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To Our Readers & Sponsors:

Due to the Coronavirus pandemic, we have to make a few changes in the way we live, work and play.

Here at our all-volunteer newspaper we had to make a few changes for this April edition to cover the cost of printing and mailing the Home town Connection to everyone. in Plainville.

With the uncertainty of the business climate in this pandemic it is our hope that we will all survive health-wise and business-wise. To enable us to print our full 40 pages for the May issue, we would truly appreciate it is our sponsors and advertisers could call 860-747-4119 or email: hmtnn@comcast.net to send us an article about your business or profession and/or place an ad. We are here to serve you!

**Thank You for All Your Support!!
Enjoy a Happy and Healthy Easter!!**

Helen Bergenty, President
Plainville Community News,
Publisher of the Plainville Hometown Connection



Webster's 11 New Riverside University Dictionary

Corona

A faintly colored luminous ring around a celestial body visible through a haze or thin cloud, esp. such a ring around the moon or sun, caused by diffraction of light from suspended matter in the intervening medium.

Virus

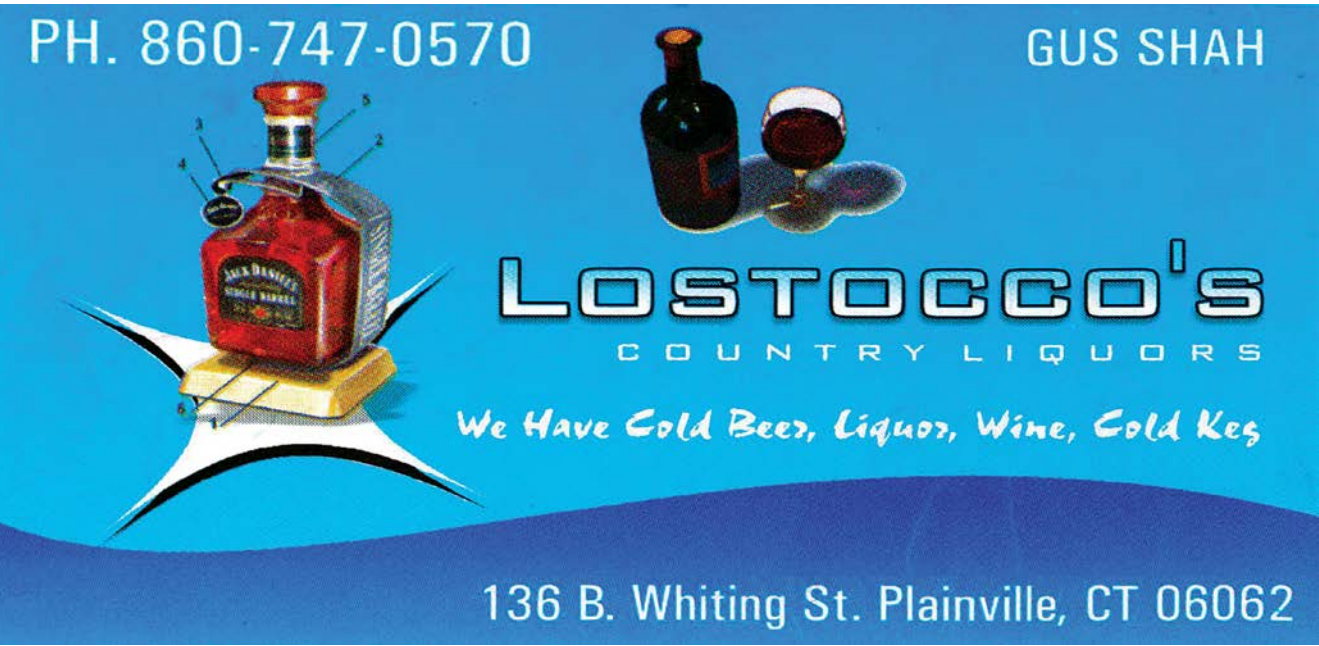
Any of various submicroscopic pathogens composed essentially of a core of single nucleic acid enclised by a protein coat, able to replicate only within a living cell.

Coronavirus has been renamed COVI-19*

(We have no idea who or why the name was changed. Perhaps someone was afraid of a law suit or whatever???)



PH. 860-747-0570 GUS SHAH



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UBI Federal Credit Union Provides Lending Solutions to Consumers Far Ahead of What You See From Other Financial Institutions in the Marketplace!

By: CEO/President Stuart R. Phillips

Our goal was to offer specialty lending products that would help out a majority of people in most of their lending situations. For example: Why should a couple find themselves at the 11th hour of a mortgage closing, come to the discovery of numerous fees tied to due process of attaining or refinancing their home mortgage? At UBI FCU, our "Fast Trac" program takes the guessing of fees completely out of the equation. There are none!

As we are approaching our spring season, homeowners attend home shows or other avenues to learn more about that specific home improvement "wish list". However, when they turn to the ways that they can finance their project, they're quickly in a tight corner with very few options to borrow. So, we put a lot of time into our framework of home improvement loan options. "Options" that our members discover to lower in cost, loan coverage for greater funding amounts needed, and a few programs that eliminate the need to secure a lien

of property. Not a member now, no problem! We'll sign you up in a hurry. It's a great thing that we are "open to the public".

Like boating? There is a lot of boaters floating around out there. At UBI FCU, we thought it best to become one of the premier leaders in marine financing throughout Connecticut. Marine lending programs can be a bit more complicated than the vehicle lending industry. We take the "difficult part" out of the borrowing equation and keep our boating members very satisfied with low cost fixed rate program.

The list goes on for what we provide best in the arena of car loans, credit cards, and personal loans. We have a great staff at UBI FCU who are prepared and ready to show you the differences you need to know now.

UBI

*A Community Federal Credit Union
120 Woodford Ave. Plainville
860-351-5299*

2020 Memorial Day Parade Monday, May 25th

The Parade Committee hope to make this years parade "The Biggest and Best Ever" This could be done with everyone's HELP! If you belong to a Club, Association, Church, or any Organization committee we need you to participate. If you don't belong to any of the above, but have an idea that the citizens of Plainville would appreciate, Call Dave Dudek, Chairman of the Parade, 860-559-1860

Business Owners are also Welcome!

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Happy Easter & Stay Safe!!

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MikesAutoPlainville.com

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132 East Street, Plainville, CT

This paper is published monthly as a service to the citizens of Plainville, Connecticut by Plainville Community News, Inc. It is a non-profit, 501C, all volunteer group of residents who are interested in informing our citizens of community activities and local news.

~ ADVERTISING ~

To place your advertisement contact us:
TEL: (860) 747-4119

FAX: (860)747-0042
SUBMISSIONS:
Postal Address

Plainville Community News, Inc.
27 Sherman Street
Plainville, CT 06062-0387

EMAIL: hmtnn@comcast.net
OUR WEBSITE: Complete Paper

www.plainvilleshometownconnection.com

All contributions, news items and advertisements may be dropped off in the box at 27 Sherman Street or sent to the above email address.

~ ADVERTISING ~

Business Card Ads \$25.00

to place your Business Card ad, just e-mail it to us & we will send you an invoice OR.....for Display Ads and Rates Call: 860-747-4119
Dolly Chamberlin, Deb Hardy, Laurie Peterson
Ray Cormier or Helen Bergenty

Deadline for submission is the 15th of every month. Call us for a quote on your special advertisements. Tabloid Size Paper (11 x 17).

Printed 10 times a year.

Each issue is mailed FREE to every Plainville household & business. Circulation is 9,500.

NEXT ISSUE WILL BE

MAY DEADLINE IS:

APRIL 15th

Happy Easter!!

Do you have a family member or friend in the Armed Service?

Did you know that they could receive the Hometown Connection FREE each month?

Just e-mail their name and address to:

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or Mail to:

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27 Sherman Street Plainville, CT 06062

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Plainville Property Transfers

51 Burnside Ave: Barry E. Thomasen of Plainville to William K. and Donna S. Thomasen, \$120,000 on 2/10/2020

33 Cleveland St: Helen S. Berarducci of Plainville to Peter P. Berarducci, \$250,378 on 2/11/2020

58 Hillside Ave: Anthony J. Hattwig RET and Anthony J. Hattwig of Plainville to Hillside Avenue Realty, \$130,000 on 2/7/2020

Mancini Way: Joseph C. and Rose M. Ciccio of Plainville to John J. and Yola Noga, \$110,000 on 2/10/2020

171 N Washington St: Susan Kassey of Plainville to Maria C. Gonzalez-Ruiz, \$105,000 on 2/10/2020

38 Sandstone Rd Unit38: Carrier Holdings LLC of Plainville to Lisa M. and Llisa M. Giampaolo, \$367,242 on 2/12/2020

38 Diamond Ave: US Bank NA Tr of Plainville to Jeffrey Hayden, \$97,500 on 2/18/2020

20 Johnson Ave: FNMA of Plainville to Steven J. Santacroce, \$89,000 on 2/19/2020

39 Willis Ave: Matthews Emma W Est and James Robertson of Plainville to Tedesco Holdings LLC, \$137,500 on 2/20/2020

19 Cody Ave Unit B5: Corinne P. Bosse of Plainville to Stephanie Carlson, \$114,000 on 2/24/2020

103 Farmington Ave: Joanne B. Leahy of Plainville to Shaila Akter and Hamzar A. Sharder, \$229,200 on 2/21/2020

190 Tomlinson Ave Unit 4e: Dorothy Parlow of Plainville to Jessica D. Blier, \$133,900 on 2/25/2020

49 Winter St: Stephan J. Miller of Plainville to Pasquale J. Caruso, \$170,000 on 2/26/2020

251 Woodford Ave: Paul Stansel of Plainville to 251 Woodford Avenue LLC \$100,000 on 2/27/2020

114 E. Main St: Carmine and Mary L. Castiglione of Plainville to Champs Ct LLC, \$235,000 on 3/2/2020

354 East St: BTF Realty LLC of Plainville to Arnold Assets CT LLC, \$1,610,000 on 3/3/2020

66 Hollyberry Ln: Richard G. and Roseann Szmeyer of Plainville to Jason and Sarah M. McDonnell, \$322,000 on 3/5/2020

15 W. Pine Way Unit 25: Walter R. and Mary M. Maxwell of Plainville to Nicholas R. and Elisabeth E. Spratto, \$274,000 on 3/2/2020

71 White Oak Ave Unit C4: Klewcki Cherie A Est and Joseph E. Klewcki of Plainville to Andrzej and Renata Kusy, \$112,000 on 3/5/2020

24 Beckwith Dr: Jesse M. Belanger of Plainville to Rosemary Zukowski and Christopher Patterson, \$162,500 on 3/12/2020

8 Timber Ln: 201907 Wy 26 LLC of Plainville to Scott J. McIntyre, \$300,000 on 3/12/2020

Transfer Station

From the Desk of : Dominick Moschini

The Transfer Station on Granger Lane will be open for the season on Saturday, April 4, 2020.

The hours of operation are 8:00 AM to 3:00 PM. SATURDAY'S ONLY.

Plainville residents must show identification.

There is a fee for disposal. If you have any questions, please call Public Works at 860-793-0221 ext. 208

Following the guidelines of the Plainville – Southington Health District and the Town of Plainville

The Senior Center is closed effective March 17, 2020, for two weeks and will evaluate re-opening on an on-going basis.

Senior Center Staff, including Social Worker, Stephanie Soucy, will be available Monday (9:00 a.m. – 6:00 p.m.), Tuesday, Wednesday and Thursday (9:00 a.m. – 5:00 p.m.) and Friday (9:00 a.m. – 1:00 p.m.) by phone (860-747-5728) and at the Center by appointment.

All classes, activities, events, trips and PEAK Fitness Center have been cancelled as well for two weeks. The nurse will be available for her scheduled appointments for footcare, ear cleaning and tests. Please call 860-747-5728 to cancel.

Dial-A-Ride is running mornings only to non-emergency medical appointments, grocery shopping, banks and pharmacies. If you wish to make an appointment for a ride, call 860-589-6968.

Meals on Wheels will continue to be delivered by CW Resources and Senior Center Staff and volunteers.

Please call the Senior Center at 860-747-5728 if you have any questions or concerns.

Ronda Guberman, Assistant Director
200 East Street
Plainville, CT 06062
860-747-9343 (fax)
Guberman@plainville-ct.gov



PLAINVILLE CHAMBER OF COMMERCE

Due to Government Guidelines, we have had to reschedule our events. They are as follows:

Comedy Show, May 9th at VFW, tickets available

Pizza Feud, Oct 7th at VFW

Annual Dinner, August 26th at VFW

Annual Golf Tournament September 28th at Tunxis Plantation

Thank you to the VFW for all your help in accommodating our new dates. And to all our Chamber Members for their support and patience in these crazy times...

Please don't hesitate to call or email any concerns to 860-747-6867 or info@plainvillechamber.com

The Plainville Chamber of Commerce

Thinking about starting a business? Contact: The Economic Development Commissioners For Assistance 860-793-0221 ext. 210

Dates to Remember in April

Palm Sunday the 5th

Wed. 8th Passover Begins

Good Friday the 10th

Easter Sunday the 12th

Thurs. 23rd New Moon

Remember.....

Your Anniversary & Spouse's Birthday!

Take a peek...



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Recovery Bridge Loans for Small Businesses

The following information was provided by the Connecticut Department of Economic and Community Development on a 0% interest loan program for small businesses and nonprofits with under 100 employees.

Overview

To provide emergency cash flow relief to small businesses and nonprofits negatively impacted by the coronavirus, Connecticut is now offering qualifying organizations with 100 or fewer employees access to no-interest loans.

Under the Connecticut Recovery Bridge Loan program, a qualifying business or nonprofit organization can apply for a loan of up to \$75,000 or three months of operating expenses (whichever is lesser).

This \$25 million short-term emergency loan program will be allocated on a first-come, first-served basis. The program will be administered by the Department of Economic and Community Development (DECD) and expedited with the administrative and underwriting support of Connecticut Innovations.

Eligibility

To be considered for this program, your business or nonprofit must:

- Have no more than 100 employees
- Be in good standing with the Department of Revenue Services (DRS) & DECD
- Have been profitable prior to March 10, 2020— with no adverse personal credit reports 60 days past due the past six months

Not be involved in real estate, multi-level marketing, adult entertainment, cannabis or firearms; nor be a state elected public official or state employee

Terms & Conditions

- Loan maximum of (a) \$75,000 or (b) three months operating expenses, whichever is less
- 0% interest rate
- 12-month term, with 6-month extension available per request
- Freely pre-payable
- Working capital loan

Personal guarantee and credit score required.

How to Apply

To apply for the Connecticut Recovery Bridge Loan Program, applicants must complete an application.

The following information will also be required:

- Project Financing Plan & Budget
- 2019 Income Statement (or) Profit and Loss Statement
- Internal Financial Statements (YTD)
- 3-month projected cash flow, demonstrating need
- Summary of adverse economic impact resulting from COVID-19
- Recent credit score report
- Applicant Structure Documents
- Personal Financial Statement
- Ownership Breakdown
- DRS Letter of Good Standing
- Program Process

Upon completing the application and obtaining the required documentation, organizations can submit the information online, via email to decctrecovery@ct.gov.

After the underwriting and due diligence process, if your loan application is approved DECD will:

- Issue a Letter of Intent, outlining the loan amount and terms
 - Work with you to execute a Standard Assistance Agreement
 - Ask you to complete ACH paperwork so that funds can be transferred by wire.
- For details on the application process, please: View Frequently Asked Questions Contact For additional information or questions, contact the Express Hotline at (860) 500-2333 or via email at decctrecovery@ct.gov. Email preferred due to high volume on phone lines.

For more information on the governor's executive orders and who they affect visit ctsenaterepublicans.com/coronavirus-resources.

For more general information and questions about COVID-19 visit ct.gov/coronavirus

- CT Senate Republicans Facebook
- CT Senate Republicans Twitter
- CT Senate Republicans Website
- CT Senate Republicans Instagram

Sent by:

State Senator Len Fasano
300 Capitol Avenue
Hartford, CT 06106
Phone: 1-800-842-1421

The Accordion in America

by: Cassandra Clark

On March 5, 2020, many Plainville residents enjoyed the program The Accordion in America, Where It's Been, What It's Done & Where It's Going presented by CAA Orchestra Conductor, Peter Peluso, at the Plainville Public Library. From the birth of the instrument in Vienna to the modern-day orchestra arrangements, Peluso brought the accordion to life. Because instrument has been manufactured largely in Italy, it is no wonder that the music and artist in America have been Italian in background. Peluso played beautifully the works of Guido Diero, Pietro Frosini, Pietro Diero and Charles Magnante. Memories of the Ed Sullivan Show were brought back as Dick Contino's Lady of Spain was performed. Then Peluso played the Clarinet Polka by Myron Floren who spent 26 years performing on the Lawrence Welk Show. In order to keep the accordion current in American music, Peluso explained the audience had to shift. Elsie Bennett not only played the instrument but worked tirelessly to commission composers to write orchestra pieces. A break came when Robert Russell Bennett, known best for his association with Rogers & Hammerstein, composed Noctourne #4. The accordion still plays key



roles in performances today. Guy Klucevsek performed Danny Boy at President Bush's funeral. Among other pieces, those present were able to hear Klucevsek's piece Ratatatatouille performed by Peluso. For those interested in more information about the accordion, Peluso suggested the CT Accordion Association at www.ctaccordion.com and the American Accordionist Society at www.ameraccord.com. Also, worth noting is the Connecticut Accordion Museum in Canaan, CT, which offers tours by appointment. The next CAA Event will be on April 4, 2020 at the Cheshire Public Library.



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NOTARY PUBLIC

****KATHY PUGLIESE****

860-681-2645

Budget Message

By: *Kathy Pugliese, Chair*

Plainville Town Council

Monday, March 16, 2020

This past week has changed the course of our daily lives in a stark and dramatic fashion. Families, healthcare, business and our culture are adjusting, sometimes hourly, to a reality most have never encountered.

As a response to the Corona virus assault across the globe, I am committed to supporting a budget that protects vital services without creating a financial burden for our taxpayers which includes both private citizens and businesses. Therefore, I propose a zero mill increase for fiscal year 2020-2021. The town Manager's proposed budget reflects a .68 mill increase. This is a small change which I am fully confident can be eliminated without harm. I am certain such a proposed budget will pass at the first all day budget vote on April 28th thereby eliminating additional

requirements for people to gather and participate in voting.

It is my firm belief this increase can and should be lowered to protect our community as much as we can. This adjustment can be accomplished with changes to both our revenue outlook as well as our expenditures. My opinion is based on the unknown yet probable severe impact the economy will experience which includes job losses, business closures and negative effects on retirement plans that are tied to the stock market performance. As recent as today, financial experts are expecting a recession. This will continue to lead to future instability across all financial sectors.

I appeal to the Town Manager, Superintendent of School and my fellow Council members to support this plan of action as we come together as a community and do everything in our power to alleviate any further pressure on our taxpayers. Taking care of our children, elderly and all who will be affected by these circumstances is our duty and obligation as leaders of the Plainville community.

Concluding Remarks by:

Robert Lee, Town Manager

FY 21 Proposed Budget Presentation

March 2, 2020

In conclusion – this proposed budget is a blueprint for how the Town will provide services to our citizens in the next fiscal year. The services are provided by dedicated town and school employees.

These services include:

The Education of our younger generation – the next leaders of our communityProvide Public Safety to our citizens through the Police Department, the Volunteer Fire Department and our Emergency Preparedness Department**Provide services for our senior citizens including transportation opportunities**Develop and maintain our parks**Provide a free public library. **Provide for trash and recycling collection**Fix our roads and plow the snow during the winter season**Provide animal control services**Provide building inspection and Fire Marshal services**Provide Youth Service counseling as well as social services for those in need**Provide recreational opportunities for all residents**Provide for sewer disposal**Maintain the Town and School Buildings *(I am particularly proud of our accomplishments to maintain and improve all these facilities)**Preserve our history and vital records**Plan for future development of our Town**Provide Health Services including inspections of our restaurants and food establishments**And – yes – pick up our leaves in the Fall every year.*



Dreaming of Spring

Sally Miller

I woke this morning and I wished for Spring and I also wished for our lives to be as simple as they were last year at this time..



Isolation for individuals can be daunting during this time of stress and anxiety. I wish for the magic of spring as I remember how we used to communicate years ago.

We spoke on the phone, sometimes a party line, we wrote letters to one another, visited each other and took care of each other. Now is the time to look after and take care of one another even if from a distance. When a neighbor was sick, we placed a basket of flowers and maybe soup on their doorstep.

Maybe we have come back to that way of living during the crisis we are in. In this time of darkness. I am sitting and waiting for the earth to wake up and show it's colors to make me feel good. I want to watch the cardinals move from tree to tree showing off their brilliant colors to each other as they fly past beautiful robins on their runway of fashion colors.

The other day, I went for a ride to the lake and couldn't find a parking space, so I went to the park, same thing.

People are getting back to nature just because there is nowhere else to go

As I sat in the park, I imagined spring in my mind. The trees budding and realizing that they will soon begin to show their beautiful green leaves. The branches with new leaves will reach out as if they are yawning and stretching after a long wonderful nap.

The glorious colors of spring will make us smile with delight. Crocus will push their way to the top of the earth and say, "here I am world", I may be small but I am here and I am beautiful; daffodils will populate areas to show off their glorious color."

If flowers were human they would be singing beautifully as they begin to populate the gardens like a choir with their robes of vibrant and luscious colors. Varieties of birds will join in to elevate the symphony as the earth's orchestra begins to get louder and louder.

The bright spring sun will rest its light on the pussy willows and the forsythia will adorn the gardens with a sunshine yellow blooms. I yearn for the smell of spring as the delicious perfume of spring rain and flowers wafts through open windows. I dream of spring, planting new flowers seeing friends in the neighborhood begin to gather just as the flowers have begun to gather in gardens.

So now in my isolation due to the virus, I know I will have a wonderful window of glorious sights in a few days or weeks. In the meantime, I will call a friend and try and bring sunshine and bright colors into their life.

Happy Springtime!

Be Safe!

This is a long list of services and, in some instances, are taken for granted. I believe and continue to maintain that the services provided by Town and School employees are top-notch and that our residents (as the saying goes) get a "good bang for their buck". This budget is intended to maintain the current services provided to our taxpayers.

And yes – all these services come with a price tag. The proposed price tag for next year is \$63.1M. But these services also provide a quality of life that maintains property values. And while it is true that taxes – especially property taxes – are relatively high in comparison to other areas of the U.S. – it is more a State policy issue and not the way that we do business in Plainville.

Plainville has been very efficient in how we have spent taxpayer dollars. As pointed out earlier in the presentation — over the last ten years – the total town budget has had an average increase of 1.82%. Additionally - In the last four years alone the increase to the Town budget has been **LESS THAN THE RATE OF INFLATION**. In fact, the Mill rate increases over the last four years (including the proposed FY21 Budget) has been basically mirrored the inflation rate.

I am very proud of these accomplishments and I am very proud of all the Town and School employees who work diligently day in and day out for the residents of Plainville.

I look forward to working with the Town Council in crafting a budget that will provide the necessary services that our residents demand and deserve in an efficient and effective manner.

All the information presented this evening will be posted on the Town website first thing tomorrow morning.

Congresswoman Johana Hayes Staff



Pictured at the Municipal Center: Kayla Briere, Director of Constituent Services and Madeline Farrell.

Congresswoman's staff met on March 10th between 1:00PM AND 4:00 PM at Plainville Municipal Center to help communicating with a federal agency.

As your Congresswoman, I am committed to making sure you are aware of the resources available through my casework department.

But remember - you can come into our Waterbury office at any time, Monday through Friday, 9-5 PM! You can also speak to one of my caseworkers over the phone by calling (860) 223-8412. My staff is looking forward to meeting you.

Johana Hayes

THE TEA PARTY CREED...

"I am not a racist, I am not violent I will not be silent"

Pd. for by:

The members of the Tea Party

Chamber 112th~ANNUAL AWARDS DINNER ~ Wednesday, August 26 at VFW Post 574

5:30 Cocktails & Hors d'oeuvres, ~ 6:30 Buffet Dinner, Coffee & Dessert ~ 7:00 Awards Presentation

Cash Bar, 50/50 ~ Raffle Entertainment by BBPRO ~**Presentation of Awards**

"2020 Business of the Year"~ LaQuerre Audi, LLC: - Ryan LaQuerre and Michael Audi

"Distinguished Community Leadership"- Mr.&Mrs. William & Barbara Petit, Sr.

"Distinguished Women in Business 466 Salon and Spa

Beautification Award: Flipping and Stones- Marco Palermo and Gabriel Maldonado

Non-Profit of the Year -VFW Post 574: Bob Beveridge

"Distinguished Family in Business"- Northeast Produce, Inc. - Lisa and Michael Meininkaitis, Joseph and Felicia Ruffini

"Community Volunter" Kevin Connellan, Physical Therapy & Sports Medicine Centers



STATE REPRESENTATIVE
William A. Petit Jr.
 22ND GENERAL ASSEMBLY DISTRICT
 Plainville, New Britain

Dear Friends,

Last week, Governor Ned Lamont announced that his administration would be closing "non-essential" businesses as part of the strategy to help stop the spread of COVID-19. The executive order goes into effect tonight, Monday, March 23, at 8:00 p.m.

Late Sunday, state economic development officials released guidance designed to give business owners, their employees, and residents a better understanding of the requested closures. Click here to read the full document.

According to the guidelines, here are examples of businesses that will remain open:

- Pharmacies
- Grocery Stores
- Gas Stations
- Restaurants (take out only)
- Banks and Financial Services
- Farmer's Markets
- Food Banks

Many other business types are also considered essential; please review the full order for more information.

There is a process that will allow business owners to file for an exemption from the order.

The Small Business Owner's Guide to the CARES Act

The programs and initiatives in the Coronavirus Aid, Relief, and Economic Security (CARES) Act that was just passed by Congress are intended to assist business owners with whatever needs they have right now. When implemented, there will be many new resources available for small businesses, as well as certain non-profits and other employers. This guide provides information about the major programs and initiatives that will soon be available from the Small Business Administration (SBA) to address these needs, as well as some additional tax provisions that are outside the scope of SBA.

To keep up to date on when these programs become available, please stay in contact with your local Small Business Administration (SBA) District Office, Struggling to get started? The following questions might help point you in the right direction. Do you need:

- Capital to cover the cost of retaining employees? Then the Paycheck Protection Program might be right for you.
- A quick infusion of a smaller amount of cash to cover you right now? You might want to look into an Emergency Economic Injury Grant.
- To ease your fears about keeping up with payments on your current or potential SBA loan? The Small Business Debt Relief Program could help.
- Just some quality, free counseling to help you navigate this uncertain economic time? The resource partners might be your best bet.

What types of businesses and entities are eligible for a PPP loan?

Answer:

- Businesses and entities must have been in operation on February 15, 2020.
- Small business concerns, as well as any business concern, a 501(c)(3) nonprofit organization, a 501(c)(19) veterans organization, or Tribal business concern described in section 31(b)(2)(C) that has fewer than 500 employees,
- Individuals who operate a sole proprietorship or as an independent contractor and eligible self-employed individuals.
- Any business concern that employs not more than 500 employees per physical location of the business concern and that is assigned a NAICS code beginning with 72, for which the affiliation rules are waived.
- Affiliation rules are also waived for any business concern operating as a franchise that is assigned a franchise identifier code by the Administration, and company that receives funding through a Small Business Investment Company. (Excerpts of release about CARES ACT 3/27/2020)

As always, if you have questions that are not answered by those resources, please reach out to me at william.petit@housegop.ct.gov. Stay safe and healthy!

Sincerely,

State Representative William A. Petit Jr.

860-240-8700 / 800-842-1423

www.reppetit.com

william.petit@housegop.ct.gov

Postponed - Stay Safe and Healthy

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 Representative William Petit, Jr.

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Henri.Martin@cga.ct.gov

Dear Friends and Neighbors,

I want to take a moment to let you know that Coffee and Conversation TOMORROW and on TUESDAY, APRIL 21 is POSTPONED due to the coronavirus (COVID-19).

Senator Henri Martin and I will be in touch with you in the near future as to when our next Coffee and Conversation legislative event will be.

As always, if you have additional questions or concerns please email me at William.Petit@housegop.ct.gov. You can also follow my legislative activity on my website at www.reppetit.com or on Facebook at www.facebook.com/RepPetit.

William A. Petit Jr.

State Representative 22nd District – Plainville and New Britain

Plainville Funeral Home Welcomes Paul Belval as Funeral Director

Paul Belval has joined Plainville Funeral Home as Funeral Director while specializing in advanced planning. Mr. Belval began his career in funeral service in 1988. He worked for Alderson, Mulville & Slater Funeral Home until 2011, at which time he joined Carriage Services and began working in Plainville. Paul brings to Plainville Funeral Home a wealth of knowledge of the funeral profession and almost a decade of experience serving residents of Plainville



and the local area. Andrea Wasley, owner and funeral director of Plainville Funeral Home said "When the time arrived to add a second funeral director, I knew Paul was the right person not only for Plainville Funeral Home but for our community." "Having worked with Andrea in the past, the decision was quite simple when the opportunity to join Plainville Funeral Home was presented. I'm very happy to be able to continue to work with the people of Plainville and for a family owned funeral home."

said Belval. "Plainville Funeral Home is a premiere facility with a dedicated staff, and I am ecstatic to be a part of and add to what Andrea has created." concluded Belval. Mr. Belval attended Mount Ida College in Newton, Ma. and graduated with a degree in funeral service management. He resides in Waterbury, Ct. and has two sons, Matthew and Ryan. Please visit www.PlainvilleFuneralHome.com or call (860) 747-8100 for more information.

Oranges not Toilet Paper

I'm writing this shortly after the Coronavirus was named a pandemic and the President declared a National Emergency. Scary times. I hope by the time this is published; we are well on our way to having this situation under control.

It's a bit eerie to have little activities happening outside of the home. My dog Cooper is over the top happy and is taking advantage of more belly rubs, treats and walks.

In a world where we are constantly reminded to reduce time on social media; right now, it provides a welcome window to what is going on with friends, our community and the world. It's comforting to hear the Italians singing and laughing from their balconies. Tom Hanks reminds us that "there is no crying in baseball" as he and his wife are quarantined in Australia. It doesn't take long for people to find humor in an otherwise serious situation. We need to laugh. Finding a use for the "over the top length" of CVS receipts to help solve the toilet paper crisis is a Facebook favorite.

Speaking of toilet paper, it's not my place to judge those that stocked up. One thing I noticed, though, was that there didn't seem to be a shortage of apples, oranges, carrots, and leafy greens. Fruits and vegetables provide the sources of the essential vitamins and minerals we need to protect our immune system. It is what helps us to move into the category of "those without compromised immune systems."

I'm grateful that I started on my journey of healthy eating a few years ago. While, there are no guarantees, I feel I have a bit of an edge.

Other things I'm grateful for during the Covid-19 situation:

- 1) My herbs and herbal tea, such as a. Rosehips for a punch of Vitamin C b. Nettle a high source of vitamin and minerals c. Astragalus root to support the immune system

d. Ginger as a warming herb for lungs.

e. Chamomile for a stress reducing calming and relaxing tea

2) Oranges, Apples, Bananas, Strawberries, Cabbage, Carrots and other fruits and vegetables that provide a nutritional boost of fiber, vitamins minerals and antioxidants.

3 Herbal Tinctures and kitchen medicine that support the immune system.

a. Echinacea and Elderberry syrup to minimize the effects of the flu.

b .Digestive Bitters to support a healthy gut.

4) The hand sanitizers and disinfecting products that I purchased early on. I made the mistake of making a homemade version with vodka, but quickly learned that it didn't have a high enough content of alcohol to be effective. The good news is that when combined with aloe vera gel and tea tree and lavender essential oils, it has a nice aroma and makes my hands feel good after so much washing.

5) That I live in a country where empty shelves at the store are not an everyday occurrence. Imagine living with this situation day in and out as some people in the world do.

6) All the health care and service industry workers who show up for work each day.

7) The many herbal/holistic teachers I know who have been freely sharing their knowledge of preventative measures.

Things I regret:

1) Not buying zinc lozenges when there were available. Today, one of the sellers on Amazon had 12 lozenges priced at \$74.

As we look back on this crisis, what will you be grateful for?

Stay well!

The advice in this column is in no way intended as medical advice or as a substitute for medical counseling. The information should be used in conjunction with the guidance and care of your physician.

Time To Catch Up on One's Reading During the Great Coronavirus Quarantine

By Francis Rexford Cooley

We live in interesting times. With Connecticut and the nation shutting down due to the Coronavirus pandemic how does one keep oneself occupied for the seemingly endless days of social distancing and isolation? I, for one, am reading. There are so many books I have been meaning to get to and just haven't: mysteries, histories, science fiction, fantasy, classics, and so many other genres. Public libraries are working out plans as I write this to still allow patrons to borrow from their collections while being closed. Via the internet there are books to download through library websites, Project Gutenberg has some 60,000 books available, Google Books also has public domain books which are free to download. Mini-lending libraries have sprung up in communities acting as book swaps: borrow a book, lend a book.

As a historian I am duty bound to read a history or two (or three, six, ten) during the Great Quarantine of 2020 (can I get credit for naming it—historians are always looking for credits and citations—"quote me, please" is what historians want). Some of my favorite historians to read curled up by the fire (virtual or real) have been Barbara Tuchman (Distant Mirror, Guns of August etc.), A.J.P. Taylor (Illustrated History of the First World War, Origins of the Second World War), Stephen Ambrose (biographies of Eisenhower and Nixon), Robert Caro (biographies of LBJ), and C.V. Wedgwood (her trilogy on the English Civil War) among a host of others. Though I prefer histories, there are numerous non-fiction alternatives to read.

For lighter fare there are always science fiction and fantasy (we will skip the gothic, the horror since reality has eclipsed Stephen King). There are the classics of Jules Verne (Around the World in Eighty Days, 20,000 Leagues Under the Sea) and H.G. Wells (War of the Worlds, The Invisible Man, The Time Machine) which are now

public domain. There is Edgar Rice Burroughs, Ray Bradbury, Marion Zimmer Bradley, Ben Bova, Piers Anthony, Peter Watts, J.K. Rowling, Richard Riordan, Kevin Hearne and a plethora of sci-fi/fantasy authors to choose from. Just as there are so many mystery writers to choose from.

But what type of mystery to read? Hard-boiled like Mikey Spillane's Mike Hammer series or classic whodunnits like Agatha Christie. The protagonist as private detective like Walter Mosley's Easy Rawlins, Raymond Chandler's Philip Marlowe, or Sir Arthur Conan Doyle's Sherlock Holmes: as a skilled problem solver like John D. MacDonald's Travis McGee or Randy Wayne White's Doc Ford; or as amateur like Carola Dunn's Daisy Darlymple, Janet Evanovich's Stephanie Plum (okay she is technically a bailbond's man but that is more of an accidental career in the series), or Dorothy L. Sayers' Lord Peter Wimsey. From gritty to cozy there is a mystery series for almost everyone.

And then there are the classics. Those great time tested works that ordinarily seem so weighty that we would never have the time to tackle them during our normally hectic lives. Now might finally be the time to engage with Herman Melville's white whale, Moby Dick. One could go back to the Eastern American frontier with Natty Bumppo in James Fenimore Cooper's classic Last of the Mohicans or journey down the Mississippi with Mark Twain in either Huck Finn or Life on the Mississippi. Enjoy the romance and adventure of Walter Scott's Ivanhoe or the drama of Emile Bronte's Wuthering Heights or her sister Charlotte's Jane Eyre. These a but a tantalizing taste of the great literary works available with the click of a mouse.

No matter what one's taste, there is an author, a book for everyone to enjoy. While many will wail that there is nothing to do on these metaphorically rainy days one just needs to paraphrase Dr. Seuss and pick up "one book, two book, red book, blue book" and shout to Sam-I-Am, "I like Green Books and Ham." Then just pick up that book and let it take you to Mulberry Street and beyond. Good reads to all.

Francis Rexford Cooley is a Library Trustee in the town of Plainville, CT

To Your Health

Linda Coveney

Integrative Nutrition Health Coach | Insights® Discovery Expert | Speaker | Become your most vital self at work and home!

Linda helps open-minded teams and determined individuals take control of their choices, and create the robust health, success and happiness they deserve. She is also a Licensed practitioner for Insights Discovery®—The direct route to healthy, effective teams.

For more information about health coaching, wellness workshops or team and personal effectiveness, contact: Linda at www.healthy-behaviors.com or lindacoveney@healthy-behaviors.com

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*****SHOPPING LOCAL*****

By: Laura Davis, Owner of the Light Hangar Company

While the current Coronavirus crisis isn't the time to be talking about lighting fixtures, it IS a good time to talk about supporting your community. Hundreds of local Plainville businesses (as well as hundreds of thousands across Connecticut) were forced to close last month due to Governor's orders to try to prevent the spread of this disease. This "social distancing" should do the trick to save many lives physically, but in the meantime it is wreaking havoc on our lives mentally and monetarily. Many small businesses have had to shut their doors and along with it their livelihoods to comply with state orders. So how do we support these local people in this difficult time for us all?

STAY HOME

Stay home and make sure that you aren't spreading germs to your friends, neighbors and our Plainville community. While we all might get a little stir crazy, it's best to limit close interaction with others so that we do not cause a problem for our community as a whole.

GROCERY & ESSENTIALS

When you do need to go out for groceries and essential items, let's spend our money wisely and use it at local businesses. This may seem like a no-brainer, but it's easy to get caught up in the hype and start to buy things where you can. It's more important than ever that we spend our money where it can benefit our Plainville business owners. This

means shopping at the Gnazzo's supermarket, getting gas from your neighborhood station, getting takeout from your favorite local restaurant. You might also find some comfort in those familiar things.

GIFT CARDS

You can support your local businesses now for things you were going to purchase. If you have the means, call your local restaurant or store and purchase a gift card that you will redeem after life returns to normal. This will go a big way in helping that business receive some income during this slow time. It may be the difference between opening up again next month or having to close for good.

THE PEOPLE

The people make these local businesses so great. When you walk into your local store, you see familiar faces and even get to know the employees. They also have a vested interest in you, as a member of their community. The Plainville community has always been strong in supporting each other. This is exactly the time we should be coming together and using our combined efforts to keep our businesses open. Whether

they've been open for 6 months or 60 years, they are all in need of support. When it's time to resume normal life, I hope you don't forget that our local people and businesses are the core of our community. #PLAINVILLESTRONG

Shop local and support your Plainville Community!



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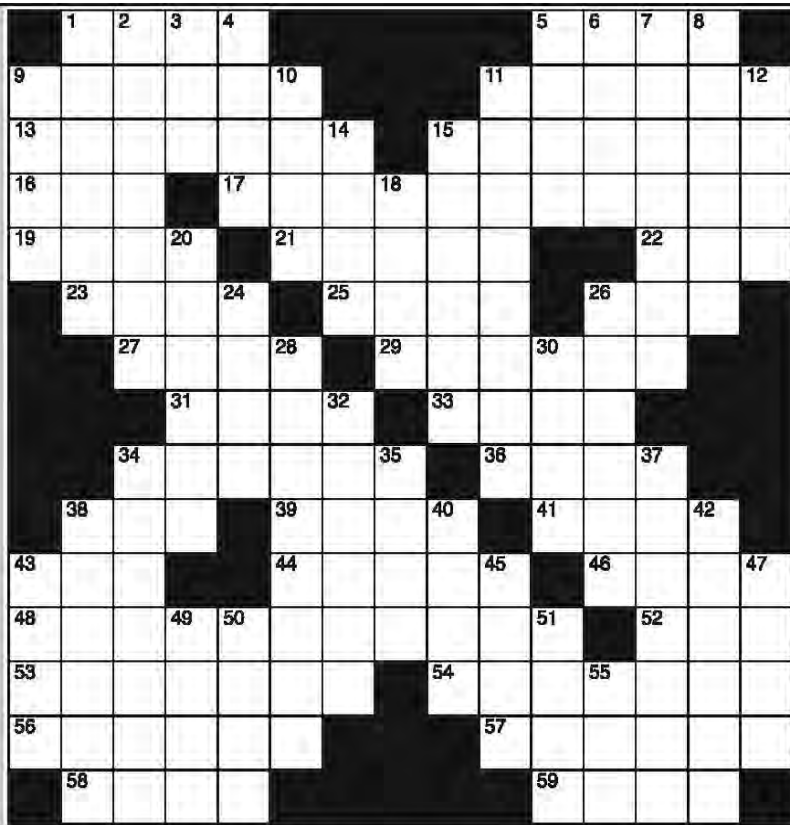
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CLUES ACROSS

- 1. CANADIAN LAW ENFORCERS
- 5. ACTOR IDRIS
- 9. CUT OR BRUISE
- 11. VEGETABLES
- 13. AIRCRAFT DELIVERY
- 15. TO MAKE OBSOLETE
- 16. THINGS SIMILAR TO THOSE ALREADY NOTED
- 17. COLUMBUS IS A FAMOUS ONE
- 19. AGE GROUP
- 21. DENOTES NATURE OF SOUND
- 22. KLUTZ
- 23. UNINTERESTING
- 25. COMPUTER MANUFACTURER
- 26. 2,000 LBS.
- 27. GENUS OF SEABIRDS
- 29. EMERGES
- 31. BASEBALL STAT
- 33. WITNESSES
- 34. OBSERVED
- 36. SATISFY
- 38. FORMER OSS
- 39. SMALL EURASIAN DEER
- 41. WIFE OF SPARTA'S KING
- 43. BALLPLAYER ACCESSORY

- 44. TEMPORARY CESSATION OF BREATHING
- 46. WHERE CONSTRUCTION WORKERS PLY THEIR TRADE
- 48. ARGUMENTS THAT JUSTIFY A RELIGIOUS DOCTRINE
- 52. THICK CLOUD OF TINY WATER DROPLETS
- 53. WIDENS
- 54. DETECTION
- 56. PERIOD OF INACTIVITY
- 57. TOMATO AND VODKA ARE TWO
- 58. GREEK WAR GOD
- 59. URINATES

CLUES DOWN

- 1. CHURNED
- 2. SEAL BOTTLES
- 3. MILLION BARRELS PER DAY (ABBR.)
- 4. MEAT FROM A PIG (FRENCH)
- 5. WITHIN
- 6. WALK IN A SLOW PACE
- 7. CRIES
- 8. ABOUT ANDES
- 9. FISHERMEN USE IT
- 10. EXPRESSES DELIGHT
- 11. SHOUTS

- 12. FEUDAL AGRICULTURAL LABORER
- 14. SAILBOAT
- 15. SMALL EURASIAN WILLOWS
- 18. S. AMERICAN NATIVE PEOPLE
- 20. EXTREME DISGUST
- 24. NONSENSE (SLANG)
- 26. PRODUCE MALE REPRODUCTIVE CELLS
- 28. COMPUTES
- 30. POP SINGER
- 32. WEDS SECRETLY
- 34. HAVING TWO POLES
- 35. YANKEE HERO BUCKY
- 37. BUILDING
- 38. PER __, EACH
- 40. SIX (SPANISH)
- 42. MAKES AMENDS
- 43. SCOUNDRELS
- 45. BASEBALL'S BEST PITCHERS
- 47. SOME ARE SCRAMBLED
- 49. EMIT COHERENT RADIATION
- 50. SINGER REDDING
- 51. BREAK
- 55. INSTITUTE LEGAL PROCEEDINGS AGAINST

Answer on page 30

INFO
TECH
JIM



The Changing Landscape of Cord Cutting

A major shift is happening in the world of television services right now. The days of cable and satellite TV are in decline. Live and on-demand streaming services are maturing, new services are launching, and some are shutting down.

Cord cutting is the act of freeing yourself from the high cost and obligations of cable and satellite TV services like Xfinity, Vantage, Dish, and DirecTV.

People continue to leave these company's TV packages for streaming services in large numbers. Companies like Xfinity continue to insist on using deceptive practices like advertising Cable TV packages for as little as \$89 per month. This, of course, is far from your final price. Add a single cable box and modem/router and that \$89 jumps to about \$125. But wait!

There's more. Add HD fees, broadcast fees, local channel fees, and that bill gets up to \$135-150 or more per month. After that contract ends, look for your fees to jump to over \$200 per month.

For years, customers would have to call at the end of their contract and play a frustrating game of threatening to leave or begging for some sort of continued discount. Those days are over. Comcast and most other cable and satellite companies have ended the practice of allowing sales agents to negotiate lower prices. Agents are now told to stand firm or let the customer disconnect their service. They know they are bleeding customers at a troubling rate and are holding the line on pricing to keep revenue as long as they can.

Meanwhile, live and on-demand streaming services are changing quickly. Several new on-demand streaming services have started or are in the works. Live TV streaming services are in a state of flux. My former go-to live streaming service Playstation Vue is gone.

Other services like AT&T TV have uncertain

futures. Despite the ever-changing streaming scene, I still believe the best value is in subscribing to streaming services instead of Cable TV.

A combination of antenna TV, live, and on-demand streaming services offer a much more diverse variety of content for viewers. Available devices such as Roku, Apple TV, Amazon Fire TV, and smart TV's are improving tremendously and are becoming easier than ever to use.

One thing that streaming requires is good internet service. Aware of the mass exodus from cable TV, internet providers are hiking the prices on internet service. When I first cut the cord in 2016, I was able to get Comcast's Blast internet package for about \$50 per month. I fought them each year to keep the price low, but in 2019, when they raised the price to \$95 per month, I made my annual call to threaten to leave, complained on Twitter, and they refused to offer any discounts. I gave them the ultimatum and they called my bluff. Currently there are few options for home internet service. We still have to hold our collective noses and pay Comcast or Frontier for internet access. Companies from Google, to Amazon, to T-Mobile are working on offering home internet services through 4G and 5G LTE wireless.

The technology isn't quite there yet, but we should have more competition offered to us in the next few years. While we wait, do your best to get the best price, consider purchasing your own cable modem to save the \$12-15 per month rental fees Comcast charges.

My current subscriptions include Comcast Blast Internet (\$95), YoutubeTV (\$56), Netflix (\$14), Hulu (\$5), Disney+ (\$7), and Prime Video (\$10). For \$187 per month, I have an enormous library of TV and Movies available to me on my Roku devices than what I can get with Cable TV. Far too much for one person to watch.

The best part is that I can unsubscribe to some or all these services whenever I want! If the budget gets tight, I'll drop a service or two for a few months.

Stay tuned! In a future column, I will provide a summary of available streaming services, and streaming devices that are available and coming soon!

If you have any questions or suggestions for future articles, send me an email: jim.phc@gmail.com

“Ask Sheila”

Q-1) I signed up for a Drug Plan during Medicare Open Enrollment and just found out that my friend is paying a lower Premium and lower copays for the same prescription drugs. When can I change my Prescription Drug Plan?

A-1) *Unlike the Medicare Advantage Plans and Supplement Plans, the only time you make changes to your Prescription Drug Plan is during the Annual Open Enrollment Period. The exception to this, is if you move out of the Service area of your Drug Plan, or if you find a 5-star Drug Plan in your Service area.*

Q-2) I have a Medicare Supplement Plan and just received a Bill from my Doctor's office for the first visit of this year. I thought with a Supplement Plan, I wouldn't have any copays.

A-2) *With the A, B, C, G or N Plans, there is an Annual \$198 Deductible before the Plans cover your Balances.*

Q-3) I signed up for a Medicare Advantage Plan. Will I get a separate Prescription Drug Card, and do I need to bring my Medicare card with me when I go to the Doctor's office?

A-3) *The Medicare Advantage Plan has only one card from your Insurance Carrier. You only need to present the Advantage Plan Insurance card for Medical or Prescription coverage. Keep your Medicare card in a safe place; don't throw it away!*

If you have any specific questions, or would just like to "Talk Medicare", give me a call! I'd be happy to speak with you. Sheila

SDow@AmericanSeniorBenefits.com

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CPOA of Plainville CPOA/Citizens and Property Owners of Plainville is a civic minded group of residents of Plainville. They meet monthly the first Tuesday of every month, 7 PM at the Plainville Library. They discuss local issues and concerns whether it be in private neighborhood or a town issue affecting everyone. The public is invited to attend.

Young at Heart Events.....AT the Senior Center

DENTAL CLINIC APPOINTMENTS

TUESDAY, APRIL 21—BY APPOINTMENT ONLY

A registered dental hygienist from Community Health Center, Inc. will visit the Senior Center to provide dental hygiene exams, dental cleanings and x-rays when appropriate. The cost is \$30 for persons without insurance. Help in paying for the clinic (scholarships) may be available for Plainville residents over age 60 who have monthly income below \$1,429 (single) or \$1,928 (married). Contact Stephanie or Ronda at the Senior Center for scholarship information. To make an appointment or ask questions about an appointment, call Melissa at 860-983-2990. or Ronda at the Senior Center for scholarship information. To make an appointment or ask questions about an appointment, call Melissa at 860-983-2990.

ELDERLY AND DISABLED TAX RELIEF

PROGRAMS TOWN OF PLAINVILLE

Appointments are now being scheduled by the Assessor's Office for the State and Local Tax Relief Programs.

Residents must apply by May 15, 2020.

Applications will be taken at the Plainville Senior Center, by appointment only. Please call Bridget at the Assessor's Office for an appointment and complete guidelines, 860-793-0221 extension 244.

LOCAL TAX FREEZE: Must be 70 years old and meet income and asset requirement. A lien is placed on the property for the difference between the taxes paid and the taxes owed. Upon sale of property or death of the applicant taxes must be repaid. An interest rate of 2% accrues until taxes are paid.

"I CAN'T DIE BUT ONCE"

HARRIET TUBMAN

TUESDAY, MAY 5, 11:00 A.M.

Harriet Tubman left a record of vigilance and a legacy of sacrifice and struggle. This dramatic presentation by Gwendolyn Quezaire-Presutti weaves a tale of truth, pain, courage and determination that takes the audience into Tubman's life as a slave, her eventual escape and work as a scout and spy during the Civil War. Our presenter gives voice to the real-life accounts, struggles and triumphs of the women she portrays. Cost is \$5.00 due at sign-up. Event includes finger sandwiches, pasta salad and dessert. Sign-up has begun.

Hello! From the Senior Center

Greetings from the staff at the Plainville Senior Center! We want to let you know that we miss having a building full of people and activity! We hope you are staying healthy and doing well during these very unsettling days. Although the Senior Center is closed, staff is working and available by phone (860-747-5728). Please call if you need anything or just feel like chatting. We know many people feel isolated and lonely. Be sure to reach out to a family member friend or neighbor to say hello and keep in touch with others. Try and plan to reach out to at least one person a day...it will make you feel good as well as the person you call!

If you live in Plainville, our Dial-a-Ride is available for rides to the grocery store, food pantry, non-emergency medical appointments, pharmacy and banking. Call 860-589-6968 if you need a ride.

If you are on Facebook, please check out our brand new Facebook page!! This is something we've been wanting to do for a while, but we've never had enough time to set it up. So, some good things are coming out of these quiet days! Check us out and "like" us at: Plainville Senior Center. Click here: <https://www.facebook.com/Plainville-Senior-Center-104509457864190/>

Finding ways to stay active (physically and mentally) can be a challenge. Here are some fun things to do to stay busy (we "borrowed" these ideas from other Senior Centers around Connecticut!):

Below are some links that you may find to be of interest!

Webcams:

Yellowstone: www.nps.gov/yell/learn/photosmultimedia/webcams.htm#north

All different types: www.earthcam.com/

Volcanoes: www.ospo.noaa.gov/Products/atmosphere/vaac/webcams.html

Online games/crosswords/word searches etc. www.games.courant.com/category/allgames/

Opera: www.vulture.com/2020/03/coronavirus-the-metropolitan-opera-to-stream-free-operas.html

Museums- www.facebook.com/watch/?v=190191219073825

www.wvlt.tv/content/news/Stuck-at-Home-with-the-kids-here-are-12Famous-Museums-Offer-Virtual-Tours--568830661.html

<https://naturalhistory.si.edu/visit/virtual-tour>

Courses- www.open.edu/openlearn/free-courses

www.coursera.org/

www.edx.org/school/smithsonianx

Take Good Care! Shawn & Ronda

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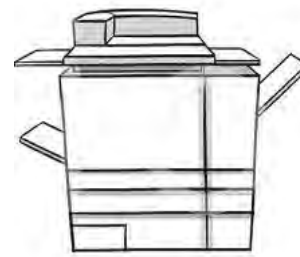
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Fire Marshall Retirement Reception Held at the Rebel Dog Cafe

The Retirement Reception was held in February. Fire Marshall Sutherland served Plainville for over 33 years. Pictured to the right is Larry and his wife, Kathy Pugliese, Chairman of the Plainville Town Council and Town Attorney Michael Mastrianni.



State Representative William Petit, Jr. presented Larry with a Proclamation from the State legislators.

Plainville Town Council Kathy Pugliese presented a Plaque of Appreciation to Fire Marshall Sutherland.



Plainville Fire Company Memorial Scholarship Applications

The Plainville Fire Company will be accepting Scholarship Applications until May 1st.

Eligibility

- *Any current member's child who is a graduating high school senior is eligible to apply for this scholarship, regardless of the town in which that member's child is graduating from.
- *Any graduating Plainville High School senior or Plainville resident graduating from St. Paul or a local trade school.
- *All eligible interested persons shall complete a scholarship application, with requirements specified by the Scholarship Committee.
- *All eligible applicants can find the application on our website:

www.plainvillefireco.com

You may download the forms, print off and mail them to the: Plainville Fire Company - 77 West Main Street, Plainville CT 06062.

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Middle School Student Council Sponsors Blood Drive

The Middle School of Plainville's Student Council (lead by Faculty Member / Advisor Melinda Buthe) held a successful blood drive in conjunction with the American Red Cross on March 12th. The group collected 51 units of blood at the event. Between this year and last year, the Student Council's annual Blood Drive collected 85 units, which provides treatment and transfusions for up to 255 patients in Connecticut hospitals.

Plainville Middle School Hosted VEX Robotics Tournament



The Middle School of Plainville's robotics program, lead by faculty members / advisors Camille Westfall and Laurel Schwartz recently hosted the statewide VEX Robotics Tournament. More than 70 student teams from across Connecticut participated in the day long event.

Wheeler School Hosts Invention Convention



On February 28, fourth grade students at Frank T. Wheeler Elementary School participated in an Invention Convention. Students were able to explain how their inventions solve a real life problem and the process they went through to build their own invention. Winners of the school level competition at Wheeler include: Richie Incognito with Just My Size Closet, Zayden McGraw with The Peel Shield, and Amelia Wazorko with The Rollbone. The school winners will advance to the University of Connecticut which will be held on Saturday, May 2, 2020.

Board of Education Receives Award



The Plainville Board of Education received four first place Connecticut Association of Boards of Education (CABE) Bonnie B. Carney Communications Awards of Excellence at the March 9th Plainville Board of Education Meeting. CABE representative Julie Ausere presented the awards.

Joyce Lynch Receives March Everyday Hero Award



Middle School of Plainville Library Information Teacher Joyce Lynch was recognized as the school district's Everyday Hero for the month of March. She was honored at the March 9th Plainville Board of Education meeting.

In photo: Middle School of Plainville Principal Matthew Guarino, Plainville Board of Education Chair Becky Tyrrell, Middle School of Plainville faculty members Melinda Buthe and Allison Rogers, Joyce Lynch, Middle School of Plainville staff member Joanne Piotrowski, and Superintendent of Schools, Steven LePage.

Mentor Fun Night Spotlights "Cyril the Sorcerer"



Plainville Community Schools volunteer Mentors and student Mentees recently enjoyed a "Magical Evening with Cyril the Sorcerer" to celebrate their annual Mentor Fun Night. CJ May, "Cyril" shared the power of mentoring and the importance of recycling! It was an evening of learning and laughter thanks to a generous donation by the Elizabeth Norton Trust Fund.

Plainville Schools Celebrate Read Across America



Plainville Community Schools welcomed a variety of guest readers during the first week of March, as part of the National Education Association's Read Across America program.



I Pledge Allegiance to the Flag...



UCONN Men's Group Performs at Middle School



On March 6, 2020 the University of Connecticut's premier a capella group "Conn Men" visited the Middle School of Plainville to present a concert to the student body. The concert included a variety of well known pop songs from yesterday and today. The concert session featured a number of positive and supportive messages from the university students challenging students to consider their future, interests, careers, and goals while keeping active music making as an integral part of their lives. The Conn-Men were founded in 2001 and have performed around the country including for the governor of Connecticut and at the White House in Washington DC. Kyle Smith is a member of the "Conn-Men" as well as a graduate of Plainville Community Schools. In addition to leading a solo, Kyle gave a demonstration on beatboxing and discussed how music was a constant in his life and has helped bring success and enrich his life while pursuing an academic career. The "Conn Men" performance was made possible by a generous grant from the Elizabeth Norton Trust Fund.

PLAINVILLE COMMUNITY SCHOOLS KINDERGARTEN REGISTRATION INFORMATION

Children who will be five (5) years old on or before January 1, 2021 are eligible for kindergarten (full day program) in September, 2020.

To obtain materials for kindergarten registration, please contact one of the following elementary schools, between the hours of 9:00 AM to 3:00 PM:

- Linden Street School: (860) 793-3270**
- Louis Toffolon School: (860) 793-3280**
- Frank T. Wheeler School: (860) 793-3290**

Please note: Plainville residency must be verified before enrollment. Once enrolled, families will receive information about Open House.

Toffolon School Hosts Family Night



Recently Louis Toffolon Elementary School fifth teachers hosted a Family Math night for students and their families. Close to 90 students and their families participated in the event. Teachers led parents through a deconstructed word problem to demonstrate how students organize their work and thought processes when solving complex word problems. Students acted as their guide and coaches throughout the problem. Additionally, teachers led parents through a "Number Talk" - Number Talks were developed for classroom teachers to engage students in "mental math" through grappling with interesting mathematics problems. The evening culminated with parents sharing their thoughts and completing an "exit ticket" to explain their biggest take away about fifth grade Math.

Mentors Honored at Breakfast



To celebrate National Mentoring Month in January, Superintendent of Schools and Mentor, Steven LePage, and his mentee, Jaiden Manafort, a 7th grader at the Middle School of Plainville, recorded a public service announcement at AMP Radio to share the importance of mentoring and the impact it can have in a person's life. In addition, district mentors gathered on January 30 for breakfast in their honor as part of National Mentoring Month activities.

VFW Madeley-Roberts Post 574 Sponsors Book Donation



The local VFW Madeley-Roberts Post No. 574 sponsored the Plainville Community Schools Reading Partners program at the local elementary schools with a financial donation for books. Members of the VFW presented the books at each schools' holiday themed event in January.

Education Commissioner Dr. Miguel Cardona Visits Plainville High School



On February 27th members of the Central Connecticut State University's Teacher Leader Fellowship Program, under the direction of Dr. Betty Sternberg, gathered at Plainville High School for a meeting and several break out sessions. The program began with opening remarks by Dr. Sternberg, followed by remarks from Commissioner of Education Dr. Miguel Cardona. Superintendent of Schools Steven LePage, Curriculum Coordinator Tawana Graham-Douglas, and faculty members Jeff Blanchette, Susanne Bajek and Courtney Buccilli, also presented a segment entitled the Plainville Story: Supporting Teachers as Leaders.

In photo: Commissioner of Education Dr. Miguel Cardona addresses attendees at the Teacher Leader Fellowship Program Institute held at Plainville High School on February 27th.

Of The United States of America

Panic vs. Precaution Coronavirus Facts:

Viruses like Coronas enter the body from nose and mouth through droplets (coughing, spitting, sneezing) and can be propelled six feet. It is important to cough into your sleeve and use tissues for sneezing. Routine hand washing is especially important. Hand sanitizers are good. Hard surfaces can also be sanitized with an appropriate cleaner.

What is the risk of actually getting infected with the coronavirus? The risk in the United States as a whole is still low. If you're a young otherwise healthy individual, the risk of your requiring any kind of medical attention is low. We know that from recent data from China, Korea, and Italy, that about 80% or more who get infected will be well without needing any medical intervention.

Symptoms may appear between 2-14 days after exposure:
 * Fever *Coughing and expelled fluid * Shortness of breath * Fatigue * Runny eyes * Minor GI issues.

If these or any combination of them occur, consider remaining at home if possible and avoid crowded areas. Acute viral infections are most often self-limiting. That means we can eliminate the virus through our own immune system. This is why younger and healthier adults are more likely to have sub-clinical or minor cases.

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From the Desk of.... Thomas A. Wurz

THE TEA PARTY PATRIOTS KEEP AMERICA GREAT

By Gene

SOCIAL SECURITY BENEFITS

may be entitled to SS benefits even if you never paid into Social Security. You would need to be at least 50 years old for spousal disability benefits or at least 62 years old for spousal retirement benefits. The same standard applies for receiving benefits through an ex-spouse with the additional requirement that you were married to them for a minimum of 10 years.

Reminder of what Khrushchev said over 60 years ago...“Your children’s children will live under Socialism-Communism. You Americans are so gullible. No, you won’t accept communism outright; but, we will keep feeding you small doses of socialism until you will finally wake up and find you already have Communism. We will not have to fight you. We will so weaken your economy, until you will fall like overripe fruit into our hands. The democracy will cease to exist when you take away from those who are willing to work and give to those who would not.” It was September 29, 1959, when Nikita Khrushchev delivered his prediction at a United Nations Assembly.

If we continue to have this happen these are some of the results that are occurring or will occur:
 O- Rationed “Medicare for All” O The Green Deal
 O- Free speech restrictions O Slave reparations
 O- Drastic cuts to the military O Gun Confiscation
 O- Religious liberty restrictions O Higher Taxes
 O- Open borders and amnesty of illegal aliens
 O- Voting rights for illegal aliens and felons
 O- Abolition of voter ID requirements
 O- The abolition of the Electoral College
 One of these scenarios is the problem of illegal immigration. Today, American society is divided by party and ideology in a way it has perhaps not been since the Civil War.

At no time in our nation’s history has there been an influx of illegal immigration like we continue to experience today. There are an estimated 1.5 million school aged illegal immigrants residing in the United States. Several “sanctuary” states allow illegal aliens to pay discounted in state tuition at public universities. Many cities and states are reporting increasing taxpayer costs to provide public benefits for illegal aliens. Local property and state income taxes have increased rapidly in many parts of the country due in larger part to rising school health care, social welfare and public safety costs associated with providing services to illegal immigrants. In some hospitals as much as two thirds of operating costs are for uncompensated care of illegal immigrants. An estimated 3.5 million illegal immigrants receive their health care insurance through the taxpayers-funded Medicaid program. Those are not April Fool jokes or an oxymoron conspiracy theory. Yogi said “It not over until it’s over”. Should we build a fence on the high cliff on the edge of town, or hire an ambulance at the bottom to pick up these people and take care of them for the rest of their lives?

Please have a safe and spiritual holiday.

All SS benefits are subject to a calculation by the administration that takes into account the claimant/earner’s work history amongst other factors. Many people seem to wonder why their payments are not as large as they expected once they start receiving benefits. The most straightforward answer to this question is that the calculations have been federally enacted by the government and everyone is not entitled to the same amount. So, just because your neighbor may be getting more than you doesn’t mean you are receiving any less than you should.

Every thing and anything concerning your finances should always be promptly reviewed by individuals or by a professional as mistakes do happen. Hopefully, this information will serve as some assistance as it should not be construed as legal advice. If you are seeking legal advice, consult with an experienced licensed attorney.

Attorney Thomas A. Wurz

is an associate of his father Attorney Theodore J. Wurz, LLC in the law office of Attorney Richard Witt at 132 East Street. Attorney Wurz is a graduate of Avon Old Farms School in 2001, Providence College in May 2005 on the Dean’s list and Juris Doctor Program at Western New England College School of Law in May 2009. He was admitted to the Connecticut Bar and U.S. Federal Court in 2010. His activities and interests are Secretary of Sports Entertainment Law Club at WNEC and is a Special Olympics Volunteer.

Theodore J. Wurz, Attorney at Law
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Telehealth offers the benefits of physical therapy from the comfort of home!

The COVID-19 crisis has forced businesses and industries across the state to look for new, innovative ways to continue to provide services. While hospitals and doctors' offices remain open in anticipation of an influx of illness-related cases, other outpatient healthcare providers are grappling with the decision to continue providing care for those in need while keeping both patients and staff safe.



At Physical Therapy and Sports Medicine Centers (PTSMC), we're excited to now be offering telehealth treatment in all clinics in an effort to continue offering care for our patients.

We know that businesses need to move fast and get creative if they want to meet the needs of their clients – and healthcare is no different. Schools and businesses are adapting to the situation by turning to online platforms, so it's important that we be proactive in adapting as well. By doing so, we're helping to flatten the curve while continuing to treat our patients.

Recently, Connecticut Governor Ned Lamont ordered that all "non-essential" businesses in the state be closed to slow the spread of the virus. Healthcare is one of the categories deemed "essential," and so our PTSMC and PT For Life clinics across the state remain open for patients who are in need of in-person treatment, including new patient evaluations and hands-on treatment when necessary.

As a result, we've taken a number of steps to mitigate the risk to patients and staff. This includes staggering visits to minimize the amount of people in the clinic at any given time, cleaning all surfaces between patients, implementing strict rules for clinic, staff and patient hand hygiene, and contacting all patients who are deemed "at-risk," either because of age or other health issues, to advise them against coming into the clinic.

For those at-risk patients, and for those practicing "social distancing" who are uncomfortable visiting a clinic, telehealth offers an opportunity to continue a physical therapy program or stay connected with a clinician to continue to treat and improve their condition. The telehealth sessions are one-on-one and include discussions about symptoms, guided exercises and stretches, advice for self-care at home, and continuing treatment options.

As important to continuing to offer care for our patients is supporting Connecticut's healthcare system in these challenging times. As always, physical therapy is a valuable resource for people dealing with pain, and in this time it can also be a valuable resource for doctors and hospitals who may be overwhelmed. Physical therapists are the musculoskeletal experts, so by remaining open and at the same time moving many patients to telehealth, clinicians can ease the burden of musculoskeletal care off of the physicians and continue to help people.

The platform PTSMC is using statewide, Doxy.me, doesn't require any downloads or login – just a simple link that will connect you with your therapist. This ease of use is an important factor in removing any barriers or obstacles to patients using this new platform and receiving the care they need.

While the current situation is difficult for many, we are excited to be able to offer a combination of in-clinic and telehealth treatment, with the latter potentially becoming more prevalent as the former becomes less tenable. A lot of people are "socially distancing," but pain doesn't socially distance – it can happen to anyone at any time. We want to continue to be here for our patients, in any way we can.

You can learn more about PTSMC's telehealth services at www.PTSMC.com/telehealth.

**Kevin Connellan, PT, Partner & Director
PTSMC Plainville www.PTSMC.com/plainville**

Message from a: WOMENHEART CHAMPION



Today I would like to share with you some important facts about blood pressure. Why do we need to know about it and why it is such an important factor in regards to heart disease. And finally how it is related to women and heart disease.

Briefly I would like to tell you about the heart and the circulatory system. The heart is the origin of this system which has arteries and veins. The arteries are the vessels that carry the nourished blood away from the heart to the body and the veins bring the blood back to the heart along with carbon dioxide and other waste and then the blood is replenished again to start the trip all over again. Blood pressure is the force of the blood pushing against the vessel walls as the blood circulates through these walls. The systolic or upper number of a blood pressure reading is the number that indicates the pressure when your heart squeezes to pump blood to your body. The diastolic or lower number of the pressure reading is the pressure when your heart relaxes and fills with blood again.

High blood pressure or hypertension is sometimes referred to as the "silent killer" because the only way to know what your blood pressure numbers are is to have it taken. High blood pressure can be very dangerous because it makes the heart work harder to pump blood out to the body. It can also contribute to other major health issues such as kidney disease, strokes, heart failure, and hardening of the arteries. Even without symptoms, damage to blood vessels and your heart continues and can be detected. So my suggestion to you is to have your blood pressure taken every so often and keep a record of it so you always know those numbers.

The reason I suggest this is because you can have changes in your pressure readings depending on what is going on in your life. Besides the possibility of high blood pressure in your family history, your pressure can change depending on your lifestyle. Also as you age and go through menopause, you may experience a weight gain and maybe feel of lack of desire to exercise. And maybe your diet isn't as healthy as it used to be. Although you may not feel any different for a long time, your blood pressure can creep up on you slowly without signs of anything being wrong. So be proactive with your blood pressure readings to stay ahead of any future problems you could encounter. Almost half of adults affected with high blood pressure are women, although there is a misconception that women are rarely affected by it. Up until maybe 60 years of age, women and men are equally at risk for developing high blood pressure but with certain female issues such as menopause that equality can change. According to the American Heart Association, some symptoms to be aware of that can pertain to high blood pressure are dizziness, difficulty breathing, severe headaches, tired or confused, chest pain, vision problems, irregular heartbeat, blood in urine, or pounding in your chest, neck or ears. Some things we should do to help keep our blood pressure in check are to stop smoking, if overweight lose weight, get more active

physically, watch your alcohol intake, cut down your sodium intake, and destress as much as possible. Maybe try TaiChi or Yoga, two very relaxing forms of exercise for stress management. If you cut back on sugar and refined carbohydrates you may lose weight which in turn will help lower your blood pressure. Eat less processed foods, drink less caffeine and get a good restful sleep.

If you are on blood pressure medication be sure to take it as your doctor prescribes it should be taken and

at the same time every day. I suggest you purchase a home blood pressure kit if possible and keep track of your readings. Be sure to rest before taking your blood pressure, maybe 5-10 minutes before. Make sure your legs are uncrossed, your back supported and your arm at the level of your heart on the table. Bring the readings to your doctor to give her or him a better idea of how you are doing since the last visit and reading.

I hope this information is of some help to you. As usual, lowering your salt intake, eating more fresh fruits and vegetables, less canned foods with sodium, exercising, lowering your stress level and getting restful sleep will all help with lowering your blood pressure.

Healthy times to all of you.

Sharon Corlette

Life With Wanda



Is the medical profession getting better or worse? Years ago when I went to a doctor, he or she, and there were very few women doctors in my day, would check me over and give me a prescription or a shot and poof, I was all better. I never had to come back in a few weeks but the doctor might call and see how I was doing.

After spending so much time at doctors' offices I started to rethink my past medical history and after talking to my friends, who are all about my age, I found we all seem to have the same problems. Jokingly I said, when I take my dog to the vet; the vet seems to know just what the dog needs.

That got me to thinking what my parents did when we got sick or got some bumps and scrapes. My parents bought medicine for the animals at the feed store and always felt if it made the cows or horses well it was good for us kids. They had a big bottle of horse iodine that was kept in the barn and if we got a cut or stepped on a nail my mother would get that bottle of iodine and pour it on the wound, a sliver was another thing. She would slice off a piece of salt pork from the brine barrel, put it on top of the sliver, apply a bandage and the next day the salt in the pork would have drawn out the sliver, then came out that bottle of horse iodine, boy that stuff burned but it worked. We never got some of that new fangled stuff called penicillin; I don't even think the doctors used it back then.

Now a few weeks ago I had a terrible pain in my shoulder and was telling my friend about it. She said a friend of hers got some stuff at a place called Tractor Supply, it was called Veterinary Liniment for horses and it is a spearmint scented herbal gel.

Off I went, thinking like my mother, if it gets rid of pain in a horse why wouldn't it work in humans. I got a bottle, rubbed it on and sure enough in just a few minutes the pain went away. I began telling all my friends about this magic cure and now, from what I understand, about a dozen of my friends and even their friends are using it for pain in their backs, knees, ankles, wrists and every place a pain pops up.

I love the caution written on the back of the bottle, it reads; "If skin irritation develops or symptoms persist for more than 10 days, discontinue use. For severe injuries, consult a veterinarian." Now, doesn't that say it all?

I find things are a little strange lately, I noticed a little gallop in my step and I find it is nothing to go trotting on down to the grocery store several times a week.

I don't feel any different except I have such a craving for oat products and love the smell of newly mowed hay.

They worked Only 111 of the Year's 365 days.

So many members of Congress are retiring in hopes of "locking-in" their future retirement payments.

Currently, their monthly retirement checks are equal to their monthly salaries. They hope to freeze their retirement as it stands.

I'm with Trump on this one. Trump is asking everyone to forward this information to a minimum of 20 people and to ask each one of them to do likewise.

This makes too much sense not to be passed on.

In 3 days, most people in the United States will have the message. This is why the idea should be passed around, regardless of Political Party.

The Trump Rule's Congressional Reform Act of 2018:

1— No Tenure / No Pension. A Congressman / Woman, collects a salary while in office and receives no pay when they're out of office. No more perks go with them.

2— Congressman / Woman (past, present & future) participate in Social Security. All funds in the Congressional Retirement Fund move to the Social Security System immediately. All future funds flow into the Social Security System, and

Congress participates with the American People It may not be used for any other purposes.

3— Congress must purchase their own retirement plan, just as all Americans do.

4— Congress will no longer vote themselves pay increases. Congressional pay will rise by the lower of CPI or 3%

5— Congress's current Healthcare System is terminated, and they participate in the same Healthcare System as the American people.

6— Congress must abide by all the laws they impose on the American people

7— All contracts with past and present Congressman / Woman are void. The American people did not make these contracts with Congressmen / Women.

The Congress made all these contracts for themselves.

Serving in Congress is an honor, not a career. The Founding Fathers envisioned citizen legislators serving their terms, then going home and back to work, and not get all kinds of freebies!

No wonder THEY'RE FIGHTING THIS TOOTH AND NAIL!

The plan is for each person to contact a minimum of 20 people. If that happens, it will only take 3 days for most people in the United States to receive this message.

It's time for us to take action now!

Please send this on.

(Make 20 copies & mail or email)



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COVID-19 and Elder Law

People are scared to travel, scared of getting sick, and scared of dying. Families needing home care or nursing home care for loved ones are especially affected by the COVID-19 restrictions and risks. Nursing homes will not allow visits unless the relative is dying. This is agonizing for families. One idea to keep in touch with a loved one in a nursing home is to buy an "ALEXA SHOW." The children activate it from their home and can see and talk with mom or dad without the parent doing anything. The nursing home must give permission as it does have video, but in the one case I know permission was given. Federal and state directives are somewhat in conflict over allowing an attorney to visit, as getting legal advice and services is considered an essential service. Protecting loved ones and the family's assets are more important than ever, as the risk of needing care is higher. Getting an estate plan in place is a key step.....

To continue reading, please go to:

allaireelderlaw.com/articles/covid-19-and-elder-law

As one of the premier providers of Elder Law and Senior Planning, we believe that a proper plan for your future is an essential part of ensuring that you can age in place, and protect your assets. A comprehensive life care or estate plan takes into consideration your health, finances, and family. If you want to know more about planning for the future, Allaire Elder Law can help.

If you have a question, send an email or written note to the firm, and we may use your question in a future column.

P-l-a-i-n-v-i-l-l-e

Here are some of your favorite places, people or things around town to rave about this month!

{Paul faves}

{Pat raves}

You bet!! I fave J. Timothy's Tavern. It is the place to meet after work with friends. The Wings and the atmosphere are both the BEST!

Feels a "like home restaurant" right here in Plainville. Lola's on Woodford Ave. The food is like mother's cooking and that was the best, plus it is I believe the only restaurant in Plainville that welcomes B.Y.O.B. For a relaxing evening for dinner with family and friends "Lola's" is the place.

faves and raves

E-mail your "fave or rave" in today to be in the March issue. Praise your contractor for doing a good job or tell us about your favorite restaurant, store, or service you received by a professional.

E-mail HMTNN@COMCAST.NET Phone 860-747-4119
Thank You!!

Email your faves and raves to share it with everyone!
Let's hear what you have to say, we need your comments!
plainvillefavesandraves@gmail.com

AARP Plainville Chapter #4146

The Plainville Chapter includes Bristol, Farmington, New Britain, Southington and other surrounding towns.

REMEMBER OUR MOTTO: "To serve, Not to be Served"

Community Service: Our ongoing project, the **Plainville Food Pantry**, bring in canned goods and non perishable items to the meetings.

Homeless Veterans: We have a collection each month to support the homeless vets at South Park Inn. Please bring a few toiletry items for our box.

Apple Rehab: Bunnies were collected to be distributed Easter week for the residents.

AARP Annual Picnic: The picnic will be held on Wednesday, June 10th. Sign up at the April meeting. Saints does the catering and the cost is \$16.50. Please pay by check or exact amount if cash.

Annual Dues are \$7.00 per year. Our regular meetings are held on the 3rd Wednesday of the month at 1:00 pm, The Faith Bible Church, 168 Unionville Ave., Plainville. Next meeting is Wednesday April 15th. All AARP members are invited to attend.

AARP #4146 Chapter Trips

Contact Sally Miller at 860-747-1732 for info and reservations regarding all trips. Checks are payable to AARP 4146. There is a \$5.00 cancellation fee on applicable trips.

MGM Casino- Friday May 8th \$30. Includes Transportation and tips. Promo pkg. Leaves O.L.M. 9:30 am leaves casino 3:00 pm

June 8th-Foxwood Casino- \$30. Includes transportation & tips. Promo pkg. included. Leaves O.L.M. at 8 am leaves casino 4 pm

Bar Harbor Maine- June 15th-17th (Mon-Wed) Call for details. \$629 pp. dbl occupancy & \$859 single

JULY 1st - Tina Turner Story Broadway-Transportation, lunch at famous Carmines and play. Bus leaves Olm at 7:20 am

Baltimore Harbor- July 15th-17th visit Inner Harbor, Seafood Festival, Dance Party and trip to Maryland Casino(5,000 slots) \$535pp dbl & single \$710.

Saratoga Racing & Gaming - August 2nd-3rd Georgian Lakes Resort, dinner at Giovanna on the lake, breakfast and 2 1/2 cruise with lunch on LAC du SAINT SACREMENT boat, then off to Saratoga Raceway. \$306. pp double, Includes transportation, hotel, admissions, meals, taxes & baggage handling.

And Where are They Now?

If you have someone you would like to write about, perhaps a former friend or neighbor. we would be very happy to hear about them and their successes.

Just call us at 860-747-4119 or e-mail us your story

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THE PLAINVILLE HISTORICAL SOCIETY

29 PIERCE STREET, PLAINVILLE, CT 06062

www.plainvillehistoricalsociety.com

e-mail: plvhistorical@gmail.com

LIKE us on Facebook: Plainville Historical Society

860-747-6577

April welcomes spring and the concept of renewal. All cultures, since the beginning of time, have celebrated the end of winter and the resurgence of new life. This year Easter and Passover occur in the same week right after the full moon.

The Plainville Historical Society plans, during April, to celebrate the many volunteers who keep the Historic Center humming. So very much is accomplished by those who generously share their time, energy and ideas crucial to the success of our mission. We salute our Officers, those who serve faithfully on the Executive Board, the IT team that maintains our internet and outreach systems and all of you who support us, the museum and the gift shop. *You know who you are. Thank you.*

April brings spring cleaning at the Center and reminds us of the ritual spring cleaning done by depression Moms. "Soap and water are cheap." The throwing open of windows to fresh air scented by bulb flowers, the hanging of sheer white curtains all over the house after cleaning each window. Children helped by beating rugs hanging over clotheslines. Every inch of every room was scrubbed, sometimes painted and then, if needed, a brightly colored new Congoleum "rug" was purchased, to mostly cover the wood kitchen floor. That was washed, too, and covered with newspaper for a day or two to keep it clean longer.

Bob Steele presided over daily lives touting his homemade washing solution "for windows that sparkle," while he gave intricate instructions for the proper tying of one's shoes. Gary says he still follows that sequence; Gert LaCombe admits that she does, too.

Do you? ...Janice Eisenhauer

BOB STEELE'S RECIPE

½ Cup ammonia, ½ Cup vinegar,
2 tablespoon cornstarch
1 Bucket of warm water
Plenty of elbow grease.

POETRY CLOSE TO HOME

Emily Dickinson, recognized for her brilliant, creative mind, lived a reclusive life in Amherst, MA. She left us a treasure trove of poems, mostly unnamed. This favorite piece written in 1861, describes the regal beauty of a winter afternoon. The scene is set: "the shadows hold their breath" and the word "heft" suggests both heavy and uplifting at once. Her simile "of cathedral tunes" suggests a sense of music. This moment lives in Plainville and was captured by my camera, at the Quinnipiac River looking south from the Tomlinson Ave bridge. Let us bid goodbye to winter.

XX111 (excerpted)

There's a certain Slant of light,
Winter Afternoons –
That oppresses, like the Heft of Cathedral Tunes –
When it comes, the Landscape listens –
Shadows – hold their breath ---



APRIL IS NATIONAL POETRY MONTH

Anna Grannis

Plainville's resident poetess Anna Grannis, born in 1856, lived in a white house with dark green trim, known as "the two wings." Her family was devastated when Scarlet Fever took her father and a brother, and so her mother rented the little house on Whiting Street across from where the post office now stands. Her mother was known to the children around town during the depression for operating "the exchange" from that house, where they could go to get used clothing or shoes collected there. If her mother played the old organ, and the children would sing hymns, maybe she would give them a cookie. Anna went to work in the knitting mills to support them. She began to write her poetry there and published several books, one named "Skipped Stitches." She became nationally known and was listed in Who's Who in America in 1932. She wrote this poem to mimic the cadence of the knitting machine.

Set Toil to a Tune

For the heart that sings,
The hours fly on wings
Of mystical run and rhythm,
And carry the tunes
Of a year of Junes,
And the glad heart of the toiler with 'em
EARTH DAY- APRIL 22



"The Two Wings." Whiting Street, Plainville, Conn.

Folded against the ground;
Not made to soar—
The two wings of the cot
With trellised door;
Kind thoughts of you
Are brooding 'neath these wings,
While I abide God's winters,
And await His springs;
Accept a greeting
From this little home,
Through whose small door
Large benefits have come!

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Earth Day comes every year on April 22. It is a celebration of nature and support for the environment. It was first observed on April 22, 1970 – Fifty years ago.

ARBOR DAY – APRIL 24

Arbor Day appears on your calendar the last Friday in April and occurs this year on April 24. A day dedicated to the planting and caring for trees, it was celebrated first on April 10, 1870 in Nebraska.

TREES – CREE INDIAN PROPHECY

Only after the last tree has been cut down,
Only after the last river has been poisoned,
Only after the last fish has been caught,
Only then will you find that money cannot be eaten.
...Mary Ziccardi sent this to me in 2010.

APRIL FOOL DAY

April 1, traditionally a day for silly, childish tomfoolery, marked the sheer joy of spring. Giddy from the warmth of the sun, children caught the attention of their friends with comments designed to be reminders of the date. "Your shoe is untied" reflexively brought a downward glance followed by the chant "April Fool." This was followed by laughter from both. It was a joke. This scenario was often reciprocal and we laughed together over nothing, to enjoy the day. There were some more elaborate pranks, some made on the telephone anonymously "is your refrigerator running?" comes to mind. Bob Steele submitted his resignation to WTIC every April 1 for at least 20 years, and the Hometown Connection published an April edition years ago announcing the end of its publication, only to include an April Fool page inside.

April Fool was never a person. It was an "aha" moment, a joke, an epiphany, a miniature hoax, all in good fun.

It is difficult to imagine the same personal interaction and jovial response from a text.

THE LAST LAUGH

Stan Robertson, of Plainville airport fame, loved April 1. His sense of humor is legendary. He planned months ahead to get the sudden attention of his friends on that day. They tried to outwit him but were seldom successful.

It is recalled by a contemporary, that at a dinner in his later years he spoke to the people there. Smiling, he reported that when he sold the airport to Angelo Tomasso in 1977 he included in the deal a clause that he and his wife would have lifetime use of Robertson Field. He added that it was agreed, but Angelo could not know that he would live to be 100.

LOOKING FORWARD

Gary Gurske's program about the railroad, "From a Trainman's Eyes" is still in the process of being rescheduled. Watch for it.

The Summer Exhibit this year will celebrate the Centennial of Women's Suffrage. It will run from late June until the end of August. Watch for more information on our website.

MARCH PROGRAM

The March 21 program, "Connecticut Women and the Vote" to be presented by Rosemary Morante, was canceled. It will be rescheduled.

The Historic Center was closed during the national shut down.

For research and group tours Please call (860)747-6577 during office hours. Thank you!

~ Priscilla A. "Petie" (Hogan) Barnes ~



86 of Bristol, yet a Plainville girl at heart, passed away peacefully surrounded by her loving family on March 13, 2020 at Hartford Hospital. Petie was born on September 4, 1933 in Bristol, daughter to the late Charles E. and Helen (Smith) Hogan. She was the true matriarch of her

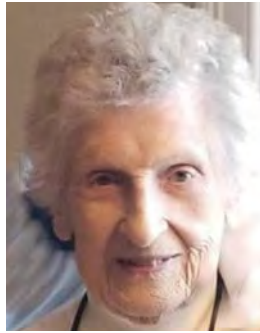
family and took great pride in caring for her home and her family.

She is survived by her children, Mark Barnes (Jean), of Old Lyme, James Barnes (Pam), of Bristol, Susan Barnes, of FL, Holly LeDuc (Kevin), of Plainville, Lisa Barnes, of Bristol, and Paul Barnes, of Bristol, her godchild, Kimberly Smith, her grandchildren, Shannon, Tara, Dustin, Chris, Dana, Michael, Chelsea, Kayla, and Dylan, her 11 great-grandchildren, her brother, Hal Hallet (Pat), of Utah, and several nieces, nephews, and extended family members. She was predeceased by her son, Peter Barnes and her brother, Edward Hogan.

Services will be held privately. A celebration of life will be held at a later date to be announced.

In lieu of flowers, donations in memory of Petie can be made to the Petit Family Foundation, PO Box 310, Plainville or to the Forest Village Association, 164 Central St., Bristol.

~ Lena D'Amato Capodice ~



102, passed away Monday March 2, 2020. A lifelong resident of New Britain and Plainville, she was born December 26, 1917 to the late Cassilda (Pizzoni) and Salvatino D'Amato. In addition to her parents she is predeceased by her husband Santo Capodice and 8

brothers and 2 sisters. She is survived by her daughter Carol Topa and her husband Daniel, her son Leonard Capodice of Ashville, North Carolina, a grandson Kevin Cashman, granddaughters, Allison Rennard of Long Island, NY and Jillian Capodice of New York City two great grandchildren, three brothers, John of Manchester and Sam and William of East Berlin.

She was employed by the Fafnir Bearing Company. She was a member of the Fafnir and Plainville Senior groups. Lena found great joy in following UConn Ladies Basketball. She was a member of Our Lady of Mercy Church in Plainville.

In lieu of floral tributes, contributions in her memory can be made to the St. Jude Children's Hospital 262 Danny Thomas Place Memphis, TN 38105

The Plainville Funeral Home 81 Broad Street has care of arrangements. For additional information or to leave words of sympathy please visit www.PLAINVILLEFUNERALHOME.com

~ Cesar U. Culling ~



Cesar U. Culling, 82, of Plainville, passed away unexpectedly on Thursday, March 12, 2020, at the Hospital of Central Connecticut, New Britain. The husband of Cecelia (Rosario) Culling of Plainville, they shared 46 years of marriage.

Born in the Philippines on March 23, 1937, he was one of nine children to the late Aurelio and Toribia (Utanes) Culling. Cesar attended schools in his hometown, and went on to earn his Bachelor's Degree in Agriculture and Master's Degree in Philosophy from the University of the Philippines.

In addition to his wife, he leaves his sons, Julius and his wife, Gemma, Jayar and his wife, Rachael, and Cesar Culling, Jr.; his grandsons, Ethan and Ryland; his siblings, Asuncion Culling, Juanita Battung (Esteban), Lourdes Rodulfo, Aurelio Culling (Socorro), Norma Mitchell (Donald), Mila Nanez (Enrique), Virginia Culling, Erlinda Pangilinan (Danilo); and many nieces and nephews.

For online expressions of sympathy, please visit www.PLAINVILLEFUNERALHOME.com

~ Sharon Dufault Kazokas ~



Sharon passed on from our physical world peacefully in the early hours of the morning, after several years of struggling with Chronic Obstructive Pulmonary Disease. Her daughter and granddaughter were by her side as she made her journey home.

Sharon is predeceased by her maternal and paternal grandparents, along with her mother, Mary Jane, her biological father, Roland Dufault, and her younger brother Jeffrey Dufault. She leaves her beloved dad John Dufault and her older brother Brian Dufault, both of Florida, her daughter Audrey and son-in-law James Bartlett of Connecticut, three grandchildren whom she adored and who adored her, Harlan, Fiona, and Ronin, her son Alexander Kazokas III and his wife Melissa of Florida, and her beautiful and loving Aunt Dorothy Darr and Uncle Clifford of Bristol, Conn. Bringing immense joy to her final years was her best friend and care giver, Meredith Kilcoin, who is the daughter of Sharon's other best friend Lisa Kilcoin. Sharon was born in Connecticut to Mary Jane (Fairbanks) and Roland Dufault. Sharon graduated from Plainville High School in 1981 and married Alexander Kazokas Jr. In lieu of flowers please make a memorial donation to Brian's Angels Homeless Outreach, 99 Summer Street, Rear at Center Street, Bristol, CT or at <https://briansangels.org>

~ Carla Lee (Bostrom) Fensick ~



72, of Plainville, beloved wife of George J. Fensick, III, passed away at her home following a brief illness on Sunday, March 1, 2020.

Born in Worcester, MA on March 20, 1947, she was the daughter of the late Carl M. and Dorothy (Jolin) Bostrom. Raised and educated in the Wilson section of Windsor, she was a graduate

of Windsor High School. After their marriage on November 19, 1966 Carla and George settled in Plainville where they shared 53 years of love and life adventures, raised three wonderful daughters, and became proud grandparents to three granddaughters. In addition to her husband, George, she leaves her daughters, Sharon Fensick of Plainville, Kimberly Fensick of Glastonbury, and Melanie Fensick of Maryland; her granddaughters, Hannah and Caitlin Charest and Emma Fensick Coderre; her sister Pam Canfield of North Carolina and brothers David Ferrante of Wyoming, and James Ferrante of California; along with several nieces and nephews. She was predeceased by a younger brother William. PLAINVILLEFUNERALHOME.com

~ Patricia Ann (Pasniewski) Haddock ~



80, of Plainville, passed away surrounded by her family on Sunday, March 8, 2020 at the Hospital of Central Connecticut, New Britain. Born in Bristol on February 3, 1940, she was one of two children to the late Alexander and Anna (Stepura) Pasniewski. A lifelong

resident of Plainville, she was a 1958 graduate of Plainville High School, and remained in her hometown where she raised her two children. A devoted mother, grandmother and dear friend to many, She is survived by her daughter, Shelly Hayes and her fiancé Russell Niederwerfer, her son, Jeffrey Haddock and his wife, Sandra Talbot and her family; her grandchildren, Sara Hayes, Dalton Hayes (Becky), Tina Haddock, Jeffrey Haddock (Brittany), Ryan, Jared, and Ryley Haddock (Chelsea); her great-grandchildren, Jackson, Angeletta, Kaedance, Stella, Logan, and Layla. She also leaves her brother, Alexander "Sonny" Pasniewski; her former husband, John "Jack" Haddock; many nieces, nephews, extended family and friends. Patricia may be remembered with contributions to the Hartford HealthCare Cancer Institute, 201 N. Mountain Rd, Plainville, CT 06062 PLAINVILLEFUNERALHOME.com

~ Theresa A. (Saczawa) Mandeville ~



78, of Plainville, passed away on Saturday, March 21, 2020, following a lengthy illness. She was the wife of Louis P. Mandeville, Sr. Born in Springfield, MA on December 26, 1941, Terry's upbringing was one of challenge and uncertainty, which formed her into the strong, nurturing woman that

she was. She and Lou settled in Plainville in 1972. She will be missed beyond words, leaving her family with a legacy of strength, love, and many treasured memories. In addition to her husband, Lou, she leaves her son, Louis Mandeville, Jr and his wife, Lisa, her daughters, Michelle Moss and her husband, Scott and Felecia Mandeville; her step-son, Paul Springer, his wife, Ricci and their son, Richard; and her adored grandchildren, Eileen, Ethan, Justin, and Alex Moss, and Tyler and Jacob Mandeville; and her much loved extended family, the Cianchettis.

In lieu of flowers, Terry's passion for giving to others may be remembered with contributions to the Plainville Community Food Pantry, PO Box 233, Plainville, CT 06062.

For future service information and online expressions of sympathy, please visit: www.PLAINVILLEFUNERALHOME.com

~ Katherine Nivelos ~



a resident of Plainville since 1947, passed away on March 12, 2020. She was predeceased by her beloved husband, Frank W. Nivelos to cancer in 1964. Born in Southinton, Kay was the daughter of the late Paul and Pauline Beck. She was the youngest of seven children.

Kay was also predeceased by her two brothers and four sisters. She was a graduate of Lewis High School in Southinton. She was employed in the main offices of Fafnir Bearing in New Britain from 1964 until her retirement in 1987. Kay is survived by her cherished family, her son William F. Nivelos and his wife Mary, daughter, Paula A. Flint and her husband Peter, daughter-in-law Cynthia Nivelos, granddaughters, Amy B. Hoffman, her husband Richard and Kari A. Flint, grandsons and step-grandson, Scott F. Nivelos and Michael W. Nivelos and his partner Deb Caswell

and Galen Sweeney and his wife Nancy. Her great-grandsons, Aedan and Ethan Hoffman, Ethan Sweeney and great-granddaughter Erin Sweeney.

A special thank you to Apple Rehab of Farmington Valley in Plainville for the care and love given by the staff to Kay over the last two years. Funeral services and burial for Kay will be celebrated privately. There are no calling hours. Donations in Kay's memory may be made to the Plainville Community Food Pantry 54 South Canal Street Plainville, CT 06062 or to the Plainville Senior Center 200 East Street Plainville, CT 06062. The Plainville Funeral Home 81 Broad Street has care of arrangements. For additional information or to leave words of sympathy please visit Kay's tribute page at www.plainvillefuneralhome.com.

Irma's love for animals may be remembered with contributions to the Connecticut Humane Society, 791 Russell Rd, Newington, CT 06111.

~ Janice Lorraine Patterson ~



64, of Plainville, passed away peacefully at her home on Sunday, March 22, 2020.

Born in New Britain on November 9, 1955 she was the youngest daughter of thirteen children to the late Francis and Agnes (Hollfelder) Patterson

She worked in the administrative field during most of her working years, at Vincent Funeral Home, PM Services, and most recently, Allied Sanitation. A woman of great faith and spirituality, she was a longtime communicant and volunteer at Our Lady of Mercy Church. She leaves her daughter, Elizabeth Lacasse of Rocky Hill; her siblings, Patricia Matthews of Plainville, Winifred (Charles) Maher of Bristol, Margaret (Paul) Matteo of Plainville, Maureen Girard of Southwick, MA, Robert (Lettie) Patterson of Ellington, Virginia (Lawrence) Michalik of Fort Plain, NY, Donald (Patty) Patterson of Forestville, Theresa Patterson, William (Tammi) Patterson, and Joseph Patterson, all of Plainville; her sister-in-law, Geraldine Patterson of Richfield Springs, NY; along with many adored nieces, nephews and great-nieces and nephews. She was predeceased by her brothers, Francis and Richard Patterson.

Janice may be remembered with contributions to Our Lady of Mercy Church, 19 S. Canal St, Plainville, CT 06062 or the American Cancer Society, 825 Brook St, Rocky Hill, CT 06067. For future service information and online expressions of sympathy, please visit www.PLAINVILLEFUNERALHOME.com

~ Anthony "Tony" Robert Munson ~

of Portland passed away peacefully in the comfort of his home, surrounded by his loved ones. He is survived by his high school sweetheart and wife of 42 years, Mary Munson, his son Patrick Munson and his love Michelle Richards and his daughter Emily Spearin. Along with his wife and children, he is survived by his 3 "dollies", Cassandra, Sophia and Morgan, his granddaughters who were the loves of his life. He also leaves behind his mother Jean Munson, his Uncle Sal Santacrose, both of Plainville, two brothers and their wives Robert & Linda Munson, Steven & Emily Munson, and numerous nieces, nephews, cousins, in-laws and friends, who were all wonderful support throughout his life. Tony graduated from Saint Paul Catholic High School and went on to pursue a major in finance and marketing at Stonehill College. He spent his career working in construction equipment sales at various companies, most recently, Rapid Prep of Rhode Island. In years past, he served on the Portland Republican Town Committee, as a little league coach. The family would like to thank the staff at the Hospital of Central Connecticut Cancer Center, Masonicare Home Health and Hartford Healthcare at Home for their dedicated, compassionate care.

A memorial celebration was held on February 29th at the Portland Memorial Funeral Home. Burial was private. Donations may be made to Hospital of Central Connecticut Cancer Institute, 201 N. Mountain Rd. Plainville, Ct. 06062

~ Joan B. Vinal ~



89, longtime resident of Plainville, passed away peacefully on March 13, 2020 at LiveWell in Plantsville. She is now reunited with her beloved daughter Gale who died in 1972 and her husband, Edgar (Ted) B. Vinal Jr., who passed away in 1993.

Joan was born on July 25, 1930 in New Britain, the oldest of four children born to the late Albert and Edith (Aldridge) Basney. After graduating from Plainville High School, she furthered her education at UCONN, where she met her husband. Together they shared many loving years of marriage and raised a family. Joan was a homemaker and treasured the time spent caring for her family and home. She loved to exercise and was a member of the Plainville YMCA, serving for a time on the Board of Directors. Joan

~ Marjorie Morann Pipeling ~



died peacefully at 99 years old on March 5, 2020. She was born September 1, 1920 at home on Broad St., Plainville, CT. She graduated from Plainville High School and began working at Travelers Insurance in 1953 as a key-punch operator where

she retired in 1978. She attended Faith Bible Church. She is predeceased by her husband, Howard Pipeling, ex-husband Arthur C. Passmore, Jr., and daughter, Elizabeth Passmore Wyszomirski. She is also predeceased by her two sisters, Mae and Margaret and four brothers, Ernie, Elmer, Earle, and Larry. She is survived by her only son, Richard L. Passmore and wife Barbara, son-in-law Steve Wyszomirski, step children, Dave, Gayle, Cindy, and Suzanne, nieces Kathy Haley, Wealthy Lydem, and Marge Erb, grandchildren Larry Passmore and Allyson Diana, great-granddaughters, Christina Sirhal, Caitlyn and Sarah Passmore, great-great-granddaughter Celia Rose Molitoris, grandnieces and nephew, Michelle, Karen, and Steven and several grandnieces and nephews. Donations may be sent to Faith Bible Church at 168 Unionville Ave., Plainville, CT 06062.

~ Bernard Joseph Seledyn ~



87, longtime resident of Plainville, passed away peacefully at his home on Saturday, March 7, 2020. He is now reunited with his loving wife of 51 years, Theodora "Teddy" (Szymanski) Seledyn, who predeceased him in 2013.

Bernard was born on July 2, 1932 in New Britain, son to the late Joseph Stanley and Rosella (Zisk) Seledyn. He grew up on Oak Street in New Britain and graduated from New Britain High School in 1951. Bernard was drafted into the U.S. Army in 1953 and was honorably discharged in 1955, serving this time to his country stateside. He was a communicant of The Church of Saint Patrick in Farmington.

Bernard is survived by his son, Gregory Seledyn and his wife, Karen, of Wallingford, his daughter, Maryann Burns and her husband, Gerald, of Burlington, his grandchildren, Justin and Brian Seledyn and Katharine Burns, and his nephew, John Szymanski. In addition to his wife, he was predeceased by his brother-in-law and sister-in-law, Eugene and Marcy Szymanski, his niece, Virginia Rosenbloom, and his cousin, Commander Virginia M. Seledyn, Nurse Corps, U.S. Naval Reserve and many other cousins. Committal services with full military honors will be held privately among Bernard's family in Saint Stanislaus Cemetery, Meriden. Donations may be made to the Plainville Community Food Pantry, P.O. Box 233, 54 South Canal Street, Plainville, CT 06062.

~ Philip Plourde ~



81, of Southington, formerly of Plainville, passed away surrounded by his family on March 13, 2020 at the Hospital of Central CT in New Britain. Philip was the loving husband of 54 years to Marie Theresa (Dufour) Plourde.

Philip was born on October 1, 1938 in Fort Kent Maine son to the late Levite and Isabelle (Ouellette) Plourde. He was a communicant of Our Lady of Mercy Church and a devoted member of the Plainville Council 3544 of the Knights of Columbus. Philip proudly served our country in the United States Army and was honorably discharged. In addition to his wife, Theresa, he is survived by his sons, Jeffrey and Brian Plourde, his grandchildren, Nicole and Aidan Plourde, his sisters, Julie Belanger, Bernadette Caron, Therese Voisine, Bernice Corriveau, Mary Whalen, Lolita Collins, Rella Dubois, and Patricia Hickey, his brothers, Levite Plourde Jr. and Claude Plourde, several nieces and nephews and his close friend and cousin, Malcom Soucie. He was predeceased by his brothers, Patrick, Julien, and Armand Plourde.

In lieu of flowers, please consider making a donation in memory of Philip to the Plainville Food Pantry, 54 S. Canal St., or to the Plainville Council 3544 of the Knights of Columbus, 19 S. Canal St., Plainville

~ Raymond Tetro, Jr. ~



80, of Plainville, passed away with his family by his side on Tuesday March 10, 2020, following a brief illness at Bristol Hospital. Born in Bristol on October 25, 1939, he was one of five children to the late Raymond Tetro, Sr and Gertrude (Dorman) Tetro.

The husband of Jacqueline (Durand) Tetro for 42 years, they settled in Plainville where they raised their six children. Ray's career path was multifaceted, though mostly revolved around the outdoors and keeping his surroundings looking neat and clean. He worked for Aiudi and Sons for 15 years, before becoming the facilities manager at the former Subacute Center in Bristol. His retirement years were shared alongside his son as the owner/operator of JR & Son Landscaping, and most recently was an integral part of the grounds and maintenance team at Plainville West Cemetery. Ray's greatest joy was his affiliation with the Plainville Fire Company, from where he retired after 41 years of dedicated service. In addition to his wife, he leaves his children, Scott of Plainville, Brian and his wife, Sue of Bristol, Keith of Plainville, Gary and his wife, Debbie of Plainville, and Carrie Donnaroma and her husband Frank of Bristol; his many adored grandchildren and great-grandchildren. He also leaves his brothers, Michael and William Tetro, his sister, Margaret Castle; and many nieces and nephews, including his nephew and godson, Raymond Castle. He was predeceased by his son, Timothy, and his brother, Bernard.

In lieu of flowers, Ray may be remembered with contributions to the Plainville Fire Company, 77 West Main St, Plainville, CT 06062 or to the charity of the donors choice.

For online expressions of sympathy, please visit www.PLAINVILLEFUNERALHOME.com



FROM MY BALCONY

By Jeannette Hinkson

These past few weeks the people of the world have been subjected to a great deal of stress, which can be directly attributed to the coronavirus epidemic that has taken over the world's stage.

Politics has taken a back seat to this epidemic and there are some politicians that have actually tried to work together for the good of the people.

On Friday March 13th, if anyone watched, the President brought together the CEO's of some of the largest retailers in our country. Standing side by side were CEO's from Wal-Mart, Target, CVS, Walgreens and Quest just to name a few. These men and woman fielded questions from the press and even though they were competitors they availed their companies jointly so they might combat this epidemic. Most reporters asked informative questions but of course there were some of the press that tried to turn this meeting into something of a political nature for their own benefit and that of their papers or cable networks.

The public that viewed this press conference watched for the value of the meeting and those that I have spoken with are tired of these rude reporters that are there to make a name for themselves.

When I saw the CEO's that stood side by side working for the good of the country I felt good thinking that these business rivals could put their rivalry aside for the betterment of the country and it made me wonder why the politicians can't do the same.

If this isn't what the politicians want for the people then find another line of work. I am sure this epidemic will pass but will anyone learn from it, will those in power learn we must all work together and if you don't like our country go someplace you think you might like better.

There were many in show business that said if Donald Trump was elected president they would leave the United States, well I see some of them on TV, twitter and the news everyday and I guess they can't find a better place than the USA.

The president is working to make the country a better place and one woman said, "Well, he has fired so many people he has put on committees," and she seemed to take issue with this fact. Donald Trump makes no bones about it, if you're not or can't do the job, you're fired, friend or not.

Should he keep people that talk a good game yet can't do the job? Many of us were in the business world, big and small, and if we had an employee that couldn't do the job they were let go. It was a hard thing to do but it is a cruel fact of life and the President has had to use the words "YOU'RE FIRED" many times in the last three years. Wouldn't it be nice if the president could say you're fired to some of the people in congress and the senate that have been living off the taxpayers for years and done nothing but obstruct?

Physical Distancing

The Spiritual Impact of Needing to Socialize

By Shirley R. Bloethe

In this time, with a state of national emergency, how do we filter through the many concerns around safe contact; how do we protect ourselves, our children and our family? There is panic purchasing in many places. Are our fears realistic? Are we truly looking at survival of the fittest? Do we even really know how this virus in spread or transmitted? And what is the spiritual lesson here, if any?

First of all, the "social distancing" we're all hearing so much about is a misnomer and it can cause some psychological and spiritual harm. What they really are asking us to do is keep our PHYSICAL distance from others in social settings. But the intention is lost in the words; "social distancing" is an isolating and uncomfortable-sounding state of being. While it may be the correct epidemiological phrase, we think the correct phrase is PHYSICAL DISTANCING.

This is a time to come together and support each other even if we shouldn't touch each other and must keep a physical divide. We should not separate from our humanity and the people around us in a safe manner. This is not just the people in the United States, but in the entire world. Our world! This is all OUR world. It is affecting everyone everywhere! We need to strike a balance between taking care of ourselves and caring for others. Never before has the phrase "We are All One" been more important. In a spiritual sense, we are all connected. We are all one in this pandemic, there is no division of race, color, creed. This has affected all people throughout the world - OUR world.

The way we live our lives daily does affect others, even others we may never see, talk to, or know personally. What religions have tried to do over the ages is bring people together in understanding, love and compassion. Being kind to one another even when we don't understand much about them is a fairly universal theme, as stated by "Love thy neighbor as thyself." But, what does that phrase really mean? In spiritual terms, we must first begin by loving ourselves. So many people feel shame and guilt, or do not accept themselves as they are. We hopefully are always striving to be better, but since we are human, we do fall short. That doesn't make us bad, but rather, human. The difficult process to maturity is learning to love oneself. Only then, can we start on the wonderful journey of loving another, fully, with kindness, compassion, and truly giving of ourselves because we know who the Source of our love is. It is unending and abundant!

Creator, God as we understand Him/Her, Universal Love, A Higher Power, Nature, many names in many religions and belief systems, but ultimately a single source of our being and creation on this planet. The One who will always guide us and never give us more than we can handle. When times are tough, as they are for many right now, may you realize that everything you have been through you have survived and you are still here!

Yes, there are dark times, and times we question why something happened (like this virus pandemic and others before now). Our understanding may be limited, but, at the end of the day, we are uniquely suited to handle the tough times. In our faith, we are taken care of. Now in these times, we know we will be taken care of too.

Resilience Is a term we hear quite frequently in regard to raising children and helping people cope that have suffered difficult life situations. In teaching them to be resilient, what does it really mean? It means teaching them to tap into their inner strength so they feel they can prevail over life's challenges. Developing a core inner strength and faith in their intuition, that gut feeling to do the right thing at the right time allows their inner strength to come through during difficult situations.

Universal love is our birthright. How easy it is to forget that, when we get caught up in the mundane, work, chores, or trying to escape through the use of physical pursuits or alcohol or chemicals. We know we can make better choices to thrive. We can choose another path with the help of our community and friends.

We all need time for rest, relaxation, dreams, social lives and self-care. It allows our bodies to regenerate, build its immune system, keep us healthy, and give us vitality for life. While we all need some time for quiet contemplation, we are still made to be social beings, needing each other, communing with one another, sharing good times and bad, and difficult times so that we can overcome together, to lift each other up.

May we all use this moment in time as a powerful opportunity to wake up to our common humanity. May we join together as a human family worldwide to cultivate true compassion for all who suffer in any way because of these events brought on by this virus. May we take stock of what is truly important and make good decisions.

Please adhere to Physical Distancing but do not distance yourselves from your social lives, your community that supports you, and family. Be creative and find safe ways to keep giving and loving to your family, friends & neighbors throughout this world. Be safe, but keep your Physical Distancing in check!

Warmly, Rev. Shirley R Bloethe

Assistant Pastor at Spiritualist Church of Love and Light
and Executive Director, Holistic Community Professionals.

Connect with her at 860-989-0033, ShirleyBloethe.com or
HolisticCommunityProfessionals.org.



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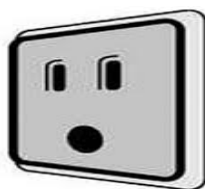
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Hometown Religious Directory

Will be back in our

May Issue

Contact Your Place of Worship for Services for the month of April Stay Safe!!

Message From:

Pastor Peter A. Stonis of the Church of the Bible

160 West Main St. Plainville

WARNING!!!

We have all by now heard about the Coronavirus. Most everyone is taking this virus seriously and taking pre-caution to make sure they don't get the virus. There is a much bigger problem in our world today that far exceeds the problem of the virus. What is that you ask? It is the problem of SIN. Not everyone is going to get the virus and even those who do there is a relatively small percentage that will die from it. Sin has infected everyone in this world. Romans 3:23, "For all have sinned and fallen short of the glory of God." What is the result of being infected with sin? Romans 6:23, "For the wages of sin is DEATH." Everyone has to die because of sin. This is serious is it not? Yet most people go on living their lives as though this is not a problem. Most people don't think about dying until they lose a loved one or they themselves are on their deathbed. Everyone should take the problem of sin seriously. To do nothing about it will lead to death and eternal separation from God. But God in His love, mercy and grace has provided a cure for sin. That cure is the Lord Jesus Christ who came to this earth nearly 2000 years ago to take upon Himself a human body in order to go to the cross to take your sin and mine upon Himself. His shed blood paid for all our sins. Jesus was buried but rose again the third day (1 Corinthians 15:3-4). Jesus is alive today and offers salvation to anyone who will come to Him, believe on Him and receive Him as their personal Savior (John 1:12). This is the only cure for sin. Have you received the cure?

Believe and receive Christ today before it's too late!

APRIL BIRTHDAYS

"HAPPY & HEALTHY BIRTHDAY TO ALL!"

- 1ST CYNTHIA ROSS
YVETTE SANABRIA
- 2ND MICHAEL PERROTTI
EDNA PIRES
GARY ANTIGIONVANNI
WALT CHAPER
- 3RD JAIME PETILLO
- 6TH AVIS FLANDERS
RICHARD DZIURA
JOHN NACHILLY
- 7TH TABITHA MANAFORT
GERRY OUELLETTE
- 9TH LISA BUCKLEY
- 14TH LEE FERGUSON
- 16TH LOUIS MANDEVILLE
- 18TH KYLE FULLER
- 21ST JEANNETTE HINKSON
CRAIG DREZEK
- 22ND ERIN PUGLIEDE VLAHAKIS
- 23RD SHIRLEY HINKSON
- 25TH REGINA BERUBE
LISA MANDEVILLE
- 27TH REV. WILLIAM BALDYGA
- 28TH READE CLEMENS
MARK GERVAIS
- 29TH WILLIAM PETIT, SR.

Taste Buzz....

Submit your recipes to:
Avis Flanders
27 Sherman Street
Plainville, CT 06062 or
e-mail to: hmtnn@comcast.net

SPINACH AND EGGS

- 1 pound spinach
- 20 almonds, blanched
- 1 or 2 cloves garlic
- 1 whole clove
- 2 peppercorns
- 2 slices bread
- 2 tablespoons olive oil
- 1 cup beef or chicken bouillon
- 6 eggs
- 1/2 pound lean, cooked ham, cut julienne

Thoroughly wash the spinach, cook 2 minutes, drain and chop. Coarsely chop the almonds. Mash the garlic thoroughly. Mash the clove and peppercorns with the garlic. Add a little water to make a thick sauce. Crumble bread, discarding crust, and brown in the olive oil with the chopped almonds. Add the garlic mixture then add all this to the spinach with the bouillon. Puree in a blender. Divide the spinach puree between 6 ramekins or individual casseroles forming a well in the center. Break an egg into each. Lay ham strips over eggs. Bake in 350 degree oven until egg white has just set about 15 minutes. Serves 6.

Event Listing

Easter Pierogi & Butter Lamb Sale St. Lucian Residence

532 Burritt St., New Britain
860-233-2123

Saturday April 4, 8 am to 1 pm
Pierogi, Babka, Golabki, Sauerdraut,
Polish Style Soups, Polish Pastry

Ed Mercure Memorial Poker Run
Saturday, May 2nd-9 am
VFW Post 574, 7 Northwest Drive
++++

PARC Charity Golf Classic
Saturday, May 16th
Southington Country Club
150 Savage St, Southington
For information call 860-747-0316

or email:
edonovan@parchisabilities.org

God's Grocery Store

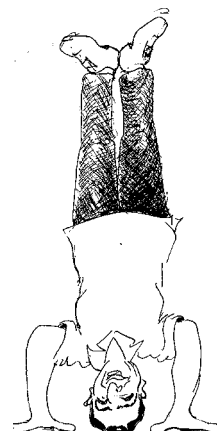
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Stay Safe!!

DBK Family Jewelers

165 East Street
860-747-3374



Ted stands on his head for his customers.

Ted met the jeweler that stood on his head when he was in High School!

He taught Ted well!!

Ted is celebrating DBK'S 20th Anniversary this month and hopes to open soon to really

Celebrate! Stay Safe & Healthy

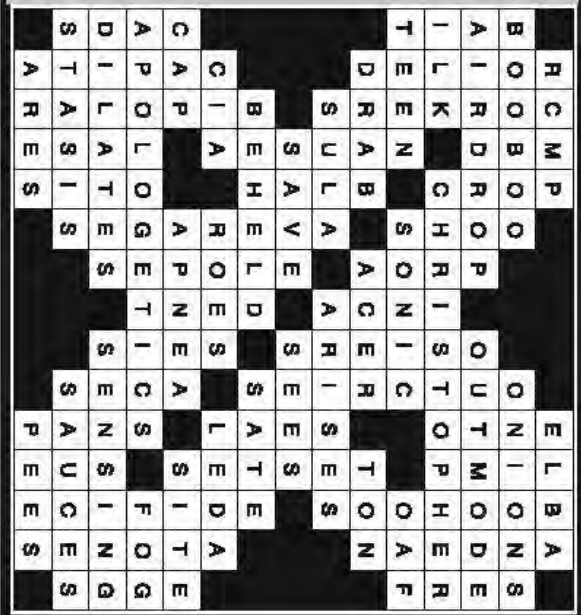
Call: 860-747-4119

Plainville Community Fund Board Meeting

Friday April 3rd is cancelled
Next meeting will be
Friday May 1st ???
Stay Healthy and Safe
and NO partying.

Carol Stauble
Secretary

Crossword Answers



Send, Pictures, News, Reunions, Birth Announcements, & Etc.

hmtnn@comcast.net ~ 860-747-4119 Thank You!

HAPPY EASTER



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Keep your Pets Safe!! New Service: Pet Sitting & Dog Walking

Amy Gentile, Professional Pet Stylist - 860-793-8609 - 98 Whiting Street, Plainville



Send your pictures to: hmtnn@comcast.net

with a brief story about your Birthdays, Weddings, Sports, anything you want to share with our readers and your neighbors.

A Welcome and a Thank You! To Nick Scata and Jerry Greco, owners of Tower Energy for Investing in the Town's Future by Expanding their Business in Plainville!



The trucks arrived early Saturday morning, the weather was perfect and the men were ready to set the storage tanks.

Jerry Greco was on hand to supervise, so we asked him to stop for a minute to get the picture to the left.

If you drive down Robert Jackson Way, look to the right to see the tanks.

Picture a new building on the lot in front of them.

The residents and businesses in Plainville are fortunate because Plainville is the best place to live, work and bring up your family.

Nick and Jerry are expanding Tower Energy and constructing a new propane bulk storage facility and office on Robert Jackson Way.

The two of the three 46 thousand pound storage tanks were installed last Saturday.

The Summitt Crane Company of Plainville set the tanks with the half of a dozen Tower Energy technicians.

Nick Scata and Jerry Greco are also the owners of Plainville Oil Company of Town Line Road, Plainville. Their service to the residents of Plainville, as Plainville Oil has been of the **BEST!!**

Good Luck & Thank You, Again!

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