREGATIONAL CHURCH OF PLAINVILLE

A congregation of the United Church of Christ  
130 West Main Street Plainville

Phone 860-747-1901

## ALL ARE WELCOME!

CHURCH OFFICE EMAIL:  
churchoffice@uccplainville.org

WEBSITE: www.uccplainville.org

WORSHIP AND  
CHURCH SCHOOL

Every Sunday: 10:00 a.m.

Coffee Hour: 11:15 a.m.

The Sacrament of Holy  
Communion celebrated the  
first Sunday of each month

THE PLAINVILLE THRIFT SHOP  
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Open Wednesday & Thursday  
10:00 a.m. to 4:00 p.m.  
Saturday 9:30 a.m. to 12 noon

## THE EPISCOPAL CHURCH CHURCH OF OUR SAVIOUR

115 West Main Street Plainville, CT 06062

churchofoursaviourplainville@gmail.com

and www.churchofoursaviourplainville.org

860-747-3109

### SUNDAY WORSHIP

Holy Eucharist 10:30 am  
Church School 10:30 am  
Coffee Hour 11:30 am

### OFFICE HOURS

Wednesday - Friday 9:00am - 1:00pm

### PARISH PROGRAMS

Every Tuesday NA 7:00pm  
Every Thursday AA 7:30pm  
Every Saturday Women's AA 9:00am  
Saturday AA 9:30 am

Ample Parking in rear of Church

## The Ten Commandments

1. I am the Lord, your God. Thou shalt not have any strange Gods before Me.
- 2..Thou shall not take the name of the Lord thy God in vain.
3. Remember the Sabbath and keep it holy.
4. Honor thy father and thy mother.
5. Thou shall not kill/murder.†
6. Thou shall not commit adultery.
7. Thou shall not steal.††
8. Thou shall not bear false witness against your neighbor.
9. Thou shalt not covet thy neighbor's wife.
10. Thou shall not covet‡ your neighbor's goods (or anything that belongs to your neighbor)

## REDEEMER'S AME ZION CHURCH

110 Whiting Street, Plainville, CT 06062

Phone: 860-747-1808

### WORSHIP SERVICES

Sunday School 9:00-9:40 a.m.  
Praise & Worship 9:45-10:00 a.m.  
Church Service 10:00 a.m.

### BIBLE STUDY

Wednesday 11:00 a.m. & 7:00 p.m.

### BOARD MEETINGS

Senior Ushers (1st Sat before 1st Sun) 11:00 a.m.

Gladys Floyd Missionary Society

(2nd Sun after service)

Deaconess Board (3rd Sun)

Lay Council (1st & 3rd Sat) 9:30 a.m.

Christian Education (3rd Tues) 7:00 p.m.

Men's Meeting (2nd/4th Sat) 9:30 a.m.

PEP (Every Sat) 1:00-4:00 p.m.

Trustee/Steward (2nd Sat of Aug., Oct., Dec., Feb. &

Apr. at 9:30 a.m. and 2nd Mon. of Sept., Nov., Jan.,

Mar. & May 16 6:30 p.m.

### CHOIR PRACTICE

Senior (Sat before 1st Sun) 5:00 p.m.

Jubilee (Sat before 2nd/4th Sun) 5:00 p.m.

Mass/Youth choirs

(Mon. after 1st/2nd Sun) 7:00 p.m.

## NEW COVENANT APOSTOLIC CHURCH

139 New Britain Avenue

P.O. Box 551 Plainville, CT 06062

Suffragan Bishop--George Knight, Pastor

Elder Joseph Green, Associate Minister

Phone 860-747-3128 Church

Residence & FAX 860-224-9409

Call for SCHEDULE OF WORSHIP

Vacation Bible School August 2-3

*Come, bring a friend and*

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## Grace Lutheran Church

222 Farmington Ave.

Plainville, CT 06062

Sunday Worship 9a.m.

facebook.com/graceinplainville

www.graceinplainville.org

860-747-5191

The Rev. Stephen Brisson, Pastor



*Have a  
Blessed  
Christmas!!*

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ALL ARE WELCOME HERE

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Crossword Answers

Crossword grid with letters filled in for answers.

Taste Buzz.....

Submitted By: Avis Flanders "FLORENTINE" COOKIES

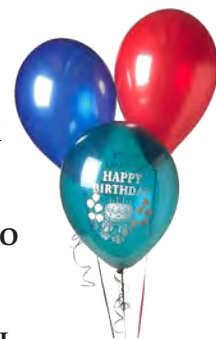
- 1/2 cup sugar
1/3 cup heavy cream
1/3 cup honey
4 tablespoons butter
4 ounces ground candied orange peel
6 ounces blanched sliced almonds
3 tablespoons flour
8 ounces semi-sweet chocolate melted with 2 tablespoons butter

Combine the sugar, cream, honey and butter in a saucepan and boil until the candy thermometer registers 240 degrees, or until a firm ball is formed. Stir in candied orange peel, almonds and flour. Drop small teaspoons of this batter on well-greased cookie sheets, leaving at least 2" between cookies. Flatten each cookie with a fork dipped in milk. Bake in a 400 degree oven 8-10 minutes, or until cookies look golden. Immediately upon removing from oven shape each cookie with a greased round cutter. When firm, remove from sheets and cool. Coat back of each cookie thinly with melted chocolate and butter. Place in refrigerator briefly. Makes about 14-16.

DECEMBER BIRTHDAYS

"HAPPY & HEALTHY BIRTHDAY TO ALL!"

- 1ST GEORGE FENSICK
2ND MATTHEW CIANCHETTI DOUG WRIGHT
4TH BETH (BERGENTY) JOHNSON
5TH JEAN WOOLVERTON
6TH GENE WOOLVERTON WILLIAM C. BERGENTY
7TH DOLLY CHAMBERLIN FRANK MANAFORT ANGELO TOLIS TINA WISHART
8TH CHRISTINE SWIAKAK
11TH PEG LEE
14TH LOU FRANGOS
21ST FILOMENA D'ONOFRIO
24TH CAROLYN ROWAN
25TH RICHARD ORSI MARIANNE ZABLOCKI HAPPY 75TH
26TH STEPHANIE (HAYES) WILSON
27TH FRANK BOUTWELL BETH GASPARINI
29TH JOHN GASPARINI
30TH JANET MASTRIANNI



JANUARY

- 1ST JEANNE MITERA
7TH SANDY (LOSTOCCO) KLAPPRODT
8TH JO ROSINSKI
9TH RUTH OLSON
11TH JOYCE HAYES
14TH COLE ZETTERGREN DARLENE BENSON
19TH ED STAGIS
24TH ZACHARY FERGUSON ADAM BERGENTY
28TH BILL PATTERSON
29TH EVELYN CASE
31ST MARISA D'AMICO

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To: All Civic & Religious Organization From: The Editor

We would like to appeal to everyone. Almost all the volunteers of the HOMETOWN CONNECTION have full time employment or young families, which makes it humanly impossible to attend or contact you all.

We would love to have you share all your activities with our readers. Please forward all news and pictures to:

Email- HMTNN@COMCAST.NET Phone: 860-747-4119

Thanking you in advance. Jeannette Hinkson, Editor

## The Christmas Gift

By Sally Miller



The small boy visited his Aunt Mary and realized that she had no Christmas tree. He ran home to his Grandma and said, "what will we do?" His Grandmother smiled lovingly at the little boy and said, "you do what you think is best". The young boy took the little axe that he had gotten from his Grandfather last Christmas. His Grandpa had taught him how to use it and he would help his Grandpa cut wood with it. He went into the woods and cut down a little tree, took it home and decorated it with paper ornaments and tiny sleigh bells. He stepped back and looked at the tree and was sure his Aunt Mary would like it. He opened the door and began walking back to Aunt Mary's house on that cold cold day.

His Aunt Mary opened the door to find this little boy who was so filled with the Christmas spirit holding this wonderfully decorated little tree. She wiped away tears as she looked down at this young boy, who she loved so much and as he looked up at her, handed her the gift of the tree and wished her a Merry Christmas, the spirit of Christmas swirled around them. She bent down and kissed his cold cheek as they wished each other a Merry Christmas. He was so happy as he began to run home and he realized

the gift of giving and making Aunt Mary happy, made him happy. The snow began to fall and he tried to catch the flakes on his tongue as he ran.

At home he entered the warmth of his Grandmother's kitchen where she was making coffee cakes for gifts. He walked into the room where his Grandfather sat, smoking a pipe and listening to the radio for updates on Santa. The two sat together near the warmth of the fireplace and listened to the old brown radio. The boy listened intently for updates on Santa as his Grandpa put his arm around this precious boy. As they listened, the boy's eyes slowly closed as the warmth of the fire and love of his Grandparents wrapped him in Christmas joy. As he drifted off, he heard Santa say from the radio, Merry Christmas to all and his last thought as he began to sleep was that Aunt Mary had a Christmas tree.

*I also wish a Merry Christmas to all.*

## COULD IT BE SOMETHING IN PLAINVILLE'S WATER OR IS IT SOMETHING IN HIS BLOOD

By Jeannette Hinkson



*Pictured above is Charles Bergenty but he is better known as "Zeke" to his family and friends.*

During the day, Zeke is just another six year old little boy doing what every other little boy his age does, but on weekends he steps into his racing gear and climbs into the seat of one of his two race cars which are sponsored by Mizzy Construction and Central Connecticut Aircraft.

Zeke started his racing career at Silver City Quarter Midget Race Track in Meriden, but has traveled to tracks in Pennsylvania and New Jersey where he captured trophies in recognition of his expertise behind the wheel. Like a true professional, Zeke presented the trophies he's won to his sponsors and those trophies are proudly displayed at those businesses.

Zeke is the son of Kristin and William Bergenty and the grandson of Carla and William Bergenty and Gail and Richard Piatek. Zeke is the great grandson of the late Corrine and Charles "Zeke" Zettergren as well the great grandson of Helen and Bill Bergenty.

Any Plainville resident over fifty remembers Saturday night and the roar of the engines, the cloud of smoke and the smell of rubber as the stock cars raced around the quarter mile track at Plainville Stadium. It was every youngsters dream of someday they might be out on that track or at least get an autograph from their favorite driver. Competition was fierce between drivers from surrounding towns and scuffles in the pit area sometime erupted between drivers such as Moon, Mambrino, Charette, Manafort, Wyckoff, Alkas, Flemke, Lombardo and even "Wild Bill" Bergenty Sr., great grandfather of little Zeke, just to name a few.

*With so many notable NASCAR drivers coming out of Connecticut could Zeke be another Joey Logano or even an up and coming Dale Earnhardt?*

### About Silver City:

The Silver City Quarter Quarter Midget Club is in their 61st year and have many 2nd generation drivers. It is located in Meriden, CT it offers competitive racing opportunity for drivers aged 5 to 17 years old, and is always looking for new members.

**Silver City will be hosting one of their two "Arrive and Drive" events in late March or early April .**

**If you know someone who may be interested, please visit the website, or email Wendi at [wendilynne3@gmail.com](mailto:wendilynne3@gmail.com) or follow them on Facebook at Silver City.**

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As the oldest demolition company in the Northeast, Manafort Brothers is honoring its past by forging a path for the future. From building two of the largest casinos in the world, to decommissioning four nuclear power plants, to lending their expertise to clean up Ground Zero after 9/11, the company has changed the construction landscape of Connecticut and beyond. Founded in 1919, Manafort Brothers Incorporated is a recognized

leader in the construction and demolition services industry. The diverse contractor has established expertise in the concrete, civil and utility, demolition, abatement and remediation, highways and bridges, nuclear decommissioning, general contracting, power, rail and mass transit market sectors.

Headquartered in Plainville, CT, the 4th generation, family-owned company has regional offices in Worcester, MA and Cumberland, RI. For more information visit [www.manafort.com](http://www.manafort.com) or call 860-229-4853.





# Manafort Brothers Incorporated

The Gala Event to Celebrate the 100th Anniversary of the Manafort Family Business Was Attended By Family, Friends, Business Associates, Political Friends, Employees and Retirees

Table Center Pieces were replicas of Manafort Trucks. The center picture is an Ice Sculpture of one of their shovels



*Merry Christmas & Happy New Year*  
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Photos By: **4 Biz Graphics, LLC**  
 Mark Maglio, Owner ~ 504 Main Street, Suite 101A Farmington, Ct 06032  
 Mmaglio@4BizGraphics.com~Phone 860-470=7261

# Another Successful PumpkinFest



On November 8th, 2018 the Plainville PumpkinFest Committee presented a check for \$8,000 to the Plainville Community Fund to support the amazing work they do. Year to date, the PumpkinFest has donated \$25,500 to the Community Fund and plans to make next year's even better.

*Photo left to right:* Dolly Chamberlin, Carol Stauble, Kathy Pugliese, Dawn Angelillo, Tammy Lombardo, Lisa Perrotti, Bill Petit, Kris Dargenio, Robert Lee, Robyn Poulos and Chet Russell. Thanks to the members of the Community Fund and all the amazing volunteers who helped make this year's event a huge success.

## Pet Page

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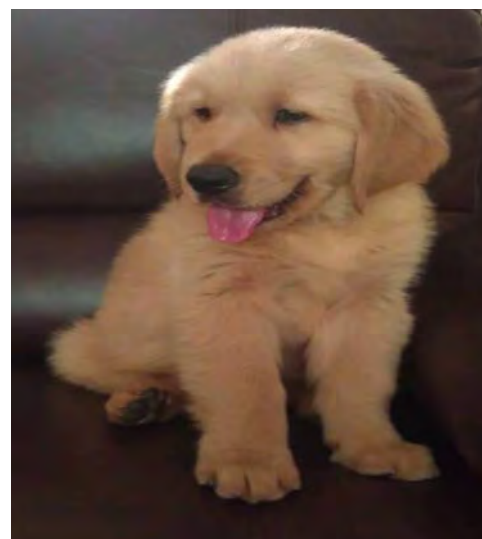
E-mail: [HMTNN@COMCAST.NET](mailto:HMTNN@COMCAST.NET), Mail information to Hometown Connection, 27 Sherman Street, Plainville, CT 06062 or Call and leave message 860-747-4119. Attention: Jeannette Hinkson

Send your pets pictures for their Birthday Party and/or Family Special Occasions to [hmtnn@comcast.net](mailto:hmtnn@comcast.net)



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## Dooch by Wendell Copeland



**From Cookies to CEOs: Girls With Impact partners with Girl Scouts of Connecticut to create entrepreneurial programming for older girls**

**Girls go from selling cookies to creating their own businesses, preparing for college and career success**

In an effort to get girls career-ready, Girls With Impact, the nation's only tech enabled entrepreneurship program for teen girls, today announced a partnership with Girl Scouts of Connecticut to enable girls to parlay their cookies experience into their own businesses.

"Entrepreneurship is one of the four programmatic pillars that comprise the Girl Scout Leadership Experience," said Mary Barneby, CEO for Girl Scouts of Connecticut. "We welcome the opportunity to partner with Girls With Impact to provide our older Girl Scouts with a 'virtual MBA' in developing their own business plans. We are creating the next generation of female leaders and programs like this give our girls a real edge and help them become more confident and career-ready."

Girls With Impact CEO Jennifer Openshaw says her goal is to train 10,000 young women as entrepreneurs, equipping them with the skills to start businesses or serve as innovators within corporate America.

Girl Scouts members will be entitled to undergo the Girls With Impact Academy – a 12-week "mini-MBA" that equips girls with business skills --- for just \$450. The program is valued at \$2,000 and has led to full scholarships at top colleges worth \$200,000.

"Girl Scouts is one of our nation's most powerful leadership training grounds for young women," said Openshaw. "We're thrilled to support Girl Scouts as it seeks to modernize and remain relevant for young women in the new global economy."

Openshaw points out that only 6% of Fortune 500 CEOs are women and just 36% of entrepreneurs are women.

Girl Scouts of Connecticut serves over 26,000 girls and over 12,000 adults giving girls the skills they need to empower themselves for life. Through the Girl Scout Cookie Program, the largest girl-led entrepreneurial program in the world,

Girl Scouts learn five essential skills that they will carry with them for a lifetime: goal setting, decision making, business skills, money management, and people skills. Through the Digital Cookie® platform, Girl Scouts are able to take their cookie businesses online, using their own personal website to reach customers across the country, experiencing true enterprise.

Barneby called on girls to bring a friend to Girls With Impact and "build your network for tomorrow." She says the tech delivery enables girls to connect with others nationwide and build that support system so critical to career success.

Girls With Impact, a nonprofit, is the nation's only entrepreneurship program just for teen girls, delivered live from the home or road. The after-school, extra-curricular program drives exceptional results in confidence, empowerment, college prep and career readiness, including STEM areas. Apply at [www.girlswithimpact.com](http://www.girlswithimpact.com).

Additional info on Girls With Impact:

- Jody speaks on why she feels powerful
- Why Girls with Impact
- Academy in Action

**Contact: Jo Panzera:**  
[ops@girlswithimpact.com](mailto:ops@girlswithimpact.com)  
**(917) 355-1317**

We are Girl Scouts of Connecticut.

We're nearly 39,000 members strong – over 26,000 girls and over 12,000 adults – who believe that every girl can change the world.

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**Contact: Kassondra Mangione:**  
[kmangione@gsocfct.org](mailto:kmangione@gsocfct.org)  
**(900) 922-2770 ext.3262**

**Plainville Colts Cheerleaders**



The Plainville Colts Cheerleaders recently held a "Bake Sale" to raise funds for their team. **"They said everything was calorie free"**

The sale was held where else, "Gnazzo Food Center" The Cheerleaders wish to "Thank" everyone that supported the sale. Especially Keith and Ken Gnazzo for their hospitality. It was a huge success.

**Ronald Divert Appointed Fire Inspector**



Fire Marshal Larry Sutherland introduced Ronald Divert at the Town Council meeting. Ronald is a career firefighter who served as a paramedic in Wallingford since 1998. He came to Plainville in May 2015 and became a regular firefighter in June 2016. Ronald's wife pinned his Inspector Badge at the meeting.

The Town Council appointed Justin Barrington, Trevor Buchas and Andre Pace as firefighters.

**BEST OF LUCK**

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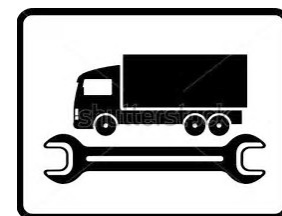
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# Alumni help Plainville succeed

## Tough schedule, hard work are also key factors

By **SHELBY IAVA**  
@SHELBYIAVANB

**NEW BRITAIN** — The Plainville boys soccer team is still on cloud nine from winning the Class M state tournament.

"Anything but this would have been a disaster," Plainville head coach Tim Brown said. "I can't think of a different result."

The Blue Devils were the 23rd seed in the tournament. Overlooked and underestimated, Plainville slowly but surely made its way to the very top.

The Blue Devils came into the tournament with a record of 8-7-1, but hadn't had many matches that had been one-sided against them.



Members of Plainville's boys soccer team celebrate after winning Sunday. Mark Maglio

Plainville's only ugly loss this season came against Glastonbury (5-1), the reigning Class LL champion, in the beginning of October.

Most of their other losses have been decided by a single goal.

"The tough schedule set us up for greatness," Plainville senior forward Michael Torres said. "Playing against an LL champion [Glastonbury] who just won this morning, everything is for a

reason. No one complained about playing a tough schedule because we knew in the end it would help us out with something like this."

Not only did the Blue Devils play a tough schedule, but every practice head coach Tim Brown had previous Plainville alumni stop by.

"The alumni came to help us out," Plainville senior and goalkeeper Sergio Zaldivar said. "Everyone just put 10 percent

more than they usually do. I want to thank my team, because most of them are JV players and they gave it their all and even the people who didn't make the roster they came and helped us out."

"I think we had the advantage of bringing in some alumni to challenge these boys day in and day out," Brown said. "It has just elevated their game. We've gone from training and playing against ourselves to men."

Brown believes that having the former Blue Devils come back has made a huge difference in the program and the intensity of the team.

"When [the alumni] come in, they make the team play at their level," Brown said. "So we come to a game where we play to the equivalent to ourselves, we're already elevated. We're used to playing up tempo, were used to playing tough and hard."

A majority of Plainville's players practiced nine months out of the year in preparation for Sunday evening's game. After being knocked out in the second round last year by Haddam-Killingworth and dropped in the quarterfinal the year prior to Ellington, the Blue Devils wanted to make a statement.

"The boys come in tremendously in shape ready to go, it's a nine month commitment, the indoor the summer league, now," Brown said. "These guys just play nonstop and they have to, to play good soccer. It's a huge demand of time and effort and these guys sign on and they know they're in for a long difficult haul. But they know by the time they are done, we're going to go someplace."

*Shelby Iava can be reached at (860)801-5096 or siava@newbritainherald.com*

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# OBITUARIES

**~Daniel Smith~**



of Fort Pierce, FL, passed away on his 77th birthday, Tuesday, October 30, 2018. He was the beloved husband of Joan (Bednarz) Smith, with whom he shared 43 years of marriage. Born in Bermuda on October 30, 1941, he was the son of the late Philip and

Mary (Chippendale) Smith.

Daniel was raised in Bermuda, where he attended local schools and was a partner in International Fixed Odds gaming business, from where he retired. He and Joan were married on the island in 1975, and settled in Plainville, CT where they raised their son, and retired to Florida in 2009. Daniel remained close to his Bermuda roots, as a life member of the Queens Club. He was an avid sports fan and lived to see his beloved Red Sox win the World Series.

In addition to his wife, he is survived by his son, Joshua D. Smith and wife, Darcy of Tolland, CT, step-granddaughters, Megan Morrissey of Berlin and Caitlin Morrissey of Stockton, CA; brother, Philip Gordon Smith and wife, Heather of Greer, SC and sister, Mary Doreen Hoffman and husband Louis of Honea Path, SC, as well as several nieces and nephews.

He was predeceased by his sister Margaret Alice Dvorak, his niece Kelly Dvorak, and his step-daughter, Susan Freberg Morrissey.

In lieu of flowers Daniel may be remembered with a donation to the charity of your choice. Family and friends gathered in celebration of Daniel's life at Plainville Funeral Home, 81 Broad St., Plainville. Words of Remembrance were shared. Daniel will be laid to rest in Bermuda at a later date. For online expressions of sympathy, please visit [www.PLAINVILLEFUNERALHOME.com](http://www.PLAINVILLEFUNERALHOME.com).

**~Joan E. (Stevens) Stenner~**



85, of Bristol, passed away on Tuesday, November 13, 2018 at Bristol Hospital surrounded by her loved ones. She is now reunited with her loving husband, Kenneth Stenner, who predeceased her in 2004.

Joan was born on August 9, 1933, in Meriden, CT, daughter to the late Burton G. and Marion E. (Cameron) Stevens. She grew up in Southington and graduated from Southington High School. Joan resided in Plainville for many years, prior to moving to Bristol. She was a devoted Yankees fan and loved a good round of bowling or game of Bingo. Joan also enjoyed testing her knowledge by actively watching the Game Show Station, especially Jeopardy. In addition, she found a niche in reading books and solving crossword puzzles.

Joan is survived by her children, Steven Coleman, of FL, Edward Coleman, of Glastonbury, Gina Boucher, of Bristol, and Diana Coleman, of Bristol; her siblings, Burton Stevens and his wife, Doris, of Bristol, and Linda Kowalczyk and her husband, Butch, of Plainville; her grandchildren, Jennifer, Julie, Jeff, Katie, Ben, Nicole, Stephanie, and Tiffany; thirteen great-grandchildren; two great-great-grandchildren (with one on the way); her dear friend, Herb; and several nieces, nephews, and extended family. She was predeceased by her brother, Alan Stevens, her daughter-in-law, Linda Coleman, and her son-in-law, Rick Philo.

Family and friends gathered at Bailey Funeral Home, 48 Broad St., Plainville. Words of remembrance were shared during the visitation. Burial was held on Saturday, November 24 at 10:30 AM at Peacedale Cemetery in Bristol.

**~Christina M. Mercer~**



47, loving daughter and friend, of Plainville, passed away peacefully on Saturday, November 24, 2018 at Apple Rehab of Farmington Valley after a courageous battle with cancer. She is now reunited with her father, Robert F. Mercer, who predeceased her in May of 2018.

Christina was born January 8, 1971 in New Britain, daughter to Rose M. (Thibodeau) and the late Robert F. Mercer. She graduated from Saint Paul Catholic High School and furthered her education at Central Connecticut State University, earning her bachelor's degree in Business Management. Christina worked at Legal Source as a staffing coordinator in West Hartford, helping to place people in jobs most suitable for them. She enjoyed various sports and hobbies, including ballooning, ice skating, tennis, and fishing with her relatives in Maine. Above all, Christina loved her family and her animals. She will be dearly missed as her family and friends cherish the memories they have shared with her.

Christina is survived by her mother Rose M. Mercer; her Uncle Ted Thibodeau; and several cousins, extended family members, and a large circle of friends.

Visitation was held on Thursday, November 29, 2018 from Bailey Funeral Home, 48 Broad St., Plainville. A Mass of Christian Burial was celebrated at Our Lady of Mercy Church, 94 Broad St., Plainville. Burial followed in Saint Joseph Cemetery. In memory of Christina, contributions can be made to the American Cancer Society, P.O. Box 22478, Oklahoma City, OK 73123.

**~Barbara "Bobbie" York~**



57, of Bristol, formerly of Plainville, passed away at her home on Monday, November 5, 2018.

Born in Southington on June 26, 1961, she was one of five children to Vivian (Jewett) York of Chester, and the late John D. York. Raised in Plainville,

she was the well-known mischievous tomboy of the neighborhood, who shared many joyous times with her siblings and friends. Barbara was multi-talented artistically, including drawing, writing, and ceramics, sharing her many hand crafted items with family and friends. She was a Pittsburgh Steelers fan, who never missed an episode of The Walking Dead, and though she had a rough exterior at times, she was an animal lover with a generous heart and gave back to those who gave to her whenever there was an opportunity. She will be missed by her family and many dear friends, and is now at peace, reunited with her beloved father.

In addition to her mother, Vivian, she leaves her daughter, Brittany Blackstone; her brothers, Doug York and his wife, JoAnn and John York; her sisters, Kimberly Adams and her husband, Michael and Allison York; her nieces and nephews, Jodi and Buzz Adams, John Douglas York, Christie Welch, Tyler John York, and Danielle Marie York; her great-niece, Summer York and great-nephew, Jeremy Welch. She also leaves many friends, including her dear friend and roommate, Tina Martin and her adored cat, Sammy.

Barbara's family has chosen to celebrate her life privately.

For online expressions of sympathy, please visit [www.PLAINVILLEFUNERALHOME.com](http://www.PLAINVILLEFUNERALHOME.com)

**~Bryan S. Was~**



22, of Plainville, passed away unexpectedly on Friday, October 26, 2018 at the Hospital of Central CT in New Britain.

Bryan was born September 2, 1996 in Farmington, son to Michelle Lee Was. He grew up in Plainville, attended local schools and received his diploma from Plainville High School, class of 2015. His interest in software engineering led him to further his education and take classes at Tunxis Community College. Bryan received his license as a Pharmacy Technician and was employed by Walgreens. Also, he formerly worked at Gulf gas station as a cashier. Bryan had a profound love and appreciation for his family, his friends, and his two cats, Meownaynay and Orkweesha. He was a gentle, kind, smart man, and always the goof ball of his family making it impossible to not crack a laugh with him. His beautiful smile, bright blue eyes and great sense of humor will be deeply missed by his entire family and circle of friends, as they cherish the memories they have shared together with Bryan.

In addition to his mother, who he called "mims", Bryan is survived by his twin brother, David Was, his younger brother, Wil Riccitelli, his grandmother, Lorraine Colagiovanni, his grandfather, Bryan N. Was, his great-grandmothers, Jean Was and Terry Hansen, his aunts and uncles, Carrie and Yogiraj Aradhye and their daughter, Aria, Stacey Mills and Sean Willard and their children, Shawn and Adriana, and Krystal and Jeremy Polito and their children, Jordan, Jayden, and Hailey, and many, many great aunts and uncles, cousins, and extended family.

Services in celebration of Bryan's life were held privately at the convenience of the family. Bailey Funeral Home in Plainville has care of arrangements. Donations in memory of Bryan can be made to the U.S. Pain Foundation, 670 Newfield Street, Suite B, Middletown, CT 06457 or to a local animal shelter of your choice.

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**JESUS, WHO IS HE?**

Some like to think that Jesus was just a good man, a prophet, or a god. Let us take a glance at what the Bible has to say about this Jesus. The angel said to Mary concerning this Jesus in Luke 1:35b – "Therefore also that holy thing which shall be born of thee shall be called the Son of God." The Bible tells us that this Jesus was not just a man, a prophet, or a god; He is the Son of God – God come in the flesh!

An angel told the shepherds in Luke 2:11 – "For Unto you is born this day in the city of David a Savior, who is Christ the Lord." Not only is Jesus God but He is also the Savior. The Bible tells us that we are all sinners (Romans 3:23) and thus we all need the Savior and Jesus Christ is that Savior! Jesus said in John 14:6 – "I am the way, the truth, and the life; no man cometh unto the Father, but by me."

Jesus is the only way to heaven. He is the only Savior of the world. It is critical that we all understand this because eternity in hell or heaven depends on what we do with Jesus Christ. Accept Him today as your personal Savior and receive everlasting life (John 1:12). Reject Him as your personal Savior and receive eternal condemnation from God (John 3:18-19). **The choice is yours. Choose life!**

*Church of the Bible Peter A. Stonis, Missionary Pastor*



# OBITUARIES

## ~ James Corless ~



James Corless, loving husband, devoted father, proud papa, brother, uncle, and friend, died peacefully in his home on Monday, November 19, 2018.

Jim was born on August 27, 1946, and grew up in the Greenpoint section of

Brooklyn. He was the son of Vincent Corless and Loretta Loonie Corless, and the younger brother of Patricia (Corless) Roan. Having grown up in Brooklyn, he held onto his New York pride his entire life. A true student of the world, Jim was always eager to learn. His passion for education led to a Bachelor of Science and a Master of Science in Chemical Engineering from Manhattan College. Later, he graduated from the Physician Associate Program at Yale University. Jim also earned a Master of Science in Biomedical Engineering from the Rensselaer Polytechnic Institute and a Master of Business Administration from the University of Connecticut.

Jim met the love of his life and best friend, Patti McDonald, in February of 1976. Shortly after meeting, they married and moved to Chicago. They traveled back east to permanently settle in Plainville, where they raised three girls, Emily, Annie, and Caitlin. Years later, he welcomed three sons-in-law, Kevin Byam, Ryan Lane, and Tim Burgher, into his family. Jim's life was further enriched by the births of his five amazing grandchildren, Nolan, Charlotte, Cora, Violet, and Hannah.

Jim dearly missed his sister, Patricia Corless Roan, and his great friend and brother-in-law, Jimmy Roan. Jim loved Patti's sister, Phyllis Finnerty, and her husband, Richard; and Patti's late brother, George McDonald, and his wife, Francine. Jim was also blessed with many nephews, nieces, grandnephews, and grandnieces. He had exceptional friends with whom he shared good times and lots of laughs.

A physician assistant for thirty-six years, caring for children was Jim's passion. At work, he was known for his patience, his calm demeanor, his skill, and his kindness. Over the course of his career, he cared for countless newborn babies and children. Jim worked at New Britain General Hospital, Newington Children's Hospital, and the Connecticut Children's Medical Center at Waterbury Hospital.

Jim's interests were as wide as his love was deep. He filled his home with music and song. He enjoyed watching his daughters play soccer and run track, and he was a fan of the New York Yankees. Jim's curious mind made him eager to learn how everything worked. He took on new challenges. He juggled, he cooked, he researched his family's genealogy, and he even attempted to learn to ride a unicycle. He liked eating at diners and food trucks, and he enjoyed sampling the foods of other countries. He was a man of many hobbies and passions, but above all things, Jim loved spending time with his family and friends.

Jim's family wishes to thank the staff and volunteers of the Hartford Healthcare Cancer Institute in New Britain and the Hartford HealthCare at Home Hospice Care for the support and care he received.

In lieu of flowers, donations in memory of Jim can be made to the Connecticut

Children's Medical Center Foundation, 282 Washington St., Hartford, CT 06106 or [www.connecticutchildrensfoundation.org](http://www.connecticutchildrensfoundation.org)

A Mass of Christian Burial in celebration of Jim's life was held at Saint Patrick-Saint Anthony Church, 285 Church St., Hartford. For online expressions of sympathy, please visit [www.PLAINVILLEFUNERALHOME.com](http://www.PLAINVILLEFUNERALHOME.com)

## ~Audrey M. (Melbourne) Lewis~



81, of Plainville passed away on Friday November 2, 2018 at the Atrium of Rocky Hill. She was the loving wife of the late George N. Lewis. Audrey and George were married on August 4, 1956.

Audrey was born February 26, 1937 in North Haven, a daughter of the late James Westcott Melbourne and Sara Dorothy (Harvey) Melbourne and was a longtime Plainville resident. She was a graduate of Hillhouse High School in New Haven and attended Central Connecticut State University. Audrey had worked as a programmer for Aetna Insurance, retiring after many years of service. She was a member of the Order of the Eastern Star, Frederica Chapter #110 of Plainville as well as the Plainville Choral Society. Audrey enjoyed arts and crafts, needlepoint and was an avid card player, who excelled at Bridge. She loved traveling with her husband George and they had many adventures together. But mostly, Audrey loved spending time with her family at their Cape Cod home, fishing and clamming with her grandchildren. Audrey was a longtime and active member of the Congregational Church of Plainville, U.C.C.

Audrey leaves her sons, Craig H. Lewis of Bristol and Dwight N. Lewis of Burlington, her brother, James Westcott Melbourne, Jr. of Florida and her grandchildren, Christine Lynn Lewis, Melissa Sue Lewis, Steven Donald Lewis and Caitlin Rose Lewis.

Family and friends gathered at the Bailey Funeral Home in Plainville. Members of the Order of the Eastern Star, Frederica Chapter #110 of Plainville gathered at the funeral home a memorial service in celebration of Audrey's life was held. at the Congregational Church of Plainville, U.C.C. 130 West Main Street. Burial in Eastside Cemetery in Woodbridge will be held privately. In lieu of flowers memorial contributions in Audrey's name may be made to the Alzheimer's Association Connecticut Chapter 200 Executive Blvd Suite #4B Southington, CT 06489.

## BURIAL RIGHTS FOR ST. JOSEPH CEMETERY IN PLAINVILLE

If you have a grave plot in the cemetery, please contact the Cemetery Office at 860.747.6825 to name the person who will have burial rights of your plot after you pass. At St. Joseph Cemetery we allow three cremains to be buried on top of a full body in one 4' x 8' grave. We need on file who will have the rights to make those decisions. We will be happy to answer any questions you may have regarding this subject.

## ~Celia M. Rodriguez ~



It is with immeasurable sadness, we share the passing of our beloved mother, grandmother, and "Angel," Celia M. Rodriguez. Celia, a long-time Plainville resident, fell into eternal sleep

peacefully at home on Tuesday morning, surrounded by her loving and adoring family.

Celia worked many years at Marlin Rockwell and then Honeywell, from where she eventually retired. She loved to walk and could often be seen befriending the neighborhood dogs along her route. For many years, Celia also enjoyed exercising with her 'Curves girls,' Brenda, Julie, Jean and Lisa.

At their place of residence, long-time companion Richard V. Jakubauskas, and Ma, better known as Namie to her grandchildren, spent many hours gardening, feeding the birds, squirrels, and chipmunks, and binge-watching their favorite TV shows cozied up in their 'his and hers' chairs. Cooking was one of the many ways Ma selflessly nurtured her loved ones, passing on traditional family recipes to her children and grandchildren. More than anything, her greatest joy and love was the time spent with her devoted family and friends.

Along with her youthful, baby-soft skin and unparalleled jagacida recipe, Celia will be remembered for striking a pose, her great wittiness, sense of humor, and favorite saying, "You're not the boss of me!"

The youngest of ten children, Celia was born and raised in Middleboro, MA to Avelino Gomes, Sr. from Fogo, Cape Verde and Emma (Cabral) Gomes of São Miguel, Azores, Portugal.

Celia leaves behind her companion, Richard; four children and their families: John J. Rodriguez Jr. and wife Stasia of New Britain, CT; Linda Rodrigues of Boston, MA; Robin Crispino and husband Jerry of Southington, CT; and Rene (Nikki) Rodriguez and husband Jon Reininga of Maplewood, NJ; eight grandchildren: Nicole (Rodriguez) Fenix, Joshua Rodriguez, Ashley Hutson, Jeremy Crispino, Jessica Crispino, Erin Reininga, Tyler Reininga, and Emma Reininga; and one great-grandchild: Orianna Fenix. Celia is also survived by three siblings: Helen Roby of New Britain, CT; Arthur Gomes of Sacramento, CA; and Geraldine Gonsalves of Middleboro, MA, and many nieces and nephews. She is preceded in death by her parents, six siblings, and former husband John (Sonny) J. Rodriguez, Sr.

At Celia's request, there will be no calling hours or funeral service. She asks that in lieu of flowers, donations be made to the Plainville Community Food Pantry, 54 So Canal Street, Plainville 06062; and Connecticut Humane Society, 701 Russell Road, Newington, CT 06111.

The family sends their sincerest and most heartfelt gratitude to Trinity Hospice for their care and compassion; Carolyn Brodgerski for her music therapy (Mountain Dulcimer); and Smilow Cancer Hospital at St. Francis, Medical Oncology Team, Pulmonary Department and the entire staff for their support, smiles, and laughter.



# OBITUARIES

## ~Patricia A. (Mayock) Chambrello~



Patricia A. (Mayock) Chambrello, 87, of Plainville, passed away peacefully on November 14, 2018 at Touchpoints at Farmington. She is now reunited with her loving husband, Michael R. Chambrello, who predeceased her in 2014. Together they shared 61 loving years of marriage. Patricia was born September 27, 1931 in Hartford, daughter to the late John and Catherine (Tobin) Mayock. She married the love of her life, Michael, shortly upon his honorable discharge from the US Navy and they settled in Plainville. Here they raised their five children and acquired, renovated and expanded Pinnacle Rock Farm, creating a comfortable home for their children and grandchildren to enjoy. She took pride in watching her children and grandchildren grow and embark on their own life's journey. Patricia was a proud homemaker and loved hosting gatherings in her home; whether it be a holiday, a party, or a Sunday supper, everyone was warmly welcomed to join. It was in her nature to care for others and bring them joy, as she visited with friends or family often times when they were sick, lonely, or needed companionship, with a hot bowl of chicken soup or a savory homemade cheesecake. Patricia was proud of her Irish heritage and was active in the Our Lady of Mercy Parish, particularly the Ladies Guild. She was a lovely lady who will be dearly missed by her family.

She leaves her children, Patricia Rossignol and her husband, Donald, of Plainville, Suzanne Moffett and her husband, John, of Berlin, Michael and his wife,

Denise, of Southington, Jeffrey and his wife, Laurie, of Marietta, GA, and Daniel, of Southington; her adored grandchildren, Scott Rossignol and his wife, Kati, Stacey Mahoney and her husband, James, Amy Rossignol, Jill Moffett, Colleen Mals and her husband, Gerald, Laura Siligato and her husband, Stephen, Michael Chambrello IV, Joseph and his wife, Cara, Rachele, Elaina, Kourtney and her husband, Justin Mangan, Amanda, Carly and her husband, David Prokupek, Coby, Allie, and Tyler Chambrello; and her great-grandchildren, who always brought a smile to her face, Caden and Ella Rossignol, Emma and Julia Mahoney, Lucy, John, and Holly Mals, and Quinn and Ellie Siligato. She leaves many nieces and nephews, and was predeceased by her six siblings.

Funeral services in celebration of Patricia's life were held on November 19 from Bailey Funeral Home, 48 Broad St, Plainville, followed by a Mass of Christian Burial at Our Lady of Mercy Church, 94 Broad St, Plainville. Committal services followed at St. Joseph Cemetery, Plainville. In lieu of flowers, Patricia may be remembered with contributions to the Petit Family Foundation, PO Box 310, Plainville or the St. Jude's Children's Hospital, 501 St Jude Place Memphis, TN 38105.

## ~William Allen Claffey, Sr., ~



70, of Plainville, passed away Thursday, November 1, 2018 at Hartford Hospital.

William was born April 5, 1948 in Hartford, a son of the late William A. and Doris (Greenier) Claffey. He was a graduate of Plainville High

School and had been employed by Fafnir Bearing, Apex Machine Tool and EDAC Technologies until his retirement. William loved the outdoors and was

an avid fisherman and enjoyed hunting. He also enjoyed watching movies. William was a life-long communicant of Our Lady of Mercy Church.

He leaves his daughters, Sarah Claffey of Moodus and Elizabeth Claffey-Jones and her husband John of Burlington, his son, William Claffey, Jr. and his wife Amy of Old Saybrook, his sisters, Arlene Anderson of Florida, Marsha Badal of Burlington and Debra Marek of Southington, his grandchildren, Christina Claffey, Michael Dorsey, Joshua Jones, Devin Jones, William Claffey and Henry Claffey and many nieces and nephews. He was predeceased by his daughter Kelly Claffey and his brother John Loftquist.

A Memorial Mass in celebration of William's life was Saturday, November 17, 2018 at Our Lady of Mercy Church 94 Broad Street in Plainville. There were no calling hours. Memorial contributions may be made to the American Cancer Society 825 Brook Street Rocky Hill, CT 06067 or to the Alzheimer's Association Connecticut Chapter 200 Executive Blvd S #4B Southington, CT 06489. The Bailey Funeral Home 48 Broad Street in Plainville has care of arrangements. For additional information or to leave words of sympathy please visit William's tribute page at [www.BAILEY-FUNERALHOME.com](http://www.BAILEY-FUNERALHOME.com).



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